

37th Midnight Madness 10 Kilometer (6.214 miles)

Ames, Iowa

July 12, 2008

60s, low humidity - perfect

Results by [Cal Murdock](#)

[10K Overall](#)

[10K Teams](#)

[5K Overall](#)

[5K Teams](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	1 M20	Richard Kandie, 23, Coon Rapids, MN	29:25	4:44
2	1 M25	David Tuwei, 29, Coon Rapids, MN	29:29	4:45
3	2 M25	Tommy Neal, 25, Leeton, MO	30:01	4:50
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
4	1 M35	Bruce Kilulai, 36, Kenya	31:25	5:03
5	1 M30	John Rotich, 32, Coon Rapids, MN	31:32	5:04
6	2 M30	Julius Rotich, 33, West Des Moines, IA	31:33	5:05
7	3 M30	Marty Dalton, 32, Stuart, IA	31:36	5:05
8	2 M20	Jason Rengo, 24, Blaine, MN	32:22	5:12
9	3 M20	Dan Taylor, 24, Ames, IA	32:27	5:13
10	3 M25	Rop Kipkoech, 25, West Des Moines, IA	33:03	5:19
11	4 M20	Brian Werner, 22, West Des Moines, IA	33:20	5:22
12	4 M30	Jacob Kaemmer, 31, Des Moines, IA	33:28	5:23
13	1 M15	Omet Kak, 17, Des Moines, IA	34:04	5:29
14	4 M25	Tim Ives, 27, Des Moines, IA	34:25	5:32
15	5 M20	Robert Young, 22, Wayland, MI	34:29	5:33
16	1 M40	Brad Wall, 40, Ankeny, IA	34:41	5:35
17	6 M20	Sam Calisch, 21, Grinnell, IA	34:50	5:36
18	2 M15	Matthew Cahalan, 17, Winterset, IA	34:51	5:36
1	1 W25	Casey Owens, 25*, Des Moines, IA	34:52	5:37
2	1 W35	Robyn Friedman, 35*, Lambs Grove, IA	34:58	5:38
19	5 M25	Tim Hanson, 28, Ames, IA	35:08	5:39
3	1 W30	Nyambura Frashiah, 30*, Kenya	35:13	5:40
20	1 M45	Peter Kessler, 46, New Hope, MN	35:19	5:41
21	7 M20	James Doyle, 20, Meyersdale, PA	35:20	5:41
4	2 W30	Jenna Boren, 31*, St Paul, MN	35:22	5:41
22	8 M20	Tyler Jordison, 20, Fort Dodge, IA	35:29	5:42
23	9 M20	Nick Slumfest, 21, Grinnell, IA	35:31	5:43
24	5 M30	Colin Greenan, 31, Ames, IA	35:37	5:44
25	10 M20	Devin Vanscoy, 23, Elkader, IA	35:41	5:44
26	2 M40	Jim Roubidoux, 44, Polk City, IA	35:42	5:45
27	11 M20	Chavis Clawson, 22, Liberty, MO	35:46	5:45
28	3 M15	Michael Streicher, 18, Cedar Falls, IA	35:53	5:46
29	2 M35	Tom Kreissler, 38, Tulsa, OK	36:05	5:48
30	2 M45	Kirt Goetzke, 47, Plymouth, MN	36:12	5:49
31	4 M15	Kevin Lewis, 15, Ottumwa, IA	36:13	5:50
32	5 M15	Baron Davis, 19, Hamilton, IA	36:23	5:51
33	6 M25	Chris Jensen, 26, Marion, IA	36:27	5:52
34	3 M40	Michael Kabela, 41, North Liberty, IA	36:31	5:53
35	7 M25	Seth Thorson, 27, Clive, IA	36:36	5:53
36	6 M15	David Sevcik, 18, Cedar Falls, IA	36:45	5:55
37	3 M35	Myron Peto, 37, Ames, IA	36:46	5:55
5	3 W30	Melissa Gacek, 32*, Wbl, MN	36:46	5:55

