

Trashmore 5K *** 5K *** Overall & Divisions

Event: 5K

Date: Saturday, September 12, 2015

Location: Cedar Rapids, IA

Weather: Warm 70°

[Overall and Age Divisions](#)

Results By: On The Run Race Timing Race
Video [19:44](#) [1:01:56](#) Click On Your Name to see
yourself cross the Finish line!

Place	Gender	Division	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	1	1 M18	Brett Stephenson, M44	Cedar Rapids, IA	19:54	6:24/M	19:54	6:24/M
2	2	2 M18	Willis Harte, M49	Iowa City, IA	20:09	6:29/M	20:06	6:28/M
3	3	1 JRM	Samuel Eck, M17	Cedar Rapids, IA	20:18	6:32/M	20:16	6:31/M
4	4	2 JRM	Samuel McDermott, M16	Cedar Rapids, IA	20:23	6:34/M	20:22	6:33/M
5	5	3 JRM	Patrick Gorman, M16	Springville, IA	20:25	6:34/M	20:23	6:34/M
6	6	3 M18	Jeff Niertert, M54	Cedar Rapids, IA	20:36	6:38/M	20:35	6:37/M
7	7	4 M18	Lance Finch, M36	Fairfax, IA	21:03	6:46/M	21:02	6:46/M
8	8	5 M18	John Armon, M49	Cedar Rapids, IA	21:08	6:48/M	21:08	6:48/M
9	9	6 M18	Dustin Vasquez, M44	Walford, IA	21:15	6:50/M	21:14	6:50/M
10	10	7 M18	Colin Moore, M31	Marion, IA	21:53	7:03/M	21:45	7:00/M
11	11	8 M18	Dylan Fisher, M19	Riverside, IA	22:38	7:17/M	22:25	7:13/M
12	12	9 M18	Ron Gierut, M58	Cedar Rapids, IA	22:41	7:18/M	22:39	7:18/M
13	13	10 M18	Dusty Brown, M32	North Liberty, IA	22:48	7:20/M	22:41	7:18/M
14	1	1 F18	Mollie Fagan, F26	Cedar Rapids, IA	22:54	7:22/M	22:53	7:22/M
15	2	2 F18	Mallory O'Neill, F26	Dubuque, IA	23:08	7:27/M	23:07	7:26/M
16	14	11 M18	Jon Hardwg, M41	Morley, IA	23:44	7:38/M	23:40	7:37/M
17	15	12 M18	Jim Shimek, M68	Fairfax, IA	23:48	7:40/M	23:47	7:39/M
18	3	3 F18	Peyton Blake, F22	Iowa City, IA	24:08	7:46/M	24:02	7:44/M
19	16	13 M18	Justin Ross, M36	Marion, IA	24:10	7:47/M	24:01	7:44/M
20	17	14 M18	Chris Hartzler, M40	Ainsworth, IA	24:48	7:59/M	24:41	7:57/M
21	4	4 F18	Andrea Joyner, F41	Marion, IA	24:50	8:00/M	24:49	7:59/M
22	18	15 M18	Chuck Hardin, M49	Cedar Rapids, IA	24:56	8:02/M	24:53	8:01/M
23	19	16 M18	Karl Dolter, M26	Dubuque, IA	25:04	8:04/M	25:03	8:04/M
24	20	17 M18	Kevin Barry, M25	Cedar Rapids, IA	25:07	8:05/M	25:03	8:04/M
25	21	18 M18	Thomas Wolle, M49	Cedar Rapids, IA	25:08	8:05/M	25:05	8:05/M
26	5	1 JRF	Reagan Gorman, F14	Springville, IA	25:15	8:08/M	25:13	8:07/M

27	22	19 M18	Brad Scott, M62	Marion, IA	25:35	8:14/M	25:34	8:14/M
28	6	5 F18	Lauren Hill, F29	Cedar Rapids, IA	25:51	8:19/M	25:40	8:16/M
29	23	20 M18	Kevin Esmail, M26	Cedar Rapids, IA	26:02	8:23/M	26:00	8:22/M
30	24	4 JRM	Jacob Denn, M17	Cedar Rapids, IA	26:05	8:24/M	25:58	8:21/M
31	25	21 M18	Chad Stumpf, M37	Riverside, IA	26:08	8:25/M	25:59	8:22/M
32	26	22 M18	Josh Weeks, M41	Walford, IA	26:11	8:26/M	26:05	8:24/M
33	7	2 JRF	Brett Visser, F17	Cedar Rapids, IA	26:12	8:26/M	26:10	8:25/M
34	27	23 M18	Nicholas Stumpff, M32	Ely, IA	26:21	8:29/M	26:16	8:27/M
35	28	24 M18	Tom Van Berkum, M64	Marion, IA	26:22	8:29/M	26:18	8:28/M
36	8	6 F18	Cinda Blake, F47	Wayland, IA	26:33	8:33/M	26:27	8:31/M
37	29	25 M18	Leigh Powell, M30	North Liberty, IA	26:41	8:35/M	26:35	8:33/M
38	9	7 F18	Elizabeth O'Neill, F29	Cedar Rapids, IA	26:46	8:37/M	26:41	8:35/M
39	30	26 M18	Cody Meier, M27	Hiawatha, IA	26:52	8:39/M	26:48	8:38/M
40	31	27 M18	John Wennekamp, M36	Marion, IA	26:56	8:40/M	26:47	8:37/M
41	10	8 F18	Laura Marxen, F36	Hiawatha, IA	26:57	8:40/M	26:52	8:39/M
42	11	3 JRF	Kristin Skriver, F15	Walford, IA	26:57	8:40/M	26:52	8:39/M
43	32	28 M18	Bruce Bachmann, M66	Cedar Rapids, IA	27:14	8:46/M	27:10	8:45/M
44	33	5 JRM	Thomas Corbett, M15	Cedar Rapids, IA	27:16	8:47/M	27:14	8:46/M
45	34	29 M18	Zachary Johnson, M36	Cedar Rapids, IA	27:16	8:47/M	27:01	8:42/M
46	12	4 JRF	Serena Eck, F15	Cedar Rapids, IA	27:21	8:48/M	27:19	8:47/M
47	13	5 JRF	Ashley Hageman, F15	Cedar Rapids, IA	27:33	8:52/M	27:31	8:51/M
48	35	30 M18	Max Parsons, M29	Iowa City, IA	27:38	8:54/M	27:31	8:51/M
49	36	31 M18	Jeff Norton, M53	Cedar Rapids, IA	27:43	8:55/M	27:37	8:53/M
50	14	9 F18	Krista Young, F26	Cedar Rapids, IA	27:44	8:56/M	27:41	8:55/M
51	15	10 F18	Laura Young, F34	Cedar Rapids, IA	27:44	8:56/M	27:41	8:55/M
52	16	11 F18	Tami Skriver, F43	Walford, IA	27:46	8:56/M	27:40	8:54/M
53	17	12 F18	Sarah Williams, F49	Marion, IA	27:48	8:57/M	27:42	8:55/M
54	18	13 F18	Ashley Woods, F32	Cedar Rapids, IA	27:55	8:59/M	27:33	8:52/M
55	37	6 JRM	Ben Elliott, M17	Cedar Rapids, IA	28:01	9:01/M	27:53	8:59/M
56	38	32 M18	Chris Stumpff, M30	Cedar Rapids, IA	28:03	9:02/M	27:58	9:00/M
57	39	33 M18	Nick Hussey, M29	Cedar Rapids, IA	28:07	9:03/M	28:02	9:01/M
58	19	14 F18	Kelsey Smith, F26	North Liberty, IA	28:09	9:04/M	28:00	9:01/M
59	40	34 M18	Brandon Hrubes, M32	North Liberty, IA	28:09	9:04/M	28:01	9:01/M
60	20	15 F18	Gretchen Lawyer, F42	Marion, IA	28:11	9:04/M	28:05	9:02/M
61	41	35 M18	Doug Lord, M60	Lisbon, IA	28:16	9:06/M	28:12	9:05/M
62	21	16 F18	Diane Ropp, F48	Cedar Rapids, IA	28:20	9:07/M	28:10	9:04/M
63	42	36 M18	Brock Grimm, M30	Cedar Rapids, IA	28:28	9:10/M	28:01	9:01/M
64	22	17 F18	Marsha Aspinall, F53	Cedar Rapids, IA	28:29	9:10/M	28:26	9:09/M

