

Indian Summer DC

10 Mile Run Lake Macbride

Saturday, September 28, 2013

Timing/Scoring by: Jeff Mullen

10 Mile results

4 Mile results

Male:	<u>Overall</u>	<u>11/19</u>	<u>20/29</u>	<u>30/39</u>	<u>40/49</u>	<u>50/59</u>	<u>60/69</u>	<u>70+</u>
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Female:	<u>Overall</u>	<u>20/29</u>	<u>30/39</u>	<u>40/49</u>	<u>50/59</u>	<u>60/69</u>
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10 Mile Run												Top
Bib	POS	M/F	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
122	1	1	1	OVM	Mike Nordberg	32	Cedar Rapids	IA	57:40	5:46	57:40	5:46
44	2	2	2	OVM	Mario Czarnomski	30	Cedar Rapids	IA	59:03	5:54	59:03	5:54
2	3	3	3	OVM	Michael Alexander	26	Kansas City	MO	1:00:11	6:01	1:00:10	6:01
218	4	4	1	M20	Austin Tegels	26	Cedar Falls	IA	1:00:26	6:02	1:00:25	6:02
192	5	5	1	M40	Brett Stephenson	42	Cedar Rapids	IA	1:01:07	6:06	1:01:07	6:06
116	6	6	2	M20	Alex Murphy	23	Iowa City	IA	1:02:03	6:12	1:02:03	6:12
95	7	7	1	M30	Joe Lahart	35	Cedar Rapids	IA	1:02:24	6:14	1:02:22	6:14
190	8	8	2	M30	Cary Richey	35	Cedar Rapids	IA	1:04:42	6:28	1:04:41	6:28
186	9	9	3	M20	Andy Marshall	21	Iowa City	IA	1:05:28	6:32	1:05:25	6:32
189	10	10	2	M40	Troy Riley	46	Morrison	IL	1:07:44	6:46	1:07:42	6:46

119	11	11	1	M50	Jeff Niertert	52	Cedar Rapids	IA	1:07:47	6:46	1:07:46	6:46
51	12	12	4	M20	Chase Dudak	26	Cedar Rapids	IA	1:08:25	6:50	1:08:24	6:50
48	13	13	3	M40	Steve Dodge	46	Iowa City	IA	1:10:03	7:00	1:10:00	7:00
38	14	14	5	M20	Matthew Coffey	24	Marion	IA	1:10:51	7:05	1:10:49	7:04
206	15	15	4	M40	Ken Wright	45	Cedar Rapids	IA	1:10:58	7:05	1:10:53	7:05
117	16	16	3	M30	Tony Mutsune	39	Mt. Pleasant	IA	1:11:05	7:06	1:11:02	7:06
113	17	17	5	M40	Josh Meggitt	43	Iowa City	IA	1:11:08	7:06	1:11:04	7:06
125	18	18	6	M20	Nick Parilo	24	Marion	IA	1:11:26	7:08	1:11:22	7:08
134	19	19	4	M30	Josh Reaktenwalt	33	Cedar Rapids	IA	1:12:32	7:15	1:12:29	7:14
154	20	20	1	M60	Jim Shimek	66	Fairfax	IA	1:12:57	7:17	1:12:56	7:17
207	21	1	1	OVF	Roxanne Johnston	38	Toddville	IA	1:13:22	7:20	1:13:19	7:19
63	22	21	7	M20	Barry Francois	27	Manchester	IA	1:14:06	7:24	1:14:04	7:24
84	23	22	8	M20	Zach Hill	28	Iowa City	IA	1:14:32	7:27	1:14:17	7:25
217	24	23	5	M30	Alan Diehl	33	Cedar Rapids	IA	1:14:37	7:27	1:14:35	7:27
109	25	24	2	M50	Ray Marshall	52	Cedar Rapids	IA	1:16:10	7:37	1:16:08	7:36
29	26	25	6	M40	Mathieu Cagnard	42	Cedar Rapids	IA	1:16:29	7:38	1:16:25	7:38
24	27	26	3	M50	Matt Brandt	52	Cedar Rapids	IA	1:16:51	7:41	1:16:49	7:40
127	28	27	7	M40	John Peters	48	Cedar Rapids	IA	1:17:30	7:45	1:17:25	7:44
144	29	28	8	M40	Greg Schmidt	40	Cedar Rapids	IA	1:17:43	7:46	1:17:37	7:45
164	30	29	2	M60	Michael Tometich	61	Mt. Pleasant	IA	1:18:34	7:51	1:18:23	7:50
68	31	30	9	M40	Ron Grage	48	Tipton	IA	1:19:55	7:59	1:19:52	7:59
61	32	31	6	M30	Doug Fishwild	34	Cedar Rapids	IA	1:20:40	8:04	1:20:35	8:03
30	33	2	2	OVF	Mindy Capron	37	Monticello	IA	1:20:59	8:05	1:20:55	8:05
65	34	32	4	M50	Mike Gardner	59	Solon	IA	1:21:10	8:07	1:21:04	8:06

