



Friendly Sons of St. Patrick 10 km

West Des Moines, IA

April 7, 2013

44 degrees, overcast

\Results by Michael Franke

5K results [here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
1	1 M30	Chris Nealy, 32, Des Moines, IA	34:14	5:30
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
1	1 W20	Ellen Ries, 26*, Des Moines, IA	38:10	6:08
2	1 M20	Patrick O'Shea, 27, Marshalltown, IA	38:38	6:13
3	2 M30	Jeremy Schultz, 36, Waukee, IA	38:51	6:15
4	3 M30	Kyle Keraus, 32, Johnston, IA	39:09	6:18
5	1 M50	Keith Abels, 51, Ogden, IA	39:30	6:21
6	1 JrM	Nate Johnson, 18, Eagan, MN	39:42	6:23
7	1 M40	David Olsen, 40, West Des Moines, IA	40:54	6:35
2	1 W30	Stephanie Mortenson, 31*, Windsor Heights, IA	41:07	6:37
8	4 M30	Mark Hollander, 38, West Des Moines, IA	41:42	6:43
9	5 M30	Kevin Tiffany, 37, Des Moines, IA	41:42	6:43
10	2 M40	David Larson, 41, West Des Moines, IA	42:34	6:51
11	6 M30	Patrick Cananaosh, 30, Des Moines, IA	42:45	6:53
12	3 M40	Darvish Shadravan, 44, Ankeny, IA	42:50	6:54
3	2 W20	Kelsey Quinn, 22*, West Des Moines, IA	42:55	6:54
13	4 M40	Lee Hill, 44, Des Moines, IA	43:02	6:56
14	7 M30	Brady Hogan, 32, Des Moines, IA	43:09	6:57
15	8 M30	Tom Handorf, 37, Gladbrook, IA	43:15	6:57
16	9 M30	Rich Miller, 34, West Des Moines, IA	43:24	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top				
17	5 M40	Joe DuPre, 49, Pella, IA	43:32	7:00
18	6 M40	Mark Drake, 40, West Des Moines, IA	43:35	7:01
4	2 W30	Rachel Hoger, 38*, Johnston, IA	43:59	7:05
19	7 M40	Scott Meyer, 48, Pella, IA	44:06	7:06
20	2 M20	Dilon Flanders, 24, Des Moines, IA	44:11	7:07
5	1 W50	Dana Kramer, 50*, Urbandale, IA	44:38	7:11
21	2 M50	Duke Reichardt, 54, Clive, IA	44:40	7:11
22	10 M30	Patrick Senkyr, 35, Urbandale, IA	44:45	7:12
23	3 M50	Don Cumings, 50, Ankeny, IA	44:54	7:13
24	4 M50	Mark Iles, 50, Clive, IA	45:04	7:15
25	11 M30	Daryl Miller, 33, Des Moines, IA	45:23	7:18
26	5 M50	Jeffery Feder, 52, Norwalk, IA	45:26	7:19
27	6 M50	Casey Showalter, 52, Altoona, IA	45:47	7:22
28	8 M40	Bryan Trout, 42, Ankeny, IA	46:21	7:27
29	12 M30	Cory Briggs, 31, West Des Moines, IA	46:28	7:29
30	13 M30	Andy Briggs, 32, West Des Moines, IA	46:28	7:29
31	14 M30	Elmir Karajica, 39, Clive, IA	46:33	7:29