65	23	18 F18	Susie Green, F45	Cedar Rapids, IA	28:31	9:11/M	28:27	9:09/M
66	43	7 JRM	Austin Hebrink, M17	Cedar Rapids, IA	28:43	9:15/M	28:35	9:12/M
67	44	8 JRM	Quintin A Gay, M14	Cedar Rapids, IA	28:43	9:15/M	28:35	9:12/M
68	24	19 F18	Christine Day, F45	Palo, IA	28:44	9:15/M	28:27	9:09/M
69	25	20 F18	Kate Klefstad, F33	Iowa City, IA	28:50	9:17/M	28:49	9:16/M
70	26	6 JRF	Kenna Prottzman, F11	Iowa City, IA	28:50	9:17/M	28:50	9:17/M
71	27	21 F18	Laurie Stumpf-Sexton, F52	Riverside, IA	28:59	9:20/M	28:51	9:17/M
72	45	37 M18	Ryan Donkersloot, M36	Toddville, IA	29:00	9:20/M	28:53	9:18/M
73	28	22 F18	Katie Farrier, F27	Ainsworth, IA	29:01	9:20/M	28:54	9:18/M
74	29	23 F18	Alicsa Klinsky, F28	Cedar Rapids, IA	29:36	9:32/M	29:18	9:26/M
75	46	38 M18	Scott Schulte, M55	Cedar Rapids, IA	29:37	9:32/M	29:32	9:30/M
76	30	24 F18	Jen Neubauer, F44	Swisher, IA	29:47	9:35/M	29:43	9:34/M
77	47	9 JRM	James Svoboda, M14	Marion, IA	30:05	9:41/M	30:03	9:40/M
78	31	25 F18	Kristina Dolter, F25	Dubuque, IA	30:14	9:44/M	30:12	9:43/M
79	48	39 M18	Brian Scott Gay, M44	Cedar Rapids, IA	30:15	9:44/M	30:01	9:40/M
80	32	26 F18	Heather Vasquez, F33	Walford, IA	30:26	9:48/M	30:22	9:46/M
81	49	40 M18	Lowell Johnson, M55	Cedar Rapids, IA	30:33	9:50/M	30:24	9:47/M
82	50	41 M18	Benjamin Slack, M32	Rockford, IL	30:42	9:53/M	30:38	9:52/M
83	51	42 M18	Nick Cole, M33	Riverside, IA	30:44	9:54/M	30:36	9:51/M
84	52	43 M18	Jason Lewis, M36	Marion, IA	30:49	9:55/M	30:42	9:53/M
85	33	7 JRF	Olivia Kennedy, F14	Cedar Rapids, IA	30:57	9:58/M	30:56	9:57/M
86	34	27 F18	Kristan Giddings, F31	Newhall, IA	30:58	9:58/M	30:32	9:50/M
87	35	28 F18	Sheryl Cline, F30	Fairfax, IA	30:59	9:58/M	30:51	9:56/M
88	53	44 M18	Veronica Weeks, M41	Walford, IA	31:05	10:00/M	31:00	9:59/M
89	36	29 F18	Sarah Platt, F34	Newhall, IA	31:08	10:01/M	30:43	9:53/M
90	37	30 F18	Claudia Scott, F64	Marion, IA	31:11	10:02/M	31:07	10:01/M
92	55	11 JRM	David Hebrink, M14	Cedar Rapids, IA	31:11	10:02/M	31:03	10:00/M
91	54	10 JRM	Gabe Greco, M14	Cedar Rapids, IA	31:11	10:02/M	31:04	10:00/M
93	38	31 F18	Aubrey Finch, F32	Fairfax, IA	31:19	10:05/M	31:16	10:04/M
94	56	45 M18	Darrell Chiavetta, M44	Marion, IA	31:21	10:05/M	31:04	10:00/M
95	57	46 M18	Mitch Porter, M53	Cedar Rapids, IA	31:24	10:06/M	31:18	10:04/M
96	39	32 F18	Tammy Fox, F48	Cedar Rapids, IA	31:27	10:07/M	31:07	10:01/M
97	58	47 M18	Drew Hagen, M26	Jackson, MN	31:28	10:08/M	30:53	9:56/M
98	40	33 F18	Stephanie Hagen, F27	Jackson, MN	31:28	10:08/M	30:54	9:57/M
99	41	8 JRF	Marissa Bixby, F15	Cedar Rapids, IA	31:38	10:11/M	31:33	10:09/M
100	42	34 F18	Ashley Butler, F26	Iowa City, IA	31:40	10:12/M	31:32	10:09/M
101	59	48 M18	Matthew Geissinger, M40	Cedar Rapids, IA	31:41	10:12/M	31:27	10:07/M
102	60	49 M18	Adam Johnson, M38	Fort Collins, CO	31:41	10:12/M	31:28	10:08/M
103	43	9 JRF	Sophie Lindwall, F13	Cedar Rapids, IA	31:49	10:15/M	31:33	10:09/M
104	44	35 F18	Benedicte Corbett,	Cedar Rapids,	31:55	10:16/M	31:38	10:11/M

			F50	IA				
105	61	50 M18	Jay Irving, M45	Cedar Rapids, IA	31:57	10:17/M	31:57	10:17/M
106	62	51 M18	Robert Jones, M63	Cedar Rapids, IA	31:58	10:17/M	31:48	10:14/M
107	63	52 M18	Craig Carmopy, M48	Coralville, IA	31:58	10:17/M	31:52	10:15/M
108	64	53 M18	Tim Cahill, M48	Lisbon, IA	32:00	10:18/M	31:51	10:15/M
109	45	36 F18	Nichole Keller, F26	Ellicott City, MD	32:01	10:18/M	31:50	10:15/M
110	46	37 F18	Lisa Filip, F50	Cedar Rapids, IA	32:17	10:24/M	32:06	10:20/M
111	47	38 F18	Diana Maston, F48	Solon, IA	32:33	10:29/M	32:23	10:25/M
112	48	10 JRF	Zoe Ceynar, F15	Cedar Rapids, IA	32:35	10:29/M	32:31	10:28/M
113	65	54 M18	John Fisher, M44	Cedar Rapids, IA	32:41	10:31/M	32:17	10:23/M
114	66	55 M18	Ken Collier, M62	Cedar Rapids, IA	32:45	10:33/M	32:34	10:29/M
115	67	56 M18	Matthew Kluber, M56	Cedar Rapids, IA	32:54	10:35/M	32:43	10:32/M
116	49	39 F18	Nicole Johnson, F31	Cedar Rapids, IA	32:56	10:36/M	32:47	10:33/M
117	68	57 M18	Ron Corbett, M54	Cedar Rapids, IA	32:59	10:37/M	32:57	10:36/M
118	69	58 M18	Richard Steepleton, M43	Marion, IA	33:06	10:39/M	33:00	10:37/M
119	50	40 F18	Becky Lindwall, F46	Cedar Rapids, IA	33:06	10:39/M	32:50	10:34/M
120	51	41 F18	Amy Conyers, F40	Cedar Rapids, IA	33:40	10:50/M	33:26	10:46/M
121	70	59 M18	Doug Ropp, M51	Cedar Rapids, IA	33:41	10:50/M	33:22	10:44/M
122	52	42 F18	Sarah Andrews, F23	Cedar Rapids, IA	33:51	10:54/M	33:47	10:52/M
123	71	12 JRM	Matthew Cruse, M8	Cedar Rapids, IA	33:56	10:55/M	33:56	10:55/M
124	72	60 M18	David Kaness, M51	Cedar Rapids, IA	33:58	10:56/M	33:51	10:54/M
125	53	43 F18	Jamie Rogers, F44	Cedar Rapids, IA	33:59	10:56/M	33:39	10:50/M
126	54	44 F18	Carol Meade, F48	Newhall, IA	34:10	11:00/M	33:58	10:56/M
127	55	11 JRF	Emma Sorg, F12	Cedar Rapids, IA	34:11	11:00/M	33:54	10:55/M
128	73	61 M18	Brendan Chase, M35	Center Point, IA	34:17	11:02/M	34:09	10:59/M
129	56	45 F18	Nancy Davis, F39	Cedar Rapids, IA	34:26	11:05/M	34:15	11:01/M
130	57	46 F18	Janie Mills, F58	Cedar Rapids, IA	34:30	11:06/M	34:24	11:04/M
131	58	47 F18	Jacki Knapp, F57	Cedar Rapids, IA	34:35	11:08/M	34:14	11:01/M
132	74	13 JRM	Jackson Kluber, M16	Cedar Rapids, IA	35:00	11:16/M	34:51	11:13/M
133	59	48 F18	Tammie Mahoney, F34	Solon, IA	35:06	11:18/M	34:39	11:09/M
134	75	62 M18	Blake Wedel, M40	Cedar Rapids, IA	35:16	11:21/M	34:52	11:13/M
135	60	49 F18	Mindy Sorg, F45	Cedar Rapids, IA	35:20	11:22/M	35:03	11:17/M
136	61	50 F18	Diana Bonete, F26	Cedar Rapids, IA	35:39	11:28/M	35:35	11:27/M
137	62	51 F18	Thea Rentschler, F35	Saint Olaf, IA	35:49	11:32/M	35:37	11:28/M
138	63	52 F18	Tracy Simmons, F45	Cedar Rapids, IA	35:51	11:32/M	35:45	11:30/M

139	64	12 JRF	Maddie Miller, F14	Cedar Rapids, IA	35:51	11:32/M	35:46	11:31/M
140	65	53 F18	Sashi Solomon, F50	Cedar Rapids, IA	35:52	11:33/M	35:32	11:26/M
141	66	54 F18	Lydia Molitor, F28	Marion, IA	35:56	11:34/M	35:48	11:31/M
142	76	63 M18	Kyle Murphy, M29	Marion, IA	36:01	11:35/M	35:43	11:30/M
143	67	55 F18	Barbara Stary, F58	Cedar Rapids, IA	36:02	11:36/M	35:46	11:31/M
144	68	13 JRF	Ellie Lentz, F12	Coggon, IA	36:10	11:38/M	36:04	11:36/M
145	69	56 F18	Lindsay Lentz, F33	Coggon, IA	36:12	11:39/M	36:06	11:37/M
146	70	57 F18	Katarina Reiher, F26	Hiawatha, IA	36:15	11:40/M	36:11	11:39/M
147	71	58 F18	Rebecca Dolphin, F20	Cedar Rapids, IA	36:22	11:42/M	36:06	11:37/M
148	77	64 M18	Fouad Bazzine, M42	Marion, IA	36:23	11:43/M	36:18	11:41/M
149	72	59 F18	Susie Horn, F38	Cedar Rapids, IA	36:26	11:44/M	36:10	11:38/M
150	73	60 F18	Sara Young, F34	Cedar Rapids, IA	36:27	11:44/M	36:12	11:39/M
151	78	65 M18	Mickey Alsager, M56	Cedar Rapids, IA	36:30	11:45/M	35:58	11:35/M
152	74	61 F18	Tess Romanski, F23	Cedar Rapids, IA	36:38	11:47/M	36:31	11:45/M
153	79	66 M18	David Savino, M26	Cedar Rapids, IA	36:38	11:47/M	36:31	11:45/M
154	75	62 F18	Diane Alsager, F56	Cedar Rapids, IA	36:46	11:50/M	36:15	11:40/M
155	76	63 F18	Summer Janda, F38	Cedar Rapids, IA	36:51	11:52/M	36:43	11:49/M
156	80	67 M18	Corey Lentz, M40	Coggon, IA	36:52	11:52/M	36:46	11:50/M
157	77	64 F18	Amber Peterson, F20	Cedar Rapids, IA	37:05	11:56/M	36:48	11:51/M
158	78	65 F18	Margaret Nerison, F24	Hiawatha, IA	37:11	11:58/M	37:04	11:56/M
159	79	66 F18	Judy Fuemmeler, F61	Cedar Rapids, IA	37:19	12:01/M	37:05	11:56/M
160	81	68 M18	Eric Miller, M20	Waterloo, IA	37:23	12:02/M	36:45	11:50/M
161	82	69 M18	Tom Miller, M49	Iowa City, IA	37:23	12:02/M	36:45	11:50/M
162	83	70 M18	Tom Mochal, M58	Kennesaw, GA	37:25	12:03/M	36:57	11:54/M
163	84	71 M18	Trevor Carlson, M27	Cedar Rapids, IA	37:30	12:04/M	37:22	12:02/M
164	80	67 F18	Katie Lawler, F26	North Liberty, IA	37:32	12:05/M	37:24	12:02/M
165	81	68 F18	Sara Nightingale, F27	Iowa City, IA	38:09	12:17/M	37:29	12:04/M
166	82	69 F18	Kylie Goldberg, F18	Cedar Rapids, IA	38:10	12:17/M	38:04	12:15/M
167	83	70 F18	Judy Goldberg, F51	Cedar Rapids, IA	38:11	12:18/M	38:05	12:15/M
168	84	71 F18	Jen Neumann, F43	Cedar Rapids, IA	38:11	12:18/M	37:57	12:13/M
169	85	72 F18	Dana Sindelar, F43	Cedar Rapids, IA	39:15	12:38/M	38:48	12:29/M
170	86	73 F18	Valerie Mazzone, F37	Cedar Rapids, IA	39:29	12:42/M	39:04	12:35/M
171	85	72 M18	Pat Ford, M60	Dubuque, IA	39:29	12:42/M	39:26	12:42/M
172	86	73 M18	James Shannon, M38	Cedar Rapids, IA	39:29	12:43/M	39:06	12:35/M
173	87	74 F18	Laura Dawson, F51	Cedar Rapids, IA	40:14	12:57/M	39:37	12:45/M
174	87	74 M18	Kollin Wiebel, M18	Cedar Rapids, IA	40:38	13:05/M	40:24	13:00/M
175	88	75 F18	Maren Sullivan, F39	Cedar Rapids, IA	41:09	13:15/M	40:54	13:10/M
176	89	76 F18	Krista Hebets, F51	Ccedar Rapids,	41:17	13:17/M	41:04	13:13/M

