

[Team results](#)[Overall results](#)

John Penning XC *** 5K Run *** Team Overall

Event: 5K Run

Date: Saturday, July 22, 2017

Location: Soccer Complex, Dubuque, IA

Weather: Mostly Cloudy, S 6 MPH°

Results By: Scheckel, Kauder Racing**Teams Mixed Mixed**

Place 1		Hempstead Mens XC	Ave Time = 20:06.25	TTL Time= 1:20:25.03
Place	Name	Time	Pace mpm	
	*David Holesinger, M 17	18:26.00	5:55.98	
	*Nolan Welbes, M 17	19:35.45	6:18.34	
	*Carter Welbes, M 15	20:47.55	6:41.54	
	*Zach Lewis, M 16	21:36.03	6:57.15	
	*Justin Schultz, M 15	23:04.11	7:25.50	
	*Max Breitbach, M 15	25:52.06	8:19.56	
	Karen Breitbach, F 42	32:52.57	10:34.90	

Incomplete Teams:

Team Penning			
Place	Name	Time	Pace
	Michael Penning, M 38	36:19.60	11:41.54

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