



**Varsity Girls Results**

<b>Bib</b>	<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>School Name</b>	<b>Time</b>	<b>Points</b>
137	1	Braelyn	Baker	Creston	20:40.6	1
134	2	McKinna	Hogan	Lenox	21:44.0	
138	3	Paige	Davis	Creston	21:55.1	2
144	4	Alexa	McCunn	Red Oak	22:11.6	3
152	5	Darci	Wiseman	Winterset	22:27.3	4
155	6	Sami	Craven	Winterset	22:37.3	5
153	7	Micah	Yeager	Winterset	22:44.7	6
127	8	Gabrielle	Valencia	East Union	22:56.5	7
157	9	Dyllan	Kaufman	Winterset	23:09.9	8
156	10	Morgan	Sutton	Winterset	23:10.4	9
106	11	Hadley	Bell	Central Decatur	23:53.1	10
105	12	Anniston	Jones	Central Decatur	23:58.7	11
107	13	Harrisen	Bevan	Central Decatur	24:02.3	12
139	14	Morgan	Buxton	Creston	24:07.9	13
151	15	Abby	Benshoof	Winterset	24:20.9	14
154	16	Mia	Kerr	Winterset	24:26.3	15
143	17	Zoe	Ralston	Creston	24:36.2	16
146	18	Cam	Bass	Red Oak	24:37.0	17
108	19	Aubrey	Boswell	Southwest Valley	24:40.4	18
141	20	Carly	Green	Creston	24:53.7	19
142	21	Autumn	Stafford	Creston	24:57.7	20
120	22	Makenna	Laumann	Sidney	25:05.5	
125	23	Becca	Cody	Riverside	25:16.8	
110	24	Halle	Pearson	Southwest Valley	25:20.2	21
124	25	Stormy	Noble	Riverside	25:30.3	
140	26	Angelina	Chuong	Creston	25:48.9	22
109	27	Sydney	Davies	Southwest Valley	25:56.1	23
149	28	Eva	Sherman	Red Oak	26:29.5	24
102	29	Jamie	Oesch	Central Decatur	27:00.4	25
101	30	Chloe	Hamacker	Central Decatur	27:04.5	26
147	31	Aedynn	Graham	Red Oak	27:05.7	27
103	32	Haley	Oesch	Central Decatur	27:30.8	28
131	33	Jillian	Valencia	East Union	27:33.9	29
119	34	Megan	Wells	East Mills	27:36.1	
111	35	Sydney	Westlake	Southwest Valley	27:45.4	30
133	36	Emma	Barrett	Essex	27:48.0	
126	37	Ansley	Waigand	East Union	28:20.7	31
150	38	Madison	Bruce	Red Oak	28:49.1	32
113	39	Kya	Newton	Southwest Valley	28:49.9	33
104	40	Maren	Buckingham	Central Decatur	28:56.6	34
123	41	Maggie	Girardi	Martensdale-St. Mary's	29:01.5	
130	42	Hayden	Waigand	East Union	29:19.4	35
145	43	Rhenn	Rolenc	Red Oak	29:44.1	36
121	44	Grace	Zach	Sidney	30:11.4	

117	45	Cheyenne	Schmitt	East Mills	30:32.0	
136	46	Trenidy	Shimer	Lenox	31:26.1	
132	47	Tori	Sample	Essex	31:50.9	
115	48	Carmen	Perdew	Bedford	31:55.5	
148	49	Michelle	Grass	Red Oak	32:39.4	37
128	50	Jaden	Froit	East Union	38:06.9	38
112	51	Julia	Means	Southwest Valley	40:27.6	39
114	52	Sierra	Pearson	Southwest Valley	DNS	
116	53	Breawna	Neely	Bedford	DNS	
118	54	Ann	Barrett	East Mills	DNS	
122	55	Josephine	Wearmouth	Martensdale-St. Mary's	DNS	
129	56	Abbie	Wuebker	East Union	DNS	
135	57	McKynna	England	Lenox	DNS	



