

# 2009 KNOXVILLE NATIONALS 1/3

## MARATHON 4 K Division

[1/3 Marathon Overall](#)

[1/3 Marathon Age Group](#)

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### Overall Finish List

August 08, 2009

Results By Race Management Systems, Inc.

| Place | Name               | City             | Bib No | Age | Age Group  | Time    |
|-------|--------------------|------------------|--------|-----|------------|---------|
| 1     | JAMIE VANDERVEER   | HARVEY IA        | 367    | 16  | 1 M 15-18  | 15:40.0 |
| 2     | ALEX EDWARDS       | KNOXVILLE IA     | 396    | 16  | 2 M 15-18  | 16:21.0 |
| 3     | ERIK RYAN          | KNOXVILLE IA     | 313    | 15  | 3 M 15-18  | 16:38.0 |
| 4     | JAY FRESH          | KNOXVILLE IA     | 386    | 15  | 4 M 15-18  | 16:40.0 |
| 5     | Joe Klosterman     | Des Moines IA    | 416    | 23  | 1 M 19-29  | 16:54.0 |
| 6     | Ryen Van Vark      | Pella IA         | 418    | 14  | 1 M 1-14   | 17:11.0 |
| 7     | RYAN SIEVERS       | PELLA IA         | 314    | 14  | 2 M 1-14   | 17:28.0 |
| 8     | HARLAN SYSTMA      | KNOXVILLE IA     | 304    | 17  | 5 M 15-18  | 17:43.0 |
| 9     | PETE COLLINS       | KNOXVILLE IA     | 112    | 17  | 6 M 15-18  | 17:45.0 |
| 10    | SKYLER SPAUR       | KNOXVILLE IA     | 382    | 16  | 7 M 15-18  | 17:47.0 |
| 11    | JESSICA FRESH      | KNOXVILLE IA     | 385    | 17  | 1 F 15-18  | 18:15.0 |
| 12    | Todd Fee           | Norwalk IA       | 423    | 34  | 1 M 30-39  | 19:01.0 |
| 13    | LEE SANDMEIER      | KNOXVILLE IA     | 315    | 26  | 2 M 19-29  | 19:27.0 |
| 14    | RYAN KAHLER        | MORAVIA IA       | 383    | 44  | 1 M 40-49  | 19:31.0 |
| 15    | CHRIS HUDSON       | KNOXVILLE IA     | 354    | 36  | 2 M 30-39  | 19:34.0 |
| 16    | EMILY KLOOTWYK     | KNOXVILLE IA     | 411    | 15  | 2 F 15-18  | 19:47.0 |
| 17    | ANTHONY HERRERA    | KNOXVILLE IA     | 322    | 15  | 8 M 15-18  | 20:19.0 |
| 18    | KATHY ADRIAN       | KNOXVILLE IA     | 320    | 15  | 3 F 15-18  | 20:24.0 |
| 19    | LINDSAY KAESTNER   | KNOXVILLE IA     | 376    | 15  | 4 F 15-18  | 20:27.0 |
| 20    | JACK SANDMEIER     | KNOXVILLE IA     | 381    | 58  | 1 M 50-59  | 20:35.0 |
| 21    | CINDY DE PRENGER   | OTLEY IA         | 403    | 49  | 1 F 40-49  | 20:43.0 |
| 22    | JASON RYAN         | KNOXVILLE IA     | 312    | 17  | 9 M 15-18  | 20:55.0 |
| 23    | RICHARD VANDERVEER | KNOXVILLE IA     | 353    | 46  | 2 M 40-49  | 21:18.0 |
| 24    | DEREK GLOVER       | KNOXVILLE IA     | 360    | 14  | 3 M 1-14   | 21:20.0 |
| 25    | REED LONG          | KNOXVILLE IA     | 374    | 14  | 4 M 1-14   | 21:32.0 |
| 26    | ERIN MIKELS        | KNOXVILLE IA     | 86     | 25  | 1 F 19-29  | 21:33.0 |
| 27    | CHASE HIGGENBOTHAM | KNOXVILLE IA     | 365    | 13  | 5 M 1-14   | 21:36.0 |
