



Friendly Sons of St. Patrick 10 km

West Des Moines, IA

March 26, 2017

42 degrees, overcast

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

[Click here](#) for data on 5 km

10 km

Last updated March 26, 2017 3:06 PM

CLASS				
PLACE	PLACE	FINISHER	TIME	PACE
1	1 M30	Jack Johnson, 36, West Des Moines, IA	34:46	5:36
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
2	1 M40	Lance Bergeson, 48, Ankeny, IA	38:41	6:13
3	2 M30	Nathan Wenck, 39, Carroll, IA	40:23	6:30
4	3 M30	Shane Potratz, 39, Story City, IA	41:04	6:37
5	4 M30	Kevin Mullins, 34, West Des Moines, IA	42:21	6:49
6	1 M50	Miles Marshall, 51, Gardner, KS	42:50	6:54
7	2 M50	Troy Zeleznik, 54, West Des Moines, IA	43:17	6:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
1	1 JrW	Elise Emmick, 17*, Milo, IA	43:42	7:02
8	1 M60	Willie Lahart, 63, Urbandale, IA	44:06	7:06
9	5 M30	Tim Fenc1, 37, Ames, IA	44:42	7:12
10	2 M40	Brian Stewart, 45, Waukee, IA	44:48	7:12
2	1 W40	Annika Veeder, 45*, Des Moines, IA	44:53	7:13
11	1 JrM	Louden Foster, 14, Stuart, IA	45:23	7:18
3	1 W30	Gabriela Garza, 39*, Saint Clair Shore, MI	45:32	7:20
4	1 W20	Greta Koppy, 23*, Ames, IA	45:49	7:22
12	6 M30	Cory Briggs, 35, West Des Moines, IA	46:26	7:28
13	7 M30	Andy Briggs, 36, Urbandale, IA	46:27	7:28
14	3 M50	Casey Showalter, 56, Altoona, IA	48:24	7:47
5	2 W40	Amy Justiniano, 45*, Ankeny, IA	49:16	7:56
15	4 M50	Scott Bandy, 52, Indianola, IA	49:25	7:57
6	2 W20	Ali Meyer, 26*, West Des Moines, IA	49:35	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
7	2 W30	Missy Henry, 37*, Des Moines, IA	49:41	8:00

16	8	M30	Luke Morgan, 37, Boone, IA	49:47	8:01
8	3	W40	Kecia Place-Fenc1, 40*, Ames, IA	50:32	8:08
17	3	M40	Nate Rollene, 41, Pella, IA	50:51	8:11
9	1	W50	Suzanne Wong, 51*, Ankeny, IA	50:57	8:12
10	3	W20	McKelle Moon, 28*, Waukee, IA	51:52	8:21
18	5	M50	Wayne Lacher, 55, Urbandale, IA	51:53	8:21
19	4	M40	Matt Jackson, 40, Des Moines, IA	51:56	8:21
20	9	M30	Jay Weiser, 35, Nevada, IA	52:34	8:28
21	5	M40	Brandon Lee, 44, Des Moines, IA	52:53	8:31
11	4	W40	Jenny Goodman, 41*, Johnston, IA	53:10	8:33
12	5	W40	Kim Stewart, 48*, Des Moines, IA	53:12	8:34
22	6	M40	John Harris, 47, Ankeny, IA	53:29	8:36
23	6	M50	Michael Boyle, 56, Ankeny, IA	54:11	8:43
24	7	M40	Eldon Emmick, 41, Milo, IA	54:26	8:46
25	7	M50	Brian Benjamin, 52, Ankeny, IA	54:27	8:46
26	10	M30	Jeff Thibadeau, 32, Des Moines, IA	54:56	8:50
27	8	M50	Joe Aker, 51, Grimes, IA	54:59	8:51
28	9	M50	Michael Perry, 51, West Des Moines, IA	55:04	8:52
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
29	1	M70	John Schneller, 73, West Des Moines, IA	56:11	9:03
30	1	M20	Andrew Klinkenborg, 26, Omaha, NE	56:14	9:03
31	10	M50	David Klinkenborg, 57, Windsor Heights, IA	56:15	9:03
13	3	W30	Kristin Vance, 35*, Ankeny, IA	56:20	9:04
14	1	W60	Paula Dierenfeld, 62*, Johnston, IA	57:11	9:12
15	4	W30	Susanna Funk, 36*, Waukee, IA	57:50	9:18
32	2	M60	Philip Hodges, 69, Ames, IA	57:57	9:20
33	3	M60	John Meyer, 61, West Des Moines, IA	58:55	9:29
34	8	M40	Brian Vance, 47, Ankeny, IA	59:46	9:37
35	4	M60	Richard Newkirk, 68, Ankeny, IA	1:00:09	9:41
16	2	W50	Julia Tentinger, 52*, Norwalk, IA	1:00:48	9:47
36	9	M40	David John, 41, Des Moines, IA	1:00:49	9:47
17	3	W50	Wilma Osmun, 57*, Creston, IA	1:00:58	9:49
37	10	M40	Joe Hansen, 41, Des Moines, IA	1:01:08	9:50
18	4	W50	Shelly Weatherby, 55*, Des Moines, IA	1:01:24	9:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
38	11	M50	Joel Plathe, 56, West Des Moines, IA	1:02:13	10:01
19	2	W60	Julia Batten, 61*, Carlisle, IA	1:02:28	10:03
20	5	W50	Tara Murphy, 51*, Des Moines, IA	1:03:04	10:09
39	5	M60	Duane Osmun, 68, Creston, IA	1:03:04	10:09
21	3	W60	Joyce Burch, 61*, Pella, IA	1:03:18	10:11
22	6	W50	Martha Owen, 52*, West Des Moines, IA	1:03:41	10:15

