Clive '07 5 km

Clive, IA

June 16, 2007

73 degrees 71% humidity

Results by Michael Franke

10K results 1 Mile results

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

PLACE	CLASS PLACE		FINISHER	TIME	PACE
1	1	M20	Evan Schwartz, 20, Urbandale, IA	16:50	5:25
2	1	M15	Derek Roberts, 18, Adel, IA	17:20	5:35
3	1	M30	Stacy Garrels, 31, Ankeny, IA	17:31	5:38
4	2	M15	Andrew Feller, 19, Ames, IA	17:41	5:41
5	3	M15	James Straubel, 16, Diamond City, AR	18:12	5:51
6	4	M15	Sam Goodman, 15, Whitten, IA	18:12	5:51

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

7	1	M50	3Sticks McBride, 52, Des Moines, IA	18:43	6:01
8	5	M15	Travis Heithoff, 18, Ames, IA	18:59	6:06
9	2	M30	Steven Olsen, 30, West Des Moines, IA	19:13	6:11
10	6	M15	Luke Higgins, 18, Union, IA	19:17	6:12
11	7	M15	Rob Allen, 16, West Des Moines, IA	19:19	6:13
12	8	M15	Kaleb Seaton, 15, Urbandale, IA	19:23	6:14
13	2	M50	Bill Oliver, 50, Cedar Rapids, Ia5K	19:28	6:16
14	1	M25	Gregg Hennigan, 29, Iowa City, IA	19:38	6:19
15	2	M20	David Vos, 20, Ames, IA	20:23	6:33
16	1	M40	Dan Gustafson, 44, West Des Moines, IA	20:26	6:35
17	9	M15	Dane Seaberg, 18, Des Moines, IA	20:30	6:36
18	1	M55	Rick Hagan, 57, Urbandale, IA	20:33	6:37
19	1	M45	Steven McKibben, 46, Clive, IA	20:36	6:38
20	1	M12	Robert Watkins, 13, Johnston, IA	20:48	6:42
21	2	M25	Tyler McCurdy, 27, West Des Moines, IA	20:48	6:42
22	3	M25	Joe Richter, 28, Clive, IA	20:52	6:43
23	10	M15	Timothy Martinez, 19, Bondurant, IA	20:55	6:44
1	1	W25	Amanda Ives, 26*, Des Moines, IA	20:57	6:44
24	3	M50	Michael Hoffman, 53, West Des Moines, IA	20:58	6:45
25	1	M35	Mark Yontz, 39, Urbandale, IA	21:12	6:49
26	2	M35	tom trygstad, 35, West Des Moines, IA	21:13	6:49
27	3	M20	Matthew Dominguez, 20, Johnston, IA	21:17	6:51
28	3	M35	Patrick Mattingly, 38, Van Meter, IA	21:18	6:51
2	1	W20	Kari Swenson, 24*, Des Moines, IA	21:20	6:52
29	11	M15	Adam Schwartz, 16, Urbandale, IA	21:28	6:54
30	3	M30	Mike Leith, 30, Grimes, IA	21:28	6:54
3	1	W40	Melanie Lange, 44*, Clive, IA	21:29	6:55
31	2	M55	Andrew Hazer, 57, Columbia, IA	21:34	6:56
32	3	M55	David Miller, 55	21:36	6:57
33	4	M30	Jay Calvert, 32, Adel, IA	21:38	6:58
4	2	W20	Sara Hendrickson, 20*, Altoona, IA	21:39	6:58

Pace: 6:00 | 7:00 | 8:00 | 9:00 | 10:00 | 11:00 | 12:00 | 13:00 | 14:00 | 15:00 | Top

