

# 2000 Ankeny Road Race 5 km

[10K results here](#)

**Ankeny, IA**

**July 15, 2000**

Results by CMac Running Service

Use the Find option of your Web Browser to find the performance of a specific individual.

**"\*" indicates females**

PLACE	CLASS	FINISHER	TIME
PLACE	PLACE		
1	1 M20	Marty Dalton, 24, West Des Moines, IA	16:03
2	2 M20	Steven Olsen, 23, Johnston, IA	18:28
3	1 JrM	Nate Esser, 19, Ankeny, IA	18:53
4	1 M30	John Schuster, 32, Ankeny, IA	19:32
5	3 M20	Nate Hebel, 20, Urbandale, IA	19:47
6	2 M30	Tim Gedler, 36, West Des Moines, IA	20:26
7	1 M40	Jim Frank, 40, Des Moines, IA	20:28
8	3 M30	Jon Wilson, 30, Ankeny, IA	20:29
9	2 JrM	Jason Ferguson, 16, Newton, IA	20:41
10	3 JrM	Rigo Quinones, 13, Des Moines, IA	20:43
1	1 W30	Christine Price, 30*, Des Moines, IA	20:45
11	4 M30	David Caldwell, 31, Ankeny, IA	20:52
12	2 M40	Steven Roese, 41, Johnston, IA	21:03
2	1 W40	Nancy Willert, 40*, Nevada, IA	21:10
13	3 M40	Joe Blunk, 48, Ames, IA	21:11
14	4 M40	Tim Flowers, 40, Ankeny, IA	21:33
15	5 M40	Jerry Murphy, 40, Ankeny, IA	21:47
16	4 M20	Paul Drake, 20, Urbandale, IA	22:13
17	6 M40	Richard Ford, 40, Dallas Center, IA	22:23
18	5 M20	Eric Foll, 26, West Des Moines, IA	22:24
19	6 M20	James Clevenger, 20, Ankeny, IA	22:33
20	5 M30	Mike Dee, 30, Ankeny, IA	22:58
21	7 M20	Alex Parker, 20, Rochester, MN	22:59
22	1 M60	James Matthews, 60, Baxter, IA	23:19
3	1 W20	Jacquie Newhaus, 20*, Coralville, IA	23:35
4	2 W20	Lisa Jenison, 20*, Ankeny, IA	23:39
5	3 W20	Joni Snakenberg, 20*, Webster, IA	23:50
23	6 M30	Dan Tague, 30, Ankeny, IA	24:05
6	4 W20	Danielle Janke, 20*, Ames, IA	24:14
7	1 JrW	Melissa Remhof, 16*, Urbandale, IA	24:52
8	5 W20	Lori Kiene, 27*, Ankeny, IA	25:00
9	2 W30	Kim Beuter, 30*, Ankeny, IA	25:28
10	6 W20	Julie Lafollete, 29*, Des Moines, IA	26:14
24	8 M20	Jamie Helstdet, 20, Des Moines, IA	26:36
11	3 W30	Sheri Telk, 30*, Ankeny, IA	26:43
25	9 M20	Tracy Robbins, 28, Ankeny, IA	26:47
26	7 M30	Randy Pruisman, 39, Bondurant, IA	26:49
12	7 W20	Jamie Smith, 23*, Altoona, IA	27:06
13	2 JrW	Kelsey Kain, 19*, Des Moines, IA	27:15
14	8 W20	Angela Allen, 20*, Elkhart, IA	27:52
15	2 W40	Kay Peddy, 40*	27:57

27	7	M40	Rande Lafollete, 44, Des Moines, IA	27:57
28	10	M20	Lon Marso, 20, Jefferson, IA	28:12
16	3	W40	Sherry Witt, 40*, Des Moines, IA	28:16
17	4	W30	Stacy Williams, 32*, Des Moines, IA	28:57
29	8	M30	Gerene Thom, 35, Depere, IW	29:06
18	9	W20	Stacy Pokey, 20*, Ankeny, IA	29:26
19	10	W20	Becky Oswald, 20*, North English, IA	29:33
20	4	W40	Tara Thomas, 44*, Johnston, IA	30:05
21	5	W30	Cathy Evans, 37*, Urbandale, IA	30:31
22	11	W20	Kristin Tague, 20*, Ankeny, IA	30:39
23	12	W20	Richelle Lowe, 20*, Ankeny, IA	30:39
24	1	W50	Carol Mitchell, 50*, Altoona, IA	31:05
25	13	W20	Emily Tjelmeland, 22*, Clive, IA	31:10
26	14	W20	Kimberly Damsz, 20*, Des Moines, IA	31:47
30	11	M20	Bill Genne, 20, Des Moines, IA	31:48
27	15	W20	Chris Sims, 20*, Johnston, IA	31:49
28	16	W20	Natalie Pavey, 23*, Grennell, IA	32:14
29	5	W40	Fran Goodell, 40*, Ankeny, IA	32:23
30	17	W20	Karna Burzlaff, 23*, Ames, IA	33:10
31	6	W40	Nancy Hefner, 40*, Grimes, IA	33:43
31	4	JrM	James Camp, 19, Johnston, IA	35:55
32	2	W50	Helen Christakos, 50*, Johnston, IA	37:05
33	7	W40	Karen Carter, 44*, Des Moines, IA	40:38
34	6	W30	Karen White, 36*, Ankeny, IA	40:39
35	8	W40	Karen Hochstetler, 40*, Ankeny, IA	41:33
36	7	W30	Jean Hamphill, 30*, Polk City, IA	44:23
32	2	M60	Dean Simmons, 60, Ankeny, IA	44:32
37	3	W50	Sharon Blubaugh, 50*, Des Moines, IA	44:48
33	12	M20	Gail Johnson, 20, Des Moines, IA	45:04
38	4	W50	Lois McGarry, 50*, Ankeny, IA	46:09
39	5	W50	Diane McGarry, 50*, Ankeny, IA	51:45
34	9	M30	Tonya Still, 32*, Urbandale, IA	
40	6	W50	Sondra Copenhaver, 51*, Urbandale, IA	
41	8	W30	Monica Cory, 31*, West Des Moines, IA	
42	9	W30	Susan Connors, 30*, Ankeny, IA	
35	10	M30	Scott Connors, 30, Ankeny, IA	

4 finishers among Men 19 & Under  
 12 finishers among Men 20 - 29  
 10 finishers among Men 30 - 39  
 7 finishers among Men 40 - 49  
 2 finishers among Men 60 & Up  
 2 finishers among Women 19 & Under  
 17 finishers among Women 20 - 29  
 9 finishers among Women 30 - 39  
 8 finishers among Women 40 - 49  
 6 finishers among Women 50 - 59  
 35 male finishers  
 42 female finishers  
 77 total finishers

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