



33rd Capital Pursuit 10 Mile

Des Moines, IA

Sep. 20, 2015

50s, sunny - perfect

Results by Cal Murdock

5 Kilometer [results](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

Last updated Sep. 20, 2015 10:39 AM

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	OpM	Brogan Austin, 23, Boone, IA	50:23	5:02
2	OpM	Adam Bohach, 31, Decorah, IA	51:20	5:08
3	OpM	Mason Frank, 26, Bloomington, MN	52:18	5:14
4	1 M20	Charlie Paul, 26, Iowa City, IA	53:59	5:24
5	2 M20	Eli Horton, 22, Runnells, IA	55:37	5:34
6	1 M30	Scott Johnson, 33, Ames, IA	56:11	5:37
7	2 M30	Nathan White, 31, Johnston, IA	57:02	5:42
8	3 M20	Justin Herrick, 28, Urbandale, IA	57:32	5:45
9	OpW	Danna Kelly Herrick, 28*, Urbandale, IA	57:45	5:46
10	3 M30	Jacob Kaemmer, 38, Des Moines, IA	58:20	5:50
11	OpW	Pasca Myers, 29*, Fort Dodge, IA	58:51	5:53
12	OpW	Obsie Birru, 26*, Des Moines, IA	58:52	5:53
13	4 M20	Mitchell Davis, 24, Des Moines, IA	59:20	5:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
14	MW	Jenny Schulze, 43*, Clive, IA	1:00:10	6:01
15	4 M30	Dan Pinkerton, 39, Urbandale, IA	1:00:29	6:03
16	5 M30	Chris Nealy, 35, Des Moines, IA	1:00:31	6:03
17	6 M30	Justin Brown, 32, Des Moines, IA	1:00:32	6:03
18	7 M30	Matthew McDermott, 37, West Des Moines, IA	1:01:18	6:08
19	MM	Frank Levy, 47, Des Moines, IA	1:01:21	6:08
20	1 W20	Flannery Cerbin-Bohach, 28*, Decorah, IA	1:01:43	6:10
21	1 M40	Chris Bowers, 47, Ottumwa, IA	1:01:55	6:11
22	8 M30	Sean Severe, 31, Des Moines, IA	1:02:47	6:17
23	5 M20	David Roney, 24, Ankeny, IA	1:02:51	6:17
24	6 M20	Zewude Kia, 28, Des Moines, IA	1:03:10	6:19
25	2 M40	Paxton Bennett, 41, West Des Moines, IA	1:03:49	6:23
26	1 M50	Steve Felte, 50, West Des Moines, IA	1:04:13	6:25
27	2 M50	Todd Haugen, 53, Des Moines, IA	1:04:24	6:26
28	2 W20	Carly Johnson, 24*, Ames, IA	1:04:41	6:28
29	9 M30	Neil Young, 33, Des Moines, IA	1:05:04	6:30
30	10 M30	Mike Castagnoli, 31, West Des Moines, IA	1:05:57	6:36
31	11 M30	Andy Herrick, 31, Jewell, IA	1:06:00	6:36
32	3 M40	Matt Scotton, 46, Newton, IA	1:06:14	6:37
33	1 W40	Trisha Schlick, 41*, Ames, IA	1:06:52	6:41