38	1	M50 Joseph Haynes, 53, Ames, IA	36:53	5:56
39	8	M25 Aaron Thomas, 28, Slater, IA	36:56	5:56
40	7	M15 Daniel Sevcik, 18, Cedar Falls, IA	37:06	5:58
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
41	8	M15 Shane Warehime, 16, Gowrie, IA	37:15	6:00
42	12	M20 Franz Meyer, 21, Des Moines, IA	37:20	6:00
43	3	M45 Keith Abels, 46, Ogden, IA	37:22	6:01
44	6	M30 Andrew Broadmoore, 32, Grinnell, IA	37:29	6:02
45	4	M35 Bill Castle, 39, Boone, IA	37:37	6:03
46	4	M40 Joe Marshall, 40, Granger, IA	37:44	6:04
47	5	M40 Bill Bennett, 43, Cedar Rapids, IA	37:49	6:05
48	7	M30 Matt Thatcher, 32, Ames, IA	38:03	6:07
49	2	M50 Steve Riley, 54, Lawrence, KS	38:04	6:08
50	13	M20 Ethan Morgan, 20, New Hampton, IA	38:06	6:08
6	1	W40 Bonnie Sons, 42*, Shorewood, MN	38:10	6:08
51	9	M15 Ryan Pesch, 19, Ames, IA	38:14	6:09
52	8	M30 Nathan Wenck, 31, Carroll, IA	38:32	6:12
53	10	M15 Sam Bird, 18, Gilbert, IA	38:35	6:12
7	1	W15 Danielle Nowasell, 18*, Grinnell, IA	38:36	6:13
54	4	M45 Robert Jacobson, 48, St Paul, MN	38:40	6:13
55	11	M15 Kyle Selsor, 19, Winterset, IA	38:50	6:15
56	9	M25 Nick Gill, 25, Iowa City, IA	38:55	6:16
57	10	M25 Carroll Cottingham, 28, West Branch, IA	38:58	6:16
58	12	M15 Tyler Drenkow, 17, Sheldon, IA	39:02	6:17
59	11	M25 Joel Tuttle, 28, Ogden, IA	39:03	6:17
8	4	W30 Callen Areba, 31*, Coon Rapids, MN	39:05	6:17
9	2	W25 Brooke Ferguson, 25*, Lacrosse, WI	39:09	6:18
60	12	M25 Andrew Nelson, 25, Ames, IA	39:15	6:19
61	13	M15 Quentin Ring, 17, Ames, IA	39:17	6:19
10	2	W35 Christine Price, 39*, Des Moines, IA	39:21	6:20
62	14	M20 Eric Hoff, 21, Perry, IA	39:25	6:21
11	3	W25 Kristen Mitchell, 29*, Ottumwa, IA	39:27	6:21
63	9	M30 Troy Shoen, 30, Huxley, IA	39:46	6:24
64	15	M20 Mark Kresser, 22, Ames, IA	39:54	6:25
65	3	M50 James Quigley, 51, Cedar Rapids, IA	39:55	6:25
66	14	M15 Jeff Doyle, 19, Cedar Falls, IA	39:57	6:26
12	4	W25 Michelle Sage, 27*, Ankeny, IA	39:59	6:26
67	13	M25 Joseph Richey, 26, Marion, IA	40:05	6:27
68	10	M30 Darin Dowling, 34, Des Moines, IA	40:12	6:28
69	1	M55 James La Plant, 57, Newton, IA	40:14	6:28
13	1	W20 Sarah Kulczycki, 21*, Livonia, MI	40:18	6:29
70	14	M25 Sean McVeigh, 26, Newton, IA	40:30	6:31
71	6	M40 Brian Ortell, 41, Ottumwa, IA	40:34	6:32
72	15	M15 Joel Wilhelm, 16, Goodell, IA	40:36	6:32
73	5	M45 Jeff Perry, 47, Bondurant, IA	40:47	6:34
74	16	M15 Richard Johnson, 16, Goodell, IA	40:52	6:34
75	1	JrM Ben Mossman, 13, Webster City, IA	40:53	6:35
76	7	M40 Jeff Mullen, 43, Cedar Rapids, IA	41:03	6:36
77	17	M15 Andrew Sage, 16, Ames, IA	41:03	6:36
78	2	JrM Peter Detar, 13, Kelley, IA	41:27	6:40
79	8	M40 Steve Drenkow, 43, Sheldon, IA	41:31	6:41
80	4	M50 Dave Fitz, 53, Ames, IA	41:42	6:43
81	11	M30 Aaron Barfels, 34, Ames, IA	41:54	6:44
82	9	M40 David Reid, 41, Fairfax, IA	42:00	6:45
83	18	M15 Spencer Davis, 15, Ames, IA	42:07	6:47
84	19	M15 Paul Hibbing, 16, Ames, IA	42:07	6:47
85	12	M30 Troy Jepsen, 34, Ames, IA	42:15	6:48
86	5	M50 Clyde Lawler, 52, Marshalltown, IA	42:19	6:48
87	16	M20 Dustin Essex, 20, Des Moines, IA	42:19	6:48
88	20	M15 Anthony Greco, 19, Boone, IA	42:23	6:49
89	10	M40 Craig Wittenberg, 43, Pella, IA	42:26	6:50
14	5	W25 Jayme Anderson, 28*, Des Moines, IA	42:38	6:52
15	2	W15 Carly Olsen, 18*, Missouri Valley, IA	42:42	6:52
90	6	M50 Walter Brandt, 52, Dysart, IA	42:43	6:52

