

**Clive '07 10 km****Clive, IA****June 16, 2007**

73 degrees 71% humidity

Results by Michael Franke

[5K results](#)[1 Mile results](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Rop Kipkoech, 30, West Des Moines, IA	32:15	5:11
2		Marty Dalton, 31, Stuart, IA	32:44	5:16
3		Julius Rotich, 32, West Des Moines, IA	33:23	5:22
4	1 M30	Jacob Kaemmer, 30, Des Moines, IA	35:19	5:41
5		Mike Carney, 44, Des Moines, IA	35:21	5:41
1		Robyn Friedman, 34*, Lambs Grove, IA	35:25	5:42
2		Casey Owens, 24*, Des Moines, IA	35:33	5:43
6	1 M35	Todd Christensen, 38, Altoona, IA	35:44	5:45
7		Devin Sommer, 40, BeTtendorf, IA	35:57	5:47
8	1 M20	Aaron Wells, 23, Runnells, IA	36:17	5:50
9	1 M25	Darin Schknecht, 25, Pella, IA	36:38	5:54
10	2 M35	Joe Marshall, 39, Granger, IA	36:50	5:56
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
3		Stephanie Mundt, 16*, Urbandale, IA	37:29	6:02
11	2 M25	Caleb Brown, 26, Des Moines, IA	38:20	6:10
12	3 M35	Bryan Freidman, 35, Lambs Grove, IA	38:48	6:15
13	4 M35	Donald Wells, 39, Des Moines, IA	39:09	6:18
14	3 M25	Joseph Aulwes, 26, Bondurant, IA	39:31	6:22
15	1 M40	Troy Zeleznik, 44, West Des Moines, IA	39:38	6:23
4	1 W35	Christine Price, 38*, Des Moines, IA	39:56	6:26
16	1 M15	Chris Miller, 16, Des Moines, IA	40:24	6:30
17	5 M35	Mike Rieks, 39, Urbandale, IA	40:28	6:31
18	2 M30	Anthony Cendana, 31, West Des Moines, IA	40:45	6:33
19	2 M15	Jake Sutton, 16, West Des Moines, IA	40:46	6:34
20	3 M15	Brent Westphal, 18, Urbandale, IA	41:09	6:37
21	6 M35	Aaron Quinn, 35, Des Moines, IA	42:30	6:50
22	1 M45	Kf Headley, 45, Urbandale, IA	42:34	6:51
23	1 M12	Mason Walters, 14, Urbandale, IA	42:38	6:52
24	3 M30	Stu Sorrel, 31, Clive, IA	42:47	6:53
25	2 M20	Nick Hrabak, 24, Urbandale, IA	43:10	6:57
5		Carla Stoner, 44*, West Des Moines, IA	43:23	6:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
26	4 M30	Lew Vasey, 33, West Des Moines, IA	43:32	7:00
27	1 M60	Mike Bender, 67, Des Moines, IA	43:57	7:04
28	3 M20	Logan McCool, 21, Des Moines, IA	44:01	7:05
6	1 W25	Krista Jepson, 27*, West Des Moines, IA	44:04	7:05
29	7 M35	Brent Smidt, 38, Clive, IA	44:07	7:06
7	2 W35	Cindy Elsbernd, 36*, Des Moines, IA	44:23	7:09
30	2 M45	Ron Hankins, 49, Polk City, IA	44:25	7:09
8	2 W25	Kayte Atkins, 26*, Des Moines, IA	44:28	7:09
31	8 M35	John Urban, 39, Johnston, IA	44:39	7:11
32	4 M20	Scott Brown, 24, West Des Moines, IA	44:53	7:13

