

Friendly Sons of St. Patrick 10 km**West Des Moines, IA****April 3, 2011**

warm, partly sunny

Results by Michael Franke

[5K results here](#)

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1 M30	Julius Rotich, 36, West Des Moines, IA	33:07	5:20
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
2	1 M20	Shawn Goedken, 26, Urbandale, IA	39:30	6:21
3	1 JrM	Nate Seydell, 16, West Des Moines, IA	39:43	6:23
1	1 W30	Colleen Webb, 33*, Des Moines, IA	40:01	6:26
4	2 M20	Parker Day, 29, Des Moines, IA	40:34	6:32
5	2 M30	Tom Mertzt, 38, Urbandale, IA	41:02	6:36
2	2 W30	Jenny Schulze, 38*, Clive, IA	41:51	6:44
6	1 M40	Jason Hahn, 40, Des Moines, IA	41:53	6:44
7	2 M40	Kyle Weuve, 45, Urbandale, IA	41:56	6:45
8	3 M20	Jordan Babcock, 21, Eagle Grove, IA	42:40	6:52
9	3 M30	Jay Pennington, 39, Des Moines, IA	42:42	6:52
10	3 M40	Mauzy Clark, 41, Norwalk, IA	42:52	6:54
11	4 M30	Nate Cloe, 31, Des Moines, IA	43:07	6:56
12	4 M40	Troy Zeleznik, 48, West Des Moines, IA	43:18	6:58
13	5 M30	Daniel Blondowski, 36, Johnston, IA	43:24	6:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
14	6 M30	Gene Baloun, 35, Des Moines, IA	43:37	7:01
15	5 M40	Curtis Downs, 42, Des Moines, IA	43:44	7:02
16	1 M50	Dave Fitz, 56, Ames, IA	43:59	7:05
17	4 M20	Dan McGonegle, 26, West Des Moines, IA	44:01	7:05
3	1 W20	Stephanie Mortenson, 29*, Urbandale, IA	44:05	7:06
18	2 M50	Rob Hentzen, 50, West Des Moines, IA	44:11	7:07
19	2 JrM	Olin Carty, 16, Des Moines, IA	44:38	7:11
20	3 M50	Willie Lahart, 57, Newton, IA	44:40	7:11
21	7 M30	Desmond Fraher, 38, chRistchurch, NZ	44:53	7:13
22	6 M40	Chris Burgess, 43, Urbandale, IA	44:55	7:14
23	5 M20	Tyler Irving, 23, Des Moines, IA	45:13	7:17
4	3 W30	Melissa Bruhl, 39*, Ankeny, IA	45:24	7:18
24	8 M30	Chris Allen, 32, Ankeny, IA	45:33	7:20
25	7 M40	Brendan Chuapoco, 41, Des Moines, IA	45:38	7:21
26	8 M40	Bryan Brownsberger, 42, Ankeny, IA	45:39	7:21
27	6 M20	Mathew Mann, 29, Johnston, IA	46:21	7:27
5	4 W30	Jayme Anderson, 31*, Des Moines, IA	46:32	7:29
6	2 W20	Liz Mead, 28*, West Des Moines, IA	46:51	7:32
28	9 M40	John Lajoie, 43, Ankeny, IA	46:54	7:33
29	9 M30	Rob Hansen, 39, Des Moines, IA	47:01	7:34
30	10 M40	Brent Monson, 41, Des Moines, IA	47:09	7:35
31	4 M50	Duke Reichardt, 52, Clive, IA	47:12	7:36
32	10 M30	Matt Clausen, 38, Urbandale, IA	47:21	7:37
33	11 M30	Jon Beeman, 33, Johnston, IA	47:23	7:38