16	2	W20	Soibhan Wolcott, 21*, Ames, IA	42:43	6:52
91	6	M45	Don Cumings, 45, Ankeny, IA	42:45	6:53
92	11	M40	Jim Hagelie, 40, Waukee, IA	42:46	6:53
93	17	M20	Cory Sents, 20, Ames, IA	42:50	6:54
94	18	M20	Jacob Dickey, 21, Ames, IA	42:51	6:54
17	5	W30	Amy Broadmoore, 32*, Grinnell, IA	42:57	6:55
18	3	W20	Julie Johnston, 24*, Cedar Rapids, IA	43:09	6:57
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
95	15	M25	Carl Wertzberger, 27, Des Moines, IA	43:41	7:02
96	16	M25	Daren Schumaker, 27, Cedar Rapids, IA	43:43	7:02
97	7	M45	Terry Lingner, 45, Grimes, IA	43:49	7:03
19	3	W15	Laura Sigmund, 18*, Stanhope, IA	43:53	7:04
98	21	M15	Bobby Bonnett, 16, Indianola, IA	43:54	7:04
99	5	M35	Chris Ristau, 37, Denver, IA	43:58	7:05
100	1	M60	Marek Jarecki, 60, Ames, IA	44:04	7:05
101	13	M30	Eric Evans, 31, Ames, IA	44:05	7:06
102	19	M20	Matthew Nelson, 21, Ames, IA	44:06	7:06
103	14	M30	Colin Brennan, 34, Vernon Hills, IL	44:07	7:06
104	6	M35	Curtis Downs, 39, Des Moines, IA	44:15	7:07
105	8	M45	Dan Gustafson, 45, West Des Moines, IA	44:17	7:07
106	17	M25	Joel Sage, 26, Ankeny, IA	44:18	7:08
107	7	M50	Jim Pippert, 51, Dysart, IA	44:18	7:08
20	1	W50	Beth Henriksen, 52*, Ames, IA	44:23	7:09
108	15	M30	Jeff Green, 31, Johnston, IA	44:24	7:09
109	2	M60	Michael Pattavina, 61, Clarinda, IA	44:37	7:11
110	9	M45	Randy Brecht, 47, Middle Amana, IA	44:46	7:12
111	12	M40	Rick Dennis, 40, Des Moines, IA	44:48	7:12
112	22	M15	Adam Fisher, 19, Ellsworth, IA	44:54	7:13
113	20	M20	Brandon Lee, 21, Ames, IA	44:57	7:14
114	7	M35	Brian Appleby, 38, West Des Moines, IA	45:02	7:15
115	21	M20	Jose Pablo Soto-Arias, 24, Ames, IA	45:18	7:17
21	1	W45	Kathie Madron, 45*, Oakland, IA	45:22	7:18
116	16	M30	Keith Lyles, 33, Ankeny, IA	45:24	7:18
117	17	M30	Rafael Nafikov, 34, Ames, IA	45:25	7:18
22	4	W15	Sofiya Hupalo, 18*, Ames, IA	45:26	7:19
23	5	W15	Regina Reinig, 19*, Portsmouth, IA	45:30	7:19
118	3	M60	David Schulte, 61, Granger, IA	45:30	7:19
119	10	M45	Mike Bird, 47, Gilbert, IA	45:31	7:19
120	8	M35	Jason Hahn, 37, Des Moines, IA	45:36	7:20
24	2	W40	Kristine Hinojos, 42*, Keller, TX	45:46	7:22
25	6	W25	Stephanie Mortenson, 26*, Urbandale, IA	45:48	7:22
121	13	M40	Mark Rocarek, 43, Vinton, IA	45:52	7:23
122	2	M55	Don Warren, 59, Ottumwa, IA	45:56	7:23
123	11	M45	Casey Showalter, 47, Altoona, IA	46:03	7:25
124	8	M50	Jonathan Wendel, 53, Ames, IA	46:08	7:25
125	22	M20	Jacob Asche, 24, Eddyville, IA	46:13	7:26
126	12	M45	Andy Roat, 46, Des Moines, IA	46:22	7:28
127	18	M25	A J. Montefusco, 29, Polk City, IA	46:31	7:29
128	14	M40	Gary Munkvold, 44, Ames, IA	46:37	7:30
26	2	W50	Andriette Wickstrom, 53*, Storm Lake, IA	46:46	7:31
129	13	M45	Gorden Barker, 48, Osage, IA	46:50	7:32
27	7	W25	Casey Fett, 28*, Ankeny, IA	47:02	7:34
130	9	M35	Matt Scotton, 39, Newton, IA	47:04	7:34
131	15	M40	Michael McCulloch, 41, Des Moines, IA	47:04	7:34
28	3	W35	Amy Nolan, 38*, Waterloo, IA	47:06	7:35
132	9	M50	Alan Dispirito, 54, Ames, IA	47:08	7:35
133	10	M35	John Brehm, 37, West Des Moines, IA	47:14	7:36
29	6	W15	Sarah Burnell, 16*, Grinnell, IA	47:18	7:37
134	23	M15	Zach Grunder, 18, Ankeny, IA	47:19	7:37
135	14	M45	Dave Elsenbast, 47, Ames, IA	47:21	7:37
136	23	M20	Cort Bulloch, 21, Fort Wayne, IN	47:26	7:38
137	11	M35	Kevin Jensen, 37, Ames, IA	47:26	7:38
138	24	M20	Brad Krueger, 22, Urbandale, IA	47:27	7:38
139	24	M15	Josh Sinram, 16, Johnston, IA	47:28	7:38

