

# 14th Red Flannel Run - 4.5 miles?

Des Moines, IA

Feb. 15, 2003

10 inches of snow, still snowing

## Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"\*" indicates females

| PLACE                                                                                                                                                                                                                                                                 | CLASS  | FINISHER                                 | TIME  | PACE |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------------------------------------------|-------|------|
| PLACE                                                                                                                                                                                                                                                                 | PLACE  |                                          |       |      |
| 1                                                                                                                                                                                                                                                                     | 1 M20  | Jacob Kaemmer, 26, Des Moines, IA        | 24:51 | 5:31 |
| 2                                                                                                                                                                                                                                                                     | 1 M40  | Keith Fevold, 44, Des Moines, IA         | 24:58 | 5:33 |
| 3                                                                                                                                                                                                                                                                     |        | Alex Piel, Ames, IA                      | 25:19 | 5:37 |
| 4                                                                                                                                                                                                                                                                     | 2 M20  | Jonny Lindaman, 25, Pleasant Hill, IA    | 25:19 | 5:38 |
| 5                                                                                                                                                                                                                                                                     | 1 M30  | Todd Haugen, 39, Story City, IA          | 25:35 | 5:41 |
| 6                                                                                                                                                                                                                                                                     | 3 M20  | Jon Rathje, 24, Urbandale, IA            | 25:40 | 5:42 |
| 7                                                                                                                                                                                                                                                                     | 1 JrM  | Andy McDermott, 19, Ankeny, IA           | 26:54 | 5:59 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |        |                                          |       |      |
| 8                                                                                                                                                                                                                                                                     | 2 M30  | Steve Reynolds, 34, Eau Claire, WI       | 27:15 | 6:03 |
| 9                                                                                                                                                                                                                                                                     | 2 M40  | Bill Kaemmer, 44, Des Moines, IA         | 27:20 | 6:04 |
| 10                                                                                                                                                                                                                                                                    | 3 M30  | Scott Heidesch, 31, Johnston, IA         | 27:28 | 6:06 |
| 11                                                                                                                                                                                                                                                                    | 4 M30  | Luke Bronco, 31, Des Moines, IA          | 27:38 | 6:08 |
| 12                                                                                                                                                                                                                                                                    | 3 M40  | Kevin Otte, 43, Clive, IA                | 27:49 | 6:11 |
| 13                                                                                                                                                                                                                                                                    | 5 M30  | Ted Rossiter, 37, Des Moines, IA         | 27:51 | 6:11 |
| 14                                                                                                                                                                                                                                                                    | 4 M40  | Tom McBride, 47, Des Moines, IA          | 27:52 | 6:12 |
| 15                                                                                                                                                                                                                                                                    | 5 M40  | John Taylor, 44, Des Moines, IA          | 27:55 | 6:12 |
| 16                                                                                                                                                                                                                                                                    | 4 M20  | Brent Swart, 24, Ames, IA                | 28:32 | 6:20 |
| 1                                                                                                                                                                                                                                                                     | 1 W30  | Lisa Marshall, 34*, Granger, Ia          | 28:38 | 6:22 |
| 17                                                                                                                                                                                                                                                                    | 6 M30  | Doug Cutchins, 31, Grinnell, IA          | 28:51 | 6:25 |
| 18                                                                                                                                                                                                                                                                    | 5 M20  | Peder Skoog, 23, Des Moines, IA          | 28:57 | 6:26 |
| 19                                                                                                                                                                                                                                                                    | 6 M20  | Andrew Tice, 27, Des Moines, IA          | 28:58 | 6:26 |
| 20                                                                                                                                                                                                                                                                    | 7 M30  | Tom Hamilton, 37, Clive, IA              | 29:18 | 6:31 |
| 21                                                                                                                                                                                                                                                                    | 6 M40  | David Frank, 40, Adel, IA                | 29:20 | 6:31 |
| 22                                                                                                                                                                                                                                                                    | 8 M30  | Jay Neff, 39, Sedona, AZ                 | 29:22 | 6:31 |
| 23                                                                                                                                                                                                                                                                    | 7 M20  | Carl Noftsgger, 29, Altoona, IA          | 29:38 | 6:35 |
| 24                                                                                                                                                                                                                                                                    | 7 M40  | Doug Adams, 40, Urbandale, IA            | 29:48 | 6:37 |
| 25                                                                                                                                                                                                                                                                    | 1 M50  | Chuck Clark, 51, Carroll, IA             | 29:55 | 6:39 |
| 26                                                                                                                                                                                                                                                                    | 9 M30  | Randy Kallem, 36, Ankeny, IA             | 29:56 | 6:39 |
| 27                                                                                                                                                                                                                                                                    | 8 M40  | Scott Boever, 42, Des Moines, IA         | 29:58 | 6:40 |
| 28                                                                                                                                                                                                                                                                    | 9 M40  | Jeff Feder, 41, Des Moines, IA           | 30:01 | 6:40 |
| 29                                                                                                                                                                                                                                                                    | 10 M40 | Jeff Perry, 42, Bondurant, IA            | 30:40 | 6:49 |
| 30                                                                                                                                                                                                                                                                    | 11 M40 | Steven McKibben, 42, Clive, IA           | 31:06 | 6:54 |
| 31                                                                                                                                                                                                                                                                    | 10 M30 | Jeff Osmundson, 37, Des Moines, IA       | 31:23 | 6:58 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |        |                                          |       |      |
| 32                                                                                                                                                                                                                                                                    | 11 M30 | David Caldwell, 33, Ankeny, IA           | 31:43 | 7:03 |
| 33                                                                                                                                                                                                                                                                    | 8 M20  | Tim Moran, 20, Story City, IA            | 31:54 | 7:05 |
| 2                                                                                                                                                                                                                                                                     | 1 W20  | Stephanie Egan, 24*, West Des Moines, IA | 31:56 | 7:06 |
| 34                                                                                                                                                                                                                                                                    | 9 M20  | Jeffrey Borengasser, 25, Ames, IA        | 31:59 | 7:06 |
| 35                                                                                                                                                                                                                                                                    | 12 M40 | Paul James, 49, Stanley, IA              | 32:10 | 7:09 |
| 36                                                                                                                                                                                                                                                                    | 12 M30 | Mike Gardner, 33, Ankeny, IA             | 32:13 | 7:09 |
| 37                                                                                                                                                                                                                                                                    | 13 M40 | Joel Greer, 49, Marshalltown, IA         | 32:21 | 7:11 |

