

43rd Les Duke Invite Men-8km(4.97miles)

Grinnell, Iowa

Sept. 17, 2005

60s and Sunny

Results by Cal Murdock

[Womens 6K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Wartburg	34	4	5	6	9	10	11	13	26:35	15
2	Grinnell	52	2	7	12	14	17	22	26	26:44	1:22
3	Iowa Central C C	84	1	8	20	21	34	40	41	27:10	2:28
4	Monmouth	98	3	16	23	27	29	35	39	27:26	1:35
5	Coe	142	18	24	28	30	42	44	54	28:00	1:43
6	Grand View	158	19	25	33	38	43	52	55	28:15	1:38
7	Cornell	225	36	37	48	51	53	63		29:22	1:37
8	William Penn	239	15	31	46	73	74			32:07	11:08
9	U Of Dubuque	262	32	47	58	61	64	70	72	30:57	5:00
10	Lake Forest	280	45	50	57	62	66	68	69	31:20	4:42
11	Knox	289	49	56	59	60	65	67	71	31:33	3:31

Individuals

1. Wartburg		
4	Cody Solverson, Sr	26:30 5:20
5	Brian Mullenbach, So	26:30 5:20
6	Tony Fischels, Fr	26:32 5:20
9	Brian Chenoweth, Fr	26:39 5:22
10	Noah Wendland, Sr	26:44 5:23
11	Lucas Tjosvold, So	26:48 5:23
13	Chad Czerwiec, Jr	26:52 5:24

Time = 2:12:54 Places = 34

2. Grinnell		
2	Dave Honig, Sr	25:57 5:13
7	David Krist, So	26:33 5:20
12	Charlie Knuth, So	26:50 5:24
14	Evan Palmer-Young, So	27:04 5:27
17	Adam Beals, Sr	27:19 5:30
22	Justin Riley, Sr	27:34 5:33
26	Drake Ballew, Fr	27:44 5:35

Time = 2:13:40 Places = 52

3. Iowa Central C C		
1	Bichok Deng, So	25:54 5:13
8	Barnabas Dyedi, Fr	26:34 5:21
20	Levi Forrester, Fr	27:27 5:31
21	Butrous Lasha, So	27:30 5:32
34	Jake Heim, Fr	28:22 5:42
40	Seyfu Hassan, Fr	28:58 5:50
41	Jekow Olieny, So	29:01 5:50

Time = 2:15:46 Places = 84

4. Monmouth		
3	Anthony Welty, Sr	26:28 5:19
16	Scott Heiar, So	27:14 5:29
23	Aaron Etienne, Jr	27:36 5:33
27	Kyle Schierer, So	27:49 5:36
29	Seth Leitner, So	28:02 5:38
35	Darin Vannattan, So	28:26 5:43
39	Damon Bautista, Fr	28:57 5:49

Time = 2:17:06 Places = 98

5. Coe		
18	Juvenary Hakizimana, Jr	27:21 5:30
24	Andy Phillips, Sr	27:37 5:33
28	Kit Wobeter, Sr	27:52 5:36

30	Matthew Hall, Sr	28:09	5:40
42	Tyler Hedges, Sr	29:03	5:51
44	Adam Price, So	29:13	5:53
54	Ross Weidner, So	30:15	6:05

Time = 2:20:00 Places = 142

6. Grand View

19	Michael Stevens, So	27:27	5:31
25	Brandon Bond, So	27:42	5:34
33	Jon Aldrich, Fr	28:19	5:42
38	Mike Sinklier, Fr	28:45	5:47
43	Tommy Jones, Fr	29:04	5:51
52	Andrew Minear, So	30:06	6:03
55	Matt Harbert, Jr	30:24	6:07

Time = 2:21:15 Places = 158

7. Cornell

36	Steve Wieland, Sr	28:32	5:44
37	Brian Dooley, Jr	28:33	5:45
48	Patrick Irwin, Sr	29:44	5:59
51	Chad Compton, Sr	29:54	6:01
53	Hank Brand, Fr	30:08	6:04
63	Alex Cornwell, Fr	32:42	6:35