140	25	M15 Bobby Eberhard, 18, Mason, OH	47:28	7:38
141	15	M45 Jeff Feder, 47, Norwalk, IA	47:29	7:38
142	3	JrM Wesley Greder, 11, Colo, IA	47:30	7:39
143	26	M15 Mark Stout, 17, Johnston, IA	47:37	7:40
144	18	M30 Ben Weers, 33, Des Moines, IA	47:39	7:40
	30	8 W25 Meghan Kirkwood, 26*, Ames, IA	47:39	7:40
145	3	M55 Steve Barfels, 57, Hudson, IA	47:44	7:41
146	19	M30 Randy Sturm, 30, Belmont, IA	47:45	7:41
147	19	M25 Stephen Duke, 29, West Des Moines, IA	47:50	7:42
148	20	M25 Doug Prange, 29, Pella, IA	47:50	7:42
	31	3 W50 Jane Wickman, 54*, Kellogg, IA	47:51	7:42
149	4	JrM John Butts, 13, Johnston, IA	47:52	7:42
150	20	M30 C J. Lage, 34, Des Moines, IA	47:52	7:42
	32	7 W15 Jennifer Dysart, 15*, Grinnell, IA	47:56	7:43
151	16	M40 Eric Hart, 41, Boone, IA	47:58	7:43
	33	9 W25 Masayo Ozaki, 27*, Ames, IA	48:00	7:43
152	27	M15 Tommy Petersen, 17, Gowrie, IA	48:01	7:44
153	21	M25 Aaron Eggert, 25, Colfax, IA	48:01	7:44
154	17	M40 Jeff Lamoureux, 40, Jefferson, IA	48:02	7:44
155	16	M45 Brad Crossett, 46, Knoxville, IA	48:03	7:44
	34	4 W50 Kathleen Wendel, 53*, Ames, IA	48:04	7:44
156	4	M60 Rolf Koford, 60, Ames, IA	48:04	7:44
157	17	M45 Raus Steve, 45, Cedar Falls, IA	48:11	7:45
158	18	M40 Scott Meyer, 43, Pella, IA	48:14	7:46
159	5	M60 Clive Clark, 60, Rockwell City, IA	48:22	7:47
160	19	M40 Matt Bravard, 41, Granger, IA	48:24	7:47
161	4	M55 Roger Heinle, 58, Whiting, IA	48:25	7:47
162	18	M45 Michael Lee, 49, Ames, IA	48:30	7:48
163	21	M30 Troy Rand, 31, Waterloo, IA	48:43	7:50
164	20	M40 Jonathan Wickert, 44, Ames, IA	48:45	7:51
165	5	M55 Lee Tesdell, 57, Slater, IA	48:46	7:51
166	10	M50 Jeff Burnett, 51, Newton, IA	48:48	7:51
167	11	M50 Steve Vance, 50, Sheldahl, IA	49:04	7:54
168	22	M30 Tim Heinemann, 30, Oskaloosa, IA	49:05	7:54
169	22	M25 Travis Bergeson, 26, West Des Moines, IA	49:05	7:54
170	12	M35 Tom Sally, 38, Ankeny, IA	49:17	7:56
171	21	M40 John Knowles, 44, Papillion, NE	49:18	7:56
	35	4 W35 Jake Vernon, 39*, Knoxville, IA	49:33	7:58

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

172	22	M40 Sean Wolfe, 44, Urbandale, IA	49:41	8:00
	36	10 W25 Molly Fritz, 28*, Ames, IA	49:42	8:00
173	25	M20 Brian Spring, 20, Urbandale, IA	49:42	8:00
	37	5 W35 Michelle Flattery, 38*, Ames, IA	49:46	8:00
174	23	M25 Shane Strachan, 25, Bloomfield, IA	49:49	8:01
	38	3 W40 Jill Wanninger, 43*, Jefferson, IA	49:50	8:01
	39	6 W30 Tracie Heidt, 33*, Ames, IA	49:50	8:01
175	19	M45 Matt Parman, 47, Colfax, IA	49:56	8:02
	40	8 W15 Rachel Cramer, 18*, Guthrie Center, IA	50:01	8:03
176	24	M25 Matt Hawkins, 25, Ames, IA	50:02	8:03
177	25	M25 Marty Hagedwood, 25, West Des Moines, IA	50:03	8:03
178	1	M65 David Block, 65, Ames, IA	50:05	8:03
	41	7 W30 Jan Porto, 32*, West Des Moines, IA	50:05	8:04
179	23	M40 Brian Terhark, 40, Waukee, IA	50:07	8:04
180	13	M35 David Schneider, 37, Clive, IA	50:07	8:04
181	14	M35 Keith Neubauer, 37, Swisher, IA	50:07	8:04
182	24	M40 Scott Bandy, 43, Indianola, IA	50:10	8:04
	42	6 W35 Rachel Bangs, 36*, Huxley, IA	50:16	8:05
183	15	M35 Tj Bangs, 36, Huxley, IA	50:16	8:05
	43	7 W35 Stacy Woodward, 38*, Ames, IA	50:22	8:06
184	12	M50 David Swenson, 53, Ames, IA	50:23	8:06
	44	5 W50 Candy Mullen, 51*, Cedar Rapids, IA	50:23	8:06
185	26	M20 Kris Krebs, 24, Maxwell, IA	50:24	8:07
186	20	M45 Rich McGee, 46, Johnston, IA	50:26	8:07
	45	6 W50 Patty Croonquist, 50*, Fort Dodge, IA	50:28	8:07