				IA				
177	88	75 M18	Maxwell Grant, M51	Cedar Rapids, IA	41:17	13:17/M	41:04	13:13/M
178	90	14 JRF	Nora Kinnear, F7	Marion, IA	41:29	13:21/M	40:52	13:09/M
179	89	76 M18	Adam Kinnear, M34	Marion, IA	41:29	13:21/M	40:50	13:09/M
180	91	77 F18	Alexandra Kinnear, F34	Marion, IA	41:30	13:21/M	40:51	13:09/M
181	90	77 M18	Dave Bixby, M43	Cedar Rapids, IA	41:36	13:23/M	41:31	13:22/M
182	92	78 F18	Monica Decker, F27	Iowa City, IA	41:37	13:24/M	41:13	13:16/M
183	91	78 M18	Cody Gent, M24	Iowa City, IA	41:37	13:24/M	41:12	13:16/M
184	93	15 JRF	Sophie Fox, F15	Cedar Rapids, IA	41:42	13:25/M	41:40	13:25/M
185	94	16 JRF	Hannah Sherman, F16	Cedar Rapids, IA	41:42	13:25/M	41:38	13:24/M
186	95	17 JRF	Grace Neumann, F14	Cedar Rapids, IA	41:44	13:26/M	41:41	13:25/M
187	96	18 JRF	Elena Brecht, F15	Cedar Rapids, IA	41:44	13:26/M	41:41	13:25/M
188	97	19 JRF	Madeline Mudd, F17	Cedar Rapids, IA	41:45	13:26/M	41:41	13:25/M
189	92	14 JRM	Isaac Tominsky, M12	Cedar Rapids, IA	42:11	13:35/M	41:56	13:30/M
190	98	79 F18	Ellen Tominsky, F40	Cedar Rapids, IA	42:15	13:36/M	41:58	13:30/M
191	99	80 F18	Deb Sullivan, F51	Cedar Rapids, IA	42:34	13:42/M	42:05	13:33/M
192	100	20 JRF	Ava Klopfenstien, F15	Cedar Rapids, IA	43:06	13:52/M	43:03	13:51/M
193	101	21 JRF	Grace Bryant, F17	Cedar Rapids, IA	43:06	13:52/M	43:03	13:52/M
194	102	22 JRF	Elizabeth McDermott, F15	Cedar Rapids, IA	43:06	13:52/M	43:03	13:51/M
195	103	81 F18	Kim Murphy, F57	Marion, IA	43:11	13:54/M	42:57	13:49/M
196	104	82 F18	Laurel Cruse, F33	Cedar Rapids, IA	43:44	14:05/M	43:32	14:01/M
197	105	83 F18	Mandi Rickels, F32	Marion, IA	43:44	14:05/M	43:31	14:00/M
198	106	84 F18	Carol Frischkorn, F41	Cedar Rapids, IA	43:45	14:05/M	43:32	14:01/M
199	107	85 F18	Rachel Kongshaug, F37	North Liberty, IA	43:48	14:06/M	43:21	13:57/M
200	108	86 F18	Megan Benischek, F28	Walker, IA	44:01	14:10/M	43:42	14:04/M
201	109	87 F18	Hollie Braid, F41	Marion, IA	44:34	14:21/M	44:12	14:14/M
202	110	88 F18	Abbie Steil, F37	Marion, IA	44:34	14:21/M	44:12	14:14/M
203	111	89 F18	Susan Novak, F52	Hiawatha, IA	44:47	14:25/M	44:27	14:19/M
204	112	90 F18	Jo Lilledahl, F55	Cedar Rapids, IA	44:47	14:25/M	44:27	14:18/M
205	93	79 M18	Dennis McDermott, M56	Cedar Rapids, IA	44:55	14:27/M	44:29	14:19/M
206	113	91 F18	Bonnie Stumpf, F44	Riverside, IA	45:01	14:29/M	44:27	14:18/M
207	114	92 F18	Barb Tieskoetter, F59	Monona, IA	45:07	14:31/M	44:46	14:25/M
208	115	93 F18	Jodi Paden, F33	Marion, IA	45:47	14:44/M	45:27	14:38/M
209	94	80 M18	Glen Wiebel, M46	Cedar Rapids, IA	45:54	14:46/M	45:39	14:42/M
210	95	81 M18	Dylan Fisher, M19	Riverside, IA	45:56	14:47/M	45:13	14:33/M
211	96	82 M18	Len Rozmus, M51	Riverside, IA	46:09	14:51/M	45:34	14:40/M
212	97	83 M18	Steve Waller, M58	Cedar Rapids, IA	46:12	14:52/M	46:04	14:50/M
213	116	94 F18	Ali Carlson, F26	Marion, IA	46:24	14:56/M	46:14	14:53/M
214	117	95 F18	Jessica Robinson, F19	Cedar Rapids, IA	46:25	14:57/M	46:07	14:51/M
215	118	96 F18	Sara Todd, F52	Cedar Rapids,	46:34	14:59/M	46:16	14:54/M

				IA				
216	98	15 JRM	Adam Todd, M16	Cedar Rapids, IA	46:35	15:00/M	46:17	14:54/M
217	99	16 JRM	Hashim Jambi, M17	Cedar Rapids, IA	46:35	15:00/M	46:16	14:54/M
218	119	97 F18	Lisa Inman, F26	Marion, IA	46:40	15:01/M	46:22	14:56/M
219	120	98 F18	Rachel Ozburn, F36	Cedar Rapids, IA	46:40	15:01/M	46:22	14:55/M
220	100	84 M18	Mike Murphy, M57	Marion, IA	47:01	15:08/M	46:46	15:03/M
221	121	99 F18	Deeann Hebrink, F47	Cedar Rapids, IA	47:31	15:18/M	47:05	15:09/M
222	101	85 M18	Randy Bachman, M58	Hiawatha, IA	47:38	15:20/M	47:20	15:14/M
223	122	100 F18	Nancy Fox, F57	Marionmarion, IA	47:38	15:20/M	47:20	15:14/M
224	123	101 F18	Cindy Bixby, F44	Cedar Rapids, IA	47:40	15:20/M	47:08	15:10/M
225	102	17 JRM	Kaleb Wiebel, M14	Cedar Rapids, IA	47:59	15:27/M	47:46	15:23/M
226	103	86 M18	Troy Fisher, M46	Riverside, IA	48:10	15:30/M	47:34	15:19/M
227	104	87 M18	Eric Fisher, M42	Coralville, IA	48:10	15:30/M	47:48	15:23/M
228	124	102 F18	Jane Brokel, F60	Riverside, IA	48:29	15:36/M	47:51	15:24/M
229	125	103 F18	Shawna Wiebel, F44	Cedar Rapids, IA	48:30	15:37/M	48:16	15:32/M
230	126	104 F18	Beth Orth, F45	Cedar Rapids, IA	48:30	15:37/M	47:57	15:26/M
231	127	23 JRF	Casey Sexton, F2	Riverside, IA	48:33	15:37/M	48:01	15:27/M
232	105	88 M18	Chris Sexton, M37	Riverside, IA	48:33	15:38/M	48:01	15:27/M
233	128	105 F18	Mary Jane Stumpf, F63	Riverside, IA	49:14	15:51/M	48:27	15:36/M
234	106	18 JRM	Trevor Burrows, M10	North Liberty, IA	49:14	15:51/M	49:02	15:47/M
235	129	106 F18	Jill Burrows, F42	North Liberty, IA	49:14	15:51/M	49:02	15:47/M
236	130	107 F18	Jean Erickson, F67	Cedar Rapids, IA	50:00	16:06/M	49:50	16:02/M
237	131	108 F18	Tracy Clair, F39	Marion, IA	50:09	16:09/M	49:48	16:02/M
238	132	109 F18	Chelsea Miller, F23	Riverside, IA	50:20	16:12/M	49:47	16:01/M
239	133	110 F18	Morgan Fisher, F21	Riverside, IA	50:21	16:12/M	49:45	16:01/M
240	134	111 F18	Teri Fisher, F46	Riverside, IA	50:21	16:12/M	49:46	16:01/M
241	135	24 JRF	Kyla Burrows, F8	North Liberty, IA	50:32	16:16/M	50:21	16:12/M
242	136	112 F18	Kim Hood, F49	Hiawatha, IA	51:11	16:28/M	50:49	16:21/M
243	137	25 JRF	Riley Fisher, F13	Coralville, IA	51:41	16:38/M	51:18	16:31/M
244	138	113 F18	Alicia Welch, F27	Chicago, IL	52:11	16:48/M	51:32	16:35/M
245	107	89 M18	Jeff Burrows, M42	North Liberty, IA	53:04	17:05/M	52:50	17:00/M
246	139	114 F18	Mary Beth Rozmus, F50	Riverside, IA	53:10	17:07/M	52:43	16:58/M
247	140	115 F18	April Stumpf, F34	Riverside, IA	53:10	17:07/M	52:26	16:52/M
248	108	90 M18	H Keith Erickson, M72	Cedar Rapids, IA	53:14	17:08/M	53:04	17:05/M
249	141	116 F18	Jennifer Graham, F40	Iowa City, IA	54:50	17:39/M	54:35	17:34/M
250	109	91 M18	Michael Graham, M39	Iowa City, IA	54:50	17:39/M	54:35	17:34/M
251	142	117 F18	Janet Perschek, F58	Seaside, OR	55:27	17:51/M	54:57	17:41/M
252	143	118 F18	Heather Evers, F33	Robins, IA	55:27	17:51/M	54:55	17:40/M
253	144	119 F18	Mickey Shannahan, F49	Cedar Rapids, IA	55:27	17:51/M	54:56	17:41/M
254	145	120 F18	Laura Lambrecht, F47	Fairfax, IA	55:45	17:57/M	55:16	17:47/M
255	110	92 M18	David Lambrecht, M48	Fairfax, IA	55:45	17:57/M	55:17	17:48/M
256	146	121 F18	Melissa Monaghan,	Cedar Rapids,	56:09	18:04/M	55:57	18:00/M

