

# Cap City 5 km

## Big Creek State Park

May 28, 2011

61 degrees, overcast

Results by Michael Franke

Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME
1	OpM	Brett Carter, 20, WaRrensburg, MO	15:43
2	OpM	Andrew Minear, 25, Bondurant, IA	17:13
3	OpM	Jacob Flaws, 24, Huxley, IA	17:56
4	1 M40	Keith Ables, 40, Ogden, IA	18:01
5	1 M20	Mike Wilson, 25, Altoona, IA	18:14
6	1 M15	Olin Carty, 15	18:49
7	2 M20	Adam Ventlurg, 20	18:56
8	1 M50	Jim Quigley, 50, Johnston, IA	19:01
1	OpW	Courtney Waltbillig, 20*, JoPlin, MO	19:25
9	1 M30	Kyle Prendergast, 31, Des Moines, IA	19:49
2	OpW	Rachel Lester, 25*, W. Des Moines, IA	20:04
10	3 M20	Nate Simonson, 25, Des Moines, IA	20:08
11	2 M15	Cody Gilleland, 16, Des Moines, IA	20:46
12	2 M40	Jay Soupene, 45, Ankeny, IA	20:48
13	3 M15	Boone Caples, 16, Ankeny, IA	21:07
14	2 M50	Steve McKibben, 50	21:09
3	OpW	Tina Kafer, 35*, Jamaica, IA	21:48
15	1 JrM	Connor Brown, 14, Ankeny, IA	21:54
16	1 M60	Joe Robinson, 60, Bondurant, IA	22:00
4	1 JrW	Abigail Vaughan, 14*, Des Moines, IA	22:05
17	2 M30	Chad Donahue, 33	22:07
18	4 M15	Sawyer Caples, 16, Ankeny, IA	22:13
19	4 M20	Ben Wiele, 23, Ankeny, IA	22:15
20	2 JrM	Granger Carty, 14, Des Moines, IA	22:18
21	5 M15	Anthony Samples, 16, Des Moines, IA	22:39
22	3 M40	Bill Dobson, 45, Johnston, IA	22:40
23		Tyler Vaughan, Norwalk, IA	22:52
5	1 W50	Kathi Dellaca, 55*, Windsor Heights, IA	22:54
6	1 W20	Lindsay Prendergast, 27*, Des Moines, IA	23:14
7	1 W30	Marita Mattiace, 30*, Ankeny, IA	23:49
8	1 W40	Tara Brawner, 40*, Clive, IA	24:12
24	6 M15	Tyler Carter, 16, Ankeny, IA	24:35
9	2 W30	Sherilyn Rittgers, 30*, Ankeny, IA	24:49
25	3 M50	Kevin Prendergast, 55, Des Moines, IA	24:50
26	3 M30	Glenn Stout, 37, Altoona, IA	24:54
10	1 W15	Marissa Madson, 15*, Polk City, IA	25:34
11	2 W15	Karen Overman, 16*, Des Moines, IA	26:01
27	5 M20	Chris Donahue, 28	26:04
28	3 JrM	Isaiah Wright, 14, Polk City, IA	26:09
29	2 M60	Richard Newkirk, 65, Ankeny, IA	26:12
12	2 JrW	Megan Ballenger, 14*, Ankeny, IA	26:25
30	4 M40	Jeff Andersen, 45, Grimes, IA	26:45
31	5 M40	Tim Wright, 40, Polk City, IA	26:50
32	7 M15	Jason Rasmussen, 16, Ankeny, IA	26:52
33	6 M20	Eric Miller, 25, Des Moines, IA	27:08
34	6 M40	Shawn Samples, 45, Des Moines, IA	27:17