|                                                                                                                                                                                                                                                                       |    |     |                                           |       |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----|-------------------------------------------|-------|------|
| 38                                                                                                                                                                                                                                                                    | 13 | M30 | Scott Johnston, 33, Indianola, IA         | 32:22 | 7:12 |
| 39                                                                                                                                                                                                                                                                    | 2  | M50 | Randall Wilson, 53, Des Moines, IA        | 32:32 | 7:14 |
| 40                                                                                                                                                                                                                                                                    | 14 | M40 | Dale Knoshaug, 41, Des Moines, IA         | 32:35 | 7:14 |
| 41                                                                                                                                                                                                                                                                    | 10 | M20 | Robbie McGinty, 22, Ames, IA              | 32:46 | 7:17 |
| 42                                                                                                                                                                                                                                                                    | 15 | M40 | Stephen Thompson, 42, Marshalltown, IA    | 32:47 | 7:17 |
|                                                                                                                                                                                                                                                                       | 3  | 2   | W20 Sarah Borengasser, 24*, Ames, IA      | 32:56 | 7:19 |
| 43                                                                                                                                                                                                                                                                    | 14 | M30 | Jeff Burchfield, 36, Altoona, IA          | 32:57 | 7:19 |
| 44                                                                                                                                                                                                                                                                    | 15 | M30 | Jay Freiermuth, 30, Waukee, IA            | 32:59 | 7:20 |
|                                                                                                                                                                                                                                                                       | 4  | 1   | W40 Julia Martinusen, 44*, Des Moines, IA | 33:02 | 7:20 |
| 45                                                                                                                                                                                                                                                                    | 16 | M30 | Jason Plunkett, 30, West Des Moines, IA   | 33:21 | 7:24 |
| 46                                                                                                                                                                                                                                                                    | 16 | M40 | Kenny Hayes, 44, Dayton, IA               | 33:22 | 7:25 |
| 47                                                                                                                                                                                                                                                                    | 17 | M30 | Todd Savage, 34, Altoona, IA              | 33:25 | 7:25 |
| 48                                                                                                                                                                                                                                                                    | 18 | M30 | Jon Espenscheid, 37, Marshalltown, IA     | 33:30 | 7:26 |
| 49                                                                                                                                                                                                                                                                    | 11 | M20 | Andrew Luymes, 24, Des Moines, IA         | 33:44 | 7:30 |
| 50                                                                                                                                                                                                                                                                    | 12 | M20 | Kevin Peterson, 28, Des Moines, IA        | 33:55 | 7:32 |
| 51                                                                                                                                                                                                                                                                    | 3  | M50 | Blaine Barnhill, 50, Omaha, NE            | 34:03 | 7:34 |
| 52                                                                                                                                                                                                                                                                    | 17 | M40 | Daniel Baldi, 40, Des Moines, IA          | 34:13 | 7:36 |
| 53                                                                                                                                                                                                                                                                    | 13 | M20 | Brandon Hufford, 27, West Des Moines, IA  | 34:14 | 7:36 |
| 54                                                                                                                                                                                                                                                                    | 18 | M40 | Eddie Mauro, 40, Des Moines, IA           | 34:15 | 7:37 |
| 55                                                                                                                                                                                                                                                                    | 19 | M30 | Slade Speers, 38, Monroe, IA              | 34:20 | 7:38 |
| 56                                                                                                                                                                                                                                                                    | 20 | M30 | Brian Terhark, 34, Waukee, IA             | 34:26 | 7:39 |
| 57                                                                                                                                                                                                                                                                    | 21 | M30 | Geoffrey Johnson, 33, Des Moines, IA      | 34:29 | 7:40 |
| 58                                                                                                                                                                                                                                                                    | 22 | M30 | Don Dycus, 32, Des Moines, IA             | 34:33 | 7:41 |
| 59                                                                                                                                                                                                                                                                    | 4  | M50 | Richard Newkirk, 54, Elgin, IL            | 34:34 | 7:41 |
| 60                                                                                                                                                                                                                                                                    | 19 | M40 | John Meyer, 47, West Des Moines, IA       | 34:42 | 7:43 |
| 61                                                                                                                                                                                                                                                                    | 14 | M20 | Bryan O'Neill, 24, Huntington Beach, CA   | 34:46 | 7:43 |
| 62                                                                                                                                                                                                                                                                    | 23 | M30 | Blair Johnston, 35, Waukee, IA            | 34:47 | 7:44 |
| 63                                                                                                                                                                                                                                                                    | 20 | M40 | Dave Lathrop, 43, Waukee, IA              | 34:49 | 7:44 |
| 64                                                                                                                                                                                                                                                                    | 24 | M30 | Jason Hahn, 32, Des Moines, IA            | 34:50 | 7:44 |
| 65                                                                                                                                                                                                                                                                    | 25 | M30 | Richard Inman, 34, Pleasant Hill, IA      | 34:52 | 7:45 |
| 66                                                                                                                                                                                                                                                                    | 5  | M50 | Scott Avitt, 50, Des Moines, IA           | 34:53 | 7:45 |
