

30TH MIDNIGHT MADNESS 10 KILOMETER

AMES, IOWA

July 7, 2001

93 DEGREES, HUMID

Results by CAL MURDOCK

10K Teams	10K Overall	5K Teams	5K Overall
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Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1	M25 Daniel Mugo, 26, Ames, IA	32:43	5:16
2	1	M20 Aaron Carrizales, 23, Lincoln, NE	32:51	5:17
3	2	M20 Eric Pierce, 24, Lino Lakes, Mn	33:14	5:21
4	2	M25 Jason Minnick, 28, Maple Grove, MN	33:41	5:25
5	3	M25 Josh Metcalf, 26, Worthington, MN	33:42	5:25
6	3	M20 Bruce Denton, 21, Omaha, NE	33:43	5:25
7	1	M40 Tim Schmid, 43, Holts Summit, MO	33:48	5:26
8	1	M15 Ben Fogarty, 19, Spencer, IA	33:53	5:27
9	4	M20 James Mullenix, 23, St. Paul, MN	34:11	5:30
10	5	M20 Jason Probasco, 23, Vermillion, SD	34:15	5:31
11	2	M40 Phil Kauder, 40, Cascade, IA	34:20	5:31
12	1	M30 Dave Dixon, 31, Sioux City, IA	34:23	5:32
13	4	M25 Derek Phillips, 28, Minneapolis, MN	34:35	5:34
14	5	M25 Nick Burrow, 26, Brookings, SD	34:41	5:35
15	2	M15 Christopher Jensen, 19, Mason City, IA	34:49	5:36
16	6	M20 Martin Wennblom, 22, Brookings, SD	34:55	5:37
17	7	M20 Evans Ondieki, 20, Ames, IA	34:57	5:37
18	8	M20 Greg Darbyshire, 22, Brookings, SD	35:18	5:41
19	3	M40 Keith Fevold, 43, Des Moines, IA	35:19	5:41
1	1	W30 Kris Ihle-Helledy, 32*, Oak Creek, WI	35:29	5:43
20	3	M15 Mark Kresowik, 17, Iowa City, IA	35:56	5:47
21	4	M40 Tom Zimmerman, 44, Farmington, MN	35:57	5:47
22	4	M15 Nate White, 17, Des Moines, IA	36:06	5:48
23	2	M30 Paul Danger, 30, Brookings, SD	36:16	5:50
24	1	M45 Marc Romine, 46, Holts Summit, MO	36:24	5:51
25	5	M40 Kevin Muilenburg, 40, Audubon, IA	36:27	5:52
26	3	M30 Luke Spencer, 30, Des Moines, IA	36:30	5:52
27	9	M20 Robert McGanry, 22, Onalaska, WI	36:33	5:53
28	6	M25 Russ Spangler, 29, St. Paul, MN	36:40	5:54
29	2	M45 Terry Stewart, 47, Brooklyn Park, MN	36:45	5:55
30	3	M45 Steve Moe, 47, New Ulm, MN	37:01	5:57
31	5	M15 Seth Ickowitz, 19, Des Moines, IA	37:02	5:58
32	6	M40 Kirt Goetzke, 40, Plymouth, MN	37:04	5:58
33	4	M45 Joseph Haynes, 46, Ames, IA	37:05	5:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
34	1	M35 Steve Younker, 36, Mason City, IA	37:50	6:05
35	10	M20 Tony Ekman, 20, Des Moines, IA	37:53	6:06
2	2	W30 Staci Bennett, 32*, White Bear Lake, MN	37:54	6:06
3	3	W30 Eve Rukavina, 33*, Minneapolis, MN	37:59	6:07
36	4	M30 Antoine Letoublon, 30, Ames, IA	38:12	6:09
37	11	M20 Nick White, 22, Des Moines, IA	38:18	6:10
38	12	M20 Chad Goldsmith, 23, North Liberty, IA	38:25	6:11
4	1	W35 Bonnie Sons, 35*, Shorewood, MN	38:35	6:13
5	1	W25 Marie Sample, 25*, Marshall, MN	38:41	6:13
39	6	M15 Tyler Fisher, 15, West Des Moines, IA	38:44	6:14
40	5	M45 Dave Fitz, 46, Ames, IA	38:46	6:14
41	5	M30 Chris Millikan, 32, Johnston, IA	38:51	6:15
42	13	M20 Ryan Kramer, 22, Atlantic, IA	39:12	6:18
43	6	M45 Dave Nauman, 45, Mason City, IA	39:14	6:19
44	14	M20 Brian Bell, 23, Des Moines, IA	39:18	6:19
6	2	W35 Karlene Herrell, 36*, Peru, IN	39:22	6:20
45	1	M55 Rick Hogan, 56, Kansas City, MO	39:22	6:20
46	7	M25 Jacob Jaerger, 25, Sioux City, IA	39:36	6:22
47	6	M30 Joe Marshall, 33, Granger, IA	39:42	6:23
7	1	W20 Mary Livengood, 22*, Omaha, NE	39:45	6:24
48	15	M20 Bryan Maher, 21, Indianola, IA	39:46	6:24