5	1	W15	Susie Kuhl, 15*, Beaman, IA	21:47	7:01
34	12	M15	Ryan Goetzl, 18, Urbandale, IA	21:50	7:01
35	4	M25	Jeff Green, 28, Johnston, IA	21:55	7:03
36	5	M25	Ryan Hennigan, 27, Iowa City, IA	21:57	7:04
6	2	W15	Nicole Wilson, 18*, Urbandale, IA	22:00	7:05
7	1	W35	Mary Rinn, 38*, West Des Moines, IA	22:04	7:06
8	2	W35	Krisanne Colby, 38*, Urbandale, IA	22:04	7:06
37	6	M25	Ryan Johnson, 29, West Des Moines, IA	22:11	7:08
38	4	M50	Mark Borseth, 52, Johnston, IA	22:23	7:12
9	3	W15	Reilly Zlab, 17*, Urbandale, IA	22:24	7:12
10	4	W15	Kelsey Erbes, 16*, Conrad, IA	22:24	7:13
39	7	M25	Benjamin Briggs, 27, Des Moines, IA	22:27	7:13
40	4	M20	Peregrine Carlson, 23, Stratford, IA	22:28	7:14
41	5	M30	Kyle Barton, 34, Clive, IA	22:29	7:14
42	13	M15	Danjin Zulic, 19, Ankeny, IA	22:29	7:14
43	5	M50	Greg Young, 51, Clive, IA	22:51	7:21
44	4	M35	George Stock, 37, Des Moines, IA	22:53	7:22
11	2	W40	Karen Boettcher, 40*, West Des Moines, IA	22:55	7:22
45	8	M25	Hijinio Correon, 29, Peoria, IL	22:59	7:24
12	1	W30	Nikole Pock, 33*, Iowa City, IA	23:00	7:24
46	5	M35	Jeff Wieland, 37, Johnston, IA	23:06	7:26
47	6	M35	Troy Brandt, 39, Perry, IA	23:10	7:27
48	2	M12	Ben Anderson, 12, Clive, IA	23:13	7:28
49	2	M40	Mark Seaton, 44, Urbandale, IA	23:13	7:28
13	3	W40	Mary Morris, 42*, Conrad, IA	23:13	7:28
50	6	M30	Matt Oleson, 31, West Des Moines, IA	23:14	7:28
51	2	M45	Philip Leggett, 48, Clive, IA	23:16	7:29
14	2	W30	Heather Jergens, 31*, Clive, IA	23:17	7:29
52	7	M30	Joshua Bunch, 32, Des Moines, IA	23:18	7:30
53	3	M40	Glen Dippold, 44, Clive, IA	23:22	7:31
54	6	M50	Bob Foss, 52, West Des Moines, IA	23:23	7:31
15	1	W50	Kathi Dellaca, 54*, Windsor Heights, IA	23:24	7:32
55	3	M45	David Wilkerson, 47, Adel, IA	23:27	7:33
56	14	M15	Tommy Kuhl, 16, Beaman, IA	23:27	7:33
57	4	M45	Rich McGee, 45, Johnston, IA	23:28	7:33
58	8	M30	Jeff Jergens, 31, Clive, IA	23:32	7:34
16	2	W25	Gail Vander Wilt, 27*, Grimes, IA	23:33	7:35
59	9	M30	Matt McCurdy, 34, Des Moines, IA	23:33	7:35
60	7	M35	Ben Loreridge, 37, NeW Sharon, IA	23:42	7:38
17	3	W30	Carla Kuzynowski, 31*, Ankeny, IA	23:50	7:40
18	3	W25	Megan Zach, 28*, Des Moines, IA	23:51	7:40
61	1	M60	Gary Cloud, 64, Ankeny, IA	23:51	7:40
62	4	M40	John Miler, 44, Clive, IA	23:51	7:41
19	4	W40	Janeal Lyons, 41*, Waukee, IA	23:52	7:41
20	3	W35	Julie Horton, 36*, Urbandale, IA	23:56	7:42
63	9	M25	Bradley Hanchak, 29, Des Moines, IA	23:57	7:42
21	3	W20	Megan Murphy, 22*, Ankeny, IA	23:58	7:43
22	4	W20	Kassidy Lyons, 20*, Waukee, IA	23:59	7:43
23	5	W15	Lindsey Derr, 16*, Burlington Jct, MO	24:03	7:44
64	4	M55	Steven Floyd, 58, West Des Moines, IA	24:04	7:44
65	10	M25	Dakota Derr, 29, Clive, IA	24:04	7:45
24	4	W25	Andrea Rothrock, 25*, Ankeny, IA	24:04	7:45
66	8	M35	Casey Smith, 35, West Des Moines, IA	24:07	7:46
67	15	M15	matt dunkin, 19, Harvey, IA	24:07	7:46
68	11	M25	Gideon Lagat, 28, Des Moines, IA	24:10	7:46
25	1	W12	Serena Goetzl, 13*, Urbandale, IA	24:11	7:47
69	10	M30	Dan Noe, 30, Huxley, IA	24:12	7:47
26	5	W25	Melissa Grant, 27*, Norwalk, IA	24:12	7:47
27	5	W40	Sue Holden, 42*, Des Moines, IA	24:15	7:48
70	12	M25	Warren Booton, 27, St. Joseph, MO	24:15	7:48

71	16	M15	Chase McCool, 19, Des Moines, IA	24:20	7:50
72	17	M15	Aaron Tesdal, 15, Johnston, IA	24:21	7:50
28	5	W20	Melanie Wise, 20*, Des Moines, IA	24:25	7:51
73	5	M40	chris Dunkin, 43, Harvey, IA	24:26	7:52
74	18	M15	Daniel Doyle, 19, Urbandale, IA	24:29	7:53
29	6	W15	Carla Nievwsma, 18*, Urbandale, IA	24:29	7:53
30	4	W35	Jane Angstman, 36*, Clive, IA	24:32	7:53
31	6	W25	Colleen Kuhl, 28*, Urbandale, IA	24:38	7:56
32	4	W30	Becky Houtchens, 31*, Maryville, MO	24:40	7:56
33	5	W30	Christine Vortherms, 34*, Des Moines, IA	24:43	7:57
75	13	M25	Jeremy Lyddon, 26, Urbandale, IA	24:48	7:59

