

Beaverdale Beaverdash 5 km 2007**Des Moines, IA****Sept. 22, 2007**

Beautiful

Results by Michael Franke

1 Mile results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M30 Julius Rotich, 32, West Des Moines, IA	15:39	5:02
2	1	M20 Timothy Ives, 27, Des Moines, IA	15:51	5:06
3	2	M30 Andrew Rinn, 39, West Des Moines, IA	16:02	5:10
4	2	M20 Seth Comfort, 26, Des Moines, IA	16:33	5:19
5	3	M30 Louis DeWild, 33, Des Moines, IA	16:46	5:24
6	3	M20 Greg Bell, 29, Ankeny, IA	16:51	5:25
7	4	M30 Kevin Barnes, 35, Indianola, IA	16:52	5:25
8	5	M30 Patrick Riley, 34, Des Moines, IA	17:01	5:28
9	6	M30 Stacy Garrels, 31, Indianola, IA	17:33	5:39
10	4	M20 Darin Arkema, 29, Sully, IA	17:38	5:41
11	1	M15 Anthony Ayala, 19, Des Moines, IA	17:43	5:42
12	2	M15 James Kent, 15, Des Moines, IA	17:53	5:45
13	5	M20 Caleb Brown, 27, Des Moines, IA	17:55	5:46
14	6	M20 Chris Nealy, 27, Des Moines, IA	17:59	5:47
15	1	M11 Conor Wells, 14, Des Moines, IA	18:03	5:48
16	7	M30 Brian Bickel, 31, Des Moines, IA	18:03	5:49
17	8	M30 Rocky Hardy, 32, West Des Moines, IA	18:04	5:49
18	7	M20 Ryan Thompson, 27, Des Moines, IA	18:07	5:50
1	1	W20 Kristy Feldman, 27*, West Des Moines, IA	18:18	5:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
19	3	M15 Michael Donahue, 18, Des Moines, IA	18:48	6:03
2	1	W15 Obsie Birru, 18*, Des Moines, IA	19:02	6:07
20	1	M50 Tom Huer, 50, Des Moines, IA	19:03	6:08
21	2	M11 Christopher Welch, 12, Albia, IA	19:04	6:08
22	8	M20 Bryan Becker, 25, Waukee, IA	19:05	6:08
23	2	M50 Mark Clark, 50, Des Moines, IA	19:09	6:10
24	9	M30 Chris Siewert, 36, Urbandale, IA	19:14	6:11
25	9	M20 Jeff Prill, 20, Des Moines, IA	19:15	6:11
26	10	M30 Jim Turner, 31, Urbandale, IA	19:15	6:12
27	11	M30 Rob Fornoff, 31, Ankeny, IA	19:15	6:12
28	12	M30 Patrick Hennes, 32, Ankeny, IA	19:18	6:13
29	3	M11 Clifford Burleson, 14, Grimes, IA	19:20	6:13
30	13	M30 Dave Olsen, 35, West Des Moines, IA	19:22	6:14
31	14	M30 Jay Cox, 34, West Des Moines, IA	19:30	6:16
32	10	M20 Brian Schwartz, 27, Des Moines, IA	19:31	6:17
33	4	M15 Dylan Huer, 18, Des Moines, IA	19:33	6:17
34	11	M20 Kent Carlson, 28, Des Moines, IA	19:33	6:17
35	4	M11 Lincoln Eppard, 14, Johnston, IA	19:37	6:19
36	1	M40 Jeff Lorenzen, 42, Des Moines, IA	19:44	6:21
37	15	M30 Brian Krueger, 36, Urbandale, IA	19:51	6:23
38	2	M40 Brian Willem, 45, Urbandale, IA	19:53	6:24
39	3	M40 Todd Bindel, 40, West Des Moines, IA	19:59	6:26
40	5	M11 Nick Coleman, 14, Des Moines, IA	20:03	6:27

41	4	M40	Dan Gustafson, 44, West Des Moines, IA	20:03	6:27
3	2	W20	Jane Riessen, 29*, Des Moines, IA	20:07	6:28
42	16	M30	Mark Yontz, 39, Urbandale, IA	20:08	6:29
43	12	M20	Phillip Keys, 27, Ankeny, IA	20:08	6:29
44	17	M30	Steven Robinson, 34, Des Moines, IA	20:19	6:32
45	5	M15	Christian Albaugh, 15, Des Moines, IA	20:20	6:33
46	18	M30	Brad Brotherton, 34, Polk City, IA	20:20	6:33
4	1	W40	Carla Stoner, 45*, West Des Moines, IA	20:23	6:34
47	19	M30	Chris Albright, 32, Norwalk, IA	20:26	6:34
5	3	W20	Annie McInnis, 21*, Omaha, NE	20:32	6:36
48	3	M50	Randy Davis, 51, Altoona, IA	20:32	6:36
49	6	M15	John Preston, 15, Des Moines, IA	20:34	6:37
50	5	M40	Steve Falck, 49, Des Moines, IA	20:34	6:37
51	13	M20	Matt Brostad, 26, Storm Lake, IA	20:37	6:38
52	6	M40	Alan Alberto, 42, Clive, IA	20:39	6:39
53	7	M40	Herb Hollwager, 41, Des Moines, IA	20:41	6:39
6	4	W20	Jayne Anderson, 28*, Des Moines, IA	20:42	6:40
54	1	M60	Don Utsinger, 60, Cedar Rapids, IA	20:46	6:41
55	20	M30	Rob Hansen, 35, Des Moines, IA	20:47	6:41
56	21	M30	Michael Leith, 30, Grimes, IA	20:49	6:42
57	4	M50	Roy Ney, 59, Des Moines, IA	20:55	6:44
58	22	M30	Jeff Cunningham, 30, Urbandale, IA	21:00	6:45
59	6	M11	Drew Waters, 14, Des Moines, IA	21:00	6:45
60	14	M20	Able Mahaffey, 29, Altoona, IA	21:03	6:46
61	7	M11	Kyle Hecht, 14, Des Moines, IA	21:10	6:48
62	23	M30	Andy Roat, 35, Des Moines, IA	21:16	6:51
63	24	M30	Jeremy Mueller, 30, West Des Moines, IA	21:17	6:51
64	7	M15	Ted Marsh, 15, Des Moines, IA	21:18	6:51
7	1	W11	Baiely Eppard, 12*, Johnston	21:19	6:51
65	25	M30	Eric Wagner, 32, Urbandale, IA	21:22	6:53
8	5	W20	Kayte Atkins, 26*, Des Moines, IA	21:27	6:54
66	8	M40	Dennis Vaske, 47, West Des Moines, IA	21:30	6:55
67	26	M30	Matt Anderson, 37, Des Moines, IA	21:32	6:56
68	27	M30	Keith Kroner, 36, Des Moines, IA	21:39	6:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top					
69	15	M20	Bradley Jordison, 25, Des Moines, IA	21:45	7:00
70	28	M30	Ian Bradley, 38, Johnston, IA	21:46	7:00
71	5	M50	Gary Bloom, 52, Cokato, MN	21:47	7:00
72	2	M60	Joe Keefer, 60, Des Moines, IA	21:51	7:02
73	8	M11	John Worley, 14, Urbandale, IA	21:52	7:02
74	16	M20	Chad Devoider, 27, Des Moines, IA	22:00	7:05
75	17	M20	Corey Dossett, 22, Glendale, WI	22:01	7:05
76	8	M15	jake perington, 15, Johnston, IA	22:05	7:06
77	9	M15	Justin Coaldrake, 15, Johnston, IA	22:06	7:07
78	18	M20	Mike Brostad, 26, Storm Lake, IA	22:06	7:07
9	6	W20	Audrey Bell, 27*, Ankeny, IA	22:10	7:08
10	1	W30	Katie Thilges, 33*, Ankeny, IA	22:14	7:09
79	6	M50	John Brostad, 50, Storm Lake, IA	22:25	7:13
11	2	W40	Katie Pilcher, 40*, Des Moines, IA	22:30	7:14
80	9	M40	Scott Steelman, 44, West Des Moines, IA	22:33	7:15
81	19	M20	Mike McGinn, 26, Des Moines, IA	22:34	7:16
12	2	W15	Laura Hilby, 17*, Johnston, IA	22:35	7:16
13	3	W15	Molli Nipp, 16*, Johnston, IA	22:35	7:16
14	4	W15	Anna Belner, 15*, Johnston, IA	22:36	7:16
15	2	W11	Alyssa Eaves, 14*, Johnston, IA	22:37	7:17
82	29	M30	Matt Jackson, 31, Des Moines, IA	22:38	7:17
83	30	M30	Matt Clausen, 34, Urbandale, IA	22:39	7:17
84	10	M40	glen dippold, 45, Clive, IA	22:40	7:18
85	20	M20	Mikel Morris, 27, Des Moines, IA	22:40	7:18
86	9	M11	Zack Robinson, 12, Johnston, IA	22:41	7:18
87	31	M30	Jason Simpson, 31, Des Moines, IA	22:43	7:19
88	10	M11	Andrew Keech, 12, Johnston, IA	22:44	7:19
89	32	M30	Victor Young, 31, Des Moines, IA	22:45	7:19
16	2	W30	Krista Banyas, 32*, Altoona, IA	22:47	7:20

