

Beaverdale Beaverdash 5 km**Des Moines, IA****Sep. 15, 2012**

53 degrees, clear sky and sunny

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	OpM	Carter Oliver, 20, Woodbine, IA	18:07	5:50
2	1 M40	Bergeson Lance, 44, Des Moines, IA	18:19	5:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
3	1 JrM	Jackson Fink, 14, Des Moines, IA	19:16	6:12
1	OpW	Stephanie Mortenson, 30*, Urbandale, IA	19:46	6:22
4	2 M40	David Olsen, 40, West Des Moines, IA	20:23	6:34
5	1 M30	Brian Schwartz, 32, Des Moines, IA	20:42	6:39
6	2 M30	Nick Tasler, 34, Jordan, MN	20:42	6:40
7	1 M20	Jake Potter, 20, Altoona, IA	20:50	6:42
8	2 JrM	John Clingan, 13, West Des Moines, IA	20:56	6:44
9	3 M40	bryan trout, 42, Ankeny, IA	20:59	6:45
10	4 M40	Alex Fink, 44, Des Moines, IA	21:06	6:47
11	1 M50	Bruce Drummond, 54, Des Moines, IA	21:11	6:49
12	5 M40	Mike Hankinson, 49, WiNterset, IA	21:26	6:54
13	3 M30	Nic Nelson, 35, Sioux City, IA	21:41	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
14	6 M40	Jon Murphy, 41, Des Moines, IA	21:45	7:00
15	3 JrM	Scott Conner, 13, West Des Moines, IA	21:54	7:03
16	4 M30	Donny Haidar, 36, Des Moines, IA	21:54	7:03
2	1 W30	Alison Tasler, 34*, Jordan, MN	22:00	7:05
17	7 M40	Kip Fennelly, 45, Indianola, IA	22:04	7:06
18	2 M50	Richard Hanna, 52, New Sharon, IA	22:08	7:07
19	2 M20	patrick tasler, 29, Des Moines, IA	22:11	7:08
20	4 JrM	Seamus Geraty, 13, Des Moines, IA	22:14	7:09
21	5 JrM	Kevin Conner, 11, West Des Moines, IA	22:25	7:13
22	3 M20	Drew Aspenson, 29, West Des Moines, IA	22:40	7:17
23	8 M40	Dave Lenhart, 47, Ankeny, IA	22:40	7:18
24	5 M30	Adam Albright, 36, Des Moines, IA	22:52	7:21
25	3 M50	Dennis Judd, 51, Urbandale, IA	22:53	7:22
26	6 JrM	Jacob Milgrim, 15, Prairie Village, KS	23:14	7:29
27	9 M40	Matthew Hauser, 41, Valencia, CA	23:27	7:33
3	2 W30	Sheri Beaver, 30*, Grimes, IA	23:28	7:33
28	4 M50	Glen Dippold, 50, Clive, IA	23:29	7:33
4	1 JrW	Rebecca Naughton, 13*, Des Moines, IA	23:44	7:38
29	10 M40	Jim Halliwell, 48, West Des Moines, IA	23:55	7:42
30	11 M40	Howard Potter, 45, Altoona, IA	23:58	7:43
31	6 M30	Ian Smit, 31, Des Moines, IA	24:03	7:44
32	5 M50	Eldon Hulst, 57, Des Moines, IA	24:03	7:44
33	7 M30	Ryan Burry, 35, Grimes, IA	24:03	7:44
34	8 M30	Mike Sams, 31, bondurant, IA	24:09	7:46
35	9 M30	Brad Baker, 36, Urbandale, IA	24:10	7:47
36	12 M40	Mark Sloppy, 40, Marshalltown, IA	24:14	7:48
37	4 M20	Michael Radduce, 25, Urbandale, IA	24:17	7:49
38	13 M40	Jeff Harty, 43, West Des Moines, IA	24:21	7:50
5	2 JrW	Catherine Freeman, 13*, West Des Moines, IA	24:24	7:51
39	14 M40	Gregg Leaders, 45, Ankeny, IA	24:27	7:52
6	3 W30	Maggie Nugent, 36*, Adel, IA	24:27	7:52
40	1 M60	Ray Ney, 64, Des Moines, IA	24:27	7:52