Time = 2:26:49 Places = 225

8. William Penn

15	Demitrius Byrd, Jr	27:10	5:28
31	Kendell Horrocks, Sr	28:11	5:40
46	James Smith, Sr	29:24	5:55
73	Jonathan Chaney, Fr	37:31	7:33
74	Chuck Caves, So	38:18	7:42

Time = 2:40:33 Places = 239

9. U Of Dubuque

32	Justin Carlson, Jr	28:13	5:41
47	Billy Grow, Jr	29:33	5:57
58	Jason Groth, Jr	31:15	6:17
61	Andres Verduzco, So	32:33	6:33
64	Jake Matzen, Fr	33:13	6:41
70	Greg Fleishman, Fr	34:56	7:02
72	Josh Feehan, So	37:28	7:32

Time = 2:34:44 Places = 262

10. Lake Forest

45	Derek Meiring, Sr	29:14	5:53
50	Andrew Hutchinson, Fr	29:54	6:01
57	Will Pittinos, Sr	31:00	6:14
62	Asa Reynolds, Fr	32:35	6:33
66	Grant Shaw, So	33:56	6:49
68	Michael Wollar, Sr	34:31	6:57
69	James Zender, Fr	34:56	7:02

Time = 2:36:38 Places = 280

11. Knox

49	Erik Delapp, Jr	29:53	6:01
56	Louie Munoz, So	30:38	6:10
59	Tyler Swafford, Sr	31:54	6:25
60	Mickey Dooley, Fr	31:57	6:26
65	Mike Prentice, So	33:24	6:43
67	Colin Alber, Fr	34:14	6:53
71	Donnie Forti, Sr	35:45	7:11

Time = 2:37:43 Places = 289

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TEAM		FINISHER	TIME	PACE	TEAM
PLACE	SCORE				
1	1	Bichok Deng, So	25:54	5:13	Iowa Central C C
2	2	Dave Honig, Sr	25:57	5:13	Grinnell
3	3	Anthony Welty, Sr	26:28	5:19	Monmouth
4	4	Cody Solverson, Sr	26:30	5:20	Wartburg
5	5	Brian Mullenbach, So	26:30	5:20	Wartburg
6	6	Tony Fischels, Fr	26:32	5:20	Wartburg
7	7	David Krist, So	26:33	5:20	Grinnell
8	8	Barnabas Dyedi, Fr	26:34	5:21	Iowa Central C C
9	9	Brian Chenoweth, Fr	26:39	5:22	Wartburg
10	10	Noah Wendland, Sr	26:44	5:23	Wartburg
11	11	Lucas Tjosvold, So	26:48	5:23	Wartburg
12	12	Charlie Knuth, So	26:50	5:24	Grinnell
13	13	Chad Czerwiec, Jr	26:52	5:24	Wartburg
14		James Hackett	26:56	5:25	