34	12	M30	Matt Jackson, 34, Des Moines, IA	47:25	7:38
7	3	W20	Diann Halverson, 28*, Ankeny, IA	47:30	7:39
8	4	W20	McKelle Latcher, 21*, Stuart, IA	47:38	7:40
35	11	M40	Wayne Latcher, 49, Stuart, IA	47:39	7:40
36	1	M60	Mike May, 64, Indianola, IA	47:40	7:40
37	13	M30	Eric Tange, 30, Urbandale, IA	47:50	7:42
38	12	M40	Rick Glowacki, 42, Waukee, IA	47:52	7:42
39	5	M50	Casey Showalter, 50, Altoona, IA	47:52	7:42
40	13	M40	Brian Culich, 48, Des Moines, IA	47:54	7:42
41	14	M40	Kenneth Overton, 43, Des Moines, IA	48:04	7:44
42	15	M40	Corey Carr, 41, Ankeny, IA	48:31	7:48
43	16	M40	Kelsey Byus, 42, Des Moines, IA	48:32	7:49
44	6	M50	Bruce Drummond, 52, Des Moines, IA	48:33	7:49
45	14	M30	Ryan Forret, 37, Des Moines, IA	49:04	7:54
9	5	W30	Angie Heim, 35*, Norwalk, IA	49:06	7:54
46	15	M30	Jason Clevenger, 33, Johnston, IA	49:19	7:56
47	17	M40	Jason Belding, 41, Ankeny, IA	49:22	7:57
48	7	M20	Derek Keast, 20, Altoona, IA	49:24	7:57
49	8	M20	Cory Briggs, 29, Des Moines, IA	49:27	7:57
50	9	M20	Jonathan Koester, 29, Des Moines, IA	49:27	7:58
51	16	M30	Andy Briggs, 30, West Des Moines, IA	49:28	7:58
10	6	W30	Shelby Cork, 35*, West Des Moines, IA	49:28	7:58
11	1	W40	Lori Foster, 41*, Webster City, IA	49:32	7:58
52	2	M60	Al Hildestad, 61, Des Moines, IA	49:33	7:58
53	18	M40	Andrew Shipley, 44, West Des Moines, IA	49:37	7:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					

12	2	W40	Brenda O'Hare, 43*, Ankeny, IA	49:47	8:01
54	7	M50	Jeff Feder, 50, Norwalk, IA	49:59	8:03
13	5	W20	Ellen O'Byrne, 22*, Des Moines, IA	50:09	8:04
55	10	M20	Derrick Joel, 26, Grimes, IA	50:10	8:04
56	8	M50	Mark Stelmacher, 57, West Des Moines, IA	50:21	8:06
57	3	M60	Andrew Hazer, 61, Columbia, IA	50:24	8:07
58	17	M30	Joel Crawford, 36, Ankeny, IA	50:30	8:08
14	6	W20	Jenny Schulte, 29*, West Des Moines, IA	50:33	8:08
15	7	W30	Jenna English, 39*, West Des Moines, IA	50:33	8:08
59	19	M40	David Desing, 48, Urbandale, IA	50:41	8:09
60	18	M30	Todd Fee, 36, Norwalk, IA	51:07	8:14
61	19	M30	Matthew Blackmore, 33, Ankeny, IA	51:11	8:14
62	20	M40	James Arthur, 46, Des Moines, IA	51:14	8:15
63	20	M30	matt pullin, 38, Ankeny, IA	51:16	8:15
64	11	M20	Josh Halverson, 29, Ankeny, IA	51:20	8:16
65	9	M50	Jack Thompson, 51, Norwalk, IA	51:27	8:17
66	21	M40	Mike Ham, 40, Winterset, IA	51:33	8:18
67	10	M50	Frank Greene, 56, Cumming, IA	51:42	8:19
68	21	M30	Nicholas Rivera, 30, Des Moines, IA	51:46	8:20
69	22	M30	Brian Rumelhart, 37, Ankeny, IA	51:48	8:20
70	23	M30	Chris Seiberling, 31, Des Moines, IA	51:55	8:21
71	24	M30	Quincy Becj, 31, Urbandale, IA	51:59	8:22
16	8	W30	Kate Byus, 38*, Des Moines, IA	52:04	8:23
17	7	W20	Katie Brandstatter, 25*, Urbandale, IA	52:04	8:23
72	25	M30	Justin Frerichs, 30, Johnston, IA	52:05	8:23
18	3	W40	Kim Stewart, 42*, Des Moines, IA	52:25	8:26
73	12	M20	Patrick Tasler, 28, Des Moines, IA	52:29	8:27
19	4	W40	Laura Thomas, 46*, West Des Moines, IA	52:31	8:27
74	3	JrM	Seth Reeve, 19, Wayne, NE	52:32	8:27
20	9	W30	Kimberly Dea, 31*, West Des Moines, IA	52:42	8:29
75	22	M40	Randy Pickard, 44, Des Moines, IA	52:46	8:30
76	23	M40	Mark Hanrahan, 41, Urbandale, IA	52:53	8:31
77	26	M30	Robert Van Corler, 39, Ankeny, IA	52:53	8:31
21	8	W20	Heather Glass, 23*, Des Moines, IA	53:12	8:34
22	10	W30	Amy Sue Alesch, 35*, Des Moines, IA	53:14	8:34
23	11	W30	Sara Lynott, 33*, Clive, IA	53:24	8:36
78	24	M40	Kevin McCarty, 40, West Des Moines, IA	53:25	8:36
79	25	M40	kevin moreland, 49, West Des Moines, IA	53:26	8:36

