

SE Polk XC Girls 4 km

Altoona, IA

Sept. 2, 2008

mild and windy

Results by Michael Franke

[Boys results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1	Waukee	48	2	4	6	17	19	24	35	17:12	1:54	
2	Pella	78	3	7	20	21	27	34	43	17:43	2:05	
3	Indianola	98	5	15	18	28	32	36	39	18:03	1:58	
4	Newton	115	10	11	23	26	45	49	52	18:22	1:48	
5	Knoxville	117	13	14	29	30	31	41	47	18:20	45	
6	Southeast Polk	136	12	22	25	37	40	46	48	18:37	1:22	
7	Oskaloosa	172	1	9	51	54	57	59	60	18:56	6:10	
8	Nevada	193	8	38	44	50	53	56	58	19:13	3:00	
9	North	207	16	33	42	55	61	62	63	20:09	5:56	

INCOMPLETE TEAMS:

Carlisle

East

[Individuals](#)

1. Waukee

2	Colette Gnade, Sr	16:19	6:34
4	Emily Brush, Fr	16:28	6:37
6	Alyxx Peterson, So	16:49	6:46
17	Sammy Fegen, Jr	18:11	7:19
19	Ashley Wink, Sr	18:12	7:19
24	Claire Johannesen, Sr	18:26	7:25
35	Molly Bramble, Fr	18:56	7:37

Time = 1:25:58 Places = 48

2. Pella

3	Madison Davis, Jr	16:28	6:37
7	Heidi Schulte, Jr	17:04	6:52
20	Hannah Schwab, Jr	18:15	7:20
21	Addy Van Vliet, Fr	18:18	7:22
27	Mariah Vande Lune, So	18:32	7:27
34	Lauren Barrick, Jr	18:51	7:35
43	Sarah Wittenberg, So	19:24	7:48

Time = 1:28:34 Places = 78

3. Indianola

5	Jamie Elbert, Sr	16:44	6:44
15	Alison Arndt, So	18:07	7:17
18	Allison Reynolds, Sr	18:12	7:19
28	Alyssa Bohlender, Fr	18:32	7:27
32	Kendra Perry, Fr	18:41	7:31
36	Emily Gross, Sr	18:57	7:37
39	Anna Dyer, Fr	19:14	7:44

Time = 1:30:15 Places = 98

4. Newton

10	Abby Reed, So	17:38	7:06
11	Amy Vos, Sr	17:51	7:11
23	Katie Ranard, So	18:25	7:24
26	Sarah Penning, Fr	18:31	7:27
45	Kara Brown, Sr	19:26	7:49
49	Mariah Doland, Fr	19:54	8:00
52	Allie Sheets, So	20:13	8:08

Time = 1:31:50 Places = 115

5. Knoxville

13	Jessica Fresh, Jr	17:55	7:12
14	Stephanie Kingery, Sr	17:55	7:12
29	Alex Thomas, Sr	18:34	7:28
30	Lacy Stevenson, Jr	18:39	7:30
31	Emily Klootwyk, Fr	18:39	7:30
41	Allison Crossett, So	19:17	7:45
47	Taylor Vos, So	19:38	7:54

Time = 1:31:40 Places = 117

6. Southeast Polk

12	Alicia Cole, Jr	17:53	7:12
22	Kelly Cole, Fr	18:19	7:22
25	Haley Ruden, So	18:28	7:26
37	Molly Potts, Jr	19:07	7:41
40	Hannah Olson, Fr	19:15	7:44
46	Brett Timmins, So	19:34	7:52
48	Allison Rogers, Fr	19:39	7:54

Time = 1:33:01 Places = 136

7. Oskaloosa

1	Sara Dickinson, Jr	15:24	6:11
9	Brooke VanHouweling, Fr	17:22	6:59
51	Jessica Grahek, So	20:02	8:03
54	Lytic Morris, So	20:21	8:11
57	Dana VanRenterghem, So	21:33	8:40
59	Paige Walter, Fr	22:02	8:51
60	Courtney Converse, Jr	22:11	8:55

Time = 1:34:40 Places = 172

8. Nevada

8	Steph Markey, Jr	17:17	6:57
38	Laura Alt, Fr	19:09	7:42
44	Amanda Rewerts, So	19:26	7:49
50	Emily Bell, Sr	20:00	8:02
53	Ana Stark, Sr	20:16	8:09
56	Jeri Nagle, So	21:06	8:29
58	Brittany Lovin, Sr	21:45	8:45

