

EYES ON THE PRIZE
5K Run/Walk
April 9, 2005
Iowa City, Iowa

5K RUN AWARD RESULTS

MALE OVERALL WINNER

PLC NAME	CITY	ST	TIME	PACE
=====				
1 Mike Henderson	Iowa City	IA	16:02	5:10
2 Heath Moenck	Iowa City	IA	16:22	5:16

FEMALE OVERALL WINNER

PLC NAME	CITY	ST	TIME	PACE
=====				
1 Merrilee Blackham	Coralville	IA	20:00	6:27
2 Suzy Barker	North Liberty	IA	20:10	6:30

MALE AGE GROUP: 10 - 14

PLC NAME	CITY	ST	TIME	PACE
=====				
1 Jay Slocum	North Liberty	IA	25:47	8:18

FEMALE AGE GROUP: 10 - 14

PLC NAME	CITY	ST	TIME	PACE
=====				
1 Katie Janis	Iowa City	IA	24:53	8:01
2 Claire Happel	Iowa City	IA	27:02	8:42
3 Molly Zumbro	Iowa City	IA	32:16	10:24
4 Stephanie Brooks	Iowa City	IA	32:52	10:35

MALE AGE GROUP: 15 - 20

PLC NAME	CITY	ST	TIME	PACE
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1	Heath Moenck	Iowa City	IA	16:22	5:16
2	Phillip Young	Iowa City	IA	16:25	5:17
3	John Haman	Iowa City	IA	18:31	5:58
4	Eric Pitts	Iowa City	IA	18:46	6:03

FEMALE AGE GROUP: 15 - 20

PLC NAME	CITY	ST	TIME	PACE
1	Ingrid Frisk	Iowa City	IA	20:42 6:40
2	Blaire O'brien	Iowa City	IA	22:44 7:19
3	Lydia Wester	Iowa City	IA	23:19 7:31
4	Megan Simpson	Iowa City	IA	23:43 7:39

MALE AGE GROUP: 21 - 29

PLC NAME	CITY	ST	TIME	PACE
1	Jonathan Joslyn	Iowa City	IA	19:41 6:20
2	Tyler Gannt	Tiffin	IA	21:09 6:49
3	Tim Noxon	Iowa City	IA	21:31 6:56
4	Brad Baker	Williamsburg	IA	23:23 7:32

FEMALE AGE GROUP: 21 - 29

PLC NAME	CITY	ST	TIME	PACE
1	Betsy Luck	Oskaloosa	IA	21:29 6:55
2	Lora Miller	North Liberty	IA	22:42 7:19
3	Karen Klaas	Iowa City	IA	22:44 7:19
4	Stacy Darnold	Williamsburg	IA	23:23 7:32

MALE AGE GROUP: 30 - 39

PLC NAME	CITY	ST	TIME	PACE
1	Mike Kabela	North Liberty	IA	19:10 6:10
2	Stephen Annest	Coralville	IA	19:41 6:20
3	Daniel Leazenby	Washington	IA	21:12 6:50
4	Thad Barker	North Liberty	IA	21:43 7:00

FEMALE AGE GROUP: 30 - 39

PLC NAME	CITY	ST	TIME	PACE
1 Suzy Barker	North Liberty	IA	20:10	6:30
2 Eva Schoen	Iowa City	IA	20:20	6:33
3 Kelli Slocum	North Liberty	IA	22:08	7:08
4 Raelynn Lamparek	Swisher	IA	22:51	7:22

MALE AGE GROUP: 40 - 49

PLC NAME	CITY	ST	TIME	PACE
1 Andrew Simmons	West Amana	IA	17:51	5:45
2 Charles Schmidt	Oxford	IA	19:06	6:09
3 William Johnson	Iowa City	IA	22:40	7:18
4 Guy Olson	Solon	IA	23:13	7:29

FEMALE AGE GROUP: 40 - 49

PLC NAME	CITY	ST	TIME	PACE
1 Muriel Naumann	Iowa City	IA	22:02	7:06
2 Shirley Paul	Iowa City	IA	24:44	7:58
3 Lori Wenzel	Iowa City	IA	25:40	8:16
4 Margaret Yoder	Iowa City	IA	34:19	11:03

MALE AGE GROUP: 50 - 59

PLC NAME	CITY	ST	TIME	PACE
1 Jim Tiedemann	Iowa City	IA	23:59	7:44
2 Steve Rachke	Iowa City	IA	24:58	8:03
3 Howard Siver	Mechanksville	IA	25:36	8:15
4 Michael Odell	Marion	IA	25:36	8:15

FEMALE AGE GROUP: 50 - 59

PLC NAME	CITY	ST	TIME	PACE
1 Leah Lundquist	Iowa City	IA	24:31	7:54

2 Jane Bousfield Iowa City IA 51:53 16:42

MALE AGE GROUP: 60 - 69

PLC NAME	CITY	ST	TIME	PACE
1 Jim Kee	Oakdale	IA	24:09	7:47

FEMALE AGE GROUP: 60 - 69

PLC NAME	CITY	ST	TIME	PACE
1 Rita Jackson-Ashmead	Ottumwa	IA	25:44	8:17

MALE AGE GROUP: 70 - 99

PLC NAME	CITY	ST	TIME	PACE
1 Robert Kabelá	North Liberty	IA	27:57	9:00

EYES ON THE PRIZE

5K Run/Walk

April 9, 2005

Iowa City, Iowa

5K RUN RESULTS

PLC #	NAME	CITY	ST	DIV	S	TIME	PACE
1	138 Mike Henderson	Iowa City	IA	M2129	M	16:02	5:10
2	113 Heath Moenck	Iowa City	IA	M1520	M	16:22	5:16
3	42 Phillip Young	Iowa City	IA	M1520	M	16:25	5:17