8	2	W20 Barbaa Breidenbach, 24*, Ames, IA	39:46	6:24

9	3	W35 Sharon Stubler, 36*, Minnetonka, MN	39:55	6:25
49	7	M45 John Weghorst, 46, Tebbets, MO	40:00	6:26
10	3	W20 Jana Gottschalk, 23*, Iowa City, IA	40:01	6:26
50	7	M15 Adam Harringa, 17, Harlontown, IA	40:07	6:27
51	8	M15 Tim Harder, 15, Mt Lake, MN	40:07	6:27
52	9	M15 Brett Sealine, 19, Jewell, IA	40:07	6:27
53	7	M40 Jeff Wubbena, 40, Fort Dodge, IA	40:08	6:27
54	1	M50 James La Plant, 50, Newton, IA	40:08	6:27
55	16	M20 Tim Ives, 20, Des Moines, IA	40:09	6:28
56	8	M40 Dan Ewan, 40, Lake Zurich, IL	40:15	6:29
11	4	W20 Jodi Smith, 22*, Ames, IA	40:15	6:29
57	8	M45 Mike Skopec, 45, Traer, IA	40:20	6:29
58	8	M25 Timothy Hardy, 26, St. Peter, MN	40:26	6:30
59	17	M20 Josh Magie, 21, Ames, IA	40:34	6:32
60	18	M20 Nic Wynia, 21, Iowa City, IA	40:40	6:33
61	19	M20 Douglas Besch, 21, Algona, IA	40:48	6:34
12	1	W15 Shannon Oster, 16*, Cedar Rapids, IA	40:51	6:34
62	20	M20 Aaron Sage, 21, Ames, IA	41:01	6:36
63	9	M40 Jim Glazer, 41, Burnsville, MN	41:04	6:36
64	2	M35 Jerry Beenken, 35, Dakota City, IA	41:05	6:37
65	10	M15 Nick Randles, 17, Highland Village, TX	41:17	6:39
13	4	W30 Lisa Ryan, 31*, Sioux City, IA	41:22	6:39
14	5	W30 Lisa Marshall, 33*, Granger, Ia	41:25	6:40
66	11	M15 Nate Smith, 18, Merrill, IA	41:34	6:41
67	12	M15 Quentin Kennedy, 15, Chariton, IA	41:34	6:41
68	9	M25 David Sample, 25, Marshall, MN	41:39	6:42
69	10	M25 Daniel Barker, 29, Ames, IA	41:39	6:42
70	13	M15 Craig Goldsmith, 19, Earlville, IA	41:48	6:44
15	5	W20 Kristen Nauman, 22*, Des Moines, IA	41:52	6:44
71	7	M30 Dan Austin, 32, Boone, IA	42:05	6:46
72	3	M35 Todd Haugen, 38, Story City, IA	42:09	6:47
16	6	W30 Christine Price, 32*, Des Moines, IA	42:10	6:47
73	10	M40 Stewart Baldner, 41, Dallas Center, IA	42:18	6:48
74	4	M35 Randall Webb, 39, Ames, IA	42:21	6:49
75	21	M20 George Mollner, 21, Brookings, SD	42:26	6:50
76	2	M50 Richard Martin, 52, Ames, IA	42:29	6:50
77	14	M15 Patrick Blair, 18, Dayton, IA	42:31	6:50
78	11	M25 Nathan Hebel, 26, Urbandale, IA	42:34	6:51
79	8	M30 Steve Dodge, 33, Storm Lake, IA	42:41	6:52
80	22	M20 Mark Simons, 24, Iowa City, IA	42:59	6:55
81	9	M30 Douglas Kendall, 33, Tracy, IA	43:08	6:56
82	15	M15 Tamim Mahayni, 16, Ames, IA	43:15	6:58
83	16	M15 Ben Gaul, 17, Ames, IA	43:22	6:59
84	11	M40 Keith Comfort, 43, Oskaloosa, IA	43:25	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
17	6	W20 Jessica Dober, 22*, Elkhorn, WI	43:35	7:01
85	23	M20 Mike Faschingbauer, 22, Bloomer Wi	43:36	7:01
18	2	W15 Dani Wagaman, 17*, Emerson, IA	43:44	7:02
86	10	M30 Patrick Owens, 31, Des Moines, IA	43:44	7:02
87	3	M50 Richard Sample, 51, Madison, SD	43:47	7:03
88	24	M20 Eric Evans, 24, Ames, IA	43:50	7:03
89	12	M40 Daniel Filip, 42, Cedar Rapids, IA	43:50	7:03
90	4	M50 Lex Dannenbring, 50, Parkersburg, IA	44:01	7:05
91	11	M30 Brian Palmer, 32, Des Moines, IA	44:07	7:06
19	1	W40 Vicki Nelson, 40*, Sioux Falls, SD	44:14	7:07
92	25	M20 Josh Thomas, 24, Ames, IA	44:15	7:07
93	13	M40 Bill Kettelkamp, 44, Marion, IA	44:16	7:07
94	26	M20 Andy Hollingsworth, 24, Ames, IA	44:28	7:09
20	3	W15 Beth Fischer, 19*, Wall Lake, IA	44:36	7:11
95	17	M15 Tom Vandenberg, 16, Lincoln, NE	44:40	7:11
21	7	W20 Ruby Bode, 21*, Ames, IA	44:43	7:12
