

Viking 5 km**Grand View University, Des Moines, IA****Oct. 3, 2009**

cool and overcast

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME	PACE
1		Jeff Weber, 26, Des Moines, IA	16:51	5:25
2	1 M35	Luke Spencer, 38, Des Moines, IA	17:53	5:45
3	1 M30	Edward Vetter, 30, Des Moines, IA	18:10	5:51
4	1 M20	Nick Newbury, 20, Student Male	18:28	5:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
5	2 M20	Nick Newbury, 20	18:58	6:06
6	3 M20	Alan Paton, 20, Des Moines, IA	19:17	6:12
7		Inigo Ibarra, Johnston, IA	19:38	6:19
8	1 M40	Kevin Cline, 43, Grimes, IA	19:45	6:21
9	4 M20	Cory McElree, 22, Des Moines, IA	20:07	6:28
10	1 M45	Chad Wagener, 45, Ankeny, IA	20:10	6:29
11	1 JrM	Quinn Prescott, 14, Urbandale, IA	20:43	6:40
12	1 M50	Joseph Gobeli, 50, Altoona, IA	20:46	6:41
13	2 M40	David Saunders, 41, Des Moines, IA	21:35	6:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
14	5 M20	Matthew Moklestad, 21, Des Moines, IA	21:52	7:02
15	2 M35	Lyle Erickson, 35, Des Moines, IA	21:59	7:04
16	3 M40	Brett Shaffer, 43, Wdm, IA	22:05	7:06
17	2 M45	Mike Quick, 47	22:11	7:08
18	1 M55	Stephen Taylor, 58, Monroe, IA	22:14	7:09
1		Tami Prescott, 42*, Urbandale, IA	22:17	7:10
19	6 M20	Mark Gurwell, 21, Des Moines, IA	22:30	7:14
20	2 M50	Jack Thompson, 50, Norwalk, IA	23:17	7:29
21	3 M50	Greg Madison, 54	23:20	7:31
22	1 M25	Brandon West, 26, Council Blfs, IA	23:30	7:34
2	1 W30	Macenzie Rubin, 32*, Ankeny, IA	23:39	7:37
23	2 JrM	Noah Schmitt, 11, Des Moines, IA	23:43	7:38
24	3 M35	Terrence Clark, 38, Des Moines, IA	23:54	7:41
25	3 M45	Lewis Yacinich, 46, Urbandale, IA	23:59	7:43
26	4 M40	Jeffrey Kohne, 43, Ankeny, IA	24:00	7:43
27	7 M20	Matt Smalley, 21, Des Moines, IA	24:05	7:45
3	2 W30	Andrea Schaben, 32*, Harlan, IA	24:17	7:49
28	2 M25	Lucas Casey, 26, Windsor Hts, IA	24:20	7:50
4	1 W20	Brittany Riley, 22*, Des Moines, IA	24:37	7:55
5	1 W35	Jane Schmitt, 37*, Des Moines, IA	24:41	7:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
29	4 M45	James Arthur, 45, Des Moines, IA	25:13	8:07
6	1 W25	Briana Hahn, 27*, Wdm, IA	25:24	8:10
7		Christina Miranda*, Grimes, IA	25:25	8:11
8	2 W20	Carly Thompson, 23*, Wdm, IA	25:26	8:11
30	8 M20	Zachary Cassler, 22, Altoona, IA	25:26	8:11
31	2 M30	Jason Bauer, 33, Wdm, IA	25:34	8:14
9	3 W20	Jessie Smith, 20*, Urbandale, IA	25:58	8:21
32	4 M35	Matthew Plowman, 38, Polk City, IA	26:06	8:24

33	3	JrM Grant Acoymo, 11, Ankeny, IA	26:13	8:26
10	2	W35 Wendy Bryant, 39*, Clive, IA	26:37	8:34
11	1	W50 Susan Duoblys, 54*	26:47	8:37
12	2	W25 Laura Monaghan, 25*, MaSon City, IA	26:49	8:38
13	3	W30 Jeni Sundermeyer, 34*	26:53	8:39
14	4	W20 Ashten De Goey, 21*, Pleasantville, IA	27:00	8:41
34	5	M45 Brian Hahn, 45, Wdm, IA	27:10	8:45
15	4	W30 Jessica Keehn, 30*, Des Moines, IA	27:15	8:46
35	6	M45 Jay Prescott, 46, Urbandale, IA	27:17	8:47
36	5	M35 Adam Jerdee, 36, Wdm, IA	27:20	8:48
37	6	M35 Aaron Hohl, 35, Alumnus Male	27:25	8:49
16	1	W45 Sally Finder-Koziol, 46*, Altoona, IA	27:30	8:51
38	3	M25 Aaron Hahn, 28, Wdm, IA	27:31	8:51
17	5	W20 Mary Tomlinson, 22*, Berwick, IA	27:31	8:51
39	5	M40 Davood Kolbehdari, 44, Ankeny, IA	27:34	8:52
18	1	W15 Libby Sheets, 17*, Urbandale, IA	27:40	8:54
19	2	W15 Ashley Flowers, 19*, Des Moines, IA	27:42	8:55
20	3	W25 Emily Buckles, 25*, Ankeny, IA	27:44	8:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