34	12 M30	Christopher Harken, 32, Ankeny, IA	1:07:03	6:42
35	13 M30	Randy Sturm, 37, Garner, IA	1:08:21	6:50
36	7 M20	Dustin Shannon, 29, West Des Moines, IA	1:08:29	6:51
37	4 M40	Gemechisa Mosa, 41, Grimes, IA	1:08:35	6:51
38	14 M30	Justin Davis, 36, Algona, IA	1:08:36	6:52
39	1 W30	Laura Barnaby, 30*, Ankeny, IA	1:09:09	6:55
40	2 W30	Tracy Daugherty, 35*, Pella, IA	1:09:11	6:55
41	8 M20	Grant Jacobson, 25, Johnston, IA	1:09:28	6:57
42	15 M30	Kevin Tiffany, 39, Des Moines, IA	1:09:29	6:57
43	5 M40	Mike Gorski, 41, Des Moines, IA	1:09:34	6:57
44	3 M50	Troy Zeleznik, 53, West Des Moines, IA	1:09:41	6:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
45	6 M40	Kevin Chorniak, 44, Ankeny, IA	1:10:11	7:01
46	16 M30	Jack Powers, 30, Windsor Heigh, IA	1:10:26	7:03
47	3 W30	Stephanie Mortenson, 33*, Windsor Heigh, IA	1:10:30	7:03
48	17 M30	Jared Otte, 34, Waukee, IA	1:10:43	7:04
49	18 M30	Tom Handorf, 39, Gladbrook, IA	1:11:00	7:06
50	4 M50	Brian Willem, 53, Urbandale, IA	1:11:03	7:06
51	3 W20	Lisa Wegman, 25*, Des Moines, IA	1:11:10	7:07
52	9 M20	Ryan Hull, 27, Boone, IA	1:11:18	7:08
53	10 M20	Alex Krajek, 22, Des Moines, IA	1:11:25	7:08
54	7 M40	Andrew Shipley, 48, West Des Moines, IA	1:11:41	7:10
55	19 M30	Nick Roerig, 36, Clive, IA	1:11:44	7:10
56	1 W60	Andriette Wickstrom, 60*, Storm Lake, IA	1:11:51	7:11
57	20 M30	Trent Lienau, 36, West Des Moines, IA	1:11:55	7:11
58	8 M40	David Larson, 43, West Des Moines, IA	1:11:56	7:12
59	21 M30	Dustin Albrecht, 30, Ames, IA	1:12:05	7:12
60	4 W20	Shelby Smith, 24*, Dublin, Dublin	1:12:06	7:13
61	9 M40	Scott Greenwood, 48, Des Moines, IA	1:12:09	7:13
62	2 W40	Joanne Sackett, 47*, Des Moines, IA	1:12:13	7:13
63	3 W40	Beth Schweizer, 49*, Urbandale, IA	1:12:32	7:15
64	5 M50	Scott Freeman, 53, Urbandale, IA	1:12:38	7:16
65	6 M50	Jeff Weeks, 56, Des Moines, IA	1:12:40	7:16
66	7 M50	John Priester, 51, Des Moines, IA	1:12:43	7:16
67	8 M50	Steve Falck, 57, Des Moines, IA	1:12:44	7:16
68	4 W40	Carrie Van Quathem, 43*, Urbandale, IA	1:12:46	7:17
69	22 M30	Ty Patton, 34, Des Moines, IA	1:12:51	7:17
70	23 M30	Jeremy Mueller, 38, Waukee, IA	1:12:51	7:17
71	4 W30	Dana Flogel, 33*, West Des Moines, IA	1:12:53	7:17
72	10 M40	Jason Hahn, 44, Des Moines, IA	1:12:56	7:18
73	24 M30	Adam Shockey, 38, Clive, IA	1:12:59	7:18
74	9 M50	Daniel Bergman, 53, Ankeny, IA	1:13:16	7:20
75	11 M40	Scot Nash, 44, Des Moines, IA	1:13:25	7:20
76	12 M40	Matthew Morgan, 44, Ankeny, IA	1:14:00	7:24
77	5 W40	Jennifer Mills, 42*, West Des Moines, IA	1:14:48	7:29
78	5 W30	Rachel Rowley, 39*, Windsor Heigh, IA	1:14:53	7:29
79	1 M60	Pete Sandler, 60, West Des Moines, IA	1:15:12	7:31
80	13 M40	Todd Schemper, 40, Des Moines, IA	1:15:32	7:33
81	6 W40	Kahe Chuapoco, 43*, Des Moines, IA	1:16:06	7:37
82	14 M40	Chris Ross, 49, Des Moines, IA	1:16:13	7:37
83	10 M50	Bruce Drummond, 57, Des Moines, IA	1:16:14	7:37
84	11 M50	Jeff Schumacher, 52, Ankeny, IA	1:16:16	7:38
85	6 W30	Trisha Joseph, 35*, West Des Moines, IA	1:16:17	7:38
86	7 W30	Kelly Vander Esch, 38*, Johnston, IA	1:16:53	7:41
87	5 W20	Kassidy Chen, 28*, West Des Moines, IA	1:16:56	7:42
88	12 M50	Don Cumings, 52, Ankeny, IA	1:16:57	7:42
89	1 JrM	Zachary Rinke, 14, Urbandale, IA	1:17:07	7:43
90	15 M40	Brian Terhark, 47, Clive, IA	1:17:14	7:43
91	16 M40	David Schneider, 44, Clive, IA	1:17:14	7:43
92	7 W40	Jeanna English, 43*, West Des Moines, IA	1:17:16	7:44
93	13 M50	Keith Gutschenritter, 56, Waukee, IA	1:17:24	7:44
94	25 M30	Ian Asplund, 35, Clive, IA	1:17:27	7:45
95	17 M40	Brendan Chauapoco, 46, Des Moines, IA	1:17:47	7:47

