



JOHNSTON RUNNING CLUB



Youth Cross Country Meet
Sunday, October 11, 2020

Location: Johnston Middle School
6501 NW 62nd St Johnston 50131
Park in the JMS parking lot and walk to start of course on east side of track.

Course: Flat course

Entry Fee: \$5 per runner – Pay at the meet. Exact amount only – cash or check. No change will be given.
Registration Deadline Saturday, October 10 at 11am.
USATF Membership not required

Registration Link: <https://www.athletic.net/CrossCountry/meet/182370/register>

Check-In: Open at 12:30pm

Race Time: 2pm (rolling schedule) Boys/Girls may be separated depending on number of entries.
13-14 – 4000 meters
8 & Under – 2000 meters
9-10 – 3000 meters
11-12 – 3000 meters

**NOTE the order of schedule differs from other meets.

Awards: Medals for places 1-6 in each age division and gender. Awards will be given before the start of the next race.

Age Rules: Age determined as of December 31, 2020.

AGE DIVISIONS	BIRTH YEAR
8 & UNDER GIRLS/BOYS	2012 AND AFTER
9-10 GIRLS/BOYS	2010-2011
11-12 GIRLS/BOYS	2008-2009
13-14 GIRLS/BOYS	2006-2007

Meet Director: Britta Wey, johnstonrunning@gmail.com, 515-770-2038

***Per JCSD, face coverings are required when you cannot maintain at least 6 foot distance.**



www.johnstonrunningclub.com
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