4	32 Andrew Simmons	West Amana	IA M4049 M	17:51	5:45
5	106 John Haman	Iowa City	IA M1520 M	18:31	5:58
6	108 Eric Pitts	Iowa City	IA M1520 M	18:46	6:03
7	167 Charles Schmidt	Oxford	IA M4049 M	19:06	6:09
8	153 Mike Kabela	North Liberty	IA M3039 M	19:10	6:10
9	115 Kyle Collins	Iowa City	IA M1520 M	19:21	6:14
10	114 Jonathan Joslyn	Iowa City	IA M2129 M	19:41	6:20
11	65 Stephen Annest	Coralville	IA M3039 M	19:41	6:20
12	5 Merrilee Blackham	Coralville	IA F2129 F	20:00	6:27
13	75 Suzy Barker	North Liberty	IA F3039 F	20:10	6:30
14	31 Eva Schoen	Iowa City	IA F3039 F	20:20	6:33
15	77 Ingrid Frisk	Iowa City	IA F1520 F	20:42	6:40
16	137 Tyler Gannt	Tiffin	IA M2129 M	21:09	6:49
17	90 Seth Van Gorp	Iowa City	IA M1520 M	21:11	6:50
18	120 Daniel Leazenby	Washington	IA M3039 M	21:12	6:50
19	85 Betsy Luck	Oskaloosa	IA F2129 F	21:29	6:55
20	119 Tim Noxon	Iowa City	IA M2129 M	21:31	6:56
21	54 Jeff Aunan	Iowa City	IA M1520 M	21:40	6:59
22	100 Thad Barker	North Liberty	IA M3039 M	21:43	7:00
23	155 Luke Lobb	North Liberty	IA M1520 M	21:45	7:00
24	118 Jamie Opperman	Iowa City	IA M1520 M	21:51	7:02
25	23 Nathan Munsterman	Iowa City	IA M1520 M	21:53	7:03
26	92 Muriel Naumann	Iowa City	IA F4049 F	22:02	7:06
27	142 Kelli Slocum	North Liberty	IA F3039 F	22:08	7:08
28	97 Matt Hill	Iowa City	IA M3039 M	22:16	7:10
29	12 William Johnson	Iowa City	IA M4049 M	22:40	7:18
30	57 Lora Miller	North Liberty	IA F2129 F	22:42	7:19
31	15 Karen Klaas	Iowa City	IA F2129 F	22:44	7:19
32	25 Blaire O'brien	Iowa City	IA F1520 F	22:44	7:19
33	161 Raelynn Lamparek	Swisher	IA F3039 F	22:51	7:22
34	127 Jen Callaway	Coralville	IA F3039 F	22:57	7:23
35	126 Charlie Callaway	Coralville	IA M3039 M	22:57	7:23
36	136 Guy Olson	Solon	IA M4049 M	23:13	7:29
37	41 Lydia Wester	Iowa City	IA F1520 F	23:19	7:31
38	3 Brad Baker	Williamsburg	IA M2129 M	23:23	7:32
39	6 Stacy Darnold	Williamsburg	IA F2129 F	23:23	7:32
40	116 Megan Simpson	Iowa City	IA F1520 F	23:43	7:39
41	36 Jim Tiedemann	Iowa City	IA M5059 M	23:59	7:44
42	112 Amy Pepping	Iowa City	IA F1520 F	24:02	7:45
43	81 Jim Kee	Oakdale	IA M6069 M	24:09	7:47
44	95 Mark Baker	Iowa City	IA M1520 M	24:11	7:47
45	117 Kathleen Stillmunkes	Iowa City	IA F1520 F	24:15	7:49
46	38 Joe Vanderzee	Iowa City	IA M2129 M	24:25	7:52
47	165 Andy Mccoy	Iowa City	IA M2129 M	24:25	7:52
48	169 Matt Sogard	Coralville	IA M2129 M	24:25	7:52
49	72 Leah Lundquist	Iowa City	IA F5059 F	24:31	7:54

