

Gene Balk Invitational, Varsity Women, 4K

NIACC Campus, Mason City, Iowa

September 22, 2005

70 Degrees, Partly Sunny, NW @ 15-20 mph

Results by Hilltopper Results

[MS Girls](#)

[JV Girls](#)

[Var. Girls](#)

[MS Boys](#)

[JV Boys](#)

[Var. Boys](#)

Click on the "pace" links to move about the results. Use the Find option of your browser to find someone's name or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS								AVG. TIME	SPREAD
1	Cedar Falls	26	2	4	5	6	9	12	14		15:56	0:57
2	Marshalltown	92	1	16	21	22	32	36	54		16:47	2:30
3	Fort Dodge	113	3	17	27	29	37	53	63		17:04	2:11
4	Forest City	122	13	18	19	28	44	48	68		17:12	1:36
5	Mason City	151	15	20	30	40	46	50	61		17:28	1:23
6	Waverly-Shell Rock	160	11	23	38	39	49	59	72		17:32	1:46
7*	New Hampton	186	24	34	35	41	52	55	58		17:50	1:04
8*	Waterloo West	186	10	25	26	60	65	71	77		17:43	2:31
9	Mason City Newman	243	8	43	45	62	85	86	88		18:19	4:25
10	R S -S C M T.	273	7	57	66	70	73				18:28	3:26
11	Osage	300	31	42	74	75	78	79	81		18:53	2:11
12	Lake Mills	390	67	76	80	83	84	90			19:55	1:24

INCOMPLETE TEAMS:

Cedar Falls M S.
 Charles City
 Charles City M S.
 Mason City M S.
 New Hampton M S.
 Osage M S.
 Riceville
 Rockford
 Rs-Scmt
 Ventura M S.
 Waterloo East
 Waverly-S R. M S.
 R R M R.
 R C.
 Fort Dodge M S.
 North Central
 St. Ansgar
 St. Ansgar M S.
 Mason City Newman M S

[Individuals](#)

PLACE	FINISHER	TIME	PACE
1.	Cedar Falls		
2	Sarah Larsen, 10	15:21	6:10
4	Kristen Hammer, 9	16:01	6:26
5	Paige Hersom, 9	16:02	6:27
6	Leah Blanchard, 10	16:02	6:27
9	Shawn Shaddox, 10	16:17	6:33
12	Kelsey Davis, 10	16:28	6:37

14 Danielle Kelly, 11 16:31 6:38
 Total Time = 79:40 Total Places = 26

2. Marshalltown

1 Jill Lageschulte, 10 15:10 6:06
 16 Alycia Preston, 10 16:48 6:45
 21 Elli Mathis, 10 17:07 6:53
 22 Courtney Watts, 9 17:08 6:53
 32 Tess Rosebrough, 9 17:40 7:06
 36 Morgan Trowbridge, 12 17:51 7:11
 54 Megan Stanton, 11 18:25 7:24
 Total Time = 83:53 Total Places = 92

3. Fort Dodge

3 Katie Thompson, 10 15:41 6:18
 17 Emily Fletcher, 12 16:52 6:47
 27 April Aljets, 11 17:23 6:59
 29 Alyssa Cashman, 12 17:33 7:04
 37 Lauren Mitchell, 10 17:51 7:11
 53 Marissa Wilson, 9 18:19 7:22
 63 Megan Batcheller, 11 18:47 7:33
 Total Time = 85:19 Total Places = 113

4. Forest City

13 Becca Sullivan, 9 16:28 6:37
 18 Brittany Gust, 10 16:59 6:50
 19 Stacie Wubben, 11 17:00 6:50
 28 Brittney Schwartz, 12 17:28 7:01
 44 Daniele Messersmith, 10 18:04 7:16
 48 Jasa Tegland, 10 18:09 7:18
 68 Amy Osheim, 11 19:07 7:41
 Total Time = 85:58 Total Places = 122

5. Mason City

15 Corrine Muyskens, 9 16:43 6:43
 20 Tiffany Sluik, 10 17:01 6:51
 30 Megan Nielsen, 10 17:34 7:04
 40 Samantha Allgood, 10 17:56 7:13
 46 Tiara Mahon, 10 18:06 7:17
 50 Rachel Allgood, 12 18:13 7:20
 61 Reyna Young, 9 18:45 7:32
 Total Time = 87:19 Total Places = 151

6. Waverly-Shell Rock

11 Molly Cashman, 10 16:27 6:37
 23 Bailey Steinfadt, 12 17:10 6:54
 38 Ann Cashman, 11 17:54 7:12
 39 Kaitlyn Carlson, 10 17:54 7:12
 49 Cynthia Miller, 11 18:12 7:19
 59 Tasha Webb, 9 18:38 7:30
 72 Kira Maltas, 9 19:30 7:50
 Total Time = 87:36 Total Places = 160

