

34th Midnight Madness 10km (6.214 miles)

Ames, IA

July 9, 2005

Summer, high 70s

Results by Cal Murdock

[10K Overall](#) [10K Top Ten](#) [10K Teams](#) [5K Overall](#) [5K Teams](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1	1	M20 Matthew Chesang, 23, Manhattan, KS	30:07	4:51
2	2	M20 Andrew Carlson, 23, St. Paul, MN	30:16	4:52
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
3	1	M25 Shadrack Kimeli, 28, Manhattan, KS	31:30	5:04
4	3	M20 Vincent Topiwo, 22, Manhattan, KS	31:32	5:04
5	1	M30 Daniel Mugo, 30, Richmond, KY	32:02	5:09
6	2	M25 Blake Boldon, 25, Ames, IA	32:16	5:11
7	3	M25 Julius Rotich, 29, West Des Moines, IA	32:19	5:12
8	4	M25 Marty Dalton, 29, Stuart, IA	32:22	5:12
9	5	M25 Jason Finch, 28, River Falls, WI	32:25	5:13
10	4	M20 Matt Hooley, 23, Minneapolis, MN	32:41	5:15
11	6	M25 Eric Pierce, 28, Minneapolis, MN	33:09	5:20
12	5	M20 Ryan French, 22, Marion, IA	33:21	5:22
13	7	M25 Michael Little, 28, Minneapolis, MN	33:22	5:22
14	1	M15 Kiel Uhl, 18, Prole, IA	33:22	5:22
15	6	M20 Daniel Craig, 24, Springfield, MO	33:47	5:26
16	7	M20 Skyler Nesheim, 21, Des Moines, IA	34:28	5:33
17	8	M20 Brandon Moen, 21, Mankato, MN	34:45	5:36
18	9	M20 Ricky Reusser, 20, Ames, IA	34:48	5:36
19	10	M20 Bichok Deng, 20, Marshalltown, IA	34:49	5:36
20	11	M20 Tim Ives, 24, Des Moines, IA	35:00	5:38
21	1	M40 Phil Kauder, 44, Cascade, IA	35:01	5:38
22	12	M20 Brad Peter, 24, Ames, IA	35:13	5:40
23	8	M25 Kyle Kepler, 29, Cedar Falls, IA	35:31	5:43
24	13	M20 Bobby Atkins, 24, Des Moines, IA	36:04	5:48
25	1	M45 Keith Fevold, 47, Des Moines, IA	36:17	5:50
26	14	M20 Derrick Kresser, 22, Cedar Falls, IA	36:22	5:51
1	1	W30 Suzanne Weeder-Einspahr, 34*, Seward, NE	36:30	5:52
27	2	M40 Roger Scott, 40, Clive, IA	36:48	5:55
2	1	W20 Casey Owens, 22*, Springfield, MO	37:00	5:57
28	1	M50 Joseph Haynes, 50, Ames, IA	37:01	5:57
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
29	15	M20 Brett Sealine, 23, Jewell, IA	37:19	6:00
30	3	M40 Kirt Goetzke, 44, Plymouth, MN	37:22	6:01
31	2	M15 Levi Forrester, 18, Jewell, IA	37:31	6:02
3	1	W35 Bonnie Sons, 39*, Shorewood, MN	37:32	6:02
32	3	M15 Anthony Ebert, 19, Lynnville, IA	37:35	6:03
33	9	M25 Jacob Kaemmer, 28, Des Moines, IA	37:36	6:03
34	16	M20 Dan Novelli, 20, Urbandale, IA	37:40	6:04

