

2nd Annual 5K Run \*\*\* 5K Run \*\*\* Overall & Divisions

Event: 5K Run

Date: Sunday, September 14, 2014

Location: Hopkinton, IA

Weather: Sunny, Calm & 50°

[Overall and Age Divisions](#)

*Results By: Andrew Kauder, Kauder Racing*

| <u>Place</u> | <u>Gender</u> | <u>Division</u> | <u>Name</u>           | <u>City</u>      | <u>Gun Time</u> | <u>Pace mpm</u> | <u>Chip Time</u> | <u>Pace mpm</u> |
|--------------|---------------|-----------------|-----------------------|------------------|-----------------|-----------------|------------------|-----------------|
| 1            | 1             | 1 OVM           | Jose Escoriza, M27    | Dubuque, IA      | 18:38           | 6:00/M          | 18:38            | 6:00/M          |
| 2            | 2             | 1 M40           | Louis Pelsang, M40    | Iowa City, IA    | 19:53           | 6:24/M          | 19:52            | 6:24/M          |
| 3            | 3             | 1 M30           | Wes Hilleshiem, M36   | Marion, IA       | 20:15           | 6:31/M          | 20:13            | 6:30/M          |
| 4            | 4             | 2 M40           | James Pelsang, M49    | Iowa City, IA    | 20:45           | 6:41/M          | 20:44            | 6:40/M          |
| 5            | 5             | 1 M20           | Dale Linderwell, M29  | Dubuque, IA      | 21:18           | 6:51/M          | 21:17            | 6:51/M          |
| 6            | 6             | 3 M40           | Jay Hougas, M44       | Davenport, IA    | 21:49           | 7:01/M          | 21:48            | 7:01/M          |
| 7            | 7             | 2 M30           | Terry Willenborg, M30 | Dubuque, IA      | 22:07           | 7:07/M          | 22:06            | 7:07/M          |
| 8            | 8             | 1 JRM           | Reid Lewin, M14       | Independence, IA | 22:41           | 7:18/M          | 22:39            | 7:18/M          |
| 9            | 9             | 1 M50           | Mark Zimmer, M57      | Independence, IA | 23:00           | 7:24/M          | 22:59            | 7:24/M          |
| 10           | 10            | 2 M20           | Nate Niles, M23       | Hopkinton, IA    | 23:17           | 7:30/M          | 23:15            | 7:29/M          |
| 11           | 11            | 2 JRM           | Tate Trenkamp, M14    | Delhi, IA        | 23:39           | 7:37/M          | 23:38            | 7:36/M          |
| 12           | 12            | 3 JRM           | Nolan Ries, M11       | Hopkinton, IA    | 23:41           | 7:38/M          | 23:36            | 7:36/M          |
| 13           | 13            | 2 M50           | Paul James, M60       | Stanley, IA      | 23:48           | 7:40/M          | 23:45            | 7:39/M          |
| 14           | 14            | 3 M50           | Doug Lord, M59        | Lisbon, IA       | 24:14           | 7:48/M          | 24:13            | 7:48/M          |
| 15           | 1             | 1 OVF           | Karen Harbaugh, F54   | Manchester, IA   | 24:14           | 7:48/M          | 24:13            | 7:48/M          |
| 16           | 15            | 4 M50           | Kevin Funke, M55      | Hopkinton, IA    | 25:28           | 8:12/M          | 25:25            | 8:11/M          |
| 17           | 16            | 5 M50           | Steve Dircks, M52     | Hopkinton, IA    | 25:28           | 8:12/M          | 25:26            | 8:11/M          |
| 18           | 2             | 1 F50           | Sharon Robertson, F58 | Marion, IA       | 25:33           | 8:13/M          | 25:29            | 8:12/M          |
| 19           | 17            | 4 JRM           | A.J. Ambundo, M10     | Hopkinton, IA    | 25:48           | 8:18/M          | 25:44            | 8:17/M          |
| 20           | 18            | 4 M40           | Jason Robinson, M42   | Manchester, IA   | 26:04           | 8:23/M          | 26:01            | 8:22/M          |
| 21           | 19            | 3 M20           | James Hucker, M22     | Hopkinton, IA    | 26:05           | 8:24/M          | 26:02            | 8:23/M          |
| 22           | 3             | 1 F20           | Annie Skotowski, F24  | Dubuque, IA      | 26:06           | 8:24/M          | 26:01            | 8:23/M          |
| 23           | 4             | 1 F40           | Sharon Klein, F47     | Durango, IA      | 26:10           | 8:25/M          | 26:05            | 8:24/M          |
| 24           | 20            | 5 JRM           | Sean Hucker, M14      | Hopkinton, IA    | 26:34           | 8:33/M          | 26:33            | 8:33/M          |

