

Watermelon Days

5K Run

Atkins, IA

Saturday, August 02, 2014

Timing/Scoring by: Scheckel, Kauder Racing

[1 Mile results here](#)

Male:	<u>Overall</u>	<u>0/13</u>	<u>14/19</u>	<u>20/29</u>	<u>30/39</u>	<u>40/49</u>	<u>50/59</u>	<u>60/69</u>
Female:	<u>Overall</u>	<u>0/13</u>	<u>14/19</u>	<u>20/29</u>	<u>30/39</u>	<u>40/49</u>	<u>50/59</u>	

5K Run										<u>Top</u>
POS	M/F	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	
1	1	1	OVM	Ryan Strauss	16	Dubuque	IA	17:50	5:44	
2	2	1	M14	Steven Culpepper	16	Hiawatha	IA	18:04	5:49	
3	3	1	M30	Nick Nordheim	35	Williamsburg	IA	18:22	5:55	
4	4	2	M30	Mike Newman	36	Cedar Rapids	IA	18:59	6:06	
5	5	3	M30	John Hackbarth	32	Cedar Rapids	IA	19:24	6:15	
6	6	1	M40	Chad Krueger	46	Cedar Rapids	IA	19:37	6:19	
7	1	1	OVF	Sophia Gilbert	14	Atkins	IA	19:51	6:23	
8	7	2	M40	Tom Daubs	43	Marion	IA	20:03	6:27	
9	8	4	M30	Wes Hilleshiem	36	Marion	IA	20:04	6:28	
11	10	3	M14	Zach Steffen	16	Atkins	IA	20:29	6:36	
10	9	2	M14	Keaten Kline	16	Van Horne	IA	20:29	6:36	
12	11	4	M14	Ben Haerther	16	Atkins	IA	20:29	6:36	
13	12	5	M14	Eli Miller	16	Keystone	IA	20:29	6:36	
14	13	1	M20	Craig Labath	26	Coralville	IA	20:45	6:41	
15	14	6	M14	Evan Gradoville	17	Cedar Rapids	IA	21:22	6:53	
16	2	1	F30	Julie Johnston	30	Cedar Rapids	IA	21:23	6:53	
17	15	3	M40	John Oxley	43	Tiffin	IA	21:32	6:56	
18	16	5	M30	Doug Fishwild	35	Cedar Rapids	IA	22:07	7:07	
19	17	6	M30	Phillip Kolek	32	Atkins	IA	22:16	7:10	
20	18	7	M14	Patrick Gorkow	14	Van Horne	IA	22:22	7:12	
21	19	8	M14	Julian Wilson	16	Amana	IA	22:38	7:17	
22	20	1	M50	Craig Brophy	53	Cedar Rapids	IA	23:16	7:29	
23	3	2	F30	Melissa Barnard	38	Keystone	IA	23:28	7:33	