187	16	M35	Doug Nichol, 38, Des Moines, IA	50:30	8:08
46	2	W45	Cindy Deprenger, 48*, Otley, IA	50:31	8:08
47	8	W35	Shannon Hostetter, 35*, Nevada, IA	50:33	8:08
188	13	M50	Mike Rathier, 50, Grimes, IA	50:35	8:08
189	23	M30	Raoul Delara, 34, Marshalltown, IA	50:39	8:09
190	17	M35	Michael Patkin, 38, Ankeny, IA	50:39	8:09
191	18	M35	Jeff Margrett, 37, Ames, IA	50:40	8:09
48	9	W35	Sarah Johnson, 37*, Coralville, IA	50:49	8:11
192	27	M20	Steven Anderson, 20, Oskaloosa, IA	50:55	8:12
193	2	M65	Jim Matthews, 68, Baxter, IA	50:58	8:12
49	10	W35	Ellen Franklin, 38*, Iowa City, IA	51:00	8:12
194	19	M35	Brad Bruhl, 38, Ankeny, IA	51:05	8:13
195	28	M15	Brady White, 18, Ames, IA	51:05	8:13
50	4	W20	Kacie Purl, 24*, Ames, IA	51:07	8:13
196	6	M55	Greg Wool, 56, Ames, IA	51:09	8:14
197	20	M35	Jason Welch, 37, Clive, IA	51:11	8:14
198	28	M20	Andrew Scott, 23, Bloomfield, IA	51:15	8:15
51	11	W25	Angie Brown, 26*, Bloomfield, IA	51:15	8:15
52	1	JrW	Ann Menner, 14*, Grinnell, IA	51:16	8:15
199	24	M30	Peter Frett, 30, Des Moines, IA	51:16	8:15
200	21	M45	Ahmad Abu-Hawash, 48, Ames, IA	51:19	8:15
53	12	W25	Jennifer Evans, 27*, Pleasant Hill, IA	51:20	8:16
54	11	W35	Erin Rewerts, 38*, Nevada, IA	51:20	8:16
201	29	M20	Jacob Johnson, 20, Stratford, IA	51:24	8:16
202	25	M40	Sean Taylor, 41, Ames, IA	51:24	8:16
203	25	M30	Ben Johns, 30, Waukee, IA	51:25	8:16
55	5	W20	Calee Himes, 23*, Ames, IA	51:36	8:18
56	9	W15	Christa Rieks, 17*, Alden, IA	51:36	8:18
204	26	M30	Brett Lewis, 30, Polk City, IA	51:39	8:19
57	13	W25	Erin Gittins, 25*, West Des Moines, IA	51:43	8:19
58	6	W20	Mrandra Maring, 24*, Robins, IA	51:46	8:20
59	12	W35	Kathy Meyer, 35*, Marshalltown, IA	51:46	8:20
60	13	W35	Kimberly Bryant, 36*, Waukee, IA	51:52	8:21
61	3	W45	Linda Nowasell, 45*, Grinnell, IA	51:54	8:21
62	14	W35	Melissa Bruhl, 36*, Ankeny, IA	51:56	8:21
205	14	M50	Wesley Winterink, 52, Ames, IA	52:00	8:22
206	29	M15	Jack Zehr, 16, Ankeny, IA	52:02	8:22
207	26	M25	Christopher Dana, 28, Pella, IA	52:14	8:24
208	21	M35	Michael Rice, 35, Ames, IA	52:18	8:25
209	7	M55	Galen Wilke, 57, Ames, IA	52:21	8:25
63	15	W35	Julie Petersen, 39*, Huxley, IA	52:22	8:26
210	22	M45	Jeff Damman, 46, Ankeny, IA	52:26	8:26
64	16	W35	Melissa Stenberg, 38*, Ames, IA	52:39	8:28
211	8	M55	Al Hildestad, 58, Des Moines, IA	52:58	8:31
65	14	W25	Lacey Schmidt, 29*, Des Moines, IA	53:01	8:32
66	8	W30	Julie Grove, 33*, Ellsworth, IA	53:01	8:32
212	30	M15	Josh Johnson, 19, Ames, IA	53:09	8:33
213	30	M20	Joshua Rivenbark, 20, Ames, IA	53:11	8:33
67	15	W25	Erica Bohn, 27*, Pella, IA	53:11	8:33
214	15	M50	Young Park, 50, Ames, IA	53:14	8:34
68	4	W45	Sherry Johnson, 46*, Cedar Falls, IA	53:14	8:34
69	7	W20	Krista Clarke, 23*, Ames, IA	53:16	8:34
215	23	M45	Martin Clarke, 48, Manchester, MI	53:17	8:34
216	16	M50	Eric Schultz, 50, Marion, IA	53:18	8:35
70	16	W25	Annie Buchmiller, 27*, Ankeny, IA	53:19	8:35
217	22	M35	Garin Buttermore, 36, Ames, IA	53:23	8:35
218	17	M50	Robert Hanish, 51, Badger, IA	53:26	8:36
71	17	W25	Andrea Van Voorst, 29*, Kansas City, MO	53:30	8:36
72	8	W20	Sara Dale, 20*, Marshalltown, IA	53:40	8:38
219	26	M40	Mark Jackson, 43, Story City, IA	53:45	8:39
220	18	M50	Iver Anderson, 54, Ames, IA	53:46	8:39
73	10	W15	Alison Berg, 18*, Carroll, IA	53:47	8:39
74	11	W15	Lauren Fangman, 18*, Carroll, IA	53:47	8:39
221	27	M40	Joe Flynn, 44, Alleman, IA	53:56	8:41
222	27	M30	David Kelly, 32, Cedar Falls, IA	53:58	8:41

