

Springville Extreme Quarry Run *** 6K Run

*** Overall & Divisions

Event: 6K Run

Date: Saturday, August 10, 2013

Location: Springville

Weather: Warm 70°

Overall and Age Divisions

Results By: Jeff Mullen

<u>Bib#</u>	<u>Place</u>	<u>Gender</u>	<u>Division</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
171	1	1	1 OVM	Brett Stephenson, M42	Cedar Rapids, IA	21:32.17	5:46/M	21:32.17	5:46/M
61	2	2	1 M40	William Iverson, M45	Iowa City, IA	24:28.26	6:33/M	24:27.43	6:33/M
112	3	3	1 M30	Mike Newman, M35	Cedar Rapids, IA	25:08.17	6:44/M	25:06.46	6:44/M
185	4	4	2 M30	Richard Drake, M37	Springville, IA	25:27.22	6:49/M	25:26.45	6:49/M
26	5	5	1 M20	Benjamin Davis, M29	Cedar Rapids, IA	25:40.81	6:53/M	25:34.38	6:51/M
6	6	6	3 M30	Kevin Beckner, M36	Marion, IA	26:02.12	6:58/M	25:58.37	6:57/M
177	7	7	1 M15	Matt Simon, M19	Cedar Rapids, IA	26:05.00	6:59/M	25:58.27	6:57/M
176	8	8	4 M30	Rob Opfer, M36	Central City, IA	26:21.64	7:04/M	26:17.36	7:03/M
87	9	9	1 JRM	Sam Lorimer, M14	Springville, IA	26:25.59	7:05/M	26:23.72	7:04/M

169	10	10	5 M30	Curt Richey, M37	Marion, IA	26:27.44	7:05/M	26:26.27	7:05/M
89	11	11	6 M30	Andrew Lundy, M36	Cedar Rapids, IA	26:30.76	7:06/M	26:29.77	7:06/M
56	12	12	7 M30	Kyle Hoffman, M33	Marion, IA	26:51.41	7:12/M	26:44.77	7:10/M
157	13	13	1 M50	Dave Martin, M58	Springville, IA	26:51.90	7:12/M	26:50.46	7:11/M
102	14	14	8 M30	Dan Meyers, M32	Palo, IA	26:52.99	7:12/M	26:48.44	7:11/M
37	15	1	1 OVF	Katelyn Gloeckner, F14	Springville, IA	27:01.92	7:15/M	27:00.26	7:14/M
63	16	15	9 M30	Adam Jacobs, M31	Fairfax, IA	27:41.26	7:25/M	27:36.10	7:24/M
151	17	16	10 M30	Adam Weller, M34	Waterloo, IA	27:44.45	7:26/M	27:43.18	7:26/M
134	18	17	2 M20	Tyler Sawyer, M25	Lisbon, IA	27:53.25	7:28/M	27:49.41	7:27/M
178	19	18	2 M40	Mark Akers, M43	North Liberty, IA	28:11.82	7:33/M	28:10.06	7:33/M
88	20	19	2 M15	Andrew Lorimer, M17	Springville, IA	28:12.30	7:33/M	28:09.74	7:33/M
79	21	20	3 M15	Joshua Kramer, M19	Springville, IA	28:12.36	7:33/M	28:02.65	7:31/M
142	22	21	3 M40	Kyle Trampe, M42	Marion, IA	28:29.55	7:38/M	28:18.94	7:35/M
179	23	22	11 M30	Jon Harding, M37	North Liberty, IA	28:43.73	7:42/M	28:39.15	7:41/M
50	24	23	4 M15	Derek Hanshaw, M17	Springville, IA	28:54.81	7:45/M	28:51.90	7:44/M
19	25	24	2 JRM	Conrad Braswell, M12	Springville, IA	29:06.93	7:48/M	29:06.93	7:48/M

138	26	2	1 F30	Michelle Schwenn, F38	Lisbon, IA	29:08.84	7:49/M	29:02.63	7:47/M
60	27	25	4 M40	Rob Hursh, M48	Cr, IA	29:09.46	7:49/M	29:05.31	7:48/M
155	28	26	3 M20	Nick Yerington, M26	Tipton, IA	29:15.26	7:50/M	29:13.72	7:50/M
9	29	27	12 M30	Troy Bergmann, M36	Mount Vernon, IA	29:15.59	7:50/M	29:13.84	7:50/M
23	30	28	13 M30	Robert Collins, M38	Springville, IA	29:28.36	7:54/M	29:25.66	7:53/M
59	31	29	5 M15	Trevor Hulett, M16	52336, IA	29:43.58	7:58/M	29:41.18	7:57/M
168	32	30	2 M50	Bill Copper, M55	Marion, IA	29:57.78	8:02/M	29:55.89	8:01/M
21	33	3	1 F40	Margaret Chapman, F47	Marion, IA	30:07.16	8:04/M	30:03.92	8:03/M
180	34	31	5 M40	Chris Cristensen, M49	Atkins, IA	30:07.70	8:04/M	30:00.09	8:02/M
114	35	32	6 M15	Elias Nissen, M18	Springville, IA	30:14.34	8:06/M	30:11.21	8:05/M
149	36	33	14 M30	David Walker, M35	52302, IA	30:26.43	8:09/M	30:23.12	8:09/M
57	37	4	1 F15	Angie Hoogland, F17	Springville, IA	30:27.80	8:10/M	30:24.95	8:09/M
152	38	5	2 F40	Sarah Williams, F46	Marion, IA	30:40.91	8:13/M	30:36.70	8:12/M
86	39	34	3 M50	Todd Lewison, M52	Cedar Rapids, IA	30:41.58	8:13/M	30:36.58	8:12/M
77	40	35	4 M20	Kaleb Kramer, M21	Springville, IA	30:56.83	8:18/M	30:48.12	8:15/M
133	41	36	15 M30	Nate Sanderson, M35	Springville, IA	31:00.17	8:18/M	30:51.36	8:16/M