90	11	M11 Dakota Weeter, 12, Johnston, IA	22:48	7:20
91	21	M20 Kurt Sparks, 29, Des Moines, IA	22:50	7:21
92	11	M40 Randy Sutton, 41, Ankeny, IA	22:51	7:21
93	33	M30 Lance Nelson, 38, Des Moines, IA	22:51	7:21
94	34	M30 Matthew Ripley, 33, Perry, IA	22:52	7:21
95	35	M30 Ryan dixon, 34, Urbandale, IA	23:00	7:24
96	7	M50 James Rohret, 59, Des Moines, IA	23:03	7:25
17	3	W11 Ashlee Hulbert, 14*, Johnston, IA	23:03	7:25
18	7	W20 Andrea Rothrock, 25*, Ankeny, IA	23:06	7:26
97	12	M40 Bill Krier, 49, Urbandale, Ia	23:11	7:27
19	5	W15 Amber Clock, 15*, Johnston, IA	23:11	7:27
20	6	W15 Amy Kruger, 16*, Grimes, IA	23:11	7:28
21	7	W15 Amanda Philip, 15*, Des Moines, IA	23:12	7:28
22	8	W15 Nicole Meyer, 16*, Johnston, IA	23:13	7:28
98	10	M15 Sam Burt, 15, Des Moines	23:13	7:28
99	36	M30 Alex Gonzalez, 39, Des Moines, IA	23:13	7:28
23	8	W20 Laura Boroughs, 23*, Cimarron, KS	23:14	7:28
24	9	W20 Melissa Coleman, 27*, Ankeny, IA	23:14	7:29
25	9	W15 Kayleigh Wren, 16*, Des Moines, IA	23:15	7:29
26	10	W20 Amy Petersen, 27*, Des Moines, IA	23:16	7:29
100	13	M40 Thomas Duff, 44, Des Moines, IA	23:19	7:30
27	11	W20 Jackie Paul, 22*, Ankeny, IA	23:19	7:30
101	37	M30 joshua johnson, 31, Clive, IA	23:21	7:31
28	4	W11 Abigail Vaughan, 11*, Des Moines, IA	23:21	7:31
102	11	M15 James Becvar, 18, Waukee, IA	23:23	7:31
103	38	M30 Dwight Rastetter, 36, Johnston, IA	23:23	7:31
104	12	M15 Matt Knoedel, 16, Urbandale, IA	23:26	7:32
105	39	M30 David Olberding, 37, Ankeny, IA	23:26	7:32
106	14	M40 Shawn Finney, 43, Waukee, IA	23:30	7:34
107	8	M50 Al Hildestad, 58, Des Moines, IA	23:30	7:34
29	12	W20 Mary Tesdall, 28*, Urbandale, IA	23:30	7:34
108	40	M30 Todd Hall, 39, Adel, IA	23:31	7:34
109	22	M20 Peter Iacovazzi, 26, West Des Moines, IA	23:32	7:34
110	12	M11 Kyle Naig, 14, Johnston, IA	23:35	7:35
111	15	M40 Kent Hicok, 40, Dallas Center, IA	23:36	7:36
30	3	W40 Shari Osier, 41*, Bondurant, IA	23:37	7:36
31	3	W30 Kathy Nettleton, 39*, Des Moines, IA	23:40	7:37
112	23	M20 Zach Arlen, 23, West Des Moines, IA	23:45	7:39
113	41	M30 Charles Graham, 30, Des Moines, IA	23:49	7:40
32	5	W11 Alexandra Hawks, 14*, Urbandale, IA	23:52	7:41
33	6	W11 Victoria Horstman, 14*, Urbandale, IA	23:53	7:41
114	9	M50 Dennis Woline, 56, Des Moines, IA	23:53	7:41
34	7	W11 Kelly McGowan, 14*, Urbandale, IA	23:54	7:41
35	4	W30 Shelley Sessler, 32*, Urbandale, IA	23:56	7:42
115	42	M30 Erik Marzen, 33, Des Moines, IA	23:56	7:42
116	10	M50 John Just, 52, Des Moines, IA	23:56	7:42
117	13	M11 Harrison Farrell, 13, Des Moines, IA	24:01	7:44
118	43	M30 Dan Davis, 35, Urbandale, IA	24:03	7:44
119	44	M30 Wade Den Hartog, 33, Des Moines, IA	24:04	7:45
120	14	M11 Alexander Hershey, 13, Johnston, IA	24:05	7:45
36	5	W30 julie jones, 36*, Sully, IA	24:06	7:45
121	11	M50 Scott Avitt, 54, Des Moines, IA	24:09	7:46
122	45	M30 Brad Leu, 30, Des Moines, IA	24:11	7:47
123	16	M40 Kelly Broderick, 45, Dallas Center, IA	24:12	7:47
37	8	W11 Emily Linscheid, 14*, Johnston, IA	24:15	7:48
124	46	M30 Jeffrey Stenhoek, 37, Des Moines, IA	24:15	7:48
38	4	W40 Nola Seaberg, 45*, Des Moines, IA	24:16	7:48
125	47	M30 Timothy Bartleman, 34, Polk City, IA	24:20	7:50
39	6	W30 Elizabeth Binns, 33*, Waukee, IA	24:22	7:50
126	15	M11 Tristan Coaldrake, 11, Johnston, IA	24:22	7:50
127	12	M50 Mike Jackson, 56, Cedar Falls, IA	24:23	7:51
128	16	M11 Chris Coble, 14, Johnston, IA	24:26	7:52
40	5	W40 kim o'brien, 43*, Waukee, IA	24:27	7:52
129	17	M40 Barry Voelker, 42, Adel, IA	24:28	7:52
130	18	M40 Kip Fennelly, 40, Indianola, IA	24:30	7:53

41	7	W30	Jill Swesey, 39*, Des Moines, IA	24:32	7:54
131	17	M11	Blake Heikes, 13, Johnston, IA	24:32	7:54
132	18	M11	Jake Davis, 13, Johnston, IA	24:33	7:54
133	19	M40	Todd Keech, 41, Johnston, IA	24:34	7:54
134	20	M40	Eric Voelker, 41, Dallas Center, IA	24:37	7:55
42	13	W20	Lisa Immerfall, 22*, Des Moines, IA	24:38	7:56
135	21	M40	Bernie Burke, 45, Des Moines, IA	24:40	7:56
43	14	W20	Jamie Nelson, 26*, Des Moines, IA	24:41	7:56
136	19	M11	Seth Daughhetee, 12, Johnston	24:41	7:56
137	24	M20	Rex Gray, 27, West Des Moines, IA	24:42	7:57
138	48	M30	Brett Bunkers, 37, Des Moines, IA	24:44	7:58
44	6	W40	Gwyndolyn McMillin, 41*, Des Moines, IA	24:47	7:59