40	7	M45 Wayne Ostergaard, 46, Des Moines, IA	28:01	9:01
41	4	M50 Michael McElree, 54, Alumnus Male	28:09	9:04
21	1	W55 Elaine Lindaman, 55*, Wdm, IA	28:28	9:10
42	7	M35 Joshua Broughton, 35, Des Moines, IA	28:33	9:11
43	6	M40 Allen Kratz, 40, Des Moines, IA	28:33	9:11
44	3	M30 Jason Rosa, 30, Pleasant Hill, IA	28:41	9:14
22	2	W55 Sandra Sparks, 56*, Norwalk, IA	28:54	9:18
23	4	W25 Jordan Smith, 26*	28:58	9:19
24	5	W25 Tonya Patrick, 28*, Des Moines, IA	29:00	9:20
25	2	W45 Rebecca Van Baale, 48*, Newton, IA	29:03	9:21
26	6	W20 Marissa Miller, 20*, Des Moines, IA	29:09	9:23
45	9	M20 Jason Ostergaard, 21, Des Moines, IA	29:09	9:23
27	7	W20 Angela Schraeder, 24*, Des Moines, IA	29:11	9:24
28	3	W45 Linda Rogers, 49*, Des Moines, IA	29:17	9:26
29	8	W20 Sheila Finnell, 21*, Winfield, IA	29:20	9:26
46	4	M25 Nathan White, 25, Des Moines, IA	29:29	9:29
30	9	W20 Sarah Buckles, 22*, Ankeny, IA	29:47	9:35
31	1	W60 Linda Sowers, 60*, Ankeny, IA	29:52	9:37
32	3	W15 Anna Arnold, 19*, Des Moines, IA	30:00	9:39
33	6	W25 Nicole Potter, 28*, Pleasant Hill, IA	30:04	9:41
47	8	M45 Edmund Acoymo, 45, Ankeny, IA	30:13	9:43
34	5	W30 Stephanie Wright, 31*, Alumnus Female	30:16	9:44
48	5	M25 Tim Maher, 29	30:16	9:44
35	6	W30 Bonita Bontrager, 30*, Des Moines, IA	30:18	9:45
36	4	W15 Melissa Harris, 19*, Geneva, IA	30:27	9:48
37	7	W25 Heather Rosewall, 27*, Des Moines, IA	30:28	9:48
38	2	W60 Sonja Hanson, 61*, Ankeny, IA	30:38	9:52
39	1	W40 Christine Wilson, 42*, Des Moines, IA	30:44	9:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

40	2	W50 Connie Wright, 54*, Ira, IA	31:12	10:02
49	1	M60 Harry Breaux, 60, Des Moines, IA	31:21	10:05
41	3	W50 LuAnn Ostergaard, 50*, Des Moines, IA	31:42	10:12
50	7	M40 Chad Christensen, 40, Des Moines, IA	31:55	10:16
42	5	W15 Emily Gilbert, 19*, Prairie City, IA	32:00	10:18
43	10	W20 Kayla Donahue, 20*, Des Moines, IA	32:00	10:18
44	8	W25 Amanda Doyle, 28*, Altoona, IA	32:14	10:22
45	9	W25 Autumn Luce, 27*, Des Moines, IA	32:16	10:23
46	11	W20 Heidi Gibson, 22*, Urbandale, IA	32:19	10:24
47	6	W15 Lindsay Wilcox, 17*	32:20	10:24
48	12	W20 Ashley Schiermeister, 24*, Altoona, IA	32:30	10:27
49	10	W25 Nicole Fitch, 28*, Altoona, IA	32:30	10:28
51	8	M35 Michael Luce, 36, Des Moines, IA	32:34	10:29
50	3	W55 Cathy Brent, 55*, Ankeny, IA	32:38	10:30
51	3	W35 Bonnie Christensen, 38*, Des Moines, IA	32:51	10:34

52	2	W40 Deanna Breeding, 41*, Des Moines, IA	32:56	10:36
53	7	W15 Jamie Gillman, 19*, Des Moines, IA	32:56	10:36
54	11	W25 Jennifer Grochala, 26*, Alumnus Female	32:58	10:36
55	13	W20 Kara Wall, 24*, Alumnus Female	33:01	10:38
52	2	M55 Richard Brent, 56, Ankeny, IA	33:17	10:43
53	3	M55 Bennett Hanson, 56, Ankeny, IA	33:25	10:45
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

56	8	W15 Maggie Pestotnik, 19*, Des Moines, IA	34:13	11:01
57	9	W15 Ashley Houston, 19*, Des Moines, IA	34:25	11:05
58	14	W20 Ashlee Martin, 20*, Des Moines, IA	34:26	11:05
59	10	W15 Meagan Belieu, 19*, Wdm, IA	35:39	11:28
60	15	W20 Jennifer Reed, 20*, Des Moines, IA	35:39	11:28
61	11	W15 Katie King, 19*, Altoona, IA	35:40	11:29
54	4	JrM Lucas Langevin, 11	36:38	11:47
62	4	W35 Nan Langevin, 36*, Urbandale, IA	36:39	11:48
63	12	W25 Rachael Owens, 28*, Des Moines, IA	36:50	11:51
64	4	W50 Dayna West, 52*, Pleasant Hill, IA	37:11	11:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