32	42	37	1 M60	Warren Feerer, M63	Cedar Rapids, IA	31:09.22	8:21/M	31:03.58	8:19/M
76	43	38	16 M30	Kyle Koeppen, M30	Marion, IA	31:13.28	8:22/M	31:09.62	8:21/M
132	44	6	1 F20	Donita Sanderson, F29	Springville, IA	31:15.26	8:22/M	31:07.85	8:21/M
83	45	7	2 F30	Lisa Lansing, F34	Springville, IA	31:23.58	8:25/M	31:18.84	8:23/M
72	46	39	4 M50	Jimmy Keller, M51	Cedar Rapids, IA	31:39.91	8:29/M	31:31.80	8:27/M
80	47	40	17 M30	Kevin Kropf, M39	Coggon, IA	32:10.45	8:37/M	32:03.51	8:35/M
65	48	41	5 M50	William Johnson, M58	Iowa City, IA	32:13.78	8:38/M	32:10.27	8:37/M
166	49	42	5 M20	Michael Mehrer, M24	Springville, IA	32:17.21	8:39/M	32:07.25	8:36/M
10	50	43	6 M40	Kyle Blake, M46	Springville, IA	32:27.72	8:42/M	32:15.35	8:39/M
17	51	44	6 M50	Daniel Boeding, M58	Cedar Rapids, IA	32:45.67	8:47/M	32:40.55	8:45/M
184	52	45	7 M50	Cheyenne Lerch, M54	Anamosa, IA	32:47.26	8:47/M	32:40.63	8:45/M
162	53	46	3 JRM	Kade Walker, M9	Marion, IA	33:06.14	8:52/M	32:59.93	8:51/M
150	54	47	18 M30	Todd Walker, M36	Marion, IA	33:12.12	8:54/M	33:05.19	8:52/M
167	55	8	1 F50	Patti Sprague, F54	Mount Vernon, IA	33:20.28	8:56/M	33:17.78	8:55/M
78	56	48	7 M40	John Kramer, M46	Springville, IA	33:37.71	9:01/M	33:28.29	8:58/M
70	57	49	4 JRM	James Kane, M14	Fort Dodge, IA	33:49.76	9:04/M	33:46.35	9:03/M
127	58	9	3 F40	Jody Rausch, F44	Robins, IA	33:52.73	9:05/M	33:47.83	9:03/M
16	59	50	5 JRM	Andrew Blakely, M14	Springville, IA	33:55.67	9:06/M	33:53.38	9:05/M

4	60	51	19 M30	Nate Baker, Mechanicsville, IA M38		34:02.26	9:07/M	33:54.89	9:05/M
118	61	10	3 F30	Cheri Oler, Springville, IA F37		34:19.28	9:12/M	34:16.60	9:11/M
85	62	52	2 M60	John Leland, Marion, IA M77		34:24.46	9:13/M	34:16.57	9:11/M
139	63	11	4 F30	Lisa Stejskal, Anamosa, IA F32		34:42.17	9:18/M	34:39.51	9:17/M
111	64	53	6 JRM	Tucket Nelson, Springville, IA M14		34:58.58	9:22/M	34:54.96	9:21/M
38	65	12	2 F15	Rachel Gloeckner, Springville, IA F16		35:03.25	9:24/M	34:59.50	9:23/M
30	66	54	8 M40	John Ernst, Cedar Rapids, IA M49		35:07.72	9:25/M	34:58.77	9:22/M
33	67	13	2 F50	Martha Gearhart, Hopkinton, IA F53		35:21.86	9:29/M	35:14.37	9:27/M
153	68	14	2 F20	Alison Woods, West Des Moines, IA F22		35:36.82	9:33/M	35:32.41	9:31/M
137	69	55	3 M60	Donald Schuller, Cedar Rapids, IA M61		35:47.86	9:36/M	35:32.17	9:31/M
154	70	15	3 F20	Katie Wyman, Marion, IA F20		36:06.76	9:41/M	36:03.15	9:40/M
24	71	16	5 F30	Jeanna Collins, Springville, IA F35		36:12.87	9:42/M	36:06.70	9:41/M
68	72	56	20 M30	Jamie Johnson, Springville, IA M30		36:15.39	9:43/M	36:05.95	9:40/M
67	73	17	4 F20	Kara Johnson, Springville, IA F29		36:15.60	9:43/M	36:05.87	9:40/M
52	74	57	7 M15	Hadley Heitshusen, Center Point, IA M15		36:18.31	9:44/M	36:12.60	9:42/M
55	75	18	3 F15	Aleksandra Hoel, Oslo, No F16		36:18.58	9:44/M	36:18.58	9:44/M
1	76	19	6 F30	Terra Akers, Marion, IA F32		36:38.18	9:49/M	36:25.72	9:46/M
90	77	20	3 F50	Linnea Martin, Marion, IA F59		36:41.11	9:50/M	36:30.34	9:47/M