### Varsity Boys Results

<b>Bib</b>	<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>Team Name</b>	<b>Time</b>	<b>Points</b>
205	1	William	Gillis	Central Decatur	16:51.6	1
216	2	Tyler	Blay	West Nodaway	17:08.7	2
270	3	Baylor	Bergren	Red Oak	17:26.9	3
265	4	Clayton	Stafford	Creston	17:37.8	
278	5	Mason	Back	Winterset	18:09.5	4
277	6	Kash	Kiburz	Winterset	18:11.9	5
201	7	Tyson	McDole	Central Decatur	18:35.1	6
217	8	Duke	Ingraham	West Nodaway	18:45.7	7
220	9	Riley	Blay	West Nodaway	18:49.0	8
244	10	Ben	Schroder	Riverside	19:03.4	9
271	11	Kaden	Johnson	Red Oak	19:11.9	10
281	12	Jackson	Kimball	Winterset	19:14.2	11
279	13	Blake	Freese	Winterset	19:15.8	12
282	14	Abram	Wadle	Winterset	19:17.4	13
272	15	Nolan	Blackman	Red Oak	19:18.3	14
203	16	Vincent	Carcamo	Central Decatur	19:30.1	15
283	17	Ethan	Easter	Winterset	19:43.6	16
204	18	Junior	Oesch	Central Decatur	19:50.4	17
206	19	Joe	Sheetz	Central Decatur	19:54.6	18
214	20	Owen	Lucas	Bedford	19:55.6	
215	21	Noah	Johnson	Bedford	20:01.9	
245	22	Mason	McCready	Riverside	20:07.0	19
247	23	Clayton	Spies	Riverside	20:10.5	20
246	24	Eric	Duhachek	Riverside	20:11.7	21
280	25	Eli	Cowman	Winterset	20:15.4	22
224	26	Jerrett	Jentzsch	East Mills	20:29.5	23
202	27	Mathew	Patience	Central Decatur	20:32.6	24
256	28	Jacob	Driskill	East Union	20:34.8	25
264	29	Mizael	Gomez	Lenox	20:35.4	
273	30	Bryton	Bergren	Red Oak	20:44.7	26
235	31	Kyle	Beam	Sidney	20:53.2	
207	32	Quentin	Coffelt	Central Decatur	20:55.2	27
267	33	Anthony	Eblen	Creston	20:59.0	
257	34	Lukas	Janecek	Essex	21:10.4	28
222	35	Jesse	Oyster	East Mills	21:12.0	29
255	36	DJ	Islas	East Union	21:27.5	30
208	37	Blake	Venteicher	Southwest Valley	21:31.4	
248	38	Brant	Spies	Riverside	21:37.4	31
252	39	Damon	Hayes	East Union	21:45.0	32
221	40	Keevin	Maupin	West Nodaway	21:46.2	33
231	41	Carter	Lumbard	Diagonal	21:46.6	

274	42	Ethan	Horn	Red Oak	21:47.2	34
234	43	Cole	Jorgenson	Sidney	21:59.3	
226	44	Anthony	Obermiller	East Mills	22:05.9	35
275	45	TY	Jenkins	Red Oak	22:16.6	36
219	46	Grant	Adkins	West Nodaway	22:23.1	37
269	47	Carson	Smith	Creston	22:24.0	
227	48	Camryn	Johnson	East Mills	22:50.4	38
243	49	Corey	Heithoff	oon Rapids-Bayar	22:52.8	
228	50	Steven	Barrett	East Mills	22:53.3	39
249	51	Dalton	Smith	Riverside	23:29.9	40
258	52	Dylan	Barrett	Essex	23:34.9	41
250	53	Conner	Stevens	Riverside	23:36.7	42
237	54	Will	Bryant	Sidney	23:44.9	
230	55	Alex	Baker	Diagonal	23:51.5	
276	56	Xavier	Ross	Red Oak	24:03.1	43
241	57	David	Ralls	rtensdale-St. Mar	24:34.5	
253	58	Peyton	Long	East Union	24:48.2	44
212	59	Sam	Bredensteiner	Bedford	25:04.9	
232	60	Garrett	Stephens	Diagonal	25:20.0	
261	61	Jacob	Robinette	Essex	26:50.7	45
210	62	Ethan	James	Southwest Valley	26:54.4	
262	63	Payton	Ashlock	Essex	27:04.5	46
254	64	Derek	Albretchensen	East Union	28:06.3	47
209	65	Deacon	Ganfield	Southwest Valley	28:25.8	
239	66	Evan	Weaver	rtensdale-St. Mar	28:37.8	
233	67	Miah	Ikenberry	Diagonal	28:46.3	
251	68	Blake	Wuebker	East Union	29:06.6	48
238	69	Dustin	Ralls	rtensdale-St. Mar	29:43.2	
240	70	Ian	Wetzler	rtensdale-St. Mar	29:51.0	
263	71	Brice	Sederburg	Essex	35:46.8	49
211		Stephen	Burn	Bedford	DNS	
213		Levi	Kettle	Bedford	DNS	
218		Preston	Bateman	West Nodaway	DNS	
223		Martin	Seipold	East Mills	DNS	
225		AJ	Laramie	East Mills	DNS	
229		Skyler	Stamps	Diagonal	DNS	
236		Christian	Harris	Sidney	DNS	
242		Kegan	Cilliers	oon Rapids-Bayar	DNS	
259		Isaiah	Kline	Essex	DNS	
260		Tony	Racine	Essex	DNS	
266		Riley	Wipperman	Creston	DNS	
284		Justin	Wells	Fremont-Mills	DNS	
285		Tristan	Dresher	Fremont-Mills	DNS	