115	35	3	3	OVF	Stacie Merta	34	Marion	IA	1:21:43	8:10	1:21:42	8:10
15	36	33	7	M30	Brian Barnard	39	Keyston	IA	1:22:25	8:14	1:22:20	8:14
135	37	4	1	F30	Emily Recker	36	Hopkinton	IA	1:22:39	8:15	1:22:35	8:15
214	38	5	1	F40	Rae Lynn Lamparek	41	Swisher	IA	1:22:59	8:17	1:22:51	8:17
16	39	6	2	F30	Melissa Barnard	38	Keystone	IA	1:24:08	8:24	1:24:04	8:24
196	40	7	3	F30	Carissa Oltmann	32	Cedar Rapids	IA	1:24:26	8:26	1:24:21	8:26
97	41	8	2	F40	Denise Langhoff	46	Marion	IA	1:25:32	8:33	1:25:22	8:32
131	42	34	10	M40	Dave Radack	41	Robins	IA	1:25:43	8:34	1:25:35	8:33
200	43	35	5	M50	Jim Chenhall	54	Coralville	IA	1:26:11	8:37	1:26:06	8:36
224	44	9	1	F50	Sara Todd	50	Cedar Rapids	IA	1:26:11	8:37	1:26:00	8:36
46	45	10	3	F40	Christine Day	43	Palo	IA	1:26:16	8:37	1:26:07	8:36
208	46	11	4	F30	Teresa Galluzzo	34	Iowa City	IA	1:27:03	8:42	1:26:56	8:41
89	47	12	5	F30	Heidi Kestel	31	Tiffin	IA	1:27:06	8:42	1:26:51	8:41
180	48	36	8	M30	Bret Williamson	38	Cedar Rapids	IA	1:29:33	8:57	1:29:26	8:56
72	49	13	2	F50	Joan Hackbarth	54	Marion	IA	1:29:48	8:58	1:29:40	8:58
40	50	14	4	F40	Lynda Cook	46	Cedar Rapids	IA	1:29:51	8:59	1:29:44	8:58
143	51	15	1	F20	Ashley Schilling	29	Springville	IA	1:30:00	9:00	1:29:54	8:59
197	52	37	3	M60	David Gee	62	Cedar Rapids	IA	1:30:08	9:00	1:30:02	9:00
78	53	16	2	F20	Martha Harrouff	22	Iowa City	IA	1:31:06	9:06	1:30:52	9:05
10	54	38	6	M50	Terry Arnold	58	Cedar Rapids	IA	1:31:21	9:08	1:31:16	9:07
43	55	39	9	M30	Matt Cunnien	31	Marion	IA	1:31:43	9:10	1:31:32	9:09
11	56	40	4	M60	Bruce Bachmann	64	Cedar Rapids	IA	1:31:52	9:11	1:31:46	9:10
171	57	17	6	F30	Jennifer Wagaman	33	Cedar Rapids	IA	1:31:53	9:11	1:31:41	9:10

