

[5 kilo results](#)[1 Mile results](#)

Watermelon Days *** 5K Run *** Overall & Divisions

Event: 5K Run

Date: Friday, August 06, 2021

Location: Atkins, IA

Weather: Sunny, 60% Humidity, Wind SSW 5-10mph & 84°

[Overall and Age Divisions](#)

Results By: Andrew Kauder - Kauder Racing, LLC

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Eli Miller, M23	Van Horne, IA	15:59	5:09/M	15:59	5:09/M
2	2	1 M30	Nathan Hopp, M38	Cedar Rapids, IA	16:43	5:23/M	16:43	5:23/M
3	3	1 M20	Blaine Volesky, M21	Norway, IA	19:30	6:17/M	19:30	6:17/M
4	4	1 M14	Brady Osborn, M18	Newhall, IA	19:45	6:21/M	19:44	6:21/M
5	5	2 M14	Owen Sadler, M17	Atkins, IA	19:58	6:25/M	19:57	6:25/M
6	6	2 M20	Russell Atwood, M20	Van Horne, IA	20:08	6:29/M	20:07	6:29/M
7	7	3 M14	Craig Morris, M18	Van Horne, IA	20:12	6:30/M	20:12	6:30/M
8	8	4 M14	Isaac Morris, M15	Van Horne, IA	20:41	6:39/M	20:41	6:39/M
9	1	1 OVF	Jessie Clark, F33	Cedar Rapids, IA	21:08	6:48/M	21:05	6:47/M
10	9	5 M14	Marcus Ricklefs, M15	Atkins, IA	21:09	6:49/M	21:09	6:48/M
11	10	6 M14	Ryan Lange, M17	Atkins, IA	21:38	6:58/M	21:37	6:57/M
12	11	7 M14	Luke Lange, M14	Atkins, IA	22:20	7:11/M	22:18	7:11/M

13	12	8 M14	Brandon Schultz, M16	Atkins, IA	22:40	7:18/M	22:39	7:18/M
14	13	2 M30	Trevor Dursky, M37	Atkins, IA	22:41	7:18/M	22:38	7:17/M
15	14	1 JRM	MacKlin Svalstad, M10	Solon, IA	22:41	7:18/M	22:41	7:18/M
16	15	9 M14	Tristan West, M17	Atkins, IA	22:53	7:22/M	22:52	7:22/M
17	16	10 M14	Elijah Kupka, M14	Van Horne, IA	23:00	7:24/M	22:58	7:23/M
18	17	2 JRM	Brooks Kabela, M10	Solon, IA	23:19	7:30/M	23:19	7:30/M
19	2	1 F14	Jaida Lyons, F15	Atkins, IA	23:20	7:30/M	23:18	7:30/M
20	3	2 F14	Abby Rinderknecht, F17	Atkins, IA	23:20	7:31/M	23:19	7:30/M
21	18	1 M50	Mike Kabela, M54	Solon, IA	23:27	7:33/M	23:24	7:32/M
22	4	3 F14	Abbie Jones, F14	Atkins, IA	23:52	7:41/M	23:50	7:40/M
23	19	3 M30	Michael Bell, M38	Atkins, IA	23:53	7:41/M	23:50	7:40/M
24	5	1 F20	Lindsay Meade, F28	Cedar Rapids, IA	23:58	7:43/M	23:56	7:42/M
25	20	1 M40	Chris Nims, M44	Robins, IA	24:17	7:49/M	24:17	7:49/M
26	21	2 M50	Randy Schultz, M59	Atkins, IA	24:34	7:55/M	24:31	7:54/M
27	6	4 F14	Hailee Ricklefs, F18	Atkins, IA	24:47	7:58/M	24:45	7:58/M
28	22	11 M14	Drew Lange, M19	Atkins, IA	25:26	8:11/M	25:26	8:11/M
29	7	1 F50	Renee Lyons, F50	Atkins, IA	25:34	8:14/M	25:31	8:13/M
30	23	3 M50	Ryan Tresnak, M50	Vinton, IA	26:38	8:34/M	26:32	8:32/M
31	8	5 F14	Kierstyn Wacek, F14	Atkins, IA	27:15	8:46/M	27:11	8:45/M
32	9	1 JRF	Lexi Nims, F12	Robins, IA	27:31	8:52/M	27:30	8:51/M
33	10	6 F14	Jaden Thys, F18	Blairstown, IA	27:52	8:58/M	27:50	8:58/M
34	11	2 F20	Mallory Thys, F20	Blairstown, IA	27:53	8:59/M	27:52	8:58/M
35	24	2 M40	Nick Maiers, M41	Atkins, IA	28:08	9:03/M	28:05	9:02/M
36	25	3 JRM	Brock Becker, M6	Cedar Rapids, IA	28:15	9:05/M	28:10	9:04/M
37	26	4 M30	Scott Becker, M33	Cedar Rapids, IA	28:15	9:06/M	28:11	9:04/M
38	12	7 F14	Gwen King, F16	Vinton, IA	28:28	9:10/M	28:26	9:09/M
39	27	1 M60	Rick Robertson, M60	Shellsburg, IA	29:12	9:24/M	29:09	9:23/M
40	28	4 JRM	Noah Pickart, M13	Norway, IA	29:43	9:34/M	29:41	9:33/M
41	13	1 F40	Cheryl Hubbard, F45	Mason City, IA	29:54	9:37/M	29:50	9:36/M
42	29	5 JRM	Colin Reiners, M13	Atkins, IA	30:05	9:41/M	29:57	9:38/M
43	30	12 M14	Evan Patterson, M14	Atkins, IA	30:18	9:45/M	30:16	9:44/M