**JV Girls Results**

<b>Bib</b>	<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>School Name</b>	<b>Time</b>
118	1	Karsyn	Kaufman	Winterset	24:34.1
106	2	Molly	Sickels	Creston	25:45.7
107	3	Emma	Pantini	Creston	26:50.8
108	4	Mallory	Wilson	Creston	27:03.9
109	5	Sydney	Strunk	Creston	27:22.3
117	6	Natalie	Wood	Winterset	27:26.6
116	7	Ava	Lowden	Winterset	28:06.2
103	8	Ellyson	Sheetz	Central Decatur	29:59.4
119	9	Addie	Tucker	Winterset	32:03.4
112	10	Tessa	Rolenc	Red Oak	33:58.4
113	11	Araina	Brummett	Red Oak	34:26.2
102	12	Kylie	Rockhold	Central Decatur	34:26.5
114	13	Mya	Southwell	Red Oak	34:35.2
115	14	Lindsey	Porter	Red Oak	34:43.4
101	15	Mya	Applegate	Central Decatur	DNS
104	16	Kaydee	Swartz	Central Decatur	DNS
120	17	Libby	Nuzum	Winterset	DNS





### JV Boys Results

<b>Bib</b>	<b>Place</b>	<b>Name</b>	<b>Team name</b>	<b>Gender</b>	<b>Time</b>
226	1	Sam	Hensley	Winterset	19:40.9
237	2	Liam	Sutton	Winterset	20:35.7
227	3	Jensen	Kaldenberg	Winterset	20:40.1
230	4	Kael	Blanchard	Winterset	20:44.4
202	5	Jack	Greenwood	Central Decatur	20:52.1
204	6	Brayden	Olson	Central Decatur	22:40.1
235	7	Franklin	Pasorino	Winterset	22:41.6
229	8	Mathew	Buck	Winterset	22:45.0
241	9	Aaron	Lowe	Winterset	22:51.6
206	10	Rex	Wooton	Clarinda Academy	23:27.4
222	11	Joshua	LeRette	Red Oak	23:42.4
205	12	Isaiah	Brunk	Central Decatur	24:03.9
240	13	Zack	Frease	Winterset	24:06.3
216	14	Damien	Holste	Iowa School for Deaf	24:20.3
212	15	Caleb	Stevens	Riverside	24:48.4
233	16	Devin	Bott	Winterset	24:48.7
223	17	Cyrus	Mensen	Red Oak	24:59.8
232	18	Hugo	Hanselman	Winterset	25:19.4
213	19	Alex	Weis	Riverside	26:01.5
207	20	Josh	Medina	Clarinda Academy	26:13.2
242	21	Boston	Anker	Winterset	26:28.4
209	22	Kevin	Ramirez	Clarinda Academy	26:32.0
214	23	Gregory	Musinde-Kazeba	Iowa School for Deaf	26:44.6
210	24	Thoren	Wade	East Mills	26:55.9
219	25	Travin	Nipper	Iowa School for Deaf	27:32.8
225	26	Greyson	Hewett	Red Oak	28:20.9
218	27	Marvin	Coffin	Iowa School for Deaf	30:42.2
217	28	Austin	Stage	Iowa School for Deaf	31:12.0
211	29	Nick	Updegraff	East Mills	31:22.0
221	30	Aidan	Shivers	Essex	32:41.4
220	31	Izaiah	Flowers	Essex	36:37.0
201	32	Bryce	Buckalew	Winterset	DNS
203	33	Brandon	Vecchio	Central Decatur	DNS
208	34	Jayden	Jackson	Clarinda Academy	DNS
215	35	Henry	Zlando	Iowa School for Deaf	DNS
224	36	Kaiden	Allison	Red Oak	DNS
228	37	Sam	Schrodt	Winterset	DNS
231	38	Sean	Johnson	Winterset	DNS
234	39	Luke	Porter	Winterset	DNS
236	40	Jack	Hannon	Winterset	DNS