|    |    |        |                            |                   |       |         |       |         |
|----|----|--------|----------------------------|-------------------|-------|---------|-------|---------|
| 25 | 5  | 2 F40  | Stacey Demmer, F40         | Dundee, IA        | 26:36 | 8:34/M  | 26:33 | 8:33/M  |
| 26 | 6  | 2 F50  | Martha Gearhart, F54       | Hopkinton, IA     | 26:47 | 8:37/M  | 26:45 | 8:37/M  |
| 27 | 21 | 5 M40  | Mark Simon, M40            | Dyersville, IA    | 26:49 | 8:38/M  | 26:46 | 8:37/M  |
| 28 | 22 | 3 M30  | Tim Feldmann, M34          | Marion, IA        | 26:53 | 8:39/M  | 26:49 | 8:38/M  |
| 29 | 7  | 3 F40  | Jill Waterman, F44         | Strawberry Pt, IA | 27:21 | 8:48/M  | 27:17 | 8:47/M  |
| 30 | 23 | 6 M50  | Dan Boeding, M59           | Cedar Rapids, IA  | 27:47 | 8:57/M  | 27:45 | 8:56/M  |
| 31 | 24 | 4 M30  | Aaron Evarts, M33          | Marion, IA        | 29:21 | 9:27/M  | 29:17 | 9:25/M  |
| 32 | 8  | 2 F20  | Chelsea Gudenkauf, F24     | Ryan, IA          | 29:29 | 9:29/M  | 29:20 | 9:27/M  |
| 33 | 9  | 1 F30  | Shaina Gearhart, F30       | Hopkinton, IA     | 29:34 | 9:31/M  | 29:26 | 9:29/M  |
| 34 | 10 | 3 F50  | Sheri Tucker, F52          | Hopkinton, IA     | 29:47 | 9:35/M  | 29:44 | 9:34/M  |
| 35 | 11 | 4 F50  | Denise Niles, F57          | Hopkinton, IA     | 30:43 | 9:53/M  | 30:40 | 9:52/M  |
| 36 | 12 | 2 F30  | Lori Schulte-Trenkamp, F37 | Delhi, IA         | 31:06 | 10:00/M | 31:01 | 9:59/M  |
| 37 | 25 | 6 JRM  | Mathew Hucker, M13         | Hopkinton, IA     | 31:29 | 10:08/M | 31:25 | 10:07/M |
| 38 | 13 | 1 JRF  | Hunter Glass, F14          | Delaware, IA      | 34:45 | 11:11/M | 34:40 | 11:09/M |
| 39 | 14 | 5 F50  | Lisa Dircks, F53           | Hopkinton, IA     | 34:48 | 11:12/M | 34:45 | 11:11/M |
| 40 | 15 | 3 F20  | Sam Kemp, F27              | Hopkinton, IA     | 35:38 | 11:28/M | 35:36 | 11:27/M |
| 41 | 16 | 6 F50  | Mary Ries, F50             | Hopkinton, IA     | 36:04 | 11:36/M | 35:57 | 11:34/M |
| 42 | 26 | 7 JRM  | Brock Trenkamp, M10        | Delhi, IA         | 36:13 | 11:39/M | 36:08 | 11:38/M |
| 43 | 17 | 3 F30  | Nikki Chapman, F39         | Cedar Rapids, IA  | 37:01 | 11:55/M | 36:58 | 11:54/M |
| 44 | 18 | 2 JRF  | Annie Trenkamp, F12        | Delhi, IA         | 37:05 | 11:56/M | 37:00 | 11:55/M |
| 45 | 19 | 4 F20  | Nicole Reyner, F26         | Monticello, IA    | 37:19 | 12:01/M | 37:16 | 12:00/M |
| 46 | 20 | 1 F15  | Shaylyn Trenkamp, F16      | Delhi, IA         | 37:25 | 12:03/M | 37:21 | 12:01/M |
| 47 | 21 | 4 F30  | Tammy Lawrence, F31        | Monticello, IA    | 38:08 | 12:16/M | 38:02 | 12:15/M |
| 48 | 22 | 5 F30  | Tiffany Leytem, F35        | Hopkinton, IA     | 39:40 | 12:46/M | 39:33 | 12:44/M |
| 49 | 23 | 6 F30  | Molly Leytem, F31          | Anamosa, IA       | 39:57 | 12:52/M | 39:51 | 12:49/M |
| 50 | 27 | 5 M30  | Cory Reyner, M30           | Monticello, IA    | 40:22 | 13:00/M | 40:19 | 12:59/M |
| 51 | 24 | 3 JRF  | Cecily Trenkamp, F8        | Delhi, IA         | 42:48 | 13:46/M | 42:43 | 13:45/M |
| 52 | 28 | 6 M30  | Jeremy Trenkamp, M37       | Delhi, IA         | 42:48 | 13:47/M | 42:43 | 13:45/M |
| 53 | 25 | 4 F40  | Kristin Hucker, F41        | Hopkinton, IA     | 43:03 | 13:51/M | 42:54 | 13:49/M |
| 54 | 26 | 5 F40  | Marie Johansen, F49        | Elgin, IA         | 43:22 | 13:57/M | 43:12 | 13:54/M |
| 55 | 27 | 4 JRF  | Megan Beaman, F14          | Hopkinton, IA     | 46:32 | 14:59/M | 46:27 | 14:57/M |
| 56 | 28 | 5 F20  | Christa Recker, F20        | Manchester, IA    | 46:51 | 15:05/M | 46:40 | 15:01/M |
| 57 | 29 | 7 F50  | Shelley Chapman, F54       | Hopkinton, IA     | 47:31 | 15:18/M | 47:21 | 15:14/M |
| 58 | 30 | 8 F50  | Diane Recker, F55          | Hopkinton, IA     | 47:34 | 15:19/M | 47:26 | 15:16/M |
| 59 | 31 | 9 F50  | Pat Boeding, F59           | Hopkinton, IA     | 47:34 | 15:19/M | 47:26 | 15:16/M |
| 60 | 32 | 10 F50 | Rosemary Feldmann, F56     | Hopkinton, IA     | 48:17 | 15:32/M | 48:08 | 15:29/M |
| 61 | 33 | 11 F50 | Jan Herington, F61         | Hopkinton, IA     | 48:24 | 15:35/M | 48:13 | 15:31/M |
| 62 | 34 | 12 F50 | Eileen Ries, F68           | Hopkinton, IA     | 49:40 | 15:59/M | 49:30 | 15:56/M |

