

# Watermelon Days \*\*\* 5K Run \*\*\* Overall & Divisions

[Event: 5K Run](#)

[Event: 1-Mile](#)

Date: Friday, August 05, 2016

Location: Atkins, IA

Weather: 0°

## Overall and Age Divisions

### *Results By: Scheckel, Kauder Racing*

<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Michael Nordberg, M35	Cedar Rapids, IA	17:00	5:28/M
2	2	1 M20	Taylor Mueller, M23	Cedar Rapids, IA	17:10	5:32/M
3	3	1 M14	Michael Marshall, M19	Center Point, IA	17:49	5:44/M
4	4	2 M20	Andrew Welch, M22	Marion, IA	18:32	5:58/M
5	5	2 M14	Eli Miller, M18	Newhall, IA	18:53	6:05/M
6	6	1 M60	Cindy Sevde, M63	Atkins, IA	18:54	6:05/M
7	7	3 M14	Dylan Spina, M15	Atkins, IA	19:14	6:11/M
8	8	4 M14	Patrick Gorkow, M16	Van Horne, IA	19:51	6:23/M
9	9	1 M40	Mike Tba, M49	North Liberty, IA	20:03	6:27/M
10	10	1 M50	Tim Vipond, M50	Cedar Rapids, IA	20:47	6:41/M
11	11	5 M14	Joe Scieszinski, M17	Cedar Rapids, IA	20:58	6:45/M
12	12	6 M14	Sam Lavin, M16	Atkins, IA	21:16	6:51/M
13	13	7 M14	Nathaniel Caldwell, M14	Atkins, IA	21:47	7:01/M
14	14	2 M50	Mark Heffernen, M50	Palo, IA	22:01	7:05/M
15	15	1 M30	Chris Nims, M39	Robins, IA	22:01	7:05/M
16	16	1 JRM	Alden Harris, M12	Keystone, IA	22:27	7:13/M
17	1	1 OVF	Hailee Ricklefs, F13	Atkins, IA	22:38	7:17/M
18	17	8 M14	Timothy Hall, M16	Atkins, IA	22:42	7:18/M
19	18	9 M14	Russell Atwood, M15	Van Horne, IA	22:43	7:19/M
20	19	2 M60	Mark Mueller, M60	Cedar Rapids, IA	22:44	7:19/M
21	20	10 M14	Nathan Wells, M16	Atkins, IA	22:50	7:21/M
22	21	11 M14	Spencer Sahu, M17	Atkins, IA	22:54	7:22/M
23	22	12 M14	Bennett Gorkow, M15	Toddville, IA	23:01	7:24/M