58	58	41	5	M60	Warren Feerer	63	Cedar Rapids	IA	1:32:21	9:14	1:32:13	9:13
74	59	42	7	M50	Steven Hagarty	53	Cedar Rapids	IA	1:32:34	9:15	1:32:26	9:14
151	60	43	10	M30	Rusty Seifert	38	Iowa City	IA	1:32:44	9:16	1:32:43	9:16
155	61	18	3	F50	Patti Sprague	54	Mount Vernon	IA	1:32:56	9:17	1:32:50	9:17
137	62	19	4	F50	Julie Rosenberg	55	Cedar Rapids	IA	1:33:44	9:22	1:33:38	9:21
181	63	20	5	F40	Jill Winters	46	Cedar Rapids	IA	1:34:33	9:27	1:34:26	9:26
47	64	21	6	F40	Brenda Dodge	49	Iowa City	IA	1:35:05	9:30	1:34:57	9:29
132	65	22	3	F20	Tawnya Rasmussen	29	Iowa City	IA	1:35:30	9:33	1:35:09	9:30
98	66	23	5	F50	Pam Larson	50	Swisher	IA	1:35:48	9:34	1:35:35	9:33
188	67	24	7	F40	Elaine Claude	47	Solon	IA	1:36:27	9:38	1:36:24	9:38
18	68	44	8	M50	Monty Beal	50	Coralville	IA	1:36:34	9:39	1:36:21	9:38
172	69	25	4	F20	Julia Walk	24	Iowa City	IA	1:36:56	9:41	1:36:42	9:40
82	70	26	6	F50	Susanne Henson	54	Marion	IA	1:37:15	9:43	1:37:04	9:42
157	71	27	7	F30	Dorota Staniewska	36	North Liberty	IA	1:37:19	9:43	1:37:09	9:42
55	72	28	7	F50	Kim Erlandson	52	Mount Vernon	IA	1:37:36	9:45	1:37:22	9:44
81	73	29	8	F30	Amy Hennings	38	Milan	IL	1:37:41	9:46	1:37:34	9:45
193	74	45	6	M60	Dick Morrison	65	Cedar Rapids	IA	1:37:59	9:47	1:37:51	9:47
149	75	30	1	F60	Claudia Scott	62	Marion	IA	1:38:40	9:52	1:38:31	9:51
174	76	46	9	M50	Eric Wasson	51	Cedar Rapids	IA	1:39:05	9:54	1:38:51	9:53
126	77	47	9	M20	Robert Peck	26	Marion	IA	1:39:33	9:57	1:39:30	9:57
75	78	48	11	M40	Trent Hancock	48	North Liberty	IA	1:39:49	9:58	1:39:47	9:58
133	79	31	8	F40	Jody Rausch	44	Robins	IA	1:40:10	10:01	1:39:59	9:59
26	80	32	5	F20	Sam Bredlau	26	Iowa City	IA	1:40:20	10:02	1:40:14	10:01
107	81	33	9	F30	Mary Beth Maloney	34	Center Point	IA	1:40:24	10:02	1:40:06	10:00