			F47	IA				
257	147	122 F18	Carol Stone, F54	Cedar Rapids, IA	56:09	18:04/M	55:57	18:01/M
258	111	93 M18	Clint Mersch, M31	Swisher, IA	56:22	18:09/M	55:45	17:57/M
259	148	123 F18	Julie Shimek, F56	Fairfax, IA	56:57	18:20/M	56:31	18:12/M
260	149	124 F18	Cynde Shepard, F60	Marion, IA	56:57	18:20/M	56:31	18:11/M
261	150	125 F18	Jacqueline Kullander, F49	Cedar Rapids, IA	57:46	18:36/M	57:24	18:28/M
262	112	94 M18	Rick Kullander, M53	Cedar Rapids, IA	57:46	18:36/M	57:23	18:28/M
263	113	95 M18	Pat O'Connor, M53	Marion, IA	57:52	18:38/M	57:29	18:30/M
264	114	19 JRM	Tom Giorgio, M10	Cedar Rapids, IA	58:08	18:43/M	57:46	18:36/M
265	151	126 F18	Katie Giorgio, F34	Cedar Rapids, IA	58:08	18:43/M	57:46	18:36/M
266	115	20 JRM	Tate Stumpf, M6	Riverside, IA	59:08	19:02/M	58:24	18:48/M
267	116	21 JRM	Hamilton Krotz, M6	Riverside, IA	59:08	19:02/M	58:28	18:49/M
268	152	127 F18	Bev Stumpf Miller, F59	Riverside, IA	59:16	19:04/M	58:42	18:54/M
269	153	128 F18	Emily Steinbron, F28	Cedar Rapids, IA	59:23	19:07/M	59:06	19:01/M
270	154	129 F18	Janet Shepherd, F55	Cedar Rapids, IA	59:23	19:07/M	59:06	19:01/M
271	117	96 M18	Harold Schulze, M79	Cedar Rapids, IA	1:00:07	19:21/M	59:45	19:14/M
272	155	130 F18	Rose Amelon, F53	Kalona, IA	1:00:17	19:24/M	59:43	19:13/M
273	156	131 F18	Joan Horesowsky, F50	Kalona, IA	1:00:17	19:24/M	59:42	19:13/M
274	157	132 F18	Mary Jo Lebanc, F58	North Liberty, IA	1:00:17	19:24/M	59:44	19:14/M
275	118	97 M18	Alan Bennett, M40	Solon, IA	1:00:59	19:38/M	1:00:20	19:25/M
276	119	98 M18	Cory Hodapp, M38	Iowa City, IA	1:01:01	19:38/M	1:00:22	19:26/M
277	158	133 F18	Kayla Sproul, F23	Solon, IA	1:01:05	19:40/M	1:00:23	19:26/M
278	159	26 JRF	Bri Hageman, F9	Cedar Rapids, IA	1:01:10	19:41/M	1:00:42	19:32/M
279	160	134 F18	Lynn Ford, F53	Dubuque, IA	1:01:18	19:44/M	1:01:16	19:43/M
280	161	135 F18	Karen James, F61	Cedar Rapids, IA	1:01:18	19:44/M	1:00:50	19:35/M
281	162	136 F18	Jennifer Hageman, F35	Cedar Rapids, IA	1:01:19	19:44/M	1:00:51	19:35/M
282	163	137 F18	Kimberly Lawrence, F34	Central City, IA	1:01:38	19:50/M	1:01:26	19:46/M
283	164	138 F18	Denise Corkery, F50	Central City, IA	1:01:39	19:51/M	1:01:27	19:47/M
284	120	99 M18	Kevin Ropp, M40	North Liberty, IA	1:01:44	19:52/M	1:01:02	19:39/M
285	165	139 F18	Melissa Hodapp, F31	Iowa City, IA	1:01:51	19:54/M	1:01:09	19:41/M
286	166	140 F18	Melanie Farr, F40	North Liberty, IA	1:01:51	19:55/M	1:01:08	19:41/M
287	167	141 F18	Lucinda Loeffelholz, F44	Moline, IL	1:01:52	19:55/M	1:01:07	19:40/M
288	168	142 F18	Shianne Thiessen, F21	Moline, IL	1:01:53	19:55/M	1:01:07	19:40/M
289	121	100 M18	Bruce Woolfolk, M71	Cedar Rapids, IA	1:02:03	19:58/M	1:01:41	19:51/M
290	169	143 F18	Michele Jones-McLeod, F55	Cedar Rapids, IA	1:02:03	19:58/M	1:01:36	19:50/M
291	122	101 M18	Scott McLeod, M73	Cedar Rapids, IA	1:02:03	19:58/M	1:01:35	19:49/M
292	170	144 F18	Amal Al-Yassiri, F30	Cedar Rapids, IA	1:02:31	20:07/M	1:01:38	19:50/M
293	123	102 M18	Vernon Beninga, M65	Cedar Rapids, IA	1:03:02	20:17/M	1:02:53	20:14/M

294	171	27 JRF	Adalyn Kron, F5	Wellman, IA	1:03:07	20:19/M	1:02:21	20:04/M
295	172	145 F18	Mandie Kron, F30	Wellman, IA	1:03:32	20:27/M	1:02:43	20:11/M
296	173	146 F18	Caitlin Shemwell, F26	Central City, IA	1:03:35	20:28/M	1:03:04	20:18/M
297	174	147 F18	Kathleen Shemwell, F61	Central City, IA	1:03:36	20:28/M	1:03:06	20:18/M
298	175	28 JRF	Chloe Sexton, F6	Riverside, IA	1:04:03	20:37/M	1:03:33	20:27/M
299	176	148 F18	Nicole Sexton, F31	Riverside, IA	1:04:17	20:42/M	1:03:44	20:31/M
300	177	149 F18	Lyndsay Krotz, F36	Riverside, IA	1:04:18	20:42/M	1:03:37	20:29/M
301	124	103 M18	Tyler Rock, M27	Cedar Rapids, IA	1:05:02	20:56/M	1:04:08	20:39/M
302	125	104 M18	Yasar Ijaz, M30	Cedar Rapids, IA	1:05:02	20:56/M	1:04:08	20:39/M
303	178	150 F18	Peggy Rempt, F47	Cedar Rapids, IA	1:05:29	21:05/M	1:04:37	20:48/M
304	179	151 F18	Victoria Kitelinger, F57	Cedar Rapids, IA	1:05:29	21:05/M	1:04:38	20:48/M
305	180	152 F18	Mary Fredericks, F57	Cedar Rapids, IA	1:05:29	21:05/M	1:04:40	20:49/M
306	126	105 M18	Luke Kitelinger, M25	Cedar Rapids, IA	1:05:32	21:06/M	1:04:43	20:50/M
307	181	153 F18	Lexi Carlberg, F21	Cedar Rapids, IA	1:05:33	21:06/M	1:04:44	20:50/M
308	127	106 M18	Jonathan Kitelinger, M21	Cedar Rapids, IA	1:05:33	21:06/M	1:04:42	20:50/M
309	128	107 M18	Merrill Cornelison, M41	Cedar Rapids, IA	1:06:36	21:26/M	1:06:07	21:17/M
310	182	154 F18	Erin Cornelison, F39	Cedar Rapids, IA	1:06:37	21:27/M	1:06:08	21:17/M
311	129	108 M18	Scott Willey, M46	Waukee, IA	1:06:38	21:27/M	1:06:07	21:17/M
312	183	29 JRF	Mallory Engelmann, F11	Cedar Rapids, IA	1:07:37	21:46/M	1:07:14	21:38/M
313	130	22 JRM	Evan Tominsky, M9	Cedar Rapids, IA	1:08:11	21:57/M	1:07:55	21:52/M
314	131	109 M18	David Tominsky, M39	Cedar Rapids, IA	1:08:11	21:57/M	1:07:56	21:52/M
315	132	110 M18	Jesse Leuck, M28	East Moline, IL	1:08:12	21:57/M	1:07:24	21:42/M
316	184	155 F18	Stacey Phares, F36	Moline, IL	1:08:12	21:57/M	1:07:27	21:43/M
317	133	23 JRM	Zayden Stumpff, M1	Ely, IA	1:08:41	22:06/M	1:08:41	22:06/M
318	185	156 F18	Julia Blanchard, F29	Cedar Rapids, IA	1:08:43	22:07/M	1:07:49	21:50/M
319	186	157 F18	Jackie Rock, F23	Cedar Rapids, IA	1:08:43	22:07/M	1:07:49	21:50/M
320	187	158 F18	Tina Blanchard, F50	Urbana, IA	1:08:43	22:07/M	1:07:50	21:50/M
321	134	111 M18	Terry Blanchard, M54	Urbana, IA	1:08:43	22:07/M	1:07:52	21:51/M
322	135	112 M18	Eric Engelmann, M40	Cedar Rapids, IA	1:09:15	22:17/M	1:08:52	22:10/M
323	188	159 F18	Amy Engelmann, F39	Cedar Rapids, IA	1:09:16	22:18/M	1:08:46	22:08/M
324	189	160 F18	Katie Miller, F23	Cedar Rapids, IA	1:09:17	22:18/M	1:08:40	22:06/M
325	190	161 F18	Dawn Hays, F51	Iowa City, IA	1:09:18	22:18/M	1:08:40	22:06/M
326	136	113 M18	Steve Jones, M57	Washington, IA	1:10:26	22:40/M	1:09:21	22:19/M
327	191	162 F18	Kathy Jones, F57	Washington, IA	1:10:26	22:40/M	1:08:58	22:12/M
328	192	163 F18	Kristy Flack, F54	Marion, IA	1:10:45	22:46/M	1:10:09	22:35/M
329	193	164 F18	Terri Meiners, F59	Toddville, IA	1:10:45	22:46/M	1:10:10	22:35/M
330	194	165 F18	Melissa Stumpff, F29	Cedar Rapids, IA	1:10:56	22:50/M	1:09:59	22:32/M
331	195	166 F18	Linda Rutherford, F65	Cedar Rapids, IA	1:10:58	22:50/M	1:10:06	22:34/M
332	137	114 M18	Billy Stumpff, M57	Cedar Rapids, IA	1:10:58	22:51/M	1:09:55	22:30/M