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76	2	M60	Alvin Ravenscroft, 74, Ames, IA	24:56	8:01
34	6	W40	Kristy Sandon, 43*, Clive, IA	25:00	8:03
77	6	M40	Chris Runde, 43, Clive, IA	25:01	8:03
78	19	M15	Derrick Austin, 15, Grimes, IA	25:03	8:03
35	7	W25	Angie Jones, 27*, Indianola, IA	25:03	8:04
36	2	W12	Morgan Gaynor, 13*, Waukee, IA	25:04	8:04
37	7	W15	Kaitlin Showalter, 17*, Altoona, IA	25:05	8:04
38	1	W45	Nola Seaberg, 45*, Des Moines, IA	25:08	8:05
79	7	M40	Ken Christie, 42, Urbandale, IA	25:12	8:06
80	14	M25	Jon Foss, 29, West Des Moines, IA	25:12	8:07
81	11	M30	Brian Kuehler, 32, West Des Moines, IA	25:17	8:08
82	5	M45	Steve Sandon, 47, Clive, IA	25:19	8:09
39	7	W40	Melinda Ellwanger, 41*, Des Moines, IA	25:20	8:09
40	2	W45	Rita Roberts, 47*, Adel, IA	25:22	8:10
41	5	W35	Cecilia LaFrance, 35*, Des Moines, IA	25:24	8:10
42	8	W15	Cierra Dumond, 18*, Des Moines, IA	25:27	8:11
83	3	M12	Kyle Neustrom, 13, West Des Moines, IA	25:29	8:12
84	5	M55	Jack Sandmeier, 56, Knoxville, IA	25:30	8:12
85	8	M40	Paul Dominguez, 43, Johnston, IA	25:32	8:13
86	1	JrM	Zach Stoppelmoor, 8, W. Des Moines, IA	25:32	8:13
43	6	W35	Jennifer Jacobs, 35*, West Des Moines, IA	25:32	8:13
87	6	M45	Lambert Blank, 48, Clive, IA	25:34	8:14
44	9	W15	Katie Seales, 17*, Rhodes, IA	25:34	8:14
88	12	M30	Scott Pearson, 31, West Des Moines, IA	25:43	8:16
89	5	M20	Casey Johnson, 21, Altoona, IA	25:47	8:18
45	8	W40	kimberly o'brien, 42*, Waukee, IA	25:48	8:18
46	3	W45	Phyllis Eshelman, 45*, Bridgewater, IA	25:50	8:19
47	7	W35	Jennifer Downs, 35*, Van Meter, IA	25:50	8:19
90	13	M30	Buck Nelson, 32, Van Meter, IA	25:50	8:19
91	6	M20	Jud Foss, 23, West Des Moines, IA	25:54	8:20
92	20	M15	Andrew Sorge, 16, West Des Moines, IA	25:58	8:21
48	8	W25	Susan Clouser, 27*, Des Moines, IA	25:59	8:22
49	9	W25	Amy Boblit, 26*, Clive, IA	26:00	8:22
93	9	M35	Adam Lowell, 36, Clive, IA	26:02	8:23
94	7	M45	Mark Rooney, 48, Clive, IA	26:03	8:23
95	6	M55	Robert Lehman, 58, Ackley, IA	26:03	8:23
96	8	M45	Thomas Guillaume, 48, Urbandale, IA	26:04	8:23
50	10	W25	Kelly Bucher, 28*, West Des Moines, IA	26:04	8:23
97	15	M25	James Bucher, 29, West Des Moines, IA	26:05	8:23
98	16	M25	Ryan Bendickson, 27, West Des Moines, IA	26:05	8:24
99	10	M35	Trent Cressy, 35, Clive, IA	26:06	8:24
100	7	M50	Larry Zahm, 51, Des Moines, IA	26:08	8:25
101	14	M30	Jeff Jansen, 33, Johnston, IA	26:09	8:25
102	9	M40	Robert Olson, 41, Waukee, IA	26:10	8:25
51	11	W25	Jessica Gibbons, 27*, St. Joseph, MO	26:13	8:26
103	7	M20	Colin Anderson, 20, Clive, IA	26:13	8:26
104	11	M35	Jay Fogarty, 36, Clive, IA	26:13	8:26
52	12	W25	Mary Nelson, 28*, Grimes, IA	26:15	8:27
53	9	W40	Shelley Birmingham, 40*, Johnston, IA	26:17	8:28

