

Grace's Lemonade Resu#DE8D.htmlTEXTppppE>ŌšU{ŌšU{ .œ

Ames High School

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Grace's Lemonade 5K Run - 7/22/2017

Ada Hayden Park

Rankings

Mixed 5k Run RR

OverallAge groups

Comp#	Name	Team	Time	Points
1	408 Thomas, Noah	M18 Story City	16:54.72	
2	435 Warehime, Spencer	M18 Ames	17:05.90	1
3	426 Young, Neil	M34 Des Moines	17:53.54	
4	417 Warrick, Ean	M16 Ames	19:03.68	2
5	430 Crouse, Tim	M30 Ames	20:08.52	2
6	420 Wierson, Matt	M32 Ames	20:31.38	
7	423 Williams, Jonathon	M12 Ames	20:41.18	1
8	335 Graber, Christian	M17 Ames	20:47.63	
9	413 Uhl, Lisa	W25 Ames	20:51.22	1
10	313 Berryhill, Alex	M17 Ames	20:56.09	
11	404 Tebbutt, Ander	M16 Ames	21:41.13	
12	306 Basulto-Elias, Guillermo	M30 Ames	21:45.11	
13	378 Pyle, Benjamin	M27 Ames	22:24.13	1
14	397 Silerio-Vazquez, Martin	M31 Ames	22:42.25	
15	422 Williams, Geoffrey	M10 Ames	22:51.93	2
16	301 Alexander, Tegan	W19 Elizabeth	22:57.77	
17	383 Rasmussen, Jason	M35 Ames	23:12.06	
18	444 Strickland, Colin	M22 Ames	23:35.25	2
19	447 Swalla, Hank	M20 Ames	23:35.55	
20	395 Schmitt, Dana	W46 Ames	23:53.08	1
21	376 Palas, Justin	M22 Story City	24:03.41	3
22	451 Hatcher, Will	M13 Ames	24:07.45	
23	357 McDonough, Smith	M7 Ames	24:35.90	

24	338	Grove, Andrea	W44 Ames	24:37.71	2
25	358	McDonough, Troy	M41 Ames	24:39.83	1
26	380	Pyle, Matthew	M39 Ames	24:59.55	1
27	424	Wood, Aaron	M37 Ames	25:07.95	
28	341	Hasiuk, Francis	M37 Ames	25:38.54	
29	367	Nenninger, Ariel	W25 Ames	25:46.17	2
30	346	Hillier, Ian	M16 Ames	26:02.57	
31	434	Steyer, Jodi	W50 Ames	26:17.28	1
32	414	Vasquez, Jose	M21 Sioux City	26:35.57	
33	387	Risdal, Lauren	W9 Ames	27:03.56	1
34	386	Risdal, Jodi	W39 Ames	27:03.83	1
35	436	Parsons, Mike	M57 Ames	27:18.33	1
36	385	Reyes, Judith	W21 Ames	27:19.63	
37	319	Brooke, Melissa	W47 Ames	27:41.68	
38	321	Campbell, Steve	M58 Ames	28:13.62	2
39	347	Hinrichs, Whitney	W24 West Des Moines	28:38.27	3
40	396	Scott, Beth	W50 Nevada	28:39.11	
41	392	Sailer, Katie	W20 Ames	29:05.43	
42	318	Brink, Brenda	W39 Ames	29:11.09	2
43	427	Zenger, Hunter	M12 Ames	29:24.35	
44	359	McKinney, Alissa	W49 Des Moines	29:28.92	
45	320	Buchanan, Isabel	W17 Des Moines	29:29.33	
46	425	Word, Christopher	M64 La Crescenta	29:34.48	
47	377	Pudenz, Bekah	W20 Ames	30:04.71	
48	400	Sonntag, Quinn	M20 Ames	30:04.97	
49	364	Mosiman, Mary	W55 Ames	30:12.31	2
50	382	Pyle, Taylor	W10 Ames	30:15.76	2
51	379	Pyle, Ellie	W12 Ames	30:16.24	
52	381	Pyle, Susan	W39 Ames	30:38.60	
53	438	McKimpson, Lori	W57 Ames	30:41.30	
54	363	Moore, Jordan	M23 Story City	30:51.97	4
55	445	Moorman, Justin	M31 Ames	30:56.78	
56	446	Moorman, Amanda	W30 Ames	31:00.40	