9	3	W35 Jennifer Abbott, 38*, Ankeny, IA	44:56	7:14
33	2	M40 Chris Kannapel, 44, Windsor Heights, IA	45:12	7:16
10	1	W30 Colleen Webb, 30*, Des Moines, IA	45:17	7:17
34	3	M45 Casey Showalter, 46, Altoona, IA	45:19	7:18
35	5	M30 Thad Douglas, 34, Altoona, IA	45:20	7:18
36	4	M45 Mike Casady, 46, Urbandale, IA	45:36	7:20
37	5	M45 Bill Molis, 46, Davenport, IA	45:53	7:23
38	4	M25 Travis Nuss, 28, Gowrie, IA	46:07	7:25
11	4	W35 Angie Neville, 37*, Bondurant, IA	46:11	7:26
12	1	W20 Jamie Hoegh, 22*, Elk Horn, IA	46:14	7:26
13	2	W30 Emily Kell, 31*, Urbandale, IA	46:16	7:27
39	3	M40 Todd Harper, 43, Norwalk, IA	46:16	7:27
40	1	M50 Jerry Murphy, 53, Ankeny, IA	46:28	7:29
41	4	M40 Timothy Gedler, 43, West Des Moines, IA	46:30	7:29
42	5	M25 Chris Hutchinson, 27, Ankeny, IA	46:32	7:29
43	2	M60 Joe Keefer, 60, Des Moines, IA	46:41	7:31
14	1	W15 Lacey Johnson, 19*, Nevada, IA	46:49	7:32
15	3	W25 Christina DeHamer, 26*, Overland Park, KS	47:02	7:34
44	2	M12 Zeke Gunnink, 14, Clive, IA	47:28	7:38
45	6	M45 Jeff Feder, 46, Norwalk, IA	47:32	7:39
46	1	M55 T A. Meyer, 55, Johnston, IA	47:34	7:39
16		Heather Stilborn, 44*, Des Moines, IA	47:37	7:40
17	1	W40 Sandra Witty, 40*, Clive, IA	47:40	7:40
47	3	M60 Larry Walden, 60, marshalltown, IA	47:58	7:43
48	7	M45 Bruce Drummond, 49, Johnston, IA	48:01	7:44
49	5	M40 Doug Shelton, 41, Clive, IA	48:14	7:46
18	3	W30 Jennifer Imig, 33*, West Des Moines, IA	48:30	7:48
50	6	M25 Andrew Moffitt, 29, Ankeny, IA	48:37	7:49
51	6	M40 Tom DeTaeye, 42, Clive, IA	48:44	7:50
52	4	M15 Kit Coppess, 16, West Des Moines, IA	48:48	7:51
53	2	M55 Roy Ney, 58, Des Moines, IA	48:52	7:52
19	2	W40 Lisa Wink, 40*, Urbandale, IA	48:54	7:52
20	1	W50 Holly Starr, 53*, Walnut Creek, CA	49:20	7:56
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">Top</a>				
21	4	W30 Angela Forret, 34*, Waukee, IA	49:52	8:02
54	3	M55 Mark Haugen, 55, Urbandale, IA	49:54	8:02
22	2	W20 Karen Mathes, 24*, Polk City, IA	49:59	8:03
23	4	W25 Sonja Brandt, 26*, Urbandale, IA	50:11	8:04
24	3	W20 Abby Showalter, 21*, Altoona, IA	50:16	8:05
55	7	M25 Thaddeus Brandt, 25, Urbandale, IA	50:20	8:06
25	5	W25 Heather Litchkey, 29*, Norwalk, IA	50:21	8:06
26	1	W45 Carol Litscher, 46*, West Des Moines, IA	50:25	8:07
56	6	M30 Adam Vandike, 32, West Des Moines, IA	50:55	8:12
57	9	M35 Jon Webber, 39, Cameron, MO	51:00	8:12
27	5	W35 Jacqui Douglas, 36*, Aurora, CO	51:00	8:12
28	3	W40 Michelle Mullin, 42*, Clive, IA	51:02	8:13
58	7	M30 Scott Ahrenholz, 30, Johnston, IA	51:07	8:13
59	7	M40 Brian Culich, 44, Des Moines, IA	51:19	8:15
29	5	W30 Meghan Schumacker, 32*, Altoona, IA	51:22	8:16
30	4	W20 Jessica Fink, 24*, Clive, IA	51:39	8:19
31	4	W40 Shari Osier, 41*, Bondurant, IA	51:42	8:19
32	6	W35 Danielle Sharpe, 38*, West Des Moines, IA	51:58	8:22
60	8	M40 Doug Dean, 44, Ballwin, MO	52:03	8:22
33	2	W45 Betsy Frederes, 49*, Clive, IA	52:10	8:24
61	4	M55 Al Hildestad, 57, Des Moines, IA	52:15	8:24
62	8	M30 Todd Miller, 32, Grimes, IA	52:30	8:27
63	1	JrM Sam Bott, 9, Clive, IA	52:42	8:29
64	10	M35 Brad Myers, 35, Knoxville, IA	52:43	8:29
34	2	W15 Abby Showalter, 19*, Altoona, IA	52:59	8:32
35	7	W35 Sarah Cooper, 35*, Urbandale, IA	53:05	8:32
65	9	M40 Joe Akers, 42, Grimes, IA	53:09	8:33
66	8	M25 Travis Bergeson, 25, Clive, IA	53:11	8:33
67	11	M35 Matthew Paul, 38, Des Moines, IA	53:18	8:35
68	10	M40 Bob Maiers, 41, Clive, IA	53:23	8:35

