

Flower Power 5 km

Des Moines, IA

June 6, 2009

cool and rainy

Results by Michael Franke

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1	1 M20	Mason Frank, 20, Adel, IA	16:26	5:17
2	2 M20	Matt Berndt, 24, Ankeny, IA	17:34	5:39
3	1 M17	Kaleb Seaton, 17, Urbandale, IA	18:03	5:48
4	1 M35	Vic Morales, 35, Johnston, IA	18:36	5:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
1	1 W20	Angela Berry, 21*, Indianola, IA	18:41	6:01
5	1 M30	Derrick Flippin, 31, West Des Moines, IA	18:47	6:03
6	1 M45	David Frank, 46, Adel, IA	18:54	6:05
7	2 M30	Chad Marchant, 30, Ankeny, IA	19:02	6:07
8	3 M30	David Lindenberg, 30, Stockton, IA	19:04	6:08
2	1 W25	Jayme Anderson, 29*, des moines, IA	19:35	6:18
9	1 M25	Joel Shenefield, 29, Iowa City, IA	19:54	6:24
10	4 M30	Mike Larson, 31, des moines, IA	20:11	6:30
11	5 M30	Mike Patrick, 32, des moines, IA	20:38	6:38
12	2 M35	Brian Holvey, 38, West Des Moines, IA	20:45	6:41
13	6 M30	Jeremy Mueller, 32, West Des Moines, IA	20:55	6:44
14	1 M55	Brad Ewest, 55, Thompson, IA	21:09	6:48
15	7 M30	Kevin Patterson, 32, Clive, IA	21:33	6:56
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
16	2 M55	Rick Hagan, 59, Urbandale, IA	22:11	7:08
3	1 W14	Serena Goetzl, 15*, Urbandale, IA	22:24	7:12
17	2 M25	Joseph Weisz, 27, Ankeny, IA	22:25	7:13
18	3 M55	Joe Blunk, 57, ames, IA	22:32	7:15
19	3 M35	Kevin Sporer, 38, Ankeny, IA	22:40	7:17
20	1 M50	Curtis Perry, 50, des moines, IA	22:42	7:18
21	8 M30	Mike Sisco, 32, Clive, IA	22:54	7:22
22	3 M25	Corey St. John, 29, des moines, IA	22:57	7:23
4	1 W50	Nancy Willert, 52*, Nevada, IA	23:09	7:27
23	4 M55	Paul Lindaman, 55, West Des Moines, IA	23:13	7:28
24	5 M55	Art Millikin, 57, Hedrick, IA	23:14	7:28
25	9 M30	Jeremy Olesen, 34, Altoona, IA	23:15	7:29
26	4 M25	Taylor Webb, 27, West Des Moines, IA	23:29	7:33
5	1 W30	Jacqueline Selix, 31*, West Des Moines, IA	23:30	7:34
27	4 M35	Albert Curtis, 35, West Des Moines, IA	23:30	7:34
6	2 W25	Stephanie Gray, 26*, Ankeny, IA	23:31	7:34
7	1 W40	Terri Price, 41*, Johnston, IA	23:40	7:37
8	2 W30	Allison Rhymer, 34*, des moines, IA	23:48	7:40
28	6 M55	John Ytzen, 55, Creston, IA	23:55	7:42
9	2 W50	Susan Skinner, 50*, des moines, IA	23:57	7:42
29	5 M25	Tommy Curtis, 25, des moines, IA	24:19	7:50
10	1 W35	Suzy Marker, 37*, Norwalk, IA	24:37	7:55
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				
30	2 M45	James Arthur, 45, des moines, IA	25:01	8:03
31	5 M35	Eddie Abbott, 39, Van Meter, IA	25:14	8:07
11	1 W45	Margaret Fisher, 45*, ames, IA	25:24	8:10
12	1 W17	Elizabeth Benson, 17*, Urbandale, IA	25:33	8:13
13	1 JrW	Kiley Spoth, 13*, Polk City, IA	25:33	8:13
32	10 M30	Bruce Johnson, 33, des moines, IA	25:46	8:18
33	6 M25	Tyler DeMars, 28, des moines, IA	26:00	8:22
34	2 M50	Ken Locasha, 51, West Des Moines, IA	26:02	8:23
14	2 W20	Cris Prins, 24*, ames, IA	26:03	8:23
15	2 W40	Linda Russell, 40*, Lynnville, IA	26:05	8:23
16	2 W45	Kary Austin, 47*, Grimes, IA	26:12	8:26
35	6 M35	Ed Dunham, 37, Waukee, IA	26:13	8:26
36	7 M35	Peter Fix, 39, Indianola, IA	26:16	8:27
17	3 W30	Heather Zylstra, 32*, Sully, IA	26:21	8:29
18	3 W50	Deb Fritz, 50*, des moines, IA	26:31	8:32
37	11 M30	Greg Moyle, 32, Ankeny, IA	26:39	8:35
19	3 W20	Angela Johnston, 22*, Urbandale, IA	27:11	8:45

