

22nd Especially for You 5 Kilometer - RUN Age Division**Mercy Hospital - Cedar Rapids, IA****Oct. 7, 2012**

30s and Sunny

Results by Cal Murdock

[5K Run
Overall](#)[5K Run Age
Group](#)[1 Mile](#)[5K Walk
Overall](#)[5K Walk
Age Group](#)

Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE	FINISHER	TIME
Open Men			
1	1 M30	Matt Thede, 34, Ely, IA	17:28
2	2 JrM	Jacob Schmitt, 17, Marion, IA	17:41
3	3 JrM	Addison Furry, 15, Cedar Rapids, IA	17:53
4	4 M40	Michael Hughes, 45, Cedar Rapids, IA	18:11
5	5 M20	Ben Moews, 21, Keosauqua, IA	18:44
6	6 M30	Austin Allen, 38, Cedar Rapids, IA	18:58
7	7 M20	Derek Sondag, 25, Coralville, IA	19:02
8	8 M20	Joe Noller, 27, Cedar Rapids, IA	19:16
9	9 JrM	Nathan Ingram, 16, Altoona, IA	19:50
10	10 JrM	Geff Williams, 16, Olin, IA	20:03

Open Women			
1	1 W30	Erin Moeller, 35, Cedar Rapids, IA	17:45
2	2 W30	Carolyn Plaza, 31, Cedar Rapids, IA	20:17
3	3 W20	Sarah Ritchie, 22, Cedar Rapids, IA	20:26
4	4 W30	Hallie Evans, 37, New Albin, IA	20:38
5	5 W20	Erica Spies, 27, North Liberty, IA	21:14
6	6 W30	Patches Breed, 37, Wilton, IA	21:16
7	7 W20	Rachel Timmer, 26, Lemars, IA	21:25
8	8 W30	Lisa Christensen, 32, Cedar Rapids, IA	21:36
9	9 W50	Jane McGee, 50, Hiawatha, IA	21:39
10	10 W30	Melinda Slings, 32, Palo, IA	21:47

PLACE	CLASS PLACE	FINISHER	TIME
Men Under 20			
2	1	Jacob Schmitt, 17, Marion, IA	17:41
3	2	Addison Furry, 15, Cedar Rapids, IA	17:53
9	3	Nathan Ingram, 16, Altoona, IA	19:50
10	4	Geff Williams, 16, Olin, IA	20:03
16	5	Ethan Wykert, 19, Wapello, IA	20:24
Men 20 - 29			
5	1	Ben Moews, 21, Keosauqua, IA	18:44
7	2	Derek Sondag, 25, Coralville, IA	19:02
8	3	Joe Noller, 27, Cedar Rapids, IA	19:16
11	4	Nathan Specht, 29, Cedar Rapids, IA	20:08
12	5	Jacob Bawek, 25, Cedar Rapids, IA	20:21
Men 30 - 39			
1	1	Matt Thede, 34, Ely, IA	17:28

6	2	Austin Allen, 38, Cedar Rapids, IA	18:58
14	3	Douglas Sweeney, 30, Cedar Rapids, IA	20:22
18	4	Justin Ross, 33, Marion, IA	20:40
20	5	John Dirks, 30, Anamosa, IA	21:02

Men 40 - 49

4	1	Michael Hughes, 45, Cedar Rapids, IA	18:11
15	2	Louie Ervin, 40, Cedar Rapids, IA	20:23
21	3	Chris Engen, 40, Central City, IA	21:02
23	4	Ted Smith, 45, Cedar Rapids, IA	21:15
26	5	Mark Heffernan, 46, Palo, IA	21:23

Men 50 - 59

30	1	Jim Hall, 51, Cedar Rapids, IA	21:33
38	2	Tom Loch, 55, Cedar Rapids, IA	21:45
41	3	James Shell, 53, Cedar Rapids, IA	21:50
43	4	Keith Kenel, 51, Cedar Rapids, IA	22:01
53	5	Kelly Malone, 52, Central City, IA	22:34

Men 60 - 69

17	1	Tom Wolfe, 64, North Liberty, IA	20:38
76	2	Claudia Scott, 61, Marion, IA	23:48
134	3	Fred Koontz, 64, Cedar Rapids, IA	25:48
139	4	Dan Tucker, 61, Cedar Rapids, IA	26:04
348	5	John Watson, 64, Cedar Rapids, IA	34:04

PLACE	CLASS	FINISHER	TIME
PLACE	PLACE		

Women Under 20

12	1	Katelyn Gloeckner, 13, Springville, IA	21:58
13	2	Laura Feld, 13, Cedar Rapids, IA	22:06
18	3	Holly Wisnousky, 17, Fairfax, IA	22:25
19	4	Madison Bach, 14, Cedar Rapids, IA	22:26
31	5	Kelsey Kupka, 18, Toledo, IA	23:05

Women 20 - 29

3	1	Sarah Ritchie, 22, Cedar Rapids, IA	20:26
5	2	Erica Spies, 27, North Liberty, IA	21:14
7	3	Rachel Timmer, 26, Lemars, IA	21:25
11	4	Elizabeth Steele, 28, Norway, IA	21:55
14	5	Kelly Drake, 22, Cedar Rapids, IA	22:09

Women 30 - 39

1	1	Erin Moeller, 35, Cedar Rapids, IA	17:45
2	2	Carolyn Plaza, 31, Cedar Rapids, IA	20:17
4	3	Hallie Evans, 37, New Albin, IA	20:38
6	4	Patches Breed, 37, Wilton, IA	21:16
8	5	Lisa Christensen, 32, Cedar Rapids, IA	21:36

Women 40 - 49

15	1	Amy Dudgeon, 40, Cedar Rapids, IA	22:21
22	2	Sara Todd, 49, Cedar Rapids, IA	22:46
24	3	Leigh Walker Cook, 43, Robins, IA	22:48
30	4	Anne Tallett, 44, Cedar Rapids, IA	23:04
37	5	Lucinda Moews, 41, Keosauqua, IA	23:36

Women 50 - 59

9	1	Jane McGee, 50, Hiawatha, IA	21:39
47	2	Julie Pedrick, 51, North Liberty, IA	24:03
52	3	Patricia Kenel, 52, Cedar Rapids, IA	24:17
61	4	Debby Hildebrand, 50, Hiawatha, IA	24:41
92	5	Julie Rosenberg, 54, Cedar Rapids, IA	25:41

Women 60 - 69

174	1	Mary Johnston, 65, Cedar Rapids, IA	27:19
180	2	Kristi Munford, 61, Marion, IA	27:31
243	3	Vicki Archibald, 61, Cedar Rapids, IA	28:38
277	4	Mary Ann Fahrenkrug, 67, Davenport, IA	29:27
291	5	Shari Hintermeister, 61, North Liberty, IA	29:40

Women 70 & Up

172	1	Marilyn Wickenkamp, 77, Newton, IA	27:18
981	2	Tom Baltisberger, 70, Ce	

Return to [home page.](#)