

# Dam to Downtown 10K Run

Iowa City, IA

June 13, 2009

Overcast and drizzle

Results by Kauder Racing

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
<b>Open Men</b>				
1	1 M19	Phil Young, 23, North Liberty, IA	34:38	5:35
<b>Open Women</b>				
1	1 W25	Michelle McMurray, 33, Rock Island, IL	41:45	6:44

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
<b>Men Under 19</b>				
14	1	Daniel Mallampalli, 14, Iowa City, IA	42:24	6:50
23	2	Isaac Jensen, 14, Iowa City, IA	44:40	7:12
30	3	Thomas Bernard, 14, Mt Vernon, IA	46:16	7:28
<b>Men 19 - 24</b>				
2	1	Justin Helbing, 23, Coralville, IA	36:29	5:53
3	2	Tyler Sullivan, 21, Coralville, IA	36:33	5:54

5	3	Brady Fritz, 19, Coralville, IA	37:43	6:05
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**Men 25 - 35**

4	1	Kit Wobeter, 25, Iowa City, IA	37:12	6:00
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6	2	Andrew Phillips, 25, Marion, IA	38:04	6:08
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9	3	Matt Johnson, 28, Altoona, IA	39:18	6:20
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**Men 36 - 45**

8	1	Michael Kabela, 42, North Liberty, IA	38:25	6:12
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16	2	David Moser, 41, Iowa City, IA	43:05	6:57
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20	3	Robert Cornel, 43, Iowa City, IA	43:54	7:05
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**Men 46 - 55**

18	1	Chris Jensen, 46, Iowa City, IA	43:19	6:59
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28	2	Tim Smith, 47, Iowa City, IA	45:43	7:22
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32	3	Marcus Nashelsky, 47, Iowa City, IA	46:30	7:30
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**Men 56 - 65**

15	1	Tim Murphy, 57, Iowa City, IA	42:28	6:51
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17	2	Michael Tometich, 57, Mt Pleasant, IA	43:09	6:58
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33	3	Gene Wandling, 58, Iowa City, IA	46:32	7:30
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**Men 66 & Up**

104	1	Pete Hunt, 67, Coralville, IA	1:05:08	10:30
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## CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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**Women Under 19**

5	1	Kelsey Hart, 18, Solon, IA	46:45	7:32
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6	2	Katie Langenfeld, 15, Iowa City, IA	46:46	7:32
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38	3	Jackie Schultz, 15, Iowa City, IA	55:08	8:53
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**Women 19 - 24**

9	1	Heather Mills, 22, Iowa City, IA	48:22	7:48
12	2	Shandra Lian Allee, 22, West Allis, WI	50:04	8:05
14	3	Kelly Wood, 23, Oxford, IA	50:19	8:07

**Women 25 - 35**

3	1	Christina Nash, 28, Iowa City, IA	45:31	7:20
4	2	Lisa Morgan, 25, Iowa City, IA	45:59	7:25
7	3	Jennifer Krohn, 27, Iowa City, IA	48:00	7:44

**Women 36 - 45**

15	1	Chris Jeffrey, 45, Iowa City, IA	50:20	8:07
16	2	Christine Rutt, 39, Iowa City, IA	50:21	8:07
17	3	Bronw Threlkeld-Wiegand, 43, Iowa City, IA	50:22	8:07

**Women 46 - 55**

2	1	Sheryl Miller, 46, Coralville, IA	42:51	6:55
10	2	Muriel Naumann, 53, Iowa City, IA	48:26	7:49
26	3	Molly Whaley, 48, Iowa City, IA	52:55	8:32

**Women 56 - 65**

31	1	Carol Kirsch, 57, Iowa City, IA	53:30	8:38
34	2	Diane Yagla, 56, Iowa City, IA	54:35	8:48
83	3	Marsha Lowe, 65, Iowa City, IA	1:16:46	12:23

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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## Individuals