24	12	W30	Jessica McLeran, 30*, Des Moines, IA	53:33	8:37
80	27	M30	Jordan Jensen, 31, Grimes, IA	53:35	8:37
25	5	W40	Julie Johnson, 41*, Eagan, MN	53:47	8:39
26	6	W40	Deedee Janssen, 45*, Ankeny, IA	53:51	8:40
81	11	M50	Michael Boyle, 50, Ankeny, IA	53:52	8:40
27	7	W40	Annamaria Elsdon, 46*, Storm Lake, IA	54:04	8:42
82	4	M60	Carl Voss, 62, Des Moines, IA	54:11	8:43
28	9	W20	Allie Reiter, 23*, West Des Moines, IA	54:21	8:45
29	13	W30	Sandra Hanson, 39*, Cedar Rapids, IA	54:29	8:46
83	12	M50	John Meyer, 55, West Des Moines, IA	54:34	8:47
84	26	M40	Jeff White, 41, Ankeny, IA	54:38	8:48
30	14	W30	Rachel Hoger, 36*, Johnston, IA	54:38	8:48
85	28	M30	Dan Bacehowski, 33, Des Moines, IA	54:55	8:50
31	1	W50	Debra Croft, 55*, Des Moines, IA	54:57	8:51
86	29	M30	Daryl Miller, 31, Des Moines, IA	54:58	8:51
87	27	M40	Joe Akers, 45, Grimes, IA	54:59	8:51
32	10	W20	Nicole Aldrich, 24*, West Des Moines, IA	55:04	8:52
88	28	M40	Matt Meline, 43, West Des Moines, IA	55:05	8:52
89	13	M50	David Kent, 50, Des Moines, IA	55:10	8:53
90	5	M60	John Schneller, 67, West Des Moines, IA	55:12	8:53
91	30	M30	Dan Vallejo, 33, Ankeny, IA	55:34	8:57
92	31	M30	Matt Reiter, 33, West Des Moines, IA	55:38	8:57
33	11	W20	Suzanne Wilson, 28*, Des Moines, IA	55:42	8:58
34	8	W40	Teresa Algreen, 47*, Earlham, IA	55:45	8:58
93	32	M30	Chris Topolinski, 37, West Des Moines, IA	55:45	8:58
94	29	M40	Martin Gay, 45, Ankeny, IA	55:46	8:59
95	13	M20	Darren Hasegawa, 26, Johnston, IA	55:50	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
96	33	M30	Matt Stock, 37, West Des Moines, IA	55:59	9:01
35	15	W30	Greta Lange, 34*, Urbandale, IA	56:02	9:01
36	12	W20	Jenna Croft, 26*, Des Moines, IA	56:06	9:02
97	30	M40	Patrick Hammen, 46, Waukee, IA	56:16	9:03
37	9	W40	Christy Gooding, 40*, Urbandale, IA	56:18	9:04
38	13	W20	Alexandra Hynan, 22*, Des Moines, IA	56:22	9:04
98	14	M50	Michael Joe Harper, 50, West Des Moines, IA	56:26	9:05
99	34	M30	Curt Leigh, 31, Ankeny, IA	56:28	9:05
39	10	W40	Deb Anderson, 41*, Des Moines, IA	56:29	9:05
40	16	W30	Nicole Schultz, 31*, West Des Moines, IA	56:29	9:05
41	17	W30	leanna halfhill, 38*, Bondurant, IA	56:38	9:07
100	35	M30	Tony Stelpflug, 39, Urbandale, IA	56:40	9:07
101	15	M50	Paul Kruse, 53, Granger, IA	56:43	9:08
102	16	M50	Mike Stanley, 53, Clive, IA	56:43	9:08
103	17	M50	Mark Borseth, 55, Johnston, IA	56:50	9:09
42	18	W30	Jodi Scott, 38*, Urbandale, IA	56:52	9:09
43	1	JrW	Teagan, 8*, Clive, IA	56:53	9:09
44	19	W30	Jill Turner, 39*, Clive, IA	56:54	9:09
45	14	W20	Sarah Engelbert, 27*, Des Moines, IA	57:03	9:11
104	18	M50	David Peters, 51, Newton, IA	57:18	9:13
46	11	W40	Traci Thomas, 41*, West Des Moines, IA	57:27	9:15
105	31	M40	Ed Acoymo, 46, Ankeny, IA	57:28	9:15
106	19	M50	Kevin Cunningham, 59, Des Moines, IA	57:28	9:15
47	2	W50	Kim Taylor, 51*, West Des Moines, IA	57:31	9:15
48	12	W40	Lori McQuiston, 47*, Maxwell, IA	57:34	9:16
49	20	W30	amanda barsness, 33*, West Des Moines, IA	57:37	9:16
50	21	W30	Melissa Perrin, 34*, Urbandale, IA	57:39	9:17
51	15	W20	Stephanie Berry, 25*, Winterset, IA	57:44	9:17
107	36	M30	Lynn Pritchard, 36, West Des Moines, IA	57:46	9:18
108	37	M30	Jess Vilsack, 33, Des Moines, IA	57:46	9:18
52	22	W30	Kristy Rosenthal, 33*, West Des Moines, IA	57:50	9:18
109	38	M30	Mark King, 37, Urbandale, IA	57:53	9:19
110	20	M50	James Sanders, 50, Johnston, IA	58:07	9:21
111	21	M50	Doug Keast, 53, Altoona, IA	58:09	9:21
112	22	M50	Doug Oldenkamp, 50, West Des Moines, IA	58:11	9:22

