

Fifth Season 8 Kilometer

[5K results here](#)

Cedar Rapids, Iowa

July 4, 2002

78 degree & humid

Results by Cal Murdock

Click on the "pace" links to move about through the results. Use the Find option of your Web Browser to find the performance of a specific individual.

"*" indicates females

PLACE	CLASS	FINISHER	TIME	PACE
PLACE	PLACE			
1		Silvestor Moleko, 32, Johannesburg	23:31	4:44
2		Simon Sawe, 33, Aba, NM	23:44	4:46
3		Paul Mwangi, 35, Ossining, NY	23:53	4:48
4		Tim Mangera, 25, Maplewood, NJ	24:18	4:53
5		David Kipngetich, Durham, NC	24:35	4:57
6		Teddy Mitchell, 30, Longmont, CO	24:43	4:58
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
7		Julius Rotich, 26, West Des Moines, IA	24:54	5:01
8		Ben Kapsoita, Durham, NC	25:04	5:03
9		Max Harn, 37, Madison, WI	25:10	5:04
10		Daniel Mugo, 27, Ames, IA	25:22	5:06
11	1 M35	Dan Hostager, 35, Windsor Hghts, IA	25:35	5:09
12	1 M25	Chris Schaefer, 25, Kansas City, MO	26:01	5:14
13	2 M35	Ditlev Larsen, 36, Minneapolis, MN	26:10	5:16
14	1 M30	Dave Ladehoff, 32, New Lenox, IL	26:30	5:20
15	2 M25	Corey Ihnels, 28, Ames, IA	26:40	5:22
16	1 M40	Phil Kauder, 41, Cascade, IA	26:49	5:24
17	1 M16	Ryan French, 19, Marion, IA	27:30	5:32
18	3 M35	Chris Celichowski, 39, Shorewood, MN	27:39	5:34
19	1 M45	Bobby Paxton, 45, Minneapolis, MN	27:41	5:34
1		Grace Momanyi, 19*, Maplewood, NJ	27:41	5:34
20	2 M30	Drew Bach, 30, Cedar Rapids, IA	27:43	5:34
2		Janet Robertz, 42*, Shorewood, MN	28:07	5:39
21	2 M40	Tim Skopec, 42, Iowa City, IA	28:09	5:40
22	2 M16	Juvenary Hakizimana, 19, Cedar Rapids, IA	28:11	5:40
3		Michelle Borgert, 29*, Ames, IA	28:18	5:42
23	4 M35	Bob Brooker, 39, Cedar Rapids, IA	28:26	5:43
24	3 M40	Jim McCoy, 44, Madison, WI	28:30	5:44
25	3 M25	Jeff Joiner, 29, Orange City, IA	28:36	5:45
26	3 M30	Andy Kauder, 30, Cedar Rapids, IA	28:58	5:50
4		Bonnie Sons, 36*, Shorewood, MN	29:10	5:52
27	1 M20	Chad Goldsmith, 24, North Liberty, IA	29:16	5:53
28	3 M16	Sean Mc Carron, 16, Cedar Rapids, IA	29:23	5:55
29	2 M45	Dave Nauman, 46, Mason City, IA	29:25	5:55
5		Renee Kruse, 34*, South Sioux, NE	29:29	5:56
6		Erin Moeller, 24*, Cedar Rapids, IA	29:32	5:56
30	4 M25	Mike Morrison, 28, Urbandale, IA	29:35	5:57
31	4 M40	Mark Casteel, 42, York, PA	29:36	5:57
32	3 M45	Dallas Robertson, 45, Iowa City, IA	29:38	5:58

33	4	M30	Wes Bruns, 34, Swisher, IA	29:39	5:58
34	4	M45	Rick Ironside, 48, Marion, IA	29:43	5:59
35	5	M45	Brad Scott, 49, Marion, IA	29:44	5:59
7			Sharon Stubler, 37*, Minnetonka, MN	29:47	5:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
36	5	M30	Barry Breffle, 31, Marion, IA	29:48	6:00
37	5	M25	Tony Stutzman, 29, Quincy, IL	29:48	6:00
38	5	M40	Jon Swails, 42, Cedar Rapids, IA	29:50	6:00
8			Robyn Friedman, 29*, Lambs Grove, IA	29:57	6:02
9			Abi Watras, 28*, Greensboro, Vt	30:10	6:04
39	4	M16	Mike Zimmerman, 17, Cedar Rapids, IA	30:13	6:05
10			Bev Docherty, 44*, St. Paul, MN	30:17	6:06
40	5	M16	Justin Helbing, 17, Iowa City, IA	30:33	6:09
41	6	M16	Cameron Herr, 17, Cedar Rapids, IA	30:35	6:09
42	6	M45	Mark Mueller, 46, Cedar Rapids, IA	30:36	6:09
43	5	M35	Dennis Henderson, 37, Cedar Rapids, IA	30:37	6:09
44	7	M16	Josef Hejda, 17, Cedar Rapids, IA	30:38	6:10
45	6	M35	Willis Harte, 36, Iowa City, IA	30:40	6:10
46	8	M16	Scott Monroe, 18, Cedar Rapids, IA	30:42	6:11
47	7	M35	Steve Hawtrey, 35, Mt. Vernon, IA	30:43	6:11
48	9	M16	Daniel Fagan, 16, Cedar Rapids, IA	30:46	6:11
49	1	JrM	Andrew Craig, 15, Cedar Rapids, IA	30:46	6:11
50	6	M40	Kevin McCarthy, 43, North Liberty, IA	30:52	6:13
51	6	M30	Todd Jones, 30, Ankeny, IA	30:56	6:13
52	2	M20	Steve Berger, 23, Cedar Rapids, IA	30:58	6:14
53	7	M40	Dale Rettenmeier, 43, Marion, IA	31:05	6:15
54	10	M16	Todd Bulicek, 17, Cedar Rapids, IA	31:14	6:17
55	1	M50	Jim Shimek, 54, Fairfax, IA	31:18	6:18
56	8	M40	Robert Hartemeyer, 41, Hiawatha, IA	31:19	6:18
57	11	M16	Dave Gott, 16, Cedar Rapids, IA	31:29	6:20
58	12	M16	Andy Hodge, 16, Marion, IA	31:33	6:21
59	2	M50	Ken Konicek, 50, Pinedale, WY	31:36	6:21
60	7	M30	Kevin Bowden, 34, Cedar Rapids, IA	31:39	6:22
61	8	M30	John Parker, 34, Bettendorf, IA	31:41	6:22
62	7	M45	Tom Carroll, 45, Iowa City, IA	31:45	6:23
63	9	M30	Brian Long, 33, Cedar Rapids, IA	31:45	6:23
64	3	M50	Phil Olson, 50, Iowa City, IA	31:46	6:23
65	4	M50	Nick Scott, 50, Marion, IA	31:48	6:24
66	8	M35	Paul Adam, 37, Iowa City, IA	31:49	6:24
67	13	M16	Joseph Holub, 17, Hiawatha, IA	31:52	6:25
68	9	M35	John Ruth, 35, Clarendon Hills, IL	31:54	6:25
69	6	M25	Chris Healy, 26, Marion, IA	31:54	6:25
11	1	W20	Stacy Ernst, 22*, Cedar Rapids, IA	32:05	6:27
70	10	M35	Paul Rice, 37, Iowa City, IA	32:10	6:28
12	1	W16	Karen Johnson, 19*, West Branch, IA	32:12	6:29
71	8	M45	Jim Docherty, 46, St. Paul, MN	32:12	6:29
72	14	M16	Matthew Craig, 16, Cedar Rapids, IA	32:25	6:31
73	9	M45	Bill Kettelkamp, 45, Marion, IA	32:31	6:32
74	9	M40	Timothy Squiers, 40, Belle Plaine, IA	32:33	6:33
75	5	M50	Tom Vanberkum, 50, Marion, IA	32:35	6:33
76	6	M50	Tim Murphy, 50, Iowa City, IA	32:38	6:34
77	7	M25	Steve Beary, 27, Cedar Rapids, IA	32:45	6:35
78	8	M25	Andrew Lary, 29, Coralville, IA	32:45	6:35
13	1	W25	Sarah Miller, 26*, Indianapolis, IN	32:46	6:35
79	10	M45	Dave Martin, 47, Cedar Rapids, IA	32:48	6:36
80	9	M25	Nick Quanrud, 27	32:50	6:36
81	10	M40	Don Lansing, 41, Marion, IA	32:52	6:37
82	11	M40	Ron Bowman, 41, Cedar Rapids, IA	32:56	6:37
14	1	W40	Karen Martin, 40*, Lisbon, IA	33:00	6:38
83	15	M16	Greg Blythe, 16, Cedar Rapids, IA	33:00	6:38
84	16	M16	Joel Watters, 17, Cedar Rapids, IA	33:02	6:39
85	3	M20	Thomas Fawcett, 20, West Branch, IA	33:10	6:40