223	31	M15	Patrick Snell, 18, Ames, IA	54:02	8:42
224	27	M25	Clayton Reitz, 28, Ames, IA	54:06	8:42
75	4	W40	Deb Dean, 41*, Johnston, IA	54:08	8:43
76	18	W25	Erin Lewis, 29*, Polk City, IA	54:08	8:43
77	9	W30	Sara Swyter, 30*, Waukee, IA	54:12	8:43
78	9	W20	Jessica Klinker, 21*, Ames, IA	54:23	8:45
225	31	M20	Nathaniel Oster, 22, Ames, IA	54:26	8:46
226	32	M15	Daniel Park, 18, Ames, IA	54:27	8:46
79	12	W15	April Peterson, 19*, Jewell, IA	54:28	8:46
80	7	W50	Paula Dierenfeld, 53*, Johnston, IA	54:34	8:47
227	24	M45	Steven Bryant, 47, Waukee, IA	54:41	8:48
81	8	W50	Mary Hillman, 54*, Grand Junction, IA	54:45	8:49
82	19	W25	Lisa Meerdink, 28*, West Des Moines, IA	54:48	8:49
83	17	W35	Sara Patkin, 37*, Ankeny, IA	54:53	8:50
84	13	W15	Kelly Nelson, 17*, North Liberty, IA	54:53	8:50
228	25	M45	David Nelson, 46, North Liberty, IA	54:54	8:50
85	5	W40	Amy Hickman, 41*, Hampton, IA	54:55	8:50
86	10	W30	Jennifer Dodge, 31*, Des Moines, IA	54:57	8:51
87	14	W15	Bridget Brown, 18*, Ames, IA	54:58	8:51
88	10	W20	Sara Berg, 24*, Johnston, IA	55:00	8:51
229	23	M35	William Vanderlugt, 37, Ames, IA	55:00	8:51
230	28	M30	Jeff Jansen, 34, Johnston, IA	55:08	8:52
89	11	W20	Amanda Pottorff, 22*, Ames, IA	55:12	8:53
90	20	W25	Leann Oakland, 27*, Waukee, IA	55:13	8:53
231	29	M30	Venkateshwara Narayanan, 32, West Des Moines, IA	55:14	8:53
232	28	M25	Brice Oleson, 28, Ankeny, IA	55:14	8:53
233	24	M35	Doug Drees, 37, Waukee, IA	55:17	8:54
91	9	W50	Vicki Bentley-Condit, 50*, Grinnell, IA	55:19	8:54
234	9	M55	Kim Smith, 57, Ames, IA	55:25	8:55
92	11	W30	Chandra Bartleman, 31*, Polk City, IA	55:34	8:57
93	12	W20	Emily Cardella, 21*, Roland, IA	55:37	8:57
235	26	M45	Jeff Jacobson, 48, Bellevue, NE	55:38	8:57
236	32	M20	Mike Hagedwood, 23, West Des Moines, IA	55:49	8:59
94	15	W15	Kristina Heathering, 19*, Fort Dodge, IA	55:52	8:59
95	21	W25	Erin Johnson, 25*, Kansas City, MO	55:53	8:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
96	6	W40	Lisa Crossett, 44*, Knoxville, IA	55:59	9:00
237	30	M30	Dominick Villotti, 33, Urbandale, IA	56:06	9:02
97	2	JrW	Celia Bravard, 14*, Granger, IA	56:08	9:02
98	16	W15	Mackensie Larson, 15*, Grimes, IA	56:09	9:02
238	10	M55	John Walter, 58, Ankeny, IA	56:09	9:02
239	19	M50	Kenneth Goddard, 53, Bondurant, IA	56:09	9:02
240	6	M60	John Cunnally, 60, Ames, IA	56:41	9:07
99	12	W30	Jaci Ketchum, 30*, Jewell, IA	56:44	9:08
100	7	W40	Jean Dingeman, 44*, Pella, IA	56:46	9:08
241	28	M40	Brian Benjamin, 43, Perry, IA	56:47	9:08
242	33	M15	Joe Langner, 17, Gowrie, IA	56:51	9:09
101	22	W25	Aubrey Villotti, 28*, Urbandale, IA	56:55	9:09
102	23	W25	Elizabeth Tiarks, 27*, Council Bluffs, IA	57:01	9:11
103	13	W30	Amanda Kolasinski, 32*, Ames, IA	57:24	9:14
104	13	W20	Emily Nymeyer, 23*, Clive, IA	57:26	9:14
243	29	M25	Matt Marietta, 27, Ames, IA	57:27	9:15
105	24	W25	Angela Koob, 27*, Johnston, IA	57:29	9:15
106	25	W25	Robin Greenlee, 28*, Ames, IA	57:31	9:15
107	14	W30	Sarah Hansen, 30*, Cedar Falls, IA	57:31	9:15
244	31	M30	Matt Hansen, 33, Cedar Falls, IA	57:32	9:15
245	11	M55	Nathan Callahan, 55, Cedar Falls, IA	57:34	9:16
108	8	W40	Kim Greder, 44*, Colo, IA	57:35	9:16
109	17	W15	Kali Gleason, 17*, Gowrie, IA	57:41	9:17
110	14	W20	Sara Kate Howe, 24*, Ames, IA	57:46	9:18
246	27	M45	Mike Barger, 46, Adel, IA	57:53	9:19
111	1	W60	Mary Johnston, 60*, Cedar Rapids, IA	57:54	9:19
247	12	M55	Neil Olson, 58, Boone, IA	58:07	9:21

