

Go-Hawk Invite, Women, Sophomore, 4K

Wartburg/Max CC Course, Waverly, Iowa

September 6, 2011

70, Sunny, N @ 2-3 mph

Results by Hilltopper Results Service

[MS Girls](#) [Fr Girls](#) [So Girls](#) [Jr Girls](#) [Sr Girls](#) [Comb Girls](#)
[MS Boys](#) [Fr Boys](#) [So Boys](#) [Jr Boys](#) [Sr Boys](#) [Comb Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS											
1*	Decorah	24	6	7	11	12	15	16	18	36	38	40	42	46
2*	Dubuque Hempstead	24	5	9	10	26	31	41	49					
3	Crestwood	29	3	4	22	27								
4	Mason City	45	8	13	24									
5	Waverly-Shell Rock	59	1	28	30	32	34	47						
6	Western Dubuque	64	2	17	45	52								
7	Dike-New Hartford	69	21	23	25	33	35	37	53					
8	Denver	72	14	19	39									
9	Charles City	92	20	29	43	44	51							

Incomplete Teams: Aplington-Parkersburg, Columbus Catholic, Grundy Center, Jesup Nashua-Plainfield, New Hampton, North Butler, Tripoli, Wapsie Valley, Waterloo East Waukon, Webster City

[Individuals](#)

PLACE	FINISHER	TIME	PACE
1*.	Decorah		
6	Kelly Minear, 10	17:26	7:00
7	Hannah Haugen, 10	17:28	7:01
11	Maria Mertzenich, 10	18:05	7:16
12	Anna Hovden, 10	18:18	7:22
15	Dailen Folkedahl, 10	18:31	7:27
16	Lydia Hayes, 10	18:33	7:27
18	Anja Arend, 10	18:39	7:30
36	Carli Galligan, 10	20:17	8:09
38	Lindsay Vandelune, 10	20:49	8:22
40	Cecilia Mitchell, 10	21:30	8:39
42	Aubrey Mitchell, 10	21:37	8:42
46	Olivia Rauk, 10	21:56	8:49
48	Steffenee Voigt, 10	22:12	8:55
50	MaKenzie Wiesler, 10	23:10	9:19
Total Time = 52:57		Total Places = 24	
2*.	Dubuque Hempstead		
5	Kyra Oberfoell, 10	17:23	6:59
9	Kimberly Hemesath, 10	17:55	7:12
10	Katie Buchheit, 10	17:57	7:13
26	Faradis Lindblom, 10	19:18	7:45
31	Brittany Gilkes, 10	19:25	7:48
41	Logan Hoyt, 10	21:36	8:41
49	Madison Coohey, 10	22:48	9:10
Total Time = 53:13		Total Places = 24	
3.	Crestwood		
3	Tessa Anderson, 10	17:15	6:56
4	Kate Sheehy, 10	17:15	6:56
22	Savannah Lentz, 10	18:52	7:35
27	Lattie Crozier, 10	19:18	7:46
Total Time = 53:21		Total Places = 29	
4.	Mason City		
8	Taylor Richards, 10	17:35	7:04
13	Katie Penn, 10	18:21	7:23
24	Gen Anderson, 10	19:12	7:43
Total Time = 55:07		Total Places = 45	
5.	Waverly-Shell Rock		

1	Maaike Frerking, 10	16:25	6:36
28	Lilly Wadding, 10	19:20	7:46
30	Ashley Maley, 10	19:22	7:47
32	Bailee Wallace, 10	19:31	7:51
34	Megan Burkle, 10	19:48	7:58
47	Ariana Gremmels Olson, 10	22:10	8:55

Total Time = 55:06 Total Places = 59

6. Western Dubuque

2	Rachel Demmer, 10	16:49	6:46
17	Stephanie Niklasen, 10	18:35	7:28
45	Brianna Burds, 10	21:54	8:48
52	Gretchen Gaul, 10	24:27	9:50

Total Time = 57:16 Total Places = 64

7. Dike-New Hartford

21	Carrie Grassley, 10	18:51	7:35
23	Caroyln Bolhuis, 10	19:11	7:43
25	Ashley Swieter, 10	19:14	7:44
33	Haley O'Connor, 10	19:33	7:52
35	Megan Andersen, 10	20:09	8:06
37	Tessa Dall, 10	20:38	8:18
53	Megan Garcia, 10	30:54	12:26

Total Time = 57:15 Total Places = 69

8. Denver

14	Samantha Stokes, 10	18:23	7:23
19	Miranda Fober, 10	18:48	7:33
39	Courtney Moeller, 10	21:26	8:37

Total Time = 58:35 Total Places = 72

9. Charles City

20	Leah Swartzrock, 10	18:50	7:34
29	Hannah Wohlers, 10	19:21	7:47
43	Mariah Trettin, 10	21:48	8:46
44	Karina Fiser, 10	21:49	8:46
51	Paige Thornton, 10	24:05	9:41

Total Time = 59:58 Total Places = 92

TEAM					
PLACE	SCORE	FINISHER	TIME	PACE	TEAM

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1		Sammy Sproul, 10	15:33	6:15	Jesup
2	1	Maaike Frerking, 10	16:25	6:36	Waverly-Shell Rock
3		Emily Campbell, 10	16:30	6:38	North Butler
4	2	Rachel Demmer, 10	16:49	6:46	Western Dubuque
5	3	Tessa Anderson, 10	17:15	6:56	Crestwood
6	4	Kate Sheehy, 10	17:15	6:56	Crestwood
7	5	Kyra Oberfoell, 10	17:23	6:59	Dubuque Hempstead