15	2	W20	Cassie Keppel, 24*, Iowa City, IA	33:20	6:42
86	10	M30	Kevin Short, 33, Rochester,MN	33:22	6:43
87	11	M30	Robert Murphy, 34, Center Point, IA	33:24	6:43
88	10	M25	Randy Lamm, 27, Solon, IA	33:28	6:44
89	11	M35	George Sehl, 37, Iowa City, IA	33:28	6:44
90	2	JrM	Todd Hopkins, 15, Cedar Rapids, IA	33:28	6:44
91	3	JrM	Michael Lutz, 15, Iowa City, IA	33:37	6:46
16	1	W50	Claudia Scott, 51*, Marion, IA	33:51	6:48
92	17	M16	Mark Schuerman, 16, Marion, IA	33:55	6:49
93	12	M40	Mike Schneekloth, 42, Cedar Rapids,IA	33:57	6:50
94	12	M30	Aaron Berg, 33, Cedar Rapids, IA	33:57	6:50
95	7	M50	Joe Blunk, 50, Ames,IA	33:59	6:50
96	18	M16	Kyle Flefner, 18, Lisbon, IA	34:00	6:50
17	2	W16	Brenda Funke, 17*, Hiawatha, IA	34:02	6:51
97	13	M40	Bret Nilles, 44, Cedar Rapids,IA	34:05	6:51
98	12	M35	Mike Horak, 39, Cedar Rapids,IA	34:07	6:52
99	14	M40	Calvin Wolter, 42, Van Horne,IA	34:08	6:52
100	4	JrM	John Dwyer, 15, Iowa City, IA	34:12	6:53
101	11	M25	Jonathan Swenson, 26, Palo,IA	34:14	6:53
18	1	W35	Becky Washler, 36*, Cedar Rapids, IA	34:18	6:54
19	2	W35	Suzanne Carr, 39*, Marion, IA	34:20	6:54
102	5	JrM	Steven Hall, 15, Galesburg,IL	34:20	6:54
103	4	M20	David Earleywine, 23, Twentynine Palms,CA	34:21	6:55
104	11	M45	Gary O'Brien, 47, Cedar Rapids, IA	34:25	6:55
105	12	M45	Steve Tucker, 47, Hiawatha, IA	34:28	6:56
106	13	M35	Tim Cortez, 36, Cedar Rapids, IA	34:29	6:56
107	13	M45	Tom Mittman, 49, Iowa City, IA	34:31	6:57
108	15	M40	Terry Lynch, 44, Marion, IA	34:31	6:57
109	13	M30	Matt Maloney, 30, Cedar Rapids, IA	34:32	6:57
20	1	JrW	Meredith Bell, 13*, Cedar Rapids,IA	34:32	6:57
110	8	M50	Dale Hanna, 53, Cedar Rapids, IA	34:34	6:57
21	3	W35	Deb Gaddis, 35*, Solon, IA	34:35	6:57
22	1	W30	Jennifer Moore, 34*, North Liberty,IA	34:39	6:58
111	16	M40	Dan Filip, 43, Cedar Rapids, IA	34:44	6:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
23	4	W35	Sandy Sabelka, 35*, Denver,IA	34:47	7:00
112	14	M30	Matt Wolf, 31, Cedar Rapids, IA	34:50	7:00
113	1	M55	Don Utsinger, 55, Vinton, IA	34:56	7:02
114	5	M20	Tim Strandberg, 21, Cedar Rapids, IA	34:57	7:02
115	19	M16	Matt Larew, 16, Iowa City, IA	35:00	7:02
24	3	W20	Erica Lewis, 24*, Cedar Rapids, IA	35:02	7:03
116	1	M60	Al Siemerling, 63, Cedar Rapids, IA	35:03	7:03
117	6	M20	Daniel Kruckenberg, 20, Vinton, IA	35:06	7:04
118	12	M25	Tom Ogston, 26, La Porte City,IA	35:06	7:04
119	20	M16	Martin Nord, 19, Cedar Rapids, IA	35:08	7:04
25	2	W25	Carrie Ridenovr, 28*, Cedar Rapids, IA	35:09	7:04
120	6	JrM	Matt Kiley, 13, Cedar Rapids,IA	35:10	7:04
121	17	M40	Colin Flynn, 44, Marion, IA	35:12	7:05
122	18	M40	Randy Brecht, 41, Middle Amana, IA	35:13	7:05
123	9	M50	David Coaters, 54, Cedar Rapids, IA	35:13	7:05
124	15	M30	John Woody, 32, Cedar Rapids, IA	35:19	7:06
125	21	M16	Nick Lanz, 18, Cedar Rapids, IA	35:21	7:07
126	10	M50	Bob Strickland, 51, Cedar Rapids,IA	35:24	7:07
127	7	M20	Matt Townsley, 20, Walford, IA	35:27	7:08
128	14	M45	Jon Hajek, 48, Marion, IA	35:27	7:08
129	22	M16	Thomas Herring, 18, Cedar Rapids,IA	35:27	7:08
26	5	W35	Karen Hutchcroft, 39*, Fairfax, IA	35:29	7:08
130	15	M45	John Roof, 45, Cedar Rapids,IA	35:31	7:09
131	19	M40	Brian Simmons, 43, Fairfield, IA	35:33	7:09
132	11	M50	Gene Brandt, 51, Fairbank,IA	35:34	7:09
133	16	M45	Jay Wiebold, 45, Cedar Rapids, IA	35:37	7:10
27	3	W16	Elizabeth Wiebold, 17*, Cedar Rapids, IA	35:38	7:10

28	3	W25 Kim Blankenship, 26*, Cedar Rapids, IA	35:39	7:10
134	16	M30 Bryan Heiderscheit, 31, Des Moines, IA	35:41	7:11
135	17	M30 Jeff Allen, 31, Coralville, IA	35:43	7:11
136	17	M45 Guy Olson, 45, Cedar Rapids, IA	35:47	7:12
29	6	W35 Becky Anderson, 36*, Atkins, IA	35:47	7:12
137	23	M16 Aaron Lehman, 16, Cedar Rapids, IA	35:55	7:13
138	13	M25 Daniel Poock, 25, Cedar Rapids, IA	35:55	7:14
30	4	W20 Amanda M Humphries, 21*, Iowa City, IA	36:00	7:14
139	18	M45 Joseph Leone, 46, Cedar Rapids, IA	36:00	7:14
140	12	M50 Mark Robertson, 50, Anamosa, IA	36:00	7:15
141	8	M20 Brad Goldsmith, 23, Cedar Rapids, IA	36:01	7:15
31	1	W45 Nancy Willert, 45*, Nevada, IA	36:02	7:15
142	2	M55 Ken Benson, 56, Cedar Rapids, IA	36:03	7:15
143	14	M35 Jonn Strausser, 38, Cedar Rapids, IA	36:10	7:17
144	24	M16 Dustin Mallie, 19, Lisbon, IA	36:11	7:17
145	14	M25 Andrew Hauskins, 27, Hiawatha, IA	36:12	7:17
146	20	M40 Greg Reynolds, 41, Cedar Rapids, IA	36:12	7:17
147	13	M50 William Bails, 53, Stanwood, IA	36:15	7:18
148	21	M40 Joe Loboda, 42, Cedar Rapids, IA	36:16	7:18
149	15	M35 Chris Krug, 37, Iowa City, IA	36:20	7:19
32	7	W35 Lynne Devore, 39*, Cedar Rapids, IA	36:21	7:19
150	14	M50 Steve Washler, 50, Cedar Rapids, IA	36:22	7:19
151	25	M16 Josh Dobbs, 16, Fairfax, IA	36:23	7:19
152	9	M20 Ryan Conway, 21, Cedar Rapids, IA	36:23	7:19
153	22	M40 Douglas Campbell, 42, Cedar Rapids, IA	36:26	7:20
33	5	W20 Sarah Klein, 24*, Iowa City, IA	36:27	7:20
154	26	M16 Pete Messerli, 18, Marion, IA	36:27	7:20
155	10	M20 David Moyes, 24, Coralville, IA	36:28	7:20
156	19	M45 William Brunnler, 46, Cedar Rapids, IA	36:28	7:20
157	18	M30 Jeff Hilleman, 33, Cedar Rapids, IA	36:33	7:21
34	4	W16 Anne Siebels, 17*, Marion, IA	36:33	7:21
35	2	W40 Jane McGee, 40*, Hiawatha, IA	36:36	7:22
158	19	M30 Brian Grady, 33, Lacey, WA	36:43	7:23
159	20	M30 Sean Moore, 31, Mt. Vernon, IA	36:50	7:25
160	16	M35 Dennis Fagan, 38, Cedar Rapids, IA	36:51	7:25
161	20	M45 Gary Stangland, 45, Cedar Rapids, IA	36:54	7:25
162	15	M50 Ron Nelson, 52, Cedar Rapids, IA	36:56	7:26
163	21	M30 David Zangerle, 33, Marion, IA	36:57	7:26
164	23	M40 Allan Mallie, 42, Mt. Vernon, IA	37:01	7:27
165	24	M40 Jeff Madsen, 40, Cedar Rapids, IA	37:02	7:27
166	17	M35 Pat McAllister, 39, Cedar Rapids, IA	37:03	7:27
167	7	JrM Weston Marling, 13, Cedar Rapids, IA	37:03	7:27
36	6	W20 Abby Sweet, 20*, Cedar Rapids, IA	37:04	7:27
168	21	M45 Charlie Funk, 48, Iowa City, IA	37:04	7:27
37	2	JrW Erin Penticoff, 15*, Cedar Rapids, IA	37:05	7:28
169	18	M35 Brad Mihm, 37, Norway Iowa	37:05	7:28
170	19	M35 Robert Rodriguez, 38, Cedar Rapids, IA	37:13	7:29
38	3	W40 Suzanne Trainor, 43*, Freeport, IL	37:14	7:29
171	22	M45 Jon Cushing, 47, Cedar Rapids, IA	37:17	7:30
39	2	W30 Mary Sheeley, 32*, Cedar Rapids, IA	37:18	7:30
172	23	M45 Robin Roberts, 45, Cedar Rapids, IA	37:18	7:30
40	4	W40 Mary Keane, 42*, Cedar Rapids, IA	37:18	7:30
173	25	M40 Brian Donnelly, 41, Cedar Rapids, IA	37:19	7:30
41	5	W40 Peggy Garrett, 41*, Marion, IA	37:19	7:30
174	2	M60 Richard Dobson, 60, Iowa City, IA	37:20	7:31
175	27	M16 Luke Glasoe, 17, Cedar Rapids, IA	37:20	7:31
176	26	M40 Matthew Carrico, 44, Mt. Vernon, IA	37:23	7:31
177	27	M40 Kevin Steele, 40, Lisbon, IA	37:25	7:32
42	3	W30 Leslie Page, 30*	37:26	7:32
178	15	M25 Nicholas Keppel, 26, Iowa City, IA	37:27	7:32
179	16	M25 Erik Booth, 27, Cedar Rapids, IA	37:27	7:32
180	20	M35 Dave Klostermann, 37, Lisbon, IA	37:28	7:32