5	82	34	6	F20	Julie Amendola	24	Iowa City	IA	1:42:09	10:12	1:41:50	10:11
21	83	35	10	F30	Stephanie Beckley	30	Okoboji	IA	1:43:25	10:20	1:43:08	10:18
59	84	36	9	F40	Rachel Fischer	49	Marion	IA	1:43:32	10:21	1:43:23	10:20
150	85	37	10	F40	Michelle Scroggs	44	Marion	IA	1:43:32	10:21	1:43:23	10:20
1	86	49	1	M70	Sylvan Addink	71	Iowa City	IA	1:43:47	10:22	1:43:41	10:22
39	87	38	11	F30	Amy Conyers	38	Cedar Rapids	IA	1:43:48	10:22	1:43:25	10:20
67	88	50	11	M30	Matt Geissinger	39	Cedar Rapids	IA	1:43:48	10:22	1:43:25	10:20
57	89	51	10	M50	John Feehan	52	Mt. Pleasant	IA	1:44:59	10:29	1:44:49	10:28
162	90	39	8	F50	Cathy Taylor	51	Cedar Rapids	IA	1:45:10	10:31	1:45:07	10:30
62	91	40	7	F20	Robin Foster	27	Center Point	IA	1:45:30	10:33	1:45:12	10:31
202	92	41	11	F40	Tori Shahidi	48	Ames	IA	1:46:15	10:37	1:46:02	10:36
201	93	52	12	M40	Larry Kelley	47	Nevada	IA	1:46:15	10:37	1:46:03	10:36
142	94	42	12	F40	Laura Scharosch	47	Center Point	IA	1:46:52	10:41	1:46:47	10:40
73	95	43	8	F20	Meghan Hackbarth	26	Cedar Rapids	IA	1:47:12	10:43	1:47:04	10:42
104	96	44	9	F50	Cindy Luse	57	Cedar Rapids	IA	1:47:29	10:44	1:47:10	10:43
42	97	45	10	F50	Ferron Coutentos	52	Cedar Rapids	IA	1:47:29	10:44	1:47:11	10:43
9	98	53	12	M30	Michael Armstrong	35	Central City	IA	1:47:58	10:47	1:47:47	10:46
213	99	46	11	F50	Katina Lillios	52	Iowa City	IA	1:48:46	10:52	1:48:36	10:51
139	100	54	13	M30	Brent Ross	35	North Liberty	IA	1:53:27	11:20	1:53:09	11:18
198	101	55	13	M40	Mike Regan	45	Iowa City	IA	1:53:31	11:21	1:53:30	11:21
90	102	47	12	F50	Vicki Kijewski	52	Iowa City	IA	1:54:03	11:24	1:53:38	11:21
49	103	48	12	F30	Kimberly Dreier	39	Center Point	IA	1:54:04	11:24	1:53:44	11:22
13	104	56	14	M30	Michael Barkalow	30	North Liberty	IA	1:54:35	11:27	1:54:18	11:25
177	105	49	13	F30	Rebecca Weininger	35	Palo	IA	2:01:34	12:09	2:01:20	12:08

176	106	57	15	M30	Jason Weininger	38	Palo	IA	2:01:34	12:09	2:01:20	12:08
165	107	50	14	F30	Ellen Tominsky	38	Cedar Rapids	IA	2:06:40	12:40	2:06:20	12:38
8	108	51	9	F20	Irina Aristova	29	Cedar Rapids	IA	2:07:32	12:45	2:07:17	12:43
173	109	52	15	F30	Sarah Walton	39	Cedar Rapids	IA	2:08:44	12:52	2:08:24	12:50
87	110	53	16	F30	Julianne Jensen	39	West Branch	IA	2:08:57	12:53	2:08:44	12:52
12	111	54	17	F30	Michelle Barham	31	Cedar Rapids	IA	2:10:35	13:03	2:10:15	13:01
23	112	55	18	F30	Sarah Bengtson	34	North Liberty	IA	2:11:47	13:10	2:11:32	13:09
166	113	56	19	F30	Ellie Valeta	30	Evanston	IL	2:11:47	13:10	2:11:32	13:09
182	114	57	10	F20	Halley Woodward	27	Iowa City	IA	2:25:22	14:32	2:25:17	14:31

Overall Male										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
122	1	OVM	Mike Nordberg	32	Cedar Rapids	IA	57:40	5:46	57:40	5:46
44	2	OVM	Mario Czarnomski	30	Cedar Rapods	IA	59:03	5:54	59:03	5:54
2	3	OVM	Michael Alexander	26	Kansas City	MO	1:00:11	6:01	1:00:10	6:01
Overall Female										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
207	1	OVF	Roxanne Johnston	38	Toddville	IA	1:13:22	7:20	1:13:19	7:19
30	2	OVF	Mindy Capron	37	Monticello	IA	1:20:59	8:05	1:20:55	8:05
115	3	OVF	Stacie Merta	34	Marion	IA	1:21:43	8:10	1:21:42	8:10
M[20-29]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
218	1	M20	Austin Tegels	26	Cedar Falls	IA	1:00:26	6:02	1:00:25	6:02
116	2	M20	Alex Murphy	23	Iowa City	IA	1:02:03	6:12	1:02:03	6:12
186	3	M20	Andy Marshall	21	Iowa City	IA	1:05:28	6:32	1:05:25	6:32