239	41	Grant	Vandewater	Winterset	DNS
	42				
	43				
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### Junior High Girls Results

<b>Bib</b>	<b>Place</b>	<b>First Name</b>	<b>Last Name</b>	<b>Team Name</b>	<b>Time</b>	<b>Points</b>
19	1	Ellie	Baker	Martensdale-St. Mary's	14:13.1	1
26	2	Riley	King	Essex	14:58.2	
21	3	Autumn	Elbert	Martensdale-St. Mary's	15:00.7	2
22	4	Maryann	Hart	Martensdale-St. Mary's	15:02.5	3
28	5	Hailey	Egber	Shenandoah	15:03.6	4
11	6	Payton	Davis	Creston	15:09.5	
5	7	Ashlynn	Reser	Southwest Valley	15:45.2	5
18	8	Emily	Hughes	Martensdale-St. Mary's	16:09.3	6
12	9	Amber	DeGonia	Creston	16:12.0	
16	10	Maclaine	German	Martensdale-St. Mary's	16:19.1	7
4	11	Hailey	Randall	Southwest Valley	16:29.5	8
14	12	Morgan	Sheperd	Martensdale-St. Mary's	16:34.3	9
2	13	Olivia	Kathikar	Southwest Valley	17:14.2	10
13	14	Caytee	Wipperman	Creston	17:18.3	
20	15	Brooke	Thompson	Martensdale-St. Mary's	17:33.6	11
24	16	Brecken	Pierce	Riverside	18:16.3	
29	17	Laney	Manrose	Shenandoah	18:54.5	12
33	18	Nora	Martin	Shenandoah	19:51.9	13
10	19	Jersey	Pettegrew	Creston	20:55.9	
3	20	Zoey	Mullen	Southwest Valley	21:12.3	14
1	21	Tegan	Hoyt	Southwest Valley	21:21.8	15
6	22	Mariah	Sparks	Southwest Valley	21:32.8	16
32	23	Ali	Armstrong	Shenandoah	22:30.2	17
30	24	Adrienne	Moore	Shenandoah	22:53.0	18
7	25	Natalie	TRUE	Southwest Valley	23:07.4	19
27	26	Nellie	Blaine	Red Oak	24:37.8	
17	27	Shelby	Gideon	Martensdale-St. Mary's	28:21.7	
8	28	Katelyn	Brandhorst	Bedford	DNS	
9	29	Hali	Grundman	Bedford	DNS	
15	30	Karson	Oberender	Martensdale-St. Mary's	DNS	
25	31	Bailey	Richardson	Riverside	DNS	
31	32	Natalie	McDowell	Shenandoah	DNS	
34	33	Bella	Gute	Fremont-Mills	DNS	
35	34	Reese	Gute	Fremont-Mills	DNS	
36	35	Ella	Thornton	Fremont-Mills	DNS	
37	36	Lana	Alley	Fremont-Mills	DNS	