15	14	Evan Palmer-Young, So	27:04	5:27	Grinnell
16	15	Demitrius Byrd, Jr	27:10	5:28	William Penn
17	16	Scott Heiar, So	27:14	5:29	Monmouth
18	17	Adam Beals, Sr	27:19	5:30	Grinnell
19	18	Juvenary Hakizimana, Jr	27:21	5:30	Coe
20		John Aerni	27:25	5:31	
21		Justin Brincks, Sr	27:25	5:31	Wartburg
22	19	Michael Stevens, So	27:27	5:31	Grand View
23	20	Levi Forrester, Fr	27:27	5:31	Iowa Central C C
24	21	Butrous Lasha, So	27:30	5:32	Iowa Central C C
25		Jacob Hommer, So	27:30	5:32	Wartburg
26		Craig Crile, Sr	27:31	5:32	Wartburg
27	22	Justin Riley, Sr	27:34	5:33	Grinnell
28	23	Aaron Etienne, Jr	27:36	5:33	Monmouth
29	24	Andy Phillips, Sr	27:37	5:33	Coe
30		Adam Harringa, Sr	27:39	5:34	Wartburg
31		Justin Helbing, Jr	27:39	5:34	Wartburg
32	25	Brandon Bond, So	27:42	5:34	Grand View
33	26	Drake Ballew, Fr	27:44	5:35	Grinnell
34	27	Kyle Schierer, So	27:49	5:36	Monmouth
35	28	Kit Wobeter, Sr	27:52	5:36	Coe
36		Mike Van Hulle, Jr	27:52	5:36	Grinnell
37		Adam Booth	27:53	5:36	
38		Nick Fogg, Sr	27:55	5:37	Grinnell
39		Pete Cueno, Sr	28:00	5:38	Grinnell
40	29	Seth Leitner, So	28:02	5:38	Monmouth
41		Mike Horrell, Fr	28:03	5:39	Grinnell
42	30	Matthew Hall, Sr	28:09	5:40	Coe
43	31	Kendell Horrocks, Sr	28:11	5:40	William Penn
44	32	Justin Carlson, Jr	28:13	5:41	U Of Dubuque
45		Patrick Waldo, Sr	28:15	5:41	Grinnell
46	33	Jon Aldrich, Fr	28:19	5:42	Grand View
47	34	Jake Heim, Fr	28:22	5:42	Iowa Central C C
48	35	Darin Vannattan, So	28:26	5:43	Monmouth
49	36	Steve Wieland, Sr	28:32	5:44	Cornell
50		Mark Schuerman, So	28:32	5:44	Wartburg
51	37	Brian Dooley, Jr	28:33	5:45	Cornell
52		Tommy Ferguson, Fr	28:36	5:45	Wartburg
53		Josh Bernhard, Fr	28:37	5:45	Wartburg
54		Tommy Jamison, Fr	28:40	5:46	Grinnell
55		Alex Miller, So	28:43	5:47	Wartburg
56		Nate Palmer, Fr	28:44	5:47	Wartburg
57	38	Mike Sinklier, Fr	28:45	5:47	Grand View
58		Brian Menaker	28:47	5:47	
59		Henry Reich, Fr	28:50	5:48	Grinnell
60		Bret Larson, Sr	28:52	5:48	Wartburg
61	39	Damon Bautista, Fr	28:57	5:49	Monmouth
62	40	Seyfu Hassan, Fr	28:58	5:50	Iowa Central C C
63	41	Jekow Olieny, So	29:01	5:50	Iowa Central C C
64	42	Tyler Hedges, Sr	29:03	5:51	Coe
65	43	Tommy Jones, Fr	29:04	5:51	Grand View
66		Tanner Scott, Sr	29:05	5:51	Monmouth
67		Kyle Gonnerman, Jr	29:07	5:51	Grinnell
68		Joel Rasmussen, Fr	29:10	5:52	Wartburg
69	44	Adam Price, So	29:13	5:53	Coe
70	45	Derek Meiring, Sr	29:14	5:53	Lake Forest
71		Ken Stachorek, Jr	29:16	5:53	Monmouth
72		Jordan Wildermuth, Fr	29:16	5:53	Wartburg
73		Nick Sparr, Fr	29:21	5:54	Grinnell
74		Nick Keith, So	29:22	5:54	Wartburg
75	46	James Smith, Sr	29:24	5:55	William Penn
76		Matt Popowski, Jr	29:31	5:56	Wartburg
77	47	Billy Grow, Jr	29:33	5:57	U Of Dubuque
78		James Sydow, Sr	29:39	5:58	Wartburg
79		Calvin Heiling, So	29:40	5:58	Grinnell
80	48	Patrick Irwin, Sr	29:44	5:59	Cornell
81		Carl Easton	29:46	5:59	
83	49	Erik Delapp, Jr	29:53	6:01	Knox
84	50	Andrew Hutchinson, Fr	29:54	6:01	Lake Forest
85	51	Chad Compton, Sr	29:54	6:01	Cornell
86		Jacob Wendland, Fr	30:03	6:03	Wartburg
87	52	Andrew Minear, So	30:06	6:03	Grand View
88		Neil Gipson	30:06	6:03	
89		Nick Shanahan, So	30:07	6:03	Iowa Central C C
90		Bryan Berube, Jr	30:07	6:03	Grinnell
91	53	Hank Brand, Fr	30:08	6:04	Cornell
92		Matt Prekker	30:09	6:04	
93	54	Ross Weidner, So	30:15	6:05	Coe
94		Jake Brager, Fr	30:23	6:07	Iowa Central C C
95	55	Matt Harbert, Jr	30:24	6:07	Grand View
96		John Guittar, Jr	30:29	6:08	Grinnell