1	OpM	Phil Young, 23, North Liberty, IA	34:38	5:35
2	1 M19	Justin Helbing, 23, Coralville, IA	36:29	5:53
3	2 M19	Tyler Sullivan, 21, Coralville, IA	36:33	5:54
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
4	1 M25	Kit Wobeter, 25, Iowa City, IA	37:12	6:00
5	3 M19	Brady Fritz, 19, Coralville, IA	37:43	6:05
6	2 M25	Andrew Phillips, 25, Marion, IA	38:04	6:08
7	4 M19	Kevin Denn, 24, Iowa City, IA	38:20	6:11
8	1 M36	Michael Kabela, 42, North Liberty, IA	38:25	6:12
9	3 M25	Matt Johnson, 28, Altoona, IA	39:18	6:20
10	5 M19	Joel Dotseth, 19, Coralville, IA	39:37	6:23
11	4 M25	Gregg Hennigan, 31, Coralville, IA	40:02	6:27
12	5 M25	Thos Trefz, 30, Iowa City, IA	40:44	6:34
1	OpW	Michelle McMurray, 33*, Rock Island, IL	41:45	6:44
13	6 M25	Douglas Dannen, 28, Coralville, IA	42:22	6:50
14	1 JrM	Daniel Mallampalli, 14, Iowa City, IA	42:24	6:50
15	1 M56	Tim Murphy, 57, Iowa City, IA	42:28	6:51
2	1 W46	Sheryl Miller, 46*, Coralville, IA	42:51	6:55
16	2 M36	David Moser, 41, Iowa City, IA	43:05	6:57
17	2 M56	Michael Tometich, 57, Mt Pleasant, IA	43:09	6:58
18	1 M46	Chris Jensen, 46, Iowa City, IA	43:19	6:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
19	7 M25	John Haman, 25, Coralville, IA	43:36	7:02
20	3 M36	Robert Cornel, 43, Iowa City, IA	43:54	7:05
21	8 M25	Andrew Luynes, 30, Iowa City, IA	44:06	7:07
22	9 M25	Jared Caster, 25, Iowa City, IA	44:36	7:11
23	2 JrM	Isaac Jensen, 14, Iowa City, IA	44:40	7:12
24	6 M19	Bill Petrou, 22, Iowa City, IA	45:09	7:17
25	7 M19	Thomas Callahan, 21, Hanover, NH	45:11	7:17
26	8 M19	Ben Chrischilles, 22, Iowa City, IA	45:12	7:17
3	1 W25	Christina Nash, 28*, Iowa City, IA	45:31	7:20

27	4	M36	Larry Parks, 41, Iowa City, IA	45:40	7:22
28	2	M46	Tim Smith, 47, Iowa City, IA	45:43	7:22
29	10	M25	Cody Teslow, 31, Coralville, IA	45:52	7:24
4	2	W25	Lisa Morgan, 25*, Iowa City, IA	45:59	7:25
30	3	JrM	Thomas Bernard, 14, Mt Vernon, IA	46:16	7:28
31	4	JrM	Nate Marti, 14, Mt Vernon, IA	46:17	7:28
32	3	M46	Marcus Nashelsky, 47, Iowa City, IA	46:30	7:30
33	3	M56	Gene Wandling, 58, Iowa City, IA	46:32	7:30
34	11	M25	Wesley Hepker, 29, North Liberty, IA	46:35	7:31
35	5	JrM	James Wenzel, 13, Springville, IA	46:44	7:32
5	1	JrW	Kelsey Hart, 18*, Solon, IA	46:45	7:32
6	2	JrW	Katie Langenfeld, 15*, Iowa City, IA	46:46	7:32
36	4	M46	Larry Schroeder, 46, Owatonna, IA	46:52	7:33
37	9	M19	Brett Finger, 22, Iowa City, IA	47:24	7:39
38	5	M36	Rob Boulter, 38, Iowa City, IA	47:48	7:42
7	3	W25	Jennifer Krohn, 27*, Iowa City, IA	48:00	7:44
8	4	W25	Christine Ziemer, 27*, Iowa City, IA	48:01	7:45
39	12	M25	Matt Edwards, 27, Coralville, IA	48:12	7:46
40	5	M46	Tom Langenfeld, 55, Iowa City, IA	48:15	7:47
41	13	M25	Jarrold Gatlin, 29, Iowa City, IA	48:20	7:48
42	6	M46	Kevin Miner, 49, Iowa City, IA	48:21	7:48
9	1	W19	Heather Mills, 22*, Iowa City, IA	48:22	7:48
10	2	W46	Muriel Naumann, 53*, Iowa City, IA	48:26	7:49
43	7	M46	Jerry Slocum, 46, North Liberty, IA	48:46	7:52
44	14	M25	Adam Galluzzo, 30, Iowa City, IA	48:53	7:53
45	15	M25	John Gluba, 35, Iowa City, IA	49:02	7:54
46	10	M19	Chris Feller, 24, Iowa City, IA	49:03	7:55
47	16	M25	Jon Harding, 34, North Liberty, IA	49:08	7:55
48	17	M25	Michael Metzger, 26, Iowa City, IA	49:09	7:56
11	5	W25	Cori McKenzie, 25*, Iowa City, IA	49:27	7:59

