

Rustic Run 4 Mile

Lost Nation, IA

July 17, 2021

Sunny 70°, NE 2 MPH, Humidity 88%
Results by B & W Racing Services

CLASS	PLACE	FINISHER	TIME	PACE
Open Men				
1	1	M30 Luke Anderson, 33, Rock Island, IL	25:05	6:16
2	2	M40 Luke Webinger, 45, Lost Nation, IA	29:43	7:26
3	3	M40 Brent Ihns, 47, Lost Nation, IA	32:21	8:05
4	4	M30 Matt Clevenger, 32, Rapids City, IL	34:30	8:37
5	5	M30 Aaron Healy, 38, De Witt, IA	34:39	8:40
6	6	JrM Rylan Paulsen, 6, Lost Nation, IA	34:43	8:41
7	7	M40 Josh Spicer, 45, De Witt, IA	34:48	8:42
8	8	JrM Emmett Gilroy, 6, , IA	34:50	8:42
9	9	M50 Kevin Rice, 59, , IA	36:22	9:05
10	10	JrM Aidan Yaddof, 13, Calamus, IA	36:51	9:13
11	11	M20 Ryne Gruenwald, 20, , IA	36:54	9:13
12	12	M30 Michael Armbruster, 39, Maquoketa, IA	38:13	9:33
13	13	JrM Mason Mohr, 13, Wheatland, IA	39:00	9:45
14	14	M30 Joe Fecht, 36, Central City, IA	39:02	9:45
15	15	M70 Russ Hart, 73, Blue Grass, IA	39:20	9:50
16	16	M70 Tim Titus, 61, Parchment, MI	41:23	10:21
17	17	JrM George Hu, 12, Marion, IA	41:50	10:27
18	18	M50 Tim Cahill, 54, Lisbon, IA	44:46	11:11
19	19	M70 Don Fish, 71, Davenport, IA	44:57	11:14
20	20	M70 Richard Spinler, 68, Eldridge, IA	57:25	14:21
21	21	M20 Will Horstmann, 26, Sevierville, TN	57:55	14:29
22	22	M70 James Cleary, 64, Delhi, IA	58:00	14:30
23	23	M70 Charles Potter, 72, Muscatine, IA	1:01:46	15:26

Open Women

1	1	JrW Noelle Steines, 14, Calamus, IA	26:47	6:42
2	2	W40 Jessica Steines, 40, Calamus, IA	26:47	6:42
3	3	JrW Izzy Hardin, 13, Delmar, IA	30:06	7:31
4	4	W40 Jenny Mohr, 47, Wheatland, IA	32:34	8:08
5	5	JrW Miranda Rickels, 15, Lost Nation, IA	32:51	8:13
6	6	W30 Chelsi Snead, 37, Anamosa, IA	32:56	8:14
7	7	W30 Julie Anderson, 39, Rock Island, IL	34:01	8:30
8	8	JrW Kennington Telsrow, Sr, Tipton, IA	34:14	8:33
9	9	W40 Theresa Wood, 40, Davenport, IA	34:46	8:41
10	10	W30 Teryn Crist, 37, Lost Nation, IA	35:29	8:52
11	11	W30 Karleen Looney, 35, Lost Nation, IA	36:17	9:04
12	12	W20 Madison Cousins, 26, Grand Mound, IA	36:32	9:08
13	13	W16 Alexandria Mamros, 18, Le Claire, IA	37:39	9:25
14	14	W70 Lois Cahill, 61, Lisbon, IA	39:37	9:54
15	15	W30 Rachel Skoff, 35, De Witt, IA	41:18	10:19
16	16	JrW Rachel Spicer, 15, De Witt, IA	42:13	10:33
17	17	W16 Kyleen Irwin, 19, DeWitt, IA	42:48	10:42
18	18	W30 Mary Burmeister, 32, Clinton, IA	42:52	10:43
19	19	W20 Katie Irwin, 25, DeWitt, IA	42:56	10:44
20	20	W40 Jodi Bright, 43, Jim Falls, WI	43:59	11:00
21	21	W30 Jenica Minor, 30, Cedar Rapids, IA	44:23	11:06
22	22	W40 Melissa Riedesel, 42, Wheatland, IA	45:06	11:16
23	23	W30 Jenna Spain, 34, Delmar, IA	47:22	11:50
24	24	W20 Kavla Minor, 28, Lost Nation, IA	50:45	12:41
25	25	W30 Michelle Braswell, 31, Charlotte, IA	52:24	13:06
26	26	W20 Stephany Richardson, 28, De Witt, IA	1:03:29	15:52