105	4	M12	Alex Coppess, 14, West Des Moines, IA	26:20	8:28
106	17	M25	Aaron Rothrock, 28, Ankeny, IA	26:20	8:29
107	2	JrM	andrew o'brien, 9, Waukee, IA	26:22	8:29
108	10	M40	Michael Obrien, 44, Waukee, IA	26:26	8:30
109	5	M12	Keagan McGinness, 13, Clive, IA	26:27	8:31
54	2	W50	Theresa Finnegan, 52*, Des Moines, IA	26:28	8:31
110	18	M25	Matt Bral, 25, Des Moines, IA	26:29	8:31
111	9	M45	Jay Erickson, 46, Clive, IA	26:35	8:33
55	8	W35	Whitney Brink, 35*, Ankeny, IA	26:38	8:34
112	3	M60	James Brann, 62, Des Moines, IA	26:39	8:34
56	9	W35	Jodine Weissenburger, 35*, Clive, IA	26:43	8:36
57	10	W40	Jodie Schwartz, 41*, Urbandale, IA	26:44	8:36
113	8	M50	Dave Schwartz, 51, Urbandale, IA	26:45	8:36
114	15	M30	Ben Plank, 33, Windsor Heights, IA	26:45	8:36
115	11	M40	Ed Acoymo, 42, Ankeny, IA	26:46	8:37
58	6	W30	Kelli Brockmann, 31*, Waukee, IA	26:49	8:38
59	10	W15	Sara Tanner, 16*, Ottumwa, IA	26:49	8:38
60	10	W35	Tiffan Yamen, 36*, Waukee, IA	26:51	8:38
61	11	W40	Linda Kuhl, 41*, Beaman, IA	26:53	8:39
62	7	W30	Jennifer Nemmers, 30*, Clive, IA	26:55	8:40
63	1	JrW	Kate Litscher, 11*, West Des Moines, IA	26:59	8:41
116	3	JrM	Luke Anderson, 10, Clive, IA	26:59	8:41
64	8	W30	Jill Moline, 31*, Manson, IA	27:00	8:41
117	12	M40	Kevin Hinners, 40, Clive, IA	27:04	8:43
65	4	W45	Kary Austin, 45*, Grimes, IA	27:05	8:43
118	12	M35	John Sparks, 38, Ames, IA	27:06	8:43
66	11	W15	Erin McCool, 17*, Des Moines, IA	27:08	8:44
67	11	W35	Susan Straka, 36*, Urbandale, IA	27:08	8:44
68	9	W30	Holly Lowell, 32*, Clive, IA	27:09	8:44
69	3	W50	Deb Miller, 50*, Perry, IA	27:12	8:45
70	4	W50	Linda Ennen, 51*, Clive, IA	27:13	8:45
71	1	W55	Blakeman, Roberta, 57*, Altoona, IA	27:14	8:46
72	2	JrW	Paige Deardorff, 9*, Fort Dodge, IA	27:16	8:46
73	12	W40	Noelle Zmolek, 40*, Des Moines, IA	27:17	8:47
74	6	W20	Tessa Van Steenhuyse, 24*, Clive, IA	27:24	8:49
119	7	M55	Tyrone Hunt, 59, Des Moines, IA	27:25	8:49
75	5	W45	Susan Sheeks, 47*, Bondurant, IA	27:25	8:49
76	7	W20	Deb Lampe, 24*, Ankeny, IA	27:29	8:51
120	13	M35	Scott Barr, 35, Waukee, IA	27:30	8:51
77	12	W35	Marsha Coleman, 35*, Urbandale, IA	27:32	8:52
78	13	W40	Denise Dosedel, 42*, West Des Moines, IA	27:37	8:53
79	8	W20	Jodi Stevens, 23*, West Des Moines, IA	27:39	8:54
80	9	W20	Katie Hammitt, 24*, West Des Moines, IA	27:40	8:54
81	14	W40	Marsha Hansen, 44*, Clive, IA	27:43	8:55
82	10	W30	Amanda Oleson, 31*, West Des Moines, IA	27:44	8:55
83	13	W35	Lauri Sundo, 35*, Waukee, IA	27:47	8:56
84	11	W30	Anne Fogarty, 34*, Clive, IA	27:48	8:57
85	3	JrW	Kara Neustrom, 11*, West Des Moines, IA	27:52	8:58
86	12	W30	Julie Nuehring, 34*, Clive, IA	27:53	8:58
87	13	W25	Stacy Berenguel, 28*, Des Moines, IA	27:55	8:59
121	8	M55	Ted Nemmers, 58, Clive, IA	27:56	8:59
122	10	M45	Daniel McCool, 45, Des Moines, IA	27:57	8:59

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88	3	W12	Anna Tanner, 14*, Ottumwa, IA	27:58	9:00
89	13	W30	Kathleen Van Horn, 33*, Urbandale, IA	28:00	9:00
90	4	W12	Brooke Denny, 13*, Clive, IA	28:01	9:01
123	19	M25	Quincy Beck, 27, Urbandale, IA	28:02	9:01
124	4	M60	John Schneller, 63, West Des Moines, IA	28:07	9:03
125	16	M30	Jason Greer, 31, Des Moines, IA	28:11	9:04
91	5	W50	Mary Cooper, 51*, Des Moines, IA	28:13	9:05
126	21	M15	Cole Anderson, 15, Clive, IA	28:20	9:07