43	4	W25	Cara Snyder, 26*, San Francisco, CA	37:28	7:32
181	21	M35	Patrick Sullivan, 37, Cedar Rapids, IA	37:30	7:33
182	11	M20	Jason Gruber, 22, Marion, IA	37:30	7:33
183	1	M65	Tom Novak, 69, Cedar Rapids, IA	37:31	7:33
184	22	M35	John Peters, 37, Tiffin, IA	37:32	7:33
185	28	M40	Tom Bark, 44, Marion, IA	37:35	7:34
186	29	M40	Steven Kene, 42, Cedar Rapids, IA	37:35	7:34
187	16	M50	Larry Cohn, 51, Springville, IA	37:39	7:34
188	22	M30	Greg Couser, 33, North Liberty, IA	37:39	7:35
189	24	M45	James Sines, 45, Cedar Rapids, IA	37:40	7:35
44	5	W25	Kirsten Booth, 27*, Cedar Rapids, IA	37:41	7:35
45	5	W16	Kira Anderson, 17*, Cedar Falls, IA	37:42	7:35
46	8	W35	Holly Deeds, 35*, Cedar Rapids, IA	37:44	7:35
47	6	W16	Sarah Schmall, 16*, Robins, IA	37:45	7:36
190	28	M16	John Meyer, 17, Cedar Rapids, IA	37:47	7:36
191	12	M20	Jacob Herring, 20, Cedar Rapids, IA	37:47	7:36
192	29	M16	Greg Applenbee, 17, Mt. Vernon, IA	37:47	7:36
193	17	M50	Warren Feerer, 52, Seattle, WA	37:51	7:37
194	23	M35	Dave Riley, 38, Iowa City, IA	37:52	7:37
195	30	M40	Bill Schwarz, 40, Iowa City, IA	37:52	7:37
48	3	JrW	Devin Parker, 15*, Cedar Rapids, IA	37:53	7:37
196	31	M40	Tom Cahalan, 44, Cedar Rapids, IA	37:53	7:37
197	32	M40	Brian Wiebke, 42, Marion, IA	37:54	7:38
198	24	M35	Thomas Wolle, 36, Cedar Rapids, IA	37:59	7:39
49			Gwen Prentice*, Solon, IA	38:02	7:39
199	33	M40	Matt Brandt, 41, Cedar Rapids, IA	38:03	7:39
200	23	M30	Ted Welter, 33, Iowa City, IA	38:06	7:40
201	18	M50	Kent Mattison, 50, Cedar Rapids, IA	38:07	7:40
50	9	W35	Donna Herring, 39*, Lisbon, IA	38:09	7:40
202	30	M16	Royce Mahoney, 17, Marion, IA	38:10	7:41
203	17	M25	Matt Hughes, 28, Cedar Rapids, IA	38:12	7:41
204	3	M55	Rod Raabe, 56, Swisher, IA	38:18	7:42
205	25	M45	James Craig, 45, Cedar Rapids, IA	38:24	7:43
51	4	JrW	Jessica Levin, 15*, Cedar Rapids, IA	38:24	7:44
206	8	JrM	Erik Klinsky, 13, Cedar Rapids, IA	38:25	7:44
207	26	M45	Mark Bakkum, 47, Cedar Rapids, IA	38:25	7:44
208	34	M40	Joe Penticoff, 41, Cedar Rapids, IA	38:26	7:44
209	25	M35	Tim Wittman, 37, Cedar Rapids, IA	38:27	7:44
52	10	W35	Julie Wittman, 39*, Cedar Rapids, IA	38:27	7:44
53	6	W40	Debbie Carrico, 43*, Mt Vernon, IA	38:29	7:44
210	26	M35	Justin Nostrala, 38, Indianola, IA	38:30	7:45
211	27	M45	Brian Bachmann, 45, Iowa City, IA	38:31	7:45
212	13	M20	Joshua Ginn, 20, Cedar Rapids, IA	38:31	7:45
213	24	M30	Matt Miller, 34, Cedar Rapids, IA	38:34	7:46
54	7	W40	Deanna Holbrook, 42*, Des Moines, IA	38:36	7:46
214	28	M45	Carlan Miller, 46, Iowa City, IA	38:38	7:46
215	29	M45	Craig Schulte, 49, Cedar Rapids, IA	38:39	7:47
216	4	M55	David Kutter, 59, Cedar Rapids, IA	38:39	7:47
217	9	JrM	Ryan Clark, 15, Cedar Rapids, IA	38:42	7:47
218	27	M35	Bart Woods, 39, Cedar Rapids, IA	38:44	7:48
219	35	M40	Keith Kenel, 41, Cedar Rapids, IA	38:45	7:48
220	30	M45	Tom Wieseler, 49, Mt. Vernon, IA	38:46	7:48
55	7	W20	Dawn Miller, 24*, Marion, IA	38:50	7:49
221	36	M40	Bob Hanson, 44, Cedar Rapids, IA	38:51	7:49
222	5	M55	Ernie Driscoll, 56, Cascade, IA	38:54	7:49
56	6	W25	Anne Fleming, 27*, Cedar Rapids, IA	38:54	7:50
223	31	M45	Charlie Becker, 47, Monticello, IA	38:55	7:50
57	7	W25	Anna Frey, 26*, Marion, IA	38:55	7:50
58	2	W45	Lynn Dennis, 47*, Cedar Rapids, IA	38:56	7:50
224	37	M40	Eugenio V. Rios, 43, Marion, IA	39:01	7:51
59	8	W20	Olivia Mills, 21*, Iowa City, IA	39:02	7:51
60	11	W35	Alicia Borman, 36*, Eagan, MN	39:04	7:51

225	38	M40	Ken Kleinheinz, 40, Cedar Rapids, IA	39:06	7:52
61	3	W45	Martha Lutz, 45*, Iowa City, IA	39:06	7:52
226	28	M35	Jim Kiwala, 39, West Liberty, IA	39:10	7:53
227	19	M50	Bruce Bachmann, 52, Cedar Rapids, IA	39:10	7:53
62	12	W35	Becky Zange, 35*, Marion, IA	39:12	7:53
228	32	M45	William Johnson, 46, Iowa City, IA	39:12	7:53
229	25	M30	Brett Proskovec, 33, Cedar Rapids, IA	39:17	7:54
230	39	M40	Frank Ditri, 40, Cedar Rapids, IA	39:18	7:54
231	26	M30	Steve Karbacka, 30, Iowa City, IA	39:19	7:55
232	33	M45	Randy King, 49, Marion, IA	39:20	7:55
63	9	W20	Beth Wadsworth, 23*, Cedar Rapids, IA	39:20	7:55
233	27	M30	Christopher Roberts, 32, Iowa City, IA	39:21	7:55
234	14	M20	Brandon Carr, 20, Cedar Rapids, IA	39:22	7:55
235	34	M45	Daniel Gee, 45, Cedar Rapids, IA	39:24	7:55
64	10	W20	Marie Zach, 21*, Cedar Rapids, IA	39:24	7:56
236	15	M20	Chris Fry, 23, Cedar Rapids, IA	39:24	7:56
65	11	W20	Molly Sanderson, 20*, Walford, IA	39:28	7:56
66	8	W40	Peggy Beastrom, 41*, Cedar Rapids, IA	39:29	7:57
67	4	W30	Loretta Mitvalsky, 33*, Cedar Rapids, IA	39:30	7:57
237	16	M20	Massell Nathan, 21, Cedar Rapids, IA	39:31	7:57
68	13	W35	Sara Todd , 39*, Cedar Rapids, IA	39:31	7:57
238	20	M50	Patrick Courtney, 52, Cedar Rapids, IA	39:32	7:57
239	40	M40	Greg Hayes, 44, Urbandale, IA	39:34	7:58
240	29	M35	Buikema, 37, Anamosa, IA	39:34	7:58
241	41	M40	Larry Atwater, 41, Cedar Rapids, IA	39:35	7:58
242	42	M40	Kevin Costigan, 42, Cedar Rapids, IA	39:36	7:58
243	43	M40	Scott Ransom, 43, Cedar Rapids, IA	39:37	7:58
244	30	M35	James Vanpietersom, 39, Cedar Rapids, IA	39:38	7:58
245	35	M45	Linley Woelk, 46, Marion, IA	39:39	7:59
246	31	M35	Jeffrey Murra, 36, Ames, IA	39:40	7:59
247	44	M40	Daniel Mallonee, 41, Cedar Rapids, IA	39:40	7:59
248	36	M45	Randy Davison, 48, Cedar Rapids, IA	39:42	7:59
69	8	W25	Gretchen Thorson, 28*, Pella, IA	39:43	7:59
249	21	M50	Jerry Mays, 54, Marion, IA	39:43	7:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
250	6	M55	Gary Boddicker, 55, Norway, IA	39:44	8:00
70	9	W40	Judith Kacena, 41*, Cedar Rapids, IA	39:45	8:00
251	37	M45	Charles Berns, 47, Coralville, IA	39:46	8:00
71	7	W16	Jenna Stangland, 16*, Cedar Rapids, IA	39:47	8:00
252	45	M40	Owen McCarron, 43, Cedar Rapids, IA	39:47	8:00
72	10	W40	Laurie Comstock, 43*, Iowa City, IA	39:48	8:00
73	5	W30	Diana Croghan, 33*, Center Point, IA	39:50	8:01
253	28	M30	Brad Loney, 34, Cedar Rapids, IA	39:52	8:01
74	4	W45	Lois Kabela-Coates, 45*, Cedar Rapids, IA	39:57	8:02
254	31	M16	Jason R Berry, 19, Cedar Rapids, IA	39:59	8:03
255	18	M25	Matt Van Waning, 26, Coralville, IA	39:59	8:03
256	32	M35	David Vieth, 36, Marion, IA	40:00	8:03
75	12	W20	Christine Cherrier, 23*, Ames, IA	40:00	8:03
257	19	M25	Sean Rick, 29, Marion, IA	40:01	8:03
258	32	M16	Andrew Moen, 16, Marion, IA	40:02	8:03
259	7	M55	Dean Wieditz, 59, Vinton, IA	40:04	8:04
260	46	M40	Steve Gravelle, 44, Cedar Rapids, IA	40:04	8:04
261	33	M35	Joseoh Nauman, 38, Coggon, IA	40:05	8:04
262	34	M35	Chuck Trimus, 36, Cedar Rapids, IA	40:06	8:04
263	35	M35	David Puk, 38, Cedar Rapids, IA	40:07	8:04
264	36	M35	Brad Stovie, 36, Cedar Rapids, IA	40:08	8:04
265	38	M45	Greg Jobe, 48, Marion, IA	40:08	8:04
266	39	M45	Neal Scharmer, 45, Cedar Rapids, IA	40:08	8:05
76	6	W30	Raquel Chipokas, 32*, Cedar Rapids, IA	40:10	8:05
267	33	M16	Dale Linderwell, 16, Manchester, IA	40:10	8:05
268	34	M16	Michael Freeman, 19, Cedar Rapids, IA	40:11	8:05
269	17	M20	Andrew Monroe, 23, Cedar Rapids, IA	40:13	8:05