333	196	167 F18	Lois Kasdorf, F56	Riverside, IA	1:11:28	23:00/M	1:10:41	22:45/M
334	138	115 M18	Anthony Rock, M29	Cedar Rapids, IA	1:11:28	23:00/M	1:10:33	22:43/M
335	197	168 F18	Kathi Hoskins, F21	Cedar Rapids, IA	1:11:28	23:00/M	1:10:33	22:43/M
336	198	169 F18	Julie Robinson, F35	Riverside, IA	1:11:30	23:01/M	1:10:42	22:45/M
337	139	116 M18	Cris Elliott, M19	Cedar Rapids, IA	1:11:45	23:06/M	1:11:19	22:57/M
338	199	170 F18	Carol Elliott, F51	Cedar Rapids, IA	1:11:47	23:06/M	1:11:20	22:58/M
339	140	117 M18	Craig Elliott, M50	Cedar Rapids, IA	1:11:47	23:06/M	1:11:20	22:58/M
340	200	171 F18	Frances Burgin, F45	Marion, IA	1:13:23	23:37/M	1:12:27	23:19/M
341	201	172 F18	Valerie Steepleton, F37	Marion, IA	1:13:25	23:38/M	1:12:30	23:20/M

Overall and Age Divisions

M[17 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Samuel Eck, M17	Cedar Rapids, IA	20:18	6:32/M	20:16	6:31/M
2	Samuel McDermott, M16	Cedar Rapids, IA	20:23	6:34/M	20:22	6:33/M
3	Patrick Gorman, M16	Springville, IA	20:25	6:34/M	20:23	6:34/M
4	Jacob Denn, M17	Cedar Rapids, IA	26:05	8:24/M	25:58	8:21/M
5	Thomas Corbett, M15	Cedar Rapids, IA	27:16	8:47/M	27:14	8:46/M
6	Ben Elliott, M17	Cedar Rapids, IA	28:01	9:01/M	27:53	8:59/M
7	Austin Hebrink, M17	Cedar Rapids, IA	28:43	9:15/M	28:35	9:12/M
8	Quintin A Gay, M14	Cedar Rapids, IA	28:43	9:15/M	28:35	9:12/M
9	James Svoboda, M14	Marion, IA	30:05	9:41/M	30:03	9:40/M
11	David Hebrink, M14	Cedar Rapids, IA	31:11	10:02/M	31:03	10:00/M
10	Gabe Greco, M14	Cedar Rapids, IA	31:11	10:02/M	31:04	10:00/M
12	Matthew Cruse, M8	Cedar Rapids, IA	33:56	10:55/M	33:56	10:55/M
13	Jackson Kluber, M16	Cedar Rapids, IA	35:00	11:16/M	34:51	11:13/M
14	Isaac Tominsky, M12	Cedar Rapids, IA	42:11	13:35/M	41:56	13:30/M
15	Adam Todd, M16	Cedar Rapids, IA	46:35	15:00/M	46:17	14:54/M
16	Hashim Jambi, M17	Cedar Rapids, IA	46:35	15:00/M	46:16	14:54/M
17	Kaleb Wiebel, M14	Cedar Rapids, IA	47:59	15:27/M	47:46	15:23/M
18	Trevor Burrows, M10	North Liberty, IA	49:14	15:51/M	49:02	15:47/M
19	Tom Giorgio, M10	Cedar Rapids, IA	58:08	18:43/M	57:46	18:36/M
20	Tate Stumpf, M6	Riverside, IA	59:08	19:02/M	58:24	18:48/M
21	Hamilton Krotz, M6	Riverside, IA	59:08	19:02/M	58:28	18:49/M
22	Evan Tominsky, M9	Cedar Rapids, IA	1:08:11	21:57/M	1:07:55	21:52/M
23	Zayden Stumpff, M1	Ely, IA	1:08:41	22:06/M	1:08:41	22:06/M

F[17 & Under]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Reagan Gorman, F14	Springville, IA	25:15	8:08/M	25:13	8:07/M
2	Brett Visser, F17	Cedar Rapids, IA	26:12	8:26/M	26:10	8:25/M
3	Kristin Skriver, F15	Walford, IA	26:57	8:40/M	26:52	8:39/M
4	Serena Eck, F15	Cedar Rapids, IA	27:21	8:48/M	27:19	8:47/M
5	Ashley Hageman, F15	Cedar Rapids, IA	27:33	8:52/M	27:31	8:51/M
6	Kenna Prottzman, F11	Iowa City, IA	28:50	9:17/M	28:50	9:17/M
7	Olivia Kennedy, F14	Cedar Rapids, IA	30:57	9:58/M	30:56	9:57/M
8	Marissa Bixby, F15	Cedar Rapids, IA	31:38	10:11/M	31:33	10:09/M
9	Sophie Lindwall, F13	Cedar Rapids, IA	31:49	10:15/M	31:33	10:09/M
10	Zoe Ceynar, F15	Cedar Rapids, IA	32:35	10:29/M	32:31	10:28/M
11	Emma Sorg, F12	Cedar Rapids, IA	34:11	11:00/M	33:54	10:55/M
12	Maddie Miller, F14	Cedar Rapids, IA	35:51	11:32/M	35:46	11:31/M
13	Ellie Lentz, F12	Coggon, IA	36:10	11:38/M	36:04	11:36/M

14	Nora Kinnear, F7	Marion, IA	41:29	13:21/M	40:52	13:09/M
15	Sophie Fox, F15	Cedar Rapids, IA	41:42	13:25/M	41:40	13:25/M
16	Hannah Sherman, F16	Cedar Rapids, IA	41:42	13:25/M	41:38	13:24/M
17	Grace Neumann, F14	Cedar Rapids, IA	41:44	13:26/M	41:41	13:25/M
18	Elena Brecht, F15	Cedar Rapids, IA	41:44	13:26/M	41:41	13:25/M
19	Madeline Mudd, F17	Cedar Rapids, IA	41:45	13:26/M	41:41	13:25/M
20	Ava Klopfenstien, F15	Cedar Rapids, IA	43:06	13:52/M	43:03	13:51/M
21	Grace Bryant, F17	Cedar Rapids, IA	43:06	13:52/M	43:03	13:52/M
22	Elizabeth McDermott, F15	Cedar Rapids, IA	43:06	13:52/M	43:03	13:51/M
23	Casey Sexton, F2	Riverside, IA	48:33	15:37/M	48:01	15:27/M
24	Kyla Burrows, F8	North Liberty, IA	50:32	16:16/M	50:21	16:12/M
25	Riley Fisher, F13	Coralville, IA	51:41	16:38/M	51:18	16:31/M
26	Bri Hageman, F9	Cedar Rapids, IA	1:01:10	19:41/M	1:00:42	19:32/M
27	Adalyn Kron, F5	Wellman, IA	1:03:07	20:19/M	1:02:21	20:04/M
28	Chloe Sexton, F6	Riverside, IA	1:04:03	20:37/M	1:03:33	20:27/M
29	Mallory Engelmann, F11	Cedar Rapids, IA	1:07:37	21:46/M	1:07:14	21:38/M