92	14	W25	Hannah Vettrus, 27*, Urbandale, IA	28:20	9:07
93	6	W50	Cheryl Obal, 50*, Waukee, IA	28:22	9:08
94	14	W30	Jennifer Boess, 30*, Waukee, IA	28:22	9:08
95	5	W12	Kellie Seales, 14*, Rhodes, IA	28:23	9:08
127	11	M45	Jerry Gowey, 46, Urbandale, IA	28:25	9:09
96	12	W15	Natalie Baker, 18*, Des Moines, IA	28:26	9:09
128	4	JrM	Will Garber, 10, marshalltown, IA	28:27	9:09
97	15	W40	Sonja Gonzalez, 43*, Clive, IA	28:36	9:12
98	15	W30	Jaime Doty, 31*, Clive, IA	28:36	9:12
129	9	M55	Roger Ahrenholz, 55, Prinsburg, MN	28:39	9:13
99	16	W30	Emily Maass, 30*, Ankeny, IA	28:43	9:14
100	10	W20	Heidi Palmer, 22*, Ankeny, IA	28:47	9:16
130	14	M35	Troy Taylor, 37, Waukee, IA	28:50	9:17
101	14	W35	Dawn Irish, 38*, Cumming, IA	28:50	9:17
102	7	W50	Jennifer Seales, 50*, Rhodes, IA	28:53	9:18
103	17	W30	Beth Ziegmann, 30*, Urbandale, IA	28:56	9:19
104	6	W45	Tammy Berenguel, 47*, Des Moines, IA	28:59	9:19
131	17	M30	Nicole Cannon, 30, West Des Moines, IA	28:59	9:20
105	16	W40	Lisa Rooney, 42*, Clive, IA	29:01	9:20
132	9	M50	James Wilson, 54, Urbandale, IA	29:02	9:20
133	15	M35	Jay Winger, 37, Waukee, IA	29:06	9:22
134	16	M35	Chad Reinke, 36, Ankeny, IA	29:09	9:23
106	15	W35	Jodi Reinke, 35*, Ankeny, IA	29:10	9:23
107	13	W15	Nikki Gustafson, 16*, West Des Moines, IA	29:12	9:24
108	14	W15	Mary Rowley, 15*, Urbandale, IA	29:12	9:24
109	15	W15	Elizabeth Sanders, 17*, Clive, IA	29:15	9:25
110	16	W15	Anna Porto, 18*, West Des Moines, IA	29:15	9:25
111	17	W40	Karla Dielschneider, 44*, Conrad, IA	29:16	9:25
112	16	W35	Joan Gray, 38*, Clive, IA	29:23	9:27
113	17	W35	Karen Morkin, 35*, Des Moines, IA	29:24	9:28
135	17	M35	Roger Karns, 36, West Des Moines, IA	29:24	9:28
114	15	W25	Amanda Van Horn, 26*, Des Moines, IA	29:25	9:28
136	22	M15	Travis Vanhorn, 17, Urbandale, IA	29:25	9:28
115	6	W12	jenna darsee, 14*, Urbandale, IA	29:29	9:29
137	12	M45	Eric Anderson, 45, West Des Moines, IA	29:34	9:31
116	11	W20	Whitney Dominguez, 21*, Johnston, IA	29:35	9:31
117	4	JrW	Samantha Anderson, 11*, West Des Moines, IA	29:35	9:31
118	16	W25	Kristine Losee, 25*, Clive, IA	29:37	9:32
119	18	W35	Katrisha Heidemann, 36*, Granger, IA	29:38	9:32
120	12	W20	Heidi Rogotzke, 24*, West Des Moines, IA	29:38	9:32
121	19	W35	Rae Edwards, 36*, Clive, IA	29:38	9:32
122	18	W40	Sherri Finney, 40*, Waukee, IA	29:39	9:32
138	5	M60	John Templer, 60, Adel, IA	29:41	9:33
123	19	W40	Ida Doninguez, 40*, Johnston, IA	29:41	9:33
124	20	W40	Mary Lafferty, 41*, Des Moines, IA	29:42	9:33
125	18	W30	Christie Coffin, 31*, Des Moines, IA	29:45	9:34
139	13	M40	Mike Biegger, 42, Clive, IA	29:46	9:35
126	19	W30	Jennifer Girdler, 32*, Granger, IA	29:47	9:35
127	20	W30	Jennifer Oldfield, 34*, Clive, IA	29:47	9:35
128	7	W45	Donna Fiscus, 46*, marshalltown, IA	29:48	9:35
140	14	M40	Kenneth Harkin, 41, Urbandale, IA	29:50	9:36
129	8	W45	Janelle Erwood, 46*, Clive, IA	29:51	9:36
130	17	W25	Gail Hutchinson, 28*, Ankeny, IA	29:54	9:37
131	20	W35	Ann Cosimano, 36*, Johnston, IA	29:57	9:38
132	9	W45	Marcia Swinneyshay, 48*, Ankeny, IA	29:58	9:39
141	15	M40	Marty Marren, 43, Johnston, IA	30:07	9:41
133	8	W50	Jan Huntington, 52*, West Des Moines, IA	30:10	9:43
142	6	M60	Michael Kent, 61, Des Moines, IA	30:18	9:45
134	21	W40	Jodi Barron, 42*, Des Moines, IA	30:30	9:49
143	23	M15	Kyle Richards, 17, Johnston, IA	30:34	9:50
135	13	W20	Debbie Foss, 20*, West Des Moines, IA	30:35	9:51
136	18	W25	Molly Foss, 26*, West Des Moines, IA	30:36	9:51