7*. New Hampton

24 Diana Lane, 12 17:13 6:56
 34 Cassie Smith, 11 17:50 7:10
 35 Dani Goodwin, 9 17:51 7:11
 41 Ashley Boeding, 12 17:59 7:14
 52 Mary Kolthoff, 9 18:17 7:21
 55 Sara Kobliska, 10 18:29 7:26
 58 Jenna Grove, 11 18:38 7:29
 Total Time = 89:10 Total Places = 186

8*. Waterloo West

10 Chelsea Lynch, 10 16:24 6:35

25	Anna Sanger, 12	17:15	6:56
26	Alison Blake, 12	17:16	6:57
60	Chelsea Ronemous, 12	18:44	7:32
65	Jordin Cowan, 9	18:54	7:36
71	Lindsay Hopkins, 12	19:29	7:50
77	Bre Platt, 11	19:36	7:53
Total Time = 88:32		Total Places = 186	

9. Mason City Newman

8	Kalyn Kruckenberg, 9	16:09	6:30
43	Magen Krones, 11	18:03	7:15
45	Jenna Gales, 11	18:05	7:16
62	Hannah Landgraf, 10	18:45	7:32
85	Katy Klang, 12	20:34	8:16
86	Jayne Nelson, 12	20:49	8:22
88	Abbey Behr, 10	21:27	8:38
Total Time = 91:35		Total Places = 243	

10. R S -S C M T.

7	Kayla Marsh, 10	16:04	6:28
57	Andrea Meuth, 10	18:30	7:27
66	Stef Anderson, 11	19:00	7:39
70	Kelly McGee, 12	19:17	7:45
73	Lori Meuth, 11	19:30	7:50
Total Time = 92:20		Total Places = 273	

11. Osage

31	Kristie Chisholm, 10	17:36	7:05
42	Meaghan Castek, 12	18:00	7:14
74	Alyssa Eisenman, 9	19:30	7:51
75	Shelby Johnson, 10	19:31	7:51
78	Bradie Kuehne, 9	19:46	7:57
79	Randi Morische, 12	19:47	7:57
81	Carrie Rawn, 9	20:07	8:06
Total Time = 94:21		Total Places = 300	

12. Lake Mills

67	Lauren Nelson	19:07	7:41
76	Kelly Renshaw	19:33	7:52
80	Kristen Holsted	19:54	8:00
83	Paige Nelson	20:28	8:14
84	Becky Dahn	20:31	8:15
90	Kayla Thompson	23:08	9:18
Total Time = 99:32		Total Places = 390	

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TEAM		FINISHER	TIME	PACE	TEAM
PLACE	SCORE				
1	1	Jill Lageschulte, 10	15:10	6:06	Marshalltown
2	2	Sarah Larsen, 10	15:21	6:10	Cedar Falls
3	3	Katie Thompson, 10	15:41	6:18	Fort Dodge
4	4	Kristen Hammer, 9	16:01	6:26	Cedar Falls
5	5	Paige Hersom, 9	16:02	6:27	Cedar Falls
6	6	Leah Blanchard, 10	16:02	6:27	Cedar Falls
7	7	Kayla Marsh, 10	16:04	6:28	R S -S C M T.
8	8	Kalyn Kruckenberg, 9	16:09	6:30	Mason City Newman
9	9	Shawn Shaddox, 10	16:17	6:33	Cedar Falls
10	10	Chelsea Lynch, 10	16:24	6:35	Waterloo West
11	11	Molly Cashman, 10	16:27	6:37	Waverly-Shell Rock
12	12	Kelsey Davis, 10	16:28	6:37	Cedar Falls
13	13	Becca Sullivan, 9	16:28	6:37	Forest City
14	14	Danielle Kelly, 11	16:31	6:38	Cedar Falls
15	15	Corrine Muyskens, 9	16:43	6:43	Mason City
16	16	Alycia Preston, 10	16:48	6:45	Marshalltown

17	17	Emily Fletcher, 12	16:52	6:47	Fort Dodge
18	18	Brittany Gust, 10	16:59	6:50	Forest City
19	19	Stacie Wubben, 11	17:00	6:50	Forest City
20	20	Tiffany Sluik, 10	17:01	6:51	Mason City
21	21	Elli Mathis, 10	17:07	6:53	Marshalltown
22	22	Courtney Watts, 9	17:08	6:53	Marshalltown
23	23	Bailey Steinfadt, 12	17:10	6:54	Waverly-Shell Rock
24	24	Diana Lane, 12	17:13	6:56	New Hampton
25	25	Anna Sanger, 12	17:15	6:56	Waterloo West
26	26	Alison Blake, 12	17:16	6:57	Waterloo West
27	27	April Aljets, 11	17:23	6:59	Fort Dodge

Pace: [7:00](#) | [8:00](#) | [9:00](#) | [Top](#)