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139	25	M20	Patrick Blunt, 22, JeSup, Ia	24:52	8:00
140	20	M11	Spencer Clock, 12, Johnston, IA	24:52	8:00
45	8	W30	Deb Gallagher, 35*, Grimes, IA	24:54	8:01
141	21	M11	Drew Ongna, 12, Johnston, IA	24:56	8:01
142	22	M40	Tom Nugent, 44, Dallas Center, IA	24:57	8:02
143	22	M11	Lj Lipscomb, 14, Johnston, IA	24:58	8:02
46	15	W20	Lacey Schmidt, 28*, Des Moines, IA	24:58	8:02
47	16	W20	Mary Nelson, 29*, Grimes, IA	25:00	8:03
144	26	M20	Jake Rohe, 21, West Des Moines, IA	25:01	8:03
145	23	M11	Adam Friesth, 14, West Des Moines, IA	25:02	8:03
146	49	M30	John McDermott, 31, Des Moines, IA	25:04	8:04
147	13	M15	Ryan Francois, 15, Des Moines, IA	25:05	8:04
148	50	M30	Brent Osborne, 32, Des Moines, IA	25:07	8:05
149	24	M11	Tom Lensing, 13, Clive, IA	25:10	8:06
48	9	W30	Barbara Greer, 34*, Kellogg, IA	25:12	8:06
49	17	W20	Jill McGargill, 27*, West Des Moines, IA	25:13	8:07
50	10	W15	Kristina Fyrwald, 15*, West Des Moines, IA	25:15	8:07
150	23	M40	Paul Sapp, 40, Des Moines, IA	25:16	8:08
51	18	W20	Janene Smith, 27*, Earlham, IA	25:18	8:09
151	51	M30	Rich Sessler, 35, Urbandale, IA	25:19	8:09
152	52	M30	Jeff Beath, 37, Ankeny, IA	25:19	8:09
52	10	W30	Danika Vilmont, 34*, Des Moines, IA	25:21	8:10
53	19	W20	Robin Elwick, 28*, Des Moines, IA	25:23	8:10
54	11	W30	Melinda Hill, 32*, Des Moines, IA	25:24	8:10
153	27	M20	Chris Hemesath, 28, Des Moines, IA	25:24	8:10
154	13	M50	Mike Walag, 56, Des Moines, IA	25:25	8:11
155	25	M11	Chase Wallace, 13, Johnston, IA	25:25	8:11
156	53	M30	Brian Galle, 31, Des Moines, IA	25:26	8:11
55	20	W20	Jennifer Appenzeller, 29*, Des Moines, IA	25:28	8:12
157	26	M11	Evan Culbert, 13, Johnston, IA	25:34	8:14
158	54	M30	Blair Smith, 37, Des Moines, IA	25:36	8:14
56	12	W30	Jodi Buchan, 36*, Johnston, IA	25:36	8:14
57	13	W30	Kelly Irlmeier, 36*, Ankeny, IA	25:39	8:15
159	24	M40	Tim Severson, 43, Ankeny, IA	25:43	8:16
160	28	M20	Dan Boyce, 27, West Des Moines, IA	25:44	8:17
161	29	M20	Ryan Mortier, 24, West Des Moines, IA	25:49	8:18
162	30	M20	Michael Fong, 26, Des Moines, IA	25:49	8:18
163	31	M20	Ben Selva, 22, Ames, IA	25:50	8:19
58	7	W40	Susan Cook, 49*, Des Moines, IA	25:50	8:19
164	25	M40	Kent Atha, 45, Des Moines, IA	25:51	8:19
59	8	W40	Deb Avitt, 46*, Des Moines, IA	25:51	8:19
165	27	M11	Ben Baker, 12, Clive, IA	25:56	8:21
166	55	M30	Edward Kempf, 38, Des Moines, IA	25:57	8:21
60	9	W40	Heather Myer-Davis, 43*, Des Moines, IA	25:57	8:21
167	26	M40	Paul Bush, 49, Des Moines, IA	25:58	8:21
168	56	M30	Brent McClure, 36, Des Moines, IA	25:59	8:22
169	57	M30	Corey Kluesner, 39, Urbandale, IA	26:00	8:22
61	21	W20	Tasha Renaud, 26*, Grimes, IA	26:04	8:23
170	32	M20	Aaron Rothrock, 28, Ankeny, IA	26:04	8:23
62	14	W30	Laura Lanigan, 37*, Urbandale, IA	26:06	8:24
171	33	M20	Brian Donaldson, 28, Clive, IA	26:06	8:24

63	10	W40	Kathy Leggett, 41*, Johnston, IA	26:07	8:24
64	15	W30	Keely Kinnick, 30*, Des Moines, IA	26:08	8:24
172	58	M30	Christopher Missel, 34, Des Moines, IA	26:09	8:25
65	9	W11	Lisa Friesth, 13*, Urbandale, IA	26:09	8:25
173	59	M30	Patrick Lanigan, 38, Urbandale, IA	26:10	8:25
66	22	W20	Lori Meyers, 29*, West Des Moines, IA	26:10	8:25
174	27	M40	shawn bown, 41, Des Moines, IA	26:11	8:26
67	16	W30	Jane Schmitt, 35*, Des Moines, IA	26:11	8:26
175	1	JrM	Noah Schmitt, 9, Des Moines, IA	26:11	8:26
68	11	W15	Kristen Marshall, 17*, Pleasant Hill, IA	26:13	8:26
176	34	M20	Chad Klobberdanz, 27	26:13	8:26
177	28	M11	Jordan Hansen, 12, Urbandale, IA	26:14	8:27
69	10	W11	Madeline Sarcone, 14*, West Des Moines, IA	26:15	8:27
70	23	W20	Rachel Davies, 22*, Ankeny, IA	26:16	8:27
71	11	W11	Taylor Mithelman, 13*, Johnston, IA	26:17	8:28
72	12	W15	Emily Baker, 15*, West Des Moines, IA	26:21	8:29
178	60	M30	Graham Giles, 33, Des Moines, IA	26:25	8:30
73	13	W15	Brianne Moylan, 17*, Urbandale, IA	26:31	8:32
74	24	W20	Carlie Fitzgerald, 25*, Ankeny, IA	26:32	8:32
75	25	W20	Eileen Kurth, 25*, windsor height, i!	26:33	8:33
76	26	W20	Judy Leinen, 21*, Des Moines, IA	26:35	8:33
77	11	W40	Jodie Schwartz, 41*, Urbandale, IA	26:40	8:35
78	14	W15	Krista Shoeman, 15*, Des Moines, IA	26:41	8:35
179	28	M40	Michael Lumming, 41, Des Moines, IA	26:41	8:35
180	35	M20	Jared Christensen, 26, Des Moines, IA	26:42	8:36
181	36	M20	Matt Schaefer, 26, Des Moines, IA	26:43	8:36
182	14	M50	Philip Leder, 52, Des Moines, IA	26:47	8:37
183	29	M40	Brad Mills, 48, Waukee, IA	26:49	8:38
184	30	M40	Sam Rizzuti, 43, Urbandale, IA	26:50	8:38
79	15	W15	Megan Ackerman, 15*, IA	26:52	8:39
185	31	M40	Timm Pilcher, 46, Des Moines, IA	26:53	8:39
186	37	M20	Justin Harnden, 27, West Des Moines, IA	26:59	8:41
80	27	W20	Sara St John, 25*, Des Moines, IA	27:01	8:42
81	16	W15	Libby Elmitt, 16*, IA	27:04	8:42
187	32	M40	James Sanders, 47, Johnston, IA	27:04	8:43
82	17	W30	Karen Morkin, 35*, Des Moines, IA	27:05	8:43
83	18	W30	Dixie Palm, 39*, Altoona, IA	27:07	8:43
84	28	W20	Andrea Baldwin, 27*, Waukee, IA	27:08	8:44
188	15	M50	Wayne Martgns, 50, Indianola, IA	27:11	8:45
85	12	W40	Kerry Riordan, 40*, Des Moines, IA	27:12	8:45
86	19	W30	Kim Sapp, 37*, Des Moines, IA	27:13	8:45
87	20	W30	Michelle Orosco, 32*, Johnston, IA	27:14	8:46
88	21	W30	Shannon Lucas, 38*, Ankeny, IA	27:15	8:46
89	29	W20	Lindsay Stevenson, 23*, Ankeny, IA	27:16	8:46
90	22	W30	Kristine Stoebner, 30*, Des Moines, IA	27:17	8:47
189	16	M50	Bill Knoedel, 53, Urbandale, IA	27:17	8:47
91	12	W11	sammie hildreth, 13*, Johnston, IA	27:18	8:47
92	30	W20	Jennifer Anderson, 28*, Altoona, IA	27:19	8:47
93	23	W30	Gayleen Brundage, 35*, Clive, IA	27:20	8:48
94	24	W30	Jull Raine, 39*, Clive, IA	27:20	8:48
95	13	W11	Hannah Thayer, 13*, Urbandale, IA	27:21	8:48
190	33	M40	Wayne Ostergaard, 44, Des Moines, IA	27:24	8:49
191	61	M30	Jesse Gerlits, 38, Des Moines, IA	27:25	8:49
96	31	W20	Megan Long, 23*, Mason City, IA	27:29	8:50
97	32	W20	Stephanie Mahaffey, 28*, Altoona, IA	27:32	8:52
192	17	M50	Bill Brauch, 51, Des Moines, IA	27:32	8:52
98	14	W11	Madeline Baker, 13*, West Des Moines, IA	27:33	8:52
99	17	W15	Katherine Burggraaf, 18*, Johnston, IA	27:35	8:53
100	18	W15	Rachel Lang, 17*, Johnston, IA	27:36	8:53
193	34	M40	Joseph Baker, 46, West Des Moines, IA	27:36	8:53
101	19	W15	Brianna Stone, 17*, Grimes	27:37	8:53
102	25	W30	Kelly Hannan, 31*, Des Moines, IA	27:38	8:54
194	35	M40	Matt Lawson, 43, Clive, IA	27:39	8:54
195	62	M30	James Foster, 39, West Des Moines, IA	27:40	8:54
103	26	W30	Heather Jacobus, 39*, Des Moines, IA	27:41	8:54