137	22	W40	Sandy Henry, 40*, Johnston, IA	30:36	9:51
138	10	W45	Beth Leib, 45*, Des Moines, IA	30:37	9:51
144	13	M45	Bill Pieper, 49, West Des Moines, IA	30:38	9:51
139	21	W35	Julie Harrekk, 39*, Clive, IA	30:47	9:54
145	6	M12	Tyson Wieland, 12, Johnston, IA	30:47	9:54
140	14	W20	Erin Johnson, 23*, Johnston, IA	30:50	9:55
141	11	W45	Mary Schwarze, 47*, West Des Moines, IA	30:52	9:56
146	16	M40	Andrew Hall, 42, Des Moines, IA	30:54	9:57

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142	22	W35	melody gibson, 38*, West Des Moines, IA	31:06	10:00
147	7	M60	Dean Hough, 66, West Des Moines, IA	31:08	10:01
143	23	W40	Angel Mallis, 40*, Clive, IA	31:08	10:01
144	23	W35	Sandy Darveau, 39*, West Des Moines, IA	31:11	10:02
145	24	W35	Julie Goldner, 35*, Ankeny, IA	31:20	10:05
146	19	W25	Mary Tesdall, 28*, Urbandale, IA	31:22	10:06
147	20	W25	Emily Hoffman, 27*, Des Moines, IA	31:22	10:06
148	25	W35	Karen Gard, 37*, Urbandale, IA	31:25	10:07
148	18	M30	Scott Coen, 31, Creston, IA	31:33	10:09
149	21	W30	Michele Flynn, 32*, Urbandale, IA	31:33	10:09
149	20	M25	Michael Lincicum, 28, Des Moines, IA	31:35	10:10
150	26	W35	Teresa Ripp, 36*, West Des Moines, IA	31:38	10:11
150	19	M30	Eric Coleman, 33, Urbandale, IA	31:41	10:12
151	9	W50	Christine Hildreth, 54*, Johnston, IA	31:42	10:12
152	24	W40	Melody Slack, 44*, Urdandale, IA	31:42	10:12
153	12	W45	Cindy Adams, 45*, Clive, IA	31:47	10:14
151	8	M20	Nathan Wise, 22, Des Moines, IA	31:49	10:14
154	15	W20	Jamie Wise, 22*, Des Moines, IA	31:49	10:14
152	9	M20	Justin Morrison, 24, Des Moines, IA	31:50	10:15
153	20	M30	Matt Carfrae, 32, Urbandale, IA	31:53	10:16
154	18	M35	Trung Dang, 38, Urbandale, IA	31:54	10:16
155	13	W45	Carla Schimelfenig, 46*, Bondurant, IA	31:54	10:16
155	19	M35	michael jensen, 36, Clive, IA	31:54	10:16
156	5	JrM	Michael Litscher, 9, West Des Moines, IA	31:55	10:16
157	17	M40	Brian Litscher, 44, West Des Moines, IA	31:55	10:16
158	8	M60	Gene Harding, 76, Des Moines, IA	31:57	10:17
156	16	W20	Andrea Connolly, 21*, Council Bluffs, IA	31:59	10:18
159	10	M20	Michael Riggenbach, 21, Omaha, NE	32:00	10:18
160	10	M50	Jeffrey Horn, 50, Des Moines, IA	32:07	10:20
161	20	M35	Tim Schmitt, 38, Des Moines, IA	32:11	10:21
162	9	M60	Donald Judisch, 70, Clive, IA	32:17	10:23
157	21	W25	Kathlene Tenckinck, 27*, Des Moines, IA	32:24	10:26
163	21	M30	Jesper Andersson, 31, West Des Moines, IA	32:30	10:27
158	27	W35	Ann Guddall, 39*, Ankeny, IA	32:31	10:28
164	22	M30	Michael Marren, 30, Clive, IA	32:31	10:28
159	22	W25	Susan Huss, 27*, Clive, IA	32:42	10:31
160	22	W30	Sarah Trosper, 33*, West Des Moines, IA	32:43	10:32
161	23	W30	Sarah Lacey, 30*, Clive, IA	32:44	10:32
162	25	W40	Jenny Topic, 41*, West Des Moines, IA	32:44	10:32
163	24	W30	Lauri Ericson, 30*, Des Moines, IA	32:45	10:32
164	25	W30	Jennifer Coe, 34*, Des Moines, IA	32:45	10:32
165	18	M40	Mark Lyons, 43, Waukee, IA	32:47	10:33
165	17	W20	Rachele James, 24*, Urbandale, IA	32:53	10:35
166	23	W25	Amber Baker, 29*, West Des Moines, IA	32:56	10:36
167	28	W35	Jan Caruthers, 37*, West Des Moines, IA	32:57	10:36
168	29	W35	Deb Schneider, 37*, Des Moines, IA	32:58	10:37
169	26	W40	Susan Buising, 40*, West Des Moines, IA	32:58	10:37
170	26	W30	Staci Boalen, 33*, West Des Moines, IA	32:59	10:37
166	11	M20	Tan Huynh, 22, Ames, IA	33:06	10:39
171	30	W35	Stephanie Morgan, 37*, Ankeny, IA	33:13	10:41
167	7	M12	Nick Graf, 14, Ankeny, IA	33:19	10:43
172	31	W35	Kelly Pearce, 37*, Ankeny, IA	33:20	10:43