270	35	M16	Dylan Oflaherty, 16, Swisher, IA	40:14	8:06
271	3	M60	Bill Standal, 60, Battle Ground, WA	40:15	8:06
272	40	M45	Michael Ransom, 45, Marion, IA	40:16	8:06
273	47	M40	Richard Lorimer, 42, Cedar Rapids, IA	40:16	8:06
274	8	M55	Brian Watters, 57, Cedar Rapids, IA	40:21	8:07
275	37	M35	Doug Ropp, 39, Cedar Rapids, IA	40:22	8:07
276	9	M55	Jack Pilling, 58, Cedar Rapids, IA	40:27	8:08
77	14	W35	Sue Brooks, 37*, Cedar Rapids, IA	40:27	8:08
277	41	M45	Michael Beyah, 47, Cedar Rapids, IA	40:28	8:08
78	8	W16	Liz Berger, 19*, Cedar Rapids, IA	40:28	8:08
278	18	M20	Rick Mehmen, 23, Marion, IA	40:29	8:09
79	7	W30	Debbie Lenth, 34*, Marion, IA	40:29	8:09
279	48	M40	Dale Todd, 44, Cedar Rapids, IA	40:30	8:09
80	8	W30	Christie Butterwick, 34*, Marion, IA	40:35	8:10
280	10	JrM	Zach Bark, 12, Marion, IA	40:35	8:10
281	38	M35	Mike Pulkrab, 38, Cedar Rapids, IA	40:37	8:10
282	20	M25	Jon Menzner, 27, Cedar Rapids, IA	40:37	8:10
81	11	W40	Tracy Odell, 43*, Cedar Rapids, IA	40:40	8:11
283	22	M50	Craig Foss, 52, Fairfield, IA	40:43	8:11
284	29	M30	Aaron Noll, 32, Bridgman, MI	40:45	8:12
285	30	M30	Davin Miller, 30, Blainstown, IA	40:46	8:12
82	9	W30	Tina Brooker, 33*, Cedar Rapids, IA	40:47	8:12
286	39	M35	Edward Meissner, 39, Cedar Rapids, IA	40:48	8:12
287	31	M30	John Leslein, 30, Hiawatha, IA	40:50	8:13
288	21	M25	Judson Snyder, 28, San Francisco, CA	40:51	8:13
289	40	M35	Darren Heater, 36, Marion, IA	40:52	8:13
83	15	W35	Carmen Wharton, 37*, Cedar Rapids, IA	40:53	8:14
84	16	W35	Kallie Meyer, 38*, Cedar Rapids, IA	40:55	8:14
85	5	JrW	Samantha Hartkemeyer, 13*, Hiawatha, IA	40:57	8:14
290	49	M40	Mark Seidl, 43, Cedar Rapids, IA	41:01	8:15
291	19	M20	Ben Humiston, 22, Marion, IA	41:03	8:15
292	10	M55	Cal Jenkins, 58, Cedar Rapids, IA	41:05	8:16
293	32	M30	David Zylstra, 30, Cedar Rapids, IA	41:06	8:16
294	42	M45	Douglas Sedlacek, 48, Cedar Rapids, IA	41:06	8:16
86	17	W35	Denise Liss, 39*, Cedar Rapids, IA	41:06	8:16
295	11	M55	Steve Thomas, 55, Cedar Rapids, IA	41:06	8:16
296	50	M40	Stephen McCoy, 43, Cedar Rapids, IA	41:07	8:16
297	43	M45	Joe Houtz, 48, Cedar Rapids, IA	41:08	8:16
298	41	M35	George Suhm, 35, Bend, IN	41:10	8:17
299	44	M45	David Loesack, 49, Mt. Vernon, IA	41:10	8:17
87	18	W35	Karen Knight, 38*, Hiawatha, IA	41:11	8:17
300	51	M40	Mark Elias, 44, Cedar Rapids, IA	41:12	8:17
301	45	M45	Wesley Brackey, 47, Cedar Rapids, IA	41:14	8:18
302	46	M45	Kevin Kiley, 48, Cedar Rapids, IA	41:15	8:18
88	19	W35	Diane Fagan-Ropp, 35*, Cedar Rapids, IA	41:15	8:18
303	22	M25	William Good, 25, Ames, IA	41:15	8:18
89	20	W35	Rita Taylor, 35*, Cedar Rapids, IA	41:16	8:18
304	47	M45	Jerry Tiedt, 46, Cedar Rapids, IA	41:20	8:19
90	12	W40	Trudy Claassen, 41*, Cedar Rapids, IA	41:21	8:19
305	42	M35	Tapp Thomas, 38, Iowa City, IA	41:22	8:19
306	52	M40	Russ Rabik, 41, Cedar Rapids, IA	41:24	8:20
91	2	W50	Sally Stephenson, 53*, Marion, IA	41:27	8:20
307	36	M16	Kyle Mallie, 17, Lisbon, IA	41:28	8:20
308	43	M35	Damian Bricko, 39, Cedar Rapids, IA	41:28	8:21
92	3	W50	Mary Campbell, 54*, Cedar Rapids, IA	41:29	8:21
309	23	M50	Steve Lanich, 51, Marion, IA	41:29	8:21
310	44	M35	Timothy Teslik, 35, Cedar Rapids, IA	41:37	8:22
311	45	M35	John Hebrink, 35, Cedar Rapids, IA	41:38	8:23
93	10	W30	Ellen Franklin, 32*, Cedar Rapids, IA	41:39	8:23
94	9	W25	Tonya Meehan, 29*, Iowa City, IA	41:39	8:23
312	23	M25	Jason Olmstead, 29, Cedar Rapids, IA	41:41	8:23
313	46	M35	John Walton, 39, Cedar Rapids, IA	41:42	8:23

314	47	M35	Garry Creed, 35, Center Point, IA	41:43	8:24
315	48	M45	Ward Glasoe, 45, Cedar Rapids, IA	41:44	8:24
	95	10	W25 Molly Newhouse, 28*, Cedar Rapids, IA	41:44	8:24
316	24	M50	Barry Sweet, 52, Cedar Rapids, IA	41:45	8:24
317	48	M35	Bob Read, 37, Marion, IA	41:46	8:24
318	49	M35	Mark Chipokas, 38, Cedar Rapids, IA	41:47	8:24
319	53	M40	Dave Beastro, 42, Cedar Rapids, IA	41:48	8:25
320	20	M20	Nathan Bontrager, 23, Cedar Rapids, IA	41:48	8:25
321	25	M50	Roy Gaddis, 53, Solon, IA	41:49	8:25
322	33	M30	Kevin Burt, 31, Cedar Rapids, IA	41:51	8:25
323	49	M45	James Flitz, 46, Coralville, IA	41:51	8:25
324	50	M45	Mike Brown, 45, Cedar Rapids, IA	41:52	8:25
325	37	M16	Alex Hajek, 16, Marion, IA	41:52	8:25
	96	4	W50 Sue Stannard, 52*, Cedar Rapids, IA	41:52	8:25
326	54	M40	Patrick Marshall, 43, Cedar Rapids, IA	41:59	8:27
	97	5	W45 Jayne Myhre, 48*, Plano, TX	42:00	8:27
327	55	M40	Micheal Walenta, 41, Omaha, NE	42:03	8:27
	98	21	W35 Jill Jones, 38*, Cedar Rapids, IA	42:04	8:28
328	26	M50	John Watson Jr, 54, Robins, IA	42:06	8:28
329	34	M30	Craig Medberry, 32, Marion, IA	42:07	8:28
330	56	M40	Rodney Jasa, 42, Hiawatha, IA	42:07	8:28
	99	11	W30 Sharon Rickels, 32*, Cedar Rapids, IA	42:09	8:29
331	35	M30	Kevin Kruse, 34, Iowa City, IA	42:09	8:29
332	50	M35	Michael Schueller, 39, Cedar Rapids, IA	42:10	8:29
333	51	M35	Brett Henderson, 35, Cedar Rapids, IA	42:11	8:29
334	36	M30	Rick Lamparek, 33, Marengo, Ia	42:22	8:31
335	12	M55	Tim Grady, 59, Marion, IA	42:23	8:32
100	6	W45	Laurie Stunz, 46*, Iowa City, IA	42:27	8:32
101	7	W45	Trish Prokop, 48*, Cedar Rapids, IA	42:29	8:33
336	27	M50	Ryan Martin, 51, Waterloo, IA	42:31	8:33
337	57	M40	Mike Fagan, 43, Glen Ellyn, IL	42:32	8:33
102	13	W40	Patricia Kenel, 41*, Cedar Rapids, IA	42:32	8:33
338	21	M20	Tim Barcz, 22, Marion, IA	42:35	8:34
103	1	W55	Carolyn Wadsworth, 55*, Cedar Rapids, IA	42:35	8:34
339	11	JrM	Peter Brandt, 15, Cedar Rapids, IA	42:36	8:34
340	24	M25	Nicholas L Scott, 25, Cedar Rapids, IA	42:38	8:35
341	37	M30	Rob Kasper, 30, Swisher, IA	42:38	8:35
104	11	W25	Megan Greene, 26*, Marion, IA	42:41	8:35
342	52	M35	Randy Scheel, 37, Cedar Rapids, IA	42:41	8:35
343	25	M25	Brandon Blankenship, 27, Cedar Rapids, IA	42:43	8:36
344	58	M40	Leon Mehring, 42, Cedar Rapids, IA	42:44	8:36
345	51	M45	Jerry Vander Sanden, 45, Cedar Rapids, IA	42:45	8:36
346	53	M35	Mike Wallerstedt, 38, Cedar Rapids, IA	42:46	8:36
347	59	M40	Michael Peiffer, 43, Cedar Rapids, IA	42:48	8:37
348	54	M35	Aj Mahler, 37, Iowa City, IA	42:49	8:37
105	8	W45	Darla Lowe, 45*, Cedar Rapids, IA	42:50	8:37
349	28	M50	Bob Christenson, 54, Fairfax, IA	42:50	8:37
350	13	M55	Tom Fogle, 56, Cedar Rapids, IA	42:52	8:37
106	22	W35	Shannon Walenta, 35*, Omaha, NE	42:52	8:37
351	38	M30	Mark Gillick, 34, Cedar Rapids, IA	42:55	8:38
352	12	JrM	Josh Bark, 15, Marion, IA	42:55	8:38
353	55	M35	Dom Giegerich, 37, Earlham, IA	42:55	8:38
354	29	M50	James Barcz, 51, Marion, IA	42:56	8:38
355	39	M30	Kevin McDonald, 34, Marion, IA	42:57	8:38
356	26	M25	Aeron Borich, 27, Springfield, MO	42:57	8:38
357	60	M40	Lenny Mais, 43, Coggon, IA	42:59	8:39
107	14	W40	Lisa McKirgan, 43*, Cedar Rapids, IA	42:59	8:39
108	9	W45	Pamela Wood, 47*, Janesville, Ia	43:00	8:39
109	10	W45	Jan Stangland, 45*, Cedar Rapids, IA	43:00	8:39
358	14	M55	Bob Rush, 57, Cedar Rapids, IA	43:00	8:39
359	40	M30	Jeff Mentzer, 33, Asbury, IA	43:01	8:39
360	56	M35	Robert Reilly, 35, Coggon, IA	43:02	8:39