112	9	W40	Theresa Porter, 43*, Des Moines, IA	58:07	9:21
248	25	M35	Dong-Gill Kim, 35, Ames, IA	58:13	9:22
113	18	W35	Amy Johnson, 35*, Osage, IA	58:17	9:23
249	34	M15	Zach Hebert, 15, Johnston, IA	58:21	9:23
250	1	M70	Tom Novak, 75, Cedar Rapids, IA	58:33	9:25
251	35	M15	Nathan Johnston, 17, Stanhope, IA	58:35	9:26
252	5	JrM	Felix Knutson, 14, Hubbard, IA	58:36	9:26
253	30	M25	Brian Anderson, 29, Ames, IA	58:49	9:28
114	26	W25	Mindi Decker, 28*, Des Moines, IA	58:50	9:28
254	31	M25	Travis Hansen, 29, Bettendorf, IA	58:50	9:28
255	32	M30	Abhijit Rao, 32, Ames, IA	58:54	9:29
256	28	M45	Uwe Steglitz, 46, Boone, IA	59:03	9:30
115	15	W30	Kelly Hannan, 32*, Des Moines, IA	59:14	9:32
116	10	W50	Victoria Daniel, 50*, Appleton, WI	59:21	9:33
257	36	M15	Chris Elsenbost, 18, Ames, IA	59:22	9:33
258	7	M60	Jan Dilley, 64, Marshalltown, IA	59:37	9:36
117	27	W25	Lauren Grundmeier, 25*, West Des Moines, IA	59:45	9:37
259	33	M20	Joe Hugen, 24, North Liberty, IA	59:47	9:37
118	18	W15	Anne Todey, 18*, Ames, IA	59:48	9:37
260	37	M15	Darnell Crawford, 15, Johnston, IA	59:49	9:38
261	32	M25	Travis Duke, 28, Altoona, IA	59:53	9:38
119	19	W15	Cierra Dumond, 19*, Des Moines, IA	59:55	9:38
120	20	W15	Chelsea Evers, 18*, Carroll, IA	59:59	9:39
262	29	M40	Craig Feller, 43, Norwalk, IA	1:00:01	9:39
121	21	W15	Autumn Thompson, 18*, Ames, IA	1:00:09	9:41
263	33	M25	Ryan Greening, 28, West Des Moines, IA	1:00:17	9:42
122	28	W25	Erin Redmond, 29*, Omaha, NE	1:00:24	9:43
123	15	W20	Marissa Zavala, 23*, Ames, IA	1:00:35	9:45
264	38	M15	Ben Winter, 17, Johnston, IA	1:00:46	9:47
265	30	M40	Paul Huston, 40, Ames, IA	1:00:48	9:47
266	39	M15	Casy Ungs, 19, Ames, IA	1:00:54	9:48
267	34	M25	Kylee Thomas, 29, Ottumwa, IA	1:01:04	9:50
124	5	W45	Rosie Branaman, 45*, Boone, IA	1:01:15	9:51
125	16	W30	Jennifer Harper, 33*, West Des Moines, IA	1:01:25	9:53
126	29	W25	Stacey Palmer, 25*, Des Moines, IA	1:01:42	9:56
127	17	W30	Andi Olson, 32*, Ames, IA	1:01:55	9:58
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
128	16	W20	Mary Sunderman, 24*, Ames, IA	1:02:07	10:00
268	34	M20	Ryan Prusa, 21, Ames, IA	1:02:07	10:00
129	22	W15	Emily Boes, 18*, Carroll, IA	1:02:12	10:01
130	17	W20	Missy King, 22*, Des Moines, IA	1:02:17	10:01
269	35	M20	Brian Ruggle, 22, Newton, IA	1:02:17	10:01
131	2	W60	Patricia Schulte, 60*, Granger, IA	1:02:18	10:01
132	19	W35	Rachel Wolford, 37*, Des Moines, IA	1:02:25	10:03
133	23	W15	Anna Porto, 19*, West Des Moines, IA	1:02:35	10:04
134	18	W20	Katie Gidlewski, 23*, Iowa City, IA	1:02:36	10:04
135	18	W30	Nicole Kathman, 30*, Ankeny, IA	1:02:37	10:04
136	19	W30	Erin Shinafelt, 31*, Marshalltown, IA	1:02:42	10:05
137	30	W25	Jamie Reid, 26*, Marshalltown, IA	1:02:43	10:05
138	20	W30	Natalie Franke, 34*, Clive, IA	1:02:51	10:07
139	20	W35	Stephanie Comito, 35*, Urbandale, IA	1:02:52	10:07
140	21	W30	Tamara Bane, 31*, Winterset, IA	1:02:52	10:07
141	24	W15	Megan Reynolds, 18*, Ames, IA	1:02:56	10:08
142	22	W30	Kat Whitson, 30*, Pella, IA	1:03:02	10:09
143	19	W20	Sasha Kemmet, 23*, Adel, IA	1:03:02	10:09
144	31	W25	Heidi Wenzel, 25*, Ankeny, IA	1:03:15	10:11
145	10	W40	Lori Dingeman, 41*, Pella, IA	1:03:23	10:12
146	32	W25	Erin Pederson, 28*, Ames, IA	1:03:27	10:12
147	33	W25	Alyson Cardwell, 29*, Ames, IA	1:03:37	10:14
148	11	W40	Amy Leavitt, 40*, Knoxville, IA	1:03:46	10:16
149	1	W55	Olya Arjmand, 55*, Ames, IA	1:03:58	10:18
150	21	W35	Latifah Faisal, 35*, Ames, IA	1:04:14	10:20
270	26	M35	Steven Kenton, 39, Ames, IA	1:04:39	10:24
151	6	W45	Carol Andersohn, 46*, Minneapolis, MN	1:04:39	10:24

