

# 33rd South Hardin Invitational Varsity Girls 4km

Pine Lake Park - Eldora, Iowa

Sept. 30, 2006

60s, overcast, nice

Results by Cal Murdock

[MS Girls](#)

[MS Boys](#)

[JV Girls](#)

[JV Boys](#)

[Var.Girls](#)

[Var.Boys](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

| PLACE | TEAM             | POINTS | PLACES OF FINISHERS |    |    |    |    |    |    | AVG. TIME | SPREAD |
|-------|------------------|--------|---------------------|----|----|----|----|----|----|-----------|--------|
| 1     | North Tama       | 67     | 1                   | 2  | 3  | 17 | 44 | 74 | 77 | 15:57     | 3:07   |
| 2     | B C L U W        | 71     | 4                   | 7  | 14 | 19 | 27 | 39 | 72 | 16:21     | 1:05   |
| 3     | C M B            | 75     | 5                   | 8  | 16 | 22 | 24 | 28 | 43 | 16:25     | 56     |
| 4     | Iowa Falls-Alden | 93     | 6                   | 13 | 20 | 25 | 29 | 30 | 45 | 16:36     | 1:10   |
| 5     | Webster City     | 130    | 12                  | 18 | 23 | 37 | 40 | 42 | 49 | 16:57     | 1:29   |
| 6     | Nevada           | 200    | 11                  | 36 | 48 | 51 | 54 | 60 | 62 | 17:42     | 2:18   |
| 7     | New Hampton      | 205    | 26                  | 31 | 38 | 46 | 64 | 66 | 71 | 17:44     | 2:04   |
| 8     | Colfax-Mingo     | 216    | 9                   | 15 | 57 | 67 | 68 | 69 | 73 | 17:54     | 3:04   |
| 9     | A G W S R        | 222    | 21                  | 33 | 52 | 55 | 61 |    |    | 17:57     | 2:10   |
| 10    | East Marshall    | 232    | 34                  | 35 | 41 | 47 | 75 |    |    | 18:21     | 3:40   |
| 11    | Lynnville-Sully  | 250    | 32                  | 50 | 53 | 56 | 59 | 65 | 70 | 18:14     | 1:28   |
| 12    | Colo-Nesco       | 285    | 10                  | 58 | 63 | 76 | 78 |    |    | 20:33     | 10:49  |

## INCOMPLETE TEAMS:

Gladbrook Reinbeck

G M G

South Hardin

South Tama

## [Individuals](#)

### 1. North Tama

|    |                       |       |      |
|----|-----------------------|-------|------|
| 1  | Blaire Dinsdale, Jr   | 14:50 | 5:58 |
| 2  | Brooke Dinsdale, Jr   | 14:51 | 5:58 |
| 3  | Sara Stoakes, So      | 15:32 | 6:15 |
| 17 | Erin Guzman, Jr       | 16:33 | 6:39 |
| 44 | Stephanie Ruzicka, Sr | 17:57 | 7:13 |
| 74 | Amy Monat, Sr         | 20:55 | 8:25 |
| 77 | Ashley Fink, Jr       | 23:59 | 9:39 |

Time = 1:19:41 Places = 67

### 2. B C L U W

|    |                     |       |      |
|----|---------------------|-------|------|
| 4  | Haddie Vawter, Fr   | 15:51 | 6:22 |
| 7  | Susie Kuhl, Jr      | 16:01 | 6:27 |
| 14 | Kelsey Erbes, So    | 16:17 | 6:33 |
| 19 | Jamie Fisher, Fr    | 16:39 | 6:42 |
| 27 | Nicole Fisher, Fr   | 16:55 | 6:48 |
| 39 | Jordan Schossow, So | 17:35 | 7:04 |
| 72 | Andrea Benson, Sr   | 20:05 | 8:05 |

Time = 1:21:41 Places = 71

### 3. C M B

|    |                     |       |      |
|----|---------------------|-------|------|
| 5  | Megan Stratton, Jr  | 15:55 | 6:24 |
| 8  | Katie Seales, Jr    | 16:03 | 6:27 |
| 16 | Becky Dolan, Sr     | 16:32 | 6:39 |
| 22 | Eve Renhold, Sr     | 16:44 | 6:44 |
| 24 | Jen Coughenhour, So | 16:50 | 6:46 |
| 28 | Nicole Hester, Jr   | 17:05 | 6:52 |
| 43 | Monica Madsen, Jr   | 17:53 | 7:12 |