35	2	M45 David Nauman, 49, Mason City, IA	38:02	6:07
36	3	M45 Tim Nagel, 47, Clarion, IA	38:20	6:10
4	1	W25 Desiree Budd, 25*, Mankato, MN	38:30	6:12
37	1	M35 Steve Pohlmeier, 39, Urbandale, IA	38:33	6:12
5	2	W30 Julie Nelson, 32*, Eyota, MN	38:37	6:13
38	2	M30 Myron Peto, 34, Ames, IA	38:38	6:13
6	3	W30 Erin Ward, 30*, Eagan, MN	39:03	6:17
39	4	M15 Andrew Minear, 19, Marshalltown, IA	39:04	6:17
40	5	M15 Michael Haynes, 17, Ames, IA	39:21	6:20
41	4	M40 David Frank, 43, Adel, IA	39:26	6:21
7	2	W20 Molly Engel, 21*, Seward, NE	39:28	6:21
42	6	M15 Tyler Jordison, 17, Fort Dodge, IA	39:35	6:22
43	2	M50 Curt Hoegh, 53, Clive, IA	39:37	6:22
44	10	M25 Jacob Jaerger, 29, Sioux City Ia	39:38	6:23
45	7	M15 Kory Uhl, 18, Prole, IA	39:52	6:25
46	5	M40 Rob Gillum, 44, Des Moines, IA	39:52	6:25
47	11	M25 Nathan Wenck, 28, Carroll, IA	40:09	6:28
8	4	W30 Theresa Gosnell, 33*, Omaha, NE	40:10	6:28
48	17	M20 Andrew Folkmann, 21, Williamsburg, IA	40:23	6:30
9	3	W20 Quinn Vermie, 20*, Runnells, IA	40:25	6:30
49	12	M25 Josh Spencer, 26, West Des Moines, IA	40:25	6:30
50	18	M20 Gatluak Chuol, 22, Ames, IA	40:35	6:32
51	19	M20 Craig Goldsmith, 23, Manchester, IA	40:38	6:32
10	1	W15 Hannah Roeder, 17*, Des Moines, IA	40:40	6:33
52	3	M30 Troy Jepsen, 31, Ames, IA	40:41	6:33
53	4	M30 Lucas Dewitt, 31, Spencer, IA	40:50	6:34
54	6	M40 Todd Haugen, 42, Story City, IA	40:52	6:34
11	2	W25 Kristen Mitchell, 26*, Ottumwa, IA	40:52	6:35
55	3	M50 James Laplant, 54, Newton, IA	40:54	6:35
56	4	M50 Dave Fitz, 50, Ames, IA	41:09	6:37
12	3	W25 Jessica Dahlberg, 25*, Ames, IA	41:15	6:38
57	7	M40 David Mable, 40, Urbandale, IA	41:16	6:38
58	4	M45 Stewart Baldner, 45, Dallas Center, IA	41:26	6:40
59	5	M30 Richard Bundy, 34, Ankeny, IA	41:35	6:41
60	6	M30 Christopher Ristau, 34, Denver, IA	41:48	6:44
61	13	M25 Matt Thatcher, 29, Ames, IA	41:50	6:44
62	8	M15 Austin Tegels, 17, Ankeny, IA	41:58	6:45
63	2	M35 Brian Palmer, 36, Des Moines, IA	41:59	6:45
64	9	M15 Lucas Warth, 19, Ames, IA	42:02	6:46
65	20	M20 Scott Szorek, 23, Ames, IA	42:04	6:46
66	10	M15 Dustin Rusher, 17, Roland, IA	42:07	6:47
67	11	M15 Jared Snell, 19, Hampton Ia	42:11	6:47
13	4	W25 Courtney Clinard, 27*, Omaha, NE	42:12	6:47
68	12	M15 Dean Porter, 17, Ankeny, IA	42:16	6:48
69	1	M55 David Schulte, 58, Granger, IA	42:17	6:48
70	1	M60 Rick Hogan, 60, Leawood, KS	42:19	6:49
71	21	M20 Michael Huisenga, 22, Ames, IA	42:28	6:50
14	2	W15 Traci Hawley, 19*, Ames, IA	42:30	6:50
72	8	M40 Dan Gustafson, 42, West Des Moines, IA	42:52	6:54
73	5	M50 William McClintock, 51, Centerville, IA	43:17	6:58
15	4	W20 Ingrid Frisk, 20*, Logan, IA	43:20	6:58
74	6	M50 Nick Scott, 53, Cedar Rapids, IA	43:21	6:58
75	13	M15 Andrew White, 16, Ankeny, IA	43:22	6:59
76	14	M15 Mark Kresser, 19, Ames, IA	43:23	6:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
16	1	JrW Kalyn Kruckenberg, 14*, Mason City, IA	43:30	7:00
77	9	M40 Terry Lingner, 42, Grimes, IA	43:41	7:02
78	7	M30 Michael Carr, 32, Ames, IA	43:46	7:03
79	15	M15 Micah Ruroden, 19, Fort Dodge, IA	43:51	7:03
80	16	M15 Jake Brager, 18, Corwith, IA	43:58	7:04
81	10	M40 Donald Klein, 40, Nevada, IA	44:04	7:05
82	22	M20 Jacob Rattray, 22, Ames, IA	44:14	7:07
83	17	M15 Adam Bohl, 18, Ankeny, IA	44:17	7:08
84	5	M45 Mike Christensen, 47, Washington, IA	44:23	7:08