51	4	M20	Chase Dudak	26	Cedar Rapids	IA	1:08:25	6:50	1:08:24	6:50
38	5	M20	Matthew Coffey	24	Marion	IA	1:10:51	7:05	1:10:49	7:04
125	6	M20	Nick Parilo	24	Marion	IA	1:11:26	7:08	1:11:22	7:08
63	7	M20	Barry Francois	27	Manchester	IA	1:14:06	7:24	1:14:04	7:24
84	8	M20	Zach Hill	28	Iowa City	IA	1:14:32	7:27	1:14:17	7:25
126	9	M20	Robert Peck	26	Marion	IA	1:39:33	9:57	1:39:30	9:57
F[20-29]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
143	1	F20	Ashley Schilling	29	Springville	IA	1:30:00	9:00	1:29:54	8:59
78	2	F20	Martha Harrouff	22	Iowa City	IA	1:31:06	9:06	1:30:52	9:05
132	3	F20	Tawnya Rasmussen	29	Iowa City	IA	1:35:30	9:33	1:35:09	9:30
172	4	F20	Julia Walk	24	Iowa City	IA	1:36:56	9:41	1:36:42	9:40
26	5	F20	Sam Bredlau	26	Iowa City	IA	1:40:20	10:02	1:40:14	10:01
5	6	F20	Julie Amendola	24	Iowa City	IA	1:42:09	10:12	1:41:50	10:11
62	7	F20	Robin Foster	27	Center Point	IA	1:45:30	10:33	1:45:12	10:31
73	8	F20	Meghan Hackbarth	26	Cedar Rapids	IA	1:47:12	10:43	1:47:04	10:42
8	9	F20	Irina Aristova	29	Cedar Rapids	IA	2:07:32	12:45	2:07:17	12:43
182	10	F20	Halley Woodward	27	Iowa City	IA	2:25:22	14:32	2:25:17	14:31
M[30-39]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
95	1	M30	Joe Lahart	35	Cedar Rapids	IA	1:02:24	6:14	1:02:22	6:14
190	2	M30	Cary Richey	35	Cedar Rapids	IA	1:04:42	6:28	1:04:41	6:28
117	3	M30	Tony Mutsune	39	Mt. Pleasant	IA	1:11:05	7:06	1:11:02	7:06
134	4	M30	Josh Reaktenwalt	33	Cedar Rapids	IA	1:12:32	7:15	1:12:29	7:14
217	5	M30	Alan Diehl	33	Cedar Rapids	IA	1:14:37	7:27	1:14:35	7:27
61	6	M30	Doug Fishwild	34	Cedar Rapids	IA	1:20:40	8:04	1:20:35	8:03
15	7	M30	Brian Barnard	39	Keyston	IA	1:22:25	8:14	1:22:20	8:14
180	8	M30	Bret Williamson	38	Cedar Rapids	IA	1:29:33	8:57	1:29:26	8:56

43	9	M30	Matt Cunnien	31	Marion	IA	1:31:43	9:10	1:31:32	9:09
151	10	M30	Rusty Seifert	38	Iowa City	IA	1:32:44	9:16	1:32:43	9:16
67	11	M30	Matt Geissinger	39	Cedar Rapids	IA	1:43:48	10:22	1:43:25	10:20
9	12	M30	Michael Armstrong	35	Central City	IA	1:47:58	10:47	1:47:47	10:46
139	13	M30	Brent Ross	35	North Liberty	IA	1:53:27	11:20	1:53:09	11:18
13	14	M30	Michael Barkalow	30	North Liberty	IA	1:54:35	11:27	1:54:18	11:25
176	15	M30	Jason Weininger	38	Palo	IA	2:01:34	12:09	2:01:20	12:08

F[30-39]

[Top](#)

Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
135	1	F30	Emily Recker	36	Hopkinton	IA	1:22:39	8:15	1:22:35	8:15
16	2	F30	Melissa Barnard	38	Keystone	IA	1:24:08	8:24	1:24:04	8:24
196	3	F30	Carissa Oltmann	32	Cedar Rapids	IA	1:24:26	8:26	1:24:21	8:26
208	4	F30	Teresa Galluzzo	34	Iowa City	IA	1:27:03	8:42	1:26:56	8:41
89	5	F30	Heidi Kestel	31	Tiffin	IA	1:27:06	8:42	1:26:51	8:41
171	6	F30	Jennifer Wagaman	33	Cedar Rapids	IA	1:31:53	9:11	1:31:41	9:10
157	7	F30	Dorota Staniewska	36	North Liberty	IA	1:37:19	9:43	1:37:09	9:42
81	8	F30	Amy Hennings	38	Milan	IL	1:37:41	9:46	1:37:34	9:45
107	9	F30	Mary Beth Maloney	34	Center Point	IA	1:40:24	10:02	1:40:06	10:00
21	10	F30	Stephanie Beckley	30	Okoboji	IA	1:43:25	10:20	1:43:08	10:18
39	11	F30	Amy Conyers	38	Cedar Rapids	IA	1:43:48	10:22	1:43:25	10:20
49	12	F30	Kimberly Dreier	39	Center Point	IA	1:54:04	11:24	1:53:44	11:22
177	13	F30	Rebecca Weininger	35	Palo	IA	2:01:34	12:09	2:01:20	12:08
165	14	F30	Ellen Tominsky	38	Cedar Rapids	IA	2:06:40	12:40	2:06:20	12:38
173	15	F30	Sarah Walton	39	Cedar Rapids	IA	2:08:44	12:52	2:08:24	12:50
87	16	F30	Julianne Jensen	39	West Branch	IA	2:08:57	12:53	2:08:44	12:52
12	17	F30	Michelle Barham	31	Cedar Rapids	IA	2:10:35	13:03	2:10:15	13:01

23	18	F30	Sarah Bengtson	34	North Liberty	IA	2:11:47	13:10	2:11:32	13:09
166	19	F30	Ellie Valeta	30	Evanston	IL	2:11:47	13:10	2:11:32	13:09
M[40-49]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
192	1	M40	Brett Stephenson	42	Cedar Rapids	IA	1:01:07	6:06	1:01:07	6:06
189	2	M40	Troy Riley	46	Morrison	IL	1:07:44	6:46	1:07:42	6:46
48	3	M40	Steve Dodge	46	Iowa City	IA	1:10:03	7:00	1:10:00	7:00
206	4	M40	Ken Wright	45	Cedar Rapids	IA	1:10:58	7:05	1:10:53	7:05
113	5	M40	Josh Meggitt	43	Iowa City	IA	1:11:08	7:06	1:11:04	7:06
29	6	M40	Mathieu Cagnard	42	Cedar Rapids	IA	1:16:29	7:38	1:16:25	7:38
127	7	M40	John Peters	48	Cedar Rapids	IA	1:17:30	7:45	1:17:25	7:44
144	8	M40	Greg Schmidt	40	Cedar Rapids	IA	1:17:43	7:46	1:17:37	7:45
68	9	M40	Ron Grage	48	Tipton	IA	1:19:55	7:59	1:19:52	7:59
131	10	M40	Dave Radack	41	Robins	IA	1:25:43	8:34	1:25:35	8:33
75	11	M40	Trent Hancock	48	North Liberty	IA	1:39:49	9:58	1:39:47	9:58
201	12	M40	Larry Kelley	47	Nevada	IA	1:46:15	10:37	1:46:03	10:36
198	13	M40	Mike Regan	45	Iowa City	IA	1:53:31	11:21	1:53:30	11:21
F[40-49]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
214	1	F40	Rae Lynn Lamparek	41	Swisher	IA	1:22:59	8:17	1:22:51	8:17
97	2	F40	Denise Langhoff	46	Marion	IA	1:25:32	8:33	1:25:22	8:32
46	3	F40	Christine Day	43	Palo	IA	1:26:16	8:37	1:26:07	8:36
40	4	F40	Lynda Cook	46	Cedar Rapids	IA	1:29:51	8:59	1:29:44	8:58
181	5	F40	Jill Winters	46	Cedar Rapids	IA	1:34:33	9:27	1:34:26	9:26
47	6	F40	Brenda Dodge	49	Iowa City	IA	1:35:05	9:30	1:34:57	9:29
188	7	F40	Elaine Claude	47	Solon	IA	1:36:27	9:38	1:36:24	9:38
133	8	F40	Jody Rausch	44	Robins	IA	1:40:10	10:01	1:39:59	9:59
59	9	F40	Rachel Fischer	49	Marion	IA	1:43:32	10:21	1:43:23	10:20