Pace: [7:00](#) | [8:00](#) | [9:00](#) | [10:00](#) | [11:00](#) | [12:00](#) | [Top](#)

8	6	Kelly Minear, 10	17:26	7:00	Decorah
9	7	Hannah Haugen, 10	17:28	7:01	Decorah
10		Kaitlin Westendorf, 10	17:33	7:03	Tripoli
11	8	Taylor Richards, 10	17:35	7:04	Mason City
12		Annette Lantow, 10	17:35	7:04	Nashua-Plainfield
13	9	Kimberly Hemesath, 10	17:55	7:12	Dubuque Hempstead
14	10	Katie Buchheit, 10	17:57	7:13	Dubuque Hempstead
15		Hannah Stumberg, 10	18:01	7:15	Grundy Center
16	11	Maria Mertzenich, 10	18:05	7:16	Decorah
17		Morgan Shannon, 10	18:05	7:16	Webster City
18	12	Anna Hovden, 10	18:18	7:22	Decorah
19	13	Katie Penn, 10	18:21	7:23	Mason City
20	14	Samantha Stokes, 10	18:23	7:23	Denver
21	15	Dailen Folkedahl, 10	18:31	7:27	Decorah
22	16	Lydia Hayes, 10	18:33	7:27	Decorah
23	17	Stephanie Niklasen, 10	18:35	7:28	Western Dubuque
24	18	Anja Arend, 10	18:39	7:30	Decorah
25	19	Miranda Fober, 10	18:48	7:33	Denver
26		Gina Moline, 10	18:49	7:34	Webster City
27	20	Leah Swartzrock, 10	18:50	7:34	Charles City
28	21	Carrie Grassley, 10	18:51	7:35	Dike-New Hartford
29	22	Savannah Lentz, 10	18:52	7:35	Crestwood
30		Lauren Ambrosy, 10	19:01	7:39	Wapsie Valley
31		Megan Evans, 10	19:05	7:40	Nashua-Plainfield
32	23	Caroyln Bolhuis, 10	19:11	7:43	Dike-New Hartford
33	24	Gen Anderson, 10	19:12	7:43	Mason City
34	25	Ashley Swieter, 10	19:14	7:44	Dike-New Hartford
35		Jennifer Rust, 10	19:17	7:45	Grundy Center
36	26	Faradis Lindblom, 10	19:18	7:45	Dubuque Hempstead

37	27	Lattie Crozier, 10	19:18	7:46	Crestwood
38	28	Lilly Wadding, 10	19:20	7:46	Waverly-Shell Rock
39	29	Hannah Wohlers, 10	19:21	7:47	Charles City
40	30	Ashley Maley, 10	19:22	7:47	Waverly-Shell Rock
41	31	Brittany Gilkes, 10	19:25	7:48	Dubuque Hempstead
42	32	Bailee Wallace, 10	19:31	7:51	Waverly-Shell Rock
43	33	Haley O'Connor, 10	19:33	7:52	Dike-New Hartford
44		Megan McFadden, 10	19:38	7:54	Columbus Catholic
45	34	Megan Burkle, 10	19:48	7:58	Waverly-Shell Rock
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 Top					

46		Michi Goodwin, 10	20:01	8:03	New Hampton
47	35	Megan Andersen, 10	20:09	8:06	Dike-New Hartford
48	36	Carli Galligan, 10	20:17	8:09	Decorah
49	37	Tessa Dall, 10	20:38	8:18	Dike-New Hartford
50	38	Lindsay VandeLune, 10	20:49	8:22	Decorah
51		Maria Derdzinski, 10	20:58	8:26	North Butler
52	39	Courtney Moeller, 10	21:26	8:37	Denver
53	40	Cecilia Mitchell, 10	21:30	8:39	Decorah
54	41	Logan Hoyt, 10	21:36	8:41	Dubuque Hempstead
55	42	Aubrey Mitchell, 10	21:37	8:42	Decorah
56	43	Mariah Trettin, 10	21:48	8:46	Charles City
57	44	Karina Fiser, 10	21:49	8:46	Charles City
58		Laura Riese, 11	21:50	8:47	Waukon
59	45	Brianna Burds, 10	21:54	8:48	Western Dubuque
60	46	Olivia Rauk, 10	21:56	8:49	Decorah
61	47	Ariana Gremmels Olson, 10	22:10	8:55	Waverly-Shell Rock
62	48	Steffene Voigt, 10	22:12	8:55	Decorah
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 Top					

63	49	Madison Coohay, 10	22:48	9:10	Dubuque Hempstead
64		Madison Hewitt, 10	23:03	9:16	Waterloo East
65	50	MaKenzie Wiesler, 10	23:10	9:19	Decorah
66		Annie Tyler, 10	23:10	9:19	Aplington-Parkersburg
67		Rebecca Potter, 10	23:45	9:33	Waterloo East
68		Sandrah Zeien, 10	24:00	9:39	New Hampton
69	51	Paige Thornton, 10	24:05	9:41	Charles City
70	52	Gretchen Gaul, 10	24:27	9:50	Western Dubuque
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 Top					

71		Brianna Quigley, 10	28:10	11:19	Tripoli
Pace: 7:00 8:00 9:00 10:00 11:00 12:00 Top					

72	53	Megan Garcia, 10	30:54	12:26	Dike-New Hartford
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