41	7 JrM	Victor Jarman, 13, Urbandale, IA	24:28	7:52
42	10 M30	Christian Beckwith, 33, West Des Moines, IA		
			24:30	7:53
7	4 W30	Melissa Gerrard, 32*, West Des Moines, IA	24:34	7:54
8	5 W30	Michelle Nelson, 36*, Waukee, IA	24:36	7:55
43	11 M30	Mike Happe, 33, Jefferson, IA	24:37	7:55
44	15 M40	Rob Walker, 40, Ankeny, IA	24:49	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
45	12 M30	Andy Richardson, 35, Urbandale, IA	24:51	8:00
46	6 M50	Jeff Robinson, 52, West Des Moines, IA	25:00	8:03
9	1 W40	Laura Belin, 43*, Windsor Heights, IA	25:05	8:04
10	6 W30	Elizabeth Waage, 35*, Des Moines, IA	25:09	8:05
11	7 W30	Michelle Nelson, 37*, Sioux City, IA	25:11	8:06
47	13 M30	Andrew Michaelsen, 32, Jefferson, IA	25:16	8:08
12	1 W20	Jenna Hetcko, 27*, Des Moines, IA	25:21	8:09
48	5 M20	Ryan Fitch, 29, Des Moines, IA	25:27	8:11
49	16 M40	Zachery Becker, 41, Des Moines, IA	25:31	8:13
50	17 M40	Chuck Kepford, 47, Waverly, IA	25:31	8:13
13	2 W40	Deb Anderson, 42*, Des Moines, IA	25:34	8:14
51	6 M20	Jacob Applegate, 24, Adel, IA	25:36	8:14
14	3 W40	Anita Applegate, 48*, Adel, IA	25:38	8:15
52	14 M30	Matt Durand, 33, Des Moines, IA	25:39	8:15
15	8 W30	Jackie Surber, 31*, Des Moines, IA	25:40	8:16
16	9 W30	Megan Roettger, 32*, Clive, IA	25:42	8:16
53	18 M40	Dave Yuska, 47, Grimes, IA	25:43	8:17
17	3 JrW	Caroline Halliwell, 12*, West Des Moines, IA		
			25:44	8:17
54	15 M30	Justin Wright, 33, Des Moines, IA	25:48	8:18
55	16 M30	Ryan Forret, 38, Des Moines, IA	25:48	8:18
56	19 M40	Bill Nolin, 44, West Des Moines, IA	25:54	8:20
57	17 M30	john orosco, 37, Johnston, IA	25:57	8:21
58	18 M30	Paul Pettit, 36, Des Moines, IA	25:59	8:21
59	20 M40	Wayne Ostergaard, 49, Des Moines, IA	26:00	8:22
18	10 W30	Jen O'Halloran, 38*, Des Moines, IA	26:02	8:23
60	19 M30	Rick Brcka, 36, Altoona, IA	26:05	8:24
61	20 M30	Ryan Baumgartel, 30, West Des Moines, IA	26:06	8:24
62	7 M20	Jeffrey Tuttle, 26, Des Moines, IA	26:06	8:24
19	11 W30	Shantell Harvey, 32*, Des Moines, IA	26:07	8:24
20	12 W30	Jill Hardy, 31*, Ames, IA	26:08	8:24
63	21 M40	Tim Hanke, 44, Urbandale, IA	26:10	8:25
64	21 M30	Andy Briggs, 31, West Des Moines, IA	26:12	8:26
65	22 M30	Matt Lechtneberg, 30, Des Moines, IA	26:13	8:26
21	1 W50	Lisa Ogden, 50*, Cedar Rapids, IA	26:18	8:28
22	13 W30	Amy Burrell, 32*, Urbandale, IA	26:27	8:31
23	4 JrW	Sydney Miller, 11*, Urbandale, IA	26:29	8:31
24	2 W50	Mary Ann Koehler, 59*, Waukee, IA	26:33	8:33
25	5 JrW	Lily Dunley-Williamson, 11*, Johnston, IA	26:34	8:33
26	2 W20	Jessica Tuttle, 25*, Des Moines, IA	26:36	8:33
66	23 M30	Matt Shields, 32, Des Moines, IA	26:37	8:34
27	4 W40	Lori Miller, 41*, Urbandale, IA	26:39	8:34
28	3 W20	Kate Brodhun, 23*, Byron, MN	26:42	8:35
29	14 W30	Nicole Happe, 32*, Jefferson, IA	26:43	8:36
67	24 M30	Todd Brunia, 38, Urbandale, IA	26:45	8:37
68	22 M40	Paul Turner, 49, Des Moines, IA	26:47	8:37
69	8 M20	Adam Bates, 27, West Des Moines, IA	26:49	8:38
70	8 JrM	Mason Rudkin, 12, Rhodes, IA	26:55	8:40
71	9 M20	David Hinrichsen, 21, Ames, IA	26:58	8:41
72	23 M40	John Neldeberg, 41, Altoona, IA	26:59	8:41
73	7 M50	dave wolz, 58, Des Moines, IA	26:59	8:41
30	6 JrW	Jayde Logemann, 15*, Ankeny, IA	27:02	8:42
31	15 W30	Amy Lane, 36*, Des Moines, IA	27:06	8:43
74	24 M40	Jeff Reece, 46, Pleasant Hill, IA	27:07	8:44
75	25 M40	Sam Rizzuti, 48, Urbandale, IA	27:08	8:44
32	16 W30	Nicole Richardson, 34*, Urbandale, IA	27:10	8:44
33	4 W20	Meredith Cooney, 25*, Des Moines, IA	27:11	8:45