|                                                                                                                                                                                                                                                                       | 5  | 2   | W40 Debbie Avitt, 42*, Des Moines, IA     | 34:55 | 7:46 |
| 67                                                                                                                                                                                                                                                                    | 6  | M50 | Kevin Cunningham, 51, Des Moines, IA      | 34:56 | 7:46 |
| 68                                                                                                                                                                                                                                                                    | 15 | M20 | Bruce Hansen, 28, Williamsburg, IA        | 35:01 | 7:47 |
| 69                                                                                                                                                                                                                                                                    | 16 | M20 | Justin Liston, 27, Brooklyn, IA           | 35:01 | 7:47 |
| 70                                                                                                                                                                                                                                                                    | 21 | M40 | Kent Weeden, 41, Des Moines, IA           | 35:07 | 7:48 |
| 71                                                                                                                                                                                                                                                                    | 26 | M30 | Tim Pepper, 36, Indianola, IA             | 35:08 | 7:48 |
|                                                                                                                                                                                                                                                                       | 6  | 3   | W40 Susan Cook, 44*, Urbandale, IA        | 35:12 | 7:49 |
| 72                                                                                                                                                                                                                                                                    | 22 | M40 | Dave Swenson, 48, Des Moines, IA          | 35:16 | 7:50 |
| 73                                                                                                                                                                                                                                                                    | 27 | M30 | Allan Urlis, 39, Norwalk, IA              | 35:17 | 7:50 |
| 74                                                                                                                                                                                                                                                                    | 23 | M40 | Douglas Johnston, 41, Des Moines, IA      | 35:17 | 7:50 |
| 75                                                                                                                                                                                                                                                                    | 24 | M40 | Terry Lint, 48, Clive, IA                 | 35:19 | 7:51 |
| 76                                                                                                                                                                                                                                                                    | 28 | M30 | Jason Soliday, 35, West Des Moines, IA    | 35:22 | 7:51 |
| 77                                                                                                                                                                                                                                                                    | 2  | JrM | Matthew Konen, 16, Maxwell, IA            | 35:24 | 7:52 |
| 78                                                                                                                                                                                                                                                                    | 25 | M40 | Lyle Seydel, 40, West Branch, IA          | 35:26 | 7:52 |
|                                                                                                                                                                                                                                                                       | 7  | 4   | W40 Jeanne McCurnin, 47*, Mason City, IA  | 35:34 | 7:54 |
| 79                                                                                                                                                                                                                                                                    | 29 | M30 | Kent Hinders, 31, Des Moines, IA          | 35:40 | 7:55 |
| 80                                                                                                                                                                                                                                                                    | 7  | M50 | Lawrence Cooper, 55, Des Moines, IA       | 35:49 | 7:58 |
| 81                                                                                                                                                                                                                                                                    | 26 | M40 | Jim Chebuhar, 42, Marshalltown, IA        | 35:52 | 7:58 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                           |       |      |
| 8                                                                                                                                                                                                                                                                     | 5  | W40 | Peggi Taylor, 46*, Des Moines, IA         | 36:00 | 8:00 |
| 82                                                                                                                                                                                                                                                                    | 30 | M30 | Todd Keech, 36, Johnston, IA              | 36:04 | 8:01 |
| 83                                                                                                                                                                                                                                                                    | 8  | M50 | Curt Hollebrands, 50, Clive, IA           | 36:08 | 8:02 |
| 84                                                                                                                                                                                                                                                                    | 31 | M30 | Todd Kreamer, 36, Johnston, IA            | 36:12 | 8:02 |
| 85                                                                                                                                                                                                                                                                    | 9  | M50 | Rick Elliott, 53, Runnells, IA            | 36:36 | 8:08 |
| 86                                                                                                                                                                                                                                                                    | 32 | M30 | Jon Drejbels, 33, Des Moines, IA          | 36:40 | 8:09 |
| 87                                                                                                                                                                                                                                                                    | 27 | M40 | Don Cumings, 40, Ankeny, IA               | 36:41 | 8:09 |
| 88                                                                                                                                                                                                                                                                    | 10 | M50 | Robert Ridenour, 58, West Des Moines, IA  | 36:45 | 8:10 |
| 89                                                                                                                                                                                                                                                                    | 28 | M40 | Jon Croft, 48, Des Moines, IA             | 36:47 | 8:10 |
|                                                                                                                                                                                                                                                                       | 9  | 2   | W30 Jean Johnson, 36*, Des Moines, IA     | 36:53 | 8:12 |
| 10                                                                                                                                                                                                                                                                    | 6  | W40 | Carol Litscher, 41*, West Des Moines, IA  | 36:54 | 8:12 |
| 11                                                                                                                                                                                                                                                                    | 3  | W20 | Jennifer Krambeck, 27*, Des Moines, IA    | 36:55 | 8:12 |
| 90                                                                                                                                                                                                                                                                    | 29 | M40 | Jesus Soto, 42                            | 37:01 | 8:13 |
| 91                                                                                                                                                                                                                                                                    | 33 | M30 | William Lowry, 33, Des Moines, IA         | 37:02 | 8:14 |