50	94 Kari Bakeris	Coralville	IA F3039 F	24:33	7:54
51	50 Jill Lashmit	North Liberty	IA F3039 F	24:35	7:55
52	152 Shirley Paul	Iowa City	IA F4049 F	24:44	7:58
53	148 Katie Janis	Iowa City	IA F1014 F	24:53	8:01
54	46 David Zumbro	Iowa City	IA M4049 M	24:56	8:02
55	129 Kevin Karnstedt	Lone Tree	IA M1520 M	24:57	8:02
56	121 Steve Rachke	Iowa City	IA M5059 M	24:58	8:03
57	19 Amy Martin	Iowa City	IA F1520 F	25:03	8:04
58	9 Doug Geasland	North Liberty	IA M3039 M	25:18	8:09
59	111 Lindsey Yunt	Iowa City	IA F1520 F	25:24	8:11
60	66 Brian Meyer	Riverside	IA M2129 M	25:26	8:11
61	35 Scott Swenson	Solon	IA M4049 M	25:35	8:14
62	164 Howard Siver	Mechanksville	IA M5059 M	25:36	8:15
63	162 Michael Odell	Marion	IA M5059 M	25:36	8:15
64	33 Carrie Sterner	Coralville	IA F3039 F	25:39	8:16
65	68 Lori Wenzel	Iowa City	IA F4049 F	25:40	8:16
66	125 Rita Jackson-Ashmead	Ottumwa	IA F6069 F	25:44	8:17
67	141 Jay Slocum	North Liberty	IA M1014 M	25:47	8:18
68	144 Katie Lacey	Iowa City	IA F2129 F	25:58	8:22
69	143 Ben Lacey	Iowa City	IA M2129 M	25:59	8:22
70	58 Danielle Humke	Iowa City	IA F1520 F	26:02	8:23
71	8 Laura Fragodt	Iowa City	IA F1520 F	26:02	8:23
72	10 Katie Geasland	North Liberty	IA F3039 F	26:47	8:38
73	87 Summer Meyer	Iowa City	IA F2129 F	26:54	8:40
74	163 Sarah Mccoy	Iowa City	IA F2129 F	26:54	8:40
75	132 Claire Happel	Iowa City	IA F1014 F	27:02	8:42
76	88 Katie Brannan	Iowa City	IA F1520 F	27:14	8:46
77	98 Nicole Stellmaker	Cedar Falls	IA F2129 F	27:14	8:46
78	128 Mary Byrkit	Coralville	IA F3039 F	27:14	8:46
79	104 Rebecca Truszkowski	Coralville	IA F3039 F	27:18	8:48
80	7 Todd Darnold	Williamsburg	IA M2129 M	27:20	8:48
81	147 Carol Neel	Coralville	IA F3039 F	27:30	8:51
82	37 Meredith Vanderzee	Iowa City	IA F2129 F	27:34	8:53
83	130 Shelley Donahue	Iowa City	IA F3039 F	27:38	8:54
84	4 Dave Balvin	Belle Plaine	IA M4049 M	27:43	8:55
85	91 Roger Meyer	Iowa City	IA F2129 F	27:45	8:56
86	109 Sierra Buck	Iowa City	IA F1520 F	27:46	8:57
87	16 Rebekah Larson	Iowa City	IA F2129 F	27:50	8:58
88	124 Tim Harapat	Iowa City	IA M3039 M	27:52	8:59
89	154 Robert Kabela	North Liberty	IA M7099 M	27:57	9:00
90	166 Marina Adrich	Iowa City	IA F1520 F	27:58	9:00
91	63 Jan Bussewitz	North Liberty	IA F2129 F	28:17	9:07
92	123 Julie Smith	Coralville	IA F3039 F	28:30	9:11
93	122 Mark Smith	Coralville	IA M3039 M	28:30	9:11
94	2 Beth Aunan	Iowa City	IA F2129 F	28:48	9:17
95	30 Billy Reiter-Marolf	Iowa City	IA M2129 M	28:56	9:19

96	29 Tara Reiter-Marolf	Iowa City	IA F2129 F	28:57	9:19
97	64 Casey Shook	Coralville	IA F2129 F	29:02	9:21
98	93 Dave Iverson	Iowa City	IA M3039 M	29:10	9:24
99	150 Rick Swan	Cedar Rapids	IA M4049 M	29:13	9:25
100	110 Ashlea Hillman	Iowa City	IA F1520 F	29:22	9:28
101	149 Esther Ayala	Iowa City	IA F2129 F	29:25	9:29
102	145 Brenda Dickiel	Iowa City	IA F3039 F	29:28	9:30
103	140 Stacey Johnson	Fairfax	IA F2129 F	29:30	9:30
104	86 Jan Ahrens	Cedar Rapids	IA F2129 F	29:30	9:30
105	102 Heidi Mcdevitt	Cedar Rapids	IA F2129 F	29:31	9:30
106	61 Colby Mcdevitt	Cedar Rapids	IA M2129 M	29:31	9:30
107	96 Cassi Workman	North Liberty	IA F2129 F	29:32	9:31
108	76 Cheryl Davenport	Iowa City	IA F2129 F	29:43	9:34
109	27 Kevin Ostmo	Cedar Rapids	IA M3039 M	29:47	9:35
110	156 Brian Krvegea	Coralville	IA M3039 M	30:11	9:43
111	22 Heather Moore	Iowa City	IA F3039 F	30:32	9:50
112	146 Julie Hackenhuller	Iowa City	IA F3039 F	30:47	9:55
113	26 Melanie Ostmo	Cedar Rapids	IA F2129 F	30:53	9:57
114	21 Lacey Mcdevitt	Iowa City	IA F2129 F	31:01	9:59
115	28 Sara Petersen	North Liberty	IA F2129 F	31:38	10:11
116	170 Shelby Vespa	North Liberty	IA F3039 F	32:09	10:21
117	82 Vicki Kee	Oakdale	IA F3039 F	32:14	10:23
118	44 Molly Zumbro	Iowa City	IA F1014 F	32:16	10:24
119	83 Amy Lassen	Iowa City	IA F2129 F	32:24	10:26
120	40 Sandy Weber-Sinn	Ely	IA F3039 F	32:25	10:26
121	70 Kendra Bousfield	Iowa City	IA F2129 F	32:44	10:32
122	49 Stephanie Brooks	Iowa City	IA F1014 F	32:52	10:35
123	59 Holly Bartlett	Iowa City	IA F2129 F	33:11	10:41
124	135 Kimberly Krambeck	North Liberty	IA F2129 F	33:11	10:41
125	34 Jennifer Stieglmeyer	Coralville	IA F3039 F	33:13	10:42
126	151 Chris Campbel	Iowa City	IA F3039 F	33:34	10:49
127	107 Teri Wenger	Walker	IA F3039 F	33:41	10:51
128	101 Margaret Yoder	Iowa City	IA F4049 F	34:19	11:03
129	84 Jenna Lassen	Iowa City	IA F1520 F	34:21	11:04
130	56 Lianne Farley	North Liberty	IA F2129 F	34:21	11:04
131	103 Sheila Benson	Coralville	IA F3039 F	38:47	12:29
132	131 Gretchen Happel	Iowa City	IA F1014 F	46:29	14:58
133	71 Jane Bousfield	Iowa City	IA F5059 F	51:53	16:42