CLASS	PLACE	FINISHER	TIME	PACE
Men Under 16				
6	1	Rylan Paulsen, 6, Lost Nation, IA	34:43	8:41
8	2	Emmett Gilroy, 6, , IA	34:50	8:42
10	3	Aidan Yaddof, 13, Calamus, IA	36:51	9:13
13	4	Mason Mohr, 13, Wheatland, IA	39:00	9:45
17	5	George Hu, 12, Marion, IA	41:50	10:27
Men 20 - 29				
11	1	Ryne Gruenwald, 20, , IA	36:54	9:13
21	2	Will Horstmann, 26, Sevierville, TN	57:55	14:29
Men 30 - 39				
1	1	Luke Anderson, 33, Rock Island, IL	25:05	6:16
4	2	Matt Clevenger, 32, Rapids City, IL	34:30	8:37
5	3	Aaron Healy, 38, De Witt, IA	34:39	8:40
12	4	Michael Armbruster, 39, Maquoketa, IA	38:13	9:33
14	5	Joe Fecht, 36, Central City, IA	39:02	9:45
Men 40 - 49				
2	1	Luke Webinger, 45, Lost Nation, IA	29:43	7:26
3	2	Brent Ihns, 47, Lost Nation, IA	32:21	8:05
7	3	Josh Spicer, 45, De Witt, IA	34:48	8:42
Men 50 - 59				
9	1	Kevin Rice, 59, , IA	36:22	9:05
18	2	Tim Cahill, 54, Lisbon, IA	44:46	11:11
Men 60 & Up				
15	1	Russ Hart, 73, Blue Grass, IA	39:20	9:50
16	2	Tim Titus, 61, Parchment, MI	41:23	10:21
19	3	Don Fish, 71, Davenport, IA	44:57	11:14
20	4	Richard Spinler, 68, Eldridge, IA	57:25	14:21
22	5	James Cleary, 64, Delhi, IA	58:00	14:30
23	6	Charles Potter, 72, Muscatine, IA	1:01:46	15:26

PLACE	CLASS	FINISHER	TIME	PACE
Women Under 16				
1	1	Noelle Steines, 14, Calamus, IA	26:47	6:42
3	2	Izzy Hardin, 13, Delmar, IA	30:06	7:31
5	3	Miranda Rickels, 15, Lost Nation, IA	32:51	8:13
8	4	Kennington Telsrow, Sr, Tipton, IA	34:14	8:33
16	5	Rachel Spicer, 15, De Witt, IA	42:13	10:33
Women 16 - 19				
13	1	Alexandria Mamros, 18, Le Claire, IA	37:39	9:25
17	2	Kyleen Irwin, 19, DeWitt, IA	42:48	10:42
Women 20 - 29				
12	1	Madison Cousins, 26, Grand Mound, IA	36:32	9:08
19	2	Katie Irwin, 25, DeWitt, IA	42:56	10:44
24	3	Kayla Minor, 28, Lost Nation, IA	50:45	12:41
26	4	Stephany Richardson, 28, De Witt, IA	1:03:29	15:52
Women 30 - 39				
6	1	Chelsi Snead, 37, Anamosa, IA	32:56	8:14
7	2	Julie Anderson, 39, Rock Island, IL	34:01	8:30
10	3	Teryn Crist, 37, Lost Nation, IA	35:29	8:52
11	4	Karleen Looney, 35, Lost Nation, IA	36:17	9:04
15	5	Rachel Skoff, 35, De Witt, IA	41:18	10:19
18	6	Mary Burmeister, 32, Clinton, IA	42:52	10:43
21	7	Jenica Minor, 30, Cedar Rapids, IA	44:23	11:06
23	8	Jenna Spain, 34, Delmar, IA	47:22	11:50
25	9	Michelle Braswell, 31, Charlotte, IA	52:24	13:06
Women 40 - 49				
2	1	Jessica Steines, 40, Calamus, IA	26:47	6:42
4	2	Jenny Mohr, 47, Wheatland, IA	32:34	8:08
9	3	Theresa Wood, 40, Davenport, IA	34:46	8:41
20	4	Jodi Bright, 43, Jim Falls, WI	43:59	11:00
22	5	Melissa Riedesel, 42, Wheatland, IA	45:06	11:16
Women 60 & Up				
14	1	Lois Cahill, 61, Lisbon, IA	39:37	9:54