

Atkins-Watermelon-D#1F7415.htmlTEXTpppp,Î"Ö£Î"Ö£a-

# Atkins Watermelon Days \*\*\* 5K Run \*\*\*

## Overall & Divisions . . . . . [1 Mile results](#)

Event: 5K Run

Date: Saturday, August 03, 2013

Location: Atkins, IA

Weather: Sunny, Light Wind & 65°

## Overall and Age Divisions

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### *Results By: Andrew Kauder, Kauder Racing*

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<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	1	1 OVM	Tyler Husak, M26	Olin, IA	17:22	5:35/M
2	2	1 M14	Steven Culpepper, M15	Hiawatha, IA	18:54	6:05/M
3	3	2 M14	Tyler Steele, M18	Keystone, IA	19:42	6:20/M
4	4	1 M40	Brian Long, M44	Cedar Rapids, IA	20:14	6:30/M
5	5	3 M14	Eli Miller, M15	Keystone, IA	21:02	6:46/M
6	6	4 M14	Ben Haerther, M15	Atkins, IA	21:03	6:46/M
7	7	5 M14	Julian Wilson, M15	Amana, IA	21:14	6:50/M
8	8	6 M14	Mitchell Knock, M18	Atkins, IA	21:21	6:52/M
9	9	2 M40	Brian Gearheart, M40	Cedar Rapids, IA	21:56	7:03/M
10	1	1 OVF	Miranda Hammes, F17	Newhall, IA	22:10	7:08/M
11	10	7 M14	Zach Steffen, M15	Atkins, IA	22:42	7:18/M
12	11	1 M20	Lee Rouse, M28	Atkins, IA	22:47	7:20/M
13	12	8 M14	Matthew Hovda, M15	Cedar Rapids, IA	22:57	7:23/M
14	13	2 M20	Greg Svoboda, M27	Waterloo, IA	23:11	7:27/M
15	2	1 F14	Kristin MacKenburg, F17	Cedar Rapids, IA	23:18	7:30/M
16	3	1 F20	Kate Tonsfeldt, F25	Cedar Rapids, IA	23:24	7:32/M
17	14	1 M30	Josh Weeks, M39	Walford, IA	23:25	7:32/M
18	15	3 M20	Joel Ridgway, M29	Cedar Rapids, IA	23:27	7:33/M
19	16	1 M50	Randy Schultz, M51	Atkins, IA	23:28	7:33/M
20	17	2 M30	Eli Raue, M31	Vinton, IA	24:05	7:45/M
21	18	4 M20	Bryce Duckett, M25	Cedar Rapids, IA	24:15	7:48/M
22	4	1 JRF	Sophia Gilbert, F13	Atkins, IA	24:18	7:49/M