96	18	M15 Eric Haugen, 18, Urbandale, IA	44:50	7:13
97	19	M15 Levi Smith, 16, Mason City, IA	44:51	7:13
98	20	M15 Tim Noxon, 19, Ames, IA	44:56	7:14
22	8	W20 Courtney Pleak, 24*, Harlan, IA	44:56	7:14
99	12	M30 Eric Hart, 34, Ames, IA	45:03	7:15
100	5	M50 Hendrik Vandenberg, 52, Lincoln, NE	45:07	7:16
101	13	M30 Will Stein, 32, Ames, IA	45:10	7:16
102	27	M20 Mike Ostreko, 21, Maryville, MO	45:10	7:16
23	4	W15 Kim Landau, 18*, Cedar Falls, IA	45:12	7:16
103	12	M25 Bill Stoffregen, 26, Ames, IA	45:16	7:17
24	4	W35 Beth Schweizer, 35*, Urbandale, IA	45:22	7:18
104	14	M40 Craig Hildreth, 43, Lytton, IA	45:26	7:19
25	1	W50 Gloria Jansen, 54*, Edina, MN	45:28	7:19
105	9	M45 Ted Sage, 45, Ames, IA	45:31	7:19
106	15	M40 Bob Saunders, 40, Ida Grove, IA	45:32	7:20
26	2	W40 Sue Boley, 44*, Maxwell, IA	45:37	7:20
107	13	M25 Chad Lee, 28, West Des Moines, IA	45:40	7:21
27	9	W20 Michelle Mudge, 24*, Des Moines, IA	45:43	7:21
108	14	M25 Erik Raker, 26, Chicago, IL	45:50	7:22
109	21	M15 Nathan Harder, 18, Mt Lake, MN	45:50	7:23

110	22	M15 David Bucklin, 15, Mt Lake, MN	45:52	7:23
111	15	M25 Andrew Lary, 28, Coralville, IA	46:00	7:24
112	16	M25 Christian Baum, 25, Ames, IA	46:06	7:25
	28	2 W25 Casey Orr, 29*, Des Moines, IA	46:06	7:25
	29	1 W45 Andriette Wickstrom, 46*, Storm Lake, IA	46:09	7:25
113	17	M25 Michael Manthey, 26, Buffalo, MN	46:12	7:26
114	16	M40 Brian Smith, 43, Redfield, IA	46:16	7:27
115	17	M40 Scott Boever, 41, Des Moines, IA	46:21	7:27
116	18	M40 Matt Weiss, 40, Ames, IA	46:22	7:28
117	14	M30 Jeffery Erickson, 34, Des Moines, IA	46:30	7:29
118	28	M20 Mike Barker, 24, Ames, IA	46:31	7:29
119	29	M20 Nicholas Ford, 20, Creston, IA	46:40	7:30
120	19	M40 Ron Hankins, 43, West Des Moines, IA	46:45	7:31
121	15	M30 Guy Paret, 32, Ankeny, IA	46:46	7:31
122	20	M40 Tom Gidlewski, 44, Ames, IA	46:48	7:32
123	16	M30 Jim Sneller, 32, Fort Dodge, IA	47:02	7:34
124	5	M35 Terry Lingner, 38, Grimes, IA	47:03	7:34
125	21	M40 Ken Wunsch, 41, Urbandale, IA	47:04	7:34
	30	7 W30 Joey Hullinger, 30*, Davis City, IA	47:07	7:35
126	22	M40 Michael Long, 41, Ames, IA	47:09	7:35
127	6	M35 Pat Baldus, 36, West Des Moines, IA	47:24	7:38
128	30	M20 Ross Miller, 20, Ames, IA	47:26	7:38
	31	5 W15 Katie Nauman, 16*, Mason City, IA	47:35	7:39
	32	10 W20 Kristin Buckley, 23*, Ames, IA	47:37	7:40
129	17	M30 Jason Soliday, 33, Des Moines, IA	47:41	7:40
130	23	M40 Gary Freese, 41, Johnston, IA	47:50	7:42
131	2	M55 Paul Metcalf, 55, Mt Lake, MN	47:55	7:43
	33	6 W15 Krystie Ratzlaff, 17*, Mt Lake, MN	47:55	7:43
132	7	M35 Dave Mable, 36, Urbandale, IA	48:00	7:43
133	24	M40 Brian Bachmann, 44, Iowa City, IA	48:01	7:44
134	25	M40 James McDonogh, 43, Rochester, WA	48:04	7:44
	34	8 W30 Cristen Vasquez, 30*, Des Moines, IA	48:10	7:45
	35	11 W20 Katie Kabe, 21*, Ames, IA	48:15	7:46
135	8	M35 Lance Van Vleet, 36, Indianola, IA	48:16	7:46
136	31	M20 Ryan Guard, 21, Radcliffe, IA	48:18	7:46
137	32	M20 Jason McReynolds, 20, Norwalk, IA	48:20	7:47
	36	9 W30 Cathy Blankenship, 33*, Johnston, IA	48:24	7:47
138	18	M30 Steven Janssens, 33, Des Moines, IA	48:29	7:48
139	23	M15 Phillip Lubeck, 19, Panora, IA	48:34	7:49
	37	3 W40 Linda Anderson, 41*, Ames, IA	48:40	7:50
140	19	M30 Steven Zrostlik, 33, Ames, IA	48:44	7:50