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49	18	M25	Matthew Berry, 26, Iowa City, IA	49:53	8:03
50	11	M19	Glenn Martin, 20, Iowa City, IA	49:54	8:03

12	2	W19	Shandra Lian Allee, 22*, West Allis, WI	50:04	8:05
13	6	W25	Katina Wilson, 34*, Mt Pleasant, IA	50:11	8:06
14	3	W19	Kelly Wood, 23*, Oxford, IA	50:19	8:07
51	19	M25	Scott Hendrickson, 32, Coralville, IA	50:20	8:07
15	1	W36	Chris Jeffrey, 45*, Iowa City, IA	50:20	8:07
16	2	W36	Christine Rutt, 39*, Iowa City, IA	50:21	8:07
17	3	W36	Bronw Threlkeld-Wiegand, 43*, Iowa City, IA	50:22	8:07
18	4	W19	Melissa Blenna, 23*, Iowa City, IA	50:26	8:08
52	8	M46	Michael Moriarity, 46, Iowa City, IA	50:30	8:09
19	5	W19	Terin Euerle, 20*, Iowa City, IA	50:31	8:09
53	20	M25	Ryan Donkersloot, 30, Washington, IA	50:31	8:09
54	9	M46	Brian Bachmann, 52, Iowa City, IA	50:34	8:09
55	10	M46	Dan Beck, 53, Hills, IA	50:41	8:10
56	6	JrM	Zach Slusher, 14, Solon, IA	50:50	8:12
20	4	W36	Patty Benzing, 41*, Solon, IA	50:58	8:13
21	7	W25	Elizabeth Sutton, 28*, Iowa City, IA	51:04	8:14
22	5	W36	Kelli Slocum, 42*, North Liberty, IA	51:10	8:15
57	21	M25	Tatum Gunsolly, 32, Coralville, IA	51:15	8:16
23	6	W36	Becky Halsch, 43*, Iowa City, IA	51:17	8:16
24	8	W25	Claire Zieglowsky, 27*, Iowa City, IA	51:29	8:18
58	12	M19	Rylan Devalois, 24, Iowa City, IA	51:32	8:19
59	22	M25	Joel Abrams, 34, Ely, IA	51:59	8:23
60	23	M25	Josh Raulerson, 31, Iowa City, IA	52:19	8:26
25	9	W25	Lily Phonphiboun, 32*, Iowa City, IA	52:33	8:28
61	24	M25	Kennith Gatlin, 27, Iowa City, IA	52:41	8:30
26	3	W46	Molly Whaley, 48*, Iowa City, IA	52:55	8:32
27	10	W25	Sara Dykstra, 32*, Iowa City, IA	52:56	8:32
28	11	W25	Jamie Zahasky, 28*, Iowa City, IA	52:57	8:32
29	4	W46	Denise Whiting, 50*, Iowa City, IA	53:02	8:33
62	25	M25	Dan Jackson, 25, Coralville, IA	53:11	8:35
63	13	M19	William Robertson, 21, Iowa City, IA	53:11	8:35