Time = 1:22:01 Places = 75

### 4. Iowa Falls-Alden

|   |                |       |      |
|---|----------------|-------|------|
| 6 | Kate Price, So | 16:00 | 6:26 |
|---|----------------|-------|------|

|                            |                    |       |      |
|----------------------------|--------------------|-------|------|
| 13                         | Christa Rieks, So  | 16:17 | 6:33 |
| 20                         | Abi Weidemann, So  | 16:40 | 6:42 |
| 25                         | Lynn Bohn, Sr      | 16:52 | 6:47 |
| 29                         | Alex Herzog, Fr    | 17:10 | 6:54 |
| 30                         | Jenn Macy, So      | 17:13 | 6:55 |
| 45                         | Lindsay Walker, So | 17:59 | 7:14 |
| Time = 1:22:57 Places = 93 |                    |       |      |

## 5. Webster City

|                             |                      |       |      |
|-----------------------------|----------------------|-------|------|
| 12                          | Emily Long, Sr       | 16:11 | 6:30 |
| 18                          | Breanne Wagner, Fr   | 16:37 | 6:41 |
| 23                          | Sarah Perin, Fr      | 16:46 | 6:44 |
| 37                          | Erin Hunt, Fr        | 17:33 | 7:04 |
| 40                          | Ashley Mallinger, Fr | 17:40 | 7:06 |
| 42                          | Becky Perin, Sr      | 17:42 | 7:07 |
| 49                          | Amanda Hicok, Fr     | 18:09 | 7:18 |
| Time = 1:24:45 Places = 130 |                      |       |      |

## 6. Nevada

|                             |                        |       |      |
|-----------------------------|------------------------|-------|------|
| 11                          | Daranda Myers, Jr      | 16:09 | 6:30 |
| 36                          | Mackenzie Cahill, Sr   | 17:33 | 7:03 |
| 48                          | Paige Christianson, So | 18:08 | 7:17 |
| 51                          | Cara Boppe, Fr         | 18:13 | 7:20 |
| 54                          | Kelli Soll, Sr         | 18:27 | 7:25 |
| 60                          | Emily Bell, So         | 18:50 | 7:34 |
| 62                          | Alyssa Tondell, Jr     | 18:52 | 7:35 |
| Time = 1:28:28 Places = 200 |                        |       |      |

## 7. New Hampton

|                             |                   |       |      |
|-----------------------------|-------------------|-------|------|
| 26                          | Dani Goodwin, So  | 16:53 | 6:47 |
| 31                          | Mary Kolthoff, So | 17:19 | 6:58 |
| 38                          | Cassie Smith, Sr  | 17:34 | 7:04 |
| 46                          | Abby Bunston, Sr  | 17:59 | 7:14 |
| 64                          | Leah Gebel, Sr    | 18:57 | 7:37 |
| 66                          | Paige Evans, Fr   | 19:07 | 7:41 |
| 71                          | Sara Kobliska, Jr | 19:50 | 7:58 |
| Time = 1:28:40 Places = 205 |                   |       |      |

## 8. Colfax-Mingo

|                             |                    |       |      |
|-----------------------------|--------------------|-------|------|
| 9                           | Meghan Wolett, Sr  | 16:05 | 6:28 |
| 15                          | Krista Goodman, Sr | 16:30 | 6:38 |
| 57                          | Abby Johnson, So   | 18:36 | 7:29 |
| 67                          | Emmie Larson, Sr   | 19:08 | 7:41 |
| 68                          | Ashley Stuva, Fr   | 19:09 | 7:42 |
| 69                          | Linzi Weston, Fr   | 19:28 | 7:49 |
| 73                          | Amy Hitchcock, Jr  | 20:07 | 8:05 |
| Time = 1:29:26 Places = 216 |                    |       |      |

## 9. A G W S R

|                             |                      |       |      |
|-----------------------------|----------------------|-------|------|
| 21                          | Becky Gronewold, So  | 16:41 | 6:42 |
| 33                          | Laura Boheman, Jr    | 17:24 | 7:00 |
| 52                          | Chelsea Keninger, Fr | 18:22 | 7:23 |
| 55                          | Karina Montes, Sr    | 18:28 | 7:26 |
| 61                          | Dani Hackbart, Fr    | 18:50 | 7:35 |
| Time = 1:29:43 Places = 222 |                      |       |      |

## 10. East Marshall

|                             |                   |       |      |
|-----------------------------|-------------------|-------|------|
| 34                          | Ellen Dilger, Jr  | 17:26 | 7:00 |
| 35                          | Ellen Hedum, Sr   | 17:32 | 7:03 |
| 41                          | Jenny English, Sr | 17:42 | 7:07 |
| 47                          | Mykel Kopsa, Jr   | 18:03 | 7:15 |
| 75                          | Becky Hedum, Sr   | 21:05 | 8:29 |
| Time = 1:31:45 Places = 232 |                   |       |      |