|                                                                                                                                                                                                                                                                       |    |     |                                            |       |      |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----|--------------------------------------------|-------|------|
| 92                                                                                                                                                                                                                                                                    | 34 | M30 | Ryan Manuszak, 32, Des Moines, IA          | 37:10 | 8:15 |
| 93                                                                                                                                                                                                                                                                    | 30 | M40 | Jeff Thompson, 42, Des Moines, IA          | 37:13 | 8:16 |
| 94                                                                                                                                                                                                                                                                    | 35 | M30 | Randy Hamilton, 37, Des Moines, IA         | 37:15 | 8:17 |
| 95                                                                                                                                                                                                                                                                    | 36 | M30 | John Beh, 39, Des Moines, IA               | 37:15 | 8:17 |
| 96                                                                                                                                                                                                                                                                    | 37 | M30 | Matt McCoy, 36, Des Moines, IA             | 37:18 | 8:17 |
| 97                                                                                                                                                                                                                                                                    | 31 | M40 | Don Parry, 44, Johnston, IA                | 37:21 | 8:18 |
| 98                                                                                                                                                                                                                                                                    | 11 | M50 | Bill Lawless, 59, Des Moines, IA           | 37:26 | 8:19 |
| 99                                                                                                                                                                                                                                                                    | 38 | M30 | John Schley, 37, Des Moines, IA            | 37:28 | 8:19 |
| 100                                                                                                                                                                                                                                                                   | 3  | JrM | Ryan McCurnin, 16, Mason City, IA          | 37:40 | 8:22 |
| 101                                                                                                                                                                                                                                                                   | 39 | M30 | David Daniels, 34, Des Moines, IA          | 37:44 | 8:23 |
| 102                                                                                                                                                                                                                                                                   | 12 | M50 | Mike Gray, 52, Waterloo, IA                | 37:45 | 8:23 |
| 103                                                                                                                                                                                                                                                                   | 17 | M20 | Corey Hayes, 20, Dayton, IA                | 37:47 | 8:24 |
| 104                                                                                                                                                                                                                                                                   | 40 | M30 | Clark Buss, 34, Des Moines, IA             | 37:53 | 8:25 |
| 105                                                                                                                                                                                                                                                                   | 41 | M30 | Luke Vandermillen, 36, West Des Moines, IA | 37:55 | 8:25 |
| 106                                                                                                                                                                                                                                                                   | 32 | M40 | Kent Schrof, 40, West Des Moines, IA       | 37:56 | 8:26 |
| 107                                                                                                                                                                                                                                                                   | 33 | M40 | John Hemminger, 48, Des Moines, IA         | 37:57 | 8:26 |
| 108                                                                                                                                                                                                                                                                   | 34 | M40 | Josh Engman, 46, Clive, IA                 | 38:05 | 8:28 |
| 109                                                                                                                                                                                                                                                                   | 42 | M30 | Ross Mills, 31, West Des Moines, IA        | 38:11 | 8:29 |
| 110                                                                                                                                                                                                                                                                   | 43 | M30 | John Taylor, 38, Des Moines, IA            | 38:15 | 8:30 |
| 111                                                                                                                                                                                                                                                                   | 18 | M20 | Dan Johnson, 27, Grimes, IA                | 38:16 | 8:30 |
| 112                                                                                                                                                                                                                                                                   | 44 | M30 | Scott Johnson, 39, Johnston, IA            | 38:19 | 8:31 |
| 113                                                                                                                                                                                                                                                                   | 45 | M30 | Scott Sumpster, 35, Ankeny, IA             | 38:27 | 8:33 |
| 114                                                                                                                                                                                                                                                                   | 35 | M40 | Randy Minear, 45, West Des Moines, IA      | 38:29 | 8:33 |
| 12                                                                                                                                                                                                                                                                    | 3  | W30 | Shannon Holz, 39*, Cumming, IA             | 38:29 | 8:33 |
| 115                                                                                                                                                                                                                                                                   | 19 | M20 | Brian Nation, 23, Ogden, IA                | 38:34 | 8:34 |
| 116                                                                                                                                                                                                                                                                   | 13 | M50 | T A Meyer, 50, Des Moines, IA              | 38:40 | 8:36 |
| 13                                                                                                                                                                                                                                                                    | 7  | W40 | Janet Donnelly, 42*, Des Moines, IA        | 38:42 | 8:36 |
| 117                                                                                                                                                                                                                                                                   | 20 | M20 | Benjamin Krambeck, 28, Des Moines, IA      | 38:44 | 8:36 |
| 118                                                                                                                                                                                                                                                                   | 1  | M60 | Marv Maass, 61, Webster City, IA           | 38:48 | 8:37 |
| 119                                                                                                                                                                                                                                                                   | 46 | M30 | Vince Bollhoefer, 37, Haverhill, IA        | 39:00 | 8:40 |
| 120                                                                                                                                                                                                                                                                   | 47 | M30 | A J Groathouse, 32, Urbandale, IA          | 39:06 | 8:41 |
| 14                                                                                                                                                                                                                                                                    | 1  | W50 | Becky Rozenboom, 51*, Oskaloosa, IA        | 39:15 | 8:43 |
| 15                                                                                                                                                                                                                                                                    | 4  | W20 | Lacey Schmidt, 23*, Des Moines, IA         | 39:19 | 8:44 |
| 121                                                                                                                                                                                                                                                                   | 21 | M20 | David John, 27, Des Moines, IA             | 39:24 | 8:45 |
| 16                                                                                                                                                                                                                                                                    | 4  | W30 | Tracy Dickinson, 38*, Des Moines, IA       | 39:31 | 8:47 |
| 122                                                                                                                                                                                                                                                                   | 36 | M40 | Craig Calhoun, 44, Windsor Heights, IA     | 39:33 | 8:47 |
| 17                                                                                                                                                                                                                                                                    | 5  | W20 | Tracy Deutmeyer, 27*, West Des Moines, IA  | 39:37 | 8:48 |
| 123                                                                                                                                                                                                                                                                   | 48 | M30 | Mark Lawless, 35, Des Moines, IA           | 39:46 | 8:50 |
| 124                                                                                                                                                                                                                                                                   | 37 | M40 | Robert Parker, 43, Johnston, IA            | 39:53 | 8:52 |
| 18                                                                                                                                                                                                                                                                    | 1  | JrW | Ashley Parker, 18*, Johnston, IA           | 39:53 | 8:52 |
| 125                                                                                                                                                                                                                                                                   | 49 | M30 | Matthew Tullis, 35, Marshalltown, IA       | 39:55 | 8:52 |
| 126                                                                                                                                                                                                                                                                   | 50 | M30 | Patrick Beurskens, 36, Marshalltown, IA    | 39:55 | 8:52 |
| 127                                                                                                                                                                                                                                                                   | 14 | M50 | Joel Beane, 55, Marshalltown, IA           | 39:56 | 8:52 |
| 128                                                                                                                                                                                                                                                                   | 15 | M50 | Don Jessen, 50, Colfax, IA                 | 40:02 | 8:54 |
| 19                                                                                                                                                                                                                                                                    | 6  | W20 | Marya Swenson, 22*, Des Moines, IA         | 40:09 | 8:55 |
| 129                                                                                                                                                                                                                                                                   | 38 | M40 | Dennis Hammen, 49, Somers, IA              | 40:14 | 8:56 |
| 130                                                                                                                                                                                                                                                                   | 16 | M50 | Jim Lowe, 56, Des Moines, IA               | 40:18 | 8:57 |
| 20                                                                                                                                                                                                                                                                    | 8  | W40 | Sue Shissler, 42*, Altoona, IA             | 40:21 | 8:58 |
| 131                                                                                                                                                                                                                                                                   | 17 | M50 | Robert Pratt, 55, Des Moines, IA           | 40:25 | 8:59 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                            |       |      |
| 132                                                                                                                                                                                                                                                                   | 2  | M60 | Rollin Perry, 63, Cedar Falls, IA          | 40:32 | 9:00 |
| 133                                                                                                                                                                                                                                                                   | 51 | M30 | Daniel Hellrung, 32                        | 40:47 | 9:04 |
| 21                                                                                                                                                                                                                                                                    | 5  | W30 | Laurie Baker, 30*, West Des Moines, IA     | 40:54 | 9:05 |
| 22                                                                                                                                                                                                                                                                    | 6  | W30 | Susie McAreavy, 32*, Clive, IA             | 40:55 | 9:05 |
| 23                                                                                                                                                                                                                                                                    | 9  | W40 | Catherine Dreiss, 41*, Des Moines, IA      | 40:56 | 9:06 |
| 134                                                                                                                                                                                                                                                                   | 18 | M50 | Rick Hoyer, 50, West Des Moines, IA        | 40:57 | 9:06 |
| 24                                                                                                                                                                                                                                                                    | 10 | W40 | Betsy Frederes, 45*, Clive, IA             | 40:59 | 9:06 |
| 135                                                                                                                                                                                                                                                                   | 52 | M30 | Curt Stamp, 36, Des Moines, IA             | 41:03 | 9:07 |
| 136                                                                                                                                                                                                                                                                   | 22 | M20 | Marcus Claire, 26, Des Moines, IA          | 41:05 | 9:08 |
| 25                                                                                                                                                                                                                                                                    | 7  | W30 | Julie Alexander, 37*, Des Moines, IA       | 41:15 | 9:10 |
| 26                                                                                                                                                                                                                                                                    | 8  | W30 | Brenda Jackson, 30*, Des Moines, IA        | 41:16 | 9:10 |
| 27                                                                                                                                                                                                                                                                    | 2  | JrW | Kimberly Lafrentz, 14*, Ankeny, IA         | 41:16 | 9:10 |
| 137                                                                                                                                                                                                                                                                   | 39 | M40 | Paul Peiffer, 45, Ames, IA                 | 41:17 | 9:10 |
| 28                                                                                                                                                                                                                                                                    | 7  | W20 | Marisa Corson, 27*, West Des Moines, IA    | 41:18 | 9:11 |