24	21	2	M20	Greg Svoboda	28	Waterloo	IA	23:32	7:34
25	22	1	JRM	Jj Eilers	12	Urban	IA	23:35	7:35
26	4	1	F14	Carma Armstrong	16	Atkins	IA	23:37	7:36
27	23	3	M20	Bryer Scheer	23	Atkins	IA	23:38	7:37
28	24	2	M50	Randy Schultz	52	Atkins	IA	23:43	7:38
29	25	7	M30	Joel Ridgway	31	Atkins	IA	23:46	7:39
30	5	3	F30	Amber Srearns	30	Newhall	IA	23:49	7:40
31	26	4	M40	Mark Gilbert	42	Atkins	IA	23:50	7:40
32	27	9	M14	Spencer Sahu	15	Atkins	IA	23:58	7:43
33	6	1	JRF	Hailee Ricklefs	11	Atkins	IA	24:10	7:47
34	7	2	JRF	Lauren Woeste	12	Atkins	IA	24:25	7:52
35	28	3	M50	Kevin Rice	55	Atkins	IA	24:35	7:55
36	29	8	M30	Chris Blattler	30	Shellsburg	IA	24:48	7:59
37	30	10	M14	Kamron Korsmo	15	Atkins	IA	24:53	8:01
38	8	2	F14	Morgan Barnard	16	Atkins	IA	24:57	8:02
39	31	4	M20	Tommy Zittergruen	21	Van Horne	IA	25:05	8:04
40	9	1	F20	Karly Stahlhut	21	Shellsburg	IA	25:13	8:07
41	10	3	JRF	Olivia Wilson	13	Amana	IA	25:15	8:08
42	11	1	F40	Tonya Lyle	40	Newhall	IA	25:18	8:09
43	32	9	M30	Chris Anderson	30	Atkins	IA	25:18	8:09
44	12	4	F30	Michelle Hackbarth	31	Cedar Rapids	IA	25:22	8:10
45	13	3	F14	Megan McGovern	16	Atkins	IA	25:26	8:11
46	14	2	F20	Traci Ridgway	29	Atkins	IA	25:42	8:16
47	33	4	M50	George Ludeking	53	Norway	IA	25:45	8:17
48	34	5	M50	Kim Brant	55	Atkins	IA	25:53	8:20
49	35	10	M30	Chad Reedich	34	Cedar Rapids	IA	25:57	8:21
50	36	11	M30	Bill Brown	36	Belle Plaine	IA	25:57	8:21
51	15	4	F14	Anna Hagen	17	Newhall	IA	26:02	8:23
52	16	4	JRF	Holli Schulte	13	Amana	IA	26:06	8:24
53	37	5	M40	Brent Shaw	43	Atkins	IA	26:10	8:25
54	38	11	M14	Hunter Shaw	15	Atkins	IA	26:25	8:30
55	17	5	JRF	Katelyn Buscher	11	Atkins	IA	26:27	8:31
56	18	5	F14	Aland Hromidko	14	Walker	IA	26:32	8:32
57	39	12	M30	Scott Chapman	34	Shellsburg	IA	27:03	8:42
58	19	3	F20	Christy Deutsch	29	Atkins	IA	27:04	8:43
59	20	5	F30	Heidi Keiper	38	Atkins	IA	27:05	8:43

60	40	6	M40	Rob Ricklefs	40	Atkins	IA	27:08	8:44
61	41	6	M50	Chris Christensen	50	Atkins	IA	27:23	8:49
62	42	5	M20	Don Voss	24	Atkins	IA	27:26	8:50
63	21	2	F40	Lori Haskins	40	Erie	CO	27:30	8:51
64	43	7	M50	Dave McGovern	50	Atkins	IA	27:33	8:52
65	44	7	M40	Mike Regan	46	Iowa City	IA	27:47	8:56
66	22	6	F30	Kim Kaestner	32	Luzerne	IA	28:15	9:05
67	23	7	F30	Annie Kaestner	34	Atkins	IA	28:16	9:06
68	24	8	F30	Jennifer Barnes	37	Oskaloosa	IA	28:32	9:11
69	25	9	F30	Andrea Fish	34	Vinton	IA	28:36	9:12
70	26	6	F14	Bailey Barnard	14	Atkins	IA	28:51	9:17
71	45	12	M14	Owen Sloop	15	Shellsburg	IA	28:53	9:18
72	46	8	M40	Ryan Tresnak	43	Vinton	IA	28:53	9:18
73	47	13	M30	Aaron Bunce	34	Atkins	IA	28:56	9:19
74	48	9	M40	Jason Gritsch	42	Belle Plaine	IA	28:57	9:19
75	27	6	JRF	Maya Sahu	13	Atkins	IA	29:02	9:21
76	28	7	F14	Jessica Beatty	17	Atkins	IA	29:09	9:23
77	29	3	F40	Carol Meade	47	Newhall	IA	29:21	9:27
78	49	14	M30	Darick Kaesther	30	Atkins	IA	29:23	9:27
79	30	4	F40	Holly Deeds	47	Atkins	IA	29:43	9:34
80	31	7	JRF	Skyler Shaw	13	Atkins	IA	29:45	9:34
81	32	4	F20	Katie Zittergruen	25	Van Horne	IA	29:47	9:35
82	33	1	F50	Jane Hagen	51	Newhall	IA	29:50	9:36
83	34	10	F30	Lisa Bunnell	32	Atkins	IA	30:02	9:40
84	35	11	F30	Theresa Eastman	32	Atkins	IA	30:03	9:40
85	50	2	JRM	Turner Schroeder	12	Atkins	IA	30:07	9:42
86	51	3	JRM	Will Von Ahsen	12	Atkins	IA	30:21	9:46
87	36	8	F14	Quincy Chihak	14	Mount Vernon	IA	30:32	9:50
88	52	15	M30	Matt Hacker	30	Atkins	IA	30:58	9:58
89	37	12	F30	Brandi Nelson	37	Atkins	IA	31:30	10:08
90	38	8	JRF	Emma Lynch	11	Atkins	IA	31:44	10:13
91	39	9	JRF	Caitlin Keiper	11	Atkins	IA	31:44	10:13
92	40	5	F40	Kelly Sweet	41	Atkins	IA	31:48	10:14
93	41	5	F20	Sydney Collins	23	Zwingle	IA	31:51	10:15
94	53	10	M40	Bill Sloop	41	Shellsburg	IA	31:59	10:18
95	54	4	JRM	Julius Sloop	11	Shellsburg	IA	31:59	10:18