Time = 1:36:05 Places = 193

9. North

16	Kady Ragan, So	18:10	7:18
33	Molly Rhodes, Sr	18:42	7:31
42	Yency Garcia, Sr	19:23	7:48
55	Meredith Radig, Jr	20:24	8:12
61	Mary Houangsavanh, Sr	24:05	9:41
62	Caitlyn Kavan, Fr	24:36	9:53
63	Danielle Clark, Jr	24:41	9:55

Time = 1:40:41 Places = 207

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TEAM	PLACE	SCORE	FINISHER	TIME	PACE	TEAM
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1	1	Sara Dickinson, Jr	15:24	6:11	Oskaloosa
2	2	Colette Gnade, Sr	16:19	6:34	Waukee
3	3	Madison Davis, Jr	16:28	6:37	Pella
4	4	Emily Brush, Fr	16:28	6:37	Waukee
5	5	Jamie Elbert, Sr	16:44	6:44	Indianola
6	6	Alyxx Peterson, So	16:49	6:46	Waukee
7	7	Heidi Schulte, Jr	17:04	6:52	Pella
8	8	Steph Markey, Jr	17:17	6:57	Nevada
9	9	Brooke VanHouweling, Fr	17:22	6:59	Oskaloosa
Pace: 7:00 8:00 9:00 10:00 11:00 Top					
10	10	Abby Reed, So	17:38	7:06	Newton
11		Amanda Murray, So	17:49	7:10	Carlisle
12	11	Amy Vos, Sr	17:51	7:11	Newton
13	12	Alicia Cole, Jr	17:53	7:12	Southeast Polk
14	13	Jessica Fresh, Jr	17:55	7:12	Knoxville
15	14	Stephanie Kingery, Sr	17:55	7:12	Knoxville
16	15	Alison Arndt, So	18:07	7:17	Indianola
17	16	Kady Ragan, So	18:10	7:18	North
18	17	Sammy Fegen, Jr	18:11	7:19	Waukee
19	18	Allison Reynolds, Sr	18:12	7:19	Indianola
20	19	Ashley Wink, Sr	18:12	7:19	Waukee
21	20	Hannah Schwab, Jr	18:15	7:20	Pella
22	21	Addy Van Vliet, Fr	18:18	7:22	Pella
23	22	Kelly Cole, Fr	18:19	7:22	Southeast Polk
24	23	Katie Ranard, So	18:25	7:24	Newton
25	24	Claire Johannesen, Sr	18:26	7:25	Waukee
26	25	Haley Ruden, So	18:28	7:26	Southeast Polk
27	26	Sarah Penning, Fr	18:31	7:27	Newton
28	27	Mariah Vande Lune, So	18:32	7:27	Pella
29	28	Alyssa Bohlender, Fr	18:32	7:27	Indianola
30	29	Alex Thomas, Sr	18:34	7:28	Knoxville
31	30	Lacy Stevenson, Jr	18:39	7:30	Knoxville
32	31	Emily Klootwyk, Fr	18:39	7:30	Knoxville
33	32	Kendra Perry, Fr	18:41	7:31	Indianola
34	33	Molly Rhodes, Sr	18:42	7:31	North
35	34	Lauren Barrick, Jr	18:51	7:35	Pella
36	35	Molly Bramble, Fr	18:56	7:37	Waukee
37	36	Emily Gross, Sr	18:57	7:37	Indianola
38	37	Molly Potts, Jr	19:07	7:41	Southeast Polk
39	38	Laura Alt, Fr	19:09	7:42	Nevada
40		Morgan Gaynor, So	19:09	7:42	Waukee
41		Callie Aunan, So	19:12	7:43	Waukee
42	39	Anna Dyer, Fr	19:14	7:44	Indianola
43	40	Hannah Olson, Fr	19:15	7:44	Southeast Polk
44	41	Allison Crossett, So	19:17	7:45	Knoxville
45		Avery Allison, Jr	19:22	7:47	Waukee
46	42	Yency Garcia, Sr	19:23	7:48	North
47	43	Sarah Wittenberg, So	19:24	7:48	Pella
48		Paige Evans, Sr	19:25	7:48	Waukee
49		Amanda Jackson, Fr	19:25	7:48	Waukee
50	44	Amanda Rewerts, So	19:26	7:49	Nevada
51	45	Kara Brown, Sr	19:26	7:49	Newton
52		Shelby Kluempers, Fr	19:27	7:49	Waukee
53		Emily Johansen, Sr	19:28	7:50	Waukee
54		Christina Hibbard, So	19:29	7:50	Pella
55		Anna Hope, Sr	19:31	7:51	Waukee
56		Hannah Kono, Sr	19:33	7:52	Waukee
57		Laura Brewer, So	19:33	7:52	Waukee
58	46	Brett Timmins, So	19:34	7:52	Southeast Polk
59	47	Taylor Vos, So	19:38	7:54	Knoxville
60	48	Allison Rogers, Fr	19:39	7:54	Southeast Polk
61		Taylor Johnson, So	19:40	7:54	Southeast Polk
62		Jacque Abens, Sr	19:42	7:55	Knoxville
63		Pa Vang, Sr	19:43	7:55	East

