

Lone Tree Chamber of Commerce
-and-
Lone Tree Cross Country and
Girls Track Teams
Present
the

Lone Tree Fun Run

DATE: Saturday, August 20, 2016

SCHEDULE: 5K Run/Walk 7:30 AM
1-Mile Fun Run 8:30 AM
Race time may be delayed due to inclement weather.

CHECK IN: Race-day registration from 6:30 to 7:15 AM at the Lone Tree Community School parking lot located at 303 S. Devoe Street in Lone Tree (at south end of school). **Registration ends at 7:15 AM.**

AWARDS: Awards to the top finishers in each age category and overall winner for men and women in the 5K Fun Run; 19 & under, 20-29, 30-39, 40-49, 50-59, 60 & over. Awards to the first place male and female in each age category for the 1-Mile Run; 8 & under, 9-15 and 16 & over. Awards to the first place 5K Walker (male and female, no age bracket). **Walkers must walk the entire race.**

POST RACE: Awards and drawings for door prizes immediately following 1-mile event. The Lone Tree Fall Fest Parade will begin at 11:00 AM. Stick around for food and fun at the Lone Tree Fall Fest!

COURSE: Join us on this run through the streets of Lone Tree.

ONE ENTRY PER PERSON~ENTRY FORM MAY BE COPIED~PLEASE PRINT

LONE TREE FUN RUN ENTRY FORM

Name _____
Address _____
City _____ State _____
Zip _____ Phone _____
Email: _____
Age (race day) _____

Gender: _____
(circle one)
Male Female

Event:
5K Run 5K Walk 1-Mile Run

Adult T-shirt Size:
S M L XL 2XL 3XL

Youth T-shirt Size:
M L

ENTRY FEES *(received by Sat, Aug. 6th)*
(Participants registering after this date not guaranteed t-shirt)

_____ \$16.00 5K Run/Walk
_____ \$10.00 1-Mile Run

LATE ENTRY FEES *(received after Aug. 6th)*

_____ \$20.00 5K Run/Walk
_____ \$14.00 1-Mile Run

Please send Entry Form & Entry Fee to:

Lone Tree Fun Run
PO Box 609
Lone Tree, IA 52755

Questions? Call Russ @ 319.629.4222

I recognize the risks involved in any athletic event and hereby waive, release and hold harmless the CITY of LONE TREE, the LONE TREE CHAMBER of COMMERCE and its members, the Lone Tree Cross Country and Girls Track Teams, all race directors, contributors and volunteers from any and all liability, claims and rights for damages from injuries growing out of, related to, or arising from participating in the Lone Tree Fall Festival 5K Fun Run/Walk or the 1-Mile Fun Run. I further hereby certify that I have full knowledge of the risks involved in this event and that I am physically fit to participate. If, however, I do require medical attention as a result of my participation in the above mentioned activities, I authorize the medical personnel associated with said events to provide such medical care as is deemed appropriate by such medical personnel.

SIGNATURE

PARENT SIGNATURE (if participant is under 18)

DATE

PARENT PRINTED NAME & PHONE NUMBER