361	15	M55	Rolland Poust, 58, Iowa City, IA	43:04	8:40
110	15	W40	Jacki Knapp, 43*, Cedar Rapids, IA	43:08	8:41
362	4	M60	Walt Beary, 61, Cedar Rapids, IA	43:12	8:41
111	12	W30	Tami Smith, 34*, Marion, IA	43:12	8:41
363	52	M45	Bill Hosch, 47, Cascade, IA	43:12	8:41
112	16	W40	Jane Nauman, 43*, Cascade, IA	43:13	8:42
113	23	W35	Laurie Slater, 39*, Cedar Rapids, IA	43:14	8:42
364	41	M30	Bret Luense, 30, Cedar Rapids, IA	43:14	8:42
365	42	M30	Marty Devore, 33, Cedar Rapids, IA	43:15	8:42
114	11	W45	Sharon Hollinrake, 45*, Marion, IA	43:18	8:43
366	30	M50	Bob Saunders, 54, Iowa City, IA	43:19	8:43
367	5	M60	Jack Voss, 61, Stanwood, IA	43:20	8:43
368	31	M50	Martin Wiesenfeld, 54, Cedar Rapids, IA	43:20	8:43
369	27	M25	Kevin Platz, 29, Cedar Rapids, IA	43:21	8:43
115	12	W25	Marta Miller, 27*, Blainstown, IA	43:21	8:43
116	17	W40	Teresa Brobeck, 42*, Coralville, IA	43:21	8:43
117	13	W25	Lisa Vanderlind, 29*, Marion, IA	43:22	8:43
118	18	W40	Sarah Brown, 41*, Cedar Rapids, IA	43:28	8:45
370	28	M25	Curt Miller, 28, Iowa City, IA	43:28	8:45
371	53	M45	John Weglarz, 46, Cedar Rapids, IA	43:29	8:45
119	14	W25	Jennifer Cira, 26*, Hiawatha, IA	43:30	8:45
372	57	M35	Pete Alepra, 38, Cedar Rapids, IA	43:30	8:45
120	13	W20	Lisa Whelchel, 21*, Blainstown, IA	43:30	8:45
121	15	W25	Sherrie Mauren, 26*, Cedar Rapids, IA	43:32	8:45
122	9	W16	Kate Baumert, 18*, Marion, IA	43:33	8:46
373	61	M40	Alan Erger, 41, Cedar Rapids, IA	43:33	8:46
374	62	M40	Harold Hartke, 43, Cedar Rapids, IA	43:34	8:46
123	19	W40	Yvonne Aldershof, 43*, Marion, IA	43:34	8:46
375	63	M40	Jerry Grahs, 41, North Liberty, IA	43:35	8:46
124	24	W35	Joan C Colston, 37*, Cedar Rapids, IA	43:36	8:46
125	14	W20	Danielle Wangsness, 22*, Hiawatha, IA	43:42	8:48
376	16	M55	Richard Fuller, 55, Cedar Rapids, IA	43:45	8:48
377	43	M30	Chris Dewolf, 30, Cedar Rapids, IA	43:45	8:48
378	64	M40	Jerry Stack, 43, Cedar Rapids, IA	43:47	8:48
126	16	W25	Andrea Barcz, 27*, Cedar Rapids, IA	43:49	8:49
379	54	M45	Jeff Glantz, 47, Cedar Rapids, IA	43:50	8:49
127	5	W50	Kristen Kaylor, 51*, Iowa City, IA	43:51	8:49
128	13	W30	Raelynn Lamparek, 31*, Swisher, IA	43:52	8:49
380	32	M50	George Karr, 52, Iowa City, IA	43:57	8:50
381	29	M25	David Kelly, 26, Waterloo, IA	43:58	8:51
129	6	W50	Mary Johnston, 54*, Cedar Rapids, IA	44:01	8:51
382	33	M50	Joseph Scratch, 52, Cedar Rapids, IA	44:01	8:51
130	25	W35	Judy Goldberg, 37*, Cedar Rapids, IA	44:04	8:52
383	13	JrM	Kyle McCarron, 14, Cedar Rapids, IA	44:04	8:52
384	65	M40	Frank Morosky, 42, Cedar Rapids, IA	44:07	8:52
385	66	M40	Dan Lowe, 44, Cedar Rapids, IA	44:09	8:53
386	58	M35	Chris Lensing, 35, Cedar Rapids, IA	44:10	8:53
131			Sara L Hoover*, Cedar Rapids, IA	44:10	8:53
387	59	M35	David Dunne, 39, Cedar Rapids, IA	44:11	8:53
132	6	JrW	Bliss Madison, 14*, Marion, IA	44:14	8:54
388	60	M35	Mac Case, 36, Cedar Rapids, IA	44:14	8:54
133	26	W35	Donna Bagge, 39*, Cedar Rapids, IA	44:14	8:54
134	17	W25	Julie Beehler, 28*, Cedar Rapids, IA	44:16	8:54
135	14	W30	Renee Lyons, 31*, Cedar Rapids, IA	44:17	8:54
389	14	JrM	Joseph Marshall, 13, Cedar Rapids, IA	44:18	8:55
390	61	M35	Jim Byers, 35, Marion, IA	44:18	8:55
136	20	W40	Laurie Hubbard, 42*, Marion, IA	44:19	8:55
137	12	W45	Denise Walker, 46*, Cedar Rapids, IA	44:19	8:55
138	13	W45	Marylou Williams, 48*, Marion, IA	44:20	8:55
391	62	M35	Darin Price, 36, Iowa City, IA	44:20	8:55
139	18	W25	Cynthia Farthing, 25*, Iowa City, IA	44:21	8:55
392	44	M30	Greg Dewolf, 33, Schertz, TX	44:22	8:55

393	67	M40	Peter Steele, 44, Cedar Rapids, IA	44:23	8:56
394	55	M45	Jim Steggall, 48, Cedar Rapids, IA	44:25	8:56
395	30	M25	Jamie Russman, 27, Cedar Rapids, IA	44:26	8:56
140	19	W25	Holly Bruns, 27*, Swisher, IA	44:26	8:56
141	21	W40	Judy Hubler, 44*, Cedar Rapids, IA	44:30	8:57
142	15	W30	Annette Lorenz, 31*, Cedar Rapids, IA	44:31	8:57
396	31	M25	Todd Slagter, 27, North Liberty, IA	44:31	8:57
397	63	M35	Bruce Ellis, 39, Cedar Rapids, IA	44:33	8:58
398	34	M50	Wayne Josifek, 53, Cedar Rapids, IA	44:33	8:58
399	64	M35	Kasey Regan, 39, Cedar Rapids, IA	44:34	8:58
143	7	JrW	Leah Zmolek, 14*, Cedar Rapids, IA	44:34	8:58
400	68	M40	Mike Heather, 40, Marion, IA	44:34	8:58
401	32	M25	Chris Nims, 25, Cedar Rapids, IA	44:35	8:58
402	35	M50	David Novak, 51, Cedar Rapids, IA	44:35	8:58
403	65	M35	Kirk Hefner, 37, Hiawatha, IA	44:36	8:58
404	56	M45	Steve Cummings, 45, Cedar Rapids, IA	44:36	8:58
405	57	M45	Tony Kennicott, 45, Brentwood, TN	44:36	8:58
144	8	JrW	Amy Zmolek, 15*, Cedar Rapids, IA	44:37	8:58
406	69	M40	Don Whitenack, 40, Cedar Rapids, IA	44:37	8:59
145	14	W45	Cindy Schile, 46*, Cedar Rapids, IA	44:38	8:59
146	20	W25	Deedee Lane, 26*, Cedar Rapids, IA	44:39	8:59
407	36	M50	Jack Harris, 54, Walford, IA	44:40	8:59
147	21	W25	Tina Oberbroeckling, 29*, Cedar Rapids, IA	44:40	8:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
408	17	M55	Gordy Strickland, 55, Lincoln, NE	44:42	9:00
409	15	JrM	Greg Usher, 14, Marion, IA	44:43	9:00
410	66	M35	Chris Usher, 38, Marion, IA	44:43	9:00
148	15	W20	Dorothy Brown-Kwaiser, 24*, Mt. Vernon, IA	44:46	9:00
149	16	W20	Tara Marolf, 21*, Mt. Vernon, IA	44:47	9:00
411	22	M20	Billy Reiter, 24, Mt. Vernon, IA	44:48	9:01
412	70	M40	Kris Gulick, 43, Cedar Rapids, IA	44:49	9:01
150	16	W30	Jeanne Turner, 33*, Marion, IA	44:49	9:01
413	37	M50	Randy Sterner, 50, Marion, IA	44:50	9:01
414	38	M50	Lloyd Ludolph, 50, Cedar Rapids, IA	44:52	9:01
415	2	M65	Charles Wolle, 66, Genoa, NV	44:54	9:02
416	23	M20	Eric Ransom, 22, Iowa City, IA	44:55	9:02
417	67	M35	Brian Harris, 36, Cedar Rapids, IA	44:56	9:02
151	22	W25	Kristi Heiberger, 27*, Urbandale, IA	44:57	9:03
418	39	M50	Chuck Lemme, 50, Cedar Rapids, IA	44:57	9:03
152	9	JrW	Erica Leuenberger, 15*, Cedar Rapids, IA	44:57	9:03
419	68	M35	Mark Mentzer, 35, Marion, IA	44:59	9:03
420	45	M30	Jeffrey Linder, 34, Cedar Rapids, IA	45:02	9:04
421	71	M40	Bob Collins, 42, North Liberty, IA	45:03	9:04
153	10	JrW	Alissa Klinsky, 15*, Cedar Rapids, IA	45:05	9:04
422	40	M50	Aorian Rehak, 53, Cedar Rapids, IA	45:07	9:05
423	72	M40	Paul Johanson, 42, Oxford, IA	45:13	9:06
154	23	W25	Tina Lampe, 29*, Cedar Rapids, IA	45:13	9:06
424	46	M30	Timothy Sagers, 34, Cedar Rapids, IA	45:13	9:06
155	17	W20	Emily Good, 23*, Cedar Rapids, IA	45:14	9:06
425	58	M45	Dave Wacker, 49, Coralville, IA	45:14	9:06
426	69	M35	Kent Landhuis, 39, Cedar Rapids, IA	45:17	9:06
427	16	JrM	Nick Hartkemeyer, 15, Hiawatha, IA	45:18	9:07
156	22	W40	Pegi Anton, 42*, Cedar Rapids, IA	45:19	9:07
157	7	W50	Ellyn Bell, 53*, Iowa City, IA	45:19	9:07
428	33	M25	Paul Mullen, 29, Cedar Rapids, IA	45:22	9:08
429	41	M50	Larry Bricker, 52, Marion, IA	45:23	9:08
430	73	M40	John Struthers, 43, Marion, IA	45:24	9:08
431	6	M60	Kenneth Phillips, 63, Cedar Rapids, IA	45:27	9:09
432	70	M35	Brian Wells, 37, Atkins, IA	45:27	9:09
158	10	W16	Dixie Church, 19*, Cedar Rapids, IA	45:28	9:09
159	15	W45	Ursula Williams, 49*, Fairfax, IA	45:29	9:09
433	3	M65	John Wasson, 65, Cedar Rapids, IA	45:29	9:09