97		Gatluak Chuol, So	30:33	6:09	Iowa Central C C
98	56	Louie Munoz, So	30:38	6:10	Knox
99		Micah Ruroden, So	30:47	6:12	Iowa Central C C
100		Ben Franta, Fr	30:49	6:12	Coe
101		Joseph Meja	30:53	6:13	
102		Jordan Glaser, Sr	30:55	6:13	Grinnell
103	57	Will Pittinos, Sr	31:00	6:14	Lake Forest
104		Ben Kaplan, Fr	31:07	6:16	Coe
105		Jacob Englander, Sr	31:07	6:16	Grinnell
106		Eric Heid, So	31:12	6:16	Iowa Central C C
107	58	Jason Groth, Jr	31:15	6:17	U Of Dubuque
108		Tim Anderson, Fr	31:26	6:19	Iowa Central C C
109		Jarin Weldon	31:29	6:20	
110		Lorne Jeff, Fr	31:36	6:21	Coe
111		Colin Tschida	31:49	6:24	
112	59	Tyler Swafford, Sr	31:54	6:25	Knox
113	60	Mickey Dooley, Fr	31:57	6:26	Knox
114		Chris Knap, So	31:59	6:26	Grinnell
115		Matt Henning, So	32:15	6:29	Monmouth
116		Abe Barnhardt, Fr	32:26	6:31	Iowa Central C C
117	61	Andres Verduzco, So	32:33	6:33	U Of Dubuque
118	62	Asa Reynolds, Fr	32:35	6:33	Lake Forest
119		Joe Bussan, Jr	32:42	6:35	Wartburg
120	63	Alex Cornwell, Fr	32:42	6:35	Cornell
121		Brad Bishop, So	32:44	6:35	Grinnell
122	64	Jake Matzen, Fr	33:13	6:41	U Of Dubuque
123		Victor Colflesh, So	33:21	6:42	Iowa Central C C
124		Ben Cohn, So	33:21	6:43	Grinnell
125	65	Mike Prentice, So	33:24	6:43	Knox
126		Andrew Manion, Sr	33:33	6:45	Grinnell
127		Jon Homans, Sr	33:54	6:49	Grinnell
128	66	Grant Shaw, So	33:56	6:49	Lake Forest
129		Patrick Busch, So	34:00	6:50	Grinnell
130	67	Colin Alber, Fr	34:14	6:53	Knox
131	68	Michael Wollar, Sr	34:31	6:57	Lake Forest
132		Chris Street, Sr	34:38	6:58	Grinnell
134	69	James Zender, Fr	34:56	7:02	Lake Forest
135	70	Greg Fleishman, Fr	34:56	7:02	U Of Dubuque
136		Bryan Boyce, Jr	35:01	7:03	Grinnell
137		Chris Fletcher, Jr	35:08	7:04	Grand View
138	71	Donnie Forti, Sr	35:45	7:11	Knox
139		Brian McDonell, So	36:05	7:16	Coe
140		Kentner Cottingham	36:06	7:16	
141		Sam Rothschild, Fr	36:07	7:16	Knox
142		Bryan Lund, Fr	36:19	7:18	Knox
143	72	Josh Feehan, So	37:28	7:32	U Of Dubuque
144	73	Jonathan Chaney, Fr	37:31	7:33	William Penn
145	74	Chuck Caves, So	38:18	7:42	William Penn
147		Chris Bembynista, Fr	42:45	8:36	Lake Forest
148		Jason Hintzke, Jr	44:12	8:54	U Of Dubuque

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43rd Les Duke Invite Women-6km(3.73miles)

Grinnell, Iowa

Sept. 17, 2005

60s and Sunny

Results by Cal Murdock

[Men's 8K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual or team.