181	78	58	21 M30	Tony Marineau, M39	Cary, IL	36:44.20	9:51/M	36:39.36	9:49/M
71	79	21	4 F50	Amy Keating, F54	Marion, IA	36:57.29	9:54/M	36:51.08	9:53/M
31	80	59	8 M50	Kevin Ernster, M59	Walker, IA	36:59.78	9:55/M	36:51.45	9:53/M
94	81	22	4 F40	Cathy May, F42	Cedar Rapids, IA	37:00.43	9:55/M	36:50.59	9:52/M
129	82	23	7 F30	Suzanne Risk, F37	Cedar Rapids, IA	37:00.88	9:55/M	36:51.71	9:53/M
128	83	24	5 F20	Maggie Ray, F21	Springville, IA	37:03.65	9:56/M	36:59.74	9:55/M
93	84	25	6 F20	Hope Matus, F20	Central City, IA	37:08.43	9:57/M	37:04.71	9:56/M
107	85	26	7 F20	Holly Myers, F27	Vinton, IA	37:11.57	9:58/M	37:04.37	9:56/M
51	86	27	5 F40	Cynthia Heitshusen, F45	Center Point, IA	37:24.53	10:02/M	37:17.57	10:00/M
3	87	28	8 F30	Kori Avis, F33	Cedar Rapids, IA	37:31.70	10:03/M	37:17.80	10:00/M
147	88	60	7 JRM	Rhenden Wagaman, M9	Springville, IA	37:32.71	10:04/M	37:16.72	9:59/M
123	89	61	9 M40	Daryl Pearson, M43	Springville, IA	37:41.43	10:06/M	37:27.66	10:02/M
20	90	29	9 F30	Leisa Breitfelder, F34	Springville, IA	37:49.64	10:08/M	37:44.72	10:07/M
74	91	30	8 F20	Sam Kemp, F26	Hopkinton, IA	38:04.97	10:12/M	37:57.14	10:10/M
183	92	31	1 JRF	Lauren Burkle, F10	Mount Vernon, IA	38:12.15	10:14/M	38:12.15	10:14/M
103	93	32	10 F30	Molly Mielke, F36	Marion, IA	38:24.99	10:18/M	38:18.62	10:16/M
64	94	33	11 F30	Kara Jacobson, F32	Marion, IA	38:25.29	10:18/M	38:18.78	10:16/M
28	95	62	10 M40	David Drury, M44	Cedar Rapids, IA	38:57.20	10:26/M	38:51.79	10:25/M
43	96	34	2 JRF	Olivia Hamblin, F11	Cedar Rapids, IA	39:05.61	10:29/M	38:53.49	10:25/M

62	97	35	12 F30	Jill Jacobs, F30	Fairfax, IA	39:06.39	10:29/M	39:00.48	10:27/M
141	98	36	9 F20	Krysta Trampe, F24	Springville, IA	39:06.59	10:29/M	38:55.90	10:26/M
44	99	63	22 M30	Adam Hamblin, M38	Cedar Rapids, IA	39:12.82	10:31/M	39:00.39	10:27/M
5	100	37	13 F30	Tammy Baker, F38	Mechanicsville, IA	39:22.79	10:33/M	39:15.81	10:31/M
2	101	64	23 M30	Mason Akers, M32	Marion, IA	39:24.44	10:34/M	39:11.71	10:30/M
53	102	65	9 M50	Steve Hershner, M57	Cedar Rapids, IA	39:46.99	10:40/M	39:38.07	10:37/M
29	103	38	14 F30	Staci Erickson, F39	Anamosa, IA	40:19.66	10:49/M	40:08.15	10:45/M
45	104	39	6 F40	Traci Hampton, F41	Independence, IA	40:19.71	10:49/M	40:08.87	10:46/M
99	105	66	8 JRM	Luke Menster, M9	Springville, IA	40:27.66	10:51/M	40:14.96	10:47/M
145	106	40	4 F15	Megan Wagaman, F15	Springville, IA	40:28.51	10:51/M	40:23.93	10:50/M
146	107	41	3 JRF	Madi Wagaman, F13	Springville, IA	40:28.69	10:51/M	40:24.83	10:50/M
25	108	42	7 F40	Tami Daubs, F40	Center Point, IA	40:42.41	10:55/M	40:36.83	10:53/M
75	109	43	15 F30	Dawn King, F35	Monticello, IA	41:03.77	11:00/M	40:53.89	10:58/M
182	110	44	8 F40	Wendy Burkle, F42	Mount Vernon, IA	41:13.33	11:03/M	41:02.90	11:00/M
81	111	45	10 F20	Emily Lang, F21	Springville, IA	41:17.67	11:04/M	41:09.76	11:02/M
73	112	46	9 F40	Lisa Kemp, F42	Asbury, IA	41:23.87	11:06/M	41:16.63	11:04/M
8	113	47	10 F40	Debby Behnke, F42	Marion, IA	42:00.50	11:16/M	41:56.53	11:14/M
173	114	67	9 JRM	Jack Stephenson, M11	Cedar Rapids, IA	42:16.72	11:20/M	42:01.83	11:16/M
39	115	48	11 F20	Alison Graham, F27	Springville, IA	42:26.57	11:23/M	42:16.37	11:20/M