96	42	13	F30	April Petersen	39	Cedar Rapids	IA	32:07	10:20
97	43	6	F40	Melanie Keiper	41	Atkins	IA	32:10	10:21
98	44	14	F30	Lisa Howe	36	Atkins	IA	32:49	10:34
99	45	6	F20	Jessica Miers	25	Fairfax	IA	33:06	10:39
100	46	7	F20	Jenna Schulte	27	Norway	IA	34:34	11:08
101	47	15	F30	Becca Bunce	32	Atkins	IA	36:32	11:46
102	55	16	M30	Johnny Baker	34	Amana	IA	36:53	11:52
103	48	10	JRF	Caroline Lang	12	Vinton	IA	37:06	11:56
104	56	17	M30	Jeff Clausen	37	Cedar Rapids	IA	37:16	12:00
105	49	16	F30	Stephanie Frazenburg	33	Atkins	IA	37:52	12:11
106	50	7	F40	Linda Clark	42	Atkins	IA	38:19	12:20
107	51	9	F14	Libby Clark	15	Atkins	IA	38:19	12:20
108	52	8	F20	Christina Anderson	28	Atkins	IA	41:12	13:16
109	53	17	F30	Jessica Miller	30	Watkins	IA	41:19	13:18
110	57	18	M30	Christopher Breese	31	Atkins	IA	42:01	13:31
111	54	18	F30	Amy Jellison	35	Atkins	IA	42:01	13:31
112	55	11	JRF	Bryanna Howe	11	Atkins	IA	42:17	13:37
113	56	12	JRF	Baylee Schoenfelder	12	Atkins	IA	42:19	13:37
114	57	13	JRF	Katie Wright	12	Norway	IA	42:47	13:46
115	58	19	F30	Lori Lang	39	Vinton	IA	42:54	13:49
116	59	8	F40	Nicole Wright	42	Norway	IA	42:57	13:49
117	60	9	F40	Candace Chihak	45	Mount Vernon	IA	45:21	14:36

Overall Male[Top](#)

Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	OVM	Ryan Strauss	16	Dubuque	IA	17:50	5:44

Overall Female[Top](#)

Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	OVF	Sophia Gilbert	14	Atkins	IA	19:51	6:23

M[13 & Under][Top](#)

Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	JRM	Jj Eilers	12	Urban	IA	23:35	7:35
2	JRM	Turner Schroeder	12	Atkins	IA	30:07	9:42
3	JRM	Will Von Ahsen	12	Atkins	IA	30:21	9:46
4	JRM	Julius Sloop	11	Shellsburg	IA	31:59	10:18

F[13 & Under][Top](#)

Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
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1	JRF	Hailee Ricklefs	11	Atkins	IA	24:10	7:47
2	JRF	Lauren Woeste	12	Atkins	IA	24:25	7:52
3	JRF	Olivia Wilson	13	Amana	IA	25:15	8:08
4	JRF	Holli Schulte	13	Amana	IA	26:06	8:24
5	JRF	Katelyn Buscher	11	Atkins	IA	26:27	8:31
6	JRF	Maya Sahu	13	Atkins	IA	29:02	9:21
7	JRF	Skyler Shaw	13	Atkins	IA	29:45	9:34
8	JRF	Emma Lynch	11	Atkins	IA	31:44	10:13
9	JRF	Caitlin Keiper	11	Atkins	IA	31:44	10:13
10	JRF	Caroline Lang	12	Vinton	IA	37:06	11:56
11	JRF	Bryanna Howe	11	Atkins	IA	42:17	13:37
12	JRF	Baylee Schoenfelder	12	Atkins	IA	42:19	13:37
13	JRF	Katie Wright	12	Norway	IA	42:47	13:46