23	19	3 M40	Mark Gilbert, M41	Atkins, IA	24:18	7:49/M
24	20	9 M14	Brett Benson, M15	Newhall, IA	24:34	7:54/M
25	5	1 F40	Rita Taylor-Stewart, F46	Atkins, IA	25:02	8:03/M
26	6	2 F20	Traci Ridgway, F28	Cedar Rapids, IA	25:04	8:04/M
27	21	5 M20	Bryer Scheer, M22	Atkins, IA	25:07	8:05/M
28	7	2 F14	Megan McGovern, F15	Atkins, IA	25:13	8:07/M
29	8	2 JRF	Lauren Woeste, F11	Atkins, IA	25:16	8:08/M
30	22	1 JRM	Drew Lange, M11	Atkins, IA	25:17	8:08/M
31	23	2 M50	Kim Brant, M54	Atkins, IA	25:18	8:08/M
32	24	2 JRM	Sam Lavin, M13	Atkins, IA	25:29	8:12/M
33	25	10 M14	Spencer Sahu, M14	Atkins, IA	25:34	8:13/M
34	26	3 M50	Kevin Rice, M54	Atkins, IA	25:34	8:13/M
35	27	3 M30	Shawn Johnson, M30	Cedar Rapids, IA	25:36	8:14/M
36	9	3 JRF	Kirstin Skriver, F13	Walford, IA	25:36	8:14/M
37	28	3 JRM	Kaleb Baumgartel, M11	Cedar Rapids, IA	25:41	8:16/M
38	10	4 JRF	Sadie Powell, F11	Cedar Rapids, IA	26:12	8:26/M
39	11	1 F30	Lisa Bunnell, F31	Atkins, IA	26:31	8:32/M
40	29	1 M60	Don Lyle, M66	Vinton, IA	26:32	8:32/M
41	30	6 M20	Jeremy Jacobsen, M29	Boone, IA	26:37	8:34/M
42	31	4 M40	Shawn Steffen, M43	Atkins, IA	26:49	8:38/M
43	32	5 M40	Brent Shaw, M42	Atkins, IA	27:00	8:41/M
44	33	4 M30	Mitch Welter, M31	Atkins, IA	27:19	8:47/M
45	12	2 F40	Tami Skriver, F41	Walford, IA	27:50	8:57/M
46	13	3 F40	Holly Deeds, F46	Atkins, IA	27:54	8:58/M
47	34	4 M50	Daniel Dyson, M51	Cedar Rapids, IA	28:01	9:01/M
48	35	6 M40	Dave McGovern, M49	Atkins, IA	28:09	9:03/M
49	36	7 M40	Ryan Tresnak, M42	Vinton, IA	28:21	9:07/M
50	14	4 F40	Lori Long, F41	Cedar Rapids, IA	28:44	9:15/M
51	15	5 F40	Marisa Woodward, F43	Cedar Rapids, IA	28:59	9:20/M
52	37	7 M20	Ryan Cook, M25	Cedar Rapids, IA	29:18	9:25/M
53	38	5 M30	Scott Schiel, M37	Blairstown, IA	29:34	9:31/M
54	16	6 F40	Shellie MacKel, F43	Des Moines, IA	29:44	9:34/M
55	17	7 F40	Lori Kramer, F41	Atkins, IA	29:44	9:34/M
56	18	8 F40	Tawnie Kerska, F41	Atkins, IA	29:44	9:34/M
57	19	3 F14	Jessica Beatty, F16	Atkins, IA	30:25	9:47/M
58	20	5 JRF	Olivia Wilson, F12	Amana, IA	30:26	9:47/M
59	21	3 F20	Erin Nolan, F20	Van Horne, IA	31:13	10:02/M
60	39	5 M50	Kevin Nolan, M52	Van Horne, IA	31:13	10:03/M
61	22	2 F30	Nicole Becker, F37	Atkins, IA	31:29	10:08/M
62	23	6 JRF	Jacey Powell, F8	Cedar Rapids, IA	31:30	10:08/M
63	40	8 M40	Rodney Powell, M42	Cedar Rapids, IA	31:34	10:09/M
64	24	4 F20	Laura Newfeld, F26	Iowa City, IA	31:56	10:16/M
65	25	5 F20	Jennifer Svoboda, F28	Waterloo, IA	32:00	10:18/M
66	26	9 F40	Carol MacKel, F49	Silvis, IL	32:44	10:32/M

67	41	2 M60	Mike Bruggeman, M64	Walford, IA	32:54	10:35/M
68	42	9 M40	Mike MacHeela, M47	Fairfax, IA	33:33	10:48/M
69	43	6 M50	Eddy Culpepper, M56	Hiawatha, IA	33:42	10:51/M
70	27	6 F20	Nicole Culpepper, F21	Hiawatha, IA	33:42	10:51/M
71	28	10 F40	Jen King, F42	Vinton, IA	34:12	11:00/M
72	29	7 JRF	Victoria Weeks, F12	Walford, IA	35:26	11:24/M
73	30	3 F30	Veronica Weeks, F39	Walford, IA	35:37	11:28/M
74	31	4 F30	Laurie Thomas, F30	Cedar Rapids, IA	36:41	11:48/M
75	32	1 F50	Marta Gellerman, F58	Atkins, IA	37:05	11:56/M
76	33	2 F50	Debbie Rosenthal, F50	Cedar Rapids, IA	37:17	12:00/M
77	44	11 M14	Owen Sloop, M14	Shellsburg, IA	37:45	12:09/M
78	45	10 M40	Bill Sloop, M40	Shellsburg, IA	38:32	12:24/M
79	46	4 JRM	Julius Sloop, M10	Shellsburg, IA	38:32	12:24/M
80	47	11 M40	Tony Huegel, M47	Bettendorf, IA	39:11	12:36/M
81	34	7 F20	Ashlyn Huegel, F20	Bettendorf, IA	39:11	12:36/M
82	35	11 F40	Deb Huegel, F46	Bettendorf, IA	39:11	12:36/M
83	36	8 F20	Alicia Huegel, F20	Bettendorf, IA	39:11	12:36/M
84	48	8 M20	Luis Martinez, M22	Cedar Rapids, IA	39:18	12:39/M
85	37	9 F20	Nichole Martinez, F21	Cedar Rapids, IA	39:19	12:39/M
86	49	6 M30	Jeff Clausen, M36	Cedar Rapids, IA	43:38	14:02/M