34	116	49	16 F30	Sarah Getz, F30	Marion, IA	42:26.84	11:23/M	42:16.73	11:20/M
13	117	68	10 JRM	Seth Blake, M14	Springville, IA	42:27.71	11:23/M	42:25.09	11:22/M
161	118	69	11 M40	Sean Williams, M40	Springville, IA	42:33.28	11:24/M	42:15.79	11:20/M
66	119	70	12 M40	Craig Johnson, M49	Marion, IA	42:45.24	11:28/M	42:33.70	11:24/M
186	120	71	11 JRM	Josh Trachta, M14	Martelle, IA	43:03.86	11:33/M	43:01.09	11:32/M
91	121	72	12 JRM	Casey Martin, M14	Mt. Vernon, IA	43:04.18	11:33/M	43:01.39	11:32/M
124	122	50	11 F40	Shelly Pearson, F43	Springville, IA	43:04.69	11:33/M	42:54.34	11:30/M
148	123	51	17 F30	Jackie Wagner, F38	Cedar Rapids, IA	43:06.17	11:33/M	42:57.59	11:31/M
131	124	52	5 F50	Donna Sanders, F52	Cedar Rapids, IA	43:07.26	11:33/M	42:58.72	11:31/M
11	125	53	12 F40	Monica Blake, F48	Springville, IA	43:21.70	11:37/M	43:09.23	11:34/M
140	126	73	4 M60	Don Tapken, M67	Monticello, IA	43:24.77	11:38/M	43:14.44	11:35/M
172	127	74	13 JRM	Andy Stephenon, M9	Cedar Rapids, IA	43:28.96	11:39/M	43:14.00	11:35/M
174	128	54	13 F40	Lisa Stephenson, F40	Cedar Rapids, IA	43:40.20	11:42/M	43:25.25	11:38/M
7	129	75	13 M40	Russell Behnke, M43	Marion, IA	44:02.56	11:48/M	43:58.19	11:47/M
97	130	76	14 M40	Jeff Menster, M42	Springville, IA	44:15.68	11:52/M	44:00.99	11:48/M
110	131	77	10 M50	Bill Nelson, M58	Springville, IA	44:15.97	11:52/M	44:01.41	11:48/M
15	132	55	14 F40	Karla Blakely, F41	Springville, IA	44:47.61	12:00/M	44:37.83	11:58/M

170	133	78	14 JRM	Austin Gleason, M14	Cedar Rapids, IA	44:52.75	12:02/M	44:42.93	11:59/M
36	134	79	15 JRM	Adam Gleason, M10	Cedar Rapids, IA	45:17.01	12:08/M	45:07.16	12:06/M
164	135	80	16 JRM	Cade Zaruba, M11	Springville, IA	45:18.12	12:09/M	45:12.53	12:07/M
35	136	81	24 M30	Brian Gleason, M39	Cedar Rapids, IA	45:18.59	12:09/M	45:09.01	12:06/M
160	137	56	18 F30	Melissa Williams, F34	Springville, IA	45:58.76	12:19/M	45:43.04	12:15/M
82	138	57	12 F20	Samantha Lang, F20	Springville, IA	45:59.72	12:20/M	45:51.50	12:18/M
69	139	58	6 F50	Charleen Jones, F54	North Liberty, IA	46:39.60	12:30/M	46:27.92	12:27/M
84	140	59	7 F50	Shawnna Larison, F51	Marion, IA	46:39.80	12:30/M	46:28.02	12:27/M
101	141	82	25 M30	Nick Merritt, M30	Marion, IA	46:48.89	12:33/M	46:34.67	12:29/M
100	142	60	13 F20	Mandy Merritt, F28	Marion, IA	46:49.30	12:33/M	46:35.36	12:29/M
144	143	83	15 M40	Russ Wagaman, M42	Springville, IA	47:11.34	12:39/M	46:58.92	12:36/M
159	144	61	4 JRF	Carly Williams, F11	Springville, IA	47:13.77	12:40/M	47:09.36	12:38/M
126	145	62	15 F40	Janet Pittman, F46	Iowa City, IA	47:20.45	12:41/M	47:12.34	12:39/M
27	146	63	14 F20	Ashley Didesch, F25	Springville, IA	47:26.80	12:43/M	47:20.21	12:41/M
48	147	64	5 JRF	Kylie Hanshaw, F13	Springville, IA	47:45.73	12:48/M	47:32.62	12:45/M
136	148	65	8 F50	Lori Schmidt, F54	Waterloo, IA	48:37.33	13:02/M	48:24.82	12:59/M
22	149	66	19 F30	"Nicole ""Nikki"" Chapman,	Cedar Rapids, IA	49:02.91	13:09/M	48:56.96	13:07/M

