

Exira Road Race

July 5, 2008

[10K results](#)

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10K						
Athlete Name	Gender	Age	Class	City	State	Time
Paul Braunschweiler	M	56	M55	Omaha	NE	40:43
Joe Rasmussen	M	28	M25	Lincoln	NE	43:25
Tommy Godwin	M	16	M15	Exira	IA	43:39
Chad Forde	M	40	M40	Atlantic	IA	44:14
Blake Johannes	M	17	M15	Exira	IA	44:27
Bart Zimmer	M	20	M19	Casey	IA	44:38
Erin Hargens	W	17	W15	Sioux Falls	SD	45:14
Chris Bunde	M	31	M30	Guthrie Center	IA	45:20
Mark Jones	M	54	M50	Omaha	NE	45:39
Cameron Chambers	M	17	M15	Exira	IA	46:31
Rusty Williamson	M	36	M35	Anita	IA	46:45
Curt Jahde	M	41	M40	Anita	IA	47:08
Mike Pattavina	M	61	M60	Clarinda	IA	47:31
Charlie Godwin	M	15	M15	Exira	IA	48:15
Kathie Madron	W	45	W45	Oakland	IA	49:00
David Timmerman	M	32	M30	Earlham	IA	49:18
Toni Rasmussen	W	31	W30	Ft. Collins	CO	49:31
Harvey Kunz	M	62	M60	Omaha	NE	49:36
Trisha Rasmussen	W	27	W25	Minneapolis	MN	49:44
Rich Pross	M	45	M40	Atlantic	IA	50:40
Eric Golwitzer	M	16	M15	Council Bluffs	IA	51:19
Grace Kristy	W	19	W19	Exira	IA	51:20
Scott Kristy	M	44	M40	Exira	IA	51:32
Pete Crawford	M	58	M55	Red Oak	IA	51:50
Tim Andersen	M	48	M45	Audubon	IA	52:23
Whitney Henke	W	23	W19	Des Moines	IA	52:30
Austin Wheatley	M	17	M15	Adair	IA	53:13
Sarah Prochaska	W	24	W19	Manchester	MO	53:17
Brian Church	M	39	M35	Atlantic	IA	54:51
Charissa Konz	W	36	W35	Omaha	NE	55:07
Morgan Nelson	W	21	W19	Exira	IA	55:33
Dennis Lincicum	M	58	M55	Ankeny	IA	56:10
April McAfee	W	34	W30	Anita	IA	56:32
Matt Richter	M	33	M30	Adair	IA	57:10
Drew Peppers	M	11	Mjr	Exira	IA	57:53
Sara Best	W	25	W25	Brayton	IA	58:23
Justin Spruell	M	36	M35	Ft. Collins	CO	58:25
Amy Militti	W	41	W40	Omaha	NE	1:00:45
Pat Carlson	W	45	W45	Atlantic	IA	1:04:54
Joan Bauer	W	50	W50	Audubon	IA	1:07:24
Allison Berryhill	W	48	W45	Atlantic	IA	1:09:27
Lindsay Jahde	W	40	W40	Anita	IA	1:09:55
Vickie Richter	W	57	W55	Adair	IA	1:12:00
Joe Bintner	M	25	M25	Council Bluffs	IA	1:19:21

[10K results](#)

5K

Athlete Name	Gender	Age	Class	City	State	Time
Jamie Meek	M	16	M15	Lewis	IA	18:50
Cory Schultes	M	30	M30	Des Moines	IA	19:44
Andrew Smith	M	17	M15	Brayton	IA	19:46
James Morgan	M	26	M25	Stuart	IA	20:06
Zachary Anderson	M	16	M15	St. Peters	MO	21:12
Jesse Olson	M	28	M25	Audubon	IA	21:50
Austin Coder	M	17	M15	Atlantic	IA	22:02
Gary Julin	M	61	M60	Omaha	NE	22:25
Kaley Stender	W	17	W15	Atlantic	IA	22:28
Paul Hansen	M	32	M30	New Hope	MN	22:52
Alison Krogman	W	14	Wjr	Atlantic	IA	23:41
Harlan Smouse	M	13	Mjr	Brandon	SD	23:45
Jon Young	M	51	M50	Elliot	IA	24:00
Joseph Conner	M	42	M40	St. Paul	MN	24:04
Ken Brown	M	63	M60	Raleigh	NC	24:14
Brandon Bergen	M	14	Mjr	Red Oak	IA	24:26
Tiara Edelman	W	14	Wjr	Atlantic	IA	24:31
Kevin Heckman	M	51	M50	Iowa City	IA	24:38
Derek Lowary	M	17	M15	Atlantic	IA	24:42
Amanda Gude	W	14	Wjr	Atlantic	IA	24:46
Beck Benton	M	13	Mjr	Exira	IA	24:48
Blake Stender	M	13	Mjr	Atlantic	IA	24:57
Dana Harris	W	18	W15	Anita	IA	26:01
Kari Schwind	W	36	W35	Warrenton	VA	26:08
Dawn Dittmer	W	42	W40	Long Grove	IA	26:13
Tom Benton	M	45	M45	Exira	IA	26:14
Diane Schultes	W	37	W35	West Branch	IA	26:25
Grace Andersen	W	18	W15	Marshall	MN	26:28