M[18 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Brett Stephenson, M44	Cedar Rapids, IA	19:54	6:24/M	19:54	6:24/M
2	Willis Harte, M49	Iowa City, IA	20:09	6:29/M	20:06	6:28/M
3	Jeff Niertert, M54	Cedar Rapids, IA	20:36	6:38/M	20:35	6:37/M
4	Lance Finch, M36	Fairfax, IA	21:03	6:46/M	21:02	6:46/M
5	John Armon, M49	Cedar Rapids, IA	21:08	6:48/M	21:08	6:48/M
6	Dustin Vasquez, M44	Walford, IA	21:15	6:50/M	21:14	6:50/M
7	Colin Moore, M31	Marion, IA	21:53	7:03/M	21:45	7:00/M
8	Dylan Fisher, M19	Riverside, IA	22:38	7:17/M	22:25	7:13/M
9	Ron Gierut, M58	Cedar Rapids, IA	22:41	7:18/M	22:39	7:18/M
10	Dusty Brown, M32	North Liberty, IA	22:48	7:20/M	22:41	7:18/M
11	Jon Hardwg, M41	Morley, IA	23:44	7:38/M	23:40	7:37/M
12	Jim Shimek, M68	Fairfax, IA	23:48	7:40/M	23:47	7:39/M
13	Justin Ross, M36	Marion, IA	24:10	7:47/M	24:01	7:44/M
14	Chris Hartzler, M40	Ainsworth, IA	24:48	7:59/M	24:41	7:57/M
15	Chuck Hardin, M49	Cedar Rapids, IA	24:56	8:02/M	24:53	8:01/M
16	Karl Dolter, M26	Dubuque, IA	25:04	8:04/M	25:03	8:04/M
17	Kevin Barry, M25	Cedar Rapids, IA	25:07	8:05/M	25:03	8:04/M
18	Thomas Wolle, M49	Cedar Rapids, IA	25:08	8:05/M	25:05	8:05/M
19	Brad Scott, M62	Marion, IA	25:35	8:14/M	25:34	8:14/M
20	Kevin Esmail, M26	Cedar Rapids, IA	26:02	8:23/M	26:00	8:22/M
21	Chad Stumpf, M37	Riverside, IA	26:08	8:25/M	25:59	8:22/M
22	Josh Weeks, M41	Walford, IA	26:11	8:26/M	26:05	8:24/M
23	Nicholas Stumpff, M32	Ely, IA	26:21	8:29/M	26:16	8:27/M
24	Tom Van Berkum, M64	Marion, IA	26:22	8:29/M	26:18	8:28/M
25	Leigh Powell, M30	North Liberty, IA	26:41	8:35/M	26:35	8:33/M
26	Cody Meier, M27	Hiawatha, IA	26:52	8:39/M	26:48	8:38/M
27	John Wennekamp, M36	Marion, IA	26:56	8:40/M	26:47	8:37/M
28	Bruce Bachmann, M66	Cedar Rapids, IA	27:14	8:46/M	27:10	8:45/M
29	Zachary Johnson, M36	Cedar Rapids, IA	27:16	8:47/M	27:01	8:42/M
30	Max Parsons, M29	Iowa City, IA	27:38	8:54/M	27:31	8:51/M
31	Jeff Norton, M53	Cedar Rapids, IA	27:43	8:55/M	27:37	8:53/M
32	Chris Stumpff, M30	Cedar Rapids, IA	28:03	9:02/M	27:58	9:00/M
33	Nick Hussey, M29	Cedar Rapids, IA	28:07	9:03/M	28:02	9:01/M
34	Brandon Hrubes, M32	North Liberty, IA	28:09	9:04/M	28:01	9:01/M
35	Doug Lord, M60	Lisbon, IA	28:16	9:06/M	28:12	9:05/M
36	Brock Grimm, M30	Cedar Rapids, IA	28:28	9:10/M	28:01	9:01/M
37	Ryan Donkersloot, M36	Toddville, IA	29:00	9:20/M	28:53	9:18/M
38	Scott Schulte, M55	Cedar Rapids, IA	29:37	9:32/M	29:32	9:30/M
39	Brian Scott Gay, M44	Cedar Rapids, IA	30:15	9:44/M	30:01	9:40/M
40	Lowell Johnson, M55	Cedar Rapids, IA	30:33	9:50/M	30:24	9:47/M
41	Benjamin Slack, M32	Rockford, IL	30:42	9:53/M	30:38	9:52/M

42	Nick Cole, M33	Riverside, IA	30:44	9:54/M	30:36	9:51/M
43	Jason Lewis, M36	Marion, IA	30:49	9:55/M	30:42	9:53/M
44	Veronica Weeks, M41	Walford, IA	31:05	10:00/M	31:00	9:59/M
45	Darrell Chiavetta, M44	Marion, IA	31:21	10:05/M	31:04	10:00/M
46	Mitch Porter, M53	Cedar Rapids, IA	31:24	10:06/M	31:18	10:04/M
47	Drew Hagen, M26	Jackson, MN	31:28	10:08/M	30:53	9:56/M
49	Adam Johnson, M38	Fort Collins, CO	31:41	10:12/M	31:28	10:08/M
48	Matthew Geissinger, M40	Cedar Rapids, IA	31:41	10:12/M	31:27	10:07/M
50	Jay Irving, M45	Cedar Rapids, IA	31:57	10:17/M	31:57	10:17/M
51	Robert Jones, M63	Cedar Rapids, IA	31:58	10:17/M	31:48	10:14/M
52	Craig Carmopy, M48	Coralville, IA	31:58	10:17/M	31:52	10:15/M
53	Tim Cahill, M48	Lisbon, IA	32:00	10:18/M	31:51	10:15/M
54	John Fisher, M44	Cedar Rapids, IA	32:41	10:31/M	32:17	10:23/M
55	Ken Collier, M62	Cedar Rapids, IA	32:45	10:33/M	32:34	10:29/M
56	Matthew Kluber, M56	Cedar Rapids, IA	32:54	10:35/M	32:43	10:32/M
57	Ron Corbett, M54	Cedar Rapids, IA	32:59	10:37/M	32:57	10:36/M
58	Richard Steepleton, M43	Marion, IA	33:06	10:39/M	33:00	10:37/M
59	Doug Ropp, M51	Cedar Rapids, IA	33:41	10:50/M	33:22	10:44/M
60	David Kaness, M51	Cedar Rapids, IA	33:58	10:56/M	33:51	10:54/M
61	Brendan Chase, M35	Center Point, IA	34:17	11:02/M	34:09	10:59/M
62	Blake Wedel, M40	Cedar Rapids, IA	35:16	11:21/M	34:52	11:13/M
63	Kyle Murphy, M29	Marion, IA	36:01	11:35/M	35:43	11:30/M
64	Fouad Bazzine, M42	Marion, IA	36:23	11:43/M	36:18	11:41/M
65	Mickey Alsager, M56	Cedar Rapids, IA	36:30	11:45/M	35:58	11:35/M
66	David Savino, M26	Cedar Rapids, IA	36:38	11:47/M	36:31	11:45/M
67	Corey Lentz, M40	Coggon, IA	36:52	11:52/M	36:46	11:50/M
68	Eric Miller, M20	Waterloo, IA	37:23	12:02/M	36:45	11:50/M
69	Tom Miller, M49	Iowa City, IA	37:23	12:02/M	36:45	11:50/M
70	Tom Mochal, M58	Kennesaw, GA	37:25	12:03/M	36:57	11:54/M
71	Trevor Carlson, M27	Cedar Rapids, IA	37:30	12:04/M	37:22	12:02/M
72	Pat Ford, M60	Dubuque, IA	39:29	12:42/M	39:26	12:42/M
73	James Shannon, M38	Cedar Rapids, IA	39:29	12:43/M	39:06	12:35/M
74	Kollin Wiebel, M18	Cedar Rapids, IA	40:38	13:05/M	40:24	13:00/M
75	Maxwell Grant, M51	Cedar Rapids, IA	41:17	13:17/M	41:04	13:13/M
76	Adam Kinnear, M34	Marion, IA	41:29	13:21/M	40:50	13:09/M
77	Dave Bixby, M43	Cedar Rapids, IA	41:36	13:23/M	41:31	13:22/M
78	Cody Gent, M24	Iowa City, IA	41:37	13:24/M	41:12	13:16/M
79	Dennis McDermott, M56	Cedar Rapids, IA	44:55	14:27/M	44:29	14:19/M
80	Glen Wiebel, M46	Cedar Rapids, IA	45:54	14:46/M	45:39	14:42/M
81	Dylan Fisher, M19	Riverside, IA	45:56	14:47/M	45:13	14:33/M
82	Len Rozmus, M51	Riverside, IA	46:09	14:51/M	45:34	14:40/M
83	Steve Waller, M58	Cedar Rapids, IA	46:12	14:52/M	46:04	14:50/M
84	Mike Murphy, M57	Marion, IA	47:01	15:08/M	46:46	15:03/M
85	Randy Bachman, M58	Hiawatha, IA	47:38	15:20/M	47:20	15:14/M
86	Troy Fisher, M46	Riverside, IA	48:10	15:30/M	47:34	15:19/M
87	Eric Fisher, M42	Coralville, IA	48:10	15:30/M	47:48	15:23/M
88	Chris Sexton, M37	Riverside, IA	48:33	15:38/M	48:01	15:27/M
89	Jeff Burrows, M42	North Liberty, IA	53:04	17:05/M	52:50	17:00/M
90	H Keith Erickson, M72	Cedar Rapids, IA	53:14	17:08/M	53:04	17:05/M
91	Michael Graham, M39	Iowa City, IA	54:50	17:39/M	54:35	17:34/M
92	David Lambrecht, M48	Fairfax, IA	55:45	17:57/M	55:17	17:48/M
93	Clint Mersch, M31	Swisher, IA	56:22	18:09/M	55:45	17:57/M
94	Rick Kullander, M53	Cedar Rapids, IA	57:46	18:36/M	57:23	18:28/M
95	Pat O'Connor, M53	Marion, IA	57:52	18:38/M	57:29	18:30/M
96	Harold Schulze, M79	Cedar Rapids, IA	1:00:07	19:21/M	59:45	19:14/M
97	Alan Bennett, M40	Solon, IA	1:00:59	19:38/M	1:00:20	19:25/M
98	Cory Hodapp, M38	Iowa City, IA	1:01:01	19:38/M	1:00:22	19:26/M
99	Kevin Ropp, M40	North Liberty, IA	1:01:44	19:52/M	1:01:02	19:39/M
100	Bruce Woolfolk, M71	Cedar Rapids, IA	1:02:03	19:58/M	1:01:41	19:51/M
101	Scott McLeod, M73	Cedar Rapids, IA	1:02:03	19:58/M	1:01:35	19:49/M
102	Vernon Beninga, M65	Cedar Rapids, IA	1:03:02	20:17/M	1:02:53	20:14/M
103	Tyler Rock, M27	Cedar Rapids, IA	1:05:02	20:56/M	1:04:08	20:39/M