30	12	W25	Heidi Fister, 30*, Iowa City, IA	53:17	8:36
64	26	M25	Samuel Lee, 25, Cedar Rapids, IA	53:18	8:36
31	1	W56	Carol Kirsch, 57*, Iowa City, IA	53:30	8:38
65	11	M46	John Feehan, 48, Mt Pleasant, IA	53:31	8:38
66	27	M25	Ryan Wade, 32, North Liberty, IA	53:34	8:38
67	28	M25	Casey Harrison, 31, Des Moines, IA	53:40	8:39
32	13	W25	Jessica Brown, 33*, Iowa City, IA	53:49	8:41
68	14	M19	Ian Ely-Cate, 24, Iowa City, IA	53:57	8:42
69	29	M25	Brian Sauser, 33, Coralville, IA	54:01	8:43
33	6	W19	Anna Bria, 23*, Iowa City, IA	54:24	8:46
34	2	W56	Diane Yagla, 56*, Iowa City, IA	54:35	8:48
70	15	M19	Sharad Rijanki, 24, Iowa City, IA	54:36	8:48
35	7	W19	Kelly Rowe, 24*, Iowa City, IA	54:37	8:48
71	6	M36	Sean Lyons, 40, Bettendorf, IA	54:57	8:52
72	30	M25	Andy Diep, 32, Coralville, IA	55:01	8:52
36	7	W36	Stacy Schroeder, 38*, North Liberty, IA	55:03	8:53
37	8	W36	Julie Smith, 36*, West Beach, IA	55:05	8:53
73	12	M46	Michael Schultz, 46, Iowa City, IA	55:07	8:53
38	3	JrW	Jackie Schultz, 15*, Iowa City, IA	55:08	8:53
74	7	M36	Dennis Mascardo, 37, Iowa City, IA	55:12	8:54
75	4	M56	Bruce Mueller, 62, Coralville, IA	55:26	8:56
39	14	W25	Linda McNiel, 34*, Homestead, IA	55:29	8:57
76	13	M46	Jim Agne, 48, Solon, IA	55:42	8:59
77	31	M25	Eric Snoke, 32, Iowa City, IA	55:42	8:59
40	8	W19	Kelly Marine, 23*, Williamsburg, IA	55:44	8:59

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78	8	M36	Tim Yasunaga, 36, Iowa City, IA	55:49	9:00
41	9	W36	Katherina Arch, 43*, Iowa City, IA	55:59	9:02
42	5	W46	Michelle Lloyd, 49*, Iowa City, IA	56:07	9:03
79	32	M25	Chad Andrews, 34, Coralville, IA	56:09	9:03
80	33	M25	Samuel Thibodeaux, 33, Iowa City, IA	56:11	9:04
43	10	W36	Carol Jones, 42*, Iowa City, IA	56:15	9:04
81	34	M25	Chris Harrison, 35, Iowa City, IA	56:16	9:04

44	15	W25	Jenny O'Brien, 31*, Iowa City, IA	56:16	9:04
45	16	W25	Melissa Schooley, 34*, North Liberty, IA	56:19	9:05
46	9	W19	Kaitlin Gaddie, 23*, Iowa City, IA	56:22	9:05
47	11	W36	Sandra Mills, 43*, Hazelwood, MO	56:40	9:08
48	10	W19	Allie Bartak, 22*, Iowa City, IA	56:42	9:09
49	17	W25	Jen Ferguson, 33*, Solon, IA	56:48	9:10
82	9	M36	Christopher Arch, 43, Iowa City, IA	56:57	9:11
50	12	W36	Katie Geasland, 36*, North Liberty, IA	56:58	9:11
51	13	W36	Sara Swanson, 38*, Riverside, IA	57:24	9:15
83	35	M25	Jason Handy, 30	57:25	9:16
84	36	M25	David Spinden, 28, Cedar Rapids, IA	57:25	9:16
52	14	W36	Kara Fellows, 44*, Iowa City, IA	57:47	9:19
85	37	M25	Kirk Harrison, 32, Des Moines, IA	58:13	9:23
86	38	M25	Nicholas Best, 26, Coralville, IA	58:19	9:24
53	15	W36	Devin Redmond, 36*, Iowa City, IA	58:31	9:26
87	39	M25	Hunt Bijou, 28, Chicago, IL	58:34	9:27
88	40	M25	Kevin Kriener, 25, North Liberty, IA	58:34	9:27
54	16	W36	Malinda Gronewold, 39*, North Liberty, IA	59:11	9:33
55	18	W25	Gina Campbell, 26*, Iowa City, IA	59:13	9:33
89	41	M25	Ulrich Baenziger, 30, North Liberty, IA	59:28	9:35
56	17	W36	Carol Neel, 40*, Coralville, IA	59:34	9:36
57	19	W25	Kasey Merrill, 32*, Mt Vernon, IA	59:35	9:37
58	20	W25	Lori Mascardo, 34*, Iowa City, IA	59:41	9:37
90	14	M46	Gregg Dirks, 55, Iowa City, IA	59:43	9:38
59	18	W36	Robin Tierney, 42*, Iowa City, IA	59:45	9:38
91	42	M25	Jason Brodie, 35, North Liberty, IA	59:49	9:39
92	10	M36	Edward Gillan, 42, Iowa City, IA	59:52	9:39
93	15	M46	Chris Swanson, 48, Riverside, IA	59:56	9:40
60	19	W36	Catherine Radzewich, 38*, Iowa City, IA	1:00:10	9:42
61	21	W25	Kristina Hansell, 25*, North Liberty, IA	1:00:11	9:42
94	43	M25	Jeff Gordon, 28, North Liberty, IA	1:00:11	9:42
62	20	W36	Arlin Ayala-Wurth, 43*, Tiffin, IA	1:00:33	9:46