|                                                                                                                                                                                                                                                                       |    |     |                                               |       |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----|-----------------------------------------------|-------|-------|
| 138                                                                                                                                                                                                                                                                   | 23 | M20 | Wade Eldridge, 26, West Des Moines, IA        | 41:23 | 9:12  |
| 139                                                                                                                                                                                                                                                                   | 40 | M40 | John Nation, 46, Ogden, IA                    | 41:24 | 9:12  |
| 140                                                                                                                                                                                                                                                                   | 24 | M20 | Charles Baumert, 23                           | 41:24 | 9:12  |
|                                                                                                                                                                                                                                                                       | 29 | 8   | W20 Sally Johnson, 26*, Grimes, IA            | 41:25 | 9:12  |
|                                                                                                                                                                                                                                                                       | 30 | 9   | W20 Neko Lkeckner, 26*, Grimes, IA            | 41:25 | 9:12  |
|                                                                                                                                                                                                                                                                       | 31 | 9   | W30 Connie Hills, 39*, Urbandale, IA          | 41:26 | 9:12  |
|                                                                                                                                                                                                                                                                       | 32 | 10  | W30 Teresa Shaffer, 37*, Des Moines, IA       | 41:27 | 9:13  |
|                                                                                                                                                                                                                                                                       | 33 | 11  | W30 Mary Scalcelg, 36*, Des Moines, IA        | 41:29 | 9:13  |
| 141                                                                                                                                                                                                                                                                   | 53 | M30 | Richard Bangma, 32, Pella, IA                 | 41:30 | 9:13  |
|                                                                                                                                                                                                                                                                       | 34 | 12  | W30 Anne Nieland, 34*, Urbandale, IA          | 41:30 | 9:13  |
| 142                                                                                                                                                                                                                                                                   | 41 | M40 | Jeff Glantz, 48, Cedar Rapids, IA             | 41:32 | 9:14  |
| 143                                                                                                                                                                                                                                                                   | 4  | JrM | Shawn Dugan, 15, Des Moines, IA               | 41:38 | 9:15  |
| 144                                                                                                                                                                                                                                                                   | 54 | M30 | Christopher Greenfield, 34, Des Moines, IA    | 41:42 | 9:16  |
| 145                                                                                                                                                                                                                                                                   | 55 | M30 | Ron Wheeler, 32, Urbandale, IA                | 41:51 | 9:18  |
| 146                                                                                                                                                                                                                                                                   | 19 | M50 | Leonard Hudson, 51, Carlisle, IA              | 41:59 | 9:20  |
|                                                                                                                                                                                                                                                                       | 35 | 2   | W50 Catherine Smith, 54*, West Des Moines, IA | 42:03 | 9:21  |
| 147                                                                                                                                                                                                                                                                   | 42 | M40 | Ed Larsen, 47, Urbandale, IA                  | 42:05 | 9:21  |
| 148                                                                                                                                                                                                                                                                   | 25 | M20 | Jamie Guild, 27, Grundy Center, IA            | 42:06 | 9:21  |
|                                                                                                                                                                                                                                                                       | 36 | 10  | W20 Sarah Guild, 25*, Grundy Center, IA       | 42:07 | 9:21  |
|                                                                                                                                                                                                                                                                       | 37 | 13  | W30 Emily Witt, 37*, Des Moines, IA           | 42:08 | 9:22  |
|                                                                                                                                                                                                                                                                       | 38 | 14  | W30 Karen Floss, 37*, Clive, IA               | 42:08 | 9:22  |
|                                                                                                                                                                                                                                                                       | 39 | 15  | W30 Laura McMahon, 39*, Clive, IA             | 42:09 | 9:22  |
| 149                                                                                                                                                                                                                                                                   | 20 | M50 | Jack Adams, 56, Webster City, IA              | 42:19 | 9:24  |
| 150                                                                                                                                                                                                                                                                   | 43 | M40 | Dennis Rustad, 47, Des Moines, IA             | 42:26 | 9:26  |
|                                                                                                                                                                                                                                                                       | 40 | 11  | W40 Sarah Norman, 45*, Des Moines, IA         | 42:35 | 9:28  |
| 151                                                                                                                                                                                                                                                                   | 56 | M30 | Shawn Bown, 36, Des Moines, IA                | 42:38 | 9:28  |
|                                                                                                                                                                                                                                                                       | 41 | 3   | JrW Brittany Parker, 18*, Johnston, IA        | 42:39 | 9:29  |
| 152                                                                                                                                                                                                                                                                   | 21 | M50 | Steve Anderson, 51, Webster City, IA          | 42:45 | 9:30  |
| 153                                                                                                                                                                                                                                                                   | 44 | M40 | Luke Seward, 40, Clive, IA                    | 43:10 | 9:35  |
| 154                                                                                                                                                                                                                                                                   | 26 | M20 | Wade Thompson, 29, Des Moines, IA             | 43:12 | 9:36  |
|                                                                                                                                                                                                                                                                       | 42 | 11  | W20 Lisa Lorimor, 25*, Des Moines, IA         | 43:14 | 9:36  |