96	18 M40	Tony Guerra, 43, Ankeny, IA	1:17:55	7:47
97	6 W20	Amanda Collins, 27*, Des Moines, IA	1:17:56	7:48
98	14 M50	Dave Endres, 52, West Des Moines, IA	1:18:12	7:49
99	8 W40	Annika Cornelisse, 43*, Des Moines, IA	1:18:22	7:50
100	11 M20	Scott Lowman, 28, Mercer Island, WA	1:18:27	7:51
101	26 M30	Caleb Hegna, 38, Des Moines, IA	1:18:28	7:51
102	27 M30	Nate Boulton, 35, Des Moines, IA	1:18:40	7:52
103	15 M50	Mark Movic, 58, Des Moines, IA	1:18:48	7:53
104	28 M30	Eric Rowley, 33, Des Moines, IA	1:18:57	7:54
105	19 M40	Mike Mohan, 47, Clive, IA	1:19:01	7:54
106	16 M50	Charlie Neibergall, 50, Urbandale, IA	1:19:10	7:55
107	17 M50	John Dillon, 55, Urbandale, IA	1:19:11	7:55
108	29 M30	Andy Barkley, 34, Des Moines, IA	1:19:20	7:56
109	30 M30	Jason Dreckman, 36, West Des Moines, IA	1:19:25	7:56
110	31 M30	Travis Kasch, 39, Urbandale, IA	1:19:39	7:58
111	1 W50	Bobbi Snodgrass, 53*, Indianola, IA	1:19:49	7:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

112	18 M50	Jeffery Feder, 54, Norwalk, IA	1:20:16	8:02
113	8 W30	Jamilee Noble, 31*, Johnston, IA	1:20:19	8:02
114	20 M40	Gary Stout, 42, Des Moines, IA	1:20:20	8:02
115	9 W40	Sarah Andersson, 40*, West Des Moines, IA	1:20:30	8:03
116	9 W30	Emily Kell, 39*, Urbandale, IA	1:20:38	8:04
117	10 W30	Danielle Kelloway, 32*, Grimes, IA	1:20:42	8:04
118	12 M20	Dillon Mellick, 26, West Des Moines, IA	1:20:46	8:05
119	2 M60	Richard Martin, 66, Ames, IA	1:20:54	8:05
120	32 M30	Brent Meyer, 37, Ankeny, IA	1:20:56	8:06
121	3 M60	Sam Fisher, 66, Boone, IA	1:21:00	8:06
122	21 M40	Tim Gate, 45, Urbandale, IA	1:21:14	8:07
123	11 W30	Alisha Parmelee, 30*, Clive, IA	1:21:23	8:08
124	22 M40	Richard Lemke, 40, Ankeny, IA	1:21:26	8:09
125	7 W20	Claire Mellick, 25*, West Des Moines, IA	1:21:26	8:09
126	19 M50	John DeAngelis, 51, West Des Moines, IA	1:21:33	8:09
127	2 W50	Martha Freeman, 52*, Urbandale, IA	1:21:45	8:10
128	23 M40	Ryan Judas, 42, Urbandale, IA	1:21:47	8:11
129	4 M60	Mike May, 68, Indianola, IA	1:21:52	8:11
130	10 W40	Mary Ducar, 46*, Ankeny, IA	1:21:56	8:12
131	24 M40	Karl Lundy, 42, Des Moines, IA	1:22:15	8:13
132	33 M30	Dan Mick, 35, Urbandale, IA	1:22:17	8:14
133	8 W20	Erin Conrad, 29*, Des Moines, IA	1:22:26	8:15
134	12 W30	Carrie Schwake, 32*, Ankeny, IA	1:22:30	8:15
135	25 M40	Alex Van Quathem, 45, Urbandale, IA	1:22:31	8:15
136	13 W30	JoDee Claussen, 33*, Granger, IA	1:22:32	8:15
137	20 M50	Tod McComb, 50, Des Moines, IA	1:22:38	8:16
138	26 M40	Tim Annett, 47, West Des Moines, IA	1:22:38	8:16
139	14 W30	Allison Kohlhaas, 32*, Clive, IA	1:22:46	8:17
140	27 M40	Scott Sundstrom, 42, Des Moines, IA	1:22:49	8:17
141	9 W20	Alicia Dusenbury, 27*, Ankeny, IA	1:22:51	8:17
142	5 M60	Michael Wheelock, 60, Ames, IA	1:22:58	8:18
143	11 W40	Beth Seuferer, 44*, West Des Moines, IA	1:23:02	8:18
144	15 W30	Shawna Boeding, 39*, Des Moines, IA	1:23:03	8:18
145	21 M50	Kent Bain, 50, West Des Moines, IA	1:23:11	8:19
146	12 W40	Jenna Porter, 41*, Des Moines, IA	1:23:11	8:19
147	13 W40	Nikki Roetman, 41*, Urbandale, IA	1:23:12	8:19
148	22 M50	Greg Burmeister, 52, Clive, IA	1:23:15	8:19
149	23 M50	Mark Kilian, 54, Clive, IA	1:23:19	8:20
150	14 W40	Kristen Schweitzer, 44*, Ankeny, IA	1:23:23	8:20
151	10 W20	Carly Hart, 26*, Waukee, IA	1:23:24	8:20
152	24 M50	Dan Gornick, 51, Norwalk, IA	1:23:29	8:21
153	15 W40	Laura Henry, 41*, West Des Moines, IA	1:23:41	8:22
154	16 W30	Colleen Webster, 36*, Urbandale, IA	1:23:46	8:23
155	17 W30	Jenna Hogan, 34*, Des Moines, IA	1:23:56	8:24
156	28 M40	Marty Wolske, 43, West Des Moines, IA	1:24:05	8:24
157	18 W30	Kathryn Sandie, 33*, Waukee, IA	1:24:11	8:25