44	31	4 M50	Chad Vonkampen, M54	Atkins, IA	30:20	9:46/M	30:14	9:44/M
45	14	1 F30	Katie Stien, F37	Watkins, IA	30:45	9:54/M	30:37	9:51/M
46	15	8 F14	Emma Schwake, F16	Atkins, IA	30:52	9:56/M	30:51	9:56/M
47	16	2 F40	Carolyn Harold, F47	West Branch, IA	31:49	10:14/M	31:45	10:13/M
48	17	9 F14	Ana Glawe, F14	Atkins, IA	31:52	10:15/M	31:49	10:15/M
49	18	3 F40	Lori Kramer, F49	Atkins, IA	32:39	10:31/M	32:35	10:29/M
50	19	4 F40	Andrea Townsley, F40	Van Horne, IA	32:39	10:31/M	32:35	10:29/M
51	32	2 M60	Mick Alsager, M62	Cedar Rapids, IA	32:47	10:33/M	32:43	10:32/M
52	33	1 M70	John Leland, M85	Marion, IA	33:00	10:37/M	33:00	10:37/M
53	34	3 M40	Eric Townsley, M42	Van Horne, IA	33:23	10:45/M	33:17	10:43/M
54	20	2 F30	Angie Wiatt, F34	Atkins, IA	33:49	10:53/M	33:42	10:51/M
55	21	10 F14	Cora McArtor, F14	Cedar Rapids, IA	34:01	10:57/M	33:55	10:55/M
56	22	2 JRF	Evie Ireland, F11	Atkins, IA	34:30	11:06/M	34:24	11:04/M
57	23	5 F40	Sherrie Collins, F45	Atkins, IA	34:40	11:10/M	34:35	11:08/M
58	24	3 JRF	Falyn Svalstad, F12	Solon, IA	36:08	11:38/M	36:04	11:37/M
59	35	4 M40	Erik Svalstad, M42	Solon, IA	36:08	11:38/M	36:05	11:37/M
60	36	6 JRM	Jonathan Sadler, M12	Amana, IA	36:09	11:38/M	36:07	11:38/M
61	37	13 M14	Brady Gammill, M14	Atkins, IA	36:22	11:42/M	36:21	11:42/M
62	25	3 F20	Quincy Chihak, F21	Atkins, IA	36:35	11:47/M	36:29	11:45/M
63	38	7 JRM	Brady Ireland, M10	Atkins, IA	37:43	12:08/M	37:37	12:07/M
64	26	4 JRF	Niley Hoeck, F9	Atkins, IA	38:29	12:23/M	38:27	12:23/M
65	27	4 F20	Karli Stull, F29	Cedar Rapids, IA	44:19	14:16/M	44:10	14:13/M
66	28	5 JRF	Kinnick Hoeck, F10	Atkins, IA	44:27	14:19/M	44:24	14:18/M
67	29	3 F30	Jackie Tallerico, F33	Shellsburg, IA	44:50	14:26/M	44:41	14:23/M
68	30	4 F30	Erin Boelman, F37	Shellsburg, IA	44:51	14:26/M	44:41	14:23/M

