

# Atkins Watermelon Days 5K Run

Atkins, IA

Aug. 2, 2008

Results by Kauder Racing

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

CLASS					
PLACE	PLACE	FINISHER	TIME	PACE	
<b>Open Men</b>					
1	1 M14	Austin Steil, 18, Cedar Rapids, IA	17:19	5:35	
<b>Open Women</b>					
1	1 W14	Lynnea Sjoerdsma, 17, Colorado Springs, CO	20:46	6:42	

CLASS					
PLACE	PLACE	FINISHER	TIME	PACE	
<b>Men Under 14</b>					
12	1	Zach Slusher, 13, Solon, IA	19:44	6:22	
52	2	Paul Chihak, 12, Lisbon, IA	29:32	9:31	
54	3	Spencer Roudabush, 13, North Liberty, IA	30:16	9:46	
<b>Men 14 - 19</b>					
2	1	Max Nguyen, 16, Garrison, IA	17:47	5:44	
4	2	Wes Meyer, 17, Vinton, IA	18:09	5:51	
6	3	Jacob Schueller, 18, Cedar Rapids, IA	18:45	6:03	

**Men 20 - 29**

3	1	Marty Jacobson, 20, Fairfax, IA	18:09	5:51
5	2	Joseph Richey, 26, Marion, IA	18:34	5:59
28	3	Ricky Brown, 25, Manhattan, KS	23:46	7:40

**Men 30 - 39**

7	1	Louis Pelsang, 34, Iowa City, IA	18:49	6:04
17	2	Luke Turner, 39, Hiawatha, IA	21:30	6:56
29	3	Dave Kearns, 39, Shellsburg, IA	24:12	7:48

**Men 40 - 49**

8	1	James Pelsang, 43, Iowa City, IA	18:53	6:05
10	2	Chad Krueger, 40, Cedar Rapids, IA	19:13	6:12
18	3	Mark Rocarek, 43, Vinton, IA	21:37	6:58

**Men 50 - 59**

23	1	Warren Feerer, 58, Cedar Rapids, IA	22:49	7:21
38	2	Pat Stepanek, 54, Atkins, IA	25:40	8:17
48	3	Alan Marshall, 54, Center Point, IA	28:00	9:02

**Men 60 - 69**

24	1	Ken Jans, 63, Ely, IA	22:54	7:23
46	2	Dean Wieditz, 65, Vinton, IA	27:21	8:49

**Men 70 & Up**

57	1	Harold Schulze, 72, Cedar Rapids, IA	0	
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CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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**Women Under 14**

30	1	Anna Petersen, 10, Cedar Rapids, IA	34:23	11:05
38	2	Kaitlyn Gammon, 6, Cedar Rapids, IA		0

**Women 14 - 19**

3	1	Mikayla Muller, 16, Atkins, IA	23:17	7:30
4	2	Sirese Jacobson, 17, Fairfax, IA	23:25	7:33
8	3	Megan Veldhuizen, 15, Newhall, IA	24:36	7:56

**Women 20 - 29**

2	1	Lindsey Brown, 23, Iowa City, IA	22:53	7:23
5	2	Mary Hays, 27, Atkins, IA	23:52	7:42
7	3	Amber Novak, 24, Newhall, IA	24:28	7:53

**Women 30 - 39**

6	1	Renee Lyons, 37, Atkins, IA	24:23	7:52
14	2	Tonya Lyle, 34, Newhall, IA	25:43	8:18
17	3	Sarah Wieland, 30, Center Point, IA	26:30	8:33

**Women 40 - 49**

10	1	Lisa Jacobs, 42, Marion, IA	25:16	8:09
13	2	Holly Deeds, 41, Atkins, IA	25:34	8:15
15	3	Lori Kithcart, 44, Atkins, IA	25:55	8:21

**Women 50 - 59**

25	1	Rhonda Stallman, 57, Shellsburg, IA	29:11	9:25
36	2	Valerie Bauer, 57, Cedar Rapids, IA		0

CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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## Individuals