### Junior High Boys Results

<b>Bib</b>	<b>Place</b>	<b>Flrst Name</b>	<b>Last Name</b>	<b>Team Name</b>	<b>Time</b>	<b>Points</b>
44	1	Damien	Little Thunder	Shenandoah	13:06.8	1
49	2	Ayden	Johnson	Shenandoah	13:29.2	2
45	3	Davin	Holste	Shenandoah	13:32.5	3
37	4	Seth	Ripperger	East Union	13:55.7	
1	5	Ashton	Boswell	Southwest Valley	14:05.4	4
29	6	Johnny	Cortez	Coon Rapids-Bayard	14:12.5	5
40	7	Brett	Erickson	Red Oak	14:24.7	6
35	8	John	Thompson	Riverside	14:39.3	
13	9	Owen	Weis	Creston	14:40.2	7
14	10	Vinny	Eblen	Creston	14:48.4	8
17	11	Gabe	Hopkins	Creston	14:59.0	9
31	12	Landon	Cook	Coon Rapids-Bayard	14:59.9	10
26	13	Nathan	Mundil	Martensdale-St. Mary's	15:09.7	11
28	14	Cole	Cretsinger	Coon Rapids-Bayard	15:19.1	12
24	15	Elijah	Wheeldon	Martensdale-St. Mary's	15:21.1	13
43	16	Geno	Demasi	Red Oak	15:31.2	14
18	17	Wyatt	Schmitt	East Mills	16:02.6	
10	18	Jaxson	Jondle	Creston	16:10.2	15
15	19	Tristan	Evans	Creston	16:15.8	16
39	20	Jacob	Brower	Red Oak	16:19.0	17
27	21	Thomas	Mundil	Martensdale-St. Mary's	16:48.4	18
6	22	Matthew	Means	Southwest Valley	17:17.6	19
9	23	Jerry	DeGonia	Creston	17:22.6	20
20	24	Asher	Henson	Martensdale-St. Mary's	17:29.4	21
46	25	Drew	Morelock	Shenandoah	17:33.0	22
42	26	Bryce	Williams	Red Oak	17:55.1	23
52	27	Cade	Harris	Fremont-Mills	18:03.2	
12	28	Caden	Simmons	Creston	18:13.7	24
30	29	Braydon	Reineke	Coon Rapids-Bayard	18:23.8	25
2	30	Quaid	Eddy	Southwest Valley	18:26.3	26
3	31	Cayden	Franson	Southwest Valley	19:02.3	27
55	32	Jordan	Mclaughlin	Fremont-Mills	19:05.7	
54	33	Kaleb	Ethofer	Fremont-Mills	19:07.8	
51	34	Noah	Howe	Fremont-Mills	19:12.0	
36	35	Adrian	Perez	Iowa School for Deaf	19:16.2	
34	36	Riley	Rowe	Riverside	19:21.4	
4	37	Lucas	James	Southwest Valley	19:22.3	28
25	38	Teegan	Dorenkamp	Martensdale-St. Mary's	20:18.3	29
50	39	Nick	Romero	Shenandoah	20:28.1	30
11	40	Brady	Phipps	Creston	20:48.8	
5	41	JP	Jones	Southwest Valley	20:51.6	31
41	42	Landon	Gigstad	Red Oak	21:43.3	32
47	43	Hendrix	Palmer	Shenandoah	21:44.4	33
33	44	Logan	Kenyon	Coon Rapids-Bayard	21:55.9	34

38	45	Weston	Gettler	Red Oak	22:27.1	35
48	46	Carter	Phipps	Shenandoah	24:13.1	36
32	47	Dakota	Mason	Coon Rapids-Bayard	25:18.2	37
16	48	Evan	Murdock	Creston	26:04.3	
22	49	Isaac	Luallin	Martensdale-St. Mary's	27:25.9	38
21	50	Trenton	Johnston	Martensdale-St. Mary's	27:58.5	39
7	51	Jevyn	Welch	Bedford	DNS	
8	52	Eli	Johnson	Bedford	DNS	
23	53	Reese	Nichols	Martensdale-St. Mary's	DNS	
53	54	Landon	Ramos	Fremont-Mills	DNS	