40	12	M50	Jeff Feder, 56, Norwalk, IA	1:04:26	10:22
41	13	M50	Michael Murphy, 51, Des Moines, IA	1:04:40	10:24
23	6	W40	Kristin Honz, 47*, West Des Moines, IA	1:04:44	10:25
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
24	7	W40	Dana Dennis, 47*, State Center, IA	1:09:54	11:15
25	8	W40	Julie Hahn, 46*, Des Moines, IA	1:09:55	11:15
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
42	14	M50	Gary Young, 57, Johnston, IA	1:14:33	12:00
43	6	M60	Kevin Cunningham, 65, Des Moines, IA	1:14:35	12:00
44	7	M60	Conroy Smith, 62, Des Moines, IA	1:20:00	12:53
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
26	9	W40	Lisa Batye, 41*, Des Moines, IA	1:29:00	14:19

* indicates females

1 finishers among Men Under 20

1 finishers among Men 20 - 29

10 finishers among Men 30 - 39

10 finishers among Men 40 - 49

14 finishers among Men 50 - 59

7 finishers among Men 60 - 69

1 finishers among Men 70 & Up

1 finishers among Women Under 20

3 finishers among Women 20 - 29

4 finishers among Women 30 - 39

9 finishers among Women 40 - 49

6 finishers among Women 50 - 59

3 finishers among Women 60 - 69

44 male finishers

26 female finishers

70 total finishers

CLASS					
PLACE	PLACE	FINISHER		TIME	PACE
Men Under 20					
11	1	Louden Foster, 14, Stuart, IA		45:23	7:18
Men 20 - 29					
30	1	Andrew Klinkenborg, 26, Omaha, NE		56:14	9:03

Men 30 - 39

1	1	Jack Johnson, 36, West Des Moines, IA	34:46	5:36
3	2	Nathan Wenck, 39, Carroll, IA	40:23	6:30
4	3	Shane Potratz, 39, Story City, IA	41:04	6:37

Men 40 - 49

2	1	Lance Bergeson, 48, Ankeny, IA	38:41	6:13
10	2	Brian Stewart, 45, Waukee, IA	44:48	7:12
17	3	Nate Rollene, 41, Pella, IA	50:51	8:11

Men 50 - 59

6	1	Miles Marshall, 51, Gardner, KS	42:50	6:54
7	2	Troy Zeleznik, 54, West Des Moines, IA	43:17	6:58
14	3	Casey Showalter, 56, Altoona, IA	48:24	7:47

Men 60 - 69

8	1	Willie Lahart, 63, Urbandale, IA	44:06	7:06
32	2	Philip Hodges, 69, Ames, IA	57:57	9:20
33	3	John Meyer, 61, West Des Moines, IA	58:55	9:29

Men 70 & Up

29	1	John Schneller, 73, West Des Moines, IA	56:11	9:03
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CLASS

PLACE	PLACE	FINISHER	TIME	PACE
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Women Under 20

1	1	Elise Emmick, 17, Milo, IA	43:42	7:02
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Women 20 - 29

4	1	Greta Koppy, 23, Ames, IA	45:49	7:22
6	2	Ali Meyer, 26, West Des Moines, IA	49:35	7:59
10	3	McKelle Moon, 28, Waukee, IA	51:52	8:21

Women 30 - 39

3	1	Gabriela Garza, 39, Saint Clair Shore, MI	45:32	7:20
7	2	Missy Henry, 37, Des Moines, IA	49:41	8:00
13	3	Kristin Vance, 35, Ankeny, IA	56:20	9:04

Women 40 - 49

2	1	Annika Veeder, 45, Des Moines, IA	44:53	7:13
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5	2	Amy Justiniano, 45, Ankeny, IA	49:16	7:56
8	3	Kecia Place-Fenc1, 40, Ames, IA	50:32	8:08
Women 50 - 59				
9	1	Suzanne Wong, 51, Ankeny, IA	50:57	8:12
16	2	Julia Tentinger, 52, Norwalk, IA	1:00:48	9:47
17	3	Wilma Osmun, 57, Creston, IA	1:00:58	9:49
Women 60 - 69				
14	1	Paula Dierenfeld, 62, Johnston, IA	57:11	9:12
19	2	Julia Batten, 61, Carlisle, IA	1:02:28	10:03
21	3	Joyce Burch, 61, Pella, IA	1:03:18	10:11

[Click here](#) for data on 5 km

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