| 28    | JENNIFER VEENSTRA  | KNOXVILLE IA     | 318    | 31  | 1 F 30-39  | 21:36.0 |
| 29    | RUSTY PEARSON      | KNOXVILLE IA     | 356    | 41  | 3 M 40-49  | 21:37.0 |
| 30    | RICK HANNA         | NEW SHARON IA    | 319    | 28  | 3 M 19-29  | 21:42.0 |
| 31    | LUKAS BURKE        | KNOXVILLE IA     | 301    | 14  | 6 M 1-14   | 21:47.0 |
| 32    | NICK PEARSON       | KNOXVILLE IA     | 357    | 17  | 10 M 15-18 | 21:53.0 |
| 33    | RACHEL PEARSON     | KNOXVILLE IA     | 358    | 16  | 5 F 15-18  | 22:08.0 |
| 34    | SARAH WITTENBERG   | PELLA IA         | 407    | 16  | 6 F 15-18  | 22:09.0 |
| 35    | BLAKE MCWILLIAMS   | KNOXVILLE IA     | 400    | 17  | 11 M 15-18 | 22:12.0 |
| 36    | BEN OVERMAN        | KNOXVILLE IA     | 359    | 32  | 3 M 30-39  | 22:31.0 |
| 37    | KALEB ROBUCK       | KNOXVILLE IA     | 375    | 17  | 12 M 15-18 | 22:45.0 |
| 38    | JOE STEARNS        | KNOXVILLE IA     | 378    | 14  | 7 M 1-14   | 22:56.0 |
| 39    | PAULA SANDMEIER    | KNOXVILLE IA     | 321    | 52  | 1 F 50-59  | 23:06.0 |
| 40    | KARA LINDSEY       | PLEASANT HILL IA | 317    | 33  | 2 F 30-39  | 23:12.0 |
| 41    | KEETON THONAS      | KNOXVILLE IA     | 401    | 14  | 8 M 1-14   | 23:34.0 |
| 42    | BRYANT MCWILLIAMS  | KNOXVILLE IA     | 399    | 15  | 13 M 15-18 | 23:37.0 |
| 43    | JEREMY RAWLINGS    | KNOXVILLE IA     | 334    | 14  | 9 M 1-14   | 23:44.0 |
| 44    | MIKAYLA BECKER     | KNOXVILLE IA     | 306    | 12  | 1 F 1-14   | 24:06.0 |
| 45    | HANNAH SNODGRASS   | INDIANOLA IA     | 402    | 11  | 2 F 1-14   | 24:16.0 |
| 46    | SHLEY ELIJH        |                  | 409    | 26  | 2 F 19-29  | 24:17.0 |
| 47    | ANGELA VANDEKAMP   | KNOXVILLE IA     | 307    | 34  | 3 F 30-39  | 24:38.0 |
| 48    | MANDY HUDSON       | KNOXVILLE IA     | 355    | 31  | 4 F 30-39  | 24:40.0 |
| 49    | JESSICA LOFTIS     | KNOXVILLE        | 362    | 13  | 3 F 1-14   | 24:54.0 |
| 50    | BRYCE POFFENBARGER | KNOXVILLE IA     | 384    | 15  | 14 M 15-18 | 26:37.0 |
| 51    | ROSS IDDINGS       | PLEASANTVILLE IA | 380    | 16  | 15 M 15-18 | 26:40.0 |
| 52    | Stephanie Loy      | Washington IA    | 431    | 12  | 4 F 1-14   | 26:41.0 |
| 53    | HANNAH WITTENBERG  | PELLA IA         | 408    | 13  | 5 F 1-14   | 26:48.0 |
| 54    | Kaylee Fee         | Norwalk IA       | 387    | 14  | 6 F 1-14   | 27:00.0 |
| 55    | GINA CRABTREE      | KNOXVILLE IA     | 373    | 37  | 5 F 30-39  | 27:02.0 |
| 56    | ROBIN DELURY       | PLEASANTHILL IA  | 425    | 40  | 2 F 40-49  | 27:07.0 |
| 57    | Natalie Worral     | Knoxville IA     | 424    | 12  | 7 F 1-14   | 27:38.0 |
| 58    | MICHAEL HEREDIA    |                  | 413    | 44  | 4 M 40-49  | 28:05.0 |