24	2	1 F14	Lauren Woeste, F14	Atkins, IA	23:12	7:28/M
25	23	13 M14	Carl Gerhold, M17	Atkins, IA	23:13	7:28/M
26	24	3 M50	Dan Balvin, M50	Belle Plaine, IA	23:22	7:31/M
27	25	14 M14	Keaton Kline, M18	Van Horne, IA	23:31	7:34/M
28	26	15 M14	Jj Eilers, M14	Urbana, IA	23:43	7:38/M
29	3	2 F14	Allison Jen, F17	Norway, IA	23:49	7:40/M
30	27	2 JRM	Aaron Kramer, M12	Urbana, IA	24:01	7:44/M
31	28	16 M14	Ben Haerther, M18	Atkins, IA	24:03	7:44/M
32	29	2 M40	Shawn Steffen, M46	Atkins, IA	24:18	7:49/M
33	4	1 F30	Amy Marshall, F34	Cedar Rapids, IA	24:26	7:52/M
34	30	17 M14	Trevor Hartz, M19	Blairstown, IA	24:28	7:53/M
35	31	4 M50	Ranoy Schultz, M54	Atkins, IA	24:48	7:59/M
36	5	3 F14	Paige King, F15	Vinton, IA	24:52	8:00/M
37	6	4 F14	Morgan Barnard, F18	Keystone, IA	24:53	8:00/M
38	32	3 M40	Brian Barnard, M41	Keystone, IA	24:58	8:02/M
39	7	5 F14	Carma Armstrong, F18	Atkins, IA	25:08	8:05/M
40	8	1 JRF	Abby Rinderknecht, F12	Atkins, IA	25:16	8:08/M
41	33	3 JRM	Colton Johnson, M11	Newhall, IA	25:39	8:15/M
42	9	6 F14	Olivia Krousie, F16	Van Horne, IA	25:42	8:16/M
43	10	7 F14	Alyssa Ellis, F16	Newhall, IA	25:53	8:20/M
44	11	1 F40	Melissa Barnard, F40	Keystone, IA	26:00	8:22/M
45	34	4 JRM	Kinnick Nims, M11	Robins, IA	26:01	8:23/M
46	35	4 M40	Brian King, M46	Vinton, IA	26:03	8:23/M
47	36	5 M50	Kevin Rice, M57	Atkins, IA	26:39	8:35/M
48	37	2 M30	Shawn Bruns, M36	IA	27:07	8:44/M
49	38	5 JRM	Eben Ellis, M13	Newhall, IA	27:08	8:44/M
50	39	3 M30	Matthew Jensen, M37	Marion, IA	27:14	8:46/M
51	40	6 JRM	Ryan Lange, M12	Atkins, IA	27:51	8:58/M
52	41	18 M14	Will Von Ahsen, M14	Atkins, IA	27:56	8:59/M
53	42	5 M40	Brent Shaw, M45	Atkins, IA	28:18	9:07/M
54	12	8 F14	Madison Clark, F14	Cedar Rapids, IA	28:23	9:08/M
55	43	6 M40	Marty Roberts, M48	Atkins, IA	28:27	9:09/M
56	44	7 JRM	Easton Patterson, M12	Atkins, IA	28:31	9:11/M
57	45	7 M40	Chad Vonkampen, M49	Atkins, IA	28:32	9:11/M
58	13	9 F14	Megan McGovern, F18	Atkins, IA	28:35	9:12/M
59	46	4 M30	Ben Corrigan, M31	Atkins, IA	28:35	9:12/M
60	14	10 F14	Skyler Shaw, F15	Atkins, IA	28:36	9:12/M
61	47	8 JRM	Marcus Ricklefs, M10	Atkins, IA	28:38	9:13/M
62	15	2 F40	Tami Steffen, F47	Atkins, IA	28:48	9:16/M
63	48	5 M30	Brandon Cook, M31	Norway, IA	28:55	9:18/M
64	49	6 M50	Dave McGovern, M52	Atkins, IA	29:05	9:22/M
65	50	3 M60	Alan Marshall, M62	Center Point, IA	29:13	9:24/M
66	51	6 M30	Jeff Furler, M34	Norway, IA	29:22	9:27/M
67	52	19 M14	Derek Hollister, M16	Newhall, IA	29:22	9:27/M
68	16	11 F14	Libby Gleason, F19	Atkins, IA	30:00	9:39/M
69	17	2 JRF	Emma Von Ahsen, F11	Atkins, IA	30:29	9:49/M

70	18	12 F14	Bailey Barnard, F16	Keystone, IA	30:43	9:53/M
71	19	1 F50	Tina Becker, F55	Watkins, IA	30:51	9:56/M
72	20	2 F30	Abbey Whalen, F32	Newhall, IA	30:57	9:58/M
73	21	1 F20	Alexa Mickelson, F21	Marion, IA	30:59	9:58/M
74	22	3 F30	Brandi Nelson, F39	Atkins, IA	31:37	10:11/M
75	23	4 F30	Julie Summers, F39	Cedar Rapids, IA	31:38	10:11/M
76	24	1 F60	Diane Marshall, F61	Center Point, IA	32:16	10:23/M
77	25	5 F30	Tina Wisnoski, F37	Atkins, IA	32:49	10:34/M
78	26	3 JRF	Madison Block, F12	Urbana, IA	33:08	10:40/M
79	27	6 F30	Becca Bunce, F34	Atkins, IA	33:22	10:44/M
80	28	2 F20	Abigail Chihak, F23	Mount Vernon, IA	33:34	10:48/M
81	53	9 JRM	Noah Frank, M11	Keystone, IA	33:40	10:50/M
82	29	3 F40	Holly Deeds, F49	Atkins, IA	34:01	10:57/M
83	54	8 M40	Ron Woeste, M49	Atkins, IA	34:16	11:02/M
84	55	7 M30	Greg Svoboda, M30	Vinton, IA	37:20	12:01/M
85	30	4 JRF	Emersyn Svoboda, F6	Vinton, IA	37:20	12:01/M
86	31	3 F20	Jen Noe Bell, F28	Marion, IA	38:21	12:21/M
87	32	4 F40	Jen King, F45	Vinton, IA	38:55	12:32/M
88	33	4 F20	Mellisa Noe, F25	Marion, IA	39:38	12:45/M
89	34	2 F60	Debby Prideaux, F62	Marion, IA	39:45	12:48/M
90	35	2 F50	Lori Coster, F54	Marion, IA	46:23	14:56/M
91	36	5 F40	Pam Garbers, F43	Marion, IA	49:16	15:51/M