### Overall and Age Divisions

#### Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Tyler Husak, M26	Olin, IA	17:22	5:35/M

#### Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Miranda Hammes, F17	Newhall, IA	22:10	7:08/M

#### M[13 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Drew Lange, M11	Atkins, IA	25:17	8:08/M
2	Sam Lavin, M13	Atkins, IA	25:29	8:12/M
3	Kaleb Baumgartel, M11	Cedar Rapids, IA	25:41	8:16/M
4	Julius Sloop, M10	Shellsburg, IA	38:32	12:24/M

#### F[13 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
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1	Sophia Gilbert, F13	Atkins, IA	24:18	7:49/M
2	Lauren Woeste, F11	Atkins, IA	25:16	8:08/M
3	Kirstin Skriver, F13	Walford, IA	25:36	8:14/M
4	Sadie Powell, F11	Cedar Rapids, IA	26:12	8:26/M
5	Olivia Wilson, F12	Amana, IA	30:26	9:47/M
6	Jacey Powell, F8	Cedar Rapids, IA	31:30	10:08/M
7	Victoria Weeks, F12	Walford, IA	35:26	11:24/M

**M[14-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Steven Culpepper, M15	Hiawatha, IA	18:54	6:05/M
2	Tyler Steele, M18	Keystone, IA	19:42	6:20/M
3	Eli Miller, M15	Keystone, IA	21:02	6:46/M
4	Ben Haerther, M15	Atkins, IA	21:03	6:46/M
5	Julian Wilson, M15	Amana, IA	21:14	6:50/M
6	Mitchell Knock, M18	Atkins, IA	21:21	6:52/M
7	Zach Steffen, M15	Atkins, IA	22:42	7:18/M
8	Matththew Hovda, M15	Cedar Rapids, IA	22:57	7:23/M
9	Brett Benson, M15	Newhall, IA	24:34	7:54/M
10	Spencer Sahu, M14	Atkins, IA	25:34	8:13/M
11	Owen Sloop, M14	Shellsburg, IA	37:45	12:09/M

**F[14-19]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kristin MacKenburg, F17	Cedar Rapids, IA	23:18	7:30/M
2	Megan McGovern, F15	Atkins, IA	25:13	8:07/M
3	Jessica Beatty, F16	Atkins, IA	30:25	9:47/M

**M[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Lee Rouse, M28	Atkins, IA	22:47	7:20/M
2	Greg Svoboda, M27	Waterloo, IA	23:11	7:27/M
3	Joel Ridgway, M29	Cedar Rapids, IA	23:27	7:33/M
4	Bryce Duckett, M25	Cedar Rapids, IA	24:15	7:48/M
5	Bryer Scheer, M22	Atkins, IA	25:07	8:05/M
6	Jeremy Jacobsen, M29	Boone, IA	26:37	8:34/M
7	Ryan Cook, M25	Cedar Rapids, IA	29:18	9:25/M
8	Luis Martinez, M22	Cedar Rapids, IA	39:18	12:39/M