1	OpM	Austin Steil, 18, Cedar Rapids, IA	17:19	5:35
2	1 M14	Max Nguyen, 16, Garrison, IA	17:47	5:44
3	1 M20	Marty Jacobson, 20, Fairfax, IA	18:09	5:51
4	2 M14	Wes Meyer, 17, Vinton, IA	18:09	5:51
5	2 M20	Joseph Richey, 26, Marion, IA	18:34	5:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
6	3 M14	Jacob Schueller, 18, Cedar Rapids, IA	18:45	6:03
7	1 M30	Louis Pelsang, 34, Iowa City, IA	18:49	6:04
8	1 M40	James Pelsang, 43, Iowa City, IA	18:53	6:05
9	4 M14	Matthew Jasper, 18, Cedar Rapids, IA	18:59	6:07
10	2 M40	Chad Krueger, 40, Cedar Rapids, IA	19:13	6:12
11	5 M14	Michael Ropp, 15, Cedar Rapids, IA	19:41	6:21
12	1 JrM	Zach Slusher, 13, Solon, IA	19:44	6:22
13	6 M14	Andrew Bridgewater, 18, Van Horne, IA	19:47	6:23
14	7 M14	Eric Roudabush, 16, Eden Prairie, MN	20:27	6:36
15	8 M14	Michael Vaggert, 15, Atkins, IA	20:40	6:40
16	9 M14	Brian Voss, 14, Atkins, IA	20:45	6:41
1	OpW	Lynnea Sjoerdsma, 17*, Colorado Springs, CO	20:46	6:42
17	2 M30	Luke Turner, 39, Hiawatha, IA	21:30	6:56
18	3 M40	Mark Rocarek, 43, Vinton, IA	21:37	6:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>				
19	4 M40	Calvin Wolter, 48, Van Horne, IA	22:00	7:05
20	10 M14	Chase Gessner, 17, Newhall, IA	22:14	7:10
21	11 M14	Perry Martens, 16, Vinton, IA	22:29	7:15
22	12 M14	Dylan Vaughan, 17, Newhall, IA	22:44	7:20
23	1 M50	Warren Feerer, 58, Cedar Rapids, IA	22:49	7:21
2	1 W20	Lindsey Brown, 23*, Iowa City, IA	22:53	7:23
24	1 M60	Ken Jans, 63, Ely, IA	22:54	7:23
25	13 M14	Patrick Koopman, 15, Atkins, IA	23:07	7:27

3	1	W14	Mikayla Muller, 16*, Atkins, IA	23:17	7:30
4	2	W14	Sirese Jacobson, 17*, Fairfax, IA	23:25	7:33
26	5	M40	Steve Roudabush, 49, Eden Prairie, MN	23:33	7:36
27	14	M14	Ben Jones, 15, Atkins, IA	23:39	7:37
28	3	M20	Ricky Brown, 25, Manhattan, KS	23:46	7:40
5	2	W20	Mary Hays, 27*, Atkins, IA	23:52	7:42
29	3	M30	Dave Kearns, 39, Shellsburg, IA	24:12	7:48
30	6	M40	Brad Shaw, 41, Vinton, IA	24:17	7:50
6	1	W30	Renee Lyons, 37*, Atkins, IA	24:23	7:52
7	3	W20	Amber Novak, 24*, Newhall, IA	24:28	7:53
31	7	M40	Doug Thompson, 48, Cedar Rapids, IA	24:29	7:54
8	3	W14	Megan Veldhuizen, 15*, Newhall, IA	24:36	7:56
32	8	M40	Kim Brant, 49, Newhall, IA	24:36	7:56
33	4	M20	Daric Kaestner, 24, Colo, IA	24:44	7:59
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
34	4	M30	Brent Shaw, 37, Atkins, IA	24:47	8:00
35	9	M40	George Slusher, 44, Solon, IA	24:57	8:03
9	4	W14	Rachel Brant, 16*, Newhall, IA	25:03	8:05
10	1	W40	Lisa Jacobs, 42*, Marion, IA	25:16	8:09
11	5	W14	Amy Thompson, 17*, Cedar Rapids, IA	25:31	8:14
36	10	M40	Kevin Rice, 49, Atkins, IA	25:32	8:14
12	4	W20	Tara Gibney, 27*, Chicago, IL	25:33	8:14
13	2	W40	Holly Deeds, 41*, Atkins, IA	25:34	8:15
37	11	M40	Barry Shaw, 42, Vinton, IA	25:39	8:16
38	2	M50	Pat Stepanek, 54, Atkins, IA	25:40	8:17
14	2	W30	Tonya Lyle, 34*, Newhall, IA	25:43	8:18
15	3	W40	Lori Kithcart, 44*, Atkins, IA	25:55	8:21
39	12	M40	Roger Chihak, 42, Lisbon, IA	25:57	8:22
40	13	M40	Jim Agne, 47, Solon, IA	25:59	8:23
41	14	M40	Jim Hall, 47, Cedar Rapids, IA	26:02	8:24
42	5	M30	Chris Rider, 37, Urbana, IA	26:20	8:30
43	6	M30	Dan Kramer, 35, Atkins, IA	26:26	8:32