196	38	M20	William Howe, 29, Des Moines, IA	27:42	8:55
197	39	M20	Justin Cremer, 29, Des Moines, IA	27:42	8:55
104	27	W30	Deb Anderson, 37*, Des Moines, IA	27:43	8:55
198	40	M20	Brad Hottinger, 28, Ankeny, IA	27:46	8:56
105	33	W20	Kerry Hottinger, 28*, Ankeny, IA	27:46	8:56
106	28	W30	Amy Nicholis, 39*, Urbandale, IA	27:48	8:57
107	29	W30	Lori Reha, 30*, Ankeny, IA	27:51	8:58
199	63	M30	Jonathan Russell, 31, Urbandale, IA	27:53	8:58
108	34	W20	Holly Russell, 27*, Urbandale, IA	27:53	8:58

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109	30	W30	Becky Weathers, 39*, Grimes, IA	27:57	9:00
110	13	W40	Noelle Zmolek, 40*, Des Moines, IA	27:59	9:00
111	35	W20	Sarah Burggraaf, 29*, Clive, IA	28:02	9:01
200	64	M30	Jon Jamison, 33, Des Moines, IA	28:02	9:01
112	14	W40	Lisa Lemon, 45*, Des Moines	28:03	9:02
113	36	W20	joni shepherd, 25*, Indianola, IA	28:04	9:02
114	20	W15	Cyvannah Doll, 16*, Newton, IA	28:05	9:02
115	31	W30	Erica Parkey, 30*, Des Moines, IA	28:06	9:03
201	29	M11	Jack Sarcone, 11, West Des Moines, IA	28:06	9:03
202	18	M50	Gary Turner, 52, West Des Moines, IA	28:07	9:03
116	37	W20	Jennier Schwartz, 25*, Des Moines, IA	28:07	9:03
117	15	W40	Mary Sheka, 42*, Des Moines, IA	28:08	9:03
203	41	M20	Tony Brimeyer, 22, IA	28:08	9:03
204	36	M40	Devin Wren, 47, Des Moines, IA	28:08	9:03
118	15	W11	Kayla Linscheid, 12*, Johnston, IA	28:09	9:03
119	16	W40	Nancy Linscheid, 41*, Johnston, IA	28:10	9:04
120	32	W30	Elizabeth Sedrel, 39*, Des Moines, IA	28:11	9:04
121	33	W30	Ginny Halling, 30*, Ankeny, IA	28:12	9:04
205	30	M11	William Trettin, 14, Newton, IA	28:12	9:04
206	19	M50	Mike Cornelison, 53, Ankeny, IA	28:12	9:04
122	21	W15	Courtney Vanwyk, 18*, Sully, IA	28:12	9:04
207	42	M20	Preston Young, 29, Des Moines, IA	28:13	9:05
123	17	W40	Kim Bolt, 41*, Pella, IA	28:13	9:05
124	38	W20	Abbey Gilroy, 27*, Des Moines, IA	28:14	9:05
125	39	W20	Joanna Smith, 21*, Des Moines, IA	28:15	9:05
208	43	M20	Joel Gettys, 24, West Des Moines, IA	28:16	9:06
126	40	W20	Nicole Young, 26*, Des Moines, IA	28:16	9:06
127	34	W30	Jodine Ewissenburger, 36*, Clive, IA	28:17	9:06
128	35	W30	Jennifer Krambeck, 32*, Des Moines, IA	28:18	9:06
209	65	M30	Paul Hofman, 38, Pella, IA	28:19	9:07
129	18	W40	Andrea Vander Linden, 40*, Des Moines, IA	28:20	9:07
210	37	M40	Kevin Bolt, 41, Pella, IA	28:20	9:07
130	41	W20	Christine Gettys, 27*, West Des Moines, IA	28:21	9:07
211	66	M30	Doug Samuelson, 37, Des Moines, IA	28:22	9:08
212	67	M30	Jacob Moran, 31, Des Moines, IA	28:23	9:08
213	31	M11	sam perington, 12, Johnston, IA	28:23	9:08
131	36	W30	Shannon Jones, 30*, Waukee, IA	28:23	9:08
132	42	W20	Rachel Davis, 22*, Des Moines, IA	28:26	9:09
133	37	W30	Kristie Oliver, 34*, Des Moines, IA	28:31	9:11
134	38	W30	Karla Nyren, 38*, Des Moines, IA	28:34	9:11
214	38	M40	Doug Dostal, 44, West Des Moines, IA	28:35	9:12
215	68	M30	Scott Robinson, 38, Des Moines, IA	28:37	9:12
135	39	W30	Lacey Howard, 30*, Des Moines, IA	28:39	9:13
136	43	W20	Erin Burns, 29*, Des Moines, IA	28:40	9:13
216	39	M40	Kerry Peterson, 41, Des Moines, IA	28:41	9:14
137	44	W20	Mary Schwab, 26*, Des Moines, IA	28:41	9:14
217	69	M30	Bradley Bormann, 32, West Des Moines, IA	28:43	9:14
138	16	W11	Melinda Busch, 14*, Johnston, IA	28:43	9:15
139	17	W11	Claire Sevenlch, 12*, Johnston, IA	28:44	9:15
218	44	M20	Greg Luna, 29, Des Moines, IA	28:45	9:15
140	45	W20	Erica Simbro, 27*, Des Moines, IA	28:45	9:15
141	40	W30	Larua Peters, 32*, Des Moines, IA	28:46	9:15
142	46	W20	Bev McKay, 29*, Des Moines, IA	28:49	9:16
143	41	W30	Tamera Steenhoek, 31*, Prairie City, IA	28:50	9:17

