



Lamoni Community Center
5K and 10K Walk/Run starts at 8 am Kids Fun Run starts at 9 am

Registration and Waiver Release and Consent Form

Each adult participant must fill out a form and sign the waiver at the bottom. Children 12 and under must be accompanied by a parent. Registration is free for children 12 & under / \$10 for veteran, active military, EMS, Police and Fire / \$20 for students 13-17 / or \$25 for each adult participant, 18 and older. Registration Deadline is June 27th at 4:00 pm to receive a t-shirt. Return to Lamoni Community Center or Lamoni City Hall with payment.

Participant Names: (13 years and older)

Name: _____ Adult Shirt Size: S ___ M ___ L ___ XL ___ XXL ___
 Age (as of July 4) _____ Male ___ Female ___ 5K ___ 10K ___

Name: _____ Adult Shirt Size: S ___ M ___ L ___ XL ___ XXL ___
 Age (as of July 4) _____ Male ___ Female ___ 5K ___ 10K ___

Children (12 years and younger) No fee
 Child _____ Age _____ Child _____ Age _____

Address _____ City _____ State _____ Zip _____
 Phone _____

In consideration of the acceptance of my/my child's entry, I for myself or for my child, do hereby release and discharge the organizers of this walk/run and all other sponsors and organizers of all claims and damages, actions whatsoever in any manner arising out of my/my child's participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am/my child is physically able to participate in this event. Further, I grant full permission to any and all partners of the 5K/10K Race/Walk to use my/my child's name, photographs, videotapes, or any other recording of this event for any legitimate purpose without compensation.

Signature _____ Date _____

*No Dogs *Strollers will be lined up in the back *Race begins promptly at 8 am

Total number of registrations _____ = \$ _____

Child 12 years and under (free) x _____

Total \$ _____ (checks payable to City of Lamoni)

Additional Contribution \$ _____ (checks payable to City of Lamoni)

Sponsored by: Freedom Racing Tool and Auto, Lamoni Area Chamber of Commerce, City of Lamoni, and Beta Sigma Phi