20	2	W35 Dana Danley, 37*, des moines, IA	27:14	8:46
38	8	M35 Josh Broughton, 35, des moines, IA	27:17	8:47
21	3	W25 Jen Andersen, 29*, West Des Moines, IA	27:24	8:49
39	7	M25 Chris Andersen, 27, West Des Moines, IA	27:25	8:49
22	4	W25 kathryn woodrough, 27*, rochester, MN	27:25	8:49
40	12	M30 Robert Mallinger, 31, Ankeny, IA	27:26	8:50
41	8	M25 Tim Maher, 28, des moines, IA	27:27	8:50
23	4	W30 Jeni Sundermeyer, 34*, Pleasant Hill, IA	27:27	8:50
24	5	W30 Stephanie Wright, 30*, des moines, IA	27:28	8:50
25	3	W40 Kim Kramer, 40*, West Des Moines, IA	27:37	8:53
42	1	M60 David Dickens, 61, Ankeny, IA	27:40	8:54
43	9	M25 Brad Whitmore, 28, des moines, IA	27:54	8:59
Pace: 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 14:00 15:00 Top				

26	4	W20 emma cavan, 22*, des moines, IA	27:57	9:00
27	4	W40 Kay Kemp, 40*, Urbandale, IA	28:08	9:03
28	1	W55 Sandy Sparks, 56*, Norwalk, IA	28:09	9:04
44	10	M25 Ben Frotscher, 25, Newton, IA	28:10	9:04
29	5	W40 Gabrielle Callistein, 43*, des moines, IA	28:11	9:04
30	6	W40 Carrie Henderson, 40*	28:13	9:05
45	13	M30 Doug Corson, 33, Clive, IA	28:13	9:05
46	1	JrM Tj Davis, 9, des moines, IA	28:13	9:05
47	3	M45 Gary Davis, 45, des moines, IA	28:14	9:05
31	5	W25 Sara St. John, 27*, des moines, IA	28:18	9:06
32	6	W25 Hollie Green, 27*, Windsor Heights, IA	28:19	9:07
48	11	M25 Ryan Baker, 27, Johnston, IA	28:25	9:09
33	7	W25 Heather Potter, 27*, Johnston, IA	28:26	9:09
34	8	W25 Michelle Broshar, 29*, Pleasant Hill, IA	28:27	9:09
35	3	W35 Kristina Dawson, 36*, Des Monies, IA	28:35	9:12
36	4	W50 Dorothy Dickens, 54*, Ankeny, IA	28:37	9:13
49	2	M60 Bruce Anderson, 61, West Des Moines, IA	28:39	9:13
37	3	W45 Janet Malmberg, 49*, Windsor Heights, IA	28:41	9:14
38	5	W50 Elaine Lindaman, 54*, West Des Moines, IA	28:45	9:15
39	5	W20 Meagan McCollum, 23*, Iowa City, IA	28:51	9:17
50	9	M35 Barry Spencer, 36, Waukee, IA	28:59	9:20
51	3	M20 Catlin Curry, 24, West Des Moines, IA	29:01	9:20
40	7	W40 Becky McCollum, 41*, Chariton, IA	29:06	9:22
41	2	W55 Pat Fluharty, 59*, Indianola, IA	29:14	9:24
42	4	W35 Angie Swackhamer, 38*, des moines, IA	29:27	9:29
43	6	W30 Amy Olesen, 33*, Altoona, IA	29:30	9:30
44	7	W30 Michelle Sidwell, 30*, West Des Moines, IA	29:38	9:32
45	8	W30 Kara Lindsey, 33*, Pleasant Hill, IA	29:39	9:32
46	9	W30 Mandy Shepherd, 31*, Urbandale, IA	29:43	9:34
52	2	JrM Charles Celsi, 13, des moines, IA	29:57	9:38
47	8	W40 Denise Tapscott, 40*, des moines, IA	30:08	9:42
48	5	W35 Bobbi Young, 36*, des moines, IA	30:11	9:43