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1	Eli Miller, M23	Van Horne, IA	15:59	5:09/M	15:59	5:09/M
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Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jessie Clark, F33	Cedar Rapids, IA	21:08	6:48/M	21:05	6:47/M

M[13 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	MacKlin Svalstad, M10	Solon, IA	22:41	7:18/M	22:41	7:18/M
2	Brooks Kabela, M10	Solon, IA	23:19	7:30/M	23:19	7:30/M
3	Brock Becker, M6	Cedar Rapids, IA	28:15	9:05/M	28:10	9:04/M
4	Noah Pickart, M13	Norway, IA	29:43	9:34/M	29:41	9:33/M
5	Colin Reiners, M13	Atkins, IA	30:05	9:41/M	29:57	9:38/M
6	Jonathan Sadler, M12	Amana, IA	36:09	11:38/M	36:07	11:38/M
7	Brady Ireland, M10	Atkins, IA	37:43	12:08/M	37:37	12:07/M

F[13 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lexi Nims, F12	Robins, IA	27:31	8:52/M	27:30	8:51/M
2	Evie Ireland, F11	Atkins, IA	34:30	11:06/M	34:24	11:04/M
3	Falyn Svalstad, F12	Solon, IA	36:08	11:38/M	36:04	11:37/M
4	Niley Hoeck, F9	Atkins, IA	38:29	12:23/M	38:27	12:23/M
5	Kinnick Hoeck, F10	Atkins, IA	44:27	14:19/M	44:24	14:18/M

M[14-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Brady Osborn, M18	Newhall, IA	19:45	6:21/M	19:44	6:21/M
2	Owen Sadler, M17	Atkins, IA	19:58	6:25/M	19:57	6:25/M
3	Craig Morris, M18	Van Horne, IA	20:12	6:30/M	20:12	6:30/M
4	Isaac Morris, M15	Van Horne, IA	20:41	6:39/M	20:41	6:39/M
5	Marcus Ricklefs, M15	Atkins, IA	21:09	6:49/M	21:09	6:48/M
6	Ryan Lange, M17	Atkins, IA	21:38	6:58/M	21:37	6:57/M
7	Luke Lange, M14	Atkins, IA	22:20	7:11/M	22:18	7:11/M
8	Brandon Schultz, M16	Atkins, IA	22:40	7:18/M	22:39	7:18/M
9	Tristan West, M17	Atkins, IA	22:53	7:22/M	22:52	7:22/M
10	Elijah Kupka, M14	Van Horne, IA	23:00	7:24/M	22:58	7:23/M
11	Drew Lange, M19	Atkins, IA	25:26	8:11/M	25:26	8:11/M
12	Evan Patterson, M14	Atkins, IA	30:18	9:45/M	30:16	9:44/M
13	Brady Gammill, M14	Atkins, IA	36:22	11:42/M	36:21	11:42/M