| 59           | Dan Lynch          | Lansing MI         | 420           | 25         | 4 M              | 19-29 | 28:10.0     |
|--------------|--------------------|--------------------|---------------|------------|------------------|-------|-------------|
| 60           | NECOLE LOFTIS      | KNOXVILLE IA       | 361           | 31         | 6 F              | 30-39 | 28:20.0     |
| 61           | LUANNE DEZWARTE    | KNOXVILLE IA       | 391           | 56         | 2 F              | 50-59 | 28:46.0     |
| 62           | PAM HUGEN          | WEST DES MOINES IA | 333           | 54         | 3 F              | 50-59 | 28:48.0     |
| 63           | TROY VANDEKAMP     | KNOXVILLE IA       | 308           | 35         | 4 M              | 30-39 | 28:57.0     |
| 64           | HEIDE SMITH        | KNOXVILLE IA       | 366           | 34         | 7 F              | 30-39 | 29:31.0     |
| 65           | TERESA MORGAN      | BUSSEY IA          | 412           | 45         | 3 F              | 40-49 | 30:20.0     |
| 66           | DILLON BECKER      | KNOXVILLE IA       | 305           | 14         | 10 M             | 1-14  | 30:27.0     |
| 67           | Heather Kosek      | otley IA           | 421           | 25         | 3 F              | 19-29 | 30:39.0     |
| 68           | BRANDON IDDINGS    | PLEASANTVILLE IA   | 379           | 13         | 11 M             | 1-14  | 31:28.0     |
| 69           | TREY POTTORF       | KNOXVILLE IA       | 405           | 15         | 16 M             | 15-18 | 31:28.0     |
| 70           | John Kocur         | Oskaloosa IA       | 427           | 46         | 5 M              | 40-49 | 31:29.0     |
| 71           | Mishone Lust       | Newton IA          | 422           | 34         | 8 F              | 30-39 | 32:14.0     |
| 72           | BETH DEJOODE       |                    | 363           | 40         | 4 F              | 40-49 | 32:45.0     |
| 73           | John Castings      | West Des Moines IA | 414           | 63         | 1 M              | 60-99 | 32:54.0     |
| 74           | Nick Moats         | KNOXVILLE IA       | 433           | 11         | 12 M             | 1-14  | 33:31.0     |
| 75           | NIKKI CUNNINGHAM   | KNOXVILLE IA       | 406           | 10         | 8 F              | 1-14  | 34:59.0     |
| 76           | Mary Glasnapp      | Grand Rapids MN    | 432           | 50         | 4 F              | 50-59 | 35:01.0     |
| 77           | MELODIE BISHOP     | KNOXVILLE IA       | 316           | 38         | 9 F              | 30-39 | 35:01.0     |
| 78           | AARON LOREE'       | PELLA IA           | 329           | 44         | 6 M              | 40-49 | 35:11.0     |
| 79           | RAQUEL LOREE'      | PELLA IA           | 323           | 39         | 10 F             | 30-39 | 35:44.0     |
| 80           | KITTY TYSSELING    | PELLA IA           | 324           | 41         | 5 F              | 40-49 | 35:45.0     |
| 81           | AL HIGGENBOTHAM    | KNOXVILLE IA       | 364           | 57         | 2 M              | 50-59 | 35:45.0     |
| 82           | DIANE DANNER       | KNOXVILLE IA       | 349           | 45         | 6 F              | 40-49 | 35:55.0     |
| 83           | SHERYL KERSEY      | HARVEY IA          | 309           | 63         | 1 F              | 60-99 | 35:56.0     |
| 84           | DEBBIE BREES       | KNOXVILLE IA       | 331           | 51         | 5 F              | 50-59 | 37:51.0     |
| 85           | TERESA KENDALL     | KNOXVILLE IA       | 335           | 48         | 7 F              | 40-49 | 40:19.0     |
| 86           | MOLLIE BREES       | KNOXVILLE IA       | 332           | 19         | 4 F              | 19-29 | 40:20.0     |
| 87           | LISA ENGLER        | KNOXVILLE IA       | 368           | 37         | 11 F             | 30-39 | 40:20.0     |
| 88           | DIANA BROWN        | ALTOONA IA         | 369           | 42         | 8 F              | 40-49 | 41:48.0     |
| 89           | KATRINA NELSON     | KNOXVILLE IA       | 370           | 30         | 12 F             | 30-39 | 41:49.0     |
| 90           | Suzanna Keegel     | Albia IA           | 430           | 27         | 5 F              | 19-29 | 41:49.0     |
| 91           | SHARON KEEGEL      | EDDYVILLE IA       | 429           | 35         | 13 F             | 30-39 | 43:52.0     |
| 92           | LORI GOTTA         | PELLA IA           | 310           | 47         | 9 F              | 40-49 | 44:22.0     |
| 93           | VICKI DYE          | KNOXVILLE IA       | 302           | 41         | 10 F             | 40-49 | 45:04.0     |
| 94           | TORI DYE           | KNOXVILLE IA       | 303           | 8          | 9 F              | 1-14  | 45:06.0     |
| 95           | LEANN HUFF         | KNOXVILLE IA       | 404           | 26         | 6 F              | 19-29 | 45:07.0     |
| 96           | CANDY JERKINS      | KNOXVILLE IA       | 388           | 50         | 6 F              | 50-59 | 45:14.0     |
| 97           | JANNA DEMOSS       | KNOXVILLE IA       | 394           | 11         | 10 F             | 1-14  | 45:14.0     |
| 98           | RILEY NEWENDORP    | KNOXVILLE IA       | 392           | 7          | 13 M             | 1-14  | 48:05.0     |
| 99           | CYNTHIA VANDEKAMP  | KNOXVILLE IA       | 311           | 56         | 7 F              | 50-59 | 48:45.0     |
| 100          | LIZ DEMOSS         | KNOXVILLE IA       | 395           | 36         | 14 F             | 30-39 | 49:07.0     |
|              |                    |                    |               |            |                  |       |             |
| <u>Place</u> | <u>Name</u>        | <u>City</u>        | <u>Bib No</u> | <u>Age</u> | <u>Age Group</u> |       | <u>Time</u> |
| 101          | TRACI NEWENDORP    | KNOXVILLE IA       | 393           | 33         | 15 F             | 30-39 | 49:09.0     |
| 102          | DENISE EMAL        | KNOXVILLE IA       | 389           | 52         | 8 F              | 50-59 | 49:11.0     |
| 103          | Laura Froyen       | Lansing MI         | 419           | 25         | 7 F              | 19-29 | 51:07.0     |
| 104          | Anne Froyen Mowery | Madison WI         | 417           | 29         | 8 F              | 19-29 | 51:08.0     |
| 105          | Don Hudak          | PELLA I            | 428           | 53         | 3 M              | 50-59 | 1:23:21.0   |

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