35	4	M30	Rob Keller, 34, Ankeny, IA	27:52
36	7	M20	Jimmy Vanderkamp, 25, Ankeny, IA	27:58
13	3	JrW	Taylor Brown, 13*, Ankeny, IA	28:07
37	5	M30	Sean Lowe, 30, Ankeny, IA	28:15
14	3	W30	Jamie Keller, 34*, Ankeny, IA	28:18
38	4	JrM	Jacob Penner, 13, Ankeny, IA	28:19
15	2	W20	Julie Coy, 29*, Ankeny, IA	28:34
16	4	W30	Bridgett Lause, 35*, Des Moines, IA	28:49
39	7	M40	Mark Carter, 45, Ankeny, IA	28:53
40	4	M50	Mark Minear, 57, Marshalltown, IA	28:57
41	6	M30	Tony Schuller, 35, Ankeny, IA	29:11
42	7	M30	Steve Lause, 35, Des Moines, IA	29:12
17	5	W30	Kelly Hoey, 30*, WaPello, IA	29:13
43	5	JrM	Blake Livingston, 13	29:14
44	6	JrM	Ian Luke, 13, Ankeny, IA	29:14
18	2	W40	Brenda Brown, 45*, Ankeny, IA	29:18
45	8	M40	Todd Hasstedt, 48, Ankeny, IA	29:21
46	5	M50	Mark Van Wyk, 55, Urbandale, IA	29:33
19	6	W30	anne schoenauer, 36*, Johnston, IA	29:52
20	7	W30	Diane Busch, 31*, Ankeny, IA	29:56
21	8	W30	Sarah Fisher, 33*, Ankeny, IA	30:13
22	3	W40	Susie Roberts, 45*, Ankeny, IA	30:51
47	9	M40	Bill Kiefer, 40, Johnston, IA	31:19
23	4	W40	Lesley Mienke, 45*, Des Moines, IA	31:27
24	5	W40	Lisa Leon, 45*, Des Moines, IA	31:35
48			Mackenzie Thompson, Grimes, IA	31:45
49			Bryan Thompson, Grimes, IA	31:47
25	6	W40	Tami Knight, 45*, Des Moines, IA	32:01
26	3	W20	Stephanie Keck, 20*, Des Moines, IA	32:21
50			Nate Miltnkser	32:22
51	10	M40	Barron Penner, 45, Ankeny, IA	32:24
27	9	W30	Joni Leinen, 35*, Urbandale, IA	32:31
52	8	M15	Quentin Richardson, 16, Des Moines, IA	32:32
53	6	M50	Dennis Donahue, 51, Monroe, IA	32:38
54	11	M40	Jimmy Richardson, 45, Des Moines, IA	32:40
28	7	W40	Beth Luke, 45*, Ankeny, IA	32:44
29	4	JrW	Mallory Schuller, 13*, Ankeny, IA	32:44
30	8	W40	Diane Samples, 45*, Des Moines, IA	33:10
31	9	W40	Gina Schnathorst, 44*, Blairsburg, IA	33:30
32	4	W20	Kaila Swain, 25*, Des Moines, IA	33:41
33	5	W20	Eryn Swain, 25*, Des Moines, IA	33:42
34	5	JrW	Rachel Nielsen, 13*, Des Moines, IA	33:49
35	10	W40	Julie Kieser, 40*, Johnston, IA	33:53
55	12	M40	Dennis Schnattorst, 40, Blairsburg, IA	33:54
36	2	W50	Randi Bjerke, 55*, Ankeny, IA	34:40
37	6	JrW	Carissa Dobson, 13*, Johnston, IA	34:48
38	7	JrW	Madi Carter, 13*, Ankeny, IA	34:48
39	3	W50	Shirlee Hasstedt, 51*, Ankeny, IA	35:29
56	13	M40	Tommy Little, 45, Des Moines, IA	36:21
40	4	W50	Kathy Crees, 55*, Pleasant Hill, IA	38:33
41	11	W40	Julie McClain, 45*, Ankeny, IA	38:33
42	12	W40	Lori Wermers, 45*, Johnston, IA	39:13
43	13	W40	Laura Fulton, 45*, Ankeny, IA	43:39
44	8	JrW	Lexi Brown, 13*, Ankeny, IA	43:57
45	10	W30	Brenda Adams, 35*, Des Moines, IA	44:36
46	5	W50	Carole Adams, 55*, Des Moines, IA	44:36
47	14	W40	Pam Miller, 45*, Des Moines, IA	50:57

\* indicates females

10 finishers among Males (no age given)

6 finishers among Men Under 15

8 finishers among Men 15 - 19

7 finishers among Men 20 - 29

7 finishers among Men 30 - 39

13 finishers among Men 40 - 49

6 finishers among Men 50 - 59

2 finishers among Men 60 & Up  
8 finishers among Women Under 15  
2 finishers among Women 15 - 19  
5 finishers among Women 20 - 29  
10 finishers among Women 30 - 39  
14 finishers among Women 40 - 49  
5 finishers among Women 50 - 59  
59 male finishers  
44 female finishers  
103 total finishers

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