### Overall and Age Divisions

#### Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Michael Nordberg, M35	Cedar Rapids, IA	17:00	5:28/M

#### Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Hailee Ricklefs, F13	Atkins, IA	22:38	7:17/M

#### M[13 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Alden Harris, M12	Keystone, IA	22:27	7:13/M
2	Aaron Kramer, M12	Urbana, IA	24:01	7:44/M
3	Colton Johnson, M11	Newhall, IA	25:39	8:15/M
4	Kinnick Nims, M11	Robins, IA	26:01	8:23/M
5	Eben Ellis, M13	Newhall, IA	27:08	8:44/M
6	Ryan Lange, M12	Atkins, IA	27:51	8:58/M

7	Easton Patterson, M12	Atkins, IA	28:31	9:11/M
8	Marcus Ricklefs, M10	Atkins, IA	28:38	9:13/M
9	Noah Frank, M11	Keystone, IA	33:40	10:50/M

**F[13 & Under]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Abby Rinderknecht, F12	Atkins, IA	25:16	8:08/M
2	Emma Von Ahsen, F11	Atkins, IA	30:29	9:49/M
3	Madison Block, F12	Urbana, IA	33:08	10:40/M
4	Emersyn Svoboda, F6	Vinton, IA	37:20	12:01/M

**M[14-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Michael Marshall, M19	Center Point, IA	17:49	5:44/M
2	Eli Miller, M18	Newhall, IA	18:53	6:05/M
3	Dylan Spina, M15	Atkins, IA	19:14	6:11/M
4	Patrick Gorkow, M16	Van Horne, IA	19:51	6:23/M
5	Joe Scieszinski, M17	Cedar Rapids, IA	20:58	6:45/M
6	Sam Lavin, M16	Atkins, IA	21:16	6:51/M
7	Nathaniel Caldwell, M14	Atkins, IA	21:47	7:01/M
8	Timothy Hall, M16	Atkins, IA	22:42	7:18/M
9	Russell Atwood, M15	Van Horne, IA	22:43	7:19/M
10	Nathan Wells, M16	Atkins, IA	22:50	7:21/M
11	Spencer Sahu, M17	Atkins, IA	22:54	7:22/M
12	Bennett Gorkow, M15	Toddville, IA	23:01	7:24/M
13	Carl Gerhold, M17	Atkins, IA	23:13	7:28/M
14	Keaton Kline, M18	Van Horne, IA	23:31	7:34/M
15	Jj Eilers, M14	Urbana, IA	23:43	7:38/M
16	Ben Haerther, M18	Atkins, IA	24:03	7:44/M
17	Trevor Hartz, M19	Blairstown, IA	24:28	7:53/M
18	Will Von Ahsen, M14	Atkins, IA	27:56	8:59/M
19	Derek Hollister, M16	Newhall, IA	29:22	9:27/M

**F[14-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Lauren Woeste, F14	Atkins, IA	23:12	7:28/M
2	Allison Jen, F17	Norway, IA	23:49	7:40/M
3	Paige King, F15	Vinton, IA	24:52	8:00/M
4	Morgan Barnard, F18	Keystone, IA	24:53	8:00/M
5	Carma Armstrong, F18	Atkins, IA	25:08	8:05/M
6	Olivia Krousie, F16	Van Horne, IA	25:42	8:16/M
7	Alyssa Ellis, F16	Newhall, IA	25:53	8:20/M