76	25	M30	Bill Kuehler, 36, Des Moines, IA	27:12	8:45
77	8	M50	Marcia Smith, 51, Des Moines, IA	27:13	8:46
78	10	M20	Rob Lindquist, 29, CoUncil Bluffs, IA	27:17	8:47
79	26	M30	Alex Albright, 33, Des Moines, IA	27:21	8:48
80	26	M40	Rick Roquet, 42, Des Moines, IA	27:26	8:50
81	27	M40	Brian Whalen, 44, Urbandale, IA	27:33	8:52
34	7	JrW	Ella Walters, 13*, Des Moines, IA	27:34	8:52
82	9	M50	Paul Bush, 54, Des Moines, IA	27:36	8:53
83	27	M30	Christopher Ellis, 33, Des Moines, IA	27:44	8:55
84	9	JrM	Sam Kepford, 12, Waverly, IA	27:44	8:56
85	10	JrM	Charlie Ellis, 11, Des Moines, IA	27:45	8:56
35	17	W30	Angela Van Gorp, 31*, Pella, IA	27:46	8:56
36	5	W20	Chandra Wheatley, 29*, West Des Moines, IA	27:46	8:56
86	28	M40	Gregory Boesch, 42, Urbandale, IA	27:49	8:57
37	8	JrW	Ellie Roquet, 13*, Johnston, IA	27:51	8:58
87	29	M40	Chris Nigg, 40, Des Moines, IA	27:54	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
38	6	W20	Joy DenHartog, 28*, Des Moines, IA	27:57	9:00
88	2	M60	Robert Sobiech, 65, Des Moines, IA	27:58	9:00
89	30	M40	William Dunker, 43, Ankeny, IA	28:00	9:01
39	18	W30	Jenith Burry, 35*, Grimes, IA	28:02	9:01
90	10	M50	Rich Soyer, 54, Johnston, IA	28:05	9:02
40	5	W40	Donna Carroll, 45*, Waukee, IA	28:05	9:02
41	7	W20	Shannon Lewis, 26*, Waukee, IA	28:07	9:03
42	19	W30	Monica Koefe, 38*, Des Moines, IA	28:07	9:03
43	20	W30	Betsy Anderson, 35*, Des Moines, IA	28:08	9:03
44	21	W30	Katherine Tuttle, 30*, Des Moines, IA	28:08	9:03
91	11	M50	Dale McCleish, 53, Urbandale, IA	28:11	9:04
92	28	M30	Nathan McGlynn, 31, Des Moines, IA	28:12	9:05
93	11	M20	Jason Vangundy, 28, Johnston, IA	28:13	9:05
94	29	M30	Britt Busch, 32, Urbandale, IA	28:14	9:05
95	12	M50	Phil Tobin, 52, Des Moines, IA	28:14	9:05
45	22	W30	Marya Swenson, 31*, Des Moines, IA	28:16	9:06
96	30	M30	patrick miller, 33, Des Moines, IA	28:18	9:07
46	8	W20	Dani Kist, 26*, Johnston, IA	28:19	9:07
47	9	W20	Tessa Murphy, 29*, Urbandale, IA	28:26	9:09
48	3	W50	Sherri Bowen, 50*, Johnston, IA	28:29	9:10
97	12	M20	Matthew Johnson, 26, Des Moines, IA	28:33	9:11
49	10	W20	Alexandra Erickson, 27*, Des Moines, IA	28:34	9:11
98	13	M20	Jason Ostergaard, 24, Des Moines, IA	28:36	9:12
99	14	M20	Joey Walsh, 26, Des Moines, IA	28:37	9:13
50	9	JrW	Rebecca Osthus, 13*, Des Moines, IA	28:38	9:13
51	6	W40	Laura Higgins, 45*, Des Moines, IA	28:39	9:13
52	4	W50	LuAnn Ostergaard, 53*, Des Moines, IA	28:39	9:13
100	13	M50	Joel Mangold, 50, Des Moines, IA	28:42	9:14
101	14	M50	Jim Horton, 58, Des Moines, IA	28:45	9:15
53	23	W30	Kim Hoover, 33*, Urbandale, IA	28:46	9:15
102	3	M60	David DeBord, 66, Des Moines, IA	28:50	9:17
54	10	JrW	Bella Heidesch, 11*, Urbandale, IA	28:52	9:17
55	7	W40	Mendy Heidesch, 40*, Urbandale, IA	28:55	9:18
56	11	W20	Elizabeth Vangundy, 28*, Johnston, IA	28:59	9:20
57	12	W20	Jenny Tran-Johnson, 29*, Des Moines, IA	29:01	9:20
103	4	M60	David Ersland, 68, Humboldt, IA	29:02	9:21
58	5	W50	Patricia Toal, 56*, Rhodes, IA	29:13	9:24
104	31	M40	Michael Ream, 41, Des Moines, IA	29:17	9:26
105	32	M40	Craig Logemann, 47, Ankeny, IA	29:19	9:26
59	13	W20	Nicole Lindquist, 29*, CoUncil Bluffs, IA	29:20	9:26
60	8	W40	Heather Vering, 41*, Waverly, IA	29:22	9:27
106	11	JrM	Nick Kepford, 9, Waverly, IA	29:23	9:27
61	9	W40	Wendy Kepford, 43*, Waverly, IA	29:23	9:27
107	31	M30	marcus brooker, 37, bondurant, IA	29:24	9:28
62	24	W30	Erin Publow, 33*, West Des Moines, IA	29:24	9:28
108	15	M20	Andy Fischer, 28, Des Moines, IA	29:25	9:28
109	32	M30	Nathan Cmelik, 34, Sauk Rapids, MN	29:26	9:28
63	6	W50	Sharon Dreyer, 54*, Urbandale, IA	29:27	9:29