16	4	W40	Jane Hagen, 45*, Newhall, IA	26:27	8:32
17	3	W30	Sarah Wieland, 30*, Center Point, IA	26:30	8:33
18	5	W40	Diane Ropp, 41*, Cedar Rapids, IA	26:31	8:33
44	7	M30	Darren Stearns, 30, Newhall, IA	26:35	8:34
45	15	M40	Brian Wells, 43, Atkins, IA	26:49	8:39
19	4	W30	Michelle Kimm, 32*, Amana, IA	27:19	8:49
46	2	M60	Dean Wieditz, 65, Vinton, IA	27:21	8:49
20	5	W20	Laura Platner, 27*, Ely, IA	27:31	8:52
47	8	M30	Jeremy Wieland, 33, Center Point, IA	27:44	8:56
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
48	3	M50	Alan Marshall, 54, Center Point, IA	28:00	9:02
49	9	M30	Robert Ricklefs, 34, Atkins, IA	28:18	9:07
21	6	W14	Emily Volesky, 15*, Newhall, IA	28:19	9:08
22	5	W30	Bonnie Lueckenotto, 37*, Blairstown, IA	28:20	9:08
50	10	M30	Allen Lueckenotto, 38, Blairstown, IA	28:20	9:08
51	16	M40	Randy Harker, 47, Oxford, IA	28:36	9:13
23	6	W30	Dawn Kaestner, 32*, West Des Moines, IA	28:44	9:16
24	6	W40	Tracy Petersen, 48*, Cedar Rapids, IA	29:08	9:24
25	1	W50	Rhonda Stallman, 57*, Shellsburg, IA	29:11	9:25
52	2	JrM	Paul Chihak, 12, Lisbon, IA	29:32	9:31
26	7	W14	Abigail Chihak, 15*, Lisbon, IA	29:32	9:31
53	4	M50	Terry Markwitz, 57, Atkins, IA	29:54	9:39
27	7	W30	Shellie Mackel, 38*, Des Moines, IA	30:10	9:44
54	3	JrM	Spencer Roudabush, 13, North Liberty, IA	30:16	9:46
55	4	JrM	Zach Steffen, 10, Atkins, IA	30:33	9:51
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
28	7	W40	Cece Roudabush, 44*, North Liberty, IA	33:48	10:54
29	6	W20	Rosy Martinez, 26*, Cedar Rapids, IA	33:59	10:58
Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">Top</a>					
30	1	JrW	Anna Petersen, 10*, Cedar Rapids, IA	34:23	11:05
31	8	W30	Nicole Becker, 32*, Atkins, IA	34:35	11:09
32	9	W30	Stephanie Rollie, 35*, Oxford, IA	34:35	11:09
56	11	M30	Matt Rion, 39, Atkins, IA		0

57	1	M70	Harold Schulze, 72, Cedar Rapids, IA	0
33	8	W40	Lisa Flaherty, 45*, Fairfax, IA	0
34	9	W40	Dawn McArtor, 45*, Cedar Rapids, IA	0
58	17	M40	Jim Bronkema, 44, Cedar Rapids, IA	0
35	10	W30	Stephanne Renaluna, 33*, Marion, IA	0
36	2	W50	Valerie Bauer, 57*, Cedar Rapids, IA	0
59	5	JrM	Jackson Gravel, 10, Postville, IA	0
37	7	W20	Tracy Livengood, 22*, Atkins, IA	0
38	2	JrW	Kaitlyn Gammon, 6*, Cedar Rapids, IA	0
60	12	M30	Chad Gammon, 35, Cedar Rapids, IA	0

\* indicates females

2 finishers among Males (no age given)

5 finishers among Men Under 14

14 finishers among Men 14 - 19

4 finishers among Men 20 - 29

12 finishers among Men 30 - 39

17 finishers among Men 40 - 49

4 finishers among Men 50 - 59

2 finishers among Men 60 - 69

1 finishers among Men 70 & Up

2 finishers among Women Under 14

7 finishers among Women 14 - 19

7 finishers among Women 20 - 29

10 finishers among Women 30 - 39

9 finishers among Women 40 - 49

2 finishers among Women 50 - 59

61 male finishers

37 female finishers

98 total finishers

Return to [home page](#).