|    |    |        |                       |                  |       |         |       |         |
|----|----|--------|-----------------------|------------------|-------|---------|-------|---------|
| 63 | 35 | 13 F50 | Deanna Hurmence, F53  | Hopkinton, IA    | 50:18 | 16:11/M | 50:05 | 16:07/M |
| 64 | 36 | 7 F30  | Tracey Milroy, F32    | Hopkinton, IA    | 50:50 | 16:22/M | 50:45 | 16:20/M |
| 65 | 37 | 8 F30  | Ann Cooksley, F38     | Earlville, IA    | 51:16 | 16:30/M | 51:09 | 16:28/M |
| 66 | 38 | 6 F20  | Dani Duetmeyer, F21   | Earlville, IA    | 51:16 | 16:30/M | 51:09 | 16:28/M |
| 67 | 39 | 9 F30  | Melissa Latwesen, F36 | Independence, IA | 51:48 | 16:40/M | 51:39 | 16:37/M |
| 68 | 40 | 14 F50 | Sherry Kramer, F52    | Hopkinton, IA    | 52:17 | 16:50/M | 52:04 | 16:46/M |
| 69 | 41 | 15 F50 | Debbie Holtz, F52     | Manchester, IA   | 52:17 | 16:50/M | 52:05 | 16:46/M |
| 70 | 42 | 16 F50 | Chris Kramer, F50     | Hopkinton, IA    | 52:23 | 16:52/M | 52:11 | 16:48/M |
| 71 | 43 | 17 F50 | Janell Parsons, F52   | Hopkinton, IA    | 52:24 | 16:52/M | 52:10 | 16:47/M |
| 72 | 44 | 7 F20  | Brittany Mohr, F22    | Hopkinton, IA    | 52:56 | 17:02/M | 52:46 | 16:59/M |
| 73 | 45 | 18 F50 | Patty Dettbarn, F50   | Hopkinton, IA    | 52:57 | 17:02/M | 52:43 | 16:58/M |
| 74 | 29 | 7 M50  | Al Dettbarn, M51      | Hopkinton, IA    | 52:57 | 17:02/M | 52:44 | 16:58/M |