**F[20-29]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Kate Tonsfeldt, F25	Cedar Rapids, IA	23:24	7:32/M

2	Traci Ridgway, F28	Cedar Rapids, IA	25:04	8:04/M
3	Erin Nolan, F20	Van Horne, IA	31:13	10:02/M
4	Laura Newfeld, F26	Iowa City, IA	31:56	10:16/M
5	Jennifer Svoboda, F28	Waterloo, IA	32:00	10:18/M
6	Nicole Culpepper, F21	Hiawatha, IA	33:42	10:51/M
7	Ashlyn Huegel, F20	Bettendorf, IA	39:11	12:36/M
8	Alicia Huegel, F20	Bettendorf, IA	39:11	12:36/M
9	Nichole Martinez, F21	Cedar Rapids, IA	39:19	12:39/M

**M[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Josh Weeks, M39	Walford, IA	23:25	7:32/M
2	Eli Raue, M31	Vinton, IA	24:05	7:45/M
3	Shawn Johnson, M30	Cedar Rapids, IA	25:36	8:14/M
4	Mitch Welter, M31	Atkins, IA	27:19	8:47/M
5	Scott Schiel, M37	Blairstown, IA	29:34	9:31/M
6	Jeff Clausen, M36	Cedar Rapids, IA	43:38	14:02/M

**F[30-39]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Lisa Bunnell, F31	Atkins, IA	26:31	8:32/M
2	Nicole Becker, F37	Atkins, IA	31:29	10:08/M
3	Veronica Weeks, F39	Walford, IA	35:37	11:28/M
4	Laurie Thomas, F30	Cedar Rapids, IA	36:41	11:48/M

**M[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Brian Long, M44	Cedar Rapids, IA	20:14	6:30/M
2	Brian Gearheart, M40	Cedar Rapids, IA	21:56	7:03/M
3	Mark Gilbert, M41	Atkins, IA	24:18	7:49/M
4	Shawn Steffen, M43	Atkins, IA	26:49	8:38/M
5	Brent Shaw, M42	Atkins, IA	27:00	8:41/M
6	Dave McGovern, M49	Atkins, IA	28:09	9:03/M
7	Ryan Tresnak, M42	Vinton, IA	28:21	9:07/M
8	Rodney Powell, M42	Cedar Rapids, IA	31:34	10:09/M
9	Mike MacHeela, M47	Fairfax, IA	33:33	10:48/M
10	Bill Sloop, M40	Shellsburg, IA	38:32	12:24/M
11	Tony Huegel, M47	Bettendorf, IA	39:11	12:36/M

**F[40-49]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Rita Taylor-Stewart, F46	Atkins, IA	25:02	8:03/M
2	Tami Skriver, F41	Walford, IA	27:50	8:57/M

3	Holly Deeds, F46	Atkins, IA	27:54	8:58/M
4	Lori Long, F41	Cedar Rapids, IA	28:44	9:15/M
5	Marisa Woodward, F43	Cedar Rapids, IA	28:59	9:20/M
6	Shellie MacKel, F43	Des Moines, IA	29:44	9:34/M
7	Lori Kramer, F41	Atkins, IA	29:44	9:34/M
8	Tawnie Kerska, F41	Atkins, IA	29:44	9:34/M
9	Carol MacKel, F49	Silvis, IL	32:44	10:32/M
10	Jen King, F42	Vinton, IA	34:12	11:00/M
11	Deb Huegel, F46	Bettendorf, IA	39:11	12:36/M

**M[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Randy Schultz, M51	Atkins, IA	23:28	7:33/M
2	Kim Brant, M54	Atkins, IA	25:18	8:08/M
3	Kevin Rice, M54	Atkins, IA	25:34	8:13/M
4	Daniel Dyson, M51	Cedar Rapids, IA	28:01	9:01/M
5	Kevin Nolan, M52	Van Horne, IA	31:13	10:03/M
6	Eddy Culpepper, M56	Hiawatha, IA	33:42	10:51/M

**F[50-59]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Marta Gellerman, F58	Atkins, IA	37:05	11:56/M
2	Debbie Rosenthal, F50	Cedar Rapids, IA	37:17	12:00/M

**M[60-69]**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>
1	Don Lyle, M66	Vinton, IA	26:32	8:32/M
2	Mike Bruggeman, M64	Walford, IA	32:54	10:35/M

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