158	11 W20	Kari Peterson, 22*, Webster City, IA	1:24:34	8:27
159	19 W30	Jodi Jenkins, 38*, Johnston, IA	1:24:35	8:27
160	12 W20	Natasha Nikkel, 26*, Sully, IA	1:24:38	8:28
161	29 M40	Patrick Kelly, 47, Windsor Heigh, IA	1:24:39	8:28
162	34 M30	Colby Gardner, 35, Wuakee, IA	1:24:54	8:29
163	30 M40	John Harris, 45, Ankeny, IA	1:24:55	8:29
164	2 W60	Kathi Dellaca, 62*, Windsor Heigh, IA	1:24:58	8:30
165	16 W40	Michelle Vincent, 42*, Slater, IA	1:25:02	8:30
166	20 W30	Shana Harrington, 35*, Des Moines, IA	1:25:03	8:30
167	31 M40	Michael Mock, 45, West Des Moines, IA	1:25:10	8:31
168	25 M50	John Curtin, 59, Des Moines, IA	1:25:26	8:33
169	35 M30	Benjamin Barndollar, 35, Des Moines, IA	1:25:27	8:33
170	21 W30	Cara Rexroat, 33*, Des Moines, IA	1:25:28	8:33
171	22 W30	Jen Kirstein, 33*, Ankeny, IA	1:25:29	8:33
172	32 M40	David Schwendinger, 40, Des Moines, IA	1:25:30	8:33
173	26 M50	Mark Brownell, 55, Urbandale, IA	1:25:35	8:33
174	17 W40	Sarah Obrien, 41*, Urbandale, IA	1:25:38	8:34
175	23 W30	Ann Marie Day, 33*, West Des Moines, IA	1:25:39	8:34
176	13 M20	Kevin Sanders, 29, Des Moines, IA	1:25:39	8:34
177	18 W40	Tammy Gentry, 43*, Des Moines, IA	1:25:54	8:35
178	33 M40	Alan Wanamaker, 45, Ames, IA	1:25:58	8:36
179	24 W30	Lynn Demaray, 35*, Ankeny, IA	1:26:01	8:36
180	14 M20	Michale Meyer, 29, Norwalk, IA	1:26:21	8:38
181	13 W20	Katie Meyer, 29*, Norwalk, IA	1:26:23	8:38
182	3 W50	Rebecca Brannan, 50*, Urbandale, IA	1:26:29	8:39
183	19 W40	Michelle Madden, 42*, West Des Moines, IA	1:26:30	8:39
184	14 W20	Courtney Van Wyk, 26*, Pella, IA	1:26:41	8:40
185	15 W20	Amelia Borgomainerio, 25*, Des Moines, IA	1:26:48	8:41
186	36 M30	Chris Compton, 39, Ankeny, IA	1:26:52	8:41
187	20 W40	Lisa Hovey, 44*, Urbandale, IA	1:26:59	8:42
188	27 M50	Joe Akers, 50, Grimes, IA	1:27:02	8:42
189	16 W20	Claire Larson, 21*, West Des Moines, IA	1:27:04	8:42
190	4 W50	Kathryn Larson, 51*, West Des Moines, IA	1:27:05	8:42
191	5 W50	Pamela Pomerenk, 55*, Boone, IA	1:27:10	8:43
192	1 M70	Tom Kirkwood, 72, Dyersville, IA	1:27:20	8:44
193	21 W40	Stephanie Cheney-Murphy, 40*, Ankeny, IA	1:27:51	8:47
194	25 W30	Tiffany Kayser, 35*, Cambridge, IA	1:27:54	8:47
195	26 W30	Krista Eittreim, 35*, Waukee, IA	1:27:59	8:48
196	6 M60	Kevin Case, 60, Grimes, IA	1:28:00	8:48
197	6 W50	Margaret Thielen, 51*, Eagle Grove, IA	1:28:01	8:48
198	22 W40	Kerty Levy, 49*, Des Moines, IA	1:28:02	8:48
199	27 W30	Calista Oberhelman, 32*, West Des Moines, IA	1:28:04	8:48
200	23 W40	Jenny Goodman, 40*, Johnston, IA	1:28:12	8:49
201	24 W40	Beth McDonald, 42*, Prole, IA	1:28:13	8:49
202	28 M50	Roadog McKibben, 54, Clive, IA	1:28:16	8:50
203	7 W50	Jan Atchison, 56*, Rhodes, IA	1:28:25	8:51
204	25 W40	Shelby Cork, 40*, Clive, IA	1:28:30	8:51
205	28 W30	Andrea Reser, 36*, Urbandale, IA	1:28:42	8:52
206	29 W30	Gentry Smith, 38*, Lucas, IA	1:28:47	8:53
207	26 W40	Sarah Ramsey, 41*, Des Moines, IA	1:28:48	8:53
208	8 W50	Rachel Stauffer, 52*, Des Moines, IA	1:28:48	8:53
209	29 M50	David Caris, 55, Des Moines, IA	1:28:48	8:53
210	34 M40	Steve Callistein, 49, Des Moines, IA	1:28:49	8:53
211	30 M50	Cj Osborn, 50, Newton, IA	1:28:50	8:53
212	7 M60	Mark Howard, 60, Pella, IA	1:29:22	8:56
213	9 W50	Dale Finnegan, 52*, Waukee, IA	1:29:28	8:57
214	30 W30	Christine Hornbuckle, 31*, Ankeny, IA	1:29:36	8:58
215	17 W20	Lindsey Borgomainerio, 23*, Indianola, IA	1:29:54	8:59