Overall and Age Divisions

Overall Male

| Place | Name               | City        | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|--------------------|-------------|----------|-------------|-----------|-------------|
| 1     | Jose Escoriza, M27 | Dubuque, IA | 18:38    | 6:00/M      | 18:38     | 6:00/M      |

Overall Female

| Place | Name                | City           | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------|----------------|----------|-------------|-----------|-------------|
| 1     | Karen Harbaugh, F54 | Manchester, IA | 24:14    | 7:48/M      | 24:13     | 7:48/M      |

M[14 & Under]

| Place | Name                | City             | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------|------------------|----------|-------------|-----------|-------------|
| 1     | Reid Lewin, M14     | Independence, IA | 22:41    | 7:18/M      | 22:39     | 7:18/M      |
| 2     | Tate Trenkamp, M14  | Delhi, IA        | 23:39    | 7:37/M      | 23:38     | 7:36/M      |
| 3     | Nolan Ries, M11     | Hopkinton, IA    | 23:41    | 7:38/M      | 23:36     | 7:36/M      |
| 4     | A.J. Ambundo, M10   | Hopkinton, IA    | 25:48    | 8:18/M      | 25:44     | 8:17/M      |
| 5     | Sean Hucker, M14    | Hopkinton, IA    | 26:34    | 8:33/M      | 26:33     | 8:33/M      |
| 6     | Mathew Hucker, M13  | Hopkinton, IA    | 31:29    | 10:08/M     | 31:25     | 10:07/M     |
| 7     | Brock Trenkamp, M10 | Delhi, IA        | 36:13    | 11:39/M     | 36:08     | 11:38/M     |

F[14 & Under]

| Place | Name                | City          | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|---------------------|---------------|----------|-------------|-----------|-------------|
| 1     | Hunter Glass, F14   | Delaware, IA  | 34:45    | 11:11/M     | 34:40     | 11:09/M     |
| 2     | Annie Trenkamp, F12 | Delhi, IA     | 37:05    | 11:56/M     | 37:00     | 11:55/M     |
| 3     | Cecily Trenkamp, F8 | Delhi, IA     | 42:48    | 13:46/M     | 42:43     | 13:45/M     |
| 4     | Megan Beaman, F14   | Hopkinton, IA | 46:32    | 14:59/M     | 46:27     | 14:57/M     |

F[15-19]

| Place | Name                  | City      | Gun Time | Pace<br>mpm | Chip Time | Pace<br>mpm |
|-------|-----------------------|-----------|----------|-------------|-----------|-------------|
| 1     | Shaylyn Trenkamp, F16 | Delhi, IA | 37:25    | 12:03/M     | 37:21     | 12:01/M     |

M[20-29]

| <u>Place</u> | <u>Name</u>          | <u>City</u>   | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|----------------------|---------------|-----------------|---------------------|------------------|---------------------|
| 1            | Dale Linderwell, M29 | Dubuque, IA   | 21:18           | 6:51/M              | 21:17            | 6:51/M              |
| 2            | Nate Niles, M23      | Hopkinton, IA | 23:17           | 7:30/M              | 23:15            | 7:29/M              |
| 3            | James Hucker, M22    | Hopkinton, IA | 26:05           | 8:24/M              | 26:02            | 8:23/M              |

**F[20-29]**

| <u>Place</u> | <u>Name</u>            | <u>City</u>    | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|------------------------|----------------|-----------------|---------------------|------------------|---------------------|
| 1            | Annie Skotowski, F24   | Dubuque, IA    | 26:06           | 8:24/M              | 26:01            | 8:23/M              |
| 2            | Chelsea Gudenkauf, F24 | Ryan, IA       | 29:29           | 9:29/M              | 29:20            | 9:27/M              |
| 3            | Sam Kemp, F27          | Hopkinton, IA  | 35:38           | 11:28/M             | 35:36            | 11:27/M             |
| 4            | Nicole Reyner, F26     | Monticello, IA | 37:19           | 12:01/M             | 37:16            | 12:00/M             |
| 5            | Christa Recker, F20    | Manchester, IA | 46:51           | 15:05/M             | 46:40            | 15:01/M             |
| 6            | Dani Duetmeyer, F21    | Earlville, IA  | 51:16           | 16:30/M             | 51:09            | 16:28/M             |
| 7            | Brittany Mohr, F22     | Hopkinton, IA  | 52:56           | 17:02/M             | 52:46            | 16:59/M             |