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Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	M14	Steven Culpepper	16	Hiawatha	IA	18:04	5:49
3	M14	Zach Steffen	16	Atkins	IA	20:29	6:36
2	M14	Keaten Kline	16	Van Horne	IA	20:29	6:36
4	M14	Ben Haerther	16	Atkins	IA	20:29	6:36
5	M14	Eli Miller	16	Keystone	IA	20:29	6:36
6	M14	Evan Gradoville	17	Cedar Rapids	IA	21:22	6:53
7	M14	Patrick Gorkow	14	Van Horne	IA	22:22	7:12
8	M14	Julian Wilson	16	Amana	IA	22:38	7:17
9	M14	Spencer Sahu	15	Atkins	IA	23:58	7:43
10	M14	Kamron Korsmo	15	Atkins	IA	24:53	8:01
11	M14	Hunter Shaw	15	Atkins	IA	26:25	8:30
12	M14	Owen Sloop	15	Shellsburg	IA	28:53	9:18

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Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	F14	Carma Armstrong	16	Atkins	IA	23:37	7:36
2	F14	Morgan Barnard	16	Atkins	IA	24:57	8:02
3	F14	Megan McGovern	16	Atkins	IA	25:26	8:11
4	F14	Anna Hagen	17	Newhall	IA	26:02	8:23
5	F14	Aland Hromidko	14	Walker	IA	26:32	8:32
6	F14	Bailey Barnard	14	Atkins	IA	28:51	9:17
7	F14	Jessica Beatty	17	Atkins	IA	29:09	9:23

8	F14	Quincy Chihak	14	Mount Vernon	IA	30:32	9:50
9	F14	Libby Clark	15	Atkins	IA	38:19	12:20
M[20-29]							Top
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	M20	Craig Labath	26	Coralville	IA	20:45	6:41
2	M20	Greg Svoboda	28	Waterloo	IA	23:32	7:34
3	M20	Bryer Scheer	23	Atkins	IA	23:38	7:37
4	M20	Tommy Zittergruen	21	Van Horne	IA	25:05	8:04
5	M20	Don Voss	24	Atkins	IA	27:26	8:50
F[20-29]							Top
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	F20	Karly Stahlhut	21	Shellsburg	IA	25:13	8:07
2	F20	Traci Ridgway	29	Atkins	IA	25:42	8:16
3	F20	Christy Deutsch	29	Atkins	IA	27:04	8:43
4	F20	Katie Zittergruen	25	Van Horne	IA	29:47	9:35
5	F20	Sydney Collins	23	Zwingle	IA	31:51	10:15
6	F20	Jessica Miers	25	Fairfax	IA	33:06	10:39
7	F20	Jenna Schulte	27	Norway	IA	34:34	11:08
8	F20	Christina Anderson	28	Atkins	IA	41:12	13:16
M[30-39]							Top
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	M30	Nick Nordheim	35	Williamsburg	IA	18:22	5:55
2	M30	Mike Newman	36	Cedar Rapids	IA	18:59	6:06
3	M30	John Hackbarth	32	Cedar Rapids	IA	19:24	6:15
4	M30	Wes Hillehiem	36	Marion	IA	20:04	6:28
5	M30	Doug Fishwild	35	Cedar Rapids	IA	22:07	7:07
6	M30	Phillip Kolek	32	Atkins	IA	22:16	7:10
7	M30	Joel Ridgway	31	Atkins	IA	23:46	7:39
8	M30	Chris Blattler	30	Shellsburg	IA	24:48	7:59
9	M30	Chris Anderson	30	Atkins	IA	25:18	8:09
10	M30	Chad Reedich	34	Cedar Rapids	IA	25:57	8:21
11	M30	Bill Brown	36	Belle Plaine	IA	25:57	8:21
12	M30	Scott Chapman	34	Shellsburg	IA	27:03	8:42
13	M30	Aaron Bunce	34	Atkins	IA	28:56	9:19
14	M30	Darick Kaesther	30	Atkins	IA	29:23	9:27
15	M30	Matt Hacker	30	Atkins	IA	30:58	9:58