53	16	W20	Aimee Kittell, 29*, West Des Moines, IA	58:12	9:22
113	23	M50	Will Hildreth, 50, Des Moines, IA	58:13	9:22
54	17	W20	Nina Lovan, 24*, Pleasant Hill, IA	58:14	9:22
114	24	M50	Dru Toresdahl, 53, Ames, IA	58:14	9:22
55	13	W40	Kristi Gale, 45*, Clive, IA	58:16	9:23
115	39	M30	Weston Wunder, 32, Slater, IA	58:25	9:24
116	4	JrM	Granger Carty, 14, Des Moines, IA	58:45	9:27
56	23	W30	Jennifer Nemmers, 34*, Clive, IA	58:46	9:27
117	40	M30	John Alessio, 34, Wdm, IA	59:00	9:30
118	25	M50	Joe Rhoades, 58, Des Moines, IA	59:01	9:30
119	26	M50	David Gale, 54, Clive, IA	59:13	9:32
120	41	M30	Mike Bird, 34, Des Moines, IA	59:23	9:33
121	14	M20	Jon Denney, 27, West Des Moines, IA	59:33	9:35
57	1	W60	Kathy Rhoades, 63*, Des Moines, IA	59:35	9:35
122	42	M30	Ryan Simmer, 36, West Des Moines, IA	59:36	9:36
123	32	M40	Matthew Paul, 42, Des Moines, IA	59:38	9:36
124	6	M60	Bob Overstreet, 60, Des Moines, IA	59:41	9:36
58	24	W30	Michele Williams, 34*, Massena, IA	59:46	9:37
125	33	M40	Jim Popp, 47, Waukee, IA	59:55	9:39
59	25	W30	Kelsi Huseman, 35*, Clarinda, IA	59:59	9:39
126	43	M30	Chad Lowe, 31, Des Moines, IA	1:00:04	9:40
127	34	M40	Troy Beckman, 43, Pleasant Hill, IA	1:00:06	9:40
60	14	W40	Melanie Loecke, 41*, Urbandale, IA	1:00:23	9:43
61	15	W40	Sonya Nelson, 43*, Clive, IA	1:00:28	9:44
62	16	W40	Elizabeth Brehm, 44*, La Mesa, CA	1:00:32	9:44
63	26	W30	Jennifer Barr, 31*, Winterset, IA	1:00:35	9:45
64	3	W50	Patsi Green, 54*, Dubuque, IA	1:00:37	9:45
128	27	M50	Jeff Miller, 54, West Des Moines, IA	1:00:40	9:46
65	4	W50	Sharon Tahtinen, 55*, West Des Moines, IA	1:00:46	9:47
66	27	W30	Angela Reschly, 30*, West Des Moines, IA	1:01:23	9:53
129	44	M30	Julian Chaky, 35, Urbandale, IA	1:01:30	9:54
67	18	W20	Janeen Fell, 26*, Des Moines, IA	1:01:30	9:54