85	11	M40	Mark Marzen, 43, Rockwell, IA	44:37	7:11
86	6	M45	Bruce Drummond, 47, Johnston, IA	44:38	7:11
17	1	W45	Beth Henriksen, 49*, Ames, IA	44:49	7:13
18	5	W30	Melind Courage-Carlberg, 31*, Urbandale, IA	44:50	7:13
87	7	M45	Allen Miller, 48, Ames, IA	44:54	7:13
88	23	M20	Eric Nonnecke, 21, Ames, IA	44:57	7:14
89	8	M45	Scott Boever, 45, Des Moines, IA	44:58	7:14
90	7	M50	Peter Percival, 52, Des Moines, IA	45:00	7:14
19	5	W25	Karen Grote, 26*, Radcliffe, IA	45:12	7:16
91	14	M25	Billy Krupps, 27, Ames, IA	45:14	7:17
92	8	M50	Jonathan Wendel, 50, Ames, IA	45:20	7:18
93	12	M40	Mike Warren, 44, Marshalltown, IA	45:24	7:18
94	13	M40	Don Cumings, 42, Ankeny, IA	45:26	7:19
95	8	M30	Paul Castillo, 34, Creston, IA	45:30	7:19
20	1	W50	Andriette Wickstrom, 50*, Storm Lake, IA	45:33	7:20
96	24	M20	Andy Flattery, 21, Ames, IA	45:37	7:20
97	3	M35	Stephen Siegel, 36, Ames, IA	45:51	7:23
98	9	M30	Jason Verdon, 33, Eau Claire, WI	45:54	7:23
99	14	M40	Craig Brophy, 44, Cedar Rapids, IA	45:55	7:23
100	25	M20	Walter Mulder, 23, Marshalltown, IA	45:55	7:23
101	10	M30	Matthew Goodman, 32, Ames, IA	45:58	7:24
21	1	W40	Becky McIntosh, 40*, Des Moines, IA	46:00	7:24
22	5	W20	Julie Johnston, 21*, Salix, IA	46:05	7:25
102	15	M40	Curt Hoff, 43, Nevada, IA	46:05	7:25
103	16	M40	Gary Munkvold, 41, Ames, IA	46:07	7:25
23	2	W40	Kathie Madron, 42*, Oakland, IA	46:10	7:26
104	18	M15	Andrew Trentman, 18, Urbandale, IA	46:21	7:27
105	17	M40	Jeff Feder, 44, Norwalk, IA	46:23	7:28
106	26	M20	Kristofor Kalvig, 20, Fort Dodge, IA	46:24	7:28
107	11	M30	Jason Hahn, 34, Des Moines, IA	46:25	7:28
108	15	M25	Jason Hill, 27, Marshalltown, IA	46:26	7:28
109	16	M25	Burton Joseph, 27, West Des Moines, IA	46:32	7:29
24	6	W30	Kristina Calicchio, 30*, Ames, IA	46:34	7:30
25	6	W25	Jana Severson, 27*, West Des Moines, IA	46:40	7:31
110	17	M25	Pete Moore, 29, Ames, IA	46:42	7:31
111	27	M20	Peter Lasley, 24, Ames, IA	46:43	7:31
112	12	M30	David Morgan, 30, Waterloo, IA	46:44	7:31
113	2	M55	Roger Heinle, 55, Whiting, IA	46:48	7:32
114	28	M20	Tommy Augustin, 22, Ames, IA	46:50	7:32
26	6	W20	Amy Scheuerell, 24*, Ames, IA	46:54	7:33
115	18	M40	Steven Anderson, 43, Urbandale, IA	46:55	7:33
27	7	W25	Tressa Meyer, 25*, Ames, IA	47:00	7:34
28	3	W15	Mairead Kelly, 19*, Forest City, IA	47:05	7:34
29	4	W15	Heather Hanson, 19*, Forest City, IA	47:05	7:35
116	19	M40	Galen Crawford, 44, Story City, IA	47:05	7:35
117	13	M30	Tim Hentzel, 30, Philadelphia, PA	47:07	7:35
118	18	M25	Greg Herrold, 27, Emmetsburg, IA	47:09	7:35
119	9	M45	Ahmad Abu-Hawash, 45, Ames, IA	47:09	7:35
120	14	M30	Todd Kibsgaard, 34, Marion, IA	47:12	7:36
121	10	M45	Michael Long, 45, Ames, IA	47:13	7:36
30	7	W30	Joey Hullinger, 34*, Davis City, IA	47:14	7:36
122	19	M25	Benjamin Nunnikhoven, 26, Pella, IA	47:15	7:36
123	11	M45	Young Park, 47, Ames, IA	47:19	7:37
31	8	W25	Courtney Knott, 28*, Centerville, IA	47:25	7:38
32	2	W35	Pam Mann, 37*, Cypress, TX	47:30	7:38
124	20	M40	Daniel Reed, 44, Edina, MN	47:31	7:39
33	7	W20	Amber Millikin, 20*, Hedrick, IA	47:34	7:39
125	4	M35	Patrick Mattingly, 36, Van Meter, IA	47:37	7:40
126	20	M25	Mike Mullins, 27, Ames, IA	47:45	7:41
127	29	M20	Ramsey Tesdell, 21, Slater, IA	47:48	7:42
128	12	M45	Lonnie Ostranky, 45, Perry, IA	47:50	7:42
129	15	M30	Mark Fahrenkrug, 34, Waukee, IA	47:58	7:43
130	21	M40	Casey Showalter, 44, Altoona, IA	47:59	7:43
131	21	M25	Jeff Green, 28, Johnston, IA	48:00	7:43
132	30	M20	Michael Kuehner, 21, Ames, IA	48:02	7:44