144	42	W30	Julie Liebe, 37*, Prairie City, IA	28:51	9:17
145	19	W40	Ida Dominguez, 41*, Johnston, IA	28:53	9:18
146	43	W30	Joan Nagel, 39*, Ankeny, IA	28:54	9:18
147	47	W20	Meghan Murfee, 25*, Johnston, IA	28:56	9:19
148	44	W30	Jodi Bruhn, 30*, Johnston, IA	28:57	9:19
149	20	W40	Julie Waters, 49*, Ames, IA	28:59	9:19
219	20	M50	Kevin Cooney, 55, Des Moines, IA	28:59	9:20
150	45	W30	Michele Ramsey, 35*, Altoona, IA	29:00	9:20
151	48	W20	Stephanie Davis, 28*, Urbandale, IA	29:01	9:20
220	70	M30	Doug Olson, 35, Des Moines, IA	29:02	9:21
152	49	W20	Jessica Franco, 25*, Des Moines, IA	29:02	9:21
221	71	M30	William Dunker, 38, Des Moines, IA	29:03	9:21
153	46	W30	diane porter, 39*, Clive, IA	29:04	9:21
154	50	W20	Megan Guarini, 23*, Summerfield, NC	29:09	9:23
155	51	W20	Hannah Elkin, 24*, Altoona, IA	29:10	9:23
156	47	W30	Tricia Drake, 38*, Des Moines, IA	29:11	9:23
157	48	W30	Jennifer Girdler, 32*, Granger, IA	29:12	9:24
222	45	M20	Ryan Hill, 29, West Des Moines, IA	29:12	9:24
223	72	M30	Corey Engebretson, 37, Johnston, IA	29:13	9:24
158	49	W30	Jamie Jackson, 31*, Des Moines, IA	29:13	9:24
159	1	W50	Janet Trentmann, 56*, Urbandale, IA	29:15	9:25
224	40	M40	Greg Davis, 47, Johnston, IA	29:15	9:25
225	21	M50	Rod Horsman, 51, Pleasantville, IA	29:16	9:25
160	18	W11	Helen Lagerblade, 13*, IA	29:16	9:25
161	22	W15	Hannah Rohret, 18*, Des Moines, IA	29:19	9:26
162	50	W30	Susan Young, 31*, Urbandale, IA	29:22	9:27
163	52	W20	Megan Birdsall, 23*, Ames, IA	29:25	9:28
164	21	W40	Jolee Carlisle, 41*, Urbandale, IA	29:26	9:28
226	3	M60	Jim Meimann, 62, Des Moines, IA	29:27	9:29
165	53	W20	Megan Meimann, 23*, Des Moines, IA	29:28	9:29
166	51	W30	Dawn Selesky, 37*, Ankeny, IA	29:29	9:29
227	46	M20	Ben Schuh, 24, Des Moines, IA	29:29	9:29
167	22	W40	Jamey Cox, 49*, Cambridge, IA	29:29	9:29
228	47	M20	Jared Jablonski, 25, Des Moines, IA	29:31	9:30
168	52	W30	Jill Hill, 33*	29:31	9:30
169	53	W30	Ashley Olson, 34*, Des Moines, IA	29:32	9:30
170	54	W30	Jana Bachman, 33*, Ankeny, IA	29:33	9:30
171	54	W20	Stephanie Wadle, 29*, Des Moines, IA	29:34	9:31
229	73	M30	Shay Acheson, 33, Des Moines, IA	29:35	9:31
172	55	W30	Katrishia Heidemann, 36*, Granger, IA	29:35	9:31
173	56	W30	Brady Acheson, 31*, Des Moines, IA	29:35	9:31
230	41	M40	timothy zarley, 46, Des Moines, IA	29:36	9:31
174	57	W30	Julie Melton, 34*, Overland Park, KS	29:36	9:32
231	74	M30	Tom Melton, 35, Overland Park, KS	29:37	9:32
232	75	M30	Aaron Brees, 31, Des Moines, IA	29:37	9:32
175	2	W50	Mary Arlen, 53*, Dubuque, IA	29:37	9:32
233	76	M30	Reggie Stalzer, 39, West Des Moines, IA	29:38	9:32
176	58	W30	Carol Pierce, 39*, Des Moines, IA	29:39	9:33
234	48	M20	Mike Naig, 29, Des Moines, IA	29:40	9:33
177	23	W40	Nancy Withers, 48*, Des Moines, IA	29:40	9:33
235	77	M30	Mike Bird, 30, Des Moines, IA	29:41	9:33
178	59	W30	Cara Snuffin, 38*, Des Moines, IA	29:41	9:33
179	3	W50	Rosemary Pratt, 59*, Des Moines, IA	29:43	9:34
180	60	W30	Andrea Vitzthum, 30*, Des Moines, IA	29:44	9:34
236	42	M40	Steven Sinkler, 46, Clive, IA	29:45	9:34
237	4	M60	Robert Pratt, 60, Des Moines, IA	29:46	9:35
238	78	M30	Steve Pope, 30, Des Moines, IA	29:48	9:35
181	55	W20	Jaclyn Brees, 25*, Des Moines, IA	29:49	9:36
182	56	W20	Cat Schuh, 28*, Des Moines, IA	29:50	9:36
183	24	W40	teri bReck, 46*, Johnston, IA	29:51	9:36
184	61	W30	Moira Leu, 30*, Des Moines, IA	29:52	9:37
185	57	W20	Yoshimi Christensen, 27*, West Des Moines, IA	29:55	9:37
186	4	W50	Joych Burch, 52*, Pella, IA	29:56	9:38
187	58	W20	Allison Griffith, 26*	29:58	9:39

188	59	W20	Elizabeth Albright, 27*, Johnston, IA	30:03	9:40
189	62	W30	Sarah Maxwell, 30*, Adel, IA	30:06	9:41
190	60	W20	Kylee Welling, 24*, West Des Moines, IA	30:07	9:42
239	49	M20	Dave Peterson, 29, West Des Moines, IA	30:11	9:43
191	63	W30	Erika Eckley, 33*, Carlisle, IA	30:12	9:43
240	14	M15	Blaine Schlawin, 15, Johnston, IA	30:13	9:43
192	61	W20	Natalie Whittemore, 29*, Pleasant Hill, IA	30:13	9:43
241	15	M15	Blake Schlawin, 15, Johnston, IA	30:13	9:43
193	64	W30	Beth Ziegmann, 30*, Urbandale, IA	30:17	9:45
242	32	M11	Dirk Opland, 14, Johnston, IA	30:21	9:46
194	5	W50	Ann Greubel, 57*, Indianola, IA	30:22	9:46
195	65	W30	Karie Bos, 39*, Des Moines, IA	30:23	9:47
196	25	W40	Jodi Barron, 42*, Des Moines, IA	30:25	9:47
197	66	W30	Robin Hoversten, 34*	30:26	9:48
198	62	W20	Carla Stodgel, 25*, Des Moines, IA	30:27	9:48
243	79	M30	Craig Ward, 30, ChiCago, IL	30:27	9:48
199	67	W30	Michelle Bunkers, 37*, Des Moines, IA	30:28	9:48
200	68	W30	Jennifer Main, 32*, Grimes, IA	30:31	9:49
201	19	W11	Gabby Engelken, 13*, Des Moines, IA	30:32	9:50
202	69	W30	Tracy Whisler, 36*, Grimes, IA	30:33	9:50
244	33	M11	Austin Binning, 12, Des Moines, IA	30:34	9:50
203	63	W20	Jamie Ridenour, 24*, Des Moines, IA	30:34	9:50
204	64	W20	Jackie Surber, 26*, Des Moines, IA	30:35	9:51
205	20	W11	Rachel Swanson, 14*, Des Moines, IA	30:36	9:51
245	5	M60	Gary Ternus, 62, Ankeny, IA	30:38	9:52
246	22	M50	Gary Soreide, 55, Waukee, IA	30:39	9:52
206	65	W20	Molly Severson, 23*, Cedar Falls, IA	30:39	9:52
247	80	M30	kirk Swihart, 39, Johnston, IA	30:47	9:54
207	26	W40	Lori Meeker, 42*, Des Moines, IA	30:48	9:55
248	43	M40	Tom Burghardt, 41, Norwalk, IA	30:48	9:55
208	27	W40	Cindy Gilbreath, 40*, Des Moines, IA	30:50	9:55
209	70	W30	Lait Paul, 33*, West Des Moines, IA	30:52	9:56
210	28	W40	Lynne Paulsen, 43*, Johnston, IA	30:53	9:56
249	81	M30	Chad Weigel, 34, Des Moines, IA	30:55	9:57
211	71	W30	Karen Kennedy, 39*, Dsm, IA	30:56	9:57
212	1	W60	Patsy Mattas, 60*, Des Moines, IA	30:58	9:58
213	66	W20	Emily Wadle, 25*, West Des Moines, IA	30:59	9:58
214	21	W11	Cyndey Cline, 11*, West Des Moines, IA	30:59	9:58
250	82	M30	Michael McTaggart, 31, Des Moines, IA	31:00	9:59
215	67	W20	Sarah Huyck, 27*, Des Moines, IA	31:00	9:59
216	68	W20	Lisa Murphy, 27*, West Des Moines, IA	31:01	9:59
217	69	W20	Krista Heenan, 26*, Pleasant Hill, IA	31:02	9:59
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218	70	W20	Lindsay Daniel, 27*, Des Moines, IA	31:03	10:00
219	29	W40	Terri Murray, 41*, Johnston, IA	31:04	10:00
251	83	M30	Kris Bro, 30, Des Moines, IA	31:05	10:00
220	72	W30	Christina Taylor, 33*, Raleigh, NC	31:05	10:00
221	30	W40	Nancy Betz, 48*, Grimes, IA	31:06	10:00
222	71	W20	Ann Peterson, 24*, Des Moines, IA	31:07	10:01
252	2	JrM	Colten Mills, 8, Altoona, IA	31:07	10:01
223	73	W30	Michelle Nelson, 32*, Sioux City, IA	31:08	10:01
253	84	M30	Tim Mills, 31, Altoona, IA	31:08	10:01
224	74	W30	susie swihart, 35*, Johnston, IA	31:10	10:02
254	85	M30	Jayson Jone, 31, Des Moines, IA	31:12	10:02
225	31	W40	Lori Slack, 45*, Urbandale, IA	31:13	10:03
226	32	W40	Lori Blachford, 43*, Des Moines, IA	31:14	10:03
227	72	W20	Marsha Bro, 27*, Des Moines, IA	31:15	10:03
228	33	W40	Cindy Blay, 41*, Ankeny, IA	31:16	10:04
229	23	W15	Alyssa Buckley, 18*, Johnston, IA	31:17	10:04
230	24	W15	Amy Lovejoy, 16*, Urbandale, IA	31:18	10:04
231	75	W30	Melinda Allen, 38*, Waukee, IA	31:20	10:05
255	44	M40	William Herenia, 43	31:25	10:07
232	73	W20	Courtney Hammond, 26*, Des Moines, IA	31:27	10:07
233	34	W40	Shelly Biondi, 42*, Johnston, IA	31:28	10:07