141	26	M40 Gary Stangland, 44, Cedar Rapids, IA	48:46	7:51
	38	5 W35 Lisa Springer, 35*, Fort Dodge, IA	48:47	7:51
142	9	M35 Dave Lenhart, 36, Ankeny, IA	48:52	7:52
143	24	M15 Skyler Nesheim, 16, Des Moines, IA	48:52	7:52
144	18	M25 Michael Carr, 28, Ames, IA	48:56	7:52
145	27	M40 Robert Parker, 42, Johnston, IA	49:00	7:53
	39	6 W35 Veronica McGee, 39*, Johnston, IA	49:01	7:53
146	1	M60 Rich Trochman, 64, Minnetonka, MN	49:02	7:53
147	20	M30 Kevin Barkema, 33, Conrad, IA	49:03	7:53
	40	2 W45 Kathleen Wendel, 46*, Ames, IA	49:04	7:54
148	10	M45 John Meyer Dr, 45, West Des Moines, IA	49:23	7:57
149	19	M25 Ross Palmer, 25, Clive, IA	49:29	7:58
150	33	M20 Adam Moeller, 23, Ames, IA	49:35	7:59
151	6	M50 Joel Beane, 54, Marshalltown, IA	49:39	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
	41	4 W40 Susan Ridenour, 43*, Des Moines, IA	49:44	8:00
	42	12 W20 Lisa Korleski, 20*, Lake City, IA	49:46	8:00
152	21	M30 Mike Bamrick, 33, Mason City, IA	49:47	8:01
153	10	M35 Dan Scheve, 37, Overland Park, KS	49:51	8:01
	43	7 W35 Mary Clark, 38*, Ames, IA	49:53	8:02
	44	10 W30 Beth Kruckenberg, 32*, Ames, IA	49:58	8:02
154	20	M25 Steve Klocke, 26, Urbandale, IA	49:59	8:03
	45	7 W15 Janelle Platts, 16*, Mason City, IA	50:00	8:03
155	7	M50 Lonnie Cleland, 52, Des Moines, IA	50:01	8:03
156	21	M25 Patrick McDermott, 28, Ankeny, IA	50:07	8:04
	46	13 W20 Lindsay Carpp, 22*, Urbandale, IA	50:08	8:04
157	8	M50 Don Lyle, 53, Vinton, IA	50:14	8:05
	47	3 W45 Mary Harris, 45*, Eagle Grove, IA	50:15	8:05
158	11	M35 David Beck, 37, Radcliffe, IA	50:21	8:06
159	11	M45 Steve Dittrich, 49, West Des Moines, IA	50:26	8:07
160	9	M50 Bruce Bachmann, 52, Cedar Rapids, IA	50:37	8:09
161	10	M50 Mark Iwig, 50, Johnston, IA	50:41	8:09
162	12	M35 Scott Boyle, 38, Mason City, IA	50:41	8:09
163	22	M25 Patrick Vilmont, 27, Des Moines, IA	50:44	8:10
164	25	M15 Jf Obrycki, 15, Ames, IA	50:51	8:11
	48	3 W25 Amy Deardorff, 26*, West Des Moines, IA	50:53	8:11
165	11	M50 John Schroeter, 50, Ames, IA	50:58	8:12
166	28	M40 Ron Schuck, 41, Ames, IA	51:02	8:13
167	34	M20 Seth Riggs, 23, Ames, IA	51:05	8:13
168	12	M45 Bill Parks, 48, Des Moines, IA	51:10	8:14

49	4	W45 Roberta Howie, 46*, Garner, IA	51:17	8:15
50	8	W15 Allison Wunsch, 15*, Urbandale, IA	51:25	8:16
51	1	JrW Emily McGee, 13*, Johnston, IA	51:29	8:17
169	13	M45 Jeff Ryan, 46, Ankeny, IA	51:32	8:18
170	22	M30 Jon Sherrill, 31, Des Moines, IA	51:38	8:19
171	29	M40 Kasi Balsy, 42, St. Cloud, MN	51:48	8:20
172	23	M25 Jason Anderson, 26, Ames, IA	51:50	8:20
52	14	W20 Karen Lehto, 24*, Des Moines, IA	51:55	8:21
173	13	M35 Joe Flynn, 37, Alleman, IA	51:56	8:21
174	23	M30 Don Fraher, 32, Pella, IA	51:57	8:22
53	4	W25 Molly McTaggart, 26*, West Des Moines, IA	51:59	8:22
175	24	M30 Jeff Stearns, 34, Ames, IA	52:03	8:22
176	25	M30 Brent Lott, 32, Ottumwa, IA	52:03	8:23
177	14	M35 Brian Benjamin, 36, Yale, IA	52:05	8:23
178	26	M15 Sean Winters, 19, Adel, IA	52:08	8:23
179	24	M25 David Zwank, 28, Adel, IA	52:08	8:23
180	14	M45 Iver Anderson, 47, Ames, IA	52:08	8:23
181	15	M35 Jay Fisher, 36, Pleasant Hill, IA	52:12	8:24
182	30	M40 Matthias Kaelberer, 42, Ames, IA	52:16	8:25
183	3	M55 Mike Whiteford, 56, Ames, IA	52:18	8:25