152	12	W40	Kristin Lee, 43*, Walford, IA	1:04:40	10:24
271	40	M15	Nathan Kavan, 16, Wahoo, NE	1:04:42	10:25
153	25	W15	Kendra Kavan, 19*, Ames, IA	1:04:46	10:25
154	20	W20	Brooke Wanninger, 21*, Jefferson, IA	1:04:52	10:26
155	34	W25	Tara Moses, 29*, Pella, IA	1:05:23	10:31
156	23	W30	Karmen Gardner, 30*, Pella, IA	1:05:23	10:31
157	11	W50	Joyce Burch, 52*, Pella, IA	1:05:31	10:33
158	35	W25	Jackie Surber, 26*, Des Moines, IA	1:05:33	10:33
272	36	M20	Scott Boyken, 23, Ames, IA	1:05:38	10:34
159	21	W20	Michelle Henderson, 23*, Ames, IA	1:05:38	10:34
273	27	M35	Derrick Lewis, 39, Pleasant Hill, IA	1:05:42	10:34
160	36	W25	Lacey Theilen, 27*, Ames, IA	1:05:50	10:36
274	37	M20	Ben Gaul, 24, Kansas City, MO	1:06:05	10:38
161	22	W20	Cassidy Hall, 24*, Ames, IA	1:06:05	10:38
162	37	W25	Lindsay Hitch, 27*, West Des Moines, IA	1:06:09	10:39
163	13	W40	Julie Houge, 43*, Polk City, IA	1:06:24	10:41
164	14	W40	Keri Alleman, 42*, Huxley, IA	1:06:25	10:41
165	7	W45	Linda Franggenberg, 46*, Huxley, IA	1:06:47	10:45
166	15	W40	Pam Freet, 40*, Spring Valley, MN	1:06:48	10:45
167	22	W35	Jenny Bethurem, 39*, Ames, IA	1:06:48	10:45
275	35	M25	Shane Ort, 28, Newton, IA	1:07:19	10:50
168	8	W45	Hanna Armstrong, 46*, Grinnell, IA	1:07:46	10:54
276	20	M50	Joseph Henry, 50, Des Moines, IA	1:07:46	10:54

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

169	16	W40	Christine Crippen, 40*, Ames, IA	1:08:30	11:01
277	38	M20	Steve Poole, 24, Des Moines, IA	1:08:43	11:03
278	39	M20	Vincent Gregory, 23, Ames, IA	1:09:59	11:16
170	17	W40	Sherry Smiley, 42*, Cumming, IA	1:10:02	11:16
171	24	W30	Tiffanie Snyder, 32*, Des Moines, IA	1:10:16	11:18
172	23	W35	Deanna Smith, 35*, Indianola, IA	1:10:22	11:19
173	9	W45	Kathy Barger, 47*, Adel, IA	1:10:48	11:24
174	18	W40	Maggie Drake, 42*, Radcliffe, IA	1:11:55	11:34
279	40	M20	Eric Foley, 23, Ames, IA	1:11:55	11:34
175	23	W20	Cathy Compton, 23*, Ames, IA	1:12:16	11:38
176	12	W50	Suzanne Hendrich, 53*, Ames, IA	1:12:16	11:38

Pace: [5:00](#) | [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

280 3 M65 Don Withers, 68, Ames, IA 1:21:58 13:11

281 4 M65 Fergus Taylor, 65, Clive, IA 1:23:41 13:28

"*" indicates females

5 finishers among Men 14 & Under

40 finishers among Men 15 - 19

40 finishers among Men 20 - 24

35 finishers among Men 25 - 29

32 finishers among Men 30 - 34

27 finishers among Men 35 - 39

30 finishers among Men 40 - 44

28 finishers among Men 45 - 49

20 finishers among Men 50 - 54

12 finishers among Men 55 - 59

7 finishers among Men 60 - 64

4 finishers among Men 65 - 69

1 finishers among Men 70 & Up

2 finishers among Women 14 & Under

25 finishers among Women 15 - 19

23 finishers among Women 20 - 24

37 finishers among Women 25 - 29

24 finishers among Women 30 - 34

23 finishers among Women 35 - 39

18 finishers among Women 40 - 44

9 finishers among Women 45 - 49

12 finishers among Women 50 - 54

1 finishers among Women 55 - 59

2 finishers among Women 60 - 64

281 male finishers
176 female finishers
457 total finishers

[Top](#)

Return to [home page](#).