57	334	Glenn, Theo	M8 Ames	31:06.89	
58	333	Glenn, Dave	M46 Ames	31:07.51	2
59	330	Ferin, Kelsie	W3 Johnston	31:15.81	
60	326	Davis, Karen	W50 Stuart	31:24.03	
61	429	Scott, Jessica	W29 Ames	31:28.09	
62	317	Boothe, Tracey	W50 Ames	31:37.86	
63	439	Clark, Mary	W55 Ames	31:38.16	
64	406	Tebbutt, Hailey	W20 Ames	31:38.90	
65	411	Trowbridge, Chelsea	W29 Ames	31:45.48	
66	410	Thompson, Rachel	W28 Ames	31:46.08	
67	409	Thompson, Erica	W26 West Des Moines	31:46.81	4
68	323	Chriswell, Brad	M43 Ames	31:57.32	
69	315	Berryhill, Chris	W46 Ames	31:58.51	
70	448	TeBockhoist, Sara	W35 Ames	32:08.54	
71	307	Bennett, Darryl	M51 Ames	32:26.83	
72	342	Helfer, Genevieve	W12 Ames	32:30.63	
73	373	Olson, Terry	M67 Ames	32:44.57	1
74	305	Ballinger, Ally	W21 Cedar Rapids	32:52.11	
75	437	Eckhoff, Jeni	W45 Ames	33:02.64	
76	329	Edwards, Marie	W62 Ames	33:11.26	1
77	402	Stamm, Cody	M32 Polk City	33:14.18	
78	325	Couves, Lauren	W16 Ames	33:24.10	1
79	324	Couves, Karen	W49 Ames	33:24.41	
80	304	Arndt, Kristine	W44 Ames	34:05.25	
81	421	Wilkinson, Grace	W29 Ames	34:08.47	
82	351	Kearney, Bridget	W47 Sheldahl	34:47.81	
83	355	Livingston, Stephanie`	W42 Ames	34:48.41	
84	336	Graber, Kendall	M52 Ames	35:04.82	
85	450	Tebockhorst, John	M35 Ames	37:05.73	
86	337	Grantham, Thomas	M27 Ames	37:47.52	
87	390	Ryken, Jonathan	M9 Ames	37:49.99	
88	442	Oldham, Anne	W44 Ames	37:55.54	
89	449	Thompson, Suzanne	W58 Ames	37:58.67	

90	322	Chriswell, Amy	W41 Ames	38:19.53	
91	443	Hoffman, Cambria	W22 Ames	38:39.63	
92	349	Johnson, Amy	W44 Madrid	38:44.16	
93	391	Saetia, Danny	M22 Ames	39:39.07	
94	361	Michael, Becky	W37 Ankeny	40:29.08	
95	362	Monroe, Matthew	M30 West Des Moines	40:31.01	
96	412	Tyner, Samantha	W27 Ames	40:31.62	
97	310	Bennett, Lucy	W14 Ames	40:36.60	
98	433	Thoen, Natalie	W14 Ames	40:37.68	
99	431	Muhlenburg, Katelyn	W25 Ames	40:47.88	
100	432	Muhlenburger, Valaree	W46 Ames	41:56.46	
101	308	Bennett, Edie	W8 Ames	42:20.05	
102	440	Niegsch, Charlie	M11 Ames	42:44.69	
103	368	Niegsch, Jason	M45 Ames	42:45.07	
104	312	Bergan, Karen	W69 Ames	42:52.20	2
105	428	Ryken, Marcy	W46 Ames	46:24.12	
106	350	Kaspar, Cathy	W58 Ames	46:24.12	
107	407	Tebbutt, Sharon	W52 Ames	46:49.00	
108	405	Tebbutt, Charles	M51 Ames	46:49.00	
109	303	Arndt, Grace	W16 Ames	46:50.00	2
110	302	Arndt, Anna	W18 Ames	46:51.00	
111	344	Helfer, Pamela	W44 Ames	47:20.00	
112	441	Allen, Brenda	W43 Ames	47:21.00	
113	388	Ruther, Marva	W51 Ames	47:44.00	
114	331	Fox, Sharon	W51 Ames	48:28.00	
115	398	Skyberg, Addysyn	W9 Ames	48:51.00	
116	348	Jindrich, Ann	W24 Ames	48:51.00	
117	384	ravenscroft, alvin	M83 Ames	49:35.00	2
118	415	Wagner, Janel	W46 Huxley	50:37.00	
119	374	Osborn, Amy	W41 Urbandale	50:37.00	
120	419	Wendt, Harper	W8 Huxley	50:47.00	
121	418	Wendt, Erin	W39 Huxley	50:47.00	
122	369	Nigh, Aidan	M12 Ames	52:48.00	

123	316	Bohnert, Monica	W48 Ames	52:52.00
124	452	Bear, Christine	W37 Ames	52:52.00
125	343	Helfer, Jacob	M10 Ames	53:25.00
126	345	Helfer, Wade	M44 Ames	53:25.00
127	371	Nigh, Kate	W8 Ames	53:27.00
128	372	Nigh, Steph	W44 Ames	53:44.00
129	370	nigh, Jeff	M47 Ames	53:50.00
130	366	Nelson, Linda	W62 Boone	54:46.00
131	365	Nelson, Kim	M62 Boone	54:46.00
132	416	Walker, Kathy	W61 Ames	55:01.00

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