F[14-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Jaida Lyons, F15	Atkins, IA	23:20	7:30/M	23:18	7:30/M
2	Abby Rinderknecht, F17	Atkins, IA	23:20	7:31/M	23:19	7:30/M
3	Abbie Jones, F14	Atkins, IA	23:52	7:41/M	23:50	7:40/M
4	Hailee Ricklefs, F18	Atkins, IA	24:47	7:58/M	24:45	7:58/M
5	Kierstyn Wacek, F14	Atkins, IA	27:15	8:46/M	27:11	8:45/M
6	Jaden Thys, F18	Blairstown, IA	27:52	8:58/M	27:50	8:58/M
7	Gwen King, F16	Vinton, IA	28:28	9:10/M	28:26	9:09/M
8	Emma Schwake, F16	Atkins, IA	30:52	9:56/M	30:51	9:56/M
9	Ana Glawe, F14	Atkins, IA	31:52	10:15/M	31:49	10:15/M
10	Cora McArtor, F14	Cedar Rapids, IA	34:01	10:57/M	33:55	10:55/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Blaine Volesky, M21	Norway, IA	19:30	6:17/M	19:30	6:17/M
2	Russell Atwood, M20	Van Horne, IA	20:08	6:29/M	20:07	6:29/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lindsay Meade, F28	Cedar Rapids, IA	23:58	7:43/M	23:56	7:42/M
2	Mallory Thys, F20	Blairstown, IA	27:53	8:59/M	27:52	8:58/M
3	Quincy Chihak, F21	Atkins, IA	36:35	11:47/M	36:29	11:45/M
4	Karli Stull, F29	Cedar Rapids, IA	44:19	14:16/M	44:10	14:13/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Nathan Hopp, M38	Cedar Rapids, IA	16:43	5:23/M	16:43	5:23/M
2	Trevor Dursky, M37	Atkins, IA	22:41	7:18/M	22:38	7:17/M
3	Michael Bell, M38	Atkins, IA	23:53	7:41/M	23:50	7:40/M
4	Scott Becker, M33	Cedar Rapids, IA	28:15	9:06/M	28:11	9:04/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Katie Stien, F37	Watkins, IA	30:45	9:54/M	30:37	9:51/M
2	Angie Wiatt, F34	Atkins, IA	33:49	10:53/M	33:42	10:51/M

3	Jackie Tallerico, F33	Shellsburg, IA	44:50	14:26/M	44:41	14:23/M
4	Erin Boelman, F37	Shellsburg, IA	44:51	14:26/M	44:41	14:23/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Chris Nims, M44	Robins, IA	24:17	7:49/M	24:17	7:49/M
2	Nick Maiers, M41	Atkins, IA	28:08	9:03/M	28:05	9:02/M
3	Eric Townsley, M42	Van Horne, IA	33:23	10:45/M	33:17	10:43/M
4	Erik Svalstad, M42	Solon, IA	36:08	11:38/M	36:05	11:37/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Cheryl Hubbard, F45	Mason City, IA	29:54	9:37/M	29:50	9:36/M
2	Carolyn Harold, F47	West Branch, IA	31:49	10:14/M	31:45	10:13/M
3	Lori Kramer, F49	Atkins, IA	32:39	10:31/M	32:35	10:29/M
4	Andrea Townsley, F40	Van Horne, IA	32:39	10:31/M	32:35	10:29/M
5	Sherrie Collins, F45	Atkins, IA	34:40	11:10/M	34:35	11:08/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Mike Kabela, M54	Solon, IA	23:27	7:33/M	23:24	7:32/M
2	Randy Schultz, M59	Atkins, IA	24:34	7:55/M	24:31	7:54/M
3	Ryan Tresnak, M50	Vinton, IA	26:38	8:34/M	26:32	8:32/M
4	Chad Vonkampen, M54	Atkins, IA	30:20	9:46/M	30:14	9:44/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Renee Lyons, F50	Atkins, IA	25:34	8:14/M	25:31	8:13/M

M[60-69]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Rick Robertson, M60	Shellsburg, IA	29:12	9:24/M	29:09	9:23/M
2	Mick Alsager, M62	Cedar Rapids, IA	32:47	10:33/M	32:43	10:32/M

M[70 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
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1 John Leland, M85 Marion, IA 33:00 10:37/M 33:00 10:37/M

**Printed on: 8/6/2021 7:16:08 PM Results by:
Andrew Kauder - Kauder Racing, LLC**