16	M30	Johnny Baker	34	Amana	IA	36:53	11:52
17	M30	Jeff Clausen	37	Cedar Rapids	IA	37:16	12:00
18	M30	Christopher Breese	31	Atkins	IA	42:01	13:31
F[30-39]							<u>Top</u>
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	F30	Julie Johnston	30	Cedar Rapids	IA	21:23	6:53
2	F30	Melissa Barnard	38	Keystone	IA	23:28	7:33
3	F30	Amber Srearns	30	Newhall	IA	23:49	7:40
4	F30	Michelle Hackbarth	31	Cedar Rapids	IA	25:22	8:10
5	F30	Heidi Keiper	38	Atkins	IA	27:05	8:43
6	F30	Kim Kaestner	32	Luzerne	IA	28:15	9:05
7	F30	Annie Kaestner	34	Atkins	IA	28:16	9:06
8	F30	Jennifer Barnes	37	Oskaloosa	IA	28:32	9:11
9	F30	Andrea Fish	34	Vinton	IA	28:36	9:12
10	F30	Lisa Bunnell	32	Atkins	IA	30:02	9:40
11	F30	Theresa Eastman	32	Atkins	IA	30:03	9:40
12	F30	Brandi Nelson	37	Atkins	IA	31:30	10:08
13	F30	April Petersen	39	Cedar Rapids	IA	32:07	10:20
14	F30	Lisa Howe	36	Atkins	IA	32:49	10:34
15	F30	Becca Bunce	32	Atkins	IA	36:32	11:46
16	F30	Stephanie Frazenburg	33	Atkins	IA	37:52	12:11
17	F30	Jessica Miller	30	Watkins	IA	41:19	13:18
18	F30	Amy Jellison	35	Atkins	IA	42:01	13:31
19	F30	Lori Lang	39	Vinton	IA	42:54	13:49
M[40-49]							<u>Top</u>
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	M40	Chad Krueger	46	Cedar Rapids	IA	19:37	6:19
2	M40	Tom Daubs	43	Marion	IA	20:03	6:27
3	M40	John Oxley	43	Tiffin	IA	21:32	6:56
4	M40	Mark Gilbert	42	Atkins	IA	23:50	7:40
5	M40	Brent Shaw	43	Atkins	IA	26:10	8:25
6	M40	Rob Ricklefs	40	Atkins	IA	27:08	8:44
7	M40	Mike Regan	46	Iowa City	IA	27:47	8:56
8	M40	Ryan Tresnak	43	Vinton	IA	28:53	9:18
9	M40	Jason Gritsch	42	Belle Plaine	IA	28:57	9:19
10	M40	Bill Sloop	41	Shellsburg	IA	31:59	10:18

F[40-49]							<u>Top</u>
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	F40	Tonya Lyle	40	Newhall	IA	25:18	8:09
2	F40	Lori Haskins	40	Erie	CO	27:30	8:51
3	F40	Carol Meade	47	Newhall	IA	29:21	9:27
4	F40	Holly Deeds	47	Atkins	IA	29:43	9:34
5	F40	Kelly Sweet	41	Atkins	IA	31:48	10:14
6	F40	Melanie Keiper	41	Atkins	IA	32:10	10:21
7	F40	Linda Clark	42	Atkins	IA	38:19	12:20
8	F40	Nicole Wright	42	Norway	IA	42:57	13:49
9	F40	Candace Chihak	45	Mount Vernon	IA	45:21	14:36
M[50-59]							<u>Top</u>
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	M50	Craig Brophy	53	Cedar Rapids	IA	23:16	7:29
2	M50	Randy Schultz	52	Atkins	IA	23:43	7:38
3	M50	Kevin Rice	55	Atkins	IA	24:35	7:55
4	M50	George Ludeking	53	Norway	IA	25:45	8:17
5	M50	Kim Brant	55	Atkins	IA	25:53	8:20
6	M50	Chris Christensen	50	Atkins	IA	27:23	8:49
7	M50	Dave McGovern	50	Atkins	IA	27:33	8:52
F[50-59]							<u>Top</u>
Div	Cat	Name	Age	City	St	Gun Time	Pace mpm
1	F50	Jane Hagen	51	Newhall	IA	29:50	9:36

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