64	25	W30	Jeneane Moody, 39*, Des Moines, IA	29:31	9:30
110	33	M30	Garrett Buffenbarger, 32, Des Moines, IA	29:34	9:31
111	16	M20	Craig Bonney, 29, Des Moines, IA	29:38	9:32
65	14	W20	Sara Bonney, 27*, Des Moines, IA	29:39	9:32
112	33	M40	Michael Murphy, 47, Des Moines, IA	29:40	9:33
66	26	W30	Jeni Pulliam, 32*, Des Moines, IA	29:54	9:37
67	11	JrW	Bella Keefe, 9*, Des Moines, IA	29:54	9:37
113	34	M40	Brian Koefe, 44, Des Moines, IA	29:57	9:38
114	35	M40	Todd Albracht, 40, Des Moines, IA	29:57	9:38
115	34	M30	E Dean Putnam, 35, Des Moines, IA	29:59	9:39
116	36	M40	Aaron Putnam, 42, Des Moines, IA	30:06	9:41
68	27	W30	Kym Dresback, 31*, Urbandale, IA	30:06	9:41
117	15	M50	Jeff Nelson, 57, Manning, IA	30:07	9:42
69	10	W40	Trina Braafhart, 41*, Des Moines, IA	30:15	9:44
70	15	W20	Andrea Ahrenholtz, 29*, Harlan, IA	30:18	9:45
71	28	W30	Michele Scaglione, 38*, Des Moines, IA	30:20	9:46
118	37	M40	Dean Ostovich, 45, Des Moines, IA	30:23	9:47
119	17	M20	Scott Pierce, 26, Johnston, IA	30:24	9:47
120	38	M40	Jim Allen, 44, Waukee, IA	30:26	9:47
72	29	W30	Anna Buckler, 35*, Kearney, MO	30:28	9:48
73	7	W50	Kathy Mendel, 55*, Phoenix, AZ	30:29	9:49
74	16	W20	Laura Hirl, 27*, Des Moines, IA	30:30	9:49
75	17	W20	Megan Brunk, 27*, West Des Moines, IA	30:31	9:49
121	16	M50	Brad Brunk, 52, West Des Moines, IA	30:34	9:50
76	11	W40	Dawn Taute, 40*, Paton, IA	30:35	9:50
122	39	M40	Chad Taute, 43, Paton, IA	30:47	9:54
123	18	M20	Adam De Cook, 21, Carlisle, IA	30:48	9:55
124	35	M30	Scott Stegg, 32, Ankeny, IA	30:49	9:55
77	30	W30	Jennifer Veenstra, 34*, Knoxville, IA	30:50	9:55
78	31	W30	Becky Petersen, 34*, Carlisle, IA	30:53	9:56
125	36	M30	Ron Petersen, 37, Carlisle, IA	30:57	9:58
79	12	W40	Tonia Aranza, 41*, Omaha, NE	30:58	9:58
126	17	M50	Ray Aranza, 54, Omaha, NE	30:58	9:58
80	13	W40	Joanne Bell, 49*, Des Moines, IA	31:01	9:59
81	18	W20	Tricia Potter, 28*, Des Moines, IA	31:01	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
127	40	M40	Joseph Famsworth, 45, Des Moines, IA	31:04	10:00
82	19	W20	Jen Brown, 29*, Des Moines, IA	31:04	10:00
83	20	W20	Brianna Damstetter, 27*, Des Moines, IA	31:18	10:04
84	21	W20	Ashley Adams, 28*, Des Moines, IA	31:18	10:04
128	19	M20	Tony Herold, 29, Des Moines, IA	31:28	10:08
85	32	W30	Heather Mora, 38*, Norwalk, IA	31:29	10:08
86	33	W30	Jamie Stanton, 35*, Des Moines, IA	31:29	10:08
87	34	W30	Connie Paoli, 39*, Des Moines, IA	31:30	10:08
88	14	W40	Andrea Carmichael, 40*, Des Moines, IA	31:38	10:11
89	22	W20	emily burt, 28*, Des Moines, IA	31:39	10:11
90	15	W40	Jean Sheets, 47*, Nevada, IA	31:39	10:11
91	8	W50	Jenny Schiltz, 53*, Des Moines, IA	31:39	10:11
92	9	W50	Patti Wachtendorf, 53*, Des Moines, IA	31:40	10:11
93	16	W40	Jody Lehman, 46*, Grimes, IA	31:46	10:13
94	23	W20	Amy Jackson, 27*, Urbandale, IA	31:50	10:15
95	35	W30	Kimberly Welge, 36*, West Des Moines, IA	31:59	10:17
96	24	W20	Shannon Dierks, 24*, Plymouth, MN	32:12	10:22
129	18	M50	Tom Dierks, 53, Plymouth, MN	32:17	10:23
97	36	W30	Alana Schares, 36*, Urbandale, IA	32:17	10:23
98	25	W20	Elise Schiltz, 25*, Des Moines, IA	32:21	10:25
130	37	M30	Tom Brazelton, 34, Ankeny, IA	32:25	10:26
99	10	W50	Sue Bata, 55*, Urbandale, IA	32:28	10:27
100	11	W50	Cheri Judd, 51*, Urbandale, IA	32:29	10:27
131	20	M20	Derek Van Wyk, 25, Carlisle, IA	32:36	10:30
101	12	W50	Julie Hedges, 53*, Des Moines, IA	32:37	10:30
132	41	M40	Chad Coffin, 41, Des Moines, IA	32:40	10:31
133	21	M20	Dan Zepeda, 28, Des Moines, IA	32:40	10:31
102	37	W30	Megan Hemmer, 31*, West Des Moines, IA	32:45	10:32
134	42	M40	Michael Marturello, 47, Clive, IA	32:46	10:33

