



FUN RUN/WALK  
Saturday June 18<sup>th</sup>, 2016

Time: 8:00 AM  
Distance: 1 mile – starts at 7:40 am/5K – starts at 8:00 AM  
Start Finish: Begins and ends downtown Kalona on the Corner of B Ave and 5<sup>th</sup> St.  
Awards: Trophies for the top male & female in the 1 mile and 5K. Medals will be given to the top 3 places in each division.  
Divisions: 1 mile – ages 8 & under, ages 9-13  
5K – ages 8 & under, ages 9-13, ages 14-19, ages 20-29, ages 30-39, ages 40-49, ages 50-59, and ages 60 & over.  
Male and female divisions for each group  
Registration: \$15.00 if postmarked by May 30. \$20.00 if mailed after or on the race day. Check-In/Registration on the day of the race is from 7AM – 7:30AM. T-shirts will be given to all racers who are pre-registered. T-shirts will be guaranteed to the first 25 racers the morning of the race. Pre-registration packets with t-shirts can be picked up on race morning at the AM check-in. Please email [chamberinfo@kctc.net](mailto:chamberinfo@kctc.net) for additional registrations.

MAKE CHECKS PAYABLE TO KALONA DAYS FUND

Please detach and return to: Kalona Chamber  
PO Box 615  
Kalona, IA 52247  
[chamberinfo@kctc.net](mailto:chamberinfo@kctc.net)

Name: \_\_\_\_\_ M/F Division: \_\_\_\_\_ 1 mile or 5K (circle one)

Phone: (Day) \_\_\_\_\_ (Eve) \_\_\_\_\_ Age on 06-18-2016 \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State/Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Date: \_\_\_\_\_

Signature: \_\_\_\_\_ (Please read waiver and sign)  
Parent or legal Guardian must sign if racer is under 18 years of age

(Circle shirt size): Youth S M L Adult S M L XL

In consideration of your acceptance of the entry, I hereby, my heirs, executors, administrators, waive any and all rights and claims for damages I may have against individuals associated with the event, sponsors, and officials, for any and all injuries suffered me during, because of, or in travel to and from the said event. I attest and verify that I have full knowledge of the risk involved in this event, and I am physically fit and sufficiently trained to participate in the event.