64		Nora Anderson, Jr	19:46	7:57	Southeast Polk
65		Kathy Adrian, Fr	19:47	7:57	Knoxville
66		Jennifer Gaffney, Sr	19:52	7:59	Waukee
Pace: 7:00 8:00 9:00 10:00 11:00 Top					
67	49	Mariah Doland, Fr	19:54	8:00	Newton
68	50	Emily Bell, Sr	20:00	8:02	Nevada
69	51	Jessica Grahek, So	20:02	8:03	Oskaloosa
70		Hannah Beeler, Jr	20:06	8:05	Indianola
71		Leah Jessen, So	20:09	8:06	Waukee
72		Melissa Buehler, Fr	20:09	8:06	Waukee
73	52	Allie Sheets, So	20:13	8:08	Newton
74		Megan White, Fr	20:14	8:08	Southeast Polk
75	53	Ana Stark, Sr	20:16	8:09	Nevada
76		Haley Huffman, Jr	20:17	8:09	Indianola
77		Abi Rouw, So	20:18	8:10	Waukee
78		Alissa VanKlootwyk, Fr	20:19	8:10	Knoxville
79		Rachel Pearson, So	20:20	8:11	Knoxville
80		Chelsie Arkema, So	20:21	8:11	Newton
81	54	Lyric Morris, So	20:21	8:11	Oskaloosa
82		Hannah Wallace, Fr	20:22	8:11	Knoxville
83	55	Meredith Radig, Jr	20:24	8:12	North
84		Ashley Sill, Fr	20:25	8:13	Waukee
85		Bethany Just, Jr	20:27	8:13	Knoxville
86		April Jorgensen, Sr	20:29	8:14	Carlisle
87		Kimberly Terlouw, Jr	20:32	8:15	Pella
88		Miranda Huebner, So	20:33	8:16	Newton
89		Melissa Coon, Sr	20:33	8:16	Waukee
90		Nicole Schall, Fr	20:38	8:18	Pella
91		Melanie Herbault, Sr	20:43	8:20	Waukee
92		Catherine Jerrard, So	20:51	8:23	Waukee
93		Jesi Lile, Jr	20:52	8:23	Indianola
94		Allie McBroom, So	20:52	8:24	Southeast Polk
95		Hayley Morgan, So	20:54	8:24	Pella
96		Heidi Shivers, Jr	20:55	8:24	Indianola
97		Ashley Armantrout, Fr	20:55	8:25	Southeast Polk
98		Katelyn Simon, Jr	20:55	8:25	Waukee
99		Olivia Warner, So	20:56	8:25	Pella
100		Lauren Engley, Fr	20:56	8:25	Indianola
101		Rheanne Haws, Sr	20:57	8:25	Pella
102		Stefanie Giudici, Jr	20:59	8:26	Waukee
103		Molly Neil, So	21:00	8:26	Pella
104		Taylor Fank, Sr	21:00	8:27	Newton
105	56	Jeri Nagle, So	21:06	8:29	Nevada
106		Tabitha Fisher, So	21:06	8:29	Newton
107		Cassie Fortune, Sr	21:07	8:30	Southeast Polk
108		Jill Bickham, Sr	21:08	8:30	Indianola
109		Tiffany Cleven, Jr	21:10	8:31	Waukee
110		Jessica Stickel, So	21:12	8:32	Knoxville
111		Abby Wiese, Sr	21:13	8:32	Indianola
112		Ashley Swanson, Sr	21:15	8:33	Pella
113		Darcy Bradley, So	21:17	8:33	Indianola
114		Evelyn Paquin, So	21:21	8:35	Carlisle
115		Laura Bittner, So	21:21	8:35	Carlisle
116		Kaitlyn Schaudt, Sr	21:27	8:37	Pella
117		Sarah Geis, Sr	21:29	8:38	Waukee
118		Danielle Barry, Fr	21:30	8:39	Indianola
119		Kelsey Schippers, Jr	21:30	8:39	Pella
120	57	Dana VanRenterghem, So	21:33	8:40	Oskaloosa
121		Hanna Martin, Fr	21:36	8:41	Pella
122		Bailey Bintner, Sr	21:44	8:44	Indianola
123	58	Brittany Lovin, Sr	21:45	8:45	Nevada
124		Lindsay Kaestner, Fr	21:47	8:46	Knoxville
125		Brianna Ratashek, So	21:49	8:46	Southeast Polk
126		Kennedy Wolf, So	21:50	8:47	Southeast Polk