PLACE	TEAM	POINTS	PLACES OF FINISHERS							AVG. TIME	SPREAD
1	Grinnell	32	1	4	5	8	14	15	16	23:58	1:31
2	Wartburg	35	2	3	7	11	12	13	21	24:05	1:12
3	Cornell	98	6	18	20	26	28	29	30	25:07	1:47
4	Coe	118	9	17	19	33	40	45	50	25:24	2:12
5	Iowa Central C C	155	24	27	31	34	39	51	53	26:05	1:06
6	William Penn	193	23	25	36	46	63			26:45	3:35

7	Lake Forest	195	10	41	47	48	49	57	61	26:37	2:58
8	Monmouth	209	35	37	42	43	52	60	64	26:55	1:14
9	Grand View	224	32	38	44	54	56	66		27:08	1:45
10	Knox	299	55	58	59	62	65	67	70	28:42	1:51
11	U Of Dubuque	302	22	68	69	71	72	73		25:07	-25:07

Individuals

1. Grinnell

1	Sarah Spencer, So	23:13	6:13
4	Erin Booth, Jr	23:45	6:22
5	Katie Ryan, Jr	23:52	6:24
8	Meredith Groves, So	24:16	6:30
14	Allison Louthan, So	24:43	6:38
15	Sara Brady, Jr	24:45	6:38
16	Erin Sindewald, So	24:46	6:38

Time = 1:59:48 Places = 32

2. Wartburg

2	Annie Ripslinger, Fr	23:28	6:17
3	Sara Eppley, So	23:30	6:18
7	Lara Bowman, Sr	24:07	6:28
11	Maria Osterhaus, Jr	24:38	6:36
12	Molly Ubben, Jr	24:39	6:36
13	Carissa Bryson, Fr	24:42	6:37
21	Janna McClintock, So	25:06	6:44

Time = 2:00:21 Places = 35

3. Cornell

6	Rachelle Hawkins, Fr	24:06	6:27
18	Emily Bretl, Sr	24:51	6:40
20	Elizabeth Jach, Fr	24:59	6:42
26	Rebecca Goldsmith, Sr	25:48	6:55
28	Angela Laxton, Fr	25:52	6:56
29	Charissa Kaspar, So	25:52	6:56
30	Patricia Gonzalves, Fr	25:58	6:58

Time = 2:05:34 Places = 98

4. Coe

9	Rachel Wobeter, Fr	24:22	6:32
17	Denise Eslinger, So	24:49	6:39
19	Linda Freiha, Fr	24:56	6:41
33	Elaina Mertens, So	26:17	7:03
40	Sarah Flogel, Jr	26:34	7:07
45	Lesia Hayes, Sr	27:12	7:17
50	Naomi Hillsman, Fr	27:26	7:21

Time = 2:06:56 Places = 118

5. Iowa Central C C

24	Kara Ascherl, Fr	25:27	6:49
27	Becky Eckerman, Fr	25:52	6:56
31	Ashley Waters, Fr	26:12	7:01
34	Lydia Gawtry, So	26:22	7:04
39	Tasha Atchley, Fr	26:32	7:07
51	Lynn Koger, Fr	27:33	7:23
53	Berhane Traylor, Fr	27:43	7:26

Time = 2:10:22 Places = 155

6. William Penn

23	Tyne Crandell, Jr	25:21	6:48
25	Valinn McReynolds, Fr	25:43	6:53
36	Kasey Kerr, So	26:25	7:05
46	Ashley Burk, Jr	27:17	7:19
63	Cristina Raynor, Fr	28:56	7:45