5K MALE RUN RESULTS

PLC #	NAME	CITY	ST DIV S	TIME	PACE
1	138 Mike Henderson	Iowa City	IA M2129 M	16:02	5:10
2	113 Heath Moenck	Iowa City	IA M1520 M	16:22	5:16

3	42 Phillip Young	Iowa City	IA M1520 M	16:25	5:17
4	32 Andrew Simmons	West Amana	IA M4049 M	17:51	5:45
5	106 John Haman	Iowa City	IA M1520 M	18:31	5:58
6	108 Eric Pitts	Iowa City	IA M1520 M	18:46	6:03
7	167 Charles Schmidt	Oxford	IA M4049 M	19:06	6:09
8	153 Mike Kabela	North Liberty	IA M3039 M	19:10	6:10
9	115 Kyle Collins	Iowa City	IA M1520 M	19:21	6:14
10	114 Jonathan Joslyn	Iowa City	IA M2129 M	19:41	6:20
11	65 Stephen Annest	Coralville	IA M3039 M	19:41	6:20
12	137 Tyler Gannt	Tiffin	IA M2129 M	21:09	6:49
13	90 Seth Van Gorp	Iowa City	IA M1520 M	21:11	6:50
14	120 Daniel Leazenby	Washington	IA M3039 M	21:12	6:50
15	119 Tim Noxon	Iowa City	IA M2129 M	21:31	6:56
16	54 Jeff Aunan	Iowa City	IA M1520 M	21:40	6:59
17	100 Thad Barker	North Liberty	IA M3039 M	21:43	7:00
18	155 Luke Lobb	North Liberty	IA M1520 M	21:45	7:00
19	118 Jamie Opperman	Iowa City	IA M1520 M	21:51	7:02
20	23 Nathan Munsterman	Iowa City	IA M1520 M	21:53	7:03
21	97 Matt Hill	Iowa City	IA M3039 M	22:16	7:10
22	12 William Johnson	Iowa City	IA M4049 M	22:40	7:18
23	126 Charlie Callaway	Coralville	IA M3039 M	22:57	7:23
24	136 Guy Olson	Solon	IA M4049 M	23:13	7:29
25	3 Brad Baker	Williamsburg	IA M2129 M	23:23	7:32
26	36 Jim Tiedemann	Iowa City	IA M5059 M	23:59	7:44
27	81 Jim Kee	Oakdale	IA M6069 M	24:09	7:47
28	95 Mark Baker	Iowa City	IA M1520 M	24:11	7:47
29	38 Joe Vanderzee	Iowa City	IA M2129 M	24:25	7:52
30	165 Andy Mccoy	Iowa City	IA M2129 M	24:25	7:52
31	169 Matt Sogard	Coralville	IA M2129 M	24:25	7:52
32	46 David Zumbro	Iowa City	IA M4049 M	24:56	8:02
33	129 Kevin Karnstedt	Lone Tree	IA M1520 M	24:57	8:02
34	121 Steve Rachke	Iowa City	IA M5059 M	24:58	8:03
35	9 Doug Geasland	North Liberty	IA M3039 M	25:18	8:09
36	66 Brian Meyer	Riverside	IA M2129 M	25:26	8:11
37	35 Scott Swenson	Solon	IA M4049 M	25:35	8:14
38	164 Howard Siver	Mechanksville	IA M5059 M	25:36	8:15
39	162 Michael Odell	Marion	IA M5059 M	25:36	8:15
40	141 Jay Slocum	North Liberty	IA M1014 M	25:47	8:18
41	143 Ben Lacey	Iowa City	IA M2129 M	25:59	8:22
42	7 Todd Darnold	Williamsburg	IA M2129 M	27:20	8:48
43	4 Dave Balvin	Belle Plaine	IA M4049 M	27:43	8:55
44	124 Tim Harapat	Iowa City	IA M3039 M	27:52	8:59
45	154 Robert Kabela	North Liberty	IA M7099 M	27:57	9:00
46	122 Mark Smith	Coralville	IA M3039 M	28:30	9:11
47	30 Billy Reiter-Marolf	Iowa City	IA M2129 M	28:56	9:19
48	93 Dave Iverson	Iowa City	IA M3039 M	29:10	9:24

49	150 Rick Swan	Cedar Rapids	IA M4049 M	29:13	9:25
50	61 Colby Mcdevitt	Cedar Rapids	IA M2129 M	29:31	9:30
51	27 Kevin Ostmo	Cedar Rapids	IA M3039 M	29:47	9:35
52	156 Brian Krvegea	Coralville	IA M3039 M	30:11	9:43