133	9	M50	Lee Tesdell, 54, Slater, IA	48:02	7:44
134	31	M20	Brian Cheney, 23, Ames, IA	48:04	7:44
135	32	M20	Travis Ostbloom, 21, Des Moines, IA	48:06	7:44
136	10	M50	Ken Birt, 54, Ames, IA	48:08	7:45
	34	8	W20 Erin Goettl, 21*, West Des Moines, IA	48:08	7:45
137	33	M20	Mark Pieper, 20, Council Bluffs, IA	48:09	7:45
	35	5	W15 Sara Hendrickson, 18*, Altoona, IA	48:13	7:46
138	5	M35	Rodger Main, 36, Ames, IA	48:15	7:46
139	16	M30	Kevin Burt, 34, Ames, IA	48:16	7:46
	36	8	W30 Kandice Tjebkes, 32*, Muscatine, IA	48:22	7:47
	37	2	W50 Kathleen Wendel, 50*, Ames, IA	48:28	7:48
	38	9	W30 Laura Kautman, 30*, Boone, IA	48:36	7:49
140	34	M20	Grant Eckels, 21, Ames, IA	48:37	7:49
141	22	M40	Dan Baldi, 42, Des Moines, IA	48:39	7:50
	39	6	W15 Emily McGee, 17*, Johnston, IA	48:41	7:50
142	6	M35	Brad Bruhl, 35, Ankeny, IA	48:44	7:50
143	11	M50	Galen Wilke, 54, Ames, IA	48:45	7:51
144	7	M35	Jeff Lamoureux, 37, Jefferson, IA	48:51	7:52
	40	9	W20 Kara Ascherl, 20*, Sheldon, IA	48:54	7:52
145	19	M15	Matthew Bryan, 15, Madrid, IA	48:58	7:53
146	35	M20	Tim Moran, 22, Story City, IA	48:59	7:53
147	2	M60	David Block, 62, Ames, IA	49:00	7:53
148	13	M45	Ron Schuck, 45, Ames, IA	49:01	7:53
149	36	M20	Basil Mahayni, 22, Ames, IA	49:04	7:54
150	20	M15	Matt Stegman, 17, Johnston, IA	49:11	7:55
	41	3	W40 Barb Gebers, 43*, Holstein, IA	49:11	7:55
151	12	M50	Randy Bohl, 50, Ankeny, IA	49:13	7:55
	42	3	W35 Alison Robertson, 36*, Ames, IA	49:15	7:55
152	8	M35	Chris Galligan, 35, Clive, IA	49:18	7:56
153	23	M40	Russ Asman, 44, Earlham, IA	49:25	7:57
	43	7	W15 Lisa Olson, 19*, Humboldt, IA	49:29	7:58
44	8	W15	Liz Schryver, 18*, Marshalltown, IA	49:30	7:58
154	21	M15	Mike Thayer, 17, Newton, IA	49:31	7:58
	45	9	W15 Chelsey Soder, 18*, Barnum, IA	49:32	7:58
155	17	M30	Bryan Schlotterback, 33, Knoxville, IA	49:33	7:58
	46	10	W15 Catherine Johnson, 19*, Marshalltown, IA	49:38	7:59
	47	10	W20 Kayte Schuhow, 24*, Des Moines, IA	49:40	7:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
156	37	M20	Justus Hallam, 22, Ames, IA	49:41	8:00
157	9	M35	Mike Regan, 36, Iowa City, IA	49:44	8:00
158	22	M15	Kyle Selsor, 16, Winterset, IA	49:45	8:00
159	24	M40	Rich McGee, 43, Johnston, IA	49:48	8:01
160	14	M45	Michael Wheelock, 49, Ames, IA	49:52	8:01
	48	9	W25 Liz Shaver, 26*, West Des Moines, IA	49:55	8:02
161	38	M20	Benjamin Gaul, 21, Ames, IA	49:58	8:02
162	10	M35	Daniel Van Weelden, 38, Ames, IA	49:59	8:03
163	25	M40	William Diesslin, 40, Ames, IA	50:02	8:03
	49	4	W35 Jodi Steyer, 38*, Ames, IA	50:04	8:03
164	39	M20	Tyler Price, 24, West Des Moines, IA	50:07	8:04
165	22	M25	Ryan Long, 28, Iowa City, IA	50:09	8:04
166	11	M35	Brett Faulkner, 39, Dayton, IA	50:09	8:04
	50	10	W25 Michaela Depenning, 29*, Cambridge, IA	50:09	8:04
167	3	M55	Don Warren, 56, Ottumwa, IA	50:10	8:04
168	40	M20	Dan Nath, 23, Ames, IA	50:10	8:04
169	15	M45	Randy Schreiner, 48, Ottumwa, IA	50:14	8:05
170	4	M55	Rolf Koford, 57, Ames, IA	50:15	8:05
171	16	M45	Ted Sage, 49, Ames, IA	50:17	8:06
	51	10	W30 Alisa Frandsen, 31*, Ames, IA	50:23	8:06
172	18	M30	Matt Frandsen, 31, Ames, IA	50:24	8:07
	52	11	W25 Joy Vermillion, 29*, Des Moines, IA	50:24	8:07
173	41	M20	John Thomas, 22, Camanche, IA	50:26	8:07
	53	11	W20 Stephanie Hillman, 20*, Grand Junction, IA	50:26	8:07
	54	11	W30 Meghan Schumacker, 30*, Altoona, IA	50:28	8:07
174	19	M30	Eric McGlinchey, 31, Ames, IA	50:29	8:07