36	6	W30 Kim Lacey, 31*, Ankeny, IA	53:26	8:36
37	8	W35 Jill Smith, 36*, Clive, IA	53:41	8:38
69	12	M35 Rob Klinkner, 39, West Des Moines, IA	53:50	8:40
70	8	M45 Monte Cochran, 46, Urbandale, IA	54:03	8:42
71	9	M45 Bill Denny, 46, Clive, IA	54:04	8:42
72	5	M55 Don Miller, 59, Clive, IA	54:12	8:43
73	2	M50 Mike Harvey, 52, Urbandale, IA	55:02	8:51
38	3	W45 Julie Robeson, 45*, Urbandale, IA	55:04	8:52
39	9	W35 Desiree Ingham, 39*, Norwalk, IA	55:05	8:52
40	6	W25 Trisha Grandon, 26*, West Des Moines, IA	55:09	8:52
74	6	M55 Thomas Phillips, 56, West Des Moines, IA	55:18	8:54
41	7	W25 Renae Schmittt, 28*, Ames, IA	55:24	8:55
75	11	M40 Andrew Kahl, 43, Des Moines, IA	55:29	8:56
42	8	W25 Brooke Chriswisher, 27*, Ankeny, IA	55:32	8:56
43	5	W40 Julie Lundy, 41*, Otsego, MN	55:33	8:56
76		Paul Carlson, Clive, IA	55:39	8:57
77	7	M55 Timothy Prindle, 56, Urbandale, IA	55:46	8:58

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44	2	W50 Julia Batten, 51*, Carlisle, IA	55:56	9:00
45	6	W40 Liz Cosner, 43*, Urbandale, IA	56:07	9:02
78	9	M30 Jerod Bruner, 30, Ankeny, IA	56:11	9:02
46	7	W30 Julie Nahas-Muller, 32*, Clive, IA	56:19	9:04
47	9	W25 Jenica Moffitt, 29*, Ankeny, IA	56:20	9:04
79	10	M45 Gregg Erwood, 47, Clive, IA	56:31	9:06
48	4	W45 Ronni Scott, 47*, Clive, IA	56:32	9:06
80	11	M45 Dale Stephens, 45, Johnston, IA	56:35	9:06
81	12	M40 Jeff Blosser, 40, West Des Moines, IA	56:36	9:06
49	10	W25 Lori Meyers, 29*, West Des Moines, IA	56:49	9:08
50	11	W25 Jill Wiebers, 29*, West Des Moines, IA	56:49	9:09
51	7	W40 Tina Neustrom, 43*, West Des Moines, IA	56:53	9:09
52	8	W30 Jennifer Miller, 33*, Grimes, IA	57:00	9:10
53	5	W20 Andrea Shaw, 24*, West Des Moines, IA	57:22	9:14
54	12	W25 Kelly Boesenberg, 25*, Ankeny, IA	57:30	9:15
82	13	M40 Jon Espenscheid, 42, marshalltown, IA	58:03	9:20
55	8	W40 Rachelle Adams, 40*, Earlham, IA	58:05	9:21
83	14	M40 Mark Haisch, 41, Clive, IA	58:21	9:23
84	10	M30 Ryan Dixon, 34, Urbandale, IA	58:27	9:24
85	9	M25 Marcus Iwig, 25, Ankeny, IA	58:31	9:25
56	9	W30 Sarah Andersson, 32*, West Des Moines, IA	58:45	9:27
57	5	W45 Maureen Hegedus, 48*, Clive, IA	58:55	9:29
58	10	W30 Katie Lacey, 31*, Ankeny, IA	58:57	9:29
86	11	M30 Randy Heal, 32, West Des Moines, IA	1:00:10	9:41
59	13	W25 Carrie Hiner, 28*, Des Moines, IA	1:00:12	9:41
87	8	M55 Sam Gill, 55, Norwalk, IA	1:00:15	9:42
88	12	M45 Mitch Spencer, 46, Bondurant, IA	1:00:25	9:43
60	11	W30 Lisa Thole, 30*, Des Moines, IA	1:00:36	9:45
61	6	W45 Kim Taylor, 47*, West Des Moines, IA	1:00:37	9:45
89	15	M40 Clark Lundy, 41, Otsego, MN	1:00:58	9:49
62	14	W25 Suzy Piel, 25*, Clive, IA	1:01:21	9:52
90	13	M45 John Noll, 45, Clive, IA	1:01:25	9:53
63	10	W35 Lori Jeppson, 39*, Mount Vernon, IA	1:01:52	9:57
64	11	W35 Connie Kirvin, 39*, Urbandale, IA	1:01:57	9:58

