

## 5K Roundhouse Run/Walk & Kid Run



**Where:** In front of Round House in New Providence, IA

**Date/Time:** June 22nd, 2019 8:00 AM

**What:** 13 years and up are considered adult and will run the 5k, 12 and under can take part in the kids run, which is approximately one mile.

**Registration:** Pre-register by mail on or before June 16, 2019 to guarantee a t-shirt. Race day registration is welcome. Packet pickup 7:30-7:45 AM day of race.

**Fee:** \$15/person includes t-shirt, refreshments & snack. OR family discount is \$15/first person and \$12/person after that. (Must be immediate family)

**Route:** Smooth pavement on a fast, flat course.

**Information/Questions:** Steve Teske 641-485-2500 / teske59@gmail.com

Make checks payable to "New Providence Days "and mail to **5K Roundhouse Run/Walk, P.O. Box 157, New Providence, IA 50206**

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Name \_\_\_\_\_ Email address \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_

Zip \_\_\_\_\_ Phone \_\_\_\_\_ Age \_\_\_\_\_ M \_\_\_\_\_ F \_\_\_\_\_

**SHIRT SIZE (check one) Adult:**  Small  Med  Large  XL  XXL (add \$2)

**YOUTH SIZE (Check One)**  Small  Med  Large

*The undersigned acknowledges that the Heritage Days 5K race is voluntary and that I voluntarily choose to participate. This being the case, I release the Heritage Days 5K officers, volunteers, race officials, sponsors, and all other parties from any claims, demands, or causes of action of every nature which may arise from my participation in this event. The undersigned agrees that the above mentioned parties shall be held harmless in the event of any accident causing damages or loss of property or injury to the undersigned. I have read this release and understand its terms and voluntarily sign the same.*

Date \_\_\_\_\_ Signature \_\_\_\_\_

Parent/Guardian Signature for minor \_\_\_\_\_