160	11	W16	Kelley Clapp, 19*, Marion, IA	45:31	9:09
161	23	W40	Debbie Craig, 43*, Cedar Rapids, IA	45:34	9:10
434	71	M35	Larry Nelson, 37, Cedar Rapids, IA	45:34	9:10
162	18	W20	Noreen Niemeyer, 24*, Marion, IA	45:35	9:10
435	72	M35	Mark Hamling, 38, Cedar Rapids, IA	45:37	9:11
436	18	M55	David Good, 55, Cedar Rapids, IA	45:38	9:11
437	59	M45	Robert Keegan, 47, Bethesda, MD	45:39	9:11
438	60	M45	Robert Brown, 49, Burlington, IA	45:39	9:11
163	24	W25	Sarah Pendergast, 28*, Cedar Rapids, IA	45:40	9:11
164	17	W30	Sonja Krob, 31*, Lisbon, IA	45:40	9:11
439	7	M60	James Patterson, 60, Cedar Rapids, IA	45:41	9:11
165	25	W25	Carrie Elloit, 28*, Mount Vernon, IA	45:42	9:12
440	42	M50	John Becker, 52, Cedar Rapids, IA	45:45	9:12
166	24	W40	Jackie Stoll, 41*, Cedar Rapids, IA	45:46	9:12
167	25	W40	Ronda Drahozal, 40*, Cedar Rapids, IA	45:48	9:13
441	19	M55	Jim Berger, 57, Cedar Rapids, IA	45:50	9:13
168	27	W35	Brenda Martinez, 35*, San Diego, CA	45:51	9:13
169	18	W30	Lara Fredrickson, 32*, Cedar Rapids, IA	45:51	9:13
442	73	M35	Randy Harris, 35, Cedar Rapids, IA	45:51	9:13
443	47	M30	Rich Mitvalsky, 31, Cedar Rapids, IA	45:55	9:14
170	19	W30	Catherin Radzewich, 31*, Wilmington, DE	45:55	9:14
444	43	M50	Nick Gearhart, 51, Cedar Rapids, IA	45:55	9:14
445	44	M50	Michael Andersen, 52, Marion, IA	45:56	9:14
446	74	M35	Ed Gillan, 35, Iowa City, IA	45:56	9:15
447	74	M40	Jim Veglahn, 41, Cedar Rapids, IA	45:57	9:15
448	75	M35	Eric Mueller, 37, Cedar Rapids, IA	45:57	9:15
449	75	M40	Jim Drahozal, 40, Cedar Rapids, IA	45:58	9:15
450	76	M40	Al Sorensen, 43, Cedar Rapids, IA	45:59	9:15
171	20	W30	Michelle Jackson, 34*, Stanwood, IA	45:59	9:15
451	61	M45	Kevin Collins, 47, Marion, IA	46:00	9:15
452	48	M30	Robert Schmit, 33, Cedar Rapids, IA	46:01	9:15
172	19	W20	Cassie Mitvalsky, 20*, Cedar Rapids, IA	46:01	9:15
453	49	M30	Jason Haefner, 30, Cedar Rapids, IA	46:02	9:16
173	21	W30	Ashley Coates, 30*, Cedar Rapids, IA	46:02	9:16
174	26	W25	Jill Anderson, 29*, Cedar Rapids, IA	46:02	9:16
175	1	W65	Marilyn Wickenkamp, 67*, Newton, IA	46:03	9:16
454	34	M25	Michael McGuire, 28, Cedar Rapids, IA	46:03	9:16
176	27	W25	Keri Mounce, 27*, Davenport, IA	46:03	9:16
177	20	W20	Amy Mounce, 23*, Wilton, IA	46:04	9:16
178	22	W30	Kimberly McGuire, 30*, Cedar Rapids, IA	46:04	9:16
455	50	M30	Jim Walker, 33, Cedar Rapids, IA	46:05	9:16
179	28	W25	Jennifer Christofferson, 25*, Cedar Rapids, IA	46:07	9:17
180	8	W50	Diane Wiesenfeld, 52*, Cedar Rapids, IA	46:08	9:17
456	20	M55	Wayne Martin, 58, Central City, IA	46:10	9:17
457	62	M45	Robert Jones, 49, Cedar Rapids, IA	46:11	9:17
181	28	W35	Andrea Dryer, 35*, Oelwein, IA	46:12	9:18
458	45	M50	Michael Borich, 53, Springfield, MO	46:12	9:18
182	23	W30	Holly Armstrong, 30*, Cedar Rapids, IA	46:13	9:18
459	4	M65	Vern Hajek, 71, Mt. Vernon, IA	46:14	9:18
183	2	W55	Jane Niemeier, 57*, Hiawatha, IA	46:14	9:18
460	77	M40	David Faas, 43, Marion, IA	46:18	9:19
461	76	M35	Dean Ashbacher, 37, Grand Blanc, MI	46:19	9:19
184	26	W40	Laurie King, 40*, Cedar Rapids, IA	46:20	9:19
185	27	W40	Sue Helling, 40*, Dubuque, IA	46:22	9:20
186	29	W35	Kirsten Osullivan, 35*, Coralville, IA	46:24	9:20
187	30	W35	Valerie Ruth, 35*, Clarendon Hills, IL	46:25	9:20
188	21	W20	Sarah Ernst, 20*, Cedar Rapids, IA	46:25	9:20
189	22	W20	Brooke Ralston, 20*, Cedar Rapids, IA	46:26	9:20
190	12	W16	Stephanie Erbe, 19*, Cedar Rapids, IA	46:26	9:21
191	29	W25	Molly Luense, 28*, Cedar Rapids, IA	46:28	9:21
462	77	M35	John Schneider, 37, Cedar Rapids, IA	46:31	9:21

192	23	W20	Valerie Cantrell, 22*, Hiawatha, IA	46:32	9:22
463	78	M35	Jay Borman, 38, Eagan,MN	46:32	9:22
464	24	M20	Andrew Dunham, 21, Cedar Rapids, IA	46:33	9:22
193	24	W20	Jennifer Meyer, 22*, Cedar Rapids, IA	46:35	9:22
465	63	M45	David Kabela, 46, West Branch,IA	46:36	9:23
194	30	W25	Allison Elsele, 28*, Cedar Rapids, IA	46:36	9:23
466	79	M35	Dave Flatjord, 37, Cedar Rapids,IA	46:37	9:23
195	28	W40	Sheryl Weber-Paxton, 44*, Minneapolis, MN	46:38	9:23
467	51	M30	Chad Lloyd, 33, Cedar Rapids, IA	46:39	9:23
196	31	W35	Regina Randall, 38*, Solon, IA	46:41	9:23
468	46	M50	John Sewell, 53, Cedar Rapids, IA	46:43	9:24
469	64	M45	Stephen Rumde, 48, Marion, IA	46:44	9:24
470	52	M30	Christopher Tyler, 32, Cedar Rapids, IA	46:45	9:24
197	32	W35	Christie Gales, 39*, Cedar Rapids, IA	46:47	9:25
471	47	M50	John Whitson, 54, Vinton, IA	46:47	9:25
198	33	W35	Christine Robson, 39*, Cedar Rapids, IA	46:48	9:25
472	48	M50	Andrew Meyer, 50, Cedar Rapids,IA	46:54	9:26
199	9	W50	Jackie Brimmer, 53*, Cedar Rapids, IA	46:55	9:26
200	31	W25	Sherri Amsler, 27*, Des Plaines,IL	46:57	9:27
473	49	M50	David Capron, 54, Mt. Vernon, IA	46:59	9:27
474	80	M35	Jeff Liebermann, 35, Iowa City, IA	46:59	9:27
201	25	W20	Betsy Paxton, 23*, Cedar Falls,IA	47:03	9:28
475	50	M50	Dennis M Duncan, 54, Anamosa,IA	47:03	9:28
202	16	W45	Kate Wacker, 49*, Coralville,IA	47:04	9:28
476	35	M25	Erik Brueggemeyer, 29, Cedar Rapids, IA	47:04	9:28
203	24	W30	Dawn Cartellone, 32*, Cedar Rapids, IA	47:05	9:28
204	13	W16	Kathryn Merrifield, 17*, Cedar Rapids,IA	47:06	9:29
205	34	W35	Janet Wegner, 36*, Marion, IA	47:07	9:29
477	53	M30	Matthew Abbot, 34, Cedar Rapids, IA	47:08	9:29
478	81	M35	Ray Amsler, 36, Hiawatha, IA	47:09	9:29
479	78	M40	Dave Oakes, 42, Cedar Rapids, IA	47:10	9:29
206	26	W20	Amber Dunfee, 22*, Cedar Rapids, IA	47:15	9:30
480	36	M25	Dan Doyle, 28, Cedar Rapids, IA	47:16	9:31
207	35	W35	Michelle Sillman, 37*, Cedar Rapids, IA	47:17	9:31
481	5	M65	Bob Olney, 65, Solon, IA	47:20	9:31
208	27	W20	Maura Pilcher, 22*, Chicago,IL	47:22	9:32
209	36	W35	Melissa Fagan, 36*, Cedar Rapids, IA	47:23	9:32
482	54	M30	Matt O'Rourke, 34, Cedar Rapids, IA	47:24	9:32
483	55	M30	Jake Stigers, 34, Chicago, IL	47:30	9:33
484	82	M35	Darin Garman, 35, Marion, IA	47:31	9:34
485	21	M55	Gary Kalis, 57, Cedar Rapids,IA	47:32	9:34
486	37	M25	Scott Barcz, 26, Cedar Rapids, IA	47:33	9:34
487	38	M25	Curtis Phelps, 25, Marion, IA	47:33	9:34
488	79	M40	Brad Randall, 41, Solon, IA	47:35	9:34
210	14	W16	Kelly Hrycyshyn, 17*, Cedar Rapids, IA	47:39	9:35
211	25	W30	Jennifer Petersen, 31*, Monticello,IA	47:40	9:35
212	37	W35	Beth Geiger, 38*, Cedar Rapids, IA	47:43	9:36
489	65	M45	John Herring, 46, Cedar Rapids,IA	47:43	9:36
213	38	W35	Ellen Miller, 38*, Robins, IA	47:44	9:36
490	66	M45	Michael Thomas, 47, Cedar Rapids,IA	47:47	9:37
491	67	M45	Kim Foss, 46, Marion, IA	47:47	9:37
492	51	M50	Roy Keen, 52, Cedar Rapids, IA	47:49	9:37
493	56	M30	Dan Cooley, 31, Marion, IA	47:52	9:38
214	32	W25	Renee Uecker, 25*, Cedar Rapids, IA	47:53	9:38
494	80	M40	Tim Daily, 42, Belle Plaine,IA	47:54	9:38
495	39	M25	Anton Semelroth, 27, Cedar Rapids, IA	47:56	9:39
496			Neil Murrin, Cedar Rapids, IA	47:56	9:39
497	40	M25	Matthew Putman, 26, Cedar Rapids, IA	48:00	9:39
215	15	W16	Kerri Kabela, 17*, West Branch,IA	48:00	9:39
216	39	W35	Lisa Johnson, 38*, Cedar Rapids, IA	48:01	9:40
217	17	W45	Barb Coates, 49*, Cedar Rapids, IA	48:02	9:40
498	52	M50	Martin Smith, 53, Cedar Rapids,IA	48:03	9:40