				F38					
				Rylee					
98	150	67	6 JRF	Menster, F13	Springville, IA	49:35.26	13:18/M	49:32.07	13:17/M
				Mikayla					
158	151	68	7 JRF	Nachazel, F13	Central City, IA	49:35.94	13:18/M	49:32.75	13:17/M
				Melinda					
120	152	69	9 F50	Owen, F52	Cedar Rapids, IA	49:37.15	13:18/M	49:35.21	13:18/M
				Deb Pauly, F55					
122	153	70	10 F50		Springville, IA	49:38.29	13:18/M	49:23.58	13:14/M
				Kristyn					
130	154	71	11 F50	Ryan, F50	Springville, IA	49:53.80	13:23/M	49:52.03	13:22/M
				Emily					
58	155	72	5 F15	Horak, F15	Springville, IA	50:35.71	13:34/M	50:27.26	13:31/M
				Pamela					
113	156	73	16 F40	Nissen, F45	Springville, IA	51:00.85	13:40/M	50:52.17	13:38/M
				Isaac					
105	157	84	17 JRM	Minger, M10	Dubuque, IA	51:26.55	13:47/M	51:18.60	13:45/M
				Ben					
104	158	85	16 M40	Minger, M40	Dubuque, IA	51:28.01	13:48/M	51:19.66	13:46/M
				Jessica					
106	159	74	20 F30	Moore, F36	Springville, IA	51:38.33	13:51/M	51:32.64	13:49/M
				Kennedy					
175	160	86	18 JRM	Moore, M7	Springville, IA	51:40.55	13:51/M	51:34.78	13:50/M
				Rich					
14	161	87	17 M40	Blakely, M41	Springville, IA	52:41.51	14:07/M	52:29.90	14:04/M
				Savannah					
109	162	75	8 JRF	Nealman, F9	Springville, IA	52:42.24	14:08/M	52:31.13	14:05/M
				Megan					
125	163	76	9 JRF	Pearson, F10	Springville, IA	52:42.30	14:08/M	52:31.35	14:05/M
				Janene					
163	164	77	12 F50	Hunt, F55	Ankeny, IA	54:54.32	14:43/M	54:51.84	14:42/M
				Jaime					
156	165	78	21 F30	Zaruba, F35	Springville, IA	55:15.92	14:49/M	55:10.68	14:48/M
				Ashlynnne					
165	166	79	10 JRF	Zaruba, F8	Springville, IA	55:15.95	14:49/M	55:10.76	14:48/M
				Mike					
47	167	88	18 M40	Hanshaw, M43	Springville, IA	59:13.25	15:53/M	58:58.02	15:48/M
				Lori					
49	168	80	17 F40	Hanshaw, F42	Springville, IA	59:13.53	15:53/M	58:58.61	15:49/M

				Deanna				
143	169	81	18 F40	Wagaman, Springville, IA	1:00:38.40	16:15/M	1:00:22.43	16:11/M
				F41				
				Rodney				
54	170	89	11 M50	Hilsabeck, Springville, IA	1:01:26.96	16:28/M	1:01:11.24	16:24/M
				M59				

Overall and Age Divisions

Overall Male

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Brett Stephenson, M42	Cedar Rapids, IA	21:32.17	5:46/M	21:32.17	5:46/M

Overall Female

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Katelyn Gloeckner, F14	Springville, IA	27:01.92	7:15/M	27:00.26	7:14/M

M[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Sam Lorimer, M14	Springville, IA	26:25.59	7:05/M	26:23.72	7:04/M
2	Conrad Braswell, M12	Springville, IA	29:06.93	7:48/M	29:06.93	7:48/M
3	Kade Walker, M9	Marion, IA	33:06.14	8:52/M	32:59.93	8:51/M
4	James Kane, M14	Fort Dodge, IA	33:49.76	9:04/M	33:46.35	9:03/M
5	Andrew Blakely, M14	Springville, IA	33:55.67	9:06/M	33:53.38	9:05/M
6	Tucket Nelson, M14	Springville, IA	34:58.58	9:22/M	34:54.96	9:21/M
7	Rhenden Wagaman, M9	Springville, IA	37:32.71	10:04/M	37:16.72	9:59/M
8	Luke Menster, M9	Springville, IA	40:27.66	10:51/M	40:14.96	10:47/M
9	Jack Stephenson, M11	Cedar Rapids, IA	42:16.72	11:20/M	42:01.83	11:16/M
10	Seth Blake, M14	Springville, IA	42:27.71	11:23/M	42:25.09	11:22/M
11	Josh Trachta, M14	Martelle, IA	43:03.86	11:33/M	43:01.09	11:32/M
12	Casey Martin, M14	Mt. Vernon, IA	43:04.18	11:33/M	43:01.39	11:32/M
13	Andy Stephen0n, M9	Cedar Rapids, IA	43:28.96	11:39/M	43:14.00	11:35/M
14	Austin Gleason, M14	Cedar Rapids, IA	44:52.75	12:02/M	44:42.93	11:59/M
15	Adam Gleason, M10	Cedar Rapids, IA	45:17.01	12:08/M	45:07.16	12:06/M
16	Cade Zaruba, M11	Springville, IA	45:18.12	12:09/M	45:12.53	12:07/M
17	Isaac Minger, M10	Dubuque, IA	51:26.55	13:47/M	51:18.60	13:45/M
18	Kennedy Moore, M7	Springville, IA	51:40.55	13:51/M	51:34.78	13:50/M

F[14 & Under]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Lauren Burkle, F10	Mount Vernon, IA	38:12.15	10:14/M	38:12.15	10:14/M
2	Olivia Hamblin, F11	Cedar Rapids, IA	39:05.61	10:29/M	38:53.49	10:25/M
3	Madi Wagaman, F13	Springville, IA	40:28.69	10:51/M	40:24.83	10:50/M
4	Carly Williams, F11	Springville, IA	47:13.77	12:40/M	47:09.36	12:38/M
5	Kylie Hanshaw, F13	Springville, IA	47:45.73	12:48/M	47:32.62	12:45/M
6	Rylee Menster, F13	Springville, IA	49:35.26	13:18/M	49:32.07	13:17/M
7	Mikayla Nachazel, F13	Central City, IA	49:35.94	13:18/M	49:32.75	13:17/M
8	Savannah Neelman, F9	Springville, IA	52:42.24	14:08/M	52:31.13	14:05/M
9	Megan Pearson, F10	Springville, IA	52:42.30	14:08/M	52:31.35	14:05/M
10	Ashlynn Zaruba, F8	Springville, IA	55:15.95	14:49/M	55:10.76	14:48/M