5K FEMALE RUN RESULTS

PLC #	NAME	CITY	ST DIV S	TIME	PACE
1	5 Merrilee Blackham	Coralville	IA F2129 F	20:00	6:27
2	75 Suzy Barker	North Liberty	IA F3039 F	20:10	6:30
3	31 Eva Schoen	Iowa City	IA F3039 F	20:20	6:33
4	77 Ingrid Frisk	Iowa City	IA F1520 F	20:42	6:40
5	85 Betsy Luck	Oskaloosa	IA F2129 F	21:29	6:55
6	92 Muriel Naumann	Iowa City	IA F4049 F	22:02	7:06
7	142 Kelli Slocum	North Liberty	IA F3039 F	22:08	7:08
8	57 Lora Miller	North Liberty	IA F2129 F	22:42	7:19
9	15 Karen Klaas	Iowa City	IA F2129 F	22:44	7:19
10	25 Blaire O'brien	Iowa City	IA F1520 F	22:44	7:19
11	161 Raelynn Lamparek	Swisher	IA F3039 F	22:51	7:22
12	127 Jen Callaway	Coralville	IA F3039 F	22:57	7:23
13	41 Lydia Wester	Iowa City	IA F1520 F	23:19	7:31
14	6 Stacy Darnold	Williamsburg	IA F2129 F	23:23	7:32
15	116 Megan Simpson	Iowa City	IA F1520 F	23:43	7:39
16	112 Amy Pepping	Iowa City	IA F1520 F	24:02	7:45
17	117 Kathleen Stillmunkes	Iowa City	IA F1520 F	24:15	7:49
18	72 Leah Lundquist	Iowa City	IA F5059 F	24:31	7:54
19	94 Kari Bakeris	Coralville	IA F3039 F	24:33	7:54
20	50 Jill Lashmit	North Liberty	IA F3039 F	24:35	7:55
21	152 Shirley Paul	Iowa City	IA F4049 F	24:44	7:58
22	148 Katie Janis	Iowa City	IA F1014 F	24:53	8:01
23	19 Amy Martin	Iowa City	IA F1520 F	25:03	8:04
24	111 Lindsey Yunt	Iowa City	IA F1520 F	25:24	8:11
25	33 Carrie Sterner	Coralville	IA F3039 F	25:39	8:16
26	68 Lori Wenzel	Iowa City	IA F4049 F	25:40	8:16
27	125 Rita Jackson-Ashmead	Ottumwa	IA F6069 F	25:44	8:17
28	144 Katie Lacey	Iowa City	IA F2129 F	25:58	8:22
29	58 Danielle Humke	Iowa City	IA F1520 F	26:02	8:23
30	8 Laura Fragodt	Iowa City	IA F1520 F	26:02	8:23
31	10 Katie Geasland	North Liberty	IA F3039 F	26:47	8:38
32	87 Summer Meyer	Iowa City	IA F2129 F	26:54	8:40
33	163 Sarah Mccoy	Iowa City	IA F2129 F	26:54	8:40
34	132 Claire Happel	Iowa City	IA F1014 F	27:02	8:42
35	88 Katie Brannan	Iowa City	IA F1520 F	27:14	8:46
36	98 Nicole Stellmaker	Cedar Falls	IA F2129 F	27:14	8:46

37	128 Mary Byrkit	Coralville	IA F3039 F	27:14	8:46
38	104 Rebecca Truskowski	Coralville	IA F3039 F	27:18	8:48
39	147 Carol Neel	Coralville	IA F3039 F	27:30	8:51
40	37 Meredith Vanderzee	Iowa City	IA F2129 F	27:34	8:53
41	130 Shelley Donahue	Iowa City	IA F3039 F	27:38	8:54
42	91 Roger Meyer	Iowa City	IA F2129 F	27:45	8:56
43	109 Sierra Buck	Iowa City	IA F1520 F	27:46	8:57
44	16 Rebekah Larson	Iowa City	IA F2129 F	27:50	8:58
45	166 Marina Adrich	Iowa City	IA F1520 F	27:58	9:00
46	63 Jan Bussewitz	North Liberty	IA F2129 F	28:17	9:07
47	123 Julie Smith	Coralville	IA F3039 F	28:30	9:11
48	2 Beth Aunan	Iowa City	IA F2129 F	28:48	9:17
49	29 Tara Reiter-Marolf	Iowa City	IA F2129 F	28:57	9:19
50	64 Casey Shook	Coralville	IA F2129 F	29:02	9:21
51	110 Ashlea Hillman	Iowa City	IA F1520 F	29:22	9:28
52	149 Esther Ayala	Iowa City	IA F2129 F	29:25	9:29
53	145 Brenda Dickiel	Iowa City	IA F3039 F	29:28	9:30
54	140 Stacey Johnson	Fairfax	IA F2129 F	29:30	9:30
55	86 Jan Ahrens	Cedar Rapids	IA F2129 F	29:30	9:30
56	102 Heidi Mcdevitt	Cedar Rapids	IA F2129 F	29:31	9:30
57	96 Cassi Workman	North Liberty	IA F2129 F	29:32	9:31
58	76 Cheryl Davenport	Iowa City	IA F2129 F	29:43	9:34
59	22 Heather Moore	Iowa City	IA F3039 F	30:32	9:50
60	146 Julie Hackenhuller	Iowa City	IA F3039 F	30:47	9:55
61	26 Melanie Ostmo	Cedar Rapids	IA F2129 F	30:53	9:57
62	21 Lacey Mcdevitt	Iowa City	IA F2129 F	31:01	9:59
63	28 Sara Petersen	North Liberty	IA F2129 F	31:38	10:11
64	170 Shelby Vespa	North Liberty	IA F3039 F	32:09	10:21
65	82 Vicki Kee	Oakdale	IA F3039 F	32:14	10:23
66	44 Molly Zumbro	Iowa City	IA F1014 F	32:16	10:24
67	83 Amy Lassen	Iowa City	IA F2129 F	32:24	10:26
68	40 Sandy Weber-Sinn	Ely	IA F3039 F	32:25	10:26
69	70 Kendra Bousfield	Iowa City	IA F2129 F	32:44	10:32
70	49 Stephanie Brooks	Iowa City	IA F1014 F	32:52	10:35
71	59 Holly Bartlett	Iowa City	IA F2129 F	33:11	10:41
72	135 Kimberly Krambeck	North Liberty	IA F2129 F	33:11	10:41
73	34 Jennifer Stieglmeyer	Coralville	IA F3039 F	33:13	10:42
74	151 Chris Campbel	Iowa City	IA F3039 F	33:34	10:49
75	107 Teri Wenger	Walker	IA F3039 F	33:41	10:51
76	101 Margaret Yoder	Iowa City	IA F4049 F	34:19	11:03
77	84 Jenna Lassen	Iowa City	IA F1520 F	34:21	11:04
78	56 Lianne Farley	North Liberty	IA F2129 F	34:21	11:04
79	103 Sheila Benson	Coralville	IA F3039 F	38:47	12:29
80	131 Gretchen Happel	Iowa City	IA F1014 F	46:29	14:58
81	71 Jane Bousfield	Iowa City	IA F5059 F	51:53	16:42