63	6	W46	Trudy Mitchell, 53*, Iowa City, IA	1:00:50	9:49
64	22	W25	Meghan Callahan, 29*, Washington, DC	1:00:57	9:50
65	21	W36	Kimberly Bauer-Reid, 37*, North Liberty, IA		
				1:01:32	9:55
66	22	W36	Idil Evans, 36*, Iowa City, IA	1:01:49	9:58
67	23	W25	Jessie Alex, 29*, Iowa City, IA	1:01:53	9:59
68	23	W36	Margie Peskin, 39*, Iowa City, IA	1:01:54	9:59
69	7	W46	Nancy Rosenthal, 51*, Iowa City, IA	1:01:54	9:59
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70	24	W36	Cherie Lovell, 38*, West Liberty, IA	1:01:58	10:00
71	24	W25	Jennifer Hall, 35*, North Liberty, IA	1:02:16	10:02
72	25	W25	Cara Flynn, 32*, Coralville, IA	1:02:16	10:03
95	7	JrM	Jens Dancer, 12, Iowa City, IA	1:02:18	10:03
96	44	M25	Brandon Mills, 34, Iowa City, IA	1:02:50	10:08
97	45	M25	Tyson Shepherd, 28, Iowa City, IA	1:03:20	10:13
98	11	M36	Jeffery Dancer, 40, Iowa City, IA	1:03:26	10:14
73	25	W36	Wendy Trom, 44*, Iowa City, IA	1:03:39	10:16
99	12	M36	Jeff Charls-Carlson, 38, Iowa City, IA	1:03:39	10:16
100	5	M56	Bob Saunders, 61, Iowa City, IA	1:03:53	10:18
101	16	M46	Marty McAreavy, 50, Iowa City, IA	1:04:28	10:24
102	6	M56	Curtis Swarm, 60, Mt Pleasant, IA	1:04:33	10:25
74	8	W46	Becky Krob, 49*, Iowa City, IA	1:04:42	10:26
103	13	M36	Terry Hinman, 41, Iowa City, IA	1:05:00	10:29
104	1	M66	Pete Hunt, 67, Coralville, IA	1:05:08	10:30
105	14	M36	Kha Ngo, 38, Iowa City, IA	1:05:14	10:31
75	26	W25	Melissa Prieskorn, 34*, North Liberty, IA		
				1:05:19	10:32
106	17	M46	Hadley Swanson, 46, Rock Island, IL	1:05:44	10:36
76	11	W19	Sara Nobbs, 19*, Iowa City, IA	1:05:44	10:36
77	27	W25	Rebecca Fetter, 25*, North Liberty, IA	1:06:58	10:48
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>					
107	7	M56	Norm Cate, 60, Iowa City, IA	1:08:22	11:02
78			Carolyn Kelly North*, Boca Raton, FL	1:09:29	11:12

79		Barb Mahr*, Decorah, IA	1:10:38	11:23
80	28 W25	Johanna Laing, 28*, Iowa City, IA	1:11:16	11:30
81	29 W25	Mary Haddon, 25*, Iowa City, IA	1:12:28	11:41
108	46 M25	Trevor Cray, 25, Iowa City, IA	1:12:29	11:41

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82	12 W19	Lorin Ditzler, 24*, Iowa City, IA	1:15:15	12:08
83	3 W56	Marsha Lowe, 65*, Iowa City, IA	1:16:46	12:23
109	8 M56	Franklin Scamman, 65, Iowa City, IA	1:19:17	12:47

\* indicates females

2 finishers among Males (no age given)

7 finishers among Men Under 19

15 finishers among Men 19 - 24

46 finishers among Men 25 - 35

14 finishers among Men 36 - 45

17 finishers among Men 46 - 55

8 finishers among Men 56 - 65

1 finishers among Men 66 & Up

3 finishers among Women Under 19

12 finishers among Women 19 - 24

29 finishers among Women 25 - 35

25 finishers among Women 36 - 45

8 finishers among Women 46 - 55

3 finishers among Women 56 - 65

2 finishers among Females (no age given)

110 male finishers

82 female finishers

192 total finishers

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