184	31	M40 Greg Courtney, 41, Ames, IA	52:21	8:25
54	5	W45 Barb Wheelock, 49*, Madrid, IA	52:22	8:25
185	32	M40 Randy Essex, 43, Des Moines, IA	52:22	8:26
55	15	W20 Amber Bradford, 24*, Des Moines, IA	52:27	8:26
186	16	M35 Gerry Smedinghoff, 38, Wheaton, IL	52:28	8:26
187	17	M35 David Verdi, 38, Des Moines, IA	52:34	8:28
188	26	M30 Brian Smith, 30, Ames, IA	52:37	8:28
56	16	W20 Janet Krause, 24*, Des Moines, IA	52:38	8:28
189	33	M40 Chuck Bishop, 43, Urbandale, IA	52:38	8:28
190	27	M15 Basil Mahayni, 18, Ames, IA	52:44	8:29
191	27	M30 Chris Norvell, 30, Sioux City, IA	52:48	8:30
57	8	W35 Shelly Anderson, 36*, Des Moines, IA	52:49	8:30
192	28	M30 Jose Medina, 33, Clarksville, TN	52:50	8:30
193	18	M35 Jim Devries, 38, West Des Moines, IA	52:51	8:30
194	35	M20 Matthew Determan, 21, Ames, IA	52:53	8:31
58	9	W15 Lauren Hill, 15*, West Des Moines, IA	52:53	8:31
195	19	M35 John Kazwell, 35, Ames, IA	52:54	8:31
196	20	M35 John Dawley, 38, Marshalltown, IA	52:55	8:31
197	25	M25 Ben Kenner, 26, Marshalltown, IA	52:59	8:31
59	5	W40 Ellen Eakin, 43*, Ankeny, IA	52:59	8:32
198	21	M35 Lief Gunhus, 36, Ames, IA	52:59	8:32
60	6	W45 Jane Wickman, 47*, Kellogg, IA	53:00	8:32
199	22	M35 Kent Heikens, 36, Ames, IA	53:04	8:32
200	36	M20 Colin Greenan, 24, Ames, IA	53:05	8:32
201	26	M25 Joel Bennett, 28, Pella, IA	53:08	8:33
61	17	W20 Kathy Davis, 23*, Collins, IA	53:08	8:33
62	9	W35 Laura Pady-Porter, 35*, Havensville, KS	53:09	8:33
63	10	W35 Joli Vollers, 37*, Cushing, IA	53:13	8:34
202	23	M35 Tom Murphy, 37, West Des Moines, IA	53:14	8:34
203	27	M25 Thiagarajan Sashisekar, 27, Ames, IA	53:20	8:35
204	28	M25 Rodney Eimers, 26, Ames, IA	53:35	8:37
205	29	M30 Tomm Beberniss, 31, Des Moines, IA	53:35	8:37
206	34	M40 Kent Weeden, 40, Des Moines, IA	53:38	8:38
64	5	W25 Anne Fleming, 26*, Cedar Rapids, IA	53:39	8:38
207	24	M35 Ron Loecher, 35, Cedar Falls, IA	53:42	8:38
208	30	M30 Mark Kuennen, 33, Ames, IA	53:42	8:39
209	15	M45 James Pech, 45, West Des Moines, IA	53:46	8:39
210	25	M35 Rich McGee, 39, Johnston, IA	53:48	8:39
65	10	W15 Abby Guard, 19*, Radcliffe, IA	53:51	8:40
211	28	M15 Doug Van Woert, 18, Urbandale, IA	53:55	8:41
66	11	W15 Kara Neumann, 15*, Urbandale, IA	53:55	8:41
212	35	M40 David Saunders, 43, Carroll, IA	53:56	8:41
67	11	W30 Rosalee Fernandez, 34*, West Des Moines, IA	54:03	8:42
213	2	M60 James Huss, 61, Ames, IA	54:04	8:42
214	4	M55 Dick Hogan, 55, Des Moines, IA	54:12	8:43
215	29	M25 Kevin Hardy, 26, Earlham, IA	54:20	8:44
216	16	M45 Burdell Clark, 46, Ames, IA	54:25	8:45
68	12	W30 Natasha Kucherenko, 31*, West Des Moines, IA	54:27	8:46
69	13	W30 Jennifer Heiderscheit, 30*, Des Moines, IA	54:30	8:46
217	5	M55 Bill Landsberg, 57, Monument, CO	54:36	8:47
70	7	W45 Sina Linman, 48*, Bellevue, NE	54:38	8:47
218	12	M50 Steve Pecnka, 51, Ames, IA	54:38	8:47
219	29	M15 Brian Cheney, 19, Ames, IA	54:43	8:48
220	30	M15 Justus Hallam, 18, Ames, IA	54:43	8:48
71	12	W15 Elizabeth Vogel, 19*, Ames, IA	54:43	8:48
221	13	M50 Robert Dickson, 51, Bayside, WI	54:45	8:49
222	36	M40 Joseph Henry, 44, Des Moines, IA	54:47	8:49
72	6	W25 Jennifer Johnson, 26*, Ames, IA	54:58	8:51
223	26	M35 Dale Weber, 37, Ames, IA	54:59	8:51
224	27	M35 Mark Overton, 36, Des Moines, IA	55:00	8:51