234	74	W20	Meghan Teigen, 25*, Windsor Heights, IA	31:29	10:08
235	75	W20	Katie Ochanpaugh, 28*, Grimes, IA	31:30	10:08
236	76	W20	Brittany Willman, 25*, Urbandale, IA	31:31	10:08
237	77	W20	Diana Pardock, 29*, Clive, IA	31:32	10:09
238	35	W40	Maryann Sinkler, 40*, Clive, IA	31:33	10:09
256	3	JrM	devin pirkle, 9, Norwalk, IA	31:34	10:09
239	78	W20	Tonya Stewart, 27*, Des Moines, IA	31:34	10:09
257	86	M30	bill pirkle, 36, Norwalk, IA	31:34	10:09
240	79	W20	Emily Jordison, 23*, Des Moines, IA	31:41	10:12
258	50	M20	Mike Mosier, 22, Ames, IA	31:43	10:13
241	76	W30	Victoria McQuerry, 39*, West Des Moines, IA	31:44	10:13
259	45	M40	Larry Lipscomb, 49, Johnston, IA	31:44	10:13
242	36	W40	Lori Lipscomb, 44*, Johnston, IA	31:45	10:13
243	80	W20	Katie Nelson, 23*, Sioux Center, IA	31:45	10:13
244	81	W20	Alyssa Heilman, 24*, Des Moines, IA	31:46	10:13
245	77	W30	Kenna Dixson, 36*, Grimes, IA	31:47	10:14
246	82	W20	Jasmine Gambrall, 25*, Des Moines, IA	31:49	10:14
247	78	W30	Kim Card, 37*, Des Moines, IA	31:51	10:15
260	87	M30	Stu Card, 38, Des Moines, IA	31:52	10:15
248	79	W30	Sally Overton, 37*, Des Moines, IA	31:53	10:16
249	83	W20	Melissa Shirk, 25*, West Des Moines, IA	31:56	10:16
250	80	W30	Jennifer Santiago, 34*, Ankeny, IA	32:03	10:19
251	1	JrW	Jessica Hooper, 10*, Des Moines, IA	32:08	10:20
261	51	M20	Tyler Nelson, 21, Sioux City, IA	32:10	10:21
252	84	W20	Amanda Cox, 20*, Cambridge, IA	32:10	10:21
262	34	M11	Bryce Plew, 13, Johnston, IA	32:21	10:25
253	25	W15	Kayla Ballantyne, 18*, Aurelia, IA	32:22	10:25
254	81	W30	Stephanie Painovich, 37*, West Des Moines, IA	32:24	10:26
255	82	W30	Lisa Ohnemus, 30*, Indianola, IA	32:25	10:26
256	22	W11	Lauren Bever, 13*, Adel, IA	32:33	10:28
257	83	W30	Mary Smith, 37*, Des Moines, IA	32:34	10:29
258	84	W30	Catherine Bechtel, 33*, Des Moines, IA	32:35	10:29
263	6	M60	Norm Ostbloom, 60, Des Moines, IA	32:36	10:29
264	52	M20	Mike Rose, 26, Des Moines, IA	32:36	10:29
259	85	W30	Julie Sander, 38*, Altoona, IA	32:40	10:31
265	88	M30	Peter Cline, 39, West Des Moines, IA	32:42	10:31
266	53	M20	Luk Bellerjeau, 29, West Des Moines, IA	32:42	10:31
260	86	W30	Trina Braafhart, 36*, Des Moines, IA	32:47	10:33
261	23	W11	Kelley Riordan, 13*, Des Moines, IA	32:50	10:34
267	54	M20	Russell Smith, 26, Des Moines, IA	32:51	10:34
262	85	W20	Leanne Smith, 26*, Des Moines, IA	32:51	10:34
263	2	JrW	Amy Keech, 10*, Johnston, IA	33:01	10:37
268	46	M40	Steve Cox, 47, Cambridge, IA	33:02	10:38
264	87	W30	Teresa Rissler, 35*, Des Moines, IA	33:06	10:39
265	86	W20	Lenee Sales, 27*, Urbandale, IA	33:07	10:39
266	88	W30	Megan Wick, 35*, Clive, IA	33:08	10:40
267	89	W30	Jessica Thornton, 34*, Des Moines, IA	33:10	10:40
268	24	W11	Celia Gates-Mathieu, 11*, Urbandale, IA	33:12	10:41
269	90	W30	Amy Gates, 38*, Urbandale, IA	33:13	10:41
270	91	W30	Lyndsay Moberg, 30*, Des Moines, IA	33:14	10:42
269	23	M50	Kevin Burggraaf, 57, Johnston, IA	33:20	10:43
271	37	W40	DeeAnn McCauley, 48*, Adel, IA	33:20	10:44
272	87	W20	Lindsey Davidson, 28*, Des Moines, IA	33:21	10:44
270	55	M20	Justin Morrison, 24, Des Moines, IA	33:21	10:44
273	38	W40	linda mcfall, 44*, Des Moines, IA	33:23	10:44
271	89	M30	Tom Durbala, 35, West Des Moines, IA	33:25	10:45
274	92	W30	Jen Clausen, 35*, Urbandale, IA	33:25	10:45
272	90	M30	Todd Berkoski, 34, West Des Moines, IA	33:26	10:45
275	93	W30	Stacy Kluesner, 38*, Urbandale, IA	33:26	10:46
276	94	W30	Amber Darby, 36*, Des Moines, IA	33:30	10:47
273	91	M30	Bradford Little, 38	33:31	10:47
277	88	W20	Erin McKeown, 24*, West Des Moines, IA	33:32	10:47
278	95	W30	Rhonda Berry, 39*, Johnston, IA	33:34	10:48
279	39	W40	Julie Engelken, 43*, Des Moines, IA	33:35	10:48

