

Growl Prowl 5K 2012 *** 8K Run *** Overall Report 5Kresults [here](#)

Event: 8K Run

Date: Saturday, April 14, 2012

Location: Marion, IA

Weather: Cool 60°

Age Group [results here](#)

Results By: Jeff Mullen

<u>Place</u>	<u>Gender</u>	<u>Div</u>		<u>Name</u>	<u>City</u>	<u>Gun Time</u>	<u>Chip Time</u>	<u>Pace</u>
1	1	1	OvM	Christopher Jensen, M30	Marion, IA	25:54	25:51	5:12/M
2	2	1	JrM	Ryan Murphy, M13	Marion, IA	30:24	30:22	6:06/M
3	3	1	M30	Joel Cardo, M30	Center Point, IA	31:15	31:14	6:17/M
4	4	1	M40	Craig Rabe, M42	Marion, IA	31:58	31:57	6:25/M
5	5	2	M30	Matt Cook, M32	Marion, IA	31:59	31:57	6:26/M
6	1	1	OvF	Alice Anderson, F29	Marion, IA	32:42	32:42	6:34/M
7	6	3	M30	Lee Heying, M35	Cedar Rapids, IA	33:53	33:51	6:49/M
8	7	2	M40	Coley Cummings, M41	Cedar Rapids, IA	34:07	34:05	6:51/M
9	8	1	M50	Rick Colton, M51	Marion, IA	34:09	34:08	6:52/M
10	9	2	JrM	Marshall Creech, M14	Marion, IA	34:50	34:47	7:00/M
11	10	4	M30	Christopher Nims, M35	Robins, IA	34:51	34:48	7:00/M
12	11	3	JrM	Michael Mather, M14	Robins, IA	34:55	34:52	7:01/M
13	2	1	F30	Stacie Merta, F33	Marion, IA	35:01	35:00	7:02/M
14	12	3	M40	Ted Smith, M44	Cedar Rapids, IA	35:29	35:28	7:08/M
15	13	5	M30	Wade Buck, M36	Marion, IA	35:45	35:41	7:11/M
16	14	6	M30	Matthew Wildman, M36	Marion, IA	35:47	35:44	7:11/M
17	15	7	M30	Sam Slingluff, M34	Marion, IA	36:41	36:35	7:22/M
18	16	4	M40	John Peters, M47	Cedar Rapids, IA	36:46	36:29	7:23/M
19	17	1	M20	Chad Grandon, M27	Marion, IA	36:51	36:47	7:24/M
20	3	1	F20	Nicole Phillips, F29	Marion, IA	37:00	36:56	7:26/M
21	18	8	M30	Doug Fishwild, M33	Marion, IA	37:03	36:56	7:27/M
22	19	5	M40	Brad Howard, M45	Amarillo, TX	37:49	37:46	7:36/M
23	4	1	F40	Nicole Shannon, F41	Amarillo, TX	38:12	38:08	7:41/M