73	11	W35 Laurie Linhart, 37*, Urbandale, IA	55:02	8:51
225	37	M40 Gene Russell, 43, Ames, IA	55:15	8:53
226	6	M55 Bill Lawless, 58, Des Moines, IA	55:18	8:54
227	31	M15 Tony White, 16, Des Moines, IA	55:29	8:56
228	14	M50 Pete Woltz, 52, Indianola, IA	55:32	8:56
229	28	M35 Thomas Pankow, 36, Ankeny, IA	55:41	8:58
230	32	M15 Mark Strosahl, 15, Mitchellville, IA	55:42	8:58
74	12	W35 Carol Gill, 39*, Ames, IA	55:45	8:58
231	31	M30 Keith Neubauer, 30, Cedar Rapids, IA	55:46	8:58
232	17	M45 Blaine Barnhill, 48, Omaha, NE	55:52	8:59
233	30	M25 Matt Arends, 29, Hampton, IA	55:53	8:59
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234	37	M20 Joe Spradling, 24, Chicago, IL	56:00	9:01
235	15	M50 Daryl Drake, 50, Boone, IA	56:01	9:01
236	32	M30 Greg Brown, 30, Nevada, IA	56:07	9:02
75	13	W35 Amy Harris, 36*, Des Moines, IA	56:10	9:02
237	7	M55 Bob Johnson, 56, Nevada, IA	56:10	9:02
238	16	M50 Thomas Forbes, 50, Fort Dodge, IA	56:13	9:03
239	38	M40 Jeff Trimble, 40, Des Moines, IA	56:19	9:04
240	29	M35 Brad Dedic, 36, Roland, IA	56:21	9:04
241	39	M40 Jeff Jacobson, 41, Bellevue, NE	56:24	9:05
242	33	M15 Matt Hawkins, 18, Bondurant, IA	56:34	9:06
76	7	W25 Nicole Stone, 25*, Chicago, IL	56:39	9:07
77	14	W35 Lori McQuiston, 38*, Maxwell, IA	56:41	9:07
243	33	M30 Marvin Zrostlik, 32, Washington, MI	56:47	9:08
78	18	W20 Allison Klaassen, 23*, Des Moines, IA	56:53	9:09
79	6	W40 Carolyn Hill, 43*, West Des Moines, IA	56:53	9:09
80	8	W25 Pati Simons, 29*, Des Moines, IA	56:54	9:09
244	30	M35 Terry Berger, 35, West Des Moines, IA	56:59	9:10
245	40	M40 Mark Gronemeyer, 42, Jefferson, Ia Ia	57:06	9:11
81	1	W55 Sandy Rupnow, 57*, Ames, IA	57:11	9:12
82	19	W20 Christine Cherrier, 22*, Des Moines, IA	57:19	9:13
246	41	M40 Matthew Hart, 41, Ankeny, IA	57:22	9:14
247	8	M55 Thomas Bachmann, 55, Grinnell, IA	57:33	9:16
83	7	W40 Bonnie Holtkamp, 41*, Lawrence, KS	57:34	9:16
84	9	W25 Leslie Jensen, 27*, West Des Moines, IA	57:42	9:17
248	34	M30 Brent Hill, 30, Rock Island, IL	57:55	9:19
85	13	W15 Lindsay Till, 18*, Indianola, IA	57:58	9:20
249	3	M60 Robert Watson Sr, 62, Ames, IA	58:05	9:21
86	15	W35 Mary Montag, 39*, Kansas City, MO	58:14	9:22
87	8	W40 Terri Selberg, 41*, Urbandale, IA	58:15	9:22
250	42	M40 Jim McIntyre, 41, Urbandale, IA	58:20	9:23
88	8	W45 Lynda Baker, 47*, West Des Moines, IA	58:20	9:23
251	43	M40 John Amato, 41, Urbandale, IA	58:20	9:23
89	10	W25 Heather Stone, 27*, Coralville, IA	58:39	9:26
90	2	W50 Barbara Vandenberg, 51*, Lincoln, NE	58:43	9:27
252	31	M35 Mark Paca, 35, Boone, IA	58:51	9:28
253	34	M15 Joe Hugen, 17, Altoona, IA	58:56	9:29
91	11	W25 Audra Hartwigsen, 26*, Ames, IA	59:05	9:30
92	12	W25 Colleen Kelly, 25*, West Des Moines, IA	59:14	9:32
254	9	M55 Gary Rieger, 59, Marshalltown, IA	59:16	9:32
255	32	M35 Mark Lohnes, 35, Lincoln, NE	59:23	9:33
93	14	W30 Michelle Hancock, 33*, Mason City, IA	59:24	9:33
94	20	W20 Jenny Fegler, 21*, Sioux City, IA	59:27	9:34
256	33	M35 Christian Buffard, 39, Cambridge, IA	59:36	9:35
95	13	W25 Heidi Nesheim, 26*, Des Moines, Ia Ia	59:40	9:36
96	15	W30 Lee Feilmeier, 33*, Breda, IA	59:42	9:36
97	21	W20 Audrey Darrigues, 24*, Ames, IA	59:43	9:37
257	34	M35 Kevin Rahner, 36, Cambridge, IA	59:46	9:37
258	10	M55 Thomas Jackson, 56, Ames, IA	59:51	9:38