49	10	W30 Mandy Carroll, 34*, des moines, IA	30:12	9:43
53	1	M40 Chad Christensen, 40, des moines, IA	30:17	9:45
54	14	M30 Brian Blackwelder, 31, Tempe, AZ	30:19	9:45
55	10	M35 John Buzzoni, 35, Polk City, IA	30:27	9:48
50	6	W35 Carrie Buzzoni, 35*, Polk City, IA	30:27	9:48
51	11	W30 Abbi Schutte, 30*, des moines, IA	30:39	9:52
56	12	M25 Aaron Wych, 28, des moines, IA	30:42	9:53
52	2	W14 Laura Austin, 15*, Grimes, IA	30:46	9:54
53	2	JrW Julia Austin, 11*, Grimes, IA	30:51	9:56
54	12	W30 Bridget Johnson, 33*, des moines, IA	31:00	9:58
57	15	M30 Christopher Brown, 32, des moines, IA	31:01	9:59
55	13	W30 Heather Mitchell, 31*, Bondurant, IA	31:01	9:59
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58	1	M65 Hummer Brown, 70, des moines, IA	31:16	10:04
59	2	M40 Paul Scheuring, 40, Mill Valley, CA	31:16	10:04
56	14	W30 Stephanie Olsen, 31*, Altoona, IA	31:17	10:04
60	3	JrM Spencer Dunham, 8, Waukee, IA	31:17	10:04
57	3	W55 Mollie McCollum, 57*, des moines, IA	31:29	10:08
58	9	W25 Lisa Sieren, 26*, West Des Moines, IA	31:47	10:14
59	4	W45 Jennifer Irwin, 45*, Johnston, IA	31:49	10:14
60	7	W35 Diane Pals, 36*, Marengo, IA	31:55	10:16
61	3	M60 Harry Breaux, 60, des moines, IA	31:55	10:16
61	8	W35 Kara Dunham, 37*, Waukee, IA	31:58	10:17
62	6	W20 JoAnn Van Vleet, 24*, Urbandale, IA	32:01	10:18
63	9	W35 Bonnie Christensen, 38*, des moines, IA	32:01	10:18
64	10	W25 Kathleen Ball, 27*, des moines, IA	32:05	10:19
65	7	W20 Sara Ellerbroek, 23*, West Des Moines, IA	32:11	10:22
66	15	W30 Jaime Drewis, 31*, Bondurant, IA	32:12	10:22
62	4	M20 Joseph Ellerbroek, 23, West Des Moines, IA	32:13	10:22
67	9	W40 Ruth Staplin, 43*, des moines, IA	32:18	10:24
63	16	M30 Marcus Brooker, 34, des moines, IA	32:23	10:25
68	16	W30 Karla Niederkofler, 34*, Forest City, IA	32:29	10:27
64	4	M45 Brian Culich, 46, des moines, IA	32:32	10:28
69	10	W40 Cindy Culich, 40*, des moines, IA	32:33	10:28

70	10	W35 kim oxenford, 37*, des moines, IA	32:33	10:29
71	17	W30 Sara Oxenford, 33*, des moines, IA	32:34	10:29
72	18	W30 Kathryn Blackwelder, 32*, Tempe, AZ	32:34	10:29
73	19	W30 Amanda Kuhlman, 31*, des moines, IA	32:42	10:31
74	11	W25 Angela Albert, 28*, des moines, IA	32:51	10:34
75	11	W40 Lori Celsi, 40*, des moines, IA	32:53	10:35
76	12	W25 Brandie Overton, 25*, des moines, IA	33:10	10:40
65	5	M45 Kelm Brueschke, 46, Urbandale, IA	33:22	10:44
66	5	M20 Austin Bailey, 24, des moines, IA	33:46	10:52
77	8	W20 Sarah Bailey, 24*, des moines, IA	33:48	10:53
78	9	W20 Abby Rail, 24*, des moines, IA	33:55	10:55