103	12 JrW	Tori Kepford, 14*, Waverly, IA	32:56	10:36							
104	26 W20	Rachael Muhs, 26*, Ames, IA	33:06	10:39							
135	22 M20	Stith Wiggs, 26, Ames, IA	33:08	10:40							
136	23 M20	Torey Robinson, 22, Des Moines, IA	33:09	10:40							
105	17 W40	Tara Murphy, 46*, Des Moines, IA	33:36	10:49							
106	38 W30	Faye Damanti, 32*, Hendersonville, TN	33:38	10:49							
107	39 W30	Selma Brkic, 30*, Des Moines, IA	33:42	10:51							
137	38 M30	A Herman, 33, Urbandale, IA	33:43	10:51							
108	40 W30	Anna Smith, 32*, Des Moines, IA	33:43	10:51							
138	39 M30	Steve Smith, 37, Des Moines, IA	33:46	10:52							
109	27 W20	Catherine Reynolds, 20*, Carlisle, IA	33:47	10:52							
110	41 W30	kathryn fehring, 36*, Des Moines, IA	33:50	10:53							
111	42 W30	Melissa Knutson, 32*, Johnston, IA	33:53	10:54							
139	40 M30	Chris Stuck, 36, Des Moines, IA	33:57	10:55							
112	43 W30	Terri Douglas, 31*, Des Moines, IA	33:59	10:56							
113	44 W30	Lisa Vroom, 32*, Runnells, IA	34:00	10:56							
140	43 M40	Steven Fuqua, 48, Des Moines, IA	34:02	10:57							
114	28 W20	Emily Patterson, 29*, Grimes, IA	34:03	10:57							
115	45 W30	Anne Wright, 33*, Des Moines, IA	34:06	10:58							
116	46 W30	Pam Mahoney, 36*, Urbandale, IA	34:08	10:59							
Pace:	6:00	7:00	8:00	9:00	10:00	11:00	12:00	13:00	14:00	15:00	Top
117	18 W40	Alison Collette, 42*, Waukee, IA	34:26	11:05							
118	29 W20	Ann Cavin, 27*, West Des Moines, IA	34:40	11:09							
119	47 W30	Jessica Durand, 30*, Des Moines, IA	34:44	11:11							
120	48 W30	Hilary Warner, 32*, West Des Moines, IA	34:44	11:11							
121	30 W20	Stephanie Walz, 25*, Windsor Heights, IA	34:55	11:14							
122	49 W30	Franny Medeiros, 38*, Des Moines, IA	35:05	11:17							
123	50 W30	Elizabeth Wilson, 35*, Des Moines, IA	35:11	11:19							
141	19 M50	Sam Carrell, 51, Des Moines, IA	35:12	11:20							
142	12 JrM	Oliver Carrell, 12, Des Moines, IA	35:13	11:20							
124	13 W50	Ciney Cooper, 55*, Des Moines, IA	35:14	11:20							
125	1 W60	Barbara Braafhart, 63*, Pella, IA	35:17	11:21							
126	19 W40	Dawn Young, 41*, Ankeny, IA	35:19	11:22							
127	20 W40	Carolyn Winegar, 49*, Prairie City, IA	35:20	11:22							
128	31 W20	Lindsey DeVolder, 28*, Des Moines, IA	35:25	11:24							
129	51 W30	Amber Johnson, 30*, West Des Moines, IA	35:33	11:26							
143	5 M60	Ron Tasler, 60, Jefferson, IA	35:33	11:26							
130	32 W20	Danielle Sauka, 25*, Des Moines, IA	35:35	11:27							
144	6 M60	Kevin Cooney, 60, Des Moines, IA	35:36	11:27							
145	44 M40	Bekir Becic, 40, Des Moines, IA	35:36	11:27							
131	14 W50	Erin Hefner, 51*, Urbandale, IA	35:44	11:30							
132	21 W40	Tina Carpenter, 49*, Pleasant Hill, IA	35:48	11:31							
133	22 W40	Lisa Wiley, 40*, Ankeny, IA	35:51	11:32							
146	13 JrM	Ben Lehman, 14, Polk City, IA	35:53	11:33							
147	45 M40	Aaron Lehman, 44, Polk City, IA	36:00	11:35							
134	33 W20	Ann McTaggart, 29*, Des Moines, IA	36:01	11:35							
148	41 M30	Michael McTaggart, 36, Des Moines, IA	36:07	11:37							
135	52 W30	Heather Hutzal, 36*, Grimes, IA	36:07	11:37							
149	24 M20	Steven Aukes, 23, Ankeny, IA	36:10	11:38							
136	13 JrW	Madi Packer, 15*, Ames, IA	36:12	11:39							
150	46 M40	Alan Aukes, 44, PaRkersburg, IA	36:15	11:40							
137	53 W30	Lisa Packer, 39*, Ames, IA	36:16	11:40							
138	14 JrW	Kenna Marquardt, 13*, Paton, IA	36:21	11:42							
139	23 W40	Deb Marquardt, 49*, Paton, IA	36:21	11:42							
140	34 W20	Katie Vasquez, 25*, Des Moines, IA	36:21	11:42							
141	24 W40	Stephanie Swartz, 40*, Des Moines, IA	36:22	11:42							
142	54 W30	Shannon Brostad, 35*, Des Moines, IA	36:23	11:42							
143	25 W40	Jodi Osthus, 42*, Des Moines, IA	36:25	11:43							
144	26 W40	DeVon Snow, 45*, Des Moines, IA	36:30	11:45							
145	27 W40	Julie Bittle, 45*, Des Moines, IA	36:30	11:45							
146	28 W40	Kristene Walz, 48*, Windsor Heights, IA	36:31	11:45							
147	55 W30	Gretchen Seiler, 35*, Des Moines, IA	36:34	11:46							
151	47 M40	Erin Yacinich, 45, Des Moines, IA	36:36	11:47							
148	29 W40	Carey Dunley-Carlson, 46*, Johnston, IA	36:37	11:47							
149	56 W30	Amy Boyce, 32*, Urbandale, IA	36:45	11:50							