259	18	M45 Tom Cipressi, 45, Cedar Falls, IA	1:00:11	9:41
98	14	W25 Alicia Feldman, 25*, Omaha, NE	1:00:16	9:42
99	22	W20 Elaine McDonald, 21*, Des Moines, IA	1:00:21	9:43
100	9	W40 Ginny Rand, 43*, Des Moines, IA	1:00:25	9:43
260	17	M50 Timothy Nitz, 51, St Louis Park, MN	1:00:28	9:44
101	14	W15 Katie Brown, 16*, Ames, IA	1:00:33	9:45
102	16	W35 Theresa Porter, 36*, Oklahoma City, OK	1:00:42	9:46
261	38	M20 Nate Fryer, 22, Ames, IA	1:00:55	9:48
262	35	M30 Dan Cooley, 30, Marion, IA	1:01:03	9:49
103	17	W35 Rebecca Caux, 37*, Des Moines, IA	1:01:12	9:51
104	23	W20 Michelle Maxwell, 20*, Ames, IA	1:01:16	9:51
263	44	M40 Doug Winters, 41, Adel, IA	1:01:16	9:52
105	18	W35 Brenda Dodge, 36*, Storm Lake Ia	1:01:19	9:52
106	19	W35 Janet Kazwell, 35*, Ames, IA	1:01:20	9:52
107	20	W35 Lisa McDonald, 38*, Des Moines, IA	1:01:22	9:52
108	24	W20 Lisa Smart, 20*, Ames, IA	1:01:26	9:53
264	35	M15 Tim Holcomb, 18, Altoona, IA	1:01:27	9:53
265	35	M35 James McCallum, 38, Des Moines, IA	1:01:44	9:56
266	45	M40 Ahmad Abu-Hawash, 41, Ames, IA	1:01:44	9:56
267	19	M45 Joe Ryan, 47, Oskaloosa, IA	1:01:55	9:58
268	31	M25 Micah Westphal, 27, Ogden, IA	1:01:59	9:58

109	25	W20 Gentry Gillespie, 24*, Urbandale, IA	1:02:03	9:59
269	46	M40 John Nichols, 43, Urbandale, IA	1:02:05	9:59
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110	21	W35 Shelley Wise, 37*, Marshalltown, IA	1:02:06	10:00
111	15	W25 Monica Burchett, 25*, Mason City, IA	1:02:27	10:03
270	47	M40 Mike Delagardelle, 42, Evansdale, IA	1:02:30	10:03
271	36	M35 G Scott Walker, 37, Ames, IA	1:02:37	10:04
112	16	W25 Shannon Sauro, 28*, Ames, IA	1:02:37	10:05
113	16	W30 Alice Pareti, 30*, Ankeny, IA	1:02:40	10:05
272	18	M50 Kim Smith, 50, Ames, IA	1:02:45	10:06
114	10	W40 Holly Fogarty, 41*, Spencer, IA	1:02:47	10:06
273	48	M40 Ryan Alliston, 44, Norwalk, IA	1:02:48	10:06
115	11	W40 Joan Vandenberg, 41*, Iowa City, IA	1:02:56	10:08
116	3	W50 Fran Hickam, 54*, Blue Springs, MO	1:03:10	10:10
117	4	W50 Catherine Engel, 50*, West Des Moines, IA	1:03:17	10:11
274	20	M45 Jim Baustian, 48, Davenport, IA	1:03:19	10:11
275	1	JrM David Field, 13, Johnston, IA	1:03:24	10:12
276	37	M35 Albert Everhart, 37, Marshalltown, IA	1:03:29	10:13
118	15	W15 Heather Lowman, 18*, Ames, IA	1:03:43	10:15
119	22	W35 Geneva Barone, 39*, Ames, IA	1:03:53	10:17
120	17	W25 Danika Vilmont, 28*, Des Moines, IA	1:03:56	10:17
277	39	M20 Matthew Peterson, 23, Ames, IA	1:04:00	10:18
278	40	M20 Mike Zuro, 22, Ames, IA	1:04:20	10:21
121	9	W45 Annette Mansheim, 46*, Ames, IA	1:04:20	10:21
122	18	W25 Nicole Jacobson, 27*, State Center, IA	1:04:34	10:23
279	32	M25 Cal Aranmor, 29, Forest City, IA	1:04:39	10:24
123	19	W25 Shanen Aranmor, 29*, Forest City, IA	1:04:39	10:24
124	16	W15 Rachel Tapper, 18*, Ames, IA	1:04:40	10:24
125	10	W45 Marcia Noxon, 48*, Ames, IA	1:04:41	10:24
126	17	W15 Emily Smith, 18*, Ames, IA	1:04:41	10:24
127	26	W20 Erin Thomas, 22*, Ankeny, IA	1:04:45	10:25
128	18	W15 Julie Reger, 18*, Ames, IA	1:04:49	10:26
129	19	W15 Erica Lynn, 17*, Ames, IA	1:04:50	10:26
130	27	W20 Katherine Fischer, 23*, Ames, IA	1:05:10	10:29
280	36	M30 Richard Bangma, 30, Pella, IA	1:05:15	10:30
131	20	W15 Amanda Parker, 17*, Ames, IA	1:05:20	10:31