Time = 2:13:41 Places = 193

7. Lake Forest

10	Katie Snowden, Jr	24:27	6:33
41	Genia Lindsey, Sr	26:36	7:08
47	Mackenzie Keeley, Fr	27:18	7:19
48	Leann Kimmons, Jr	27:20	7:20
49	Amalia Vriend, So	27:25	7:21
57	Kris De La Torre, So	28:17	7:35
61	Ashley Brant, Jr	28:43	7:42

Time = 2:13:03 Places = 195

8. Monmouth

35	Valerie Daves, So	26:24	7:05
37	Kaile Schreiner, Fr	26:27	7:05
42	Kila Cox, Jr	27:02	7:15
43	Erin Mann, Sr	27:03	7:15

52	Carissa Young, Jr	27:38	7:24
60	Ashley Gaul, Jr	28:42	7:41
64	Brittany Story, Fr	28:59	7:46

Time = 2:14:33 Places = 209

9. Grand View

32	Sara Hendrickson, Fr	26:15	7:02
38	Miah Watson, So	26:30	7:06
44	Hilliary Jones, Fr	27:04	7:15
54	Brittany Jones, Jr	27:51	7:28
56	Sarah Savick, So	28:00	7:30
66	Melissa Linde, Fr	30:28	8:10

Time = 2:15:37 Places = 224

10. Knox

55	Emily Jensen, So	27:51	7:28
58	Megan Butler, So	28:34	7:40
59	Agnes Vetinde, So	28:36	7:40
62	Amy Thompson, Jr	28:48	7:43
65	Vida Lozano-Alvarado, So	29:42	7:58
67	Kathleen Dickinson, Fr	30:56	8:18
70	Stephanie Rogers, Jr	33:34	9:00

Time = 2:23:29 Places = 299

11. U Of Dubuque

22	Caroline Zelent, So	25:08	6:44
68	Tenisha Reeder, Fr	32:27	8:42
69	Ashley Willyard, Fr	32:48	8:47
71	Janelle Vega, Fr	35:12	9:26
72	Jayme Thissen, So	:00	
73	Allisha Bott, Fr	:00	

Time = 2:05:34 Places = 302

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PLACE	TEAM SCORE	FINISHER	TIME	PACE	TEAM
1	1	Sarah Spencer, So	23:13	6:13	Grinnell
2	2	Annie Ripslinger, Fr	23:28	6:17	Wartburg
3	3	Sara Eppley, So	23:30	6:18	Wartburg
4		Brooke Ferguson	23:41	6:21	
5	4	Erin Booth, Jr	23:45	6:22	Grinnell
6	5	Katie Ryan, Jr	23:52	6:24	Grinnell
7	6	Rachelle Hawkins, Fr	24:06	6:27	Cornell
8	7	Lara Bowman, Sr	24:07	6:28	Wartburg
9	8	Meredith Groves, So	24:16	6:30	Grinnell
10	9	Rachel Wobeter, Fr	24:22	6:32	Coe
11	10	Katie Snowden, Jr	24:27	6:33	Lake Forest
12	11	Maria Osterhaus, Jr	24:38	6:36	Wartburg
13	12	Molly Ubben, Jr	24:39	6:36	Wartburg
14	13	Carissa Bryson, Fr	24:42	6:37	Wartburg
15	14	Allison Louthan, So	24:43	6:38	Grinnell
16	15	Sara Brady, Jr	24:45	6:38	Grinnell
17	16	Erin Sindewald, So	24:46	6:38	Grinnell
18	17	Denise Eslinger, So	24:49	6:39	Coe
19	18	Emily Bretl, Sr	24:51	6:40	Cornell
20	19	Linda Freiha, Fr	24:56	6:41	Coe
21	20	Elizabeth Jach, Fr	24:59	6:42	Cornell
22	21	Janna McClintock, So	25:06	6:44	Wartburg
23	22	Caroline Zelent, So	25:08	6:44	U Of Dubuque
24		Natalie Witcher, Sr	25:16	6:46	Wartburg
25	23	Tyne Crandell, Jr	25:21	6:48	William Penn
26		Lola Garcia, Sr	25:24	6:48	Grinnell
27	24	Kara Ascherl, Fr	25:27	6:49	Iowa Central C C
28		Sarah Moon, Fr	25:31	6:50	Wartburg
29		Whitney Mitvalsky, Jr	25:42	6:53	Wartburg
30	25	Valinn McReynolds, Fr	25:43	6:53	William Penn
31	26	Rebecca Goldsmith, Sr	25:48	6:55	Cornell
32		Heather Hanson, So	25:49	6:55	Wartburg
33	27	Becky Eckerman, Fr	25:52	6:56	Iowa Central C C
34	28	Angela Laxton, Fr	25:52	6:56	Cornell
35	29	Charissa Kaspar, So	25:52	6:56	Cornell
36	30	Patricia Gonzalves, Fr	25:58	6:58	Cornell
37		Rachel Vomacka, Sr	26:04	6:59	Wartburg
39		Melissa Barnes, Sr	26:09	7:00	Cornell
40	31	Ashley Waters, Fr	26:12	7:01	Iowa Central C C
41		Dana Mantemach, Fr	26:14	7:02	Wartburg
42		Lindsey Kuhlmann, Fr	26:15	7:02	Cornell
43	32	Sara Hendrickson, Fr	26:15	7:02	Grand View
44	33	Elaina Mertens, So	26:17	7:03	Coe
45	34	Lydia Gawtry, So	26:22	7:04	Iowa Central C C