8	Madison Clark, F14	Cedar Rapids, IA	28:23	9:08/M
9	Megan McGovern, F18	Atkins, IA	28:35	9:12/M
10	Skyler Shaw, F15	Atkins, IA	28:36	9:12/M
11	Libby Gleason, F19	Atkins, IA	30:00	9:39/M
12	Bailey Barnard, F16	Keystone, IA	30:43	9:53/M

**M[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Taylor Mueller, M23	Cedar Rapids, IA	17:10	5:32/M
2	Andrew Welch, M22	Marion, IA	18:32	5:58/M

**F[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Alexa Mickelson, F21	Marion, IA	30:59	9:58/M
2	Abigail Chihak, F23	Mount Vernon, IA	33:34	10:48/M
3	Jen Noe Bell, F28	Marion, IA	38:21	12:21/M
4	Mellisa Noe, F25	Marion, IA	39:38	12:45/M

**M[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Chris Nims, M39	Robins, IA	22:01	7:05/M
2	Shawn Bruns, M36	IA	27:07	8:44/M
3	Matthew Jensen, M37	Marion, IA	27:14	8:46/M
4	Ben Corrigan, M31	Atkins, IA	28:35	9:12/M
5	Brandon Cook, M31	Norway, IA	28:55	9:18/M
6	Jeff Furler, M34	Norway, IA	29:22	9:27/M
7	Greg Svoboda, M30	Vinton, IA	37:20	12:01/M

**F[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Amy Marshall, F34	Cedar Rapids, IA	24:26	7:52/M
2	Abbey Whalen, F32	Newhall, IA	30:57	9:58/M
3	Brandi Nelson, F39	Atkins, IA	31:37	10:11/M
4	Julie Summers, F39	Cedar Rapids, IA	31:38	10:11/M
5	Tina Wisnoski, F37	Atkins, IA	32:49	10:34/M
6	Becca Bunce, F34	Atkins, IA	33:22	10:44/M

**M[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Mike Tba, M49	North Liberty, IA	20:03	6:27/M
2	Shawn Steffen, M46	Atkins, IA	24:18	7:49/M

3	Brian Barnard, M41	Keystone, IA	24:58	8:02/M
4	Brian King, M46	Vinton, IA	26:03	8:23/M
5	Brent Shaw, M45	Atkins, IA	28:18	9:07/M
6	Marty Roberts, M48	Atkins, IA	28:27	9:09/M
7	Chad Vonkampen, M49	Atkins, IA	28:32	9:11/M
8	Ron Woeste, M49	Atkins, IA	34:16	11:02/M

**F[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Melissa Barnard, F40	Keystone, IA	26:00	8:22/M
2	Tami Steffen, F47	Atkins, IA	28:48	9:16/M
3	Holly Deeds, F49	Atkins, IA	34:01	10:57/M
4	Jen King, F45	Vinton, IA	38:55	12:32/M
5	Pam Garbers, F43	Marion, IA	49:16	15:51/M

**M[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Tim Vipond, M50	Cedar Rapids, IA	20:47	6:41/M
2	Mark Heffernen, M50	Palo, IA	22:01	7:05/M
3	Dan Balvin, M50	Belle Plaine, IA	23:22	7:31/M
4	Ranoy Schultz, M54	Atkins, IA	24:48	7:59/M
5	Kevin Rice, M57	Atkins, IA	26:39	8:35/M
6	Dave McGovern, M52	Atkins, IA	29:05	9:22/M

**F[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Tina Becker, F55	Watkins, IA	30:51	9:56/M
2	Lori Coster, F54	Marion, IA	46:23	14:56/M

**M[60-69]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Cindy Sevde, M63	Atkins, IA	18:54	6:05/M
2	Mark Mueller, M60	Cedar Rapids, IA	22:44	7:19/M
3	Alan Marshall, M62	Center Point, IA	29:13	9:24/M

**F[60-69]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Diane Marshall, F61	Center Point, IA	32:16	10:23/M
2	Debby Prideaux, F62	Marion, IA	39:45	12:48/M

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