173	7	W12	Megan Nubel, 12*, Clive, IA	33:24	10:45
168	19	M40	Gregory Payne, 42, Clive, IA	33:27	10:46
169	12	M20	Ryan McNerney, 23, Urbandale, IA	33:29	10:46
174	27	W40	Cindy Blay, 41*, Ankeny, IA	33:35	10:48
170	10	M60	Maruice Smith, 71, Des Moines, IA	33:45	10:52
175	10	W50	Barbara Hale, 52*, Ankeny, IA	33:45	10:52
176	27	W30	Kim Coen, 33*, Creston, IA	33:51	10:53
171	11	M50	Micardo Martinez, 51, Bondurant, IA	33:54	10:54
177	28	W40	Kristie Greenstreet, 41*, Clive, IA	33:55	10:55
178	24	W25	Diana Pardock, 29*, Clive, IA	34:00	10:57
179	5	JrW	Jade Mann, 11*, Fort Dodge, IA	34:04	10:58
172	11	M60	Ruben Rulla, 66, Urbandale, IA	34:05	10:58
180	25	W25	Bethany Nuss, 28*, Gowrie, IA	34:06	10:58

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181	2	W55	Paula Thornton, 55*, West Des Moines, IA	34:13	11:01
182	32	W35	Joellen Nadel, 37*, Clive, IA	34:14	11:01
183	26	W25	Sylvia Chelimo, 29*, Ankeny, IA	34:27	11:05
184	29	W40	Lisa Leon, 40*, Des Moines, IA	34:30	11:06
185	14	W45	Rebecca Ohrtman, 45*, Ankeny, IA	34:36	11:08
186	33	W35	Ginger Gaynor, 35*, Waukee, IA	34:37	11:08
187	28	W30	Tara Raggio, 33*, Clive, IA	34:46	11:11
188	27	W25	Jennifer Henrickson, 27*, Des Moines, IA	34:47	11:12
189	11	W50	Suzanne Hoffman, 50*, Clive, IA	34:57	11:15
173	12	M50	Mark Hoffman, 50, Clive, IA	35:09	11:19
190	34	W35	Bonnie Christensen, 36*, Des Moines, IA	35:28	11:25
174	21	M35	Chad Christensen, 38, Des Moines, IA	35:28	11:25
191	28	W25	Cari Cunningham, 27*, Urbandale, IA	35:29	11:25
192	29	W25	Meg Jackson, 28*, Grimes, IA	35:30	11:25
175	21	M25	Stephen Holte, 25, West Des Moines, IA	35:30	11:25
176	22	M25	Dan Bradley, 25, Waukee, IA	35:31	11:26
193	29	W30	Jodi Sackett, 31*, Stuart, IA	35:40	11:29
194	35	W35	Shelley Frangenberg, 35*, Ankeny, IA	35:52	11:32
195	36	W35	Julie Holt, 39*, Clive, IA	35:52	11:33
196	37	W35	Tobi Sharon, 37*, West Des Moines, IA	35:58	11:34
197	30	W25	Amy Hauschildt, 27*, Urbandale, IA	36:07	11:37
198	17	W15	Ashley Dominguez, 19*, Johnston, IA	36:11	11:39
199	30	W40	Lisa Farrell, 40*, West Des Moines, IA	36:14	11:40
177	20	M40	Brian Farrell, 40, West Des Moines, IA	36:16	11:40
200	31	W25	Kristi Bogseth, 29*, Ankeny, IA	36:26	11:43
178	12	M60	Wayne Marty, 75	36:31	11:45
201	31	W40	Mary Bernabe-Smith, 44*, Des Moines, IA	36:56	11:53
202	32	W25	Dorothy Holden, 25*, Urbandale, IA	37:00	11:54
203	18	W20	Erin McKeown, 24*, West Des Moines, IA	37:03	11:55
204	19	W20	Kati Larson, 24*, Urbandale, IA	37:04	11:56
205	30	W30	Sara Gammell, 33*, Waukee, IA	37:12	11:58