130	7	M60	Richard Newkirk, 62, Ankeny, IA	1:01:32	9:54
68	28	W30	Kari Anderson, 37*, West Des Moines, IA	1:01:53	9:58
69	29	W30	Beth Jones, 33*, West Des Moines, IA	1:02:01	9:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
70	5	W50	Helen Cropp, 50*, Urbandale, IA	1:02:09	10:00
71	30	W30	Nicole Fuqua, 37*, Urbandale, IA	1:02:13	10:01
131	28	M50	Partick Moriarity, 55, Pella, IA	1:02:14	10:01
72	6	W50	Susan Duoblys, 56*, Des Moines, IA	1:02:37	10:05
132	45	M30	Robert Young, 39, Urbandale, IA	1:02:42	10:05
73	19	W20	Amanda Hoffman, 27*, Des Moines, IA	1:02:44	10:06
133	29	M50	Gery Haag, 57, Johnston, IA	1:02:52	10:07
74	20	W20	Brook Lenze, 26*, Dexter, IA	1:03:01	10:08
134	35	M40	Drew Bracken, 49, Indianola, IA	1:03:04	10:09
75	31	W30	Jenelle Ausborn, 31*, Polk City, IA	1:03:07	10:09
76	32	W30	Kim Forrester, 34*, Ankeny, IA	1:03:09	10:10
77	33	W30	Julia Gauthier, 38*, Urbandale, IA	1:03:23	10:12
78	34	W30	krissy young, 31*, West Des Moines, IA	1:03:25	10:12
79	35	W30	Shannon Clark, 33*, Pleasantville, IA	1:03:26	10:13
80	36	W30	Tammy Mickey, 38*, Melcher, IA	1:03:27	10:13
135	46	M30	Eric Kisgen, 36, Des Moines, IA	1:03:29	10:13
136	30	M50	Douglas Hetherington, 50, Des Moines, IA	1:03:36	10:14
81	17	W40	Michelle Boyd, 42*, Indianola, IA	1:03:41	10:15
82	37	W30	Karin Nowicki, 30*, West Des Moines, IA	1:03:44	10:15
137	47	M30	Eric Forquer, 39, Afton, IA	1:04:04	10:19
83	18	W40	Monica Rose, 48*, West Des Moines, IA	1:04:24	10:22
84	38	W30	Leah Heidemann, 35*, Carlisle, IA	1:04:31	10:23
85	39	W30	Amy Follmann, 35*, Massena, IA	1:04:31	10:23
86	40	W30	Andrea Hoekstra, 39*, Des Moines, IA	1:04:33	10:23
87	21	W20	Ashley Katch, 25*, Urbandale, IA	1:04:51	10:26
88	22	W20	Kristine Erickson, 24*, Des Moines, IA	1:04:58	10:27
89	23	W20	Lindsay Van Zee, 29*, Des Moines, IA	1:05:02	10:28