218	26	W30	Tami Westhoff, 32*, Marion, IA	48:04	9:40
219	40	W35	Geri Kearney, 37*, Ottumwa, IA	48:05	9:40
220	41	W35	Chris Nelson, 38*, Cedar Rapids, IA	48:06	9:41
499	83	M35	Chris Steinbery, 37, Marion, IA	48:07	9:41
221	27	W30	Lisa Nelson, 30*, Davenport, IA	48:07	9:41
500	8	M60	Patrick Decarlo, 64, Cedar Rapids, IA	48:09	9:41
501	68	M45	Michael McFarland, 45, Washington, IA	48:12	9:42
502	81	M40	Michael Hubsmith, 44, Plymouth, MN	48:16	9:43
222	29	W40	Sally Immerfall, 44*, Marion, IA	48:21	9:44
503	22	M55	David Nelson, 59, Cedar Rapids, IA	48:23	9:44
504	53	M50	Dan Mineck, 54, Cedar Rapids, IA	48:26	9:45
223	42	W35	Karla Resewehr, 36*, Cedar Rapids, IA	48:28	9:45
224	33	W25	Andria Gibson, 29*, North Liberty, IA	48:31	9:46
225	43	W35	Stacey Sue Parker, 37*, Bettendorf, IA	48:34	9:46
505	41	M25	David Huber, 27, Cedar Rapids, IA	48:35	9:46
506	57	M30	Kirk Jonasson, 33, Cedar Rapids, IA	48:36	9:47
507	42	M25	Chris O'Brien, 28, Cedar Rapids, IA	48:37	9:47
226	16	W16	Kara Arnold-Arons, 18*, Cedar Rapids, IA	48:41	9:48
508	54	M50	Ed Poock, 51, Cedar Rapids, IA	48:41	9:48
509	69	M45	Robert Jones, 49, Robins, IA	48:41	9:48
227	28	W30	Heather Birely, 32*, Coralville, IA	48:42	9:48
228	34	W25	Jennifer McClimon, 27*, Iowa City, IA	48:45	9:48
510	58	M30	Tad Cooper, 33, Cedar Rapids, IA	48:48	9:49
229	30	W40	Jane Glantz, 41*, Cedar Rapids, IA	48:48	9:49
230	35	W25	Erica Liedtke, 27*, Urbana, IA	48:50	9:50
231	44	W35	Sheri Jeffery, 36*, Robins, IA	48:51	9:50
511	59	M30	Scott Meyer, 34, Denison, IA	48:53	9:50
232	28	W20	Meghan Ryal, 24*, Cedar Rapids, IA	48:54	9:50
233	45	W35	Marla Jeffery, 37*, Marion, IA	48:56	9:51
234	17	W16	Stephanie Shelton, 16*, Cedar Rapids, IA	48:59	9:51
512	70	M45	Daniel Fietcher, 49, Orchard Lake, MI	49:00	9:52
513	82	M40	Reggie Hastings, 41, New Market, ONT	49:03	9:52
235	3	W55	Janice Hastings, 58*, Cedar Rapids, IA	49:03	9:52
514	55	M50	Robert Harschnek, 54, Cedar Rapids, IA	49:05	9:52
236	29	W30	Jenny Schulz, 30*, Cedar Rapids, IA	49:07	9:53
237	46	W35	Laura Amsler, 38*, Des Moines, IA	49:07	9:53
515	43	M25	Brad McClimon, 28, Iowa City, IA	49:18	9:55
516	84	M35	Brian Bockenstedt, 36, Cedar Rapids, IA	49:22	9:56
517	56	M50	Robert Hatala, 50, Cedar Rapids, IA	49:23	9:56
238	30	W30	Jenny Lenger, 31*, Palo, IA	49:23	9:56
239	11	JrW	Christine Skopec, 13*, Iowa City, IA	49:26	9:57
518	60	M30	Stephen Sartori, 32, Marion, IA	49:31	9:58
240	36	W25	Maggie Lamm, 26*, Solon, IA	49:36	9:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top					
241	37	W25	Tawna Rathe, 27*, Hiawatha, IA	49:40	10:00
519	57	M50	Jim Aspinall, 52, Cedar Rapids, IA	49:46	10:01
242	47	W35	Jean Ash, 37*, Cedar Rapids, IA	49:47	10:01
520	44	M25	Shawn Recker, 29, Marion, IA	49:56	10:03
243	38	W25	Krista Lundt, 28*, Marion, IA	50:02	10:04
521	45	M25	Mark Demeulenaere, 27, Cedar Rapids, IA	50:04	10:04
522	61	M30	Derek Pendergast, 31, Cedar Rapids, IA	50:10	10:05
523	83	M40	Mark Streit, 43, Bettendorf, IA	50:11	10:06
244	39	W25	Charity Roberts, 27*, Cedar Rapids, IA	50:12	10:06
245	31	W30	Kerry McSperrin, 34*, Cedar Rapids, IA	50:13	10:06
524	71	M45	Jeff Clark, 49, Cedar Rapids, IA	50:15	10:07
525	6	M65	Harold Schulze, 66, Cedar Rapids, IA	50:19	10:07
246	32	W30	Brooke Dewolf, 33*, Schertz, TX	50:19	10:07
526	9	M60	Gary Peters, 60, Cedar Rapids, IA	50:20	10:08
527	58	M50	Steve Odegaard, 51, Hiawatha, IA	50:21	10:08
528	23	M55	Jim Graff, 56, Cedar Rapids, IA	50:22	10:08
529	84	M40	Ben Wheeler, 42, Cedar Rapids, IA	50:24	10:08
530	85	M35	David Glessner, 38, Cedar Rapids, IA	50:25	10:09