24	5	2	F30	Mariah Hurley, F35	Cedar Rapids, IA	38:23	38:21	7:43/M
25	6	2	F20	Hass Erika, F28	Cedar Rapids, IA	39:02	38:58	7:51/M
26	20	9	M30	Kyle Setrum, M37	Marion, IA	39:13	39:10	7:53/M
27	7	3	F30	Jessica Nelson, F34	Marion, IA	39:41	39:39	7:59/M
28	21	10	M30	Rob Goyer, M36	Marion, IA	40:41	40:38	8:11/M
29	22	11	M30	Nick Mahoney, M32	Marion, IA	40:51	40:43	8:13/M
30	8	4	F30	Megan Abbott, F32	Marion, IA	41:08	41:02	8:16/M
31	9	5	F30	Cristi Trow, F32	Riverside, IA	41:08	41:02	8:16/M
32	23	6	M40	Curt Ehlinger, M41	Dubuque, IA	41:19	41:18	8:18/M
33	24	7	M40	Eric Wasson, M49	Cedar Rapids, IA	41:46	41:39	8:24/M
34	25	4	JrM	Khory Nobles, M10	Cedar Rapids, IA	41:59	41:58	8:26/M
35	26	12	M30	Derek Nohr, M34	Marion, IA	42:22	42:16	8:31/M
36	10	3	F20	Casey Kettman, F23	Marion, IA	42:49	42:45	8:36/M
37	27	5	JrM	Mason Rstom, M13	Marion, IA	42:57	42:53	8:38/M
38	28	13	M30	Todd Walker, M34	Marion, IA	43:19	43:13	8:42/M
39	11	6	F30	Renee Rabe, F39	Marion, IA	43:20	43:16	8:43/M
40	29	14	M30	Ryan Novak, M39	Marion, IA	43:26	43:18	8:44/M
41	12	1	F50	Jackie Peters, F51	Cedar Rapids, IA	44:08	43:52	8:52/M
42	13	1	JrF	Aj Kendrick, F11	Cedar Rapids, IA	44:09	43:54	8:52/M
43	30	15	M30	Dave Barnhart, M39	Cedar Rapids, IA	44:22	44:14	8:55/M
44	14	4	F20	Stephany Coleman, F26	North Liberty, IA	44:37	44:29	8:58/M
45	15	5	F20	Lisa Bunnell, F29	Cedar Rapids, IA	44:51	44:48	9:01/M
46	16	2	F40	Kris Tharp, F46	Swisher, IA	44:54	44:46	9:01/M
47	17	6	F20	Amber Floren, F24	Cedar Rapids, IA	45:37	45:34	9:10/M
48	18	7	F20	Carly Huhn, F28	Cedar Rapids, IA	45:39	45:21	9:11/M
49	19	8	F20	Rachel Soldner, F23	Marion, IA	45:43	45:25	9:11/M
50	20	7	F30	Molly Baynes, F33	Cedar Rapids, IA	45:59	45:52	9:15/M
51	21	8	F30	Kelly Novak, F37	Marion, IA	47:31	47:24	9:33/M
52	22	2	F50	Janet Engle, F52	Marion, IA	47:39	47:33	9:35/M
53	23	3	F50	Amy Keating, F52	Marion, IA	48:53	48:47	9:50/M
54	31	2	M20	Anthony Schaefer, M28	Marion, IA	50:13	49:55	10:06/M
55	24	9	F30	Kelly Allsup, F35	Vinton, IA	50:24	50:15	10:08/M
56	25	10	F30	Sarah Drea, F35	Solon, IA	50:45	50:30	10:12/M
57	26	3	F40	Christy Rafson, F43	Cedar Rapids, IA	51:21	51:13	10:19/M
58	27	9	F20	Sarah Gustason, F27	Cedar Rapids, IA	51:22	51:09	10:20/M
59	32	16	M30	Matt Gordon, M37	Marion, IA	52:05	51:53	10:28/M
60	33	6	JrM	Jesse Nester, M12	Marion, IA	52:15	52:15	10:30/M
61	28	10	F20	Mackenzie Brown, F22	Marion, IA	52:28	52:10	10:33/M
62	29	11	F30	Lisa Gordon, F38	Marion, IA	54:32	54:21	10:58/M
63	30	12	F30	Molly Johnson-mccormick, F37	Marion, IA	54:51	54:41	11:02/M
64	31	4	F40	Janine Wasson, F45	Cedar Rapids, IA	55:37	55:22	11:11/M
65	34	2	M50	Kevin Mohler, M51	Marion, IA	57:40	57:30	11:36/M
66	32	4	F50	Jill Hutchinson, F51	Marion, IA	1:02:41	1:02:30	12:36/M
67	35	3	M50	Timothy Hutchinson, M52	Marion, IA	1:02:42	1:02:31	12:36/M

68 33 13 F30 Rebecca Fredrickson,
F38 Marion, IA 1:03:17 1:03:10 12:44/M

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