

# SOS fRun \*\*\* 5K \*\*\* Overall & Divisions

Event: 5K

Date: Saturday, October 25, 2014

Location: Marion

Weather: Warm 60°

## Overall and Age Divisions

### *Results By: On The Run Race Timing*

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Matthew Wittman, M20	Cedar Rapids, IA	17:03	5:29/M	17:03	5:29/M
2	2	1 M45	Josh Mullin, M45	Cedar Rapids, IA	19:30	6:17/M	19:30	6:16/M
3	3	1 M55	Daryl Julich, M59	Cedar Rapids, IA	20:03	6:27/M	20:02	6:27/M
4	4	1 M35	Tom Daubs, M43	Marion, IA	20:09	6:29/M	20:09	6:29/M
5	5	2 M45	Ken Wright, M46	Cedar Rapids, IA	20:32	6:37/M	20:29	6:36/M
6	1	1 OVF	Micah Poellet, F11	Cedar Rapids, IA	21:57	7:04/M	21:56	7:04/M
7	6	3 M45	Matt Poellet, M49	Cedar Rapids, IA	22:56	7:23/M	22:54	7:22/M
8	7	4 M45	Craig Brophy, M53	Cedar Rapids, IA	23:24	7:32/M	23:23	7:31/M
9	2	1 F45	Wendy Nolan, F46	Wellman, IA	23:29	7:34/M	23:29	7:33/M
10	3	1 F35	Alissa Gunsolly, F36	Marion, IA	23:39	7:37/M	23:37	7:36/M
11	8	1 M15	Garrett Hunter, M23	Marion, IA	23:44	7:38/M	23:41	7:37/M
12	9	5 M45	Mark Jepsen, M51	Center Point, IA	24:27	7:52/M	24:26	7:52/M
13	10	2 M55	Doug Lord, M59	Lisbon, IA	25:41	8:16/M	25:39	8:15/M
14	11	1 M25	Shawn Keating, M27	North Liberty, IA	26:44	8:36/M	26:42	8:36/M
15	4	2 F35	Cathy May, F43	Cedar Rapids, IA	26:55	8:40/M	26:52	8:39/M

16	12	3 M55	John Leland, M78	Marion, IA	27:21	8:48/M	27:19	8:47/M
17	5	2 F45	Julie Wittman, F52	Cedar Rapids, IA	27:31	8:52/M	27:29	8:51/M
18	6	1 F25	Erin Taylor, F30	Marion, IA	27:43	8:55/M	27:42	8:55/M
19	13	4 M55	Rick McCormick, M62	Lawrence, KS	29:02	9:21/M	29:00	9:20/M
20	7	1 JRF	Carly Williams, F12	Springville, IA	29:19	9:26/M	29:15	9:25/M
21	8	1 F55	Amy Keating, F55	Marion, IA	29:28	9:29/M	29:25	9:28/M
22	9	2 F55	Linnea Martin, F61	Marion, IA	29:47	9:35/M	29:44	9:34/M
23	10	3 F55	Luann Ramsey, F59	Marion, IA	29:58	9:39/M	29:55	9:38/M
24	11	1 F15	Sydney Williams, F16	Springville, IA	30:09	9:42/M	30:05	9:41/M
25	12	3 F45	Natalie Poellet, F49	Cedar Rapids, IA	31:51	10:15/M	31:48	10:14/M
26	13	4 F45	Monica Dunbar, F46	Marion, IA	32:00	10:18/M	31:57	10:17/M
27	14	6 M45	Kent Hunter, M49	Marion, IA	34:26	11:05/M	34:23	11:04/M
28	14	5 F45	Shirl Harrelson, F50	Marion, IA	34:59	11:16/M	34:56	11:15/M
29	15	6 F45	Tammie Wodnik, F50	Marion, IA	35:05	11:17/M	34:58	11:15/M
30	16	2 F15	Haylee Williams, F19	Springville, IA	42:36	13:43/M	42:32	13:41/M
31	15	2 M15	Blaine Smith, M21	Springville, IA	42:37	13:43/M	42:33	13:42/M
32	17	7 F45	Martha Nines, F53	Marion, IA	45:39	14:41/M	45:33	14:40/M
33	18	4 F55	Susan Ann Weller, F57	Central City, IA	45:41	14:42/M	45:36	14:40/M
34	19	5 F55	Nancy McCormick, F61	Council Bluffs, IA	45:46	14:44/M	45:40	14:42/M
35	20	3 F35	Jessica Rhatigan, F37	Marion, IA	46:13	14:53/M	46:05	14:50/M
36	16	5 M55	Paul Copping, M55	Cedar Rapids, IA	47:05	15:09/M	46:48	15:04/M
37	21	8 F45	Julie Copping, F54	Cedar Rapids, IA	47:06	15:10/M	46:47	15:04/M
38	17	6 M55	Joe Briley, M62	Marion, IA	59:32	19:10/M	59:12	19:03/M
39	22	6 F55	Ann Grimm, F56	Marion, IA	1:01:54	19:55/M	1:01:45	19:52/M
40	23	7 F55	Marge Markowski, F70	Urbana, IA	1:02:03	19:58/M	1:01:53	19:55/M
41	24	8 F55	Jan Beals, F64	Robins, IA	1:02:08	20:00/M	1:02:00	19:57/M
42	25	9 F55	Susan Briley, F57	Marion, IA	1:02:35	20:09/M	1:02:17	20:03/M
43	26	10 F55	Tracy Trout, F57	Cedar Rapids, IA	1:02:35	20:09/M	1:02:17	20:03/M

