

# August 24, 2018

## 6th Annual Run/Walk 5K Lincoln Hwy Dash

### Register Today!



nevada  
Chamber of Commerce



**Kids Run!**  
All children will  
receive a medal  
and **GLOWING**  
prizes!

Kick off the Lincoln Highway Days festivities with a run/walk around our great town!

**TIME:** Kids Run 7:45 p.m.; Race/Walk 8 p.m. (registration 6:30 to 7:30 p.m.)

**FEES:** Kids Run - \$10; Walk - \$20 (\$25 on 8/20); Run - \$25 (\$30 on 8/20)

**PLACE:** Nevada City Hall

**TO REGISTER:** To register online visit [www.nevadaiowa.org](http://www.nevadaiowa.org). Please mail in the form below with checks payable to Lincoln Highway Days, 1015 6th Street, Nevada, IA 50201.

**QUESTIONS:** Please contact the Nevada Chamber of Commerce at 515.382.6538 or visit [www.nevadaiowa.org](http://www.nevadaiowa.org).

Race packets will be available for early pick-up at the Nevada Chamber starting August 20.

Each participant must use a separate form. In the event of rain on August 24, watch the Lincoln Highway Dash Facebook page (<https://www.facebook.com/LincolnHighwayDash/>) for updates on location and times.

----- Each participant must use a separate form. -----

Name: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Sex: M F

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_

T-shirt size (circle one): Adult: S M L XL XXL (T-shirts only guaranteed through 8/10 and not available for the Kids Run)

Emergency Contact: Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Amount Enclosed: \$ \_\_\_\_\_ Race #: \_\_\_\_\_ (office use only) No Refunds.

*Each participant must sign this waiver.*

Waiver: I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of race official relative to my ability to safely complete the run. I assume all risks associated with running this event, including, but not limited to falls, contact with other participants, the effects of weather including heat, humidity or cold, traffic and conditions of the road: all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Commonwealth of Iowa, the County of Story, the City of Nevada, and all other sponsors or directors of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other record of this event for any legitimate purpose. Children should be accompanied by an adult while running the 5K.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent or Guardian (if under 18 years old): \_\_\_\_\_

In consideration of the safety of all participants, no headphones, animals on/off leashes, skateboards, bikes, scooters or skates will be allowed in the official race. Check the Lincoln Highway Dash Facebook page in the event of changes to the race location or cancellation.

Medals: 1st place, Male and Female, Age Divisions

Prizes: Best Group Theme Costume, Best Overall Costume, "Glowiest" Costume