## 11. Lynnville-Sully

|                             |                       |       |      |
|-----------------------------|-----------------------|-------|------|
| 32                          | Mariah Terlouw, Fr    | 17:21 | 6:58 |
| 50                          | Hannah Smith, Fr      | 18:10 | 7:18 |
| 53                          | Bre Rozendaal, Jr     | 18:25 | 7:24 |
| 56                          | Miriam Hoeksema, Sr   | 18:29 | 7:26 |
| 59                          | Cyvannah Doll, So     | 18:48 | 7:33 |
| 65                          | Courtney Van Wyk, Jr  | 18:59 | 7:38 |
| 70                          | Melissa Soderblom, Jr | 19:34 | 7:52 |
| Time = 1:31:10 Places = 250 |                       |       |      |

## 12. Colo-Nesco

|    |                      |       |       |
|----|----------------------|-------|-------|
| 10 | Stephanie Markey, Fr | 16:08 | 6:29  |
| 58 | Dani Willis, Jr      | 18:46 | 7:33  |
| 63 | Kelcey Smith, Jr     | 18:54 | 7:36  |
| 76 | Andrea Markey, Sr    | 21:57 | 8:50  |
| 78 | Rachael Lawson, Sr   | 26:57 | 10:50 |

Time = 1:42:41 Places = 285

[Top](#)