**M[30-39]**

| <u>Place</u> | <u>Name</u>           | <u>City</u>    | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|-----------------------|----------------|-----------------|---------------------|------------------|---------------------|
| 1            | Wes Hilleshiem, M36   | Marion, IA     | 20:15           | 6:31/M              | 20:13            | 6:30/M              |
| 2            | Terry Willenborg, M30 | Dubuque, IA    | 22:07           | 7:07/M              | 22:06            | 7:07/M              |
| 3            | Tim Feldmann, M34     | Marion, IA     | 26:53           | 8:39/M              | 26:49            | 8:38/M              |
| 4            | Aaron Evarts, M33     | Marion, IA     | 29:21           | 9:27/M              | 29:17            | 9:25/M              |
| 5            | Cory Reyner, M30      | Monticello, IA | 40:22           | 13:00/M             | 40:19            | 12:59/M             |
| 6            | Jeremy Trenkamp, M37  | Delhi, IA      | 42:48           | 13:47/M             | 42:43            | 13:45/M             |

**F[30-39]**

| <u>Place</u> | <u>Name</u>                | <u>City</u>      | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|----------------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1            | Shaina Gearhart, F30       | Hopkinton, IA    | 29:34           | 9:31/M              | 29:26            | 9:29/M              |
| 2            | Lori Schulte-Trenkamp, F37 | Delhi, IA        | 31:06           | 10:00/M             | 31:01            | 9:59/M              |
| 3            | Nikki Chapman, F39         | Cedar Rapids, IA | 37:01           | 11:55/M             | 36:58            | 11:54/M             |
| 4            | Tammy Lawrence, F31        | Monticello, IA   | 38:08           | 12:16/M             | 38:02            | 12:15/M             |
| 5            | Tiffany Leytem, F35        | Hopkinton, IA    | 39:40           | 12:46/M             | 39:33            | 12:44/M             |
| 6            | Molly Leytem, F31          | Anamosa, IA      | 39:57           | 12:52/M             | 39:51            | 12:49/M             |
| 7            | Tracey Milroy, F32         | Hopkinton, IA    | 50:50           | 16:22/M             | 50:45            | 16:20/M             |
| 8            | Ann Cooksley, F38          | Earlville, IA    | 51:16           | 16:30/M             | 51:09            | 16:28/M             |
| 9            | Melissa Latwesen, F36      | Independence, IA | 51:48           | 16:40/M             | 51:39            | 16:37/M             |

**M[40-49]**

| <u>Place</u> | <u>Name</u>         | <u>City</u>    | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|---------------------|----------------|-----------------|---------------------|------------------|---------------------|
| 1            | Louis Pelsang, M40  | Iowa City, IA  | 19:53           | 6:24/M              | 19:52            | 6:24/M              |
| 2            | James Pelsang, M49  | Iowa City, IA  | 20:45           | 6:41/M              | 20:44            | 6:40/M              |
| 3            | Jay Hougas, M44     | Davenport, IA  | 21:49           | 7:01/M              | 21:48            | 7:01/M              |
| 4            | Jason Robinson, M42 | Manchester, IA | 26:04           | 8:23/M              | 26:01            | 8:22/M              |
| 5            | Mark Simon, M40     | Dyersville, IA | 26:49           | 8:38/M              | 26:46            | 8:37/M              |

**F[40-49]**

| <u>Place</u> | <u>Name</u>         | <u>City</u>       | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|---------------------|-------------------|-----------------|---------------------|------------------|---------------------|
| 1            | Sharon Klein, F47   | Durango, IA       | 26:10           | 8:25/M              | 26:05            | 8:24/M              |
| 2            | Stacey Demmer, F40  | Dundee, IA        | 26:36           | 8:34/M              | 26:33            | 8:33/M              |
| 3            | Jill Waterman, F44  | Strawberry Pt, IA | 27:21           | 8:48/M              | 27:17            | 8:47/M              |
| 4            | Kristin Hucker, F41 | Hopkinton, IA     | 43:03           | 13:51/M             | 42:54            | 13:49/M             |

|   |                     |           |       |         |       |         |
|---|---------------------|-----------|-------|---------|-------|---------|
| 5 | Marie Johansen, F49 | Elgin, IA | 43:22 | 13:57/M | 43:12 | 13:54/M |
|---|---------------------|-----------|-------|---------|-------|---------|