FEMALE AGE GROUP RESULTS 10 - 14

PLC #	NAME	CITY	ST	TIME	PACE
1	148 Katie Janis	Iowa City	IA	24:53	8:01
2	132 Claire Happel	Iowa City	IA	27:02	8:42
3	44 Molly Zumbro	Iowa City	IA	32:16	10:24
4	49 Stephanie Brooks	Iowa City	IA	32:52	10:35
5	131 Gretchen Happel	Iowa City	IA	46:29	14:58

MALE AGE GROUP RESULTS 10 - 14

PLC #	NAME	CITY	ST	TIME	PACE
1	141 Jay Slocum	North Liberty	IA	25:47	8:18

FEMALE AGE GROUP RESULTS 15 - 20

PLC #	NAME	CITY	ST	TIME	PACE
1	77 Ingrid Frisk	Iowa City	IA	20:42	6:40
2	25 Blaire O'brien	Iowa City	IA	22:44	7:19
3	41 Lydia Wester	Iowa City	IA	23:19	7:31
4	116 Megan Simpson	Iowa City	IA	23:43	7:39
5	112 Amy Pepping	Iowa City	IA	24:02	7:45
6	117 Kathleen Stillmunkes	Iowa City	IA	24:15	7:49
7	19 Amy Martin	Iowa City	IA	25:03	8:04
8	111 Lindsey Yunt	Iowa City	IA	25:24	8:11
9	58 Danielle Humke	Iowa City	IA	26:02	8:23
10	8 Laura Fragodt	Iowa City	IA	26:02	8:23
11	88 Katie Brannan	Iowa City	IA	27:14	8:46
12	109 Sierra Buck	Iowa City	IA	27:46	8:57
13	166 Marina Adrich	Iowa City	IA	27:58	9:00
14	110 Ashlea Hillman	Iowa City	IA	29:22	9:28
15	84 Jenna Lassen	Iowa City	IA	34:21	11:04

MALE AGE GROUP RESULTS 15 - 20

PLC #	NAME	CITY	ST	TIME	PACE
1	113 Heath Moenck	Iowa City	IA	16:22	5:16
2	42 Phillip Young	Iowa City	IA	16:25	5:17

3	106 John Haman	Iowa City	IA	18:31	5:58
4	108 Eric Pitts	Iowa City	IA	18:46	6:03
5	115 Kyle Collins	Iowa City	IA	19:21	6:14
6	90 Seth Van Gorp	Iowa City	IA	21:11	6:50
7	54 Jeff Aunan	Iowa City	IA	21:40	6:59
8	155 Luke Lobb	North Liberty	IA	21:45	7:00
9	118 Jamie Opperman	Iowa City	IA	21:51	7:02
10	23 Nathan Munsterman	Iowa City	IA	21:53	7:03
11	95 Mark Baker	Iowa City	IA	24:11	7:47
12	129 Kevin Karnstedt	Lone Tree	IA	24:57	8:02

FEMALE AGE GROUP RESULTS 21 - 29

PLC #	NAME	CITY	ST	TIME	PACE
1	5 Merrilee Blackham	Coralville	IA	20:00	6:27
2	85 Betsy Luck	Oskaloosa	IA	21:29	6:55
3	57 Lora Miller	North Liberty	IA	22:42	7:19
4	15 Karen Klaas	Iowa City	IA	22:44	7:19
5	6 Stacy Darnold	Williamsburg	IA	23:23	7:32
6	144 Katie Lacey	Iowa City	IA	25:58	8:22
7	87 Summer Meyer	Iowa City	IA	26:54	8:40
8	163 Sarah McCoy	Iowa City	IA	26:54	8:40
9	98 Nicole Stellmaker	Cedar Falls	IA	27:14	8:46
10	37 Meredith Vanderzee	Iowa City	IA	27:34	8:53
11	91 Roger Meyer	Iowa City	IA	27:45	8:56
12	16 Rebekah Larson	Iowa City	IA	27:50	8:58
13	63 Jan Bussewitz	North Liberty	IA	28:17	9:07
14	2 Beth Aunan	Iowa City	IA	28:48	9:17
15	29 Tara Reiter-Marolf	Iowa City	IA	28:57	9:19
16	64 Casey Shook	Coralville	IA	29:02	9:21
17	149 Esther Ayala	Iowa City	IA	29:25	9:29
18	140 Stacey Johnson	Fairfax	IA	29:30	9:30
19	86 Jan Ahrens	Cedar Rapids	IA	29:30	9:30
20	102 Heidi Mcdevitt	Cedar Rapids	IA	29:31	9:30
21	96 Cassi Workman	North Liberty	IA	29:32	9:31
22	76 Cheryl Davenport	Iowa City	IA	29:43	9:34
23	26 Melanie Ostmo	Cedar Rapids	IA	30:53	9:57
24	21 Lacey Mcdevitt	Iowa City	IA	31:01	9:59
25	28 Sara Petersen	North Liberty	IA	31:38	10:11
26	83 Amy Lassen	Iowa City	IA	32:24	10:26
27	70 Kendra Bousfield	Iowa City	IA	32:44	10:32
28	59 Holly Bartlett	Iowa City	IA	33:11	10:41
29	135 Kimberly Krambeck	North Liberty	IA	33:11	10:41
30	56 Lianne Farley	North Liberty	IA	34:21	11:04