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65	12	W30 Joanna Veztri, 30*, Des Moines, IA	1:02:59	10:08
91	10	M25 Ben Barndollar, 27, West Des Moines, IA	1:03:03	10:09
66	3	W50 Sheri Downey, 53*, Lincoln, NE	1:03:14	10:10
67	4	W50 Carol Jensen, 51*, West Des Moines, IA	1:03:29	10:13
68	12	W35 Becky Weathers, 39*, Grimes, IA	1:03:41	10:15
69	13	W35 Cathaleen Heithoff, 36*, Des Moines, IA	1:03:47	10:16
92	13	M35 Jon Chartier, 38, West Des Moines, IA	1:04:31	10:23
70	13	W30 Tyana Smith, 31*, West Des Moines, IA	1:05:35	10:33
71	14	W35 Tricia Dieck, 38*, Urbandale, IA	1:06:23	10:41
72	6	W20 Rhonda Anderson, 20*, Clive, IA	1:06:41	10:44

73	14	W30 Darcy Andersen, 34*, Clive, IA	1:07:04	10:48
74	15	W30 Carrie Giddins, 33*, Des Moines, IA	1:07:07	10:48
75	15	W25 Jamie Baas, 27*, Des Moines, IA	1:07:59	10:56
93	16	M40 Jim Roegiers, 42, Urbandale, IA	1:08:10	10:58

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76	16	W30 Roxanne McGlothlen, 31*, Des Moines, IA	1:08:59	11:06
94	14	M35 Scott McGlothlen, 36, Des Moines, IA	1:09:16	11:09
77	9	W40 Jennifer Shide, 40*, Urbandale, IA	1:10:18	11:19
95	17	M40 Tom Shide, 44, Urbandale, IA	1:10:20	11:19
96	4	M60 Dharmvir Bhatnagar, 64, West Des Moines, IA	1:13:00	11:45

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78	5	W50 Sandy Waterman, 51*, Des Moines, IA	1:15:00	12:04
97	2	JrM Matthew Lenox, 11, Melbourne, IA	1:19:02	12:43
98	15	M35 Danny Lenox, 36, Melbourne, IA	1:19:07	12:44
99	16	M35 Steve Ellis, 39, Des Moines, IA	1:19:20	12:46

"\*" indicates females

2 finishers among Men 11 & Under

2 finishers among Men 12 - 14

4 finishers among Men 15 - 19

4 finishers among Men 20 - 24

10 finishers among Men 25 - 29

11 finishers among Men 30 - 34

16 finishers among Men 35 - 39

17 finishers among Men 40 - 44

13 finishers among Men 45 - 49

2 finishers among Men 50 - 54

8 finishers among Men 55 - 59

4 finishers among Men 60 & Up

2 finishers among Women 15 - 19

6 finishers among Women 20 - 24

15 finishers among Women 25 - 29

16 finishers among Women 30 - 34

14 finishers among Women 35 - 39

9 finishers among Women 40 - 44

6 finishers among Women 45 - 49

5 finishers among Women 50 - 54

99 male finishers

78 female finishers

177 total finishers

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