



Mississippi Valley Running Association
39th Annual Benefit Classic
Half Marathon & 5K

Monday, September 5 -- 7:30 a.m. (staggered start)
Eagle Point Park at the Riverfront Pavilion

PLEASE PRINT CLEARLY TO ENSURE ACCURACY ON THE RACE RESULTS (circle one)

RACE: Half 5K SHIRT SIZE: YS YM S M L XL XXL (+\$2) GENDER: M F

NAME: _____ AGE: _____ DOB: ____/____/____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ EMAIL: _____

RACE REGISTRATION COSTS: (checks payable to MVRA)

THROUGH June 30 -- 5K: _____\$25 _____ \$20 MVRA Member
Half Marathon: _____\$40 _____ \$35 MVRA Member

AFTER JUNE 30-- 5K: _____\$30 _____ \$25 MVRA Member
Half Marathon: _____\$50 _____ \$45 MVRA Member

Aug 24: Deadline for mail-in registrations (MVRA, PO Box 854, Dubuque, IA 52004)

Sept 3: Deadline to register online at GetMeRegistered.com

Sept 4: Packet pick-up and registration from 4:00-6:00 p.m. **NO race day registration**

For additional information on the race go to MVRADubuque.com.

WAIVER: In consideration of the foregoing, I, for myself, my heirs, my executors, administrators, and assignees, do hereby waive and refuse any and all rights and claims for damages I may have against the Mississippi Valley Running Association, its officers, directors, agents, and employees, and any and all participating supporters, for all claims of damages, demands, or actions whatsoever, in any manner arising or stemming from my participation in said race known as MVRA Benefit Classic. I attest and verify that I am physically capable and fit, and have sufficiently trained for the completion of this event, and my condition has been verified by a licensed medical doctor.

SIGNATURE: _____ DATE: _____

PARENT SIGNATURE: _____ (required if participant is under 18)

QUESTIONS?

Jolene Darter jolenedarter@gmail.com/563-513-5224 or Rob Harbin -
robharbin@mchsi.com/563-213-1376