280	40	W40	Karen Coaldrake, 48*, Johnston, IA	33:38	10:49
281	96	W30	Julia Husak, 31*, West Des Moines, IA	33:46	10:52
282	41	W40	Skipper Hollwager, 40*, Des Moines, IA	33:47	10:52
283	97	W30	Pati Berger, 35*, Wdm, IA	33:52	10:54
284	89	W20	Nicole Happe, 27*	33:53	10:54
285	90	W20	Kelly Pearce, 29*, Urbandale, IA	33:54	10:55
286	91	W20	Erika Kruszka, 29*, Des Moines, IA	34:02	10:57
287	42	W40	Yvonne Holtz, 47*, Cumming, IA	34:05	10:58
288	92	W20	Kristi Viehl, 29*, Des Moines, IA	34:09	10:59
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274	35	M11	Austin Cameron, 11, Ankeny, IA	34:10	11:00
289	98	W30	Kris Price, 39*, Ankeny, IA	34:13	11:01
275	47	M40	Douglas Bryant, 42, West Des Moines, IA	34:22	11:03
290	6	W50	Karen Martens, 54*, Indianola, IA	34:22	11:04
291	7	W50	Mary Kish, 58*, La Crosse, WI	34:26	11:05
276	48	M40	Jerry Kleinschmidt, 41, Johnston, IA	34:26	11:05
292	99	W30	Sara Langrehr, 34*, Rockland, WI	34:27	11:05
277	49	M40	Steve Grasso, 47, Johnston, IA	34:32	11:07
293	43	W40	Tracy Grasso, 47*, Johnston, IA	34:32	11:07
278	7	M60	Maurice Smith, 71, Des Moines, IA	34:40	11:09
294	100	W30	Tricia White, 36*, West Des Moines, IA	34:45	11:11
295	93	W20	Aimee Kittell, 26*, West Des Moines, IA	34:47	11:12
279	92	M30	Bob Hallgren, 39, Des Moines, Ia	34:56	11:15
296	101	W30	Teri Durbala, 37*, West Des Moines, IA	35:00	11:16
280	56	M20	Kyle Ahrenholtz, 27, Harlan, IA	35:07	11:18
297	94	W20	Andrea Bauer, 24*, Harlan, IA	35:08	11:18
281	93	M30	Chad Christensen, 38, Des Moines, IA	35:13	11:20
282	94	M30	Brent Hoffman, 31	35:16	11:21
298	44	W40	Theresa McCabe, 46*, Des Moines, IA	35:20	11:22
299	102	W30	Maureen Kennedy, 39*, Ankeny, IA	35:21	11:23
300	95	W20	Amy Kapustka, 27*, Urbandale, IA	35:25	11:24
301	25	W11	Taylor Vanrentzell, 14*, Urbandale, IA	35:27	11:25
302	26	W15	Jocelyn Kleinschmidt, 15*, Johnston, IA	35:28	11:25
303	103	W30	Nellie Glenn-Allen, 33*, West Des Moines, IA	35:29	11:25
283	50	M40	Steven Fuqua, 43, Des Moines, IA	35:30	11:25
304	45	W40	Kathy Stapes, 40*, Urbandale, Ia	35:32	11:26
305	104	W30	Annette Defrancisco, 36*, Johnston, IA	35:34	11:27
306	105	W30	Bonnie Christensen, 36*, Des Moines, IA	35:35	11:27
284	4	JrM	Eli Czermar, 8, Northport, AL	35:42	11:29
307	96	W20	Erin Stanley, 20*, ChiCago, IL	35:45	11:30
308	97	W20	Kerri Howard, 23*, Birmingham, AL	35:47	11:31
309	106	W30	Heidi Brown, 30*, Urbandale, IA	35:50	11:32
285	57	M20	Shaun Anderson, 27, PlAtteville, WI	35:50	11:32
310	107	W30	Amy Campero, 35*, Ankeny, IA	35:51	11:32
311	108	W30	Billi Clark, 31*, Urbandale, IA	35:54	11:33
312	46	W40	Crystal Kephart, 40*, Des Moines, IA	36:04	11:36
313	47	W40	Melissa Zager, 41*, Des Moines, IA	36:05	11:37
314	109	W30	Dana Riley, 31*, Des Moines, IA	36:06	11:37
315	110	W30	Laura Martin, 31*, West Des Moines, IA	36:07	11:37
316	98	W20	Katie Stevenson, 20*, Elma, IA	36:28	11:44
317	111	W30	Tammy Bogenrief, 37*, Ankeny, IA	36:34	11:46
318	99	W20	Callie Pieracci, 25*, Grimes, IA	36:40	11:48
286	58	M20	Jeremy Yenger, 25, West Des Moines, IA	36:45	11:49
319	100	W20	Reanna Yenger, 23*, West Des Moines, IA	36:45	11:50
320	112	W30	Molly Weber, 33*, Waukee, IA	36:53	11:52
321	101	W20	Rachel Davis, 22*	36:56	11:53
322	113	W30	Jennifer McClure, 36*, Des Moines, IA	37:06	11:56
287	5	JrM	Alexander Vanderbeek, 9, Waukee, IA	37:06	11:56
288	95	M30	Scott Barr, 36, Waukee, IA	37:14	11:59
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289	96	M30	Kelly Hakes, 34, Des Moines, IA	37:40	12:07
323	114	W30	Shelley Frangenberg, 35*, Ankeny, IA	37:41	12:07

324	48	W40	Linda Colby, 45*, Waukee, IA	37:42	12:08
325	115	W30	Kate Rodriguez, 34*, Des Moines, IA	38:21	12:21
326	8	W50	Christine McConathy, 50*, West Des Moines, IA	38:40	12:27
327	116	W30	Yvonne Naanep, 36*, Des Moines, IA	39:00	12:33
328	49	W40	Erin Hefner, 46*, Urbandale, IA	39:55	12:51
290	59	M20	Joshua Schroeder, 24, Hiawatha, IA	40:00	12:52
329	117	W30	Alana Schares, 31*, Urbandale, IA	40:06	12:54
291	6	JrM	Warner Pool, 7, Des Moines, IA	40:10	12:55
330	102	W20	Susan Ployhar, 28*	40:10	12:56
292	97	M30	Jason Pool, 37, Des Moines, IA	40:19	12:58
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293	98	M30	Brandon Christiansen, 30, Urbandale, IA	40:29	13:02
331	118	W30	Amanda Christiansen, 30*, Urbandale, IA	40:38	13:05
332	119	W30	Natalie Hite, 30*, Ankeny, IA	40:38	13:05
294	99	M30	Clint Hite, 31, Ankeny, IA	40:39	13:05
333	120	W30	Manon Bryant, 30*, Urbandale, IA	40:40	13:05
334	103	W20	Kati Larson, 24*, Urbandale, IA	40:41	13:06
295	100	M30	Joseph Lang, 30, West Des Moines, IA	40:47	13:08
335	121	W30	Kari Doyle, 31*	40:56	13:10
336	122	W30	Molly Shepard-Robinson, 38*, Des Moines, IA	40:57	13:11
296	24	M50	Ed Kelly, 55, Ankeny, IA	40:57	13:11
337	123	W30	Melody Gibson, 38*, West Des Moines, IA	40:57	13:11
338	9	W50	Candace Tollakson, 52*, Ankeny, IA	40:58	13:11
339	104	W20	Jill Dinges, 29*, Des Moines, IA	41:09	13:14
340	124	W30	Bonnie Baumhardt, 30*, Urbandale, IA	41:12	13:15
341	105	W20	Chandra Wheatley, 24*, Johnston, IA	41:12	13:16
342	125	W30	Amber Siever, 33*, Des Moines, IA	41:21	13:19
343	10	W50	Ann Shepherd, 50*, Indianola, IA	41:22	13:19
297	101	M30	Bryan Siever, 33, Des Moines, IA	41:23	13:19
344	106	W20	Lindsay Bellerjeau, 28*, West Des Moines, IA	42:21	13:38
298	8	M60	Gary Sheldon, 63, West Des Moines, IA	42:23	13:38
345	11	W50	Marcia Schoeppner, 55*, Des Moines, IA	43:00	13:50
346	126	W30	Emilee Lindley, 32*, Richfield, MN	43:01	13:51
347	50	W40	Kathy Leeper, 44*, Des Moines, IA	43:02	13:51
299	51	M40	James Hooper, 46, Des Moines, IA	43:23	13:58
348	107	W20	Katie McGrath, 29*, Des Moines, IA	43:24	13:58
349	51	W40	Kim Mitchell, 47*, Johnston, IA	43:26	13:59
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350	52	W40	Julie Shepard, 41*, Des Moines, IA	43:37	14:02
300	52	M40	Tom Hefner, 46, Urbandale, IA	44:11	14:13
351	12	W50	Julie Logan, 50*, West Des Moines, IA	44:19	14:16
352	108	W20	Josie Selck, 26*, Cedar Rapids, IA	44:32	14:20
353	109	W20	Kim Thompson, 29*, Indianola, IA	44:33	14:20
354	127	W30	Jennifer Warne, 39*	44:42	14:23
301	60	M20	Cory Tice, 29, Sully, IA	45:03	14:30
355	110	W20	Jennifer Jorgensen, 29*, Clive, IA	45:03	14:30
356	26	W11	Erin Selinger, 12*, Johnston, IA	45:19	14:35
302	36	M11	Matthew Hanstad, 12, Johnston, IA	45:54	14:46
357	53	W40	Donna Sevenich, 47*, Johnston, IA	46:09	14:51
358	54	W40	Vicki Selinger, 41*, Johnston, IA	46:10	14:51
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303	37	M11	Nate Christenson, 12, Granger, IA	46:46	15:03
304	53	M40	Steve Kennedy, 45, Des Moines, IA	47:37	15:20
359	128	W30	Stacey Locke, 36*, Urbandale, IA	48:13	15:31
305	9	M60	Steve Printz, 61, Pella, IA	48:29	15:36
360	2	W60	Barbara Printz, 60*, Pella, IA	48:35	15:38
361	111	W20	Whitney Printz, 27*, Pella, IA	48:40	15:40
362	3	JrW	Elise Kerr, 9*, Des Moines, IA	48:46	15:42
363	129	W30	Janelle Kerr, 37*, Des Moines, IA	48:48	15:42
364	4	JrW	Carley Farnsworth, 10*, Des Moines, IA	48:49	15:43

365	130	W30	Heather McKinney, 35*, West Des Moines, IA	49:16	15:51
306	25	M50	Gary Shine, 52, Urbandale, IA	49:20	15:53
366	13	W50	Jean Burt, 55*, Des Moines, IA	49:37	15:58
367	112	W20	Elizabeth Burt, 25*, Des Moines, IA	49:38	15:58