55	11	W15	Caitlin Miller, 17*, Knoxville, IA	50:32	8:08
175	12	M35	Dennis Lavrov, 35, Ames, IA	50:37	8:09
56	12	W15	Anna Stiller, 18*, Huxley, IA	50:37	8:09
176	42	M20	Timothy Brannen, 21, Ames, IA	50:39	8:09
177	13	M35	Justin Hampton, 35, Ames, IA	50:42	8:09
178	17	M45	Michael Lee, 46, Ames, IA	50:46	8:10
179	1	M65	Rich Trochman, 68, Minnetonka, MN	50:53	8:11
180	14	M35	Mark Leichty, 36, Ames, IA	50:55	8:11
181	23	M15	Quentin Adair, 17, Ames, IA	50:57	8:12
57	13	W15	Lydia Gawtry, 19*, Fort Dodge, IA	50:57	8:12
58	12	W30	Maureen Carey, 30*, Iowa City, IA	51:13	8:14
182	20	M30	Ryan Carey, 30, Iowa City, IA	51:13	8:14
183	23	M25	Justin Campbell, 25, Cedar Rapids, IA	51:18	8:15
59	12	W20	Angela Schwichtenberg, 24*, West Des Moines, IA	51:19	8:15
60	12	W25	Sarah Bordwell, 26*, Johnston, IA	51:23	8:16
184	21	M30	Matt Oneal, 34, Ames, IA	51:26	8:17
185	26	M40	Brett Altman, 40, Newton, IA	51:27	8:17
186	15	M35	Chad Kirby, 39, Ankeny, IA	51:28	8:17
187	27	M40	Sean Cordes, 41, Ames, IA	51:31	8:17
61	13	W20	Annette Poduska, 20*, Lisbon, IA	51:34	8:18
188	13	M50	Rick Hillman, 52, Dana, IA	51:35	8:18
189	24	M25	Joshua Burke, 25, Des Moines, IA	51:36	8:18
190	18	M45	Jeff Hileman, 46, Knoxville, IA	51:37	8:18
191	25	M25	Tony Brownlee, 25, Ankeny, IA	51:39	8:19
62	13	W25	Amy Brownlee, 25*, Ankeny, IA	51:49	8:20
63	3	W50	Jane Wickman, 51*, Kellogg, IA	51:53	8:21
192	43	M20	Alex Harding, 20, Ames, IA	51:54	8:21
193	22	M30	Nate Ruffcorn, 32, Radcliffe, IA	51:57	8:22
194	23	M30	Dave Glenn, 34, McCallsburg, IA	51:57	8:22
195	14	M50	Leon Kuehner, 51, Hampton, IA	51:58	8:22
196	5	M55	John Pleasants, 56, Ames, IA	51:58	8:22
64	13	W30	Lynn Koger, 32*, Barnum, IA	52:02	8:22
65	14	W15	Stephanie Whalen, 18*, Dubuque, IA	52:03	8:22
197	28	M40	Don Camp, 43, Boone, IA	52:07	8:23
198	16	M35	Mike Espeset, 37, Ames, IA	52:13	8:24
199	15	M50	Iver Anderson, 51, Ames, IA	52:14	8:24
66	15	W15	Abby Showalter, 19*, Altoona, IA	52:16	8:25
67	14	W20	Meredith Esbeck, 20*, Cedar Falls, IA	52:20	8:25
68	15	W20	Laura Nedved, 23*, Webster City, IA	52:21	8:25
69	16	W20	Amanda Ives, 24*, Des Moines, IA	52:23	8:26
200	24	M30	Danny Wilson, 33, Ames, IA	52:26	8:26
201	17	M35	Kurt Friedrich, 35, Ames, IA	52:26	8:26
202	19	M45	Steve Vance, 47, Sheldahl, IA	52:29	8:27
203	3	M60	Bob Johnson, 60, Nevada, IA	52:36	8:28
70	14	W25	Renae Schmitt, 26*, Ames, IA	52:36	8:28
71	15	W25	Katie Helgeson, 26*, Roland, IA	52:38	8:28
72	16	W25	Rachel Britten, 28*, Story City, IA	52:38	8:28
204	20	M45	Donald Croghan, 49, Knoxville, IA	52:43	8:29
73	16	W15	Lori Klootwyk, 15*, Knoxville, IA	52:44	8:29
205	25	M30	Jeff Jansen, 31, Johnston, IA	52:47	8:30
206	26	M25	Kyle Thornsborough, 26, Mashalltown, IA	52:48	8:30
207	16	M50	Stan Jones, 52, Norwalk, IA	52:50	8:30
74	17	W25	Jill Nicol, 26*, Boone, IA	52:53	8:30
208	27	M25	Ryan Meyer, 26, Ankeny, IA	52:59	8:32
209	26	M30	Michael Unich, 30, Johnston, IA	53:01	8:32
75	4	W50	Loree Miles, 50*, West Des Moines, IA	53:03	8:32
210	1	JrM	Mitch McGee, 13, Johnston, IA	53:08	8:33
211	44	M20	Jason Rotter, 21, Walford, IA	53:15	8:34
212	27	M30	Darren Herrold, 33, Cambridge, IA	53:23	8:35
213	45	M20	Andy Burke, 23, Coralville, IA	53:26	8:36
214	28	M25	Joshua Jones, 29, Des Moines, IA	53:27	8:36
76	14	W30	Carrie Drummond, 31*, Ames, IA	53:28	8:36
215	29	M40	Sean Wolfe, 41, Woodward, IA	53:29	8:36
216	6	M55	Robert Livingston, 57, Okoboji, IA	53:31	8:37