90	24	W20	Chelsea Campbell, 23*, Ankeny, IA	1:05:05	10:29
91	41	W30	Teyona Steenhoek, 33*, Pleasant Hill, IA	1:05:08	10:29
92	42	W30	Justean Allen, 36*, Waukee, IA	1:05:09	10:29
93	19	W40	Tracey Stelpflug, 40*, Urbandale, IA	1:05:11	10:29
94	43	W30	Stacey Slifka, 36*, Pleasant Hill, IA	1:05:12	10:30
95	20	W40	Mary Koogler, 40*, Altoona, IA	1:05:12	10:30
138	48	M30	scott olsen, 32, Madrid, IA	1:05:32	10:33
96	7	W50	Joyce Wiederin, 52*, Lake City, IA	1:05:35	10:33
97	25	W20	Nikki Schneider, 26*, Grimes, IA	1:05:48	10:35
98	44	W30	Stacey Enloe, 35*, Waukee, IA	1:05:52	10:36
139	36	M40	Matt Anderson, 41, Des Moines, IA	1:05:58	10:37
140	37	M40	Brian Vance, 41, Des Moines, IA	1:06:15	10:40
141	49	M30	Kurt Sparks, 33, Des Moines, IA	1:06:18	10:40
99	45	W30	Dorothy Hecht, 32*, Des Moines, IA	1:06:19	10:40
100	26	W20	Kristin Vance, 29*, Des Moines, IA	1:06:20	10:40
142	38	M40	Art Dinkin, 45, Clive, IA	1:06:26	10:41
143	50	M30	marek sobieszkoda, 30, Des Moines, IA	1:06:28	10:42
101	46	W30	Jessica Keehn, 32*, Des Moines, IA	1:06:35	10:43
102	21	W40	Melinda Allen, 42*, Waukee, IA	1:06:39	10:44
103	22	W40	Penny Frey, 48*, Earlham, IA	1:06:40	10:44
104	27	W20	Ashlee Lepa, 27*, West Des Moines, IA	1:06:47	10:45
105	47	W30	InSun Colerick, 39*, Boone, IA	1:06:57	10:46
106	48	W30	Jenny Chung, 31*, Johnston, IA	1:07:11	10:49
107	23	W40	Lisa Failla, 47*, Madrid, IA	1:07:14	10:49
144	51	M30	Kevin Mann, 39, Johnston, IA	1:07:19	10:50
145	31	M50	Kevin Morris, 53, Des Moines, IA	1:07:26	10:51
108	28	W20	Carrie Boyd, 23*, Des Moines, IA	1:07:35	10:53
146	15	M20	Nick Greb, 29, Windsor Heights, IA	1:07:40	10:53
147	32	M50	Gary Turner, 55, West Des Moines, IA	1:07:44	10:54
109	29	W20	Hillary Toot, 29*, Ames, IA	1:07:48	10:55
110	8	W50	Gail Stelmacher, 56*, West Des Moines, IA	1:07:54	10:56
148	39	M40	Larry Kelley, 44, Nevada, IA	1:08:00	10:57
149	52	M30	David Rees, 34, Bondurant, IA	1:08:00	10:57
150	53	M30	Tyler Soethout, 36, Indianola, IA	1:08:11	10:58
111	24	W40	Heidi Gay, 40*, Ankeny, IA	1:08:13	10:59
112	25	W40	Constance Toresdahl, 43*, Ames, IA	1:08:14	10:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
151	33	M50	Rick Horstmann, 50, Des Moines, IA	1:08:26	11:01
113	49	W30	Jennifer Daniels, 36*, Des Moines, IA	1:08:27	11:01
114	9	W50	Lori Schwartz, 50*, Greenfield, IA	1:09:20	11:09
115	10	W50	Mary Jones, 51*, West Des Moines, IA	1:09:25	11:10
116	11	W50	Debra Lewis, 52*, West Des Moines, IA	1:09:26	11:10
117	50	W30	Melinda Kuennen, 34*, West Des Moines, IA	1:09:27	11:11
152	34	M50	Mike Warren, 50, Marshalltown, IA	1:09:50	11:14
118	26	W40	Debi Loffredo, 44*, West Des Moines, IA	1:10:12	11:18
119	51	W30	Misty Gray, 39*, Grimes, IA	1:10:12	11:18
120	30	W20	Brenna Larsen, 29*, Des Moines, IA	1:10:24	11:20
121	52	W30	Gabrielle Carlson, 38*, West Des Moines, IA	1:10:25	11:20
122	53	W30	Traci Rich, 30*, Anita, IA	1:10:27	11:20
123	54	W30	Holly Russell, 30*, Urbandale, IA	1:10:32	11:21
124	55	W30	Lisa Tekippe, 31*, Urbandale, IA	1:10:33	11:21
153	16	M20	Tony Steffes, 28, Des Moines, IA	1:10:54	11:25
125	31	W20	Abby Kratoska, 28*, Granger, IA	1:10:55	11:25
126	56	W30	Meg Alessio, 33*, Wdm, IA	1:11:16	11:28
127	32	W20	Nancy Fieg, 24*, West Des Moines, IA	1:11:23	11:29
154	35	M50	Dennis Howard, 57, Des Moines, IA	1:11:26	11:30
128	33	W20	Jasmine Gambrall, 28*, Windsor Heights, IA	1:11:51	11:34
129	57	W30	Michelle Skogerson, 39*, Van Meter, IA	1:12:05	11:36
155	54	M30	Eric Camper, 39, Des Moines, IA	1:12:06	11:36
156	36	M50	Steve Shifflett, 52, Ames, IA	1:12:10	11:37