Pace: [6:00](#) | [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [13:00](#) | [Top](#)

216	10 W50	Brenda Bright, 55*, Ames, IA	1:29:56	9:00
217	31 W30	Stacy Mitchell, 34*, Ankeny, IA	1:29:57	9:00
218	31 M50	Todd Weber, 52, Earlham, IA	1:30:08	9:01
219	27 W40	Maria Loder, 43*, Des Moines, IA	1:30:11	9:01
220	32 W30	Monica Kasch, 37*, Urbandale, IA	1:30:13	9:01
221	28 W40	Chris Mathews, 46*, Des Moines, IA	1:30:19	9:02
222	11 W50	Mary Sue Crabtree, 55*, Des Moines, IA	1:30:22	9:02
223	29 W40	Kimberly Hatting, 48*, Grinnell, IA	1:30:27	9:03
224	32 M50	Steve Wandro, 58, Des Moines, IA	1:30:41	9:04
225	35 M40	John Sweeney, 41, Windsor Heigh, IA	1:30:49	9:05
226	12 W50	Wilma Osmun, 55*, Creston, IA	1:30:54	9:05
227	30 W40	Joni Tonnemacher, 45*, Johnston, IA	1:30:57	9:06
228	31 W40	Kris Robson, 49*, Urbandale, IA	1:30:57	9:06
229	36 M40	Frank Wennerholt, 43, Grimes, IA	1:31:21	9:08
230	33 W30	Michell Roozeboom-Baker, 37*, West Des Moines, IA	1:31:25	9:08
231	32 W40	Sherri Cooney, 49*, Pleasant Hill, IA	1:31:26	9:09
232	33 W40	Dona Cretors, 45*, Grimes, IA	1:31:30	9:09
233	34 W40	Janet Hudson, 48*, Maxwell, IA	1:31:31	9:09
234	13 W50	Karen Dassinger, 51*, West Des Moines, IA	1:32:08	9:13
235	37 M30	Brad Willemsen, 38, Des Moines, IA	1:32:12	9:13
236	37 M40	Jonathan Montpas, 42, Des Moines, IA	1:32:17	9:14
237	14 W50	Annie Strawn, 55*, St. Charles, IA	1:32:33	9:15
238	34 W30	Kate Selden-Egge, 36*, Des Moines, IA	1:32:47	9:17
239	35 W40	Amy Price, 44*, Ankeny, IA	1:32:48	9:17
240	8 M60	Simon Casady, 66, Indianola, IA	1:32:59	9:18
241	18 W20	Holly D'Anna, 26*, Des Moines, IA	1:33:11	9:19
242	38 M40	Steven Behrends, 47, West Des Moines, IA	1:33:12	9:19
243	15 W50	Beth Lori, 54*, Ankeny, IA	1:33:18	9:20
244	35 W30	Ali Payne, 38*, Waukee, IA	1:33:35	9:21
245	38 M30	Nate Hunt, 38, West Des Moines, IA	1:33:36	9:22
246	36 W30	Heidi Pollmann, 38*, Des Moines, IA	1:34:06	9:25