65	4	W55 Grace Turner, 58*, Urbandale, IA	37:29	12:04
66	5	W35 Christy Olson, 38*, Martensdale, IA	37:36	12:06
67	7	W30 Jessica Kilker, 33*, Waukee, IA	37:50	12:11
55	10	M20 Russell Place, 23, Norwalk, IA	38:27	12:22
68	3	W40 Felicitas Avendano, 40*, Ames, IA	38:33	12:24
69	16	W20 Heidi Savage, 24*, Des Moines, IA	38:55	12:31
70	8	W30 Kim Welch, 30*, Altoona, IA	39:29	12:42
71	12	W15 Jessica Knoll, 19*, Student Female	39:33	12:44
72	13	W25 Shannon Boehm, 26*, Grimes, IA	39:45	12:48
73	14	W25 Erin Herbold, 29*	39:46	12:48
74	15	W25 Sharon Fife, 28*, Des Moines, IA	39:59	12:52
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

75	5	W55 Marcia Schoeppner, 57*, Des Moines, IA	42:29	13:40
56	5	M50 Dean Schoeppner, 51, Des Moines, IA	42:29	13:40
76	9	W30 Amanda Clark, 31*	42:30	13:40
57	9	M45 David Koziol, 46, Altoona, IA	42:48	13:47
77	4	W45 Cindy Turner, 48*	43:04	13:52
78	16	W25 Abeny Chinkok, 27*, Des Moines, IA	43:27	13:59
79	10	W30 Keri Guerdet, 31*	43:28	13:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

58	6	M25 Kyle Wonders, 25, Des Moines, IA	44:13	14:14
80	17	W25 Lindsey Roberts, 25*, Des Moines, IA	44:14	14:14
59	5	JrM Thaddeus Breitsprecker, 9, Altoona, IA	44:32	14:20
81	6	W35 Heidi Breitsprecker, 39*, Altoona, IA	44:33	14:20
82	11	W30 Julie Schumer, 33*, Ames, IA	45:30	14:39
83	18	W25 Lindsey Irlmeier, 26*, Ankeny, IA	45:30	14:39
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

60	11	M20 Jeffrey Rost, 21, Des Moines, IA	46:38	15:00
61	9	M35 Alejandro Piedras, 36, Des Moines, IA	46:39	15:01
84	5	W45 Lisa Schiermeister, 46*, Webster City, IA	46:40	15:01
85	5	W50 Luann Johnson, 53*	46:40	15:01
62	4	M55 Bob Emley, 56, Urbandale, IA	47:47	15:23
86		Louise Scott*, Fayette, IA	47:47	15:23
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

87		Mary Elizabeth Stivers*, Des Moines, IA	51:13	16:29
88	6	W55 Carol Voss, 58*, Runnells, IA	51:38	16:37
89	17	W20 Stephanie Voss, 20*, Runnells, IA	51:38	16:37
90	7	W55 Sue Lande, 55*	51:48	16:40
63	2	M60 Harold Lande, 61, Huxley, IA	51:49	16:41
64	1	M15 Isaac Schwab, 19, Johnston, IA	51:57	16:43
91	18	W20 Victoria Brady, 21*, Student Female	51:58	16:43
92	6	W50 Cindy Brady, 50*, Alumnus Female	51:59	16:44

93	7	W50 Debey Schwab, 53*, Johnston, IA	51:59	16:44
94	12	W30 Josephine Wetzler, 32*, Elkhart, IA	52:23	16:51
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
95	19	W20 Dottie Vanderhyde, 20*, Des Moines, IA	57:05	18:22
96	13	W30 Carey Gorla, 32*, Des Moines, IA	57:06	18:23
97	20	W20 Natalie Wise, 20*, Des Moines, IA	57:08	18:23

"*" indicates females

5 finishers among Men 14 & Under

1 finishers among Men 15 - 19

11 finishers among Men 20 - 24

6 finishers among Men 25 - 29

3 finishers among Men 30 - 34

9 finishers among Men 35 - 39

7 finishers among Men 40 - 44

9 finishers among Men 45 - 49

5 finishers among Men 50 - 54

4 finishers among Men 55 - 59

2 finishers among Men 60 - 64

12 finishers among Women 15 - 19

20 finishers among Women 20 - 24

18 finishers among Women 25 - 29

13 finishers among Women 30 - 34

6 finishers among Women 35 - 39

3 finishers among Women 40 - 44

5 finishers among Women 45 - 49

7 finishers among Women 50 - 54

7 finishers among Women 55 - 59

2 finishers among Women 60 - 64

64 male finishers

97 female finishers

161 total finishers

[Top](#)

Return to [home page](#).