152	14	JrM	Morgan Judge, 11, Des Moines, IA	36:50	11:51
150	57	W30	Julie Swift, 33*, Waukee, IA	37:13	11:59
151	30	W40	Traci Lemley, 43*, Waukee, IA	37:16	11:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
152	2	W60	Maryanne Sobiech, 66*, Des Moines, IA	37:16	12:00
153	58	W30	Bonnie Baumhardt, 35*, Urbandale, IA	37:24	12:02
153	25	M20	Steven Hopper, 28, Des Moines, IA	37:26	12:03
154	59	W30	Heather Lloyd, 37*, Ankeny, IA	37:30	12:04
154	20	M50	Mike Long, 54, Ankeny, IA	37:32	12:05
155	21	M50	Michael Finan, 57, Johnston, IA	37:35	12:06
155	15	JrW	Intisar Becic, 12*, Des Moines, IA	37:36	12:06
156	15	W50	Vivian Masters, 53*, Des Moines, IA	37:38	12:07
157	60	W30	Manon Bryant, 35*, Urbandale, IA	37:44	12:09
158	31	W40	Dawn Reece, 45*, Pleasant Hill, IA	38:06	12:16
159	61	W30	Bethany Hopper, 30*, Des Moines, IA	38:13	12:18
156	7	M60	Tom Selander, 62, Des Moines, IA	38:14	12:18
157	22	M50	Leroy Edge, 56, Adel, IA	38:15	12:19
160	62	W30	Kim Dorenkamp, 36*, Norwalk, IA	38:16	12:19
161	63	W30	Kari Vondrak, 32*, Kingsley, IA	38:16	12:19
162	32	W40	Sharon Provost, 43*, Des Moines, IA	38:19	12:20
163	16	W50	Deb Medici-Feick, 52*, Granger, IA	38:20	12:20
164	64	W30	Anna LaGrossa, 31*, Des Moines, IA	38:34	12:25
158	42	M30	Brent Hoffman, 36, Des Moines, IA	38:38	12:26
165	35	W20	Emili Vondrak, 27*, Storm Lake, IA	38:38	12:26
166	33	W40	Ann Marie Nelson, 41*, Des Moines, IA	39:21	12:40
167	34	W40	Donna Rice, 47*, Ankeny, IA	39:24	12:41
168	65	W30	Kacie Sires, 35*, Johnston, IA	39:28	12:42
169	66	W30	michelle orosco, 37*, Johnston, IA	39:29	12:42
170	35	W40	Susan Olson, 43*, Ankeny, IA	39:29	12:42
171	36	W40	Richelle Lowery, 43*, Johnston, IA	39:33	12:44
172	17	W50	Marcie Morrison, 58*, West Des Moines, IA	39:34	12:44
173	37	W40	Sheila Allen, 42*, West Des Moines, IA	39:34	12:44
174	38	W40	Chris Burg, 43*, Polk City, IA	39:50	12:49
175	67	W30	Amber Siever, 39*, Des Moines, IA	39:55	12:51
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
159	43	M30	Bryan Siever, 38, Des Moines, IA	40:31	13:02
176	18	W50	Becky Selander, 52*, Des Moines, IA	40:32	13:03
177	19	W50	Sue Banitt, 54*, Rochester, MN	40:36	13:04
178	36	W20	Katie Seda, 29*, Urbandale, IA	40:39	13:05
179	37	W20	Nicole Anderson, 27*, Urbandale, IA	40:54	13:10
180	16	JrW	Elsa Anderson, 14*, Des Moines, IA	40:54	13:10
160	48	M40	Steve Anderson, 49, Des Moines, IA	41:00	13:12
181	68	W30	Kristi Bahr, 34*, Sioux City, IA	41:03	13:13
182	69	W30	Alyssa Clabaugh, 34*, Clive, IA	41:03	13:13
161	44	M30	Mike Clabaugh, 35, Clive, IA	41:04	13:13
183	38	W20	Danielle Van Wyk, 23*, Carlisle, IA	41:04	13:13
162	23	M50	Craig Torkelson, 52, West Des Moines, IA	41:05	13:13
163	49	M40	Scott Christensen, 41, Urbandale, IA	41:13	13:16
184	70	W30	Carlyn Cox, 31*, Indianola, IA	41:25	13:20
185	39	W20	Nicole Houston, 26*, Des Moines, IA	41:34	13:22
186	39	W40	Melanie Frausto, 41*, Des Moines, IA	41:50	13:28
164	24	M50	Eddie Frausto, 52, Des Moines, IA	41:52	13:28
187	71	W30	Amanda Crabbs, 33*, Urbandale, IA	41:57	13:30
165	8	M60	David Montgomery, 63, Clive, IA	42:39	13:43
188	72	W30	Jen Fine-Pederson, 37*, Johnston, IA	42:43	13:45
189	17	JrW	Madison Brueck, 17*, Polk City, IA	42:43	13:45
166	50	M40	Corrie Burg, 40, Polk City, IA	43:11	13:54
190	18	JrW	Allyssa Burg, 11*, Polk City, IA	43:15	13:55
167	9	M60	Steven Goers, 60, Johnston, IA	43:16	13:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
191	40	W20	Kristine Erickson, 25*, Paton, IA	43:46	14:05
192	41	W20	Katie Henderson, 28*, Waukee, IA	43:48	14:06
193	73	W30	Jennifer York, 32*, Waukee, IA	43:55	14:08
194	74	W30	Lacy Schmidt, 33*, Des Moines, IA	43:55	14:08
195	42	W20	Kelly Percival, 24*, West Des Moines, IA	43:59	14:09