6	3	W30	Colleen Webb, 35*, Des Moines, IA	46:34	7:30
32	15	M30	Jerad Lally, 35, Des Moines, IA	46:42	7:31
33	9	M40	Jerry Porter, 46, Des Moines, IA	47:04	7:34
34	10	M40	John Lajoie, 45, Ankeny, IA	47:09	7:35
35	3	M20	Peter Wolf, 28, Des Moines, IA	47:11	7:36
36	16	M30	Todd Fee, 38, Norwalk, IA	47:18	7:37
37	11	M40	Kenneth Overton, 45, Des Moines, IA	47:25	7:38
7	4	W30	Amy Sue Alcsch, 37*, Des Moines, IA	47:41	7:40
8	1	W40	Brenda O'Hare, 45*, Ankeny, IA	47:43	7:41
38	1	M60	Al Hildestad, 63, Des Moines, IA	47:45	7:41
39	17	M30	Matthew Squires, 37, Grimes, IA	47:46	7:41
40	18	M30	Scott Weldon, 37, Ankeny, IA	47:57	7:43
9	2	W40	Jeanna English, 41*, West Des Moines, IA	48:04	7:44
41	19	M30	John Woodward, 31, Ankeny, IA	48:16	7:46
42	20	M30	Jonathan Schoeberl, 31, West Des Moines, IA	48:21	7:47
10	3	W40	Amy Justiniano, 41*, Ankeny, IA	48:32	7:49
11	5	W30	Jacqueline Selix, 34*, West Des Moines, IA	48:40	7:50
43	12	M40	Matt Pullin, 40, Des Moines, IA	48:53	7:52
44	2	M60	Mark Hayes, 63, Creston, IA	48:53	7:52
45	13	M40	Troy Rutz, 40, Johnston, IA	48:55	7:52
12	6	W30	Annmarie Day, 31*, Des Moines, IA	49:01	7:53
46	21	M30	Jon Beamon, 35, Johnston, IA	49:02	7:53
47	14	M40	Rick Glowacki, 44, Waukee, IA	49:03	7:54
13	7	W30	Liz Mead, 30*, West Des Moines, IA	49:26	7:57
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
48	15	M40	Grant Thies, 43, Johnston, IA	49:48	8:01
49	16	M40	Aaron Harpold, 41, Des Moines, IA	49:55	8:02
14	3	W20	Angela Underburg, 28*, Allaman, IA	50:07	8:04
50	22	M30	Randy Vyhnaelek, 33, Omaha, NE	50:09	8:04
15	8	W30	Kelsi Huseman, 37*, Clarinda, IA	50:27	8:07
16	2	W50	Wilma Osmun, 53*, Creston, IA	50:48	8:10
51	7	M50	Tracy Hurt, 50, Creston, IA	50:48	8:10
52	23	M30	Kyle Flinn, 35, West Des Moines, IA	51:24	8:16
53	3	M60	Philip Hodges, 65, Ames, IA	51:37	8:18
54	17	M40	James Arthur, 48, Des Moines, IA	51:39	8:19
55	18	M40	Eric Camper, 41, Des Moines, IA	51:52	8:21
56	8	M50	Mike Warren, 52, Marshalltown, IA	51:59	8:22
17	4	W40	Mary Ducar, 43*, Ankeny, IA	52:01	8:22
57	4	M20	Brandon Borts, 26, Altoona, IA	52:04	8:23
58	9	M50	Michael Stanley, 55, Clive, IA	52:08	8:23
18	9	W30	Allison Hogan, 38*, Des Moines, IA	52:16	8:25
59	24	M30	Kirk Youngberg, 30, Ames, IA	52:33	8:27
19	5	W40	Erin Rewerts, 43*, Nevada, IA	52:34	8:27
20	3	W50	Pamela Ponerenk, 53*, Boone, IA	52:40	8:28
21	4	W20	Ellen Wade, 29*, Pleasant Hill, IA	52:52	8:30
60	19	M40	Steve Novy, 43, Iowa Falls, IA	53:05	8:33
22	10	W30	Megan Culbertson, 31*, Des Moines, IA	53:22	8:35
61	20	M40	Dave Daniels, 44, Urbandale, IA	54:00	8:41
23	5	W20	Nicole Aldrich, 26*, Altoona, IA	54:05	8:42
62	10	M50	Michael Boyle, 52, Ankeny, IA	54:15	8:44
63	11	M50	John Meyer, 57, West Des Moines, IA	54:17	8:44
64	25	M30	Aaron Baack, 39, Altoona, IA	54:17	8:44
24	6	W20	Jenny Meyer, 29*, Des Moines, IA	54:24	8:45
25	4	W50	Kim Taylor, 52*, West Des Moines, IA	54:30	8:46
26	6	W40	Kimberly Stewart, 44*, Des Moines, IA	54:39	8:48
65	21	M40	Justin Hupfer, 40, Johnston, IA	54:40	8:48
27	7	W20	Kim Philippson, 28*, Grimes, IA	54:41	8:48
28	11	W30	Jenelle Ausborn, 33*, Polk City, IA	54:48	8:49
66	4	M60	Carl Voss, 64, Des Moines, IA	54:51	8:50
29	7	W40	Deedee Janssen, 48*, Ankeny, IA	54:56	8:50
67	22	M40	Michael Perry, 47, West Des Moines, IA	55:00	8:51
68	23	M40	Patrick Weldon, 41, Johnston, IA	55:16	8:54
69	26	M30	Eric Mead, 30, West Des Moines, IA	55:44	8:58
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					