217	18	M35	Soeren Prell, 38, Ames, IA	53:35	8:37
77	17	W20	Michelle Jones, 20*, Ankeny, IA	53:36	8:37
78	2	W45	Laurie Canady, 47*, Iowa City, IA	53:42	8:38
218	46	M20	Matt Hall, 21, Ames, IA	53:43	8:39
79	18	W20	Sarah Randleman, 21*, Carlisle, IA	53:43	8:39
219	28	M30	Kevin Thompson, 30, Slater, IA	53:44	8:39
220	21	M45	Robert Hanish, 48, Badger, IA	53:45	8:39
80	4	W40	Lori McQuiston, 42*, Maxwell, IA	53:49	8:39
221	29	M25	Chad Olson, 29, Ames, IA	53:50	8:40
222	17	M50	David Konopa, 51, Ames, IA	53:54	8:40
223	30	M25	Bryan Cain, 27, Spirit Lake, IA	53:56	8:41
81	19	W20	Tracy Paustian, 22*, Ames, IA	53:57	8:41
224	1	M70	Tom Novak, 72, Cedar Rapids, IA	54:01	8:42
225	19	M35	Cory Harms, 39, Ames, IA	54:03	8:42
226	22	M45	Steve McCann, 49, Pella, IA	54:04	8:42
82	3	W45	Kim Heffernan, 46*, Ottumwa, IA	54:05	8:42
227	20	M35	Frank Feilmeyer, 39, Ames, IA	54:06	8:42
228	23	M45	Wesley Winterink, 49, Ames, IA	54:07	8:42
229	7	M55	Dave Cain, 55, Spirit Lake, IA	54:09	8:43
230	21	M35	Eric Hart, 38, Boone, IA	54:11	8:43
231	18	M50	John Schroeter, 54, Ames, IA	54:15	8:44
232	24	M45	Mike Lansing, 45, Spring Valley, WI	54:18	8:44
83	20	W20	Zlata Pandur, 21*, Des Moines, IA	54:18	8:44
84	18	W25	Vanessa Zajfen, 29*, Ames, IA	54:25	8:45
85	17	W15	Morgan Hendricks, 19*, Bagley, IA	54:43	8:48
233	30	M40	Bill Schmitt, 44, Alleman, IA	54:43	8:48
86	21	W20	Nicole Herrold, 23*, Emmetsburg, IA	54:46	8:49
234	22	M35	Troy Addy, 38, West Des Moines, IA	54:47	8:49
87	22	W20	Kristi Hepner, 21*, Ames, IA	54:51	8:49
235	31	M40	Gary Fagan, 41, Elgin, IL	54:52	8:50
88	15	W30	Christa Hoppman, 30*, Greenwood, MO	54:53	8:50
89	18	W15	Brittany Wertzberger, 19*, Marshalltown, IA	54:53	8:50
90	19	W15	Carly Thompson, 19*, Marshalltown, IA	54:58	8:51
91	23	W20	Eric Snyder, 22*, Ames, IA	54:59	8:51
236	23	M35	Martin Rietgraf, 39, Huxley, IA	55:00	8:51
92	16	W30	Emily Hampton, 32*, Ames, IA	55:04	8:52
237	24	M35	Kelly Parisho, 37, Des Moines, IA	55:08	8:52
93	17	W30	Esther Toth, 34*, North Liberty, IA	55:10	8:53
238	25	M35	Christopher Toth, 36, North Liberty, IA	55:14	8:53
94	19	W25	Jessica Krawczyk, 26*, Madison, WI	55:18	8:54
239	29	M30	Dong-Gill Kim, 32, Ames, IA	55:25	8:55
95	24	W20	Hillary Owen, 24*, Ames, IA	55:26	8:55
240	24	M15	Ross Eveland, 18, New Sharon, IA	55:27	8:55
241	30	M30	Mark Stenberg, 34, Ames, IA	55:27	8:55
96	20	W15	Laurel Whitis, 16*, Oskaloosa, IA	55:31	8:56
242	31	M25	Michael Yestman, 27, Ames, IA	55:39	8:57
243	25	M15	Andrew Hansen, 17, Johnston, IA	55:50	8:59
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97	25	W20	Denise Wiltse, 20*, Iowa City, IA	55:55	9:00
244	31	M30	Travis Hurley, 30, Prairie City, IA	55:56	9:00
98	18	W30	Mandy McGuire, 31*, Mason City, IA	55:57	9:00
99	20	W25	Corrie Grubb, 27*, West Des Moines, IA	55:58	9:00
245	19	M50	Donald Dauterive, 53, Ames, IA	55:59	9:00
246	32	M25	Lucas Bailiff, 25, Des Moines, IA	55:59	9:00
247	2	M65	Jim Matthews, 65, Baxter, IA	56:00	9:01
100	21	W25	Abby Childs, 25*, Mason City, IA	56:01	9:01
101	26	W20	Jasmina Pandur, 21*, Des Moines, IA	56:05	9:01
102	1	W60	Sandy Rupnow, 61*, Newton, IA	56:06	9:02
103	4	W45	Mary Harris, 49*, Marshalltown, IA	56:09	9:02
248	32	M40	David May, 41, Ames, IA	56:10	9:02
104	21	W15	Laura Peperkorn, 17*, Ames, IA	56:20	9:04
249	25	M45	Joseph Henry, 48, Des Moines, IA	56:25	9:05
105	22	W25	Alisha Yi, 28*, Marion, IA	56:26	9:05
106	1	W55	Diane Birt, 55*, Ames, IA	56:27	9:05