196	43	W20	Fallon Parker, 25*, Des Moines, IA	44:38	14:22																
197	75	W30	Carla Underwood, 35*, Centerville, IA	44:38	14:22																
198	76	W30	Nancy Huisman, 35*, Centerville, IA	45:02	14:30																
168	10	M60	Michael Scholer, 65, Des Moines, IA	45:03	14:30																
169	25	M50	Joan McCleish, 54, Des Moines, IA	45:06	14:31																
199	20	W50	Diane Finan, 57*, Johnston, IA	45:15	14:34																
200	21	W50	Barb Hawkins, 58*, Cincinnati, IA	45:16	14:34																
201	77	W30	Amber Winn, 35*, Centerville, IA	45:33	14:39																
170	45	M30	Marc Brooker, 37, bondurant, IA	45:33	14:40																
Pace:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
171	26	M50	Kevin Reis, 53, Coon Rapids, IA	46:37	15:00																
202	40	W40	Rhonda Reis, 49*, Coon Rapids, IA	46:51	15:05																
203	41	W40	Nancy Milgrim, 46*, Prairie Village, KS	46:51	15:05																
204	42	W40	Michelle Soyer, 49*, Johnston, IA	46:52	15:05																
205	22	W50	Stacy Harms, 50*, Runnells, IA	46:52	15:05																
206	44	W20	Carly Marquardt, 24*, Paton, IA	48:17	15:32																
172	27	M50	Keith Harms, 55, Runnells, IA	48:22	15:34																
Pace:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
173	46	M30	Ryan Clausen, 33, Des Moines, IA	50:14	16:10																
207	45	W20	Sarah Clausen, 28*, Des Moines, IA	50:15	16:10																
208	19	JrW	Hannah Hawkins, 12*, Centerville, IA	50:16	16:11																
209	78	W30	Crystal Towers, 30*, Ankeny, IA	50:16	16:11																
210	20	JrW	Avery Hawkins, 9*, Cincinnati, IA	51:27	16:33																
Pace:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
211	79	W30	Emilee Lindley, 37*, Richfield, MN	52:57	17:02																
212	3	W60	Marcia Schoeppner, 60*, Des Moines, IA	53:04	17:05																
213	23	W50	Kara Rice, 55*, Des Moines, IA	53:05	17:05																
174	15	JrM	Parker Banks, 12, Waukee, IA	53:05	17:05																
214	43	W40	Melanie Holtan, 44*, Waukee, IA	53:06	17:05																
175	47	M30	Eric Banks, 37, Waukee, IA	53:06	17:05																
215	80	W30	Courtney Hawkins, 38*, Cincinnati, IA	53:52	17:20																
216	46	W20	ashley hawkins, 29*, Cincinnati, IA	54:43	17:37																
217	81	W30	Samantha Chambers, 35*, Des Moines, IA	54:44	17:37																
218	47	W20	Amanda Knutson, 22*, farmington, MN	54:46	17:37																
176	11	M60	Doug Walker, 65, Paton, IA	54:48	17:38																
177	48	M30	Adam Smith, 35, Des Moines, IA	55:13	17:46																
219	82	W30	Gentry Smith, 35*, Des Moines, IA	55:52	17:59																
