



Halloween Hustle

5K Run/Walk

Oct. 21, 2018

Welcome to the 3rd HALLOWEEN HUSTLE 5K!

This race is a great flat, shaded course in the wonderful community of Dysart, Iowa. It starts and finishes at the Dysart Park. Come and compete against your friends, or just participate and have fun, either way you get a cool T-shirt and some exercise.

All participants in the Run/Walk must be registered!

Date: Sunday, Oct. 21, 2018 **Time:** 2:00 P.M.

Location: Meet at the Dysart Park (Open Shelter House)

Pre-Register by Oct. 14, 2018 to be guaranteed a shirt

Cost: \$20 (includes free t-shirt, refreshments)

Register ONLINE –NEW this year!!

<http://www.getmeregistered.com/HalloweenHustle5K>

Registration after Oct. 14th and Race Day (12:45-1:45)

Cost: \$20 (includes run and refreshments)

(Not guaranteed a t-shirt if registering after 10/14/18 or on Race Day)

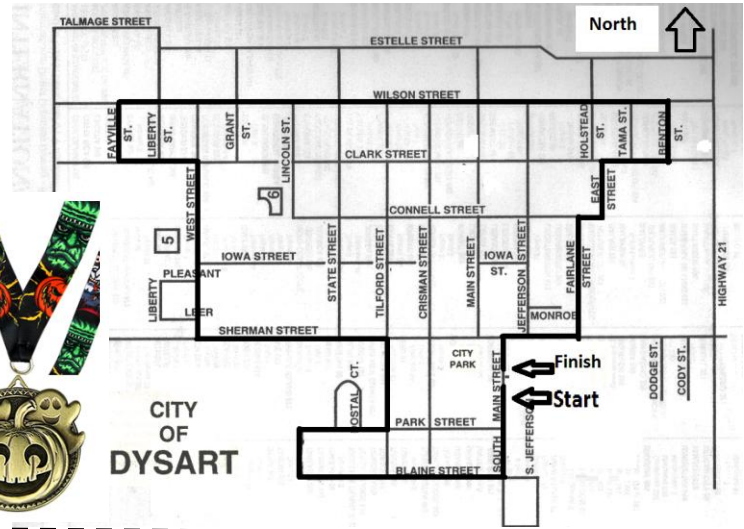
All proceeds go to Union Post-Prom Activities.

Age Divisions 5K Run/Walk

10↓, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+
(Separate Male and Female Divisions for each age division)

Awards

Medals will be given to the top 3 finishers in each division



Spooky Sprint 5K Run/Walk Entry Form **On or before 10/14/18**

Cost: \$20 T-shirt included

After Oct. 14th and Race Day

Cost: \$20 (Shirt not guaranteed)

Adult T-shirt Size (circle one) S M L XL XXL

Youth T-shirt size (circle one) Youth L Youth XL

Register ONLINE

<http://www.getmeregistered.com/HalloweenHustle5K>

email: m_schmidt@union.k12.ia.us

Make checks payable to **Union CSD** Mail to: Mike Schmidt, 608 Main St. Dysart, IA 52224 Phone 319-939-3311

Last Name: _____ First Name: _____ Age (on Oct 22): _____ Male or Female (circle one)

Mailing Address: _____ email address: _____

City: _____ State: _____ ZIP: _____ Phone: _____

I hereby absolve and release the City of Dysart, Union CSD, Post-Prom Committee our sponsors, their agents, employees, successors, and assigns, from any and all liability, claims and causes of action by me or my heirs, successors and assigns arising out of or anyway related to my participation in or presence of the Spooky Sprint 5K. I hereby state that I am physically fit to participate in the event and that I am full aware of the risks of injury related to participation at such an event, and I assume all risks in consideration of being allowed to participate.

Signature of participant

Parent or Guardian Signature if under 18

Date