107	19	W30	Holly Lyles, 31*, Des Moines, IA	56:27	9:05
108	27	W20	Becci Hillman, 22*, Ames, IA	56:28	9:05
250	32	M30	Keith Lyles, 30, Des Moines, IA	56:28	9:05
109	28	W20	Lindsey Anderson, 22*, Ames, IA	56:33	9:06
251	33	M40	Dale Stephens, 43, Urbandale, IA	56:37	9:07
252	33	M25	Jacob Dekkenga, 26, Ames, IA	56:37	9:07
253	26	M45	John Russell, 47, Ames, IA	56:38	9:07
254	27	M45	Scott Johnson, 46, Ames, IA	56:38	9:07
110	23	W25	Melissa Stowe, 27*, Urbandale, IA	56:40	9:07
111	5	W40	Lisa Shawgo, 43*, Nevada, IA	56:46	9:08
112	5	W35	Julie Campbell, 35*, Iowa Falls, IA	56:48	9:08
113	20	W30	Nicole Cooney, 33*, Iowa Falls, IA	56:48	9:08
114	29	W20	Karin Brandt, 20*, Ute, IA	56:49	9:09
255	33	M30	Brian Smith, 34, Ames, IA	56:50	9:09
256	34	M40	Stan Sheffield, 41, Clive, IA	56:51	9:09
257	47	M20	David Bohl, 20, Ankeny, IA	56:57	9:10
258	34	M25	Dan Adams, 29, Des Moines, IA	57:01	9:10
259	34	M30	Kyle Brown, 30, Des Moines, IA	57:04	9:11
260	35	M25	Jeff Morgan, 27, Marion, IA	57:10	9:12
261	36	M25	Christopher Warner, 27, Ames, IA	57:10	9:12
262	28	M45	Timothy Johnson, 47, Johnston, IA	57:11	9:12
115	30	W20	Katie Gerbracht, 21*, Ames, IA	57:12	9:12
263	37	M25	David Stevenson, 25, Polk City, IA	57:16	9:13
116	31	W20	Betsy Deardorff, 23*, Ames, IA	57:16	9:13
117	21	W30	Shawna Greiner, 33*, Phoenix, AZ	57:25	9:14
118	32	W20	Kelly Tanghe, 23*, Ames, IA	57:29	9:15
264	48	M20	Matthew Hawkins, 22, Bondurant, IA	57:30	9:15
119	33	W20	Melissa Mikesch, 20*, Iowa City, IA	57:33	9:16
120	34	W20	Laura Ritland, 21*, Ames, IA	57:35	9:16
265	29	M45	John Moran, 47, Story City, IA	57:36	9:16
121	5	W50	Paula Dierenfeld, 50*, Johnston, IA	57:45	9:18
122	22	W30	Sara Norris, 30*, Des Moines, IA	57:46	9:18
266	30	M45	John Norris, 46, Ames, IA	57:46	9:18
123	24	W25	Cara Rainey, 27*, Des Moines, IA	57:47	9:18
124	23	W30	Angela Hobson, 33*, Johnston, IA	57:52	9:19
125	5	W45	Patty Croonquist, 47*, Fort Dodge, IA	57:56	9:19
126	6	W35	Connie Ten Napel, 37*, Jefferson, IA	57:58	9:20
267	35	M30	Arron Weaver, 30, Johnston, IA	58:08	9:21
268	35	M40	Marty Marren, 41, Johnston, IA	58:14	9:22
269	49	M20	Nick Johnson, 20, Ames, IA	58:29	9:25
127	35	W20	Emily Blaedel, 20*, Ames, IA	58:29	9:25
128	25	W25	Molly Watson, 26*, Mason City, IA	58:32	9:25
270	36	M30	Ed Wilhelm, 34, Ames, IA	58:36	9:26
271	26	M15	Christopher Wong, 19, Ames, IA	58:40	9:26
272	8	M55	Bill Pattinson, 56, Ames, IA	58:40	9:26
129	7	W35	Marci Cordaro, 38*, Johnston, IA	58:41	9:27
273	38	M25	Scott Pearson, 29, West Des Moines, IA	58:49	9:28
130	22	W15	Maria Moore, 19*, Sheldahl, IA	58:56	9:29
131	6	W40	Theresa Porter, 40*, Des Moines, IA	58:56	9:29
132	2	W55	Pat Schulte, 56*, Granger, IA	58:57	9:29
274	9	M55	Bill Lorenz, 57, Carlisle, IA	59:01	9:30
275	4	M60	Jack Matthews, 61, Stuart, IA	59:13	9:32
133	26	W25	Kristy Norman, 27*, Sully, IA	59:16	9:32
276	39	M25	Travis Dee, 29, Sully, IA	59:16	9:32
277	20	M50	Les Cunningham, 54, Overland Park, KS	59:21	9:33
134	36	W20	Sara Larson, 20*, Iowa City, IA	59:22	9:33
278	36	M40	Joseph Kerns, 41, Ames, IA	59:28	9:34
279	37	M40	Hobart Beeghly, 41, Ames, IA	59:28	9:34
280	27	M15	Robbie Hale, 16, Johnston, IA	59:29	9:34
281	50	M20	Travis Hans, 23, West Des Moines, IA	59:30	9:34
282	40	M25	Brad Dains, 25, De Soto, IA	59:32	9:35
135	37	W20	Kristi Prostine, 22*, West Des Moines, IA	59:42	9:36
136	27	W25	Stephanie Burke, 25*, Ames, IA	1:00:01	9:39
137	28	W25	Elly Rochford, 29*, Ames, IA	1:00:12	9:41
138	29	W25	Cynnamon Brown, 29*, West Des Moines, IA	1:00:16	9:42