Pace:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
220	83	W30	Walker Angela, 31*, Chicago, IL	56:19	18:07																
221	84	W30	Maureen Jacoby, 31*, West Des Moines, IA	56:21	18:08																
178	49	M30	Kyle Ahrenholtz, 32, Harlan, IA	56:22	18:08																
222	85	W30	Angela Ocker, 36*, Centerville, IA	56:22	18:09																
223	86	W30	Courtney Koestner, 39*, Centerville, IA	56:23	18:09																
224	87	W30	Rachel Hurley, 37*, Johnston, IA	56:26	18:10																
225	88	W30	Brandi Lafrenz, 34*, Pleasant Hill, IA	57:06	18:23																
179	28	M50	Scott Gaulter, 54, Clive, IA	57:06	18:23																
226	24	W50	Peggy Gaulter, 53*, Clive, IA	57:20	18:27																
227	48	W20	Nicole Drake, 29*, West Des Moines, IA	57:21	18:27																
180	26	M20	Brian Towers, 29, Ankeny, IA	57:23	18:28																
228	89	W30	Stacey Cochran, 39*, Centerville, IA	57:23	18:28																
229	90	W30	Leslie Kovacevich, 36*, Centerville, IA	57:36	18:32																
230	91	W30	Buffy Hurley, 34*, Mystic, IA	57:36	18:32																
181	27	M20	Kyle Soyer, 20, Johnston, IA	57:36	18:32																
182	12	M60	Homer Hill, 63, Norwalk, IA	57:38	18:33																
231	44	W40	Angie Horras, 46*, Des Moines, IA	57:39	18:33																
232	45	W40	Carmen Raymond, 42*, Des Moines, IA	57:43	18:34																
233	25	W50	Tammera Pierson, 52*, Des Moines, IA	57:46	18:35																
183	29	M50	Sandy Miner, 57, Des Moines, IA	57:46	18:35																
184	30	M50	Mary Mason, 58, Des Moines, IA	58:22	18:47																
185	13	M60	Larry West, 64, Clive, IA	58:22	18:47																
186	51	M40	Obo McGilicuy, 42, Cumming, IA	58:43	18:54																
Pace:	6:00		7:00		8:00		9:00		10:00		11:00		12:00		13:00		14:00		15:00		Top
234	26	W50	Marcia Tasler, 54*, Churdan, IA	59:24	19:07																
187	50	M30	Nick Erickson, 32, Boone, IA	59:25	19:07																
235	92	W30	Lisa Erickson, 31*, Boone, IA	59:26	19:08																

236	21 JrW	Jaislynn Happe, 11*	Jefferson, IA	59:33	19:10
188	16 JrM	Gage Michaelson, 10	Jefferson, IA	59:33	19:10

* indicates females

2 finishers among Males (no age given)

16 finishers among Men Under 20

27 finishers among Men 20 - 29

50 finishers among Men 30 - 39

51 finishers among Men 40 - 49

30 finishers among Men 50 - 59

13 finishers among Men 60 & Up

21 finishers among Women Under 20

48 finishers among Women 20 - 29

92 finishers among Women 30 - 39

45 finishers among Women 40 - 49

26 finishers among Women 50 - 59

3 finishers among Women 60 & Up

189 male finishers

235 female finishers

424 total finishers

Return to [home page](#).