104	Yasar Ijaz, M30	Cedar Rapids, IA	1:05:02	20:56/M	1:04:08	20:39/M
105	Luke Kitelinger, M25	Cedar Rapids, IA	1:05:32	21:06/M	1:04:43	20:50/M
106	Jonathan Kitelinger, M21	Cedar Rapids, IA	1:05:33	21:06/M	1:04:42	20:50/M
107	Merrill Cornelison, M41	Cedar Rapids, IA	1:06:36	21:26/M	1:06:07	21:17/M
108	Scott Willey, M46	Waukee, IA	1:06:38	21:27/M	1:06:07	21:17/M
109	David Tominsky, M39	Cedar Rapids, IA	1:08:11	21:57/M	1:07:56	21:52/M
110	Jesse Leuck, M28	East Moline, IL	1:08:12	21:57/M	1:07:24	21:42/M
111	Terry Blanchard, M54	Urbana, IA	1:08:43	22:07/M	1:07:52	21:51/M
112	Eric Engelmann, M40	Cedar Rapids, IA	1:09:15	22:17/M	1:08:52	22:10/M
113	Steve Jones, M57	Washington, IA	1:10:26	22:40/M	1:09:21	22:19/M
114	Billy Stumpff, M57	Cedar Rapids, IA	1:10:58	22:51/M	1:09:55	22:30/M
115	Anthony Rock, M29	Cedar Rapids, IA	1:11:28	23:00/M	1:10:33	22:43/M
116	Cris Elliott, M19	Cedar Rapids, IA	1:11:45	23:06/M	1:11:19	22:57/M
117	Craig Elliott, M50	Cedar Rapids, IA	1:11:47	23:06/M	1:11:20	22:58/M

F[18 & Over]

Place	Name	City	Gun Time	Pace mpm	Chip Time	Pace mpm
1	Mollie Fagan, F26	Cedar Rapids, IA	22:54	7:22/M	22:53	7:22/M
2	Mallory O'Neill, F26	Dubuque, IA	23:08	7:27/M	23:07	7:26/M
3	Peyton Blake, F22	Iowa City, IA	24:08	7:46/M	24:02	7:44/M
4	Andrea Joyner, F41	Marion, IA	24:50	8:00/M	24:49	7:59/M
5	Lauren Hill, F29	Cedar Rapids, IA	25:51	8:19/M	25:40	8:16/M
6	Cinda Blake, F47	Wayland, IA	26:33	8:33/M	26:27	8:31/M
7	Elizabeth O'Neill, F29	Cedar Rapids, IA	26:46	8:37/M	26:41	8:35/M
8	Laura Marxen, F36	Hiawatha, IA	26:57	8:40/M	26:52	8:39/M
9	Krista Young, F26	Cedar Rapids, IA	27:44	8:56/M	27:41	8:55/M
10	Laura Young, F34	Cedar Rapids, IA	27:44	8:56/M	27:41	8:55/M
11	Tami Skriver, F43	Walford, IA	27:46	8:56/M	27:40	8:54/M
12	Sarah Williams, F49	Marion, IA	27:48	8:57/M	27:42	8:55/M
13	Ashley Woods, F32	Cedar Rapids, IA	27:55	8:59/M	27:33	8:52/M
14	Kelsey Smith, F26	North Liberty, IA	28:09	9:04/M	28:00	9:01/M
15	Gretchen Lawyer, F42	Marion, IA	28:11	9:04/M	28:05	9:02/M
16	Diane Ropp, F48	Cedar Rapids, IA	28:20	9:07/M	28:10	9:04/M
17	Marsha Aspinall, F53	Cedar Rapids, IA	28:29	9:10/M	28:26	9:09/M
18	Susie Green, F45	Cedar Rapids, IA	28:31	9:11/M	28:27	9:09/M
19	Christine Day, F45	Palo, IA	28:44	9:15/M	28:27	9:09/M
20	Kate Klefstad, F33	Iowa City, IA	28:50	9:17/M	28:49	9:16/M
21	Laurie Stumpf-Sexton, F52	Riverside, IA	28:59	9:20/M	28:51	9:17/M
22	Katie Farrier, F27	Ainsworth, IA	29:01	9:20/M	28:54	9:18/M
23	Alissa Klinsky, F28	Cedar Rapids, IA	29:36	9:32/M	29:18	9:26/M
24	Jen Neubauer, F44	Swisher, IA	29:47	9:35/M	29:43	9:34/M
25	Kristina Dolter, F25	Dubuque, IA	30:14	9:44/M	30:12	9:43/M
26	Heather Vasquez, F33	Walford, IA	30:26	9:48/M	30:22	9:46/M
27	Kristan Giddings, F31	Newhall, IA	30:58	9:58/M	30:32	9:50/M
28	Sheryl Cline, F30	Fairfax, IA	30:59	9:58/M	30:51	9:56/M
29	Sarah Platt, F34	Newhall, IA	31:08	10:01/M	30:43	9:53/M
30	Claudia Scott, F64	Marion, IA	31:11	10:02/M	31:07	10:01/M
31	Aubrey Finch, F32	Fairfax, IA	31:19	10:05/M	31:16	10:04/M
32	Tammy Fox, F48	Cedar Rapids, IA	31:27	10:07/M	31:07	10:01/M
33	Stephanie Hagen, F27	Jackson, MN	31:28	10:08/M	30:54	9:57/M
34	Ashley Butler, F26	Iowa City, IA	31:40	10:12/M	31:32	10:09/M
35	Benedicte Corbett, F50	Cedar Rapids, IA	31:55	10:16/M	31:38	10:11/M
36	Nichole Keller, F26	Ellicott City, MD	32:01	10:18/M	31:50	10:15/M
37	Lisa Filip, F50	Cedar Rapids, IA	32:17	10:24/M	32:06	10:20/M
38	Diana Maston, F48	Solon, IA	32:33	10:29/M	32:23	10:25/M
39	Nicole Johnson, F31	Cedar Rapids, IA	32:56	10:36/M	32:47	10:33/M
40	Becky Lindwall, F46	Cedar Rapids, IA	33:06	10:39/M	32:50	10:34/M
41	Amy Conyers, F40	Cedar Rapids, IA	33:40	10:50/M	33:26	10:46/M
42	Sarah Andrews, F23	Cedar Rapids, IA	33:51	10:54/M	33:47	10:52/M
43	Jamie Rogers, F44	Cedar Rapids, IA	33:59	10:56/M	33:39	10:50/M

44	Carol Meade, F48	Newhall, IA	34:10	11:00/M	33:58	10:56/M
45	Nancy Davis, F39	Cedar Rapids, IA	34:26	11:05/M	34:15	11:01/M
46	Janie Mills, F58	Cedar Rapids, IA	34:30	11:06/M	34:24	11:04/M
47	Jacki Knapp, F57	Cedar Rapids, IA	34:35	11:08/M	34:14	11:01/M
48	Tammie Mahoney, F34	Solon, IA	35:06	11:18/M	34:39	11:09/M
49	Mindy Sorg, F45	Cedar Rapids, IA	35:20	11:22/M	35:03	11:17/M
50	Diana Bonete, F26	Cedar Rapids, IA	35:39	11:28/M	35:35	11:27/M
51	Thea Rentschler, F35	Saint Olaf, IA	35:49	11:32/M	35:37	11:28/M
52	Tracy Simmons, F45	Cedar Rapids, IA	35:51	11:32/M	35:45	11:30/M
53	Sashi Solomon, F50	Cedar Rapids, IA	35:52	11:33/M	35:32	11:26/M
54	Lydia Molitor, F28	Marion, IA	35:56	11:34/M	35:48	11:31/M
55	Barbara Stary, F58	Cedar Rapids, IA	36:02	11:36/M	35:46	11:31/M
56	Lindsay Lentz, F33	Coggon, IA	36:12	11:39/M	36:06	11:37/M
57	Katarina Reiher, F26	Hiawatha, IA	36:15	11:40/M	36:11	11:39/M
58	Rebecca Dolphin, F20	Cedar Rapids, IA	36:22	11:42/M	36:06	11:37/M
59	Susie Horn, F38	Cedar Rapids, IA	36:26	11:44/M	36:10	11:38/M
60	Sara Young, F34	Cedar Rapids, IA	36:27	11:44/M	36:12	11:39/M
61	Tess Romanski, F23	Cedar Rapids, IA	36:38	11:47/M	36:31	11:45/M
62	Diane Alsager, F56	Cedar Rapids, IA	36:46	11:50/M	36:15	11:40/M
63	Summer Janda, F38	Cedar Rapids, IA	36:51	11:52/M	36:43	11:49/M
64	Amber Peterson, F20	Cedar Rapids, IA	37:05	11:56/M	36:48	11:51/M
65	Margaret Nerison, F24	Hiawatha, IA	37:11	11:58/M	37:04	11:56/M
66	Judy Fuemmeler, F61	Cedar Rapids, IA	37:19	12:01/M	37:05	11:56/M
67	Katie Lawler, F26	North Liberty, IA	37:32	12:05/M	37:24	12:02/M
68	Sara Nightingale, F27	Iowa City, IA	38:09	12:17/M	37:29	12:04/M
69	Kylie Goldberg, F18	Cedar Rapids, IA	38:10	12:17/M	38:04	12:15/M
70	Judy Goldberg, F51	Cedar Rapids, IA	38:11	12:18/M	38:05	12:15/M
71	Jen Neumann, F43	Cedar Rapids, IA	38:11	12:18/M	37:57	12:13/M
72	Dana Sindelar, F43	Cedar Rapids, IA	39:15	12:38/M	38:48	12:29/M
73	Valerie Mazzone, F37	Cedar Rapids, IA	39:29	12:42/M	39:04	12:35/M
74	Laura Dawson, F51	Cedar Rapids, IA	40:14	12:57/M	39:37	12:45/M
75	Maren Sullivan, F39	Cedar Rapids, IA	41:09	13:15/M	40:54	13:10/M
76	Krista Hebets, F51	Ccedar Rapids, IA	41:17	13:17/M	41:04	13:13/M
77	Alexandra Kinnear, F34	Marion, IA	41:30	13:21/M	40:51	13:09/M
78	Monica Decker, F27	Iowa City, IA	41:37	13:24/M	41:13	13:16/M
79	Ellen Tominsky, F40	Cedar Rapids, IA	42:15	13:36/M	41:58	13:30/M
80	Deb Sullivan, F51	Cedar Rapids, IA	42:34	13:42/M	42:05	13:33/M
81	Kim Murphy, F57	Marion, IA	43:11	13:54/M	42:57	13:49/M
82	Laurel Cruse, F33	Cedar Rapids, IA	43:44	14:05/M	43:32	14:01/M
83	Mandi Rickels, F32	Marion, IA	43:44	14:05/M	43:31	14:00/M
84	Carol Frischkorn, F41	Cedar Rapids, IA	43:45	14:05/M	43:32	14:01/M
85	Rachel Kongshaug, F37	North Liberty, IA	43:48	14:06/M	43:21	13:57/M
86	Megan Benischek, F28	Walker, IA	44:01	14:10/M	43:42	14:04/M
87	Hollie Braid, F41	Marion, IA	44:34	14:21/M	44:12	14:14/M
88	Abbie Steil, F37	Marion, IA	44:34	14:21/M	44:12	14:14/M
89	Susan Novak, F52	Hiawatha, IA	44:47	14:25/M	44:27	14:19/M
90	Jo Lilledahl, F55	Cedar Rapids, IA	44:47	14:25/M	44:27	14:18/M
91	Bonnie Stumpf, F44	Riverside, IA	45:01	14:29/M	44:27	14:18/M
92	Barb Tieskoetter, F59	Monona, IA	45:07	14:31/M	44:46	14:25/M
93	Jodi Paden, F33	Marion, IA	45:47	14:44/M	45:27	14:38/M
94	Ali Carlson, F26	Marion, IA	46:24	14:56/M	46:14	14:53/M
95	Jessica Robinson, F19	Cedar Rapids, IA	46:25	14:57/M	46:07	14:51/M
96	Sara Todd, F52	Cedar Rapids, IA	46:34	14:59/M	46:16	14:54/M
97	Lisa Inman, F26	Marion, IA	46:40	15:01/M	46:22	14:56/M
98	Rachel Ozburn, F36	Cedar Rapids, IA	46:40	15:01/M	46:22	14:55/M
99	Deeann Hebrink, F47	Cedar Rapids, IA	47:31	15:18/M	47:05	15:09/M
100	Nancy Fox, F57	Marionmarion, IA	47:38	15:20/M	47:20	15:14/M
101	Cindy Bixby, F44	Cedar Rapids, IA	47:40	15:20/M	47:08	15:10/M
102	Jane Brokel, F60	Riverside, IA	48:29	15:36/M	47:51	15:24/M
103	Shawna Wiebel, F44	Cedar Rapids, IA	48:30	15:37/M	48:16	15:32/M
104	Beth Orth, F45	Cedar Rapids, IA	48:30	15:37/M	47:57	15:26/M
105	Mary Jane Stumpf, F63	Riverside, IA	49:14	15:51/M	48:27	15:36/M
106	Jill Burrows, F42	North Liberty, IA	49:14	15:51/M	49:02	15:47/M