Derek Jacobsen	M	42	M40	Mason City	IA	26:57
Maggie Tomasek	W	28	W25	Covington	KY	27:02
Shelby McGreedy	W	35	W35	Atlantic	IA	27:18
Pete Temple	M	50	M50	Monticello	IA	27:21
Alisha Hinzmann	W	14	Wjr	Atlantic	IA	27:30
Cody Hokel	M	10	Mjr	Adel	IA	27:42
Jason Schwenneker	M	30	M30	Ankeny	IA	27:45
Brad Golwitzer	M	18	M15	Council Bluffs	IA	27:46
Skylar Batty	W	8	Wjr	Olathe	KS	27:47
Bill Paulsen	M	37	M35	Exira	IA	27:48
Matt Strohmeier	M	33	M30	Rockhill	MO	27:50
Cody Pross	M	15	M15	Atlantic	IA	28:28
Ryan Schwind	M	9	Mjr	Warrenton	VA	28:37
Steve Jacobsen	M	38	M35	Kearney	MO	28:46
Jordan Gearheart	W	15	W15	Exira	IA	28:57
Maddie Peppers	W	13	Wjr	Exira	IA	28:59
Kari Sandage	W	15	W15	Atlantic	IA	29:30
Chansea Nelson	W	13	Wjr	Exira	IA	29:50
Charlie Johnson	M	59	M55	Brayton	IA	30:04
Jacob Schwind	M	10	Mjr	Warrenton	VA	30:14
Drew Christensen	M	11	Mjr	Exira	IA	30:57
Danielle Stockwell	W	15	W15	Elk Horn	IA	31:14
Alisha Ponsar	W	17	W15	Atlantic	IA	31:25
Anna Smith	W	15	W15	Atlantic	IA	31:27
Bridget Obermeier	W	36	W35	Audubon	IA	31:37
Tasha Bretey	W	25	W25	Atlantic	IA	31:54
Beth Peppers	W	41	W40	Exira	IA	31:55
Ann Huegerich	W	36	W35	Exira	IA	32:04
Lisa Paulsen	W	35	W35	Exira	IA	32:06
Suzanne Bunde	W	34	W30	Guthrie Center	IA	32:31
Veronica Baker	W	26	W25	Des Moines	IA	32:34
Tamara Gibson	W	38	W35	Wiota	IA	32:56
Alisha Blake	W	17	W15	Walnut	IA	33:16
Jennie Darrow	W	17	W15	Atlantic	IA	33:18
Katelyn Blake	W	14	Wjr	Walnut	IA	33:28
Victoria Frisbie	W	16	W15	Walnut	IA	33:42
Shelley Paulsen	W	36	W35	Exira	IA	34:18
Rhoda Williams	W	46	W45	Exira	IA	34:53
Rick Nielsen	M	52	M50	Exira	IA	34:57
Margaret Kneedler	W	57	W55	Creston	IA	35:57
Diane Temple	W	36	W35	Monticello	IA	36:00
Christi Hokel	W	32	W30	Adel	IA	36:20
Alex McAfee	W	14	Wjr	Anita	IA	36:22
Austin Williamson	M	10	Mjr	Anita	IA	36:31
Neal Meseck	M	38	M35	Exira	IA	41:06
Dennis Forsman	M	54	M50	Warrensburg	MO	47:48
Vickie Forsman	W	52	W50	Warrensburg	MO	48:48
Christy Vogelzang	W	45	W45	Hamlin	IA	52:48
Lory Paulsen	W	43	W40	Exira	IA	52:49

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