**Overall and Age Divisions****Overall Male**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Matthew Wittman, M20	Cedar Rapids, IA	17:03	5:29/M	17:03	5:29/M

**Overall Female**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Micah Poellet, F11	Cedar Rapids, IA	21:57	7:04/M	21:56	7:04/M

**F[14 & Under]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Carly Williams, F12	Springville, IA	29:19	9:26/M	29:15	9:25/M

**M[15-24]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Garrett Hunter, M23	Marion, IA	23:44	7:38/M	23:41	7:37/M
2	Blaine Smith, M21	Springville, IA	42:37	13:43/M	42:33	13:42/M

**F[15-24]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Sydney Williams, F16	Springville, IA	30:09	9:42/M	30:05	9:41/M
2	Haylee Williams, F19	Springville, IA	42:36	13:43/M	42:32	13:41/M

**M[25-34]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Shawn Keating, M27	North Liberty, IA	26:44	8:36/M	26:42	8:36/M

**F[25-34]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Erin Taylor, F30	Marion, IA	27:43	8:55/M	27:42	8:55/M

**M[35-44]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Tom Daubs, M43	Marion, IA	20:09	6:29/M	20:09	6:29/M

**F[35-44]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Alissa Gunsolly, F36	Marion, IA	23:39	7:37/M	23:37	7:36/M
2	Cathy May, F43	Cedar Rapids, IA	26:55	8:40/M	26:52	8:39/M
3	Jessica Rhatigan, F37	Marion, IA	46:13	14:53/M	46:05	14:50/M

**M[45-54]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Josh Mullin, M45	Cedar Rapids, IA	19:30	6:17/M	19:30	6:16/M
2	Ken Wright, M46	Cedar Rapids, IA	20:32	6:37/M	20:29	6:36/M
3	Matt Poellet, M49	Cedar Rapids, IA	22:56	7:23/M	22:54	7:22/M
4	Craig Brophy, M53	Cedar Rapids, IA	23:24	7:32/M	23:23	7:31/M
5	Mark Jepsen, M51	Center Point, IA	24:27	7:52/M	24:26	7:52/M
6	Kent Hunter, M49	Marion, IA	34:26	11:05/M	34:23	11:04/M

**F[45-54]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Wendy Nolan, F46	Wellman, IA	23:29	7:34/M	23:29	7:33/M
2	Julie Wittman, F52	Cedar Rapids, IA	27:31	8:52/M	27:29	8:51/M
3	Natalie Poellet, F49	Cedar Rapids, IA	31:51	10:15/M	31:48	10:14/M
4	Monica Dunbar, F46	Marion, IA	32:00	10:18/M	31:57	10:17/M
5	Shirl Harrelson, F50	Marion, IA	34:59	11:16/M	34:56	11:15/M
6	Tammie Wodnik, F50	Marion, IA	35:05	11:17/M	34:58	11:15/M
7	Martha Nines, F53	Marion, IA	45:39	14:41/M	45:33	14:40/M
8	Julie Copping, F54	Cedar Rapids, IA	47:06	15:10/M	46:47	15:04/M

**M[55 & Over]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Daryl Julich, M59	Cedar Rapids, IA	20:03	6:27/M	20:02	6:27/M
2	Doug Lord, M59	Lisbon, IA	25:41	8:16/M	25:39	8:15/M
3	John Leland, M78	Marion, IA	27:21	8:48/M	27:19	8:47/M
4	Rick McCormick, M62	Lawrence, KS	29:02	9:21/M	29:00	9:20/M
5	Paul Copping, M55	Cedar Rapids, IA	47:05	15:09/M	46:48	15:04/M
6	Joe Briley, M62	Marion, IA	59:32	19:10/M	59:12	19:03/M

**F[55 & Over]**

<b><u>Place</u></b>	<b><u>Name</u></b>	<b><u>City</u></b>	<b><u>Gun Time</u></b>	<b><u>Pace mpm</u></b>	<b><u>Chip Time</u></b>	<b><u>Pace mpm</u></b>
1	Amy Keating, F55	Marion, IA	29:28	9:29/M	29:25	9:28/M
2	Linnea Martin, F61	Marion, IA	29:47	9:35/M	29:44	9:34/M
3	Luann Ramsey, F59	Marion, IA	29:58	9:39/M	29:55	9:38/M
4	Susan Ann Weller, F57	Central City, IA	45:41	14:42/M	45:36	14:40/M
5	Nancy McCormick, F61	Council Bluffs, IA	45:46	14:44/M	45:40	14:42/M
6	Ann Grimm, F56	Marion, IA	1:01:54	19:55/M	1:01:45	19:52/M
7	Marge Markowski, F70	Urbana, IA	1:02:03	19:58/M	1:01:53	19:55/M
8	Jan Beals, F64	Robins, IA	1:02:08	20:00/M	1:02:00	19:57/M
9	Susan Briley, F57	Marion, IA	1:02:35	20:09/M	1:02:17	20:03/M
10	Tracy Trout, F57	Cedar Rapids, IA	1:02:35	20:09/M	1:02:17	20:03/M

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