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206	38	W35	Heidi McCormick, 36*, Kearney, NE	37:28	12:03
207	32	W40	Susan Brands, 40*, Des Moines, IA	37:39	12:07
208	12	W50	Juli Magnusson, 50*, Des Moines, IA	37:40	12:07
209	31	W30	Shannon Fletcher, 34*, Mason City, IA	37:49	12:10
210	33	W40	Rita Watson, 41*, Indianola, IA	37:50	12:11
211	34	W40	Kelly Bradder, 41*, West Des Moines, IA	37:51	12:11
212	35	W40	Patricia Shryock, 42*, Johnston, IA	37:52	12:11
179	21	M40	Kollin Kirby, 43, Waukee, IA	38:00	12:14
213	18	W15	Lauren Anderson, 18*, Clive, IA	38:00	12:14
214	19	W15	Danielle Anderson, 15*, Clive, IA	38:02	12:14
180	23	M25	Jeremy Yenger, 25, West Des Moines, IA	38:19	12:20
215	20	W20	Reanna Yenger, 22*, West Des Moines, IA	38:19	12:20
216	39	W35	Jody Strunk, 36*, Des Moines, IA	38:27	12:23
217	32	W30	Sinclair Stolle, 34*, Ankeny, IA	38:52	12:30

218	3	W55	Barbara Phillips, 56*, West Des Moines, IA	39:08	12:36
219	15	W45	Vicky Close, 46*, Des Moines, IA	39:17	12:39
181	24	M25	Kurt Bogseth, 28, Ankeny, IA	39:28	12:42
220	33	W30	Michelle Champion, 34*, Des Moines, IA	39:45	12:48
221	36	W40	Jenny Kleiman, 41*, Clive, IA	39:56	12:51
222	13	W50	Christie McConathy, 50*, West Des Moines, IA	40:07	12:55

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223	34	W30	Kendra Elliott, 30*, Bondurant, IA	40:35	13:03
182	22	M40	Anthony Davis, 43, West Des Moines, IA	40:37	13:04
224	33	W25	Kristin Aulwes, 27*, Bondurant, IA	40:53	13:09
183	25	M25	Jake Lake, 27, Gutherie Center, IA	41:08	13:14
225	1	W60	Mary Cochran, 68*, Urbandale, IA	41:14	13:16
184	13	M60	Gary Sheldon, 63, West Des Moines, IA	41:38	13:24
226	20	W15	Jill Haney, 19*, Johnston, IA	42:51	13:47

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227	2	W60	Sandy Sheldon, 63*, West Des Moines, IA	44:24	14:17
228	37	W40	Jodi Cortum, 41*, Indianola, IA	45:06	14:31
229	40	W35	Kristin Lenox, 36*, Melbourne, IA	45:29	14:38
230	16	W45	Jane Showalter, 45*, Altoona, IA	45:55	14:47
231	6	JrW	Megan Lenox, 9*, Melbourne, IA	46:00	14:48
232	7	JrW	Dawn Lenox, 9*, Melbourne, IA	46:00	14:48
233	14	W50	Marlena Bandurski, 54*, Des Moines, IA	46:24	14:56
234	38	W40	Susan Ta, 42*, Urbandale, IA	46:34	14:59

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185	14	M60	David Brown, 61, Des Moines, IA	47:00	15:07
186	8	M12	John Popillion, 13, Johnston, IA	47:01	15:08
187	9	M12	Maruice Wright, 13, Johnston, IA	48:15	15:32
188	15	M60	William Beal, 83	48:46	15:42

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189	16	M60	Oliver Chingren, 80, West Des Moines, IA	1:02:30	20:07

"*" indicates females
5 finishers among Men 11 & Under
9 finishers among Men 12 - 14
23 finishers among Men 15 - 19
12 finishers among Men 20 - 24
25 finishers among Men 25 - 29
22 finishers among Men 30 - 34
21 finishers among Men 35 - 39
22 finishers among Men 40 - 44
13 finishers among Men 45 - 49
12 finishers among Men 50 - 54
9 finishers among Men 55 - 59
16 finishers among Men 60 & Up
7 finishers among Women 11 & Under
7 finishers among Women 12 - 14
20 finishers among Women 15 - 19
20 finishers among Women 20 - 24
33 finishers among Women 25 - 29
34 finishers among Women 30 - 34
40 finishers among Women 35 - 39
38 finishers among Women 40 - 44
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14 finishers among Women 50 - 54
3 finishers among Women 55 - 59
2 finishers among Women 60 & Up
189 male finishers
234 female finishers
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