MALE AGE GROUP RESULTS 21 - 29

PLC #	NAME	CITY	ST	TIME	PACE
1	138 Mike Henderson	Iowa City	IA	16:02	5:10
2	114 Jonathan Joslyn	Iowa City	IA	19:41	6:20
3	137 Tyler Gannt	Tiffin	IA	21:09	6:49
4	119 Tim Noxon	Iowa City	IA	21:31	6:56
5	3 Brad Baker	Williamsburg	IA	23:23	7:32
6	38 Joe Vanderzee	Iowa City	IA	24:25	7:52
7	165 Andy Mccoy	Iowa City	IA	24:25	7:52
8	169 Matt Sogard	Coralville	IA	24:25	7:52
9	66 Brian Meyer	Riverside	IA	25:26	8:11
10	143 Ben Lacey	Iowa City	IA	25:59	8:22
11	7 Todd Darnold	Williamsburg	IA	27:20	8:48
12	30 Billy Reiter-Marolf	Iowa City	IA	28:56	9:19
13	61 Colby Mcdevitt	Cedar Rapids	IA	29:31	9:30

FEMALE AGE GROUP RESULTS 30 - 39

PLC #	NAME	CITY	ST	TIME	PACE
1	75 Suzy Barker	North Liberty	IA	20:10	6:30
2	31 Eva Schoen	Iowa City	IA	20:20	6:33
3	142 Kelli Slocum	North Liberty	IA	22:08	7:08
4	161 Raelynn Lamparek	Swisher	IA	22:51	7:22
5	127 Jen Callaway	Coralville	IA	22:57	7:23
6	94 Kari Bakeris	Coralville	IA	24:33	7:54
7	50 Jill Lashmit	North Liberty	IA	24:35	7:55
8	33 Carrie Sterner	Coralville	IA	25:39	8:16
9	10 Katie Geasland	North Liberty	IA	26:47	8:38
10	128 Mary Byrkit	Coralville	IA	27:14	8:46
11	104 Rebecca Truskowski	Coralville	IA	27:18	8:48
12	147 Carol Neel	Coralville	IA	27:30	8:51
13	130 Shelley Donahue	Iowa City	IA	27:38	8:54
14	123 Julie Smith	Coralville	IA	28:30	9:11
15	145 Brenda Dickiel	Iowa City	IA	29:28	9:30
16	22 Heather Moore	Iowa City	IA	30:32	9:50
17	146 Julie Hackenhuller	Iowa City	IA	30:47	9:55
18	170 Shelby Vespa	North Liberty	IA	32:09	10:21
19	82 Vicki Kee	Oakdale	IA	32:14	10:23
20	40 Sandy Weber-Sinn	Ely	IA	32:25	10:26
21	34 Jennifer Stiegelmeyer	Coralville	IA	33:13	10:42

22	151 Chris Campbel	Iowa City	IA	33:34	10:49
23	107 Teri Wenger	Walker	IA	33:41	10:51
24	103 Sheila Benson	Coralville	IA	38:47	12:29

MALE AGE GROUP RESULTS 30 - 39

PLC #	NAME	CITY	ST	TIME	PACE
1	153 Mike Kabela	North Liberty	IA	19:10	6:10
2	65 Stephen Annest	Coralville	IA	19:41	6:20
3	120 Daniel Leazenby	Washington	IA	21:12	6:50
4	100 Thad Barker	North Liberty	IA	21:43	7:00
5	97 Matt Hill	Iowa City	IA	22:16	7:10
6	126 Charlie Callaway	Coralville	IA	22:57	7:23
7	9 Doug Geasland	North Liberty	IA	25:18	8:09
8	124 Tim Harapat	Iowa City	IA	27:52	8:59
9	122 Mark Smith	Coralville	IA	28:30	9:11
10	93 Dave Iverson	Iowa City	IA	29:10	9:24
11	27 Kevin Ostmo	Cedar Rapids	IA	29:47	9:35
12	156 Brian Krvegea	Coralville	IA	30:11	9:43

FEMALE AGE GROUP RESULTS 40 - 49

PLC #	NAME	CITY	ST	TIME	PACE
1	92 Muriel Naumann	Iowa City	IA	22:02	7:06
2	152 Shirley Paul	Iowa City	IA	24:44	7:58
3	68 Lori Wenzel	Iowa City	IA	25:40	8:16
4	101 Margaret Yoder	Iowa City	IA	34:19	11:03

MALE AGE GROUP RESULTS 40 - 49

PLC #	NAME	CITY	ST	TIME	PACE
1	32 Andrew Simmons	West Amana	IA	17:51	5:45
2	167 Charles Schmidt	Oxford	IA	19:06	6:09
3	12 William Johnson	Iowa City	IA	22:40	7:18
4	136 Guy Olson	Solon	IA	23:13	7:29
5	46 David Zumbro	Iowa City	IA	24:56	8:02
6	35 Scott Swenson	Solon	IA	25:35	8:14
7	4 Dave Balvin	Belle Plaine	IA	27:43	8:55
8	150 Rick Swan	Cedar Rapids	IA	29:13	9:25