46	35	Valerie Daves, So	26:24	7:05	Monmouth
47	36	Kasey Kerr, So	26:25	7:05	William Penn
48	37	Kaile Schreiner, Fr	26:27	7:05	Monmouth
49		Britton Walker, Jr	26:28	7:06	Cornell
50	38	Miah Watson, So	26:30	7:06	Grand View
51	39	Tasha Atchley, Fr	26:32	7:07	Iowa Central C C
52	40	Sarah Flogel, Jr	26:34	7:07	Coe
53	41	Genia Lindsey, Sr	26:36	7:08	Lake Forest
54		Amanda Jepson, Fr	26:39	7:09	Cornell
55		Rhonda Harmening, Jr	26:43	7:10	Wartburg
56		Kelly Anne Kennedy, So	26:45	7:10	Cornell
57		Cori McKenzie, Sr	26:47	7:11	Grinnell
58		Kristina Borisova, Jr	26:51	7:12	Cornell
59		Christy Laxton, Fr	26:55	7:13	Cornell
60	42	Kila Cox, Jr	27:02	7:15	Monmouth
61	43	Erin Mann, Sr	27:03	7:15	Monmouth
62	44	Hilliary Jones, Fr	27:04	7:15	Grand View
63		Francesca Yaklin, Jr	27:08	7:16	Wartburg
64	45	Lesa Hayes, Sr	27:12	7:17	Coe
65		Samantha Thomas	27:16	7:18	
66	46	Ashley Burk, Jr	27:17	7:19	William Penn
67	47	Mackenzie Keeley, Fr	27:18	7:19	Lake Forest
68	48	Leann Kimmons, Jr	27:20	7:20	Lake Forest
69		Kelly Sobaski, Fr	27:21	7:20	Cornell
70	49	Amalia Vriend, So	27:25	7:21	Lake Forest
71	50	Naomi Hillsman, Fr	27:26	7:21	Coe
72	51	Lynn Koger, Fr	27:33	7:23	Iowa Central C C
73	52	Carissa Young, Jr	27:38	7:24	Monmouth
74	53	Berhane Traylor, Fr	27:43	7:26	Iowa Central C C
75		Laura Zdunek, Sr	27:49	7:27	Grinnell
76	54	Brittany Jones, Jr	27:51	7:28	Grand View
77	55	Emily Jensen, So	27:51	7:28	Knox
78		Kimme Rovin, Sr	27:56	7:29	Grinnell
79		Colette Boilini, So	27:59	7:30	Grinnell
80	56	Sarah Savick, So	28:00	7:30	Grand View
81		Christina Cloninger, So	28:07	7:32	Grinnell
82		Paige Wheeler, Jr	28:08	7:32	Grinnell
83		Kari Spilman, Sr	28:08	7:32	Coe
84		Ellen Zaander, Fr	28:09	7:33	Grinnell
85		Emily Boyd, So	28:11	7:33	Iowa Central C C
86	57	Kris De La Torre, So	28:17	7:35	Lake Forest
87		Becky Bessinger, Fr	28:24	7:37	Grinnell
88	58	Megan Butler, So	28:34	7:40	Knox
89	59	Agnes Vetinde, So	28:36	7:40	Knox
90		Whitney Knopf, Fr	28:41	7:41	Grinnell
91	60	Ashley Gaul, Jr	28:42	7:41	Monmouth
92	61	Ashley Brant, Jr	28:43	7:42	Lake Forest