| PLACE                                                                                                                                         | TEAM SCORE | FINISHER                | TIME  | PACE | TEAM               |
|-----------------------------------------------------------------------------------------------------------------------------------------------|------------|-------------------------|-------|------|--------------------|
| 1                                                                                                                                             | 1          | Blaire Dinsdale, Jr     | 14:50 | 5:58 | North Tama         |
| 2                                                                                                                                             | 2          | Brooke Dinsdale, Jr     | 14:51 | 5:58 | North Tama         |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |            |                         |       |      |                    |
| 3                                                                                                                                             | 3          | Sara Stoakes, So        | 15:32 | 6:15 | North Tama         |
| 4                                                                                                                                             | 4          | Haddie Vawter, Fr       | 15:51 | 6:22 | B C L U W          |
| 5                                                                                                                                             | 5          | Megan Stratton, Jr      | 15:55 | 6:24 | C M B              |
| 6                                                                                                                                             | 6          | Kate Price, So          | 16:00 | 6:26 | Iowa Falls-Alden   |
| 7                                                                                                                                             | 7          | Susie Kuhl, Jr          | 16:01 | 6:27 | B C L U W          |
| 8                                                                                                                                             | 8          | Katie Seales, Jr        | 16:03 | 6:27 | C M B              |
| 9                                                                                                                                             | 9          | Meghan Wolett, Sr       | 16:05 | 6:28 | Colfax-Mingo       |
| 10                                                                                                                                            | 10         | Stephanie Markey, Fr    | 16:08 | 6:29 | Colo-Nesco         |
| 11                                                                                                                                            | 11         | Daranda Myers, Jr       | 16:09 | 6:30 | Nevada             |
| 12                                                                                                                                            | 12         | Emily Long, Sr          | 16:11 | 6:30 | Webster City       |
| 13                                                                                                                                            | 13         | Christa Rieks, So       | 16:17 | 6:33 | Iowa Falls-Alden   |
| 14                                                                                                                                            | 14         | Kelsey Erbes, So        | 16:17 | 6:33 | B C L U W          |
| 15                                                                                                                                            | 15         | Krista Goodman, Sr      | 16:30 | 6:38 | Colfax-Mingo       |
| 16                                                                                                                                            | 16         | Becky Dolan, Sr         | 16:32 | 6:39 | C M B              |
| 17                                                                                                                                            | 17         | Erin Guzman, Jr         | 16:33 | 6:39 | North Tama         |
| 18                                                                                                                                            | 18         | Breanne Wagner, Fr      | 16:37 | 6:41 | Webster City       |
| 19                                                                                                                                            | 19         | Jamie Fisher, Fr        | 16:39 | 6:42 | B C L U W          |
| 20                                                                                                                                            | 20         | Abi Weidemann, So       | 16:40 | 6:42 | Iowa Falls-Alden   |
| 21                                                                                                                                            | 21         | Becky Gronewold, So     | 16:41 | 6:42 | A G W S R          |
| 22                                                                                                                                            | 22         | Eve Renhold, Sr         | 16:44 | 6:44 | C M B              |
| 23                                                                                                                                            | 23         | Sarah Perin, Fr         | 16:46 | 6:44 | Webster City       |
| 24                                                                                                                                            | 24         | Jen Coughenhour, So     | 16:50 | 6:46 | C M B              |
| 25                                                                                                                                            | 25         | Lynn Bohn, Sr           | 16:52 | 6:47 | Iowa Falls-Alden   |
| 26                                                                                                                                            | 26         | Dani Goodwin, So        | 16:53 | 6:47 | New Hampton        |
| 27                                                                                                                                            | 27         | Nicole Fisher, Fr       | 16:55 | 6:48 | B C L U W          |
| 28                                                                                                                                            |            | Katie Priske, So        | 17:01 | 6:50 | South Hardin       |
| 29                                                                                                                                            | 28         | Nicole Hester, Jr       | 17:05 | 6:52 | C M B              |
| 30                                                                                                                                            |            | Mandy Pettigrew, Jr     | 17:09 | 6:54 | South Hardin       |
| 31                                                                                                                                            | 29         | Alex Herzog, Fr         | 17:10 | 6:54 | Iowa Falls-Alden   |
| 32                                                                                                                                            | 30         | Jenn Macy, So           | 17:13 | 6:55 | Iowa Falls-Alden   |
| 33                                                                                                                                            |            | Amanda Sonderleiter, Jr | 17:14 | 6:56 | G M G              |
| 34                                                                                                                                            | 31         | Mary Kolthoff, So       | 17:19 | 6:58 | New Hampton        |
| 35                                                                                                                                            | 32         | Mariah Terlouw, Fr      | 17:21 | 6:58 | Lynnville-Sully    |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |            |                         |       |      |                    |
| 36                                                                                                                                            | 33         | Laura Boheman, Jr       | 17:24 | 7:00 | A G W S R          |
| 37                                                                                                                                            | 34         | Ellen Dilger, Jr        | 17:26 | 7:00 | East Marshall      |
| 38                                                                                                                                            | 35         | Ellen Hedum, Sr         | 17:32 | 7:03 | East Marshall      |
| 39                                                                                                                                            | 36         | Mackenzie Cahill, Sr    | 17:33 | 7:03 | Nevada             |
| 40                                                                                                                                            | 37         | Erin Hunt, Fr           | 17:33 | 7:04 | Webster City       |
| 41                                                                                                                                            | 38         | Cassie Smith, Sr        | 17:34 | 7:04 | New Hampton        |
| 42                                                                                                                                            | 39         | Jordan Schossow, So     | 17:35 | 7:04 | B C L U W          |
| 43                                                                                                                                            | 40         | Ashley Mallinger, Fr    | 17:40 | 7:06 | Webster City       |
| 44                                                                                                                                            |            | Britnee Konicek, Jr     | 17:40 | 7:06 | G M G              |
| 45                                                                                                                                            | 41         | Jenny English, Sr       | 17:42 | 7:07 | East Marshall      |
| 46                                                                                                                                            | 42         | Becky Perin, Sr         | 17:42 | 7:07 | Webster City       |
| 47                                                                                                                                            |            | Rebekah Zimmerman, Fr   | 17:50 | 7:10 | Gladbrook Reinbeck |
| 48                                                                                                                                            | 43         | Monica Madsen, Jr       | 17:53 | 7:12 | C M B              |
| 49                                                                                                                                            | 44         | Stephanie Ruzicka, Sr   | 17:57 | 7:13 | North Tama         |
| 50                                                                                                                                            | 45         | Lindsay Walker, So      | 17:59 | 7:14 | Iowa Falls-Alden   |
| 51                                                                                                                                            | 46         | Abby Bunston, Sr        | 17:59 | 7:14 | New Hampton        |
| 52                                                                                                                                            |            | Nicole Bovy, Sr         | 18:00 | 7:14 | Gladbrook Reinbeck |
| 53                                                                                                                                            | 47         | Mykel Kopsa, Jr         | 18:03 | 7:15 | East Marshall      |
| 54                                                                                                                                            | 48         | Paige Christianson, So  | 18:08 | 7:17 | Nevada             |
| 55                                                                                                                                            | 49         | Amanda Hicok, Fr        | 18:09 | 7:18 | Webster City       |
| 56                                                                                                                                            | 50         | Hannah Smith, Fr        | 18:10 | 7:18 | Lynnville-Sully    |
| 57                                                                                                                                            | 51         | Cara Boppe, Fr          | 18:13 | 7:20 | Nevada             |
| 58                                                                                                                                            |            | Sarah Teske, So         | 18:19 | 7:22 | South Hardin       |