139	7	W40	Sharon McGuire, 41*, Ames, IA	1:00:28	9:44
140	6	W45	Teresa McLaughlin, 48*, Ames, IA	1:00:31	9:44
283	51	M20	John Marzinelli, 21, Ames, IA	1:00:35	9:45
141	24	W30	Shazia Manus, 30*, Ames, IA	1:00:38	9:45
284	21	M50	Doug Grieve, 50, Dallas Center, IA	1:00:46	9:47
142	6	W50	Janet Lovell, 52*, Ellsworth, IA	1:00:52	9:48
143	38	W20	Emily Laws, 22*, Wisconsin Rapids, WI	1:00:52	9:48
144	30	W25	Samantha Hartman, 27*, West Des Moines, IA	1:00:53	9:48
285	31	M45	Alan Fukushima, 49, Ames, IA	1:00:53	9:48
145	23	W15	Tina McCarville, 19*, Fort Dodge, IA	1:00:54	9:48
146	31	W25	Jennifer Recknor, 28*, Ames, IA	1:00:55	9:48
147	32	W25	Jen Hockett, 27*, Ames, IA	1:00:56	9:48
286	52	M20	Peter Thayer, 22, Newton, IA	1:01:04	9:50
287	3	M65	Don Muff, 68, Ames, IA	1:01:06	9:50
148	39	W20	Abi Albrecht, 20*, Fort Dodge, IA	1:01:06	9:50
149	25	W30	Michele Crystal, 30*, Adel, IA	1:01:23	9:53
150	8	W40	Rosie Branaman, 42*, Boone, IA	1:01:25	9:53
288	22	M50	Jim Kohout, 50, Bellevue, NE	1:01:26	9:53
289	37	M30	Kenneth Hartman, 34, West Des Moines, IA	1:01:38	9:55
151	26	W30	Clare Robinson, 32*, Ames, IA	1:01:43	9:56
152	8	W35	Ann Espeset, 37*, Ames, IA	1:01:45	9:56
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153	40	W20	Megan Vance, 21*, Sheldahl, IA	1:02:11	10:00
154	9	W35	Shauna Millang, 36*, Ankeny, IA	1:02:13	10:01
155	27	W30	Judy Hillman, 32*, Dana, IA	1:02:15	10:01
156	28	W30	Kori Heuss, 31*, Ames, IA	1:02:16	10:01
157	33	W25	Kecia Goodman, 28*, Ames, IA	1:02:23	10:02
158	29	W30	Kimberly Donner, 31*, Ames, IA	1:02:25	10:03
290	10	M55	Norm Ostbloom, 57, Des Moines, IA	1:02:45	10:06
291	32	M45	Dennis Jones, 46, Des Moines, IA	1:02:53	10:07
159	9	W40	Linda Frangenberg, 43*, Huxley, IA	1:02:53	10:07
292	53	M20	Taylor Millage, 22, Ames, IA	1:03:00	10:08
160	24	W15	Emily Boyd, 18*, Jewell, IA	1:03:03	10:09
293	33	M45	George Klotzbach, 46, Ames, IA	1:03:04	10:09
161	10	W35	Janis Van Ahn, 36*, Polk City, IA	1:03:19	10:11
294	34	M45	David Miles, 48, West Des Moines, IA	1:03:30	10:13
162	10	W40	Jan Schmitt, 44*, Alleman, IA	1:03:32	10:13
163	25	W15	Emily Tuttle, 19*, Ames, IA	1:03:38	10:14
164	41	W20	Jennifer Lowry, 21*, Ames, IA	1:03:39	10:14
165	30	W30	Sarah Seehase, 30*, Clive, IA	1:04:17	10:21
295	38	M40	Dan Hagerty, 40, Johnston, IA	1:04:29	10:23
296	41	M25	Lee Patten, 27, Ames, IA	1:04:30	10:23
297	23	M50	John Lott, 50, Ames, IA	1:04:40	10:24
298	28	M15	Zach Zehr, 15, Ankeny, IA	1:04:41	10:24
299	38	M30	Gary Scherer, 33, West Des Moines, IA	1:04:42	10:25
300	39	M30	Richard Bangma, 34, Pella, IA	1:05:04	10:28
166	11	W40	Bene' Zehr, 41*, Ankeny, IA	1:05:29	10:32
167	7	W45	Diane Cardwell, 48*, Ames, IA	1:05:37	10:33
168	31	W30	Jane Fahrenkrug, 33*, Waukee, IA	1:05:45	10:35
169	12	W40	Judi Van Dyke, 41*, Ankeny, IA	1:05:52	10:36
170	32	W30	Neysa Furber, 32*, Ames, IA	1:05:55	10:36
301	26	M35	Sean McNunn, 37, Cumming, IA	1:06:14	10:39
302	24	M50	Joel Fish, 51, Hoyt, KS	1:06:18	10:40
171	33	W30	Natalie Franke, 31*, Clive, IA	1:06:24	10:41
172	42	W20	Abby Hancock, 23*, Ames, IA	1:06:57	10:46
303	29	M15	John Christensen, 18, Johnston, IA	1:07:05	10:48
173	26	W15	Lisa Fitzpatrick, 18*, Des Moines, IA	1:07:27	10:51
304	25	M50	Roger Jones, 51, Ames, IA	1:07:36	10:53
174	43	W20	Crystal Vance, 23*, Ankeny, IA	1:07:37	10:53
175	34	W30	Heidi Ihle, 30*, Huxley, IA	1:07:46	10:54
176	7	W50	Julie Larson, 50*, Ames, IA	1:07:49	10:55
177	35	W30	Mary Fratianni, 30*, Ames, IA	1:07:59	10:56
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178	27	W15	Emmeline Hallam, 19*, Ames, IA	1:08:27	11:01
305	42	M25	David Carpenter, 29, Cedar Rapids, IA	1:08:51	11:05
306	40	M30	Andrew Young, 33, Des Moines, IA	1:08:51	11:05
179	11	W35	Jodi Hiemstra, 36*, Oskaloosa, IA	1:09:07	11:07
180	36	W30	Kim Edwards, 34*, Huxley, IA	1:09:13	11:08
181	34	W25	Karen Joslin, 28*, Ames, IA	1:09:17	11:09
182	8	W50	Mary Hillman, 51*, Grand Junction, IA	1:09:28	11:11
307	54	M20	Al Digiovanni, 22, Buffalo Grove, IL	1:09:40	11:13
183	44	W20	Ashley Schellhase, 21*, Ankeny, IA	1:09:43	11:13
184	28	W15	Amelia Baumgarten, 16*, Urbandale, IA	1:09:56	11:15
185	13	W40	Lori Herold, 42*, Urbandale, IA	1:11:11	11:27
308	55	M20	G Payne, 23, Ames, IA	1:13:07	11:46
186	45	W20	Cyrina Egbers, 22*, Ames, IA	1:13:27	11:49
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309	26	M50	Rick Gustafson, 51, Ogden, IA	1:16:21	12:17
310	4	M65	Don Withers, 65, Ames, IA	1:17:18	12:26
311	2	M70	Bob Bartling, 78, Brookings, SD	1:17:24	12:27
312	27	M35	Doug Cockerham, 36, Ames, IA	1:20:05	12:53
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187	12	W35	Cheryl Hetrick, 39*, Des Moines, IA	1:25:26	13:45
313	39	M40	Terry Hetrick, 40, Des Moines, IA	1:25:26	13:45

1 finishers among Men 14 & Under
 29 finishers among Men 15 - 19
 55 finishers among Men 20 - 24
 42 finishers among Men 25 - 29
 40 finishers among Men 30 - 34
 27 finishers among Men 35 - 39
 39 finishers among Men 40 - 44
 34 finishers among Men 45 - 49
 26 finishers among Men 50 - 54
 10 finishers among Men 55 - 59
 4 finishers among Men 60 - 64
 4 finishers among Men 65 - 69
 2 finishers among Men 70 & Up
 1 finishers among Women 14 & Under
 28 finishers among Women 15 - 19
 45 finishers among Women 20 - 24
 34 finishers among Women 25 - 29
 36 finishers among Women 30 - 34
 12 finishers among Women 35 - 39
 13 finishers among Women 40 - 44
 7 finishers among Women 45 - 49
 8 finishers among Women 50 - 54
 2 finishers among Women 55 - 59
 1 finishers among Women 60 - 64
 313 male finishers
 187 female finishers
 500 total finishers

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