127	Anna Staudacher, So	22:01	8:51	Indianola
128	Chelsea Thomas, Sr	22:01	8:51	Indianola
129	59 Paige Walter, Fr	22:02	8:51	Oskaloosa
130	Blair Denny, Sr	22:03	8:52	Waukee
131	Betsy Wilson, Fr	22:05	8:53	Knoxville
132	60 Courtney Converse, Jr	22:11	8:55	Oskaloosa
133	Gretchen Hileman, So	22:14	8:56	Knoxville
134	Rachel Tendall, Sr	22:19	8:58	Waukee
135	Megan Quick, So	22:19	8:59	Southeast Polk
136	Hannah Bruntz, Sr	22:21	8:59	Waukee
137	Megan Adams, Fr	22:21	8:59	Oskaloosa
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
138	Roxane Kaale, So	22:25	9:01	Indianola
139	Katie Garrison, Fr	22:26	9:01	Southeast Polk
140	Alisha Poncy, Sr	22:27	9:02	Oskaloosa
141	Brooke Michael, Jr	22:30	9:03	Southeast Polk
142	Karissa Schaudt, So	22:36	9:05	Pella
143	Jessica Wallace, Sr	22:48	9:10	Knoxville
144	Cari Collins, Fr	22:52	9:12	Knoxville
145	Anthea Anderson, Fr	22:59	9:15	Oskaloosa
146	Amber Geib, So	23:00	9:15	Waukee
147	Ariel Jetty, Sr	23:12	9:20	East
148	Whitis Avery, Sr	23:15	9:21	Oskaloosa
149	Mica Doolan, Sr	23:22	9:24	Oskaloosa
150	Katie MacRunnel, Sr	23:25	9:25	Pella
151	Mackenzie Morris, Sr	23:25	9:25	Newton
152	Kristy Adey, Fr	23:36	9:29	Southeast Polk
153	Sara Pirtle, Fr	23:42	9:32	Indianola
154	Julie Drake, Sr	23:56	9:38	East
155	Megan Grubb, Fr	24:01	9:39	Indianola
156	61 Mary Houangsavanh, Sr	24:05	9:41	North
157	Amanda Supercynski, So	24:05	9:41	Nevada
158	Katrina Perkins, Sr	24:06	9:41	Nevada
159	Kacee Arey, Sr	24:11	9:43	Indianola
160	Alina McDaniel, So	24:17	9:46	East
161	Alex Bunting, Fr	24:23	9:48	Indianola
162	Monika Sharma, So	24:28	9:50	Nevada
163	Christina Rode, Jr	24:31	9:51	Knoxville
164	62 Caitlyn Kavan, Fr	24:36	9:53	North
165	63 Danielle Clark, Jr	24:41	9:55	North
166	Sarah Nelson, Jr	24:43	9:56	Indianola
167	Aemelia Tripp, Sr	24:46	9:58	Pella
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
168	Erika Watson, Jr	25:02	10:04	Southeast Polk
169	Coleen Tanyag, Jr	25:03	10:04	Southeast Polk
170	Killy Laughead, So	25:16	10:09	Waukee
171	Amanda Ulrich, Jr	25:19	10:11	North
172	Elizabeth Cline, Sr	25:22	10:12	North
173	Sarah Ferguson, So	25:29	10:15	Pella
174	Diane Pham, So	25:30	10:15	Pella
175	Laura DePenning, So	25:48	10:22	Pella
176	Katie Henry, Jr	25:55	10:25	Pella
177	Amanda Stefanik, Fr	26:05	10:29	Oskaloosa
178	Kayla Wies, Sr	27:14	10:57	Waukee
Pace: 7:00 8:00 9:00 10:00 11:00 Top				
179	Jillian Brooks, Jr	27:23	11:01	Nevada
180	Cara Bappe, Jr	28:08	11:19	Nevada

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