|                                                                                                                                               |    |                       |       |      |                 |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----|-----------------------|-------|------|-----------------|
| 59                                                                                                                                            | 52 | Chelsea Keninger, Fr  | 18:22 | 7:23 | A G W S R       |
| 60                                                                                                                                            | 53 | Bre Rozendaal, Jr     | 18:25 | 7:24 | Lynnville-Sully |
| 61                                                                                                                                            | 54 | Kelli Soll, Sr        | 18:27 | 7:25 | Nevada          |
| 62                                                                                                                                            | 55 | Karina Montes, Sr     | 18:28 | 7:26 | A G W S R       |
| 63                                                                                                                                            | 56 | Miriam Hoeksema, Sr   | 18:29 | 7:26 | Lynnville-Sully |
| 64                                                                                                                                            | 57 | Abby Johnson, So      | 18:36 | 7:29 | Colfax-Mingo    |
| 65                                                                                                                                            |    | Joelle Lyman          | 18:38 | 7:30 | South Tama      |
| 66                                                                                                                                            | 58 | Dani Willis, Jr       | 18:46 | 7:33 | Colo-Nesco      |
| 67                                                                                                                                            | 59 | Cyvannah Doll, So     | 18:48 | 7:33 | Lynnville-Sully |
| 68                                                                                                                                            | 60 | Emily Bell, So        | 18:50 | 7:34 | Nevada          |
| 69                                                                                                                                            | 61 | Dani Hackbart, Fr     | 18:50 | 7:35 | A G W S R       |
| 70                                                                                                                                            | 62 | Alyssa Tondell, Jr    | 18:52 | 7:35 | Nevada          |
| 71                                                                                                                                            | 63 | Kelcey Smith, Jr      | 18:54 | 7:36 | Colo-Nesco      |
| 72                                                                                                                                            | 64 | Leah Gebel, Sr        | 18:57 | 7:37 | New Hampton     |
| 73                                                                                                                                            | 65 | Courtney Van Wyk, Jr  | 18:59 | 7:38 | Lynnville-Sully |
| 74                                                                                                                                            | 66 | Paige Evans, Fr       | 19:07 | 7:41 | New Hampton     |
| 75                                                                                                                                            | 67 | Emmie Larson, Sr      | 19:08 | 7:41 | Colfax-Mingo    |
| 76                                                                                                                                            | 68 | Ashley Stuva, Fr      | 19:09 | 7:42 | Colfax-Mingo    |
| 77                                                                                                                                            |    | Rebekah Frundle       | 19:23 | 7:48 | South Tama      |
| 78                                                                                                                                            | 69 | Linzi Weston, Fr      | 19:28 | 7:49 | Colfax-Mingo    |
| 79                                                                                                                                            | 70 | Melissa Soderblom, Jr | 19:34 | 7:52 | Lynnville-Sully |
| 80                                                                                                                                            | 71 | Sara Kobliska, Jr     | 19:50 | 7:58 | New Hampton     |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                       |       |      |                 |

|                                                                                                                                               |    |                   |       |      |               |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----|-------------------|-------|------|---------------|
| 81                                                                                                                                            | 72 | Andrea Benson, Sr | 20:05 | 8:05 | B C L U W     |
| 82                                                                                                                                            | 73 | Amy Hitchcock, Jr | 20:07 | 8:05 | Colfax-Mingo  |
| 83                                                                                                                                            |    | Patty Lyon        | 20:26 | 8:13 | South Tama    |
| 84                                                                                                                                            | 74 | Amy Monat, Sr     | 20:55 | 8:25 | North Tama    |
| 85                                                                                                                                            | 75 | Becky Hedum, Sr   | 21:05 | 8:29 | East Marshall |
| 86                                                                                                                                            | 76 | Andrea Markey, Sr | 21:57 | 8:50 | Colo-Nesco    |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                   |       |      |               |

|                                                                                                                                               |    |                 |       |      |            |
|-----------------------------------------------------------------------------------------------------------------------------------------------|----|-----------------|-------|------|------------|
| 87                                                                                                                                            |    | Jessica Verba   | 22:33 | 9:04 | South Tama |
| 88                                                                                                                                            | 77 | Ashley Fink, Jr | 23:59 | 9:39 | North Tama |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">Top</a> |    |                 |       |      |            |

|    |    |                    |       |       |            |
|----|----|--------------------|-------|-------|------------|
| 89 | 78 | Rachael Lawson, Sr | 26:57 | 10:50 | Colo-Nesco |
|----|----|--------------------|-------|-------|------------|

[Top](#)

Return to [home page](#).