8/11/22, 9:44 AM		Trashmore 5K				
107	Jean Erickson, F67	Cedar Rapids, IA	50:00	16:06/M	49:50	16:02/M
108	Tracy Clair, F39	Marion, IA	50:09	16:09/M	49:48	16:02/M
109	Chelsea Miller, F23	Riverside, IA	50:20	16:12/M	49:47	16:01/M
110	Morgan Fisher, F21	Riverside, IA	50:21	16:12/M	49:45	16:01/M
111	Teri Fisher, F46	Riverside, IA	50:21	16:12/M	49:46	16:01/M
112	Kim Hood, F49	Hiawatha, IA	51:11	16:28/M	50:49	16:21/M
113	Alicia Welch, F27	Chicago, IL	52:11	16:48/M	51:32	16:35/M
114	Mary Beth Rozmus, F50	Riverside, IA	53:10	17:07/M	52:43	16:58/M
115	April Stumpf, F34	Riverside, IA	53:10	17:07/M	52:26	16:52/M
116	Jennifer Graham, F40	Iowa City, IA	54:50	17:39/M	54:35	17:34/M
117	Janet Perschek, F58	Seaside, OR	55:27	17:51/M	54:57	17:41/M
118	Heather Evers, F33	Robins, IA	55:27	17:51/M	54:55	17:40/M
119	Mickey Shannahan, F49	Cedar Rapids, IA	55:27	17:51/M	54:56	17:41/M
120	Laura Lambrecht, F47	Fairfax, IA	55:45	17:57/M	55:16	17:47/M
121	Melissa Monaghan, F47	Cedar Rapids, IA	56:09	18:04/M	55:57	18:00/M
122	Carol Stone, F54	Cedar Rapids, IA	56:09	18:04/M	55:57	18:01/M
123	Julie Shimek, F56	Fairfax, IA	56:57	18:20/M	56:31	18:12/M
124	Cynde Shepard, F60	Marion, IA	56:57	18:20/M	56:31	18:11/M
125	Jacqueline Kullander, F49	Cedar Rapids, IA	57:46	18:36/M	57:24	18:28/M
126	Katie Giorgio, F34	Cedar Rapids, IA	58:08	18:43/M	57:46	18:36/M
127	Bev Stumpf Miller, F59	Riverside, IA	59:16	19:04/M	58:42	18:54/M
128	Emily Steinbron, F28	Cedar Rapids, IA	59:23	19:07/M	59:06	19:01/M
129	Janet Shepherd, F55	Cedar Rapids, IA	59:23	19:07/M	59:06	19:01/M
130	Rose Amelon, F53	Kalona, IA	1:00:17	19:24/M	59:43	19:13/M
131	Joan Horesowsky, F50	Kalona, IA	1:00:17	19:24/M	59:42	19:13/M
132	Mary Jo Lebane, F58	North Liberty, IA	1:00:17	19:24/M	59:44	19:14/M
133	Kayla Sproul, F23	Solon, IA	1:01:05	19:40/M	1:00:23	19:26/M
134	Lynn Ford, F53	Dubuque, IA	1:01:18	19:44/M	1:01:16	19:43/M
135	Karen James, F61	Cedar Rapids, IA	1:01:18	19:44/M	1:00:50	19:35/M
136	Jennifer Hageman, F35	Cedar Rapids, IA	1:01:19	19:44/M	1:00:51	19:35/M
137	Kimberly Lawrence, F34	Central City, IA	1:01:38	19:50/M	1:01:26	19:46/M
138	Denise Corkery, F50	Central City, IA	1:01:39	19:51/M	1:01:27	19:47/M
139	Melissa Hodapp, F31	Iowa City, IA	1:01:51	19:54/M	1:01:09	19:41/M
140	Melanie Farr, F40	North Liberty, IA	1:01:51	19:55/M	1:01:08	19:41/M
141	Lucinda Loeffelholz, F44	Moline, IL	1:01:52	19:55/M	1:01:07	19:40/M
142	Shianne Thiessen, F21	Moline, IL	1:01:53	19:55/M	1:01:07	19:40/M
143	Michele Jones-McLeod, F55	Cedar Rapids, IA	1:02:03	19:58/M	1:01:36	19:50/M
144	Amal Al-Yassiri, F30	Cedar Rapids, IA	1:02:31	20:07/M	1:01:38	19:50/M
145	Mandie Kron, F30	Wellman, IA	1:03:32	20:27/M	1:02:43	20:11/M
146	Caitlin Shemwell, F26	Central City, IA	1:03:35	20:28/M	1:03:04	20:18/M
147	Kathleen Shemwell, F61	Central City, IA	1:03:36	20:28/M	1:03:06	20:18/M
148	Nicole Sexton, F31	Riverside, IA	1:04:17	20:42/M	1:03:44	20:31/M
149	Lyndsay Krotz, F36	Riverside, IA	1:04:18	20:42/M	1:03:37	20:29/M
150	Peggy Rempt, F47	Cedar Rapids, IA	1:05:29	21:05/M	1:04:37	20:48/M
151	Victoria Kitelinger, F57	Cedar Rapids, IA	1:05:29	21:05/M	1:04:38	20:48/M
152	Mary Fredericks, F57	Cedar Rapids, IA	1:05:29	21:05/M	1:04:40	20:49/M
153	Lexi Carlberg, F21	Cedar Rapids, IA	1:05:33	21:06/M	1:04:44	20:50/M
154	Erin Cornelison, F39	Cedar Rapids, IA	1:06:37	21:27/M	1:06:08	21:17/M
155	Stacey Phares, F36	Moline, IL	1:08:12	21:57/M	1:07:27	21:43/M
156	Julia Blanchard, F29	Cedar Rapids, IA	1:08:43	22:07/M	1:07:49	21:50/M
157	Jackie Rock, F23	Cedar Rapids, IA	1:08:43	22:07/M	1:07:49	21:50/M
158	Tina Blanchard, F50	Urbana, IA	1:08:43	22:07/M	1:07:50	21:50/M
159	Amy Engelmann, F39	Cedar Rapids, IA	1:09:16	22:18/M	1:08:46	22:08/M
160	Katie Miller, F23	Cedar Rapids, IA	1:09:17	22:18/M	1:08:40	22:06/M
161	Dawn Hays, F51	Iowa City, IA	1:09:18	22:18/M	1:08:40	22:06/M
162	Kathy Jones, F57	Washington, IA	1:10:26	22:40/M	1:08:58	22:12/M
163	Kristy Flack, F54	Marion, IA	1:10:45	22:46/M	1:10:09	22:35/M
164	Terri Meiners, F59	Toddville, IA	1:10:45	22:46/M	1:10:10	22:35/M
165	Melissa Stumpff, F29	Cedar Rapids, IA	1:10:56	22:50/M	1:09:59	22:32/M
166	Linda Rutherford, F65	Cedar Rapids, IA	1:10:58	22:50/M	1:10:06	22:34/M
167	Lois Kasdorf, F56	Riverside, IA	1:11:28	23:00/M	1:10:41	22:45/M

168	Kathi Hoskins, F21	Cedar Rapids, IA	1:11:28	23:00/M	1:10:33	22:43/M
169	Julie Robinson, F35	Riverside, IA	1:11:30	23:01/M	1:10:42	22:45/M
170	Carol Elliott, F51	Cedar Rapids, IA	1:11:47	23:06/M	1:11:20	22:58/M
171	Frances Burgin, F45	Marion, IA	1:13:23	23:37/M	1:12:27	23:19/M
172	Valerie Steepleton, F37	Marion, IA	1:13:25	23:38/M	1:12:30	23:20/M

Return to [home page](#)

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