150	10	F40	Michelle Scroggs	44	Marion	IA	1:43:32	10:21	1:43:23	10:20
202	11	F40	Tori Shahidi	48	Ames	IA	1:46:15	10:37	1:46:02	10:36
142	12	F40	Laura Scharosch	47	Center Point	IA	1:46:52	10:41	1:46:47	10:40
M[50-59]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
119	1	M50	Jeff Niertert	52	Cedar Rapids	IA	1:07:47	6:46	1:07:46	6:46
109	2	M50	Ray Marshall	52	Cedar Rapids	IA	1:16:10	7:37	1:16:08	7:36
24	3	M50	Matt Brandt	52	Cedar Rapids	IA	1:16:51	7:41	1:16:49	7:40
65	4	M50	Mike Gardner	59	Solon	IA	1:21:10	8:07	1:21:04	8:06
200	5	M50	Jim Chenhall	54	Coralville	IA	1:26:11	8:37	1:26:06	8:36
10	6	M50	Terry Arnold	58	Cedar Rapids	IA	1:31:21	9:08	1:31:16	9:07
74	7	M50	Steven Hagarty	53	Cedar Rapids	IA	1:32:34	9:15	1:32:26	9:14
18	8	M50	Monty Beal	50	Coralville	IA	1:36:34	9:39	1:36:21	9:38
174	9	M50	Eric Wasson	51	Cedar Rapids	IA	1:39:05	9:54	1:38:51	9:53
57	10	M50	John Feehan	52	Mt. Pleasant	IA	1:44:59	10:29	1:44:49	10:28
F[50-59]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
224	1	F50	Sara Todd	50	Cedar Rapids	IA	1:26:11	8:37	1:26:00	8:36
72	2	F50	Joan Hackbarth	54	Marion	IA	1:29:48	8:58	1:29:40	8:58
155	3	F50	Patti Sprague	54	Mount Vernon	IA	1:32:56	9:17	1:32:50	9:17
137	4	F50	Julie Rosenberg	55	Cedar Rapids	IA	1:33:44	9:22	1:33:38	9:21
98	5	F50	Pam Larson	50	Swisher	IA	1:35:48	9:34	1:35:35	9:33
82	6	F50	Susanne Henson	54	Marion	IA	1:37:15	9:43	1:37:04	9:42
55	7	F50	Kim Erlandson	52	Mount Vernon	IA	1:37:36	9:45	1:37:22	9:44
162	8	F50	Cathy Taylor	51	Cedar Rapids	IA	1:45:10	10:31	1:45:07	10:30
104	9	F50	Cindy Luse	57	Cedar Rapids	IA	1:47:29	10:44	1:47:10	10:43

42	10	F50	Ferron Coutentos	52	Cedar Rapids	IA	1:47:29	10:44	1:47:11	10:43
213	11	F50	Katina Lillios	52	Iowa City	IA	1:48:46	10:52	1:48:36	10:51
90	12	F50	Vicki Kijewski	52	Iowa City	IA	1:54:03	11:24	1:53:38	11:21
M[60-69]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
154	1	M60	Jim Shimek	66	Fairfax	IA	1:12:57	7:17	1:12:56	7:17
164	2	M60	Michael Tometich	61	Mt. Pleasant	IA	1:18:34	7:51	1:18:23	7:50
197	3	M60	David Gee	62	Cedar Rapids	IA	1:30:08	9:00	1:30:02	9:00
11	4	M60	Bruce Bachmann	64	Cedar Rapids	IA	1:31:52	9:11	1:31:46	9:10
58	5	M60	Warren Feerer	63	Cedar Rapids	IA	1:32:21	9:14	1:32:13	9:13
193	6	M60	Dick Morrison	65	Cedar Rapids	IA	1:37:59	9:47	1:37:51	9:47
F[60-69]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
149	1	F60	Claudia Scott	62	Marion	IA	1:38:40	9:52	1:38:31	9:51
M[70 & Over]										Top
Bib	Div	Cat	Name	Age	City	St	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	M70	Sylvan Addink	71	Iowa City	IA	1:43:47	10:22	1:43:41	10:22

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