| 155                                                                                                                                                                                                                                                                   | 57 | M30 | John Lajoie, 35, Ankeny, IA                   | 43:19 | 9:37  |
| 156                                                                                                                                                                                                                                                                   | 27 | M20 | Ryan Schutty, 25, Ankeny, IA                  | 43:20 | 9:38  |
| 157                                                                                                                                                                                                                                                                   | 22 | M50 | Bruce Anderson, 55, West Des Moines, IA       | 43:32 | 9:40  |
|                                                                                                                                                                                                                                                                       | 43 | 16  | W30 Brooke Lovelace, 32*, Des Moines, IA      | 43:37 | 9:41  |
| 158                                                                                                                                                                                                                                                                   | 45 | M40 | Kevin Carlisle, 40, West Des Moines, IA       | 43:41 | 9:42  |
| 159                                                                                                                                                                                                                                                                   | 58 | M30 | John Carlson, 33, Des Moines, IA              | 43:44 | 9:43  |
|                                                                                                                                                                                                                                                                       | 44 | 17  | W30 Betty Freesemann, 36*, Altoona, IA        | 43:49 | 9:44  |
|                                                                                                                                                                                                                                                                       | 45 | 18  | W30 Sarah Wilson, 38*, Des Moines, IA         | 43:51 | 9:45  |
| 160                                                                                                                                                                                                                                                                   | 46 | M40 | Harold Wilson, 41, Des Moines, IA             | 43:52 | 9:45  |
|                                                                                                                                                                                                                                                                       | 46 | 4   | JrW Valerie Lafrentz, 17*, Ankeny, IA         | 43:54 | 9:45  |
|                                                                                                                                                                                                                                                                       | 47 | 12  | W20 Jennifer Rathje, 22*, Urbandale, IA       | 44:00 | 9:47  |
| 161                                                                                                                                                                                                                                                                   | 23 | M50 | Norm Ostbloom, 55, Des Moines, IA             | 44:04 | 9:47  |
| 162                                                                                                                                                                                                                                                                   | 28 | M20 | Joel Konen, 24, Ames, IA                      | 44:14 | 9:50  |
| 163                                                                                                                                                                                                                                                                   | 47 | M40 | Marty Kalton, 44, Grimes, IA                  | 44:20 | 9:51  |
|                                                                                                                                                                                                                                                                       | 48 | 1   | W60 Marge Nielsen, 67*, Spencer, IA           | 44:24 | 9:52  |
| 164                                                                                                                                                                                                                                                                   | 59 | M30 | Douglas Schulte, 34, West Des Moines, IA      | 44:27 | 9:53  |
| 165                                                                                                                                                                                                                                                                   | 60 | M30 | Steve Nadel, 35, Clive, IA                    | 44:30 | 9:53  |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                               |       |       |
|                                                                                                                                                                                                                                                                       | 49 | 19  | W30 Jamie Bachman, 34*, Des Moines, IA        | 45:00 | 10:00 |
| 166                                                                                                                                                                                                                                                                   | 3  | M60 | Donald Judisch, 65, Clive, IA                 | 45:02 | 10:00 |
| 167                                                                                                                                                                                                                                                                   | 24 | M50 | Dick Hogan, 56, Urbandale, IA                 | 45:09 | 10:02 |
|                                                                                                                                                                                                                                                                       | 50 | 13  | W20 Amy Schmelzer, 29*, Des Moines, IA        | 45:17 | 10:04 |
|                                                                                                                                                                                                                                                                       | 51 | 20  | W30 Brinda Taylor, 37*, Ankeny, IA            | 45:18 | 10:04 |
| 168                                                                                                                                                                                                                                                                   | 61 | M30 | Christopher Burch, 32, Des Moines, IA         | 45:25 | 10:05 |
| 169                                                                                                                                                                                                                                                                   | 62 | M30 | Kenyon Wood, 39, Des Moines, IA               | 45:37 | 10:08 |
|                                                                                                                                                                                                                                                                       | 52 | 5   | JrW Jessica Wilson, 15*, Johnston, IA         | 45:58 | 10:13 |
| 170                                                                                                                                                                                                                                                                   | 48 | M40 | Brent Wilson, 42, Johnston, IA                | 45:58 | 10:13 |
|                                                                                                                                                                                                                                                                       | 53 | 21  | W30 Kimberly Menke, 31*, Des Moines, IA       | 46:01 | 10:13 |
| 171                                                                                                                                                                                                                                                                   | 25 | M50 | Forey Jacobson, 52, Des Moines, IA            | 46:27 | 10:19 |
|                                                                                                                                                                                                                                                                       | 54 | 22  | W30 Lyn Anderson, 34*, Des Moines, IA         | 46:37 | 10:21 |
|                                                                                                                                                                                                                                                                       | 55 | 23  | W30 Julie Shepard, 37*, West Des Moines, IA   | 46:56 | 10:26 |
|                                                                                                                                                                                                                                                                       | 56 | 24  | W30 Kimberly Stewart, 34*, Des Moines, IA     | 46:59 | 10:26 |
|                                                                                                                                                                                                                                                                       | 57 | 14  | W20 Audrey Darrigues, 26*, Ames, IA           | 47:06 | 10:28 |