132	21	W15 Erin Johnson, 18*, Ames, IA	1:05:21	10:31
133	22	W15 Laura Obrycki, 18*, Ames, IA	1:05:22	10:31
281	37	M30 Chris Kragnes, 30, Des Moines, IA	1:05:46	10:35
134	20	W25 Tiffany Koenig, 28*, Des Moines, IA	1:05:47	10:35
282	1	M70 Bob Bartling, 74, Brookings, SD	1:05:57	10:37
135	23	W15 Kristin Brown, 19*, Ames, IA	1:06:03	10:38
283	38	M30 Dane Lusson, 32, Ottumwa, IA	1:06:17	10:40
284	49	M40 Del Christensen, 41, Adel, IA	1:06:20	10:40
136	28	W20 Jennifer Pruin, 24*, Ames, IA	1:06:45	10:44
137	29	W20 Krista Pruin, 23*, Mason City, IA	1:06:45	10:44
138	23	W35 Deb Christensen, 39*, Adel, IA	1:06:46	10:45
285	41	M20 John Frump, 24, Urbandale, IA	1:06:47	10:45
286	42	M20 Benjamin Badgley, 21, Madrid, IA	1:06:49	10:45
139	11	W45 Jennifer Voorhees, 48*, West Des Moines, IA	1:07:05	10:48
287	43	M20 Nicholas Peterson, 20, Ames, IA	1:07:26	10:51
288	4	M60 Jim Storm, 60, Excelsior, MN	1:07:28	10:51
140	12	W40 Jenny Eklund, 42*, Perry, IA	1:07:57	10:56
289	50	M40 John Dickerson, 40, Ames, IA	1:08:12	10:58
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141	30	W20 Dominique Caspers, 23*, West Des Moines, IA	1:08:27	11:01
142	31	W20 Kristi Abbott, 24*, Ames, IA	1:08:27	11:01
290	38	M35 Brent Frana, 37, West Des Moines, IA	1:08:43	11:03
143	32	W20 Mary Hardy, 23*, Earlham, IA	1:08:52	11:05
144	2	W55 Candi Storm, 56*, Excelsior, MN	1:09:22	11:10
291	51	M40 Marc Hollander, 43, Urbandale, IA	1:09:46	11:14
145	21	W25 Chris Sims, 26*, Johnston, IA	1:09:51	11:14
146	17	W30 Wendy Paca, 33*, Boone, IA	1:09:56	11:15
147	24	W35 Renee Hendricks, 38*, Clive, IA	1:10:41	11:22
148	33	W20 Amy Martin, 23*, Des Moines, IA	1:10:50	11:24
292	33	M25 Benjamin Lustig, 26, Des Moines, IA	1:10:50	11:24
293	34	M25 Chris Bufikofer, 27, Ames, IA	1:12:53	11:44
149	22	W25 Jamee Krug, 25*, Ankeny, IA	1:12:56	11:44
294	35	M25 Lucas Bret, 28, West Des Moines, IA	1:14:10	11:56
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150	23	W25 Lisa Herring, 25*, Des Moines, IA	1:15:23	12:08
151	13	W40 Marce Zeman, 42*, Ames, IA	1:16:20	12:17
152	34	W20 Amanda Fuller, 21*, Ames, IA	1:16:48	12:21
153	12	W45 Joyce Bricker, 45*, Stratford, IA	1:17:15	12:26
154	14	W40 Marty Hupp, 42*, Grimes, IA	1:18:51	12:41
155	24	W15 Amy Thompson, 18*, Indianola, IA	1:19:17	12:45
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156	35	W20 Jenny Wells, 22*, Des Moines, Iowa	1:21:36	13:08

1 finishers among Men 14 & Under
35 finishers among Men 15 - 19
43 finishers among Men 20 - 24
35 finishers among Men 25 - 29
38 finishers among Men 30 - 34
38 finishers among Men 35 - 39
51 finishers among Men 40 - 44
20 finishers among Men 45 - 49
18 finishers among Men 50 - 54
10 finishers among Men 55 - 59
4 finishers among Men 60 - 64
1 finishers among Men 70 & Up
1 finishers among Women 14 & Under
24 finishers among Women 15 - 19
35 finishers among Women 20 - 24
23 finishers among Women 25 - 29
17 finishers among Women 30 - 34
24 finishers among Women 35 - 39
14 finishers among Women 40 - 44
12 finishers among Women 45 - 49
4 finishers among Women 50 - 54
2 finishers among Women 55 - 59
294 male finishers
156 female finishers
450 total finishers

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