531	62	M30	Matthew Gingerich, 32, Cedar Rapids, IA	50:25	10:09
247	29	W20	Andrea Shannon, 24*, Cedar Rapids, IA	50:26	10:09
532	63	M30	Dean Chiafos, 32, Center Point, IA	50:28	10:09
533	85	M40	Rod Ellenberger, 40, Cedar Rapids, IA	50:29	10:09
534	24	M55	Rick Koepp, 56, Cedar Rapids, IA	50:30	10:10
535	86	M35	Lonnie Zingula, 36, Cedar Rapids, IA	50:32	10:10
248	48	W35	Lauren Hammerberg, 38*, Cedar Rapids, IA	50:34	10:10
249	49	W35	Teresa Ruggle, 35*, Cedar Rapids, IA	50:37	10:11
250	33	W30	Vena Nurre, 32*, Fairfax, IA	50:39	10:11
251	34	W30	Chris Day, 32*, Cedar Rapids, IA	50:39	10:11
536	46	M25	Aaron Strong, 28, Boulder, CO	50:48	10:13
537	25	M55	Wilson Strong, 58, Marion, IA	50:48	10:13
538	64	M30	Robert Kurt, 32, Coggon, IA	50:51	10:14
252	31	W40	Kristin Hendricks, 41*, New Orleans, LA	50:52	10:14
539	59	M50	Tom Miller, 52, Cedar Rapids, IA	50:59	10:15
253	50	W35	Wendy Gable, 35*, Cedar Rapids, IA	51:00	10:16
254	18	W16	Danielle Buffington, 19*, Cedar Rapids, IA	51:02	10:16
540	10	M60	Tom Otto, 60, Robins, IA	51:06	10:17
541	65	M30	Kevin Ostmo, 31, Marion, IA	51:10	10:18
255	32	W40	Laura Vanpietersom, 40*, Cedar Rapids, IA	51:15	10:19
542	60	M50	Jim Anderson, 50, Cedar Rapids, IA	51:19	10:19
543	87	M35	Mark Asplund, 39, Marion, IA	51:21	10:20
544	47	M25	Aaron Burky, 29, Cedar Rapids, IA	51:21	10:20
545	48	M25	James Lundt, 28, Marion, IA	51:24	10:21
546	49	M25	Vince Russo, 26, Cedar Rapids, IA	51:31	10:22
547	72	M45	Steve Kerska, 48, Cedar Rapids, IA	51:31	10:22
256	33	W40	Boysen, 43*, Anamosa, IA	51:37	10:23
257	10	W50	Neva McNicholas, 53*, Middle Amana, IA	51:42	10:24
548	11	M60	Dick Palma, 60, Cedar Rapids, IA	51:45	10:25
258	34	W40	Jeanine Penticoff, 40*, Cedar Rapids, IA	51:45	10:25
259	35	W30	Janet Wietlispach, 32*, Cedar Rapids, IA	51:45	10:25
260	36	W30	Renae Henderson, 33*, Cedar Rapids, IA	51:46	10:25
549	12	M60	Richard Lenth, 63, Cedar Rapids, IA	51:47	10:25
261	12	JrW	Torin Mallonee, 11*, Cedar Rapids, IA	51:52	10:26
550	7	M65	Joe Hartman, 65, Hiawatha, IA	52:00	10:28
551	66	M30	Eric Freese, 31, Cedar Rapids, IA	52:00	10:28
262	35	W40	Cynthia Abodeely, 43*, Las Vegas, Nevada	52:03	10:28
263	30	W20	Laila Payvandi, 22*, Cedar Rapids, IA	52:04	10:28
264	51	W35	Mimi Hart, 37*, Cedar Rapids, IA	52:05	10:29
265	4	W55	Judy Wolfe, 55*, Hiawatha, IA	52:08	10:29
552	67	M30	Randy Dircks, 31, Cedar Rapids, IA	52:14	10:30
266	36	W40	Rebecca Mallonee, 40*, Cedar Rapids, IA	52:15	10:31
553	13	M60	Fred Cernin, 61, Cedar Rapids, IA	52:17	10:31
267	18	W45	Joann Stoddard, 49*, Cedar Rapids, IA	52:17	10:31
554	86	M40	Doug Castek, 40, Hiawatha, IA	52:22	10:32
268	37	W30	Camilla Martin, 33*, Marion, IA	52:23	10:32
269	52	W35	Laurie Stock, 39*, Marion, IA	52:24	10:33
555	61	M50	Mark Herzberger, 51, Marion, IA	52:26	10:33
270	38	W30	Lisa Ganske, 30*, Cedar Rapids, IA	52:32	10:34
556	17	JrM	Benjamin Mere, 13, Hiawatha, IA	52:38	10:35
271	53	W35	Gina Garman, 36*, Marion, IA	52:40	10:36
272	40	W25	Maka Pilcher, 26*, Iowa City, IA	52:47	10:37
273	19	W16	Ashley Hartkemeyer, 18*, Hiawatha, IA	52:54	10:39
274	5	W55	Melissa Fogle, 56*, Cedar Rapids, IA	52:59	10:40
275	39	W30	Kris Angellotti, 33*, Cedar Rapids, IA	53:06	10:41
557	14	M60	Ted Stone, 60, Cedar Falls, IA	53:07	10:41
558	18	JrM	Joe Frerichs, 11, Cedar Rapids, IA	53:08	10:41
276	19	W45	Patricia Ryan, 46*, Waterloo, IA	53:09	10:41
559	88	M35	Steven B Bosking, 39, Cedar Rapids, IA	53:14	10:42
277	40	W30	Jeanette Love, 31*, Marion, IA	53:16	10:43
560	26	M55	Lary Hostar, 58, Cedar Rapids, IA	53:16	10:43
278	41	W25	Carrie Olmstead, 28*, Cedar Rapids, IA	53:17	10:43

279	54	W35 Janet Wardlaw, 37*, Marion, IA	53:25	10:45
561	62	M50 Barry Kolsrud, 54, Iowa City, IA	53:33	10:46
280	20	W45 Deborah Gulick, 46*, Cedar Rapids, IA	53:57	10:51
562	68	M30 Andrew Streit, 30, West Des Moines, IA	54:00	10:52
281	41	W30 Sondra Longcor, 34*, Cedar Rapids, IA	54:02	10:52
282	13	JrW Sara Congcor, 13*, Cedar Rapids, IA	54:02	10:52
283	42	W25 Amanda Freese, 28*, Cedar Rapids, IA	54:04	10:53
563	89	M35 Ron Dreasher, 38, Longmont, CO	54:14	10:55
284	42	W30 Ennifer Good, 34*, Bend, IN	54:15	10:55
564	90	M35 Gary Benda, 35, Urbandale, IA	54:29	10:58
285	6	W55 Louise Gisolfi, 59*, Iowa City, IA	54:31	10:58
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
565	27	M55 Richard Swanson, 56, Marion, IA	54:46	11:01
286	37	W40 Diane Ballard, 44*, Marion, IA	54:54	11:03
287	55	W35 Lore Katz, 38*, Robins, IA	54:56	11:03
288	31	W20 Melanie Marolf, 24*, Mt. Vernon, IA	55:03	11:04
566	63	M50 Jack Evans, 53, Cedar Rapids, IA	55:09	11:06
289	32	W20 Bonnie Yount, 24*, Marion, IA	55:26	11:09
290	43	W30 Jill Routeir, 34*, Cedar Rapids, IA	55:37	11:11
291	44	W30 Cher McAllister, 30*, Cedar Rapids, IA	55:49	11:14
567	50	M25 Mike Shipley, 26, Cedar Rapids, IA	55:56	11:15
292	2	W65 Carol Hartman, 65*, Hiawatha, IA	56:12	11:18
293	38	W40 Debra Ernst, 44*, Cedar Rapids, IA	56:13	11:18
294	56	W35 Wendy Frese, 35*, Cedar Rapids, IA	56:21	11:20
568	73	M45 Phillip Katz, 48, Robins, IA	56:25	11:21
295	45	W30 Christina Cuva-Rodrigue, 34*, Cedar Rapids, IA	56:30	11:22
296	7	W55 Kathy Byrne, 55*, Cedar Rapids, IA	56:33	11:23
569	28	M55 Rick Byrne, 56, Cedar Rapids, IA	57:06	11:29
570	74	M45 Steve Etten, 45, Palo, IA	57:31	11:34
297	21	W45 Jean Etten, 45*, Palo, IA	57:31	11:34
571	75	M45 Jeff Humiston, 49, Marion, IA	57:38	11:36
298	20	W16 Hannah Wageraar, 17*, Cedar Rapids, IA	57:57	11:40
572	64	M50 Andrew Secrest, 52, Cedar Rapids, IA	58:34	11:47
299	8	W55 Alice Wasson, 57*, Cedar Rapids, IA	58:36	11:47
573	15	M60 Dale Klein, 60, Center Point, IA	58:42	11:49
300	9	W55 Linda Standal, 59*, Battle Ground, WA	59:29	11:58
301	43	W25 Lauri Lumm, 28*, Marion, IA	59:32	11:59
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
574	91	M35 Paul Sillman, 37, Cedar Rapids, IA	59:41	12:00
302	46	W30 Bridget Malake, 31*, Marion, IA	59:57	12:04
303	47	W30 Brooke Norris, 31*, Solon, IA	59:59	12:04
304	21	W16 Sarah Wagenaar, 19*, Cedar Rapids, IA	1:00:08	12:06
305	57	W35 Linnae Hartwig, 35*, Marion, IA	1:00:39	12:12
306	58	W35 Sheila McGreal, 36*, Monticello, IA	1:00:41	12:13
575	16	M60 Stephen Good, 60, Springfield, MO	1:01:04	12:17
307	1	W60 Judith Good, 60*, Springfeild, MO	1:01:28	12:22
308	48	W30 Valerie Giegerich, 30*, Earlham, IA	1:01:37	12:24
309	39	W40 Leslie Reynolds, 40*, Adel, IA	1:01:51	12:26
310	11	W50 Kathy Cope, 53*, Walker, IA	1:01:58	12:28
576	65	M50 Richard Franklin, 54, Marshalltown, IA	1:02:04	12:29
577	87	M40 Scotty Swore, 44, Cedar Rapids, IA	1:04:02	12:53
578	8	M65 Nick Abodeely, 75, Cedar Rapids, IA	1:04:04	12:53
Pace: 5:00 6:00 7:00 8:00 9:00 10:00 11:00 12:00 13:00 Top				
311	44	W25 Tomoko Sampson, 27*, Iowa City, IA	1:05:47	13:14
312	49	W30 Denise Krug, 30*, Iowa City, IA	1:06:13	13:19
313	50	W30 Tracie Abbott, 30*, Cedar Rapids, IA	1:06:13	13:19
314	45	W25 Jennifer Kruse, 29*, Iowa City, IA	1:06:13	13:19
315	12	W50 Roberta Douglas, 53*, Cedar Rapids, IA	1:06:16	13:20
579	92	M35 Robert Francis, 36, Ankeny, IA	1:06:42	13:25
580	25	M20 G T. Karr, 23, Iowa City, IA	1:06:42	13:25
316	59	W35 Natalie Francis, 36*, Ankeny, IA	1:06:45	13:26

317	51	W30	Laura Spurgeon, 32*, Iowa City, IA	1:06:45	13:26
318	60	W35	Jana Michael, 37*, Iowa City, IA	1:06:46	13:26
319	3	W65	Alice Hoffmeier, 66*, Cedar Rapids, IA	1:07:45	13:38

"*" indicates females

18 finishers among Men 15 & Under

37 finishers among Men 16 - 19

25 finishers among Men 20 - 24

50 finishers among Men 25 - 29

68 finishers among Men 30 - 34

92 finishers among Men 35 - 39

87 finishers among Men 40 - 44

75 finishers among Men 45 - 49

65 finishers among Men 50 - 54

28 finishers among Men 55 - 59

16 finishers among Men 60 - 64

8 finishers among Men 65 & Up

13 finishers among Women 15 & Under

21 finishers among Women 16 - 19

32 finishers among Women 20 - 24

45 finishers among Women 25 - 29

51 finishers among Women 30 - 34

60 finishers among Women 35 - 39

39 finishers among Women 40 - 44

21 finishers among Women 45 - 49

12 finishers among Women 50 - 54

9 finishers among Women 55 - 59

1 finishers among Women 60 - 64

3 finishers among Women 65 & Up

580 male finishers

319 female finishers

899 total finishers

[TOP](#)

[Return to home page.](#)