30	8	W40	Sarah DeAngelis, 47*, Des Moines, IA	55:56	9:00
70	24	M40	Jeff Magner, 43, Ankeny, IA	55:58	9:00
71	5	M60	Richard Newkirk, 64, Ankeny, IA	56:04	9:01
31	12	W30	Tiffany Kragnes, 39*, West Des Moines, IA	56:30	9:05
72	6	M60	Duane Osmun, 64, Creston, IA	56:36	9:07
32	9	W40	Marsha Smithey, 43*, Urbandale, IA	56:58	9:10
33	13	W30	Susan Harris, 38*, West Des Moines, IA	57:15	9:13
34	10	W40	Dana Rounds, 41*, Ankeny, IA	57:19	9:13
73	25	M40	Steven Behrends, 44, West Des Moines, IA	57:25	9:14
35	11	W40	Tiffany Rumelhart, 40*, Ankeny, IA	57:30	9:15
36	14	W30	Jessica Durand, 31*, Des Moines, IA	57:36	9:16
74	12	M50	Duane Thomas, 50, West Des Moines, IA	57:39	9:17
37	12	W40	Traci Thomas, 43*, West Des Moines, IA	57:40	9:17
75	13	M50	Patrick Moriarity, 57, Pella, IA	57:41	9:17
38	13	W40	Beth Adams, 47*, Indianola, IA	58:13	9:22
76	7	M60	Bob Overstreet, 62, Des Moines, IA	58:19	9:23
77	8	M60	Kevin Cunningham, 61, Des Moines, IA	58:20	9:23
39	15	W30	Tiffany McCuiston, 31*, Des Moines, IA	58:36	9:26
40	14	W40	Susan Porter, 44*, Des Moines, IA	59:01	9:30
41	16	W30	Jolana Penne, 36*, Altoona, IA	59:05	9:30
42	17	W30	Amanda Stover, 31*, Des Moines, IA	59:05	9:31
78	26	M40	Phillip Stover, 41, Des Moines, IA	59:06	9:31
43	8	W20	Elena Davis, 21*, West Des Moines, IA	59:14	9:32
44	5	W50	Paula Dierenfeld, 58*, Johnston, IA	59:23	9:33
79	27	M30	Matt Durand, 34, Des Moines, IA	59:26	9:34
80	27	M40	Chris Janssen, 41, Ankeny, IA	59:36	9:35
45	9	W20	Ashley Dunn, 27*, Urbandale, IA	1:00:03	9:40
46	15	W40	Heather Behrends, 44*, West Des Moines, IA	1:00:11	9:41
81	28	M30	Tyler Soethout, 38, Indianola, IA	1:00:19	9:42
82	29	M30	Wyatt Myers, 35, Des Moines, IA	1:00:20	9:43
83	28	M40	Brian Vance, 43, Des Moines, IA	1:00:21	9:43
84	14	M50	Jeff Pitts, 52, Polk City, IA	1:00:34	9:45
47	18	W30	Kadi Deatsch, 30*, Des Moines, IA	1:00:35	9:45
48	6	W50	Elizabeth Deatsch, 57*, Mystic, IA	1:00:36	9:45
49	19	W30	Janette Batts, 34*, Ankeny, IA	1:00:39	9:45
50	7	W50	Dorothy Dickens, 58*, Ankeny, IA	1:00:41	9:46
85	15	M50	Roger Borcharding, 52, Redfield, IA	1:00:47	9:47
86	29	M40	Larry Kelley, 46, Nevada, IA	1:01:10	9:51
87	30	M40	John Kerr, 47, Ames, IA	1:01:10	9:51
51	20	W30	Courtney Wolken, 34*, Marshalltown, IA	1:01:14	9:51
88	31	M40	David Peters, 42, Newton, IA	1:01:29	9:54
89	16	M50	Terry Mitchell, 51, Waukee, IA	1:01:44	9:56
52	16	W40	Colleen Bentzen, 43*, West Des Moines, IA	1:01:45	9:56
90	30	M30	Charles Taylor, 34, Carlisle, IA	1:01:53	9:58
91	9	M60	David Dickens, 65, Ankeny, IA	1:01:59	9:58
53	10	W20	Alisha Parmerlee, 27*, Ankeny, IA	1:02:05	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
92	10	M60	Al Goldberg, 63, Des Moines, IA	1:02:06	10:00
54	8	W50	Sue Wetsch, 58*, Van Meter, IA	1:02:18	10:01
55	21	W30	Beth Ziegmann, 36*, West Des Moines, IA	1:02:21	10:02
56	9	W50	Lori Schwartz, 52*, Greenfield, IA	1:02:35	10:04
57	10	W50	Laurie Bence, 53*, West Des Moines, IA	1:02:47	10:06
93	17	M50	David Klinkenborg, 53, Windsor Hieghts, IA	1:03:01	10:08
94	31	M30	Sean Smith, 36, Des Moines, IA	1:03:06	10:09
58	17	W40	Jill Bartachek, 41*, West Des Moines, IA	1:03:11	10:10
95	18	M50	Jim McElroy, 59, Johnston, IA	1:03:25	10:12
96	32	M40	Dan McElroy, 40, West Des Moines, IA	1:03:26	10:12
97	19	M50	Dennis Howard, 59, Des Moines, IA	1:03:48	10:16
98	2	JrM	Noah Akers, 13, Grimes, IA	1:03:56	10:17
99	33	M40	Joe Akers, 47, Grimes, IA	1:04:24	10:22
59	1	JrW	Paige Klinkenborg, 17*, Windsor Hieghts, IA	1:04:31	10:23