M[15-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Matt Simon, M19	Cedar Rapids, IA	26:05.00	6:59/M	25:58.27	6:57/M
2	Andrew Lorimer, M17	Springville, IA	28:12.30	7:33/M	28:09.74	7:33/M
3	Joshua Kramer, M19	Springville, IA	28:12.36	7:33/M	28:02.65	7:31/M
4	Derek Hanshaw, M17	Springville, IA	28:54.81	7:45/M	28:51.90	7:44/M
5	Trevor Hulett, M16	52336, IA	29:43.58	7:58/M	29:41.18	7:57/M
6	Elias Nissen, M18	Springville, IA	30:14.34	8:06/M	30:11.21	8:05/M
7	Hadley Heitshusen, M15	Center Point, IA	36:18.31	9:44/M	36:12.60	9:42/M

F[15-19]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Angie Hoogland, F17	Springville, IA	30:27.80	8:10/M	30:24.95	8:09/M
2	Rachel Gloeckner, F16	Springville, IA	35:03.25	9:24/M	34:59.50	9:23/M
3	Aleksandra Hoel, F16	Oslo, No	36:18.58	9:44/M	36:18.58	9:44/M
4	Megan Wagaman, F15	Springville, IA	40:28.51	10:51/M	40:23.93	10:50/M
5	Emily Horak, F15	Springville, IA	50:35.71	13:34/M	50:27.26	13:31/M

M[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Benjamin Davis, M29	Cedar Rapids, IA	25:40.81	6:53/M	25:34.38	6:51/M
2	Tyler Sawyer, M25	Lisbon, IA	27:53.25	7:28/M	27:49.41	7:27/M
3	Nick Yerington, M26	Tipton, IA	29:15.26	7:50/M	29:13.72	7:50/M
4	Kaleb Kramer, M21	Springville, IA	30:56.83	8:18/M	30:48.12	8:15/M

5 Michael Mehrer, M24 Springville, IA 32:17.21 8:39/M 32:07.25 8:36/M

F[20-29]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Donita Sanderson, F29	Springville, IA	31:15.26	8:22/M	31:07.85	8:21/M
2	Alison Woods, F22	West Des Moines, IA	35:36.82	9:33/M	35:32.41	9:31/M
3	Katie Wyman, F20	Marion, IA	36:06.76	9:41/M	36:03.15	9:40/M
4	Kara Johnson, F29	Springville, IA	36:15.60	9:43/M	36:05.87	9:40/M
5	Maggie Ray, F21	Springville, IA	37:03.65	9:56/M	36:59.74	9:55/M
6	Hope Matus, F20	Central City, IA	37:08.43	9:57/M	37:04.71	9:56/M
7	Holly Myers, F27	Vinton, IA	37:11.57	9:58/M	37:04.37	9:56/M
8	Sam Kemp, F26	Hopkinton, IA	38:04.97	10:12/M	37:57.14	10:10/M
9	Krysta Trampe, F24	Springville, IA	39:06.59	10:29/M	38:55.90	10:26/M
10	Emily Lang, F21	Springville, IA	41:17.67	11:04/M	41:09.76	11:02/M
11	Alison Graham, F27	Springville, IA	42:26.57	11:23/M	42:16.37	11:20/M
12	Samantha Lang, F20	Springville, IA	45:59.72	12:20/M	45:51.50	12:18/M
13	Mandy Merritt, F28	Marion, IA	46:49.30	12:33/M	46:35.36	12:29/M
14	Ashley Didesch, F25	Springville, IA	47:26.80	12:43/M	47:20.21	12:41/M

M[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Mike Newman, M35	Cedar Rapids, IA	25:08.17	6:44/M	25:06.46	6:44/M
2	Richard Drake, M37	Springville, IA	25:27.22	6:49/M	25:26.45	6:49/M
3	Kevin Beckner, M36	Marion, IA	26:02.12	6:58/M	25:58.37	6:57/M
4	Rob Opfer, M36	Central City, IA	26:21.64	7:04/M	26:17.36	7:03/M
5	Curt Richey, M37	Marion, IA	26:27.44	7:05/M	26:26.27	7:05/M
6	Andrew Lundy, M36	Cedar Rapids, IA	26:30.76	7:06/M	26:29.77	7:06/M
7	Kyle Hoffman, M33	Marion, IA	26:51.41	7:12/M	26:44.77	7:10/M
8	Dan Meyers, M32	Palo, IA	26:52.99	7:12/M	26:48.44	7:11/M
9	Adam Jacobs, M31	Fairfax, IA	27:41.26	7:25/M	27:36.10	7:24/M
10	Adam Weller, M34	Waterloo, IA	27:44.45	7:26/M	27:43.18	7:26/M
11	Jon Harding, M37	North Liberty, IA	28:43.73	7:42/M	28:39.15	7:41/M
12	Troy Bergmann, M36	Mount Vernon, IA	29:15.59	7:50/M	29:13.84	7:50/M
13	Robert Collins, M38	Springville, IA	29:28.36	7:54/M	29:25.66	7:53/M
14	David Walker, M35	52302, IA	30:26.43	8:09/M	30:23.12	8:09/M
15	Nate Sanderson, M35	Springville, IA	31:00.17	8:18/M	30:51.36	8:16/M
16	Kyle Koeppen, M30	Marion, IA	31:13.28	8:22/M	31:09.62	8:21/M
17	Kevin Kropf, M39	Coggon, IA	32:10.45	8:37/M	32:03.51	8:35/M
18	Todd Walker, M36	Marion, IA	33:12.12	8:54/M	33:05.19	8:52/M
19	Nate Baker, M38	Mechanicsville, IA	34:02.26	9:07/M	33:54.89	9:05/M
20	Jamie Johnson, M30	Springville, IA	36:15.39	9:43/M	36:05.95	9:40/M
21	Tony Marineau, M39	Cary, IL	36:44.20	9:51/M	36:39.36	9:49/M
22	Adam Hamblin, M38	Cedar Rapids, IA	39:12.82	10:31/M	39:00.39	10:27/M