|                                                                                                                                                                                                                                                                       |    |     |                                           |         |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-----|-------------------------------------------|---------|-------|
| 172                                                                                                                                                                                                                                                                   | 49 | M40 | Christian Buffard, 40, Cambridge, IA      | 47:07   | 10:28 |
| 173                                                                                                                                                                                                                                                                   | 50 | M40 | Conroy Smith, 48, Des Moines, IA          | 47:10   | 10:29 |
| 58                                                                                                                                                                                                                                                                    | 6  | JrW | Cassandra Kendzora, 17*, Des Moines, IA   | 47:15   | 10:30 |
| 174                                                                                                                                                                                                                                                                   | 51 | M40 | Brad Fousek, 47, Altoona, IA              | 47:15   | 10:30 |
| 59                                                                                                                                                                                                                                                                    | 25 | W30 | Nila Fousek, 38*, Altoona, IA             | 47:16   | 10:30 |
| 60                                                                                                                                                                                                                                                                    | 26 | W30 | Jessica Schrock, 32*, Altoona, IA         | 47:17   | 10:30 |
| 61                                                                                                                                                                                                                                                                    | 3  | W50 | Carolyn Newkirk, 55*, Elgin, IL           | 47:22   | 10:31 |
| 62                                                                                                                                                                                                                                                                    | 27 | W30 | Sherilyn Rittgers, 30*, Ankeny, IA        | 47:22   | 10:32 |
| 175                                                                                                                                                                                                                                                                   | 29 | M20 | Steve Rittgers, 29, Ankeny, IA            | 47:24   | 10:32 |
| 176                                                                                                                                                                                                                                                                   | 52 | M40 | John Freitag, 40, Jacksonville, IL        | 47:39   | 10:35 |
| 63                                                                                                                                                                                                                                                                    | 28 | W30 | Holly Armstrong, 31*, Jacksonville, IL    | 47:40   | 10:35 |
| 177                                                                                                                                                                                                                                                                   | 63 | M30 | Michelle Pohlmeier, 35, Urbandale, IA     | 47:43   | 10:36 |
| 64                                                                                                                                                                                                                                                                    | 4  | W50 | Rose Pratt, 55*, Des Moines, IA           | 47:46   | 10:37 |
| 65                                                                                                                                                                                                                                                                    | 15 | W20 | Jennifer Hellrung, 29*                    | 47:51   | 10:38 |
| 178                                                                                                                                                                                                                                                                   | 5  | JrM | Jeff Nation, 13, Ogden, IA                | 48:04   | 10:41 |
| 179                                                                                                                                                                                                                                                                   | 53 | M40 | Jeff Holston, 43, Des Moines, IA          | 48:35   | 10:48 |
| 66                                                                                                                                                                                                                                                                    | 12 | W40 | Kelli Nelsen, 40*, West Des Moines, IA    | 48:46   | 10:50 |
| 67                                                                                                                                                                                                                                                                    | 29 | W30 | Deanna Lensch, 37*, Des Moines, IA        | 48:47   | 10:50 |
| 68                                                                                                                                                                                                                                                                    | 13 | W40 | Sherri Householder, 40*, Grimes, IA       | 48:48   | 10:50 |
| 69                                                                                                                                                                                                                                                                    | 30 | W30 | Michelle Boyd, 34*, Breckenridge, MO      | 48:53   | 10:52 |
| 180                                                                                                                                                                                                                                                                   | 30 | M20 | Steve Rindfuss, 28, West Des Moines, IA   | 49:10   | 10:55 |
| 70                                                                                                                                                                                                                                                                    | 16 | W20 | Sally Rindfuss, 26*, West Des Moines, IA  | 49:11   | 10:56 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                           |         |       |
| 71                                                                                                                                                                                                                                                                    | 17 | W20 | Kelly O'Leary, 23*, Des Moines, IA        | 49:40   | 11:02 |
| 72                                                                                                                                                                                                                                                                    | 31 | W30 | Jackie Hellrung, 37*, Urbandale, IA       | 49:41   | 11:02 |
| 73                                                                                                                                                                                                                                                                    | 32 | W30 | Joanna Schroeder, 31*, Des Moines, IA     | 50:30   | 11:13 |
| 74                                                                                                                                                                                                                                                                    | 18 | W20 | Shelley Clubb, 28*, West Des Moines, IA   | 53:00   | 11:47 |
| 75                                                                                                                                                                                                                                                                    | 19 | W20 | Molly Smith, 28*, West Des Moines, IA     | 53:00   | 11:47 |
| 76                                                                                                                                                                                                                                                                    | 33 | W30 | Megan Vitha, 34*, Des Moines, IA          | 53:10   | 11:49 |
| 77                                                                                                                                                                                                                                                                    | 20 | W20 | Jennifer Chiodo, 29*, Des Moines, IA      | 53:10   | 11:49 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                           |         |       |
| 181                                                                                                                                                                                                                                                                   | 64 | M30 | Rob Matthews, 32, Des Moines, IA          | 54:20   | 12:04 |
| 182                                                                                                                                                                                                                                                                   | 54 | M40 | John Lins, 45, Carlisle, IA               | 57:00   | 12:40 |
| 183                                                                                                                                                                                                                                                                   | 55 | M40 | Carlos Alvarez, 43, Urbandale, IA         | 57:00   | 12:40 |
| 184                                                                                                                                                                                                                                                                   | 56 | M40 | Michael Spellman, 44, Des Moines, IA      | 57:00   | 12:40 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                           |         |       |
| 78                                                                                                                                                                                                                                                                    | 14 | W40 | Lori Calhoun, 41*, Des Moines, IA         | 59:30   | 13:13 |
| 79                                                                                                                                                                                                                                                                    | 34 | W30 | Christina Butts, 37*, Des Moines, IA      | 1:00:00 | 13:20 |
| 80                                                                                                                                                                                                                                                                    | 35 | W30 | Molly Olinger, 33*, Des Moines, IA        | 1:00:00 | 13:20 |
| Pace: <a href="#">6:00</a>   <a href="#">7:00</a>   <a href="#">8:00</a>   <a href="#">9:00</a>   <a href="#">10:00</a>   <a href="#">11:00</a>   <a href="#">12:00</a>   <a href="#">13:00</a>   <a href="#">14:00</a>   <a href="#">15:00</a>   <a href="#">Top</a> |    |     |                                           |         |       |
| 81                                                                                                                                                                                                                                                                    | 36 | W30 | Mary Melendez, 34*, Des Moines, IA        | 1:12:00 | 16:00 |
| 82                                                                                                                                                                                                                                                                    | 15 | W40 | Mary Hammen, 48*, Somers, IA              | 1:12:00 | 16:00 |
| 83                                                                                                                                                                                                                                                                    | 21 | W20 | Samantha Telleen, 23*, Council Bluffs, IA | 1:12:00 | 16:00 |