**M[50 & Over]**

| <u>Place</u> | <u>Name</u>       | <u>City</u>      | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|-------------------|------------------|-----------------|---------------------|------------------|---------------------|
| 1            | Mark Zimmer, M57  | Independence, IA | 23:00           | 7:24/M              | 22:59            | 7:24/M              |
| 2            | Paul James, M60   | Stanley, IA      | 23:48           | 7:40/M              | 23:45            | 7:39/M              |
| 3            | Doug Lord, M59    | Lisbon, IA       | 24:14           | 7:48/M              | 24:13            | 7:48/M              |
| 4            | Kevin Funke, M55  | Hopkinton, IA    | 25:28           | 8:12/M              | 25:25            | 8:11/M              |
| 5            | Steve Dircks, M52 | Hopkinton, IA    | 25:28           | 8:12/M              | 25:26            | 8:11/M              |
| 6            | Dan Boeding, M59  | Cedar Rapids, IA | 27:47           | 8:57/M              | 27:45            | 8:56/M              |
| 7            | Al Dettbarn, M51  | Hopkinton, IA    | 52:57           | 17:02/M             | 52:44            | 16:58/M             |

**F[50 & Over]**

| <u>Place</u> | <u>Name</u>            | <u>City</u>    | <u>Gun Time</u> | <u>Pace<br/>mpm</u> | <u>Chip Time</u> | <u>Pace<br/>mpm</u> |
|--------------|------------------------|----------------|-----------------|---------------------|------------------|---------------------|
| 1            | Sharon Robertson, F58  | Marion, IA     | 25:33           | 8:13/M              | 25:29            | 8:12/M              |
| 2            | Martha Gearhart, F54   | Hopkinton, IA  | 26:47           | 8:37/M              | 26:45            | 8:37/M              |
| 3            | Sheri Tucker, F52      | Hopkinton, IA  | 29:47           | 9:35/M              | 29:44            | 9:34/M              |
| 4            | Denise Niles, F57      | Hopkinton, IA  | 30:43           | 9:53/M              | 30:40            | 9:52/M              |
| 5            | Lisa Dircks, F53       | Hopkinton, IA  | 34:48           | 11:12/M             | 34:45            | 11:11/M             |
| 6            | Mary Ries, F50         | Hopkinton, IA  | 36:04           | 11:36/M             | 35:57            | 11:34/M             |
| 7            | Shelley Chapman, F54   | Hopkinton, IA  | 47:31           | 15:18/M             | 47:21            | 15:14/M             |
| 8            | Diane Recker, F55      | Hopkinton, IA  | 47:34           | 15:19/M             | 47:26            | 15:16/M             |
| 9            | Pat Boeding, F59       | Hopkinton, IA  | 47:34           | 15:19/M             | 47:26            | 15:16/M             |
| 10           | Rosemary Feldmann, F56 | Hopkinton, IA  | 48:17           | 15:32/M             | 48:08            | 15:29/M             |
| 11           | Jan Herington, F61     | Hopkinton, IA  | 48:24           | 15:35/M             | 48:13            | 15:31/M             |
| 12           | Eileen Ries, F68       | Hopkinton, IA  | 49:40           | 15:59/M             | 49:30            | 15:56/M             |
| 13           | Deanna Hurmence, F53   | Hopkinton, IA  | 50:18           | 16:11/M             | 50:05            | 16:07/M             |
| 14           | Sherry Kramer, F52     | Hopkinton, IA  | 52:17           | 16:50/M             | 52:04            | 16:46/M             |
| 15           | Debbie Holtz, F52      | Manchester, IA | 52:17           | 16:50/M             | 52:05            | 16:46/M             |
| 16           | Chris Kramer, F50      | Hopkinton, IA  | 52:23           | 16:52/M             | 52:11            | 16:48/M             |
| 17           | Janell Parsons, F52    | Hopkinton, IA  | 52:24           | 16:52/M             | 52:10            | 16:47/M             |
| 18           | Patty Dettbarn, F50    | Hopkinton, IA  | 52:57           | 17:02/M             | 52:43            | 16:58/M             |

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