130	27	W40	Sue Olson, 42*, Ankeny, IA	1:12:25	11:39
131	28	W40	Karla Griggs, 41*, Pleasan Hill, IA	1:12:26	11:39
132	34	W20	Jennifer Carlson, 24*, Des Moines, IA	1:12:28	11:40
157	17	M20	Aj Brown, 25, Des Moines, IA	1:12:29	11:40
133	29	W40	Martina Hull, 42*, Grinnell, IA	1:12:58	11:45
134	58	W30	Virginia Tonelli, 30*, Waukee, IA	1:13:09	11:46
135	35	W20	Shauna Smith, 28*, Adel, IA	1:13:16	11:48
136	36	W20	Ashlee Duimstra, 28*, Ames, IA	1:13:17	11:48
158	40	M40	Toby Hoy, 42, Van Meter, IA	1:13:19	11:48
159	37	M50	Dan Duwelius, 51, Des Moines, IA	1:13:22	11:48
160	55	M30	William Sevenbergen, 30, Des Moines, IA	1:13:34	11:50
137	30	W40	Manzano Rosario, 40*, West Des Moines, IA	1:13:51	11:53
138	37	W20	Abby Hansen, 28*, Windsor Heights, IA	1:14:08	11:56
139	31	W40	Mickie Stout, 41*, Windsor Heights, IA	1:14:08	11:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
140	59	W30	Jolynne Carlson, 30*, Madrid, IA	1:14:41	12:01
141	32	W40	Neelea Wells, 41*, Altoona, IA	1:14:47	12:02
142	60	W30	Terri Moon, 37*, Des Moines, IA	1:15:28	12:09
143	33	W40	Lisa McCoy, 49*, West Des Moines, IA	1:15:40	12:11
161	1	M70	John Beamer, 71, Des Moines, IA	1:15:41	12:11
144	61	W30	Misty VanArkel, 36*, West Des Moines, IA	1:15:47	12:12
162	41	M40	William Wegner, 48, Johnston, IA	1:16:11	12:16
145	62	W30	julie miller, 38*, Pleasant Hill, IA	1:17:42	12:30
163	56	M30	Charles Taylor, 32, Carlisle, IA	1:17:44	12:31
146	38	W20	Ashley Schultz, 27*, Ankeny, IA	1:17:44	12:31
147	34	W40	Jody Kiehne, 44*, Urbandale, IA	1:17:57	12:33
148	63	W30	Val Gregori, 33*, Roland, IA	1:17:57	12:33
164	57	M30	John Haltiner, 39, Des Moines, IA	1:18:36	12:39
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
149	64	W30	Erin Parmelee, 34*, Waukee, IA	1:20:54	13:01
150	39	W20	Megan Culbertson, 29*, West Des Moines, IA	1:20:54	13:01
151	65	W30	Nicole Kile, 30*, Des Moines, IA	1:22:06	13:13
152	35	W40	Jennifer Schroeder, 47*, Des Moines, IA	1:25:09	13:42
165	2	M70	Hummer Brown, 71, Des Moines, IA	1:26:13	13:53

* indicates females

4 finishers among Men Under 20

17 finishers among Men 20 - 29

57 finishers among Men 30 - 39

41 finishers among Men 40 - 49

37 finishers among Men 50 - 59

7 finishers among Men 60 - 69

2 finishers among Men 70 & Up

1 finishers among Women Under 20

39 finishers among Women 20 - 29

65 finishers among Women 30 - 39

35 finishers among Women 40 - 49

11 finishers among Women 50 - 59

1 finishers among Women 60 - 69

165 male finishers

152 female finishers

317 total finishers

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