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79	5	W45 cheri monahan, 48*, Clive, IA	34:14	11:01
80	12	W40 Rita Geisinger, 41*, Pleasant Hill, IA	34:28	11:06
81	2	W17 Autumn Geisinger, 19*, Pleasant Hill, IA	34:29	11:06
82	3	JrW Rachel Hanna, 13*, Clive, IA	34:42	11:10
83	13	W40 Donna Hanna, 44*, Clive, IA	34:43	11:10
67	3	M40 Chris Bott, 40, osceola, IA	35:11	11:19
84	11	W35 T J. Hudspeth, 37*, Clive, IA	35:17	11:21
85	6	W45 Kim Hill, 49*, des moines, IA	35:21	11:22
86	20	W30 Keri Crowley, 33*, Indianola, IA	35:51	11:32
87	6	W50 Susan Voss, 53*, des moines, IA	36:39	11:48
68	4	M60 Carl Voss, 60, des moines, IA	36:40	11:48
88	7	W45 Robin Moyer, 46*, Ankeny, IA	36:51	11:52
89	13	W25 Sara VanDeWeerd, 28*, Altoona, IA	36:52	11:52

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90	12	W35 Tanya Hardy, 37*, osceola, IA	37:22	12:02
91	14	W40 Deb Stolze, 43*, Urbandale, IA	38:31	12:24
92	10	W20 Stephanie Slight, 24*, des moines, IA	38:34	12:25
93	1	W60 Pat Solberg, 64*, des moines, IA	38:36	12:25
94	14	W25 Marissa McCluskey, 25*, Ankeny, IA	38:52	12:30
95	13	W35 Melissa Snell, 37*, osceola, IA	40:04	12:54

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96	15	W25 Jill Burt, 25*, des moines, IA	40:26	13:01
97	11	W20 Jennifer Johnston, 20*, Urbandale, IA	40:54	13:10
98	8	W45 Gwen Johnston, 47*, Greenfield, IA	40:55	13:10
99	14	W35 Doris Schmitz, 39*, des moines, IA	43:16	13:55
100	16	W25 Meghan Simpson, 27*, des moines, IA	43:16	13:56

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101	4	JrW Hesther Van Kuilenburg, 9*, des moines, IA	44:19	14:16
69	4	M40 Marinus Van Kuilenburg, 40, des moines, IA	44:19	14:16
102	12	W20 Jamie Jensen, 24*, Weldon, IA	44:49	14:25
103	17	W25 Desiree Becker, 26*, ames, IA	45:27	14:37
104	13	W20 Megan McLaughlin, 21*, ames, IA	45:27	14:38
105	18	W25 Megan Haines, 28*, Mason City, IA	46:13	14:53

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106	7	W50 Linda Herberger, 52*, Indianola, IA	50:21	16:12
107	19	W25 Rachael Kinney, 29*, des moines, IA	50:22	16:12
108	20	W25 Krystal Wright, 28*, des moines, IA	50:25	16:13
109	15	W40 Anne James, 42*, West Des Moines, IA	50:26	16:14
110	8	W50 Deborah Pappenheimer, 52*, des moines, IA	50:30	16:15

"" indicates females

3 finishers among Men 13 & Under
 1 finishers among Men 17 - 19
 5 finishers among Men 20 - 24
 12 finishers among Men 25 - 29
 16 finishers among Men 30 - 34
 10 finishers among Men 35 - 39
 4 finishers among Men 40 - 44
 5 finishers among Men 45 - 49
 2 finishers among Men 50 - 54
 6 finishers among Men 55 - 59
 4 finishers among Men 60 - 64
 1 finishers among Men 65 & Up
 4 finishers among Women 13 & Under
 2 finishers among Women 14 - 16
 2 finishers among Women 17 - 19
 13 finishers among Women 20 - 24
 20 finishers among Women 25 - 29
 20 finishers among Women 30 - 34
 14 finishers among Women 35 - 39
 15 finishers among Women 40 - 44
 8 finishers among Women 45 - 49
 8 finishers among Women 50 - 54
 3 finishers among Women 55 - 59
 1 finishers among Women 60 - 64
 69 male finishers

110 female finishers
179 total finishers

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