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368	14	W50	Roberta Shine, 52*, Urbandale, IA	49:59	16:05
307	10	M60	Glenn Soyer, 62, Norwalk, IA	50:12	16:09
369	113	W20	Angela Walker, 26*, Paton, IA	50:21	16:12
370	27	W15	Whitney Zimmerman, 18*	50:22	16:12
371	114	W20	Kristine Erickson, 20*, Paton, IA	50:22	16:13
372	55	W40	Cris Lewis, 45*, Lynnville, IA	50:45	16:20
373	56	W40	Dee Van Genderen, 48*, Lynnville, IA	50:46	16:20
374	57	W40	Brenda Terpstra, 46*, Lynnville, IA	50:46	16:20
375	115	W20	Lindsey Van Genderen, 20*, Lynnville, IA	50:47	16:21
308	7	JrM	Lucas Jones, 8, Sully, IA	51:03	16:26
376	27	W11	Nacy Lanser, 12*, Lynnville, IA	51:28	16:34
377	28	W15	Danielle Decook, 18*, Sully, IA	51:28	16:34
309	11	M60	Carl Hooper, 70, Webster, MN	51:55	16:42
378	58	W40	Lori Keech, 40*, Johnston, IA	52:10	16:47
379	3	W60	Sally Emery, 61*, Marion, IA	52:20	16:50
380	131	W30	Stephanie Maret, 34*, Des Moines, IA	52:21	16:51
381	132	W30	Carla Underwood, 30*, Centerville, IA	52:24	16:52
382	116	W20	Kristen Fink, 23*, Des Moines, IA	52:25	16:52
383	133	W30	Courtney Hawkins, 34*, Centerville, IA	52:27	16:53
384	15	W50	Corrine Verschuure, 53*, Pella, IA	52:44	16:58
385	117	W20	Stacie Holst, 27*, Des Moines, IA	52:46	16:59
310	61	M20	Chris Fink, 23, Des Moines, IA	52:46	16:59
386	118	W20	Amy Tasler, 20*, Churdan, IA	52:46	16:59

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387	119	W20	Jennifer Bauer, 24*	52:48	17:00
388	134	W30	Jennifer Durham, 36*, Centerville, IA	52:50	17:00
389	16	W50	Jane Soyer, 59*, Norwalk, IA	52:51	17:00
390	17	W50	Clara Jean Stults, 51*, Norwalk, IA	52:56	17:02
391	120	W20	Buffy Hurley, 29*, Centerville, IA	52:57	17:02
392	59	W40	Michelle Soyer, 41*, Marion, IA	53:02	17:04
393	121	W20	Dana McFarland, 28*, Sully, IA	53:06	17:05
394	18	W50	Bev Van Maanen, 57*, Lynnville, IA	53:11	17:07
311	26	M50	J Fink, 51, Oskaloosa, IA	53:38	17:16
395	19	W50	Kathy Walker, 59*, Jefferson, IA	53:50	17:20
396	20	W50	Elaine Fillman, 52*, Bondurant, IA	53:51	17:20
397	60	W40	Lori Bauer, 47*, Paton, IA	53:57	17:22
312	8	JrM	Brayden Parks, 1, Bondurant, IA	53:58	17:22
398	122	W20	Tricia Wright, 27*, West Des Moines, IA	54:00	17:23
399	123	W20	Shauna Wright, 29*, West Des Moines, IA	54:01	17:23
400	61	W40	Tammy Pierson, 47*, Des Moines, IA	54:01	17:23
401	62	W40	Beth Willem, 46*, Urbandale, Ia	54:03	17:24
402	124	W20	Alyssa Clabaugh, 29*, Des Moines, IA	54:04	17:24
403	63	W40	Vicky Huizer, 47*, Lynnville, IA	54:17	17:28
404	125	W20	Suzie Davison, 28*, Des Moines, IA	54:20	17:29
313	102	M30	Doug Hurley, 30, Centerville, IA	54:29	17:32
405	126	W20	Katy Liljedahl, 28*, Centerville, IA	55:09	17:45
406	29	W15	Jamie Harthoorn, 17*, Lynnville, IA	55:10	17:45
314	103	M30	Craig Geppert, 30, Grimes, IA	55:21	17:49
315	54	M40	Vaughn Bauer, 49, Paton, IA	55:30	17:52
407	64	W40	Sherry Harthoorn, 46*, Lynnville, IA	55:32	17:52
408	127	W20	Debbie Merten, 27*, Sully, IA	55:33	17:53
409	128	W20	Deanne Tice, 27*, Lynnville, IA	55:36	17:53
410	129	W20	Faye Damanti, 27*, Spring Hill, TN	55:36	17:54
316	12	M60	Doug Walker, 60, Jefferson, IA	55:38	17:54
411	135	W30	Faye Howard, 31*, Pella, IA	55:42	17:55
412	21	W50	Marlou Soyer, 53*, Norwalk, IA	55:42	17:56
317	62	M20	Scott Walker, 27, Paton, IA	55:47	17:57

413 136 W30 Trisha Korn, 31*, Lynnville, IA 55:53 17:59
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318	104	M30	Mike Clabaugh, 30, Des Moines, IA	55:55	18:00
414	137	W30	Dawn Allbee, 32*, Sully, IA	56:03	18:02
319	55	M40	Mark Huizer, 49, Lynnville, IA	56:04	18:03
320	56	M40	Patrick Soyer, 42, Marion, IA	56:12	18:05
415	138	W30	Rochelle Dunsbergen, 30*, Pella, IA	56:13	18:05
416	22	W50	Anne Raftis, 53*, West Des Moines, IA	56:34	18:12
417	65	W40	Jacqui Powers, 46*, Urbandale, IA	56:35	18:13
321	105	M30	Chris Tice, 34, Lynnville, IA	56:36	18:13
418	66	W40	Jayne Vondrak, 49*, Kingsley, IA	56:37	18:13
322	27	M50	Jerry Fosdick, 56, Davenport, IA	56:37	18:13
419	5	JrW	Olivia Korn, 4*, Lynnville, IA	56:38	18:13
323	63	M20	Matt Dunsbergen, 28, Pella, IA	56:38	18:13
324	9	JrM	Logan Allbee, 3, Sully, IA	56:39	18:14
420	130	W20	Emili Vondrak, 22*, Kingsley, IA	56:39	18:14
421	67	W40	Karen Floss, 42*, Clive, IA	56:40	18:14
422	131	W20	Rachel Fosdick, 23*, Davenport, IA	56:41	18:14
423	23	W50	Sharon Beitzell, 52*	56:41	18:15
325	64	M20	Seamus Turnbull, 27, Pella, IA	56:41	18:15
424	68	W40	Debra Alberto, 42*, Clive, IA	56:42	18:15
425	139	W30	Jodi Schnell, 32*, Sully, IA	56:42	18:15
426	69	W40	Jane Vander Weerot, 46*, Sully, IA	56:42	18:15
326	16	M15	Michael Fosdick, 18, Davenport, IA	56:42	18:15
427	24	W50	Ginger Turnbull, 58*, Pella, IA	56:43	18:15
327	13	M60	Glenn Turnbull, 60, Pella, IA	56:54	18:19
428	140	W30	Karla Hofman, 38*, Pella, IA	57:04	18:22
429	6	JrW	Kandace Hofman, 7*, Pella, IA	57:04	18:22
430	7	JrW	Kelsey Hofman, 9*, Pella, IA	57:09	18:24
431	8	JrW	Taylor Bolt, 9*, Pella, IA	57:10	18:24
328	57	M40	Mike Terpstra, 48, Lynnville, IA	57:19	18:27
329	106	M30	Jeremy Schnell, 33, Sully, IA	57:22	18:28

"*" indicates females

9 finishers among Men 10 & Under
 37 finishers among Men 11 - 14
 16 finishers among Men 15 - 19
 64 finishers among Men 20 - 29
 106 finishers among Men 30 - 39
 57 finishers among Men 40 - 49
 27 finishers among Men 50 - 59
 13 finishers among Men 60 & Up
 8 finishers among Women 10 & Under
 27 finishers among Women 11 - 14
 29 finishers among Women 15 - 19
 131 finishers among Women 20 - 29
 140 finishers among Women 30 - 39
 69 finishers among Women 40 - 49
 24 finishers among Women 50 - 59
 3 finishers among Women 60 & Up
 329 male finishers
 431 female finishers
 760 total finishers

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