247	36 W40	Melissa Gatzionis, 44*, Urbandale, IA	1:34:14	9:25
248	37 W30	Lindsay Farmer, 33*, Ankeny, IA	1:34:19	9:26
249	37 W40	Patricia Williams, 45*, Urbandale, IA	1:34:51	9:29
250	38 W40	Kathleen Jones, 48*, West Des Moines, IA	1:34:56	9:30
251	39 M40	Darrin Allshouse, 40, Waukee, IA	1:34:57	9:30
252	39 M30	Steven Ruiz, 36, Des Moines, IA	1:35:19	9:32
253	38 W30	Hilary Weber, 36*, West Des Moines, IA	1:35:30	9:33
254	40 M40	Bill Nolin, 47, West Des Moines, IA	1:35:45	9:34
255	39 W40	Kelly Roberson, 45*, Des Moines, IA	1:35:49	9:35
256	33 M50	Vance Voss, 51, Des Moines, IA	1:35:54	9:35
257	34 M50	Jay Fisher, 51, Des Moines, IA	1:35:54	9:35
258	40 W40	Jeni Sundermeyer, 40*, Pleasant Hill, IA	1:36:21	9:38
259	19 W20	Deena Klesel, 27*, Ankeny, IA	1:36:21	9:38
260	35 M50	Cody Kilgore, 54, Adel, IA	1:36:24	9:38
261	20 W20	Kelly Boddicker, 27*, Des Moines, IA	1:36:33	9:39
262	39 W30	Jill Eimermann, 38*, Des Moines, IA	1:36:36	9:40
263	9 M60	Dale Reichter, 61, Sidney, IA	1:36:36	9:40
264	40 W30	Eliza Kempton, 34*, Des Moines, IA	1:36:38	9:40
265	3 W60	Paula Dierenfeld, 61*, Johnston, IA	1:36:45	9:40
266	41 M40	Dwight Berns, 48, Altoona, IA	1:36:51	9:41
267	16 W50	Shelly Weatherby, 54*, Des Moines, IA	1:36:52	9:41
268	40 M30	Justin Frentress, 33, Altoona, IA	1:36:53	9:41
269	41 W40	Theresa Newton, 41*, Des Moines, IA	1:36:59	9:42
270	41 W30	Liz Bomer, 34*, Altoona, IA	1:37:00	9:42
271	42 W30	Tiffany Bomer, 33*, Des Moines, IA	1:37:00	9:42
272	42 W40	Leah Hansen, 41*, Colfax, IA	1:37:04	9:42
273	17 W50	Heather Stilborn, 52*, Clive, IA	1:37:22	9:44
274	2 M70	Roger Kimball, 75, Grimes, IA	1:37:39	9:46
275	10 M60	Larry Farrell, 68, Des Moines, IA	1:37:39	9:46
276	43 W30	Melissa Lugar, 39*, West Des Moines, IA	1:37:51	9:47
277	42 M40	Tim Lugar, 42, West Des Moines, IA	1:37:52	9:47
278	18 W50	Tammy Newton, 52*, Carlisle, IA	1:37:53	9:47