23	Mason Akers, M32	Marion, IA	39:24.44	10:34/M	39:11.71	10:30/M
24	Brian Gleason, M39	Cedar Rapids, IA	45:18.59	12:09/M	45:09.01	12:06/M
25	Nick Merritt, M30	Marion, IA	46:48.89	12:33/M	46:34.67	12:29/M

F[30-39]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Michelle Schwenn, F38	Lisbon, IA	29:08.84	7:49/M	29:02.63	7:47/M
2	Lisa Lansing, F34	Springville, IA	31:23.58	8:25/M	31:18.84	8:23/M
3	Cheri Oler, F37	Springville, IA	34:19.28	9:12/M	34:16.60	9:11/M
4	Lisa Stejskal, F32	Anamosa, IA	34:42.17	9:18/M	34:39.51	9:17/M
5	Jeanna Collins, F35	Springville, IA	36:12.87	9:42/M	36:06.70	9:41/M
6	Terra Akers, F32	Marion, IA	36:38.18	9:49/M	36:25.72	9:46/M
7	Suzanne Risk, F37	Cedar Rapids, IA	37:00.88	9:55/M	36:51.71	9:53/M
8	Kori Avis, F33	Cedar Rapids, IA	37:31.70	10:03/M	37:17.80	10:00/M
9	Leisa Breifelder, F34	Springville, IA	37:49.64	10:08/M	37:44.72	10:07/M
10	Molly Mielke, F36	Marion, IA	38:24.99	10:18/M	38:18.62	10:16/M
11	Kara Jacobson, F32	Marion, IA	38:25.29	10:18/M	38:18.78	10:16/M
12	Jill Jacobs, F30	Fairfax, IA	39:06.39	10:29/M	39:00.48	10:27/M
13	Tammy Baker, F38	Mechanicsville, IA	39:22.79	10:33/M	39:15.81	10:31/M
14	Staci Erickson, F39	Anamosa, IA	40:19.66	10:49/M	40:08.15	10:45/M
15	Dawn King, F35	Monticello, IA	41:03.77	11:00/M	40:53.89	10:58/M
16	Sarah Getz, F30	Marion, IA	42:26.84	11:23/M	42:16.73	11:20/M
17	Jackie Wagner, F38	Cedar Rapids, IA	43:06.17	11:33/M	42:57.59	11:31/M
18	Melissa Williams, F34	Springville, IA	45:58.76	12:19/M	45:43.04	12:15/M
19	"Nicole ""Nikki"" Chapman, F38	Cedar Rapids, IA	49:02.91	13:09/M	48:56.96	13:07/M
20	Jessica Moore, F36	Springville, IA	51:38.33	13:51/M	51:32.64	13:49/M
21	Jaime Zaruba, F35	Springville, IA	55:15.92	14:49/M	55:10.68	14:48/M

M[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	William Iverson, M45	Iowa City, IA	24:28.26	6:33/M	24:27.43	6:33/M
2	Mark Akers, M43	North Liberty, IA	28:11.82	7:33/M	28:10.06	7:33/M
3	Kyle Trampe, M42	Marion, IA	28:29.55	7:38/M	28:18.94	7:35/M
4	Rob Hursh, M48	Cr, IA	29:09.46	7:49/M	29:05.31	7:48/M
5	Chris Cristensen, M49	Atkins, IA	30:07.70	8:04/M	30:00.09	8:02/M
6	Kyle Blake, M46	Springville, IA	32:27.72	8:42/M	32:15.35	8:39/M
7	John Kramer, M46	Springville, IA	33:37.71	9:01/M	33:28.29	8:58/M
8	John Ernst, M49	Cedar Rapids, IA	35:07.72	9:25/M	34:58.77	9:22/M
9	Daryl Pearson, M43	Springville, IA	37:41.43	10:06/M	37:27.66	10:02/M
10	David Drury, M44	Cedar Rapids, IA	38:57.20	10:26/M	38:51.79	10:25/M
11	Sean Williams, M40	Springville, IA	42:33.28	11:24/M	42:15.79	11:20/M

12	Craig Johnson, M49	Marion, IA	42:45.24	11:28/M	42:33.70	11:24/M
13	Russell Behnke, M43	Marion, IA	44:02.56	11:48/M	43:58.19	11:47/M
14	Jeff Menster, M42	Springville, IA	44:15.68	11:52/M	44:00.99	11:48/M
15	Russ Wagaman, M42	Springville, IA	47:11.34	12:39/M	46:58.92	12:36/M
16	Ben Minger, M40	Dubuque, IA	51:28.01	13:48/M	51:19.66	13:46/M
17	Rich Blakely, M41	Springville, IA	52:41.51	14:07/M	52:29.90	14:04/M
18	Mike Hanshaw, M43	Springville, IA	59:13.25	15:53/M	58:58.02	15:48/M