100	32	M30	Zvonimir Bilic, 38, Johnston, IA	1:05:04	10:28
60	22	W30	Sanela Bilic, 34*, Johnston, IA	1:05:07	10:29
61	11	W50	Carole Duffy, 54*, West Des Moines, IA	1:05:25	10:32
62	18	W40	Minnette Hearn, 48*, West Des Moines, IA	1:06:37	10:43
63	23	W30	Cari Cunningham, 33*, Urbandale, IA	1:07:07	10:48
64	12	W50	Joyce Wiederin, 54*, Lake City, IA	1:07:07	10:48
65	19	W40	Julie Miller, 40*, Pleasant Hill, IA	1:07:48	10:55
101	20	M50	Steve Shifflett, 54, Ames, IA	1:07:55	10:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
66	2	JrW	Marika Kisgen, 9*, Des Moines, IA	1:08:32	11:02
102	33	M30	Eric Kisgen, 38, Des Moines, IA	1:08:32	11:02
67	20	W40	Robert Burkle, 41*, Altoona, IA	1:09:39	11:13
68	21	W40	Kristine Burkle, 41*, Altoona, IA	1:09:40	11:13
69	24	W30	Jackie Nolte, 39*, Ankeny, IA	1:09:52	11:15
70	11	W20	Ashley McElderry, 28*, Des Moines, IA	1:09:56	11:15
71	22	W40	Julie Phippen, 42*, Indianola, IA	1:10:15	11:18
72	25	W30	Amy Johnson, 39*, Madrid, IA	1:10:19	11:19
73	26	W30	Melissa Knutson, 32*, Johnson, IA	1:11:10	11:27
103	11	M60	James Eaton, 64, Perry, IA	1:12:07	11:36
104	34	M40	John Haltiner, 41, Des Moines, IA	1:12:58	11:44
74	23	W40	Cathy Schneider, 43*, Des Moines, IA	1:13:17	11:48
75	27	W30	Rebecca Hayes, 31*, Ames, IA	1:13:19	11:48
76	28	W30	Jennifer Igou, 38*, West Des Moines, IA	1:13:27	11:49
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
77	1	W60	Mary K Day, 69*, West Des Moines, IA	1:20:14	12:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 Top					
105	21	M50	Pat Schlapia, 54, Creston, IA	1:27:00	14:00
106	1	M70	Don Muff, 76, Ames, IA	1:28:00	14:10

* indicates females

2 finishers among Men Under 20

4 finishers among Men 20 - 29

33 finishers among Men 30 - 39

34 finishers among Men 40 - 49

21 finishers among Men 50 - 59

11 finishers among Men 60 - 69

1 finishers among Men 70 & Up

2 finishers among Women Under 20

11 finishers among Women 20 - 29

28 finishers among Women 30 - 39

23 finishers among Women 40 - 49

12 finishers among Women 50 - 59

1 finishers among Women 60 - 69

106 male finishers

77 female finishers

183 total finishers

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