279	11 M60	Brad Shipman, 60, Altoona, IA	1:38:04	9:48
280	44 W30	Holly Tucker, 35*, Des Moines, IA	1:38:05	9:48
281	21 W20	Rachel Peterson, 23*, Des Moines, IA	1:38:11	9:49
282	43 W40	Sarah DeAngelis, 49*, Des Moines, IA	1:38:12	9:49
283	45 W30	Bonita Steinhelper, 39*, Altoona, IA	1:38:12	9:49
284	46 W30	Christina A Littler, 37*, Cedar Rapids, IA	1:38:27	9:51
285	43 M40	John Buzzoni, 41, Polk City, IA	1:38:30	9:51
286	44 W40	Kim Riley, 46*, West Des Moines, IA	1:38:33	9:51
287	19 W50	Charlette Jacobs, 52*, West Des Moines, IA	1:38:46	9:53
288	12 M60	Steve Floyd, 66, Clive, IA	1:38:58	9:54
289	47 W30	Ellen Wade, 31*, Pleasant Hill, IA	1:39:23	9:56
290	48 W30	Mollie Fahrman, 36*, Ankeny, IA	1:39:42	9:58
291	20 W50	Barb Baker, 54*, Grinnell, IA	1:39:44	9:58
292	44 M40	Jesper Andersson, 40, West Des Moines, IA	1:39:52	9:59
293	36 M50	Charles Long, 52, Ames, IA	1:39:53	9:59
294	45 W40	Kari Anderson, 41*, Johnston, IA	1:39:54	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
295	45 M40	Joseph Frentress, 42, Pleasant Hill, IA	1:40:23	10:02
296	46 W40	Laura Bidingier, 46*, West Des Moines, IA	1:40:37	10:04
297	49 W30	Julianna Tunney, 32*, Des Moines, IA	1:40:38	10:04
298	21 W50	Julia Tentinger, 50*, Norwalk, IA	1:40:59	10:06
299	50 W30	Claire Richmond, 31*, Des Moines, IA	1:41:00	10:06
300	22 W50	Lori Burmeister, 51*, Clive, IA	1:41:05	10:06
301	51 W30	Jennifer Greenleaf, 34*, Urbandale, IA	1:41:06	10:07
302	52 W30	Brookann Barkley, 35*, Des Moines, IA	1:41:09	10:07
303	23 W50	Kate O'Connor, 51*, Des Moines, IA	1:41:19	10:08
304	24 W50	Julia Batten, 59*, Carlisle, IA	1:41:35	10:09
305	37 M50	Tom Miller, 51, West Des Moines, IA	1:41:44	10:10
306	22 W20	Rachael Baethke, 29*, Windsor Heights, IA	1:42:06	10:13
307	47 W40	Heather Behrends, 47*, West Des Moines, IA	1:42:19	10:14
308	4 W60	Mona Bleeker, 60*, Steamboat Rock, IA	1:42:55	10:17
309	5 W60	Celeste Egger, 61*, Windsor Heigh, IA	1:43:07	10:19
310	48 W40	Angela Tewfik, 41*, Grimes, IA	1:43:07	10:19
311	49 W40	Polly Brooks, 42*, West Des Moines, IA	1:43:37	10:22
312	53 W30	Rebecca Lienau, 36*, West Des Moines, IA	1:43:38	10:22
313	38 M50	Patrick Weepie, 54, Altoona, IA	1:44:02	10:24
314	39 M50	Todd Rowland, 50, Knoxville, IA	1:44:04	10:24
315	46 M40	Dan McElroy, 42, West Des Moines, IA	1:44:11	10:25
316	13 M60	Dennis Howard, 61, Des Moines, IA	1:44:19	10:26
317	14 M60	Tim Devick, 65, Urbandale, IA	1:44:56	10:30
318	54 W30	RaeAnn Skeers, 36*, West Des Moines, IA	1:44:58	10:30
319	50 W40	Kelley Neumann, 47*, West Des Moines, IA	1:44:58	10:30
320	40 M50	Arch Allison, 52, Waukee, IA	1:45:06	10:31
321	51 W40	Kimberly Majors, 47*, Ankeny, IA	1:45:23	10:32
322	52 W40	Julie Kneale, 46*, Des Moines, IA	1:46:01	10:36
323	41 M50	Travis Kneale, 51, Des Moines, IA	1:46:01	10:36
324	47 M40	Jamie Lawler, 47, West Des Moines, IA	1:46:14	10:37
325	55 W30	Tara Bogner, 35*, West Des Moines, IA	1:46:20	10:38
326	25 W50	Amy Welch, 56*, Ames, IA	1:46:22	10:38
327	26 W50	Colleen De Bruin, 55*, Urbandale, IA	1:46:32	10:39
328	56 W30	Jessica Durand, 34*, Des Moines, IA	1:47:02	10:42
329	53 W40	Terri Hogan, 40*, Ankeny, IA	1:47:11	10:43
330	27 W50	Brenda Auxier-Mailey, 57*, Windsor Heigh, IA	1:47:18	10:44
331	57 W30	Kathleen Matthews, 32*, Des Moines, IA	1:47:25	10:44
332	15 M60	Tom Farr, 63, Des Moines, IA	1:47:26	10:45
333	58 W30	April Fleischman, 36*, West Des Moines, IA	1:48:14	10:49
334	54 W40	Jennifer Margrett, 44*, Ames, IA	1:48:17	10:50