28	28	Brittney Schwartz, 12	17:28	7:01	Forest City
29	29	Alyssa Cashman, 12	17:33	7:04	Fort Dodge
30	30	Megan Nielsen, 10	17:34	7:04	Mason City
31	31	Kristie Chisholm, 10	17:36	7:05	Osage
32	32	Tess Roseburrough, 9	17:40	7:06	Marshalltown
33	33	Michelle Klobassa, 11	17:47	7:09	Riceville
34	34	Cassie Smith, 11	17:50	7:10	New Hampton
35	35	Dani Goodwin, 9	17:51	7:11	New Hampton
36	36	Morgan Trowbridge, 12	17:51	7:11	Marshalltown
37	37	Lauren Mitchell, 10	17:51	7:11	Fort Dodge
38	38	Ann Cashman, 11	17:54	7:12	Waverly-Shell Rock
39	39	Kaitlyn Carlson, 10	17:54	7:12	Waverly-Shell Rock
40	40	Samantha Allgood, 10	17:56	7:13	Mason City
41	41	Ashley Boeding, 12	17:59	7:14	New Hampton
42	42	Meaghan Castek, 12	18:00	7:14	Osage
43	43	Magen Krones, 11	18:03	7:15	Mason City Newman
44	44	Daniele Messersmith, 10	18:04	7:16	Forest City
45	45	Jenna Gales, 11	18:05	7:16	Mason City Newman
46	46	Tiara Mahon, 10	18:06	7:17	Mason City
47	47	Lisa Roster, 11	18:08	7:18	Waterloo East
48	48	Jasa Tegland, 10	18:09	7:18	Forest City
49	49	Cynthia Miller, 11	18:12	7:19	Waverly-Shell Rock
50	50	Rachel Allgood, 12	18:13	7:20	Mason City
51	51	Kjersti Pederson, 11	18:14	7:20	St. Ansgar
52	52	Mary Kolthoff, 9	18:17	7:21	New Hampton
53	53	Marissa Wilson, 9	18:19	7:22	Fort Dodge
54	54	Megan Stanton, 11	18:25	7:24	Marshalltown
55	55	Sara Kobliska, 10	18:29	7:26	New Hampton
56	56	Shea Kruger, 9	18:29	7:26	St. Ansgar
57	57	Andrea Meuth, 10	18:30	7:27	R S -S C M T.
58	58	Jenna Grove, 11	18:38	7:29	New Hampton
59	59	Tasha Webb, 9	18:38	7:30	Waverly-Shell Rock
60	60	Chelsea Ronemous, 12	18:44	7:32	Waterloo West
61	61	Reyna Young, 9	18:45	7:32	Mason City
62	62	Hannah Landgraf, 10	18:45	7:32	Mason City Newman
63	63	Megan Batcheller, 11	18:47	7:33	Fort Dodge
64	64	Leah Opperman, 11	18:52	7:35	North Central
65	65	Jordin Cowan, 9	18:54	7:36	Waterloo West
66	66	Stef Anderson, 11	19:00	7:39	R S -S C M T.
67	67	Lauren Nelson	19:07	7:41	Lake Mills
68	68	Amy Osheim, 11	19:07	7:41	Forest City
69	69	Megan Kingery, 11	19:07	7:41	R R M R.
70	70	Kelly McGee, 12	19:17	7:45	R S -S C M T.
71	71	Lindsay Hopkins, 12	19:29	7:50	Waterloo West
72	72	Kira Maltas, 9	19:30	7:50	Waverly-Shell Rock
73	73	Lori Meuth, 11	19:30	7:50	R S -S C M T.
74	74	Alyssa Eisenman, 9	19:30	7:51	Osage
75	75	Shelby Johnson, 10	19:31	7:51	Osage
76	76	Kelly Renshaw	19:33	7:52	Lake Mills
77	77	Bre Platt, 11	19:36	7:53	Waterloo West
78	78	Bradie Kuehne, 9	19:46	7:57	Osage

79	79	Randi Morische, 12	19:47	7:57	Osage
Pace: 7:00 8:00 9:00 Top					
80	80	Kristen Holsted	19:54	8:00	Lake Mills
81	81	Carrie Rawn, 9	20:07	8:06	Osage
82	82	Shanna Seiler, 11	20:18	8:10	North Central
83	83	Paige Nelson	20:28	8:14	Lake Mills
84	84	Becky Dahn	20:31	8:15	Lake Mills
85	85	Katy Klang, 12	20:34	8:16	Mason City Newman
86	86	Jayne Nelson, 12	20:49	8:22	Mason City Newman
87	87	Cassady Bolding, 12	21:08	8:30	North Central
88	88	Abbey Behr, 10	21:27	8:38	Mason City Newman
89	89	Karen Pink, 10	21:53	8:48	St. Ansgar
Pace: 7:00 8:00 9:00 Top					
90	90	Kayla Thompson	23:08	9:18	Lake Mills
91	91	Chelsea Chambers, 11	23:25	9:25	R R M R.

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