93	62	Amy Thompson, Jr	28:48	7:43	Knox
94		Amy Schoen, Jr	28:54	7:45	Coe
95	63	Cristina Raynor, Fr	28:56	7:45	William Penn
96	64	Brittany Story, Fr	28:59	7:46	Monmouth
97		Liz Jarvis	29:00	7:46	
98		Joni Nelson, Jr	29:07	7:48	Monmouth
99		Blythe Rolow, Fr	29:12	7:49	Cornell
100		Jacqueline Groves, Fr	29:14	7:50	Grinnell
101		Lisa Niedergeses	29:18	7:51	
102		Stephanie Kinnamon, Sr	29:34	7:55	Grinnell
103	65	Vida Lozano-Alvarado, So	29:42	7:58	Knox
105		Kara Whalen, Fr	29:59	8:02	Wartburg
106		Kate Morcom	30:02	8:03	
107		Allsion Gnade, Fr	30:08	8:04	Grinnell
108		Caitlin Monaghan, Fr	30:10	8:05	Grinnell
109		Anna Moseman, Sr	30:18	8:07	Grinnell
110		Nora Shields, So	30:23	8:09	Grinnell
111	66	Melissa Linde, Fr	30:28	8:10	Grand View
112		Stephanie Whalen, Fr	30:41	8:14	Iowa Central C C
113		Sarah Marrinan, Fr	30:46	8:15	Lake Forest
114	67	Kathleen Dickinson, Fr	30:56	8:18	Knox
115		Sarah Batterman, Sr	31:02	8:19	Grinnell
116		Rachel Glass, Fr	31:14	8:22	Grinnell
117		Meghan Jones, Sr	31:31	8:27	Grinnell
118		Laura Simpson, Fr	31:39	8:29	Grinnell
119		Caitlin Morley, So	31:44	8:30	Grinnell
120		Hannah Neubauer, Fr	31:44	8:30	Grinnell
121		Stephanie Bashore, So	32:03	8:35	Coe
122		Cassie Sims, So	32:25	8:41	Grinnell
123	68	Tenisha Reeder, Fr	32:27	8:42	U Of Dubuque
124		Lisa Fitzpatrick, Fr	32:28	8:42	Iowa Central C C
125	69	Ashley Willyard, Fr	32:48	8:47	U Of Dubuque
126		Katie Lupo, Sr	32:51	8:48	Lake Forest
127		Emily Willborn, So	32:56	8:50	Grinnell

128		Daisy Ventura, Fr	33:13	8:54	Grinnell
130	70	Stephanie Rogers, Jr	33:34	9:00	Knox
131		Annika Pruehs, So	34:15	9:11	Knox
132		Nicole Nodi, Fr	34:24	9:13	Lake Forest
133		Alaina Anderson, Sr	34:46	9:19	Coe
134		Marni Kostman, Fr	34:56	9:22	Grinnell
135		Sarah Johnson, Jr	35:01	9:23	Knox
136	71	Janelle Vega, Fr	35:12	9:26	U Of Dubuque
137		Becky Van Den Honert, Fr	36:15	9:43	Grinnell
139	72	Jayme Thissen, So		:00	U Of Dubuque
140	73	Allisha Bott, Fr		:00	U Of Dubuque

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