335	41 M30	Charlie Notheis, 34, Waukee, IA	1:49:13	10:55
336	59 W30	Beth Jones, 38*, West Des Moines, IA	1:49:14	10:55
337	60 W30	Meg Alessio, 38*, West Des Moines, IA	1:49:21	10:56
338	28 W50	Dawn Wellman, 51*, Johnston, IA	1:49:34	10:57
339	16 M60	Mark Hacker, 61, Des Moines, IA	1:49:44	10:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				

340	61 W30	Stephanie Filer, 32*, Des Moines, IA	1:50:38	11:04
341	23 W20	Mallory Wells, 29*, Indianola, IA	1:51:17	11:08
342	62 W30	Jennifer Ballenger, 37*, Des Moines, IA	1:52:07	11:13
343	63 W30	Sarah Farley, 38*, Urbandale, IA	1:52:09	11:13
344	55 W40	Jody Kiehne, 48*, Urbandale, IA	1:52:51	11:17
345	3 M70	Bill Lawless, 72, Des Moines, IA	1:54:20	11:26
346	56 W40	Tramelle Chandler, 48*, Norwalk, IA	1:56:15	11:37
347	4 M70	Arlo Van Diest, 74, Webster City, IA	1:58:47	11:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				

348	57 W40	Rebecca Campbell, 40*, Norwalk, IA	2:02:32	12:15
349	64 W30	Cindy Meyer, 38*, Des Moines, IA	2:02:32	12:15
350	42 M30	Rick Brcka, 39, Altoona, IA	2:05:13	12:31
351	24 W20	Kaitlin Dilsaver, 24*, Des Moines, IA	2:05:13	12:31
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				

352	29 W50	Malette Kent, 53*, Des Moines, IA	2:12:00	13:12
353	42 M50	David Kent, 54, Des Moines, IA	2:12:00	13:12

* indicates females

8 finishers among Males (no age given)

1 finishers among Men Under 20

14 finishers among Men 20 - 29

42 finishers among Men 30 - 39

47 finishers among Men 40 - 49

42 finishers among Men 50 - 59

16 finishers among Men 60 - 69

4 finishers among Men 70 & Up

24 finishers among Women 20 - 29

64 finishers among Women 30 - 39

57 finishers among Women 40 - 49

29 finishers among Women 50 - 59

5 finishers among Women 60 - 69

174 male finishers

179 female finishers

353 total finishers

Return to [home page](#).