FEMALE AGE GROUP RESULTS 50 - 59

PLC #	NAME	CITY	ST	TIME	PACE
1	72 Leah Lundquist	Iowa City	IA	24:31	7:54
2	71 Jane Bousfield	Iowa City	IA	51:53	16:42

MALE AGE GROUP RESULTS 50 - 59

PLC #	NAME	CITY	ST	TIME	PACE
1	36 Jim Tiedemann	Iowa City	IA	23:59	7:44
2	121 Steve Rachke	Iowa City	IA	24:58	8:03
3	164 Howard Siver	Mechanksville	IA	25:36	8:15
4	162 Michael Odell	Marion	IA	25:36	8:15

FEMALE AGE GROUP RESULTS 60 - 69

PLC #	NAME	CITY	ST	TIME	PACE
1	125 Rita Jackson-Ashmead	Ottumwa	IA	25:44	8:17

MALE AGE GROUP RESULTS 60 - 69

PLC #	NAME	CITY	ST	TIME	PACE
1	81 Jim Kee	Oakdale	IA	24:09	7:47

MALE AGE GROUP RESULTS 70 - 99

PLC #	NAME	CITY	ST	TIME	PACE
1	154 Robert Kabela	North Liberty	IA	27:57	9:00

EYES ON THE PRIZE

5K Run/Walk
April 9, 2005
Iowa City, Iowa

5K WALK RESULTS

PLC #	NAME	CITY	ST	DIV	S	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
1	157 Abbie Sogard	Coralville	IA	F2129	F	38:24 12:22	
2	159 Sarah Galloway	Iowa City	IA	F2129	F	38:24 12:22	
3	14 Cheryl Kemp	Riverside	IA	F5059	F	43:50 14:07	
4	20 Susie Mcconnell	Coralville	IA	F5059	F	43:51 14:07	
5	17 Marlene Marolf	Mt. Vernon	IA	F5059	F	45:54 14:47	
6	18 Joe Marolf	Mt. Vernon	IA	M5059	M	45:54 14:47	
7	133 Barb Happel	Iowa City	IA	F5059	F	46:29 14:58	
8	55 Pat Goodwin	Iowa City	IA	F4049	F	46:55 15:06	
9	45 Samantha Zumbro	Iowa City	IA	F1014	F	47:43 15:22	
10	43 Suzy Zumbro	Iowa City	IA	F4049	F	47:43 15:22	
11	11 Codi Heefner	North Liberty	IA	F3039	F	47:45 15:23	
12	134 Betty Fosseen	Radcliffe	IA	F5059	F	47:56 15:26	
13	39 Jan Voss	Iowa City	IA	F5059	F	50:02 16:07	
14	13 Linda Johnson	Iowa City	IA	F5059	F	50:03 16:07	
15	53 Kristin Dey	Iowa City	IA	F4049	F	50:05 16:07	
16	52 Teresa Espy	Iowa City	IA	F5059	F	50:05 16:08	
17	51 Ann Bristol	Iowa City	IA	F6069	F	51:52 16:42	
18	60 Linda Pierce	Coralville	IA	F5059	F	51:52 16:42	
19	1 Kelsey Arens	Iowa City	IA	F1014	F	52:46 16:59	
20	24 Teri Oberman	Iowa City	IA	F4049	F	52:46 17:00	
21	80 Mark Cullen	Oxford	IA	M4049	M	53:12 17:08	
22	78 Doris Anderson	Solon	IA	F6069	F	56:39 18:14	

5K MALE WALK RESULTS

PLC #	NAME	CITY	ST	DIV	S	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
1	18 Joe Marolf	Mt. Vernon	IA	M5059	M	45:54 14:47	
2	80 Mark Cullen	Oxford	IA	M4049	M	53:12 17:08	

5K FEMALE WALK RESULTS

PLC #	NAME	CITY	ST	DIV	S	TIME	PACE
=====	=====	=====	=====	=====	=====	=====	=====
1	157 Abbie Sogard	Coralville	IA	F2129	F	38:24 12:22	
2	159 Sarah Galloway	Iowa City	IA	F2129	F	38:24 12:22	

3	14 Cheryl Kemp	Riverside	IA F5059 F	43:50 14:07
4	20 Susie Mcconnell	Coralville	IA F5059 F	43:51 14:07
5	17 Marlene Marolf	Mt. Vernon	IA F5059 F	45:54 14:47
6	133 Barb Happel	Iowa City	IA F5059 F	46:29 14:58
7	55 Pat Goodwin	Iowa City	IA F4049 F	46:55 15:06
8	45 Samantha Zumbro	Iowa City	IA F1014 F	47:43 15:22
9	43 Suzy Zumbro	Iowa City	IA F4049 F	47:43 15:22
10	11 Codi Heefner	North Liberty	IA F3039 F	47:45 15:23
11	134 Betty Fosseen	Radcliffe	IA F5059 F	47:56 15:26
12	39 Jan Voss	Iowa City	IA F5059 F	50:02 16:07
13	13 Linda Johnson	Iowa City	IA F5059 F	50:03 16:07
14	53 Kristin Dey	Iowa City	IA F4049 F	50:05 16:07
15	52 Teresa Espy	Iowa City	IA F5059 F	50:05 16:08
16	51 Ann Bristol	Iowa City	IA F6069 F	51:52 16:42
17	60 Linda Pierce	Coralville	IA F5059 F	51:52 16:42
18	1 Kelsey Arens	Iowa City	IA F1014 F	52:46 16:59
19	24 Teri Oberman	Iowa City	IA F4049 F	52:46 17:00
20	78 Doris Anderson	Solon	IA F6069 F	56:39 18:14

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