5 finishers among Men 19 & Under  
 30 finishers among Men 20 - 29  
 64 finishers among Men 30 - 39  
 56 finishers among Men 40 - 49  
 25 finishers among Men 50 - 59  
 3 finishers among Men 60 & Up  
 6 finishers among Women 19 & Under  
 21 finishers among Women 20 - 29  
 36 finishers among Women 30 - 39  
 15 finishers among Women 40 - 49  
 4 finishers among Women 50 - 59  
 1 finishers among Women 60 & Up  
 184 male finishers  
 83 female finishers  
 267 total finishers

CLASS

| PLACE          | PLACE          | FINISHER                              | TIME  | PACE  |
|----------------|----------------|---------------------------------------|-------|-------|
| Open Men       |                |                                       |       |       |
| 1              | 1 M20          | Jacob Kaemmer, 26, Des Moines, IA     | 24:51 | 5:31  |
| Open Women     |                |                                       |       |       |
| 1              | 1 W30          | Lisa Marshall, 34, Granger, Ia        | 28:38 | 6:22  |
| Masters Men    |                |                                       |       |       |
| 2              | 1 M40          | Keith Fevold, 44, Des Moines, IA      | 24:58 | 5:33  |
| Masters Women  |                |                                       |       |       |
| 4              | 1 W40          | Julia Martinusen, 44, Des Moines, IA  | 33:02 | 7:20  |
| PLACE          | CLASS<br>PLACE | FINISHER                              | TIME  | PACE  |
| Men 19 & Under |                |                                       |       |       |
| 7              | 1              | Andy McDermott, 19, Ankeny, IA        | 26:54 | 5:59  |
| 77             | 2              | Matthew Konen, 16, Maxwell, IA        | 35:24 | 7:52  |
| 100            | 3              | Ryan McCurnin, 16, Mason City, IA     | 37:40 | 8:22  |
| 143            | 4              | Shawn Dugan, 15, Des Moines, IA       | 41:38 | 9:15  |
| 178            | 5              | Jeff Nation, 13, Ogden, IA            | 48:04 | 10:41 |
| Men 20 - 29    |                |                                       |       |       |
| 1              | 1              | Jacob Kaemmer, 26, Des Moines, IA     | 24:51 | 5:31  |
| 4              | 2              | Jonny Lindaman, 25, Pleasant Hill, IA | 25:19 | 5:38  |
| 6              | 3              | Jon Rathje, 24, Urbandale, IA         | 25:40 | 5:42  |
| 16             | 4              | Brent Swart, 24, Ames, IA             | 28:32 | 6:20  |
| 18             | 5              | Peder Skoog, 23, Des Moines, IA       | 28:57 | 6:26  |
| Men 30 - 39    |                |                                       |       |       |
| 5              | 1              | Todd Haugen, 39, Story City, IA       | 25:35 | 5:41  |
| 8              | 2              | Steve Reynolds, 34, Eau Claire, WI    | 27:15 | 6:03  |
| 10             | 3              | Scott Heidesch, 31, Johnston, IA      | 27:28 | 6:06  |
| 11             | 4              | Luke Bronco, 31, Des Moines, IA       | 27:38 | 6:08  |
| 13             | 5              | Ted Rossiter, 37, Des Moines, IA      | 27:51 | 6:11  |
| Men 40 - 49    |                |                                       |       |       |
| 2              | 1              | Keith Fevold, 44, Des Moines, IA      | 24:58 | 5:33  |
| 9              | 2              | Bill Kaemmer, 44, Des Moines, IA      | 27:20 | 6:04  |
| 12             | 3              | Kevin Otte, 43, Clive, IA             | 27:49 | 6:11  |
| 14             | 4              | Tom McBride, 47, Des Moines, IA       | 27:52 | 6:12  |
| 15             | 5              | John Taylor, 44, Des Moines, IA       | 27:55 | 6:12  |
| Men 50 - 59    |                |                                       |       |       |
| 25             | 1              | Chuck Clark, 51, Carroll, IA          | 29:55 | 6:39  |
| 39             | 2              | Randall Wilson, 53, Des Moines, IA    | 32:32 | 7:14  |
| 51             | 3              | Blaine Barnhill, 50, Omaha, NE        | 34:03 | 7:34  |
| 59             | 4              | Richard Newkirk, 54, Elgin, IL        | 34:34 | 7:41  |
| 66             | 5              | Scott Avitt, 50, Des Moines, IA       | 34:53 | 7:45  |
| Men 60 & Up    |                |                                       |       |       |
| 118            | 1              | Marv Maass, 61, Webster City, IA      | 38:48 | 8:37  |
| 132            | 2              | Rollin Perry, 63, Cedar Falls, IA     | 40:32 | 9:00  |
| 166            | 3              | Donald Judisch, 65, Clive, IA         | 45:02 | 10:00 |

| PLACE            | CLASS<br>PLACE | FINISHER                          | TIME  | PACE |
|------------------|----------------|-----------------------------------|-------|------|
| Women 19 & Under |                |                                   |       |      |
| 18               | 1              | Ashley Parker, 18, Johnston, IA   | 39:53 | 8:52 |
| 27               | 2              | Kimberly Lafrentz, 14, Ankeny, IA | 41:16 | 9:10 |
| 41               | 3              | Brittany Parker, 18, Johnston, IA | 42:39 | 9:29 |



|               |   |                                          |       |       |
|---------------|---|------------------------------------------|-------|-------|
| 46            | 4 | Valerie Lafrentz, 17, Ankeny, IA         | 43:54 | 9:45  |
| 52            | 5 | Jessica Wilson, 15, Johnston, IA         | 45:58 | 10:13 |
| Women 20 - 29 |   |                                          |       |       |
| 2             | 1 | Stephanie Egan, 24, West Des Moines, IA  | 31:56 | 7:06  |
| 3             | 2 | Sarah Borengasser, 24, Ames, IA          | 32:56 | 7:19  |
| 11            | 3 | Jennifer Krambeck, 27, Des Moines, IA    | 36:55 | 8:12  |
| 15            | 4 | Lacey Schmidt, 23, Des Moines, IA        | 39:19 | 8:44  |
| 17            | 5 | Tracy Deutmeyer, 27, West Des Moines, IA | 39:37 | 8:48  |
| Women 30 - 39 |   |                                          |       |       |
| 1             | 1 | Lisa Marshall, 34, Granger, Ia           | 28:38 | 6:22  |
| 9             | 2 | Jean Johnson, 36, Des Moines, IA         | 36:53 | 8:12  |
| 12            | 3 | Shannon Holz, 39, Cumming, IA            | 38:29 | 8:33  |
| 16            | 4 | Tracy Dickinson, 38, Des Moines, IA      | 39:31 | 8:47  |
| 21            | 5 | Laurie Baker, 30, West Des Moines, IA    | 40:54 | 9:05  |
| Women 40 - 49 |   |                                          |       |       |
| 4             | 1 | Julia Martinusen, 44, Des Moines, IA     | 33:02 | 7:20  |
| 5             | 2 | Debbie Avitt, 42, Des Moines, IA         | 34:55 | 7:46  |
| 6             | 3 | Susan Cook, 44, Urbandale, IA            | 35:12 | 7:49  |
| 7             | 4 | Jeanne McCurnin, 47, Mason City, IA      | 35:34 | 7:54  |
| 8             | 5 | Peggi Taylor, 46, Des Moines, IA         | 36:00 | 8:00  |
| Women 50 - 59 |   |                                          |       |       |
| 14            | 1 | Becky Rozenboom, 51, Oskaloosa, IA       | 39:15 | 8:43  |
| 35            | 2 | Catherine Smith, 54, West Des Moines, IA | 42:03 | 9:21  |
| 61            | 3 | Carolyn Newkirk, 55, Elgin, IL           | 47:22 | 10:31 |
| 64            | 4 | Rose Pratt, 55, Des Moines, IA           | 47:46 | 10:37 |
| Women 60 & Up |   |                                          |       |       |
| 48            | 1 | Marge Nielsen, 67, Spencer, IA           | 44:24 | 9:52  |

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