F[40-49]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Margaret Chapman, F47	Marion, IA	30:07.16	8:04/M	30:03.92	8:03/M
2	Sarah Williams, F46	Marion, IA	30:40.91	8:13/M	30:36.70	8:12/M
3	Jody Rausch, F44	Robins, IA	33:52.73	9:05/M	33:47.83	9:03/M
4	Cathy May, F42	Cedar Rapids, IA	37:00.43	9:55/M	36:50.59	9:52/M
5	Cynthia Heitshusen, F45	Center Point, IA	37:24.53	10:02/M	37:17.57	10:00/M
6	Traci Hampton, F41	Independence, IA	40:19.71	10:49/M	40:08.87	10:46/M
7	Tami Daubs, F40	Center Point, IA	40:42.41	10:55/M	40:36.83	10:53/M
8	Wendy Burkle, F42	Mount Vernon, IA	41:13.33	11:03/M	41:02.90	11:00/M
9	Lisa Kemp, F42	Asbury, IA	41:23.87	11:06/M	41:16.63	11:04/M
10	Debby Behnke, F42	Marion, IA	42:00.50	11:16/M	41:56.53	11:14/M
11	Shelly Pearson, F43	Springville, IA	43:04.69	11:33/M	42:54.34	11:30/M
12	Monica Blake, F48	Springville, IA	43:21.70	11:37/M	43:09.23	11:34/M
13	Lisa Stephenson, F40	Cedar Rapids, IA	43:40.20	11:42/M	43:25.25	11:38/M
14	Karla Blakely, F41	Springville, IA	44:47.61	12:00/M	44:37.83	11:58/M
15	Janet Pittman, F46	Iowa City, IA	47:20.45	12:41/M	47:12.34	12:39/M
16	Pamela Nissen, F45	Springville, IA	51:00.85	13:40/M	50:52.17	13:38/M
17	Lori Hanshaw, F42	Springville, IA	59:13.53	15:53/M	58:58.61	15:49/M
18	Deanna Wagaman, F41	Springville, IA	1:00:38.40	16:15/M	1:00:22.43	16:11/M

M[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Dave Martin, M58	Springville, IA	26:51.90	7:12/M	26:50.46	7:11/M
2	Bill Copper, M55	Marion, IA	29:57.78	8:02/M	29:55.89	8:01/M
3	Todd Lewison, M52	Cedar Rapids, IA	30:41.58	8:13/M	30:36.58	8:12/M
4	Jimmy Keller, M51	Cedar Rapids, IA	31:39.91	8:29/M	31:31.80	8:27/M
5	William Johnson, M58	Iowa City, IA	32:13.78	8:38/M	32:10.27	8:37/M
6	Daniel Boeding, M58	Cedar Rapids, IA	32:45.67	8:47/M	32:40.55	8:45/M
7	Cheyenne Lerch, M54	Anamosa, IA	32:47.26	8:47/M	32:40.63	8:45/M
8	Kevin Ernster, M59	Walker, IA	36:59.78	9:55/M	36:51.45	9:53/M

9	Steve Hershner, M57	Cedar Rapids, IA	39:46.99	10:40/M	39:38.07	10:37/M
10	Bill Nelson, M58	Springville, IA	44:15.97	11:52/M	44:01.41	11:48/M
11	Rodney Hilsabeck, M59	Springville, IA	1:01:26.96	16:28/M	1:01:11.24	16:24/M

F[50-59]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Patti Sprague, F54	Mount Vernon, IA	33:20.28	8:56/M	33:17.78	8:55/M
2	Martha Gearhart, F53	Hopkinton, IA	35:21.86	9:29/M	35:14.37	9:27/M
3	Linnea Martin, F59	Marion, IA	36:41.11	9:50/M	36:30.34	9:47/M
4	Amy Keating, F54	Marion, IA	36:57.29	9:54/M	36:51.08	9:53/M
5	Donna Sanders, F52	Cedar Rapids, IA	43:07.26	11:33/M	42:58.72	11:31/M
6	Charleen Jones, F54	North Liberty, IA	46:39.60	12:30/M	46:27.92	12:27/M
7	Shawwna Larison, F51	Marion, IA	46:39.80	12:30/M	46:28.02	12:27/M
8	Lori Schmidt, F54	Waterloo, IA	48:37.33	13:02/M	48:24.82	12:59/M
9	Melinda Owen, F52	Cedar Rapids, IA	49:37.15	13:18/M	49:35.21	13:18/M
10	Deb Pauly, F55	Springville, IA	49:38.29	13:18/M	49:23.58	13:14/M
11	Kristyn Ryan, F50	Springville, IA	49:53.80	13:23/M	49:52.03	13:22/M
12	Janene Hunt, F55	Ankeny, IA	54:54.32	14:43/M	54:51.84	14:42/M

M[60 & Over]

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Pace mpm</u>	<u>Chip Time</u>	<u>Pace mpm</u>
1	Warren Feerer, M63	Cedar Rapids, IA	31:09.22	8:21/M	31:03.58	8:19/M
2	John Leland, M77	Marion, IA	34:24.46	9:13/M	34:16.57	9:11/M
3	Donald Schuller, M61	Cedar Rapids, IA	35:47.86	9:36/M	35:32.17	9:31/M
4	Don